



The Messenger

Central Office and Intergroup
28th Anniversary

SEPTEMBER 2005

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Why Central Offices Exist

When I went seeking AA, Central Office was there. I have no idea who answered the phone and directed me to my Home Group. I've tried to stress the value of this important service work since then. I remember one particular birthday night when 4 of the 6 speakers said their first contact with AA came from the volunteers manning the phones.

Very unusual experiences have happened on my shift. One day, I was talking to a gentleman who just happened to stop by on a Saturday who also ran a couple of halfway houses in Nashville. While he was there, another gentleman called who said he was in need of a halfway house again. I handed the phone to the first gentleman, and the circle was complete.

It's very gratifying to help both the alcoholic and their loved ones who are desperately looking for a way to get their friend/husband/wife/son/daughter help. Being able to share my experience, strength and hope at those times is priceless.

The only requirement is to have the willingness to help others. Six months of sobriety is suggested. PLEASE, come in for a little training session before you make your first commitment to answer the phones. Only an hour or two is necessary, but it's very important to those calling in that you know your way around this important job—at least a little. Callers are (1) looking for help, (2) usually nervous and tense, or (3) may be under the influence of some substance. They need to be guided to a meeting as effortlessly as possible.

If phone answering is not to your liking, contact Peggy or Robin for other service opportunities.

Ralph W., Back to Basics

How AA Members Support Their Intergroup/Central Office

-They answer telephones
 -They place their name on the Twelve Step list
 -They help with mass mailings, office work, etc.
 -They serve as an active IG rep or in other service jobs on the IG committee
 -They encourage their home groups to make contributions to Central Office
 -They make personal contributions to Central Office
 -They encourage others in their home groups to volunteer
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Central Office

176 Thompson Lane, Suite G-1
Nashville, TN 37211
Mon.-Fri., 9 am - 5 pm
Sat. 9 am - 4:30 pm

Hot Line: (615) 831-1050
(800-559-2252 outside local area)
Business; (615) 832-1136
Fax: (615) 834-5982
Email: MTCOAA@aol.com
Website: www.aanashville.org

Carrying the Message for 28 Years

A desperately drunk young woman picks up the phonebook and starts flipping through the pages, trying to find some help. She finds the number for the Middle Tennessee Central Office of Alcoholics Anonymous. She dials the number and someone answers the phone in a friendly, courteous and helpful manner. Thus, another desperate drunk finds an understanding friend in Alcoholics Anonymous—someone who's "been there" where she is and can offer a solution to the problem.

Central Office has been carrying the message for 28 years to alcoholics across Nashville and the middle Tennessee area. Service is a part of our legacy as alcoholics. AA is here to "carry the message to the alcoholic who still suffers," as the Fifth Tradition states.

As Alcoholics Anonymous around the world celebrates 70 years, I'm going to find a way to celebrate our own Central Office by giving back—either financially or with time. Perhaps this coming year I can be that understanding friend on the

phone or spend another year as one of the group of us who writes articles such as these for The Messenger. Perhaps, also, I can do Twelfth Step work or sponsor someone, or even carry the message into treatment centers or jails.

All kinds of service are available for the willing. "Lord, help me to become more willing to be of maximum service to God and to my fellows." After all, for us this is the way to live: giving back when and where we can.

Happy Birthday, Middle Tennessee Central Office! May many more years of service be ahead of you.

*Audrey-Nadine S.,
Every Night at Six Group*

P.S. Dear Peggy, September is also my sobriety birthday too, so with plenty of prayer and love, I enclose this. Thanks for being there for me in a special way.

Rule 62 - Laugh at self.

In case you are wondering where Rule #62 can be found, it is on page 149 of the Twelve and Twelve. One of my fellow committee members had to go through the book three times to find it, so perhaps I should not have made it so easy to find.

The Middleton Group was rule-happy and adopted 61 rules to insure their foolproof, continuous operation. These rules created confusion and animosity. All have been abandoned except an additional one that the group set up. It is Rule #62, "Don't take yourself too d___ seriously."

I often forget that simple maxim. When I would beat myself up for long periods of time, my sponsor would get tired of it and say, "Here is a heavy book, beat yourself over the head with it." That would lead me to realize just what a pain I was being to myself and those around me. As it says at the conclusion of Tradition Four, "...could laugh at himself—and that is the very acme of humility."

There is humor in AA. We often hear loud laughter ringing from almost any AA meeting room. I had a set of 12 tapes with leads that were selected because of the many funny stories they contained. These help me to recognize that laughter can be healing and help lead me forward in my recovery. As I trudge the path, joy has increasingly entered my life. Thinking about the word "trudge," one of my early sponsors had a license plate "TRUDGE."

When I lead, I wish I could introduce more humor into them, but I have a hard time telling a joke. They come off pretty lame. I find I have to keep reminding myself to try and keep most things lighter. The payoff can be happiness, which is an outcome of treating others and myself in an uplifting manner.

*Herm V.
Area 55 News, Toledo, OH*

TAX ID #'s FOR GROUP BANK ACCOUNTS

..Go to www.irs.gov ..type in "ein" in search boxFollow directions for on-line application.On line 89, show "other non-profit"Reason for applying, show "banking purposes"
...OR CALL: 1-7800-829-9933

My Introduction to AA

Terrified, frustrated, angry and defeated, I dialed the number for the first time. A voice answered, “Alcoholics Anonymous, Ed speaking. How can I help you?”

That was my introduction to AA, and it was the beginning of a new and wonderful life. When I finally reached out for help on June 14, 2004, the hand of AA and its fellowship was there. AA remains here because of the devoted service and sacrifice of its individual members who, like me, once reached out to this very same fellowship.

Our book Alcoholics Anonymous is full of observations, precise directions and spectacular promises. Its pages contain the blueprint for personal recovery and the spiritual principles for living “which enable the sufferer to become happily and usefully whole,” as the Twelve and Twelve puts it.

In the Big Book, Bill declares that faith is the cornerstone of individual recovery, but “faith alone is insufficient. To be vital, faith must be accompanied by self sacrifice and unselfish constructive action.”

Carrying the message through selfless action and devoted service is the direction of our Twelfth Step. My regular service commitment to Central Office and attendance at the monthly Intergroup meeting are fixtures of my recovery. In trying to be useful, to freely give back to the fellowship that has so freely been given to me, to help ensure that AA is available to the next suffering alcoholic, I do experience and begin to realize and receive many of the wonderful gifts of a life based upon spiritual principles. This fundamental necessity to serve others—to help other alcoholics in order to remain sober myself—has indeed

become secondary and been “transcended by the happiness [I] found in giving [myself] for others.” I, too, have “discovered something brand new in life. . .the joy of helping others.”

How does this all come about? This alcoholic finds it nearly impossible to worry about myself, my little designs and plans, when I am mailing our AA meeting directories, filling literature orders, stocking shelves, directing callers to meetings, and listening to desperate alcoholics and unhappy family members struggle with our disease.

And what about developing the “best possible relations with every human being we know?” Try being in a room with 25 or more alcoholics at an Intergroup meeting while we struggle with how to best be of service to individual AAs or groups in providing Big Books to inmates in our jails! Let me assure you that while there is an earnest, even deadly seriousness about all this (after all, alcoholics die from our disease every day) there is an element of great fun to it all—we alcoholics are not a glum lot.

I don’t know if my actions help anyone find recovery, and today I don’t need to know in the way I used to. I do know that when I leave Central Office or an Intergroup meeting, I believe and feel that life is good and that what I do has meaning and purpose. These humble actions of gratitude enable me, the recovering alcoholic, to experience life “happy, joyous and free” and strengthens my growing trust that this magnificent reality can be carried into all my affairs if only I am willing to “let go and let God.”

*Allen F.
Back Room Group*

Big Books for Corrections (or any other Committee) Work

A Little History:

Over 12 years ago, an AA member came in and wanted to buy and give some big books to be taken into the jails. He did not have a way of getting the books to those who were taking meetings into the facilities, so he asked Central Office to hold the books and give them to anyone who came in needing them. As such, Central Office simply made a literature sale and then served the AA community by distributing the books at a later date.

Misconceptions:

The purchase of the books for Corrections work is NOT a contribution to Central Office. The purchase of books for Corrections is just that: a literature purchase.

Central Office is NOT furnishing books for any committee.

Purchase of books for this work comes from AA members and Groups all over Middle Tennessee.

The books are not intended to “fund” any particular committee, be it from a Group, District, State or Intergroup.

Confusion:

Several AA members have stated they have asked their groups to give money to buy books for Corrections work. Some of their members say they do not want to “give money to Central Office” for this purpose. The Intergroup Steering Committee is trying to clear up the misconceptions about this situation.

Intergroup Officer and Standing Committee Chair Elections

Nominations for all officers and committee chairs will be accepted at the October 11th I.G. meeting. The elections (and additional nominations) will be held at November 8th I.G. meeting. Positions will start January 1, 2006 and run through December 31, 2007. These elected positions will also serve as the Steering Committee of Intergroup.

From the By-Laws of Middle Tennessee Intergroup Association of AA

The purpose of the Association shall be to aid the groups in their purpose of carrying the AA message to the alcoholic who still suffers. An Intergroup Central Office, referred to as the Middle Tennessee Central Office, shall be maintained, supervised and supported by the groups and/or the individual AA members to carry out certain functions common to all groups—functions which are best handled by a centralized office (functions: as outlined in the GSO Guidelines and in the Service Manual). The Central Office may function as a clearinghouse for the circulation and exchange of information among all the AA groups in Middle Tennessee.

Suggested Guidelines for I.G. Officer/Committee Chair Positions

...Four or more years of continuous sobriety for Chairperson
...Two or more years of continuous sobriety for all other positions
...Active membership in a Home Group

...Previous service work, ideally as an I.G. Rep
...Time and energy to serve (monthly meeting and 4 quarterly meetings per year)
...Good knowledge and experience with the 12 Traditions
...Willing to read and use AA service literature.

Officer and Standing Committee Chairperson Positions

Chairperson, Vice-Chairperson, Secretary, Treasurer, Public Information, CPC, Corrections, Treatment, Archives

Specific responsibilities and activities of an I.G. Office and/or Standing Committee Chairperson are available in writing from Central office and will also be handed out at the October meeting.

Communication is the Key

Your Central Office and/or Intergroup Committee members may be reached in a variety of ways.

...Phone: 615-831-1050 (hot line) or
615-832-1136 (business line)
...Email: mtcoaa@aol.com
...Fax: 615-834-5982
...Web Site: www.aanashville.org
...1-800: 1-800-559-2252 (outside of local calling area)
...Best of All: Come visit at 176 Thompson Lane, Suite G1

Is This Service really needed?

If it is, then maintain it we must, or fail in our Mission to those who need and seek AA.

Bill W.

“Self support begins with me because I am part of us—the group. We pay our rent and utility bills, buy coffee, snacks and AA literature. We support our Central Office, our Area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of AA.”

“Now, where do AA’s services—worldwide, area, local—fit into our scheme of things?” asked Bill W. in an October 1967 article in the AA Grapevine. “Why should we provide these functions with money?”

According to Bill, “The answer is simple enough. Every single AA service is designed to make more and better

Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office...or the world service Headquarters....

“Though not costly, these service agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill.”

*From GSO pamphlet,
Self-Support: Where Money and Spirituality Mix*

Letter From Davidson County Sheriff's Office, Brought to I.G. by Intergroup Corrections Committee Chairperson, Scott L.

To: Sheriffs, Wardens, and Administrators
Date: June 9, 2005
Re: AA Weekend Workshop

In January of 2003, my staff and I began working with the local Corrections Committee of Alcoholics Anonymous to create a Weekend Workshop. Several months later, none AA members spent the weekend in our facility actually taking about 50 offenders through the twelve steps, and the results were impressive.

Members of the Correction Development Center's staff reported that the atmosphere in the facility was different on the following Monday. It was quiet and calm, and we had fewer behavioral problems even from offenders who did not attend the workshop.

I requested an evaluation through the use of critique sheets to find out what the results of the weekend were from their perspective. They all reported that they now understood what it meant to be an alcoholic and why they needed to participate in the program. They also understood the necessity of having sponsors as well as the need to attempt the AA way of life. They said, "they no longer feared completing the steps."

The program was very successful for us and, if you choose to participate, I hope it is as successful for you. If you have questions, please don't hesitate to contact us.

Sincerely,
Daron Hall

THINGS WE CANNOT CHANGE

Arne B., sober since 4/28/88 died on 8/5/05. He was a very active member of A.A. and G.S.R. of the Franklin Group. Arne will be remembered for helping others, playing golf, and loving unconditionally.

Rule 62

....When I shut the door on reality, it always comes in through a window.

....Sometimes I'm too busy adding up my troubles to count my blessings.

....Nothing that we do willingly is hard.

....Often the best way to "get on your feet" is to "get off your rear".

....I am "extra ordinarily patient" when I'm getting my way.

DISAPPOINTED

I was disappointed in my home group today. A member brought her parents and 2 younger siblings and introduced them at the beginning of our open meeting. During the meeting, 2 of our members used extremely heavy-duty profanity in their sharing. I was embarrassed for the young lady and for my group. Foul language has never helped to carry a spiritual message to me. I wonder what kind of impression the young lady's family now has of AA.

.....*Anonymous AA member*

Central Office Activity in July 2005

Total Calls/Visitors ~1,627 (YTD 12,862)

	July	YTD 2005
12-Step Calls Distributed.....	31	308
General Information requests	627	4,119
AA meeting info requests.....	594	5,084
Info requested Alanon/Alateen/ACOA	36	406
Info requested other 12-Step Groups	34	472
Literature orders taken/processed.....	156	1,241
Requests for directories to be mailed	45	308
Central Office volunteer coordination	60	568
Special requests (speakers, PI/etc.)	44	389
Messengers mailed (August issue)	3,163	22,027
Website visits (July)	2,242	16,236

Service Opportunities

Telephone Volunteers

Monday–Friday 5:00–9:00 pm

Saturdays 9:00 am–1:00 pm & 12:30–4:30 pm

September 2005

1.....Shade Tree.
 2.....Ed B.
 3AM.....Jerry H., Ryan.
 3PM.....Betty S.
 5.....**Closed for Labor Day.**
 6.....**Need Vol's This Month Only.**
 7.....Sherrie McK.
 8.....Mt. Juliet Fellowship.
 9.....Turning Point.
 10AM.....Greg C., Doug C.
 10PM.....Doug F.
 12.....Jerry H.
 13.....Ed B., Ed C.
 14.....**Need Vol's Every Month.**
 15.....Patti D., Paula H.
 16.....Susannah B., Therese P.
 17AM.....Full Moon.
 17PM.....**Need Vol's Every Month.**
 19.....Pete K.
 20.....Shade Tree
 21.....Patrick N.
 22.....Mt. Juliet Fellowship.
 23.....**Need Vol's This Month Only.**
 24AM.....Back To Basics.
 24PM.....Back Room.
 26.....Tracy H., Mary S.
 27.....Pam F., Collette F.
 28.....Karen S.
 29.....Lambda.
 30.....Keep It Simple.

October 2005

1AM.....Jerry H., Ryan.
 1PM.....Betty S.
 3.....John S., Edd B.
 4.....Sherri L., Jackie L.
 5.....Sherrie McK.
 6.....Shade Tree.
 7.....Ed B.
 8AM.....Greg C., Doug C.
 8PM.....Doug F.
 10.....Jerry H.
 11.....Ed B., Ed C.
 12.....**Need Vol's Every Month.**
 13.....Mt Juliet Fellowship.
 14.....Turning Point.
 15AM.....Full Moon.
 15PM.....**Need Vol's Every Month.**
 17.....Pete K.
 18.....Shade Tree.
 19.....Patrick N., **Need 2nd Volunteer 5-9pm.**
 20.....Patti D., Paula H.
 21.....Susannah B., Therese P.
 22AM.....Fellowship.
 22PM.....**Need Vol's This Month Only.**
 24.....**Need Vol's. This Month Only.**
 25.....Pam F., Deb P.
 26.....Karen S., Collette F.
 27.....Lambda.
 28.....Keep It Simple.
 29AM.....Back To Basics.
 29PM.....Backroom.
 31.....Tracy H., Mary S.

Correctional Facilities

(Contact the names below for details)

Scott L. (I.G. Correctional Facilities Chair) 383-0507

Women

Toni S.....269-6691
 Mandy S. (Sumner County).....227-7518

Men Only

Tom W.....889-3989
 Jim B.....242-4417
 Ray R. (McMinnville).....931-273-1577 or 934-2087
 Punk R. (Murfreesboro).....893-5637
 Walter L. (Cookeville).....931-372-0196
 Wes B (Tullahoma/Manchester).....931-393-5141

Treatment Facilities

(Contact the names below for details)

Mark P. (I.G. Treatment Chair) 366-1426

Sunday (Joe C. 736-8067 pgr).....10:00amD34
 Sunday (Carolyn L.).....8:00pmD34
 Sunday (Trooper R. 444-8148).....6:30pmD13
 Sunday (Gary P. 305-3357).....6:30pmD31
 Monday (Tom S. 612-1860).....7:00pmD30
 Wednesday (Carolyn L.).....8:00pmD34
 Thursday (Mark P. 366-1426/KCT 399-0561).....
8:00pmD32
 Friday (Kenny R. 973-2206 & Steve W.582-2025)
7:30pmD34

Special Needs

"While there are no special AA members, many members have special needs."

-AA Guidelines, GSO.

A.A. members confined on a long-term basis to home, hospital or other facility and unable to get out to attend meetings are encouraged to call (or have someone call for you) to have meetings brought to you by the I.G. Special Needs Committee: Contact **Braden W.** at 615-480-2281 or email at bradenjwaller@earthlink.net OR **Jackie H.** at 615-419-3932 or email at eliza96@hotmail.com

Happy Birthday

ACCEPTANCE GROUP	FRANKLIN GROUP	Matthew S.9/06/95	Jo C.9/14/02	Jamie A.9/20/00
Vanessa S.9/21/02	Pamela G.9/02/02	Claude B.....9/13/01	Belva9/05/82	Janet E.9/16/03
BACK ROOM GROUP	George M.9/07/01	Bill Y.....9/13/89	ONE DAY AT A TIME	John F.9/02/00
Braden G.9/08/86	John T.....9/08/03	David S.....9/01/01	Don R.....9/20/85	Krista C.9/20/98
Kelly C.9/15/96	Peggy S.9/12/83	Matt L.9/09/02	Russell T.9/15/02	WEEKENDER'S GROUP
BACK TO BASICS	Todd H.9/13/03	Peggy D.9/15/03	ONE PRIMARY	Anaela P.9/04/03
Johnny D.9/02/01	Pete F.9/14/04	Teddy S.....9/26/02	PURPOSE GROUP	Mason J.9/05/04
Phyllis M.9/28/93	Jennifer O.....9/19/99	Gary N.9/08/96	Becky N.9/24/95	Pamela R.9/06/95
J.W. D.9/22/03	Donald C.9/20/04	Maren S.9/14/02	Jerry S.....9/25/98	Gary W.9/23/01
John S.....9/11/03	John K.9/21/82	Tori Y.9/07/04	P.O.P. GROUP	WHITE HOUSE GROUP
BELLEVUE GROUP	Jewel D.9/21/04	JOELTON MEETING	Georgia S.9/01/04	Mark H.....9/20/04
Ty B.9/08/87	Wayne D.9/24/94	Carla G.....9/18/02	David C.9/07/94	Pamela C.9/15/95
Rick B.....9/10/84	Polly C.9/28/87	LAFAYETTE NEW	Andy E.9/15/03	WINNERS &
Mike F.....9/22/02	HAPPY DESTINY	HOPE GROUP	Grady M.9/13/00	BEGINNERS GROUP
Elizabeth S.9/05/03	Alexander R....9/23/04	Faye F.9/10/87	Robby S.9/16/03	Jody D.....9/09/86
Anne V.....9/20/98	Phillip S.9/29/03	LAMBDA GROUP	Justin H.9/14/98	Chuck G.....9/01/91
BY THE BOOK GROUP	Alexander M. ..9/08/04	Debra B.9/03/2004	Marti L.9/25/83	Bill C.9/01/02
Robbie N.9/06/04	HIGH NOON GROUP,	Van B.9/03/2003	Billy W.9/22/88	Kyle Y.9/02/01
Zac G.9/10/00	HENDERSONVILLE	Mike P.....9/14/2003	Garry W.9/26/01	Steve M.9/07/02
Jonathan A.....9/24/03	Alan B.9/05/94	Tom B.....9/13/2001	David C.9/07/94	Ken B.9/08/03
Avent G.9/27/04	Fay G.9/14/97	Phillip E.9/11/1987	Jimmy R.9/26/95	Ed E.9/08/01
DICKSON GROUP	Jaime D.....9/25/04	MID DAY BREAK	Molly S.....9/17/92	Eric T.9/11/98
Randy G.9/05/94	HILLSBORO ROAD	Teresa B.9/08/95	PULASKI GROUP	Debbie M.9/14/87
Clarence W.....9/07/98	Alexander M. ..9/09/04	Don M.9/13/99	Berry M.9/05/95	Steve B.9/17/99
Suzanne B.....9/23/95	Bill N.9/03/04	MURFREESBORO	Ed C.9/07/95	Carla G.....9/18/02
EAST NASHVILLE	Natalie H.9/11/04	Tim V.9/01/99	Wilson F.9/10/04	James S.9/20/94
Janet H.9/09/00	Rick T.....9/11/02	Jesse H.9/07/95	Lema S.9/25/04	Tim T.9/23/02
EASY DOES IT GROUP	Phaedra N.9/23/02	Mike G.9/23/71	ROBERTSON	Paula T.9/25/02
Michael B.....9/23/01	Marci S.9/05/00	Gordon M.9/10/94	COUNTY GROUP	WOMEN'S SPEAKER
Billy W.9/22/88	Clancy M.9/22/89	Cliff A.9/22/01	Tim R.9/02/03	Susan T.....9/15/01
Cowboy Bob A.9/13/02	Trina W.....9/13/98	Lisa C.9/29/02	SEARCH FOR	Lynn M.....9/19/84
Susan C.9/15/03	Geoff T.9/06/86	NEW FAITH GROUP	SERENITY GROUP	WOODBINE GROUP
J.R. S.9/11/94	Robert D.....9/27/00	Charley Y.9/23/91	A.R. C.9/07/98	Joe M.9/03/86
Bobby H.9/13/04	Mony H.9/11/98	Ruth A.9/19/80	Pam H.9/07/99	Rick R.9/12/04
EVERY NIGHT @ 6	Allison B.9/11/91	NEW LIFE GROUP-	Alan R.9/05/02	Teresa B.9/08/04
Audrey S.9/17/03	Julia P.9/23/00	HENDERSONVILLE	Glynn M.....9/06/02	Jimmy G.9/21/98
Greg H.9/09/02	Darren D.9/14/96	Jim H.9/13/91	TURNING POINT	Ronnie R.9/20/00
Diane W.9/23/04	Lelia C.9/23/00	Don R.9/09/90	Eric H.9/01/01	

REMEMBER:

The deadline for submitting birthdays is the 10th of the month prior to birthday month. Also please review your list and try to remove any members that no longer attend your group.

GROUP/MEETING INFORMATION

Please note:

LOTS of changes being received. Do not have room for them all here, so please check the web site (www.aanashville.org) or call the office for updated info. A new directory will most likely be printed by end of September. Below are the changes where groups have been dissolved or moved.

ZIP CODE 37160

Shelbyville: Keeping Sober Group, new address: Episcopal Church of the Redeemer, 203 E. Lane St.

ZIP CODE 37172

Springfield: Robertson County Group, delete Sun. 5:45pm mtg.

ZIP CODE 37203

Nashville: Double Dippers Group, delete Mon 12pm mtg.

ZIP CODE 37208

Nashville: Meharry Meeting, delete completely, no longer meeting.

ZIP CODE 37355

Manchester: Manchester Monday Night AA meeting, delete completely, no longer meeting.

ZIP CODE 37388

Tulahoma (Serenity House): Delete 5pm OD
Best of The Grapevine Group: Tue. delete 8pm mtg. Easy Does It Group: Tue delete 12:00pm mtg.
TULLAHOMA: Delete Pathfinders Group and Step-Addition Group.

FOR MORE DETAILS

Call 615-831-1050 or go to the web site at www.aanashville.org (Out of calling area in Middle Tennessee, can call 1-800-559-2252

Intergroup Meeting Summary

August 9, 2005

Chairperson Glenn J. opened the meeting at 5:45 p.m. Two new IG Reps: Sandy R., Franklin Road Women's Group; and Gary H., Kingston Spring Comfort Zone.

The Season of Important Decisions is Upon Us: Intergroup is going to be very busy from now through the end of the year. First, we are seeking nominations for new officers (chair, vice-chair, treasurer, secretary, and standing committee chairs, two-year terms) at the Oct. 11 meeting. Guidelines for officers are printed in this issue of the Messenger. Anyone who's interested in serving doesn't have to wait to be nominated—just call Glenn J. (812-9657) or Peggy BC (832-1136) and they'll put your name in the hat. Elections will be held at the November meeting.

Second, budget season is here. The Steering Committee has asked Peggy BC and Martha H. to prepare a preliminary operating expense budget for Interim Treasurer Horace W. to review by Sept. 12. The Steering Committee will review the final proposed budget at the Oct. 27 meeting and present the final budget for a vote at the Nov. 8 Intergroup meeting. It's very important for all current Intergroup Reps to attend these meetings and vote your group's conscience.

But We'll Have Some Fun Too!: In the midst of the above, the annual Intergroup Dinner takes place Oct. 22. Dinner Co-Chairs Pam C and Steve B. say tickets will be \$10 per person, up from last year's \$7, because of increased costs. Glenn J. urges groups to buy tickets to give to members who may not be able to afford them otherwise. This year's program will feature 8-10 speakers from groups selected by lot, and each speaker will speak for 5-10 minutes, so come prepared! Tickets will be available at the September Intergroup meeting and at Central Office. See the flyer in this issue.

The New Year's Dance Committee: in last month's minutes) are also busy. The group voted to authorize them to book Moonlight Mobile Music, which will charge \$400 for 4 hours, to be the DJs.

Finances are Steady as She Goes: Interim Treasurer Horace W. reported that last month's sales exceeded operating expenses for the first time this year. This is very good news, but since it is impossible to predict exactly how much the office will receive from group and individual donations each year, we will continue to monitor expenses carefully.

12-Step Workshops Attract Attention: Corrections Chair Scott L. reports that AAs from Georgia attended the first-ever one-day workshop at CCA on July 23, and that the Georgia state AA Corrections Chair participated in the August CDC weekend workshop, along with 81 inmates. Meanwhile, New Hampshire and Arizona Corrections Chairs have requested copies of Sheriff Daron Hall's letter praising our local AA corrections work.

In The Zones: Sherri McK. has volunteered to serve as the Zone 32E representative. Thank you Sherry! . . . Rick D. is the new Zone representative from Zone 15. Welcome Rick. . . Horace W. says District 32 W will host the Saturday night dinner for the October Voting Assembly and would welcome volunteers. . . Zone 40's Ronnie B. says local AAs held an informational meeting for women in treatment at Buffalo Valley last month.

Inventory Glitches: There have been some discrepancies between the physical inventory of the office's stock and what the computer says we have. Ronnie B., Alan B., and Terry B. are going to help us figure out what's up (No one suspects theft, just math mistakes). The office will be closed on Dec. 30 for a complete physical inventory.

(This is a Summary: Complete minutes are available at Central Office.)

Central Office Financial

Income & Expense

July Group Contributions

BALANCE SHEET July 31, 2005

Cash	8,201.01
Cash Reserve	32,356.18
Designated Cash	4,550.00
Petty Cash	100.00
Accounts Receivable	5,046.21
Insurance Receivables	0.00
Inventory	29,084.66
Prepaid Rent	1,181.67
Equipment	15,286.93
Accumulated Depreciation	(7,443.96)
Total Assets	88,362.70
Payroll Taxes Payable	979.54
Sales Tax Payable	712.00
Total Liabilities	1,691.54
Unrestricted Net Assets	92,220.12
Current Year Earnings	(5,548.96)
Total Net Assets	88,362.70

STATEMENT OF ACTIVITIES July 31, 2005

	Month	Year
Literature Sales	9,253.61	70,280.72
Literature Cost	(5,830.64)	(49,668.60)
Directory	0.00	(1,150.00)
Gross Profit Literature	3,422.97	19,462.12
Group Contributions	4,755.18	32,977.12
Individual Contributions	606.45	6,270.10
Special Events	0.00	2,434.00
Interest Income	16.59	116.21
Coffee	0.00	24.00
Total Income	8,801.19	61,283.55
Salaries	3,767.48	26,646.10
Casual Labor	0.00	32.00
Sales Tax	712.00	4,808.00
Bad Debts	0.00	0.00
Rent	1,851.79	12,962.53
Printing	525.00	3,709.00
Payroll Expense	288.21	2,038.49
Maintenance	85.54	538.78
Telephone	480.98	3,548.13
Communications	19.95	354.46
Answering Service	142.50	997.50
Postage and Bulk Mail	461.10	3,827.16
Office Supplies & Expense	(23.00)	593.08
Computer Project	0.00	446.70
Intergroup Expense	47.50	334.40
Insurance	0.00	1,125.00
Special Events	0.00	1,340.00
Repair & Maintenance	0.00	971.22
Theft	0.00	0.00
Travel	0.00	40.00
Miscellaneous	0.00	0.00
Depreciation	190.59	1,294.96
Total Expenses	8,674.64	66,832.51
Net Income (Loss)	126.55	(5,548.96)

The Messenger is published monthly by the M.T.C.O. of AA under the supervision of the IG Association representing AA Groups of Districts 9, 11, 12, 13, 14, 15, 30, 31, 32, 33, 34, 40, and 41. The opinions expressed herein are not necessarily those of AA or the MTCO. Quotations from AAWS or The Grapevine are acknowledged and reprinted with permission. Manuscripts and other information submitted for publication are welcomed, but may be edited or rejected. All "Flyers/Inserts" must be approved by Messenger Editor before publication. Anonymity is always observed. The Messenger is free, but AA members are encouraged to contribute \$5 per year to help cover printing and postage costs.

GROUP

GROUP	July 2005	YEAR TO DATE
21st Avenue		70.00
*Any Lengths	155.00	155.00
Back Room	333.33	2220.91
Back to Basics		50.00
Bellevue		819.80
Best of the Grapevine		60.00
*Brentwood Full Moon	800.00	800.00
By the Book		277.60
Came to Believe		250.00
Centennial Group		500.00
Chicken Pluckers Men's Mtg	40.00	120.00
Communications		200.00
Cops and Robbers		29.00
*Crossville	25.00	25.00
Davidson Road	600.00	3400.00
Dekalb County Friendship		180.00
Design for Living	10.00	80.00
Dickson		25.00
District 9		120.00
Donelson Yet	100.00	170.00
Double Dippers		202.00
D'ntown 11:30 Lunch Mtg	58.00	359.00
*East Nashville	71.50	71.50
Easy Does It		350.00
Easy Does It		30.00
*Easy Does It	100.00	100.00
Every Night at 6	146.00	1259.00
Fairview		10.00
Fayetteville		15.00
Fellowship		126.32
Five & Five	41.88	305.78
Franklin		1,750.00
Franklin Road Women		275.00
Free to Be	72.35	187.25
Goodlettsville	100.00	300.00
Grateful Alive	39.03	71.43
Gratitude	60.00	360.00
Happy Destiny	46.79	211.34
Harding Road	100.00	779.00
Hendersonville Big Book		100.00
Hermitage		100.00
High Noon	258.04	881.83
Higher Powered		25.00
Hillsboro Road		670.89
Humble House		10.00
I Can't We Can	25.00	50.00
Joy in Sobriety		25.00
Keep It Simple		15.00
Keep It Simple		418.20
Keeping Sober		50.00
Kingston Springs		150.00
Lafayette New Hope		10.00
Lambda		50.00
Lawrenceburg		200.00
Lebanon Fellowship		62.50
Let it Happen		20.00
Lewisburg Unity		25.00
Life Savers		400.00
Living in the Now		152.49

GROUP	July 2005	YEAR TO DATE
Living the Principles		325.00
McMinnville		100.00
Mid-Day Break	196.00	1272.00
Monday Morning Women's		130.00
Mt Juliet Fellowship		100.00
Murfreesboro		147.55
*Music City Happy Hour	83.64	83.64
Music Row Big Book Study		209.00
Mustard Seed	50.00	350.00
Needed Meeting	144.00	228.00
New Faith	25.00	100.00
New Hope	50.00	150.00
New Life		250.00
Northside		10.00
One Step Closer		200.00
P O P		400.00
Portland Unity		15.00
Primary Purpose	63.70	660.80
Pulaski	15.00	105.00
Rarely Fail		244.64
Rebos (Sober)	279.50	623.40
Robert E. Lee Women's		75.00
Robertson County	50.00	350.00
Saturday Night Alive	10.00	30.00
Search for Serenity		240.00
Search of Serenity (SOS)		50.00
Searchers		500.00
Seeking Sanity		75.00
Shade Tree		1,468.50
Shelbyville	12.50	25.00
Smith County Friendship		15.00
Smyrna Gratitude	50.00	350.00
*Sparta	100.00	100.00
Sunday Morning Breakfast		125.00
The Basement Bunch		155.00
The Comfort Zone	75.00	225.00
Trudging the Road	50.00	97.50
Tullahoma	17.00	119.00
Valleyview-Ashland City		300.00
*Waverly-Belmont	205.00	205.00
Way of Life Women		79.47
Week-Enders		156.30
West Meade		100.00
West Nashville	63.90	265.27
Westminster		346.20
White House		300.00
Winners & Beginners	33.00	1486.00
Women's Open Door		44.00
Woodbury		410.00

Totals Monthly: **4,755.18**
Year to date **32,977.12**

* mean t first time contribution to central office this year.

Groups/Meetings contributing to Intergroup Central Office operations: **108** of 247 groups contributing. We welcome **8** new contributors this month.

Thanks for helping to carry the message!

**Middle Tennessee
Central Intergroup Association**
176 Thompson Lane
Suite G-1
Nashville, TN 37211

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Date _____

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ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____

*OLD ADDRESS _____

CITY, STATE, ZIP _____