The MESSENGER
Middle Tennessee Central Office Intergroup

$ 1.00 | APRIL 2017

Is "Attraction" Spelled With Four Letters?

Does profanity at meetings unite us or divide us? And what does the outside world think? One AA gives his opinion

I was recently in an open speaker meeting of Alcoholics Anonymous. The speaker had the whole room engaged—total unity!

Then the profanity started. At first, there were a couple of small words and then the big one. In a matter of seconds, two thirds of the room was silent while the other third was full of applause and laughter. I was offended, as were many at my table. I sat wondering if those who had laughed were sitting there before the profanity started, thinking: "I can't wait to hear some profanity!"

Was the profanity necessary or did it divide the group, destroy the unity?

This meeting was in a church and I know some of the church members. I hate to

think how they would feel about us if they heard us using this kind of language in their home. Would they want us using their facility?

My home group is a large open speaker meeting. This meeting is thriving with newcomers and long-timers, young and old. Our speakers tell their stories in a general way. We ask them to refrain from using profanity, as this meeting is also in a church. The old pastor of this church was very impressed by what we are doing and how we speak. He loved the stories! He would often come to the meeting and sit in the front row and say: "This is where I get to see God in action!"

Now, the first person that suggested AA to me was not an alcoholic. She was someone's grandmother. I often wonder what her first exposure to AA was like. Whatever it was, it was a good one. She lit up when she started talking to me about Alcoholics Anonymous. She even convinced me to go to a meeting…not because I thought I was an alcoholic, but because she thought something there might help me. Although I wasn't as convinced, I did believe that *she* believed. So I went and it saved my life. Better yet, it gave me a life worth living. What if her exposure to AA had been one of disgust because of four-letter words?

When I was a newcomer and first saw these well-dressed people in AA, I thought I was so different. I had spent 20 years on the waterfront and had a mouth to prove it. After a short time listening to them tell their stories, I realized they had actually been where I had been. But they looked and spoke so differently than me. They didn't need to tell me they had had a spiritual experience. The evidence was overwhelming.

In the famous Jack Alexander *Saturday Evening Post* story about AA (reprinted in the GSO pamphlet "The Jack Alexander Article About AA," the opening paragraph talks about the very same thing. Alexander writes of watching two alcoholics approach a man in a hospital bed. He says: "The only thing that was noteworthy about the callers, except for the obvious contrast between their well-groomed appearances and that of the patient, was the fact that each had been through the defogging process many times himself."

What would the story have been if Bill and Bob were not well-groomed and had used profanity at that critical meeting?

Our 11th Tradition talks of how our public relations should be guided by the principle of attraction rather than promotion. Today, I don't use profanity, in or out of AA. I want to be the best example of Alcoholics Anonymous that I can be. I found I can engage alcoholics and still be respectful of others. No one yet has ever seemed offended that I do *not* use any profanity at meetings. And, after all, I never know when someone's grandmother, pastor or doctor is listening.

Jim A., Redwood City, Calif.—10.16
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SPRING TIME

THE COLORS OF THE BLUES

Brown bonded bourbon that she ain't finished yet
Red lipstick poutin' on a white cigarette
Dark handsome trouble she'd like to forget
These are the colors of the blues

Coal faced conductors whistle trains out of town
White smoke and black smoke blowin' that heart breakin' sound
Punched yellow ticket one way, outbound
These are the colors of the blues

Images dancing in candlelight flicker
Take her back to her youth
Promises spoken are too soon remembered
Clear as gin and vermouth

Salty mascara, emerald green, running south
Rouge covered hanky dabs her cheek and her mouth
Stormy emotions that the train just pulled out
These are the colors of the blues

She was just dancing where candle lights flicker
Until he cut her heart
Now she remembers his mean whisky whisper
"Take your love and depart"

Rainy reflections on a window pitch black
Amber lit club car swaying clickity clack
She ain't goin' nowhere and she ain't comin' back
She's lost in the shadows and the hues
These are the colors of the blues
These are the colors of the blues.

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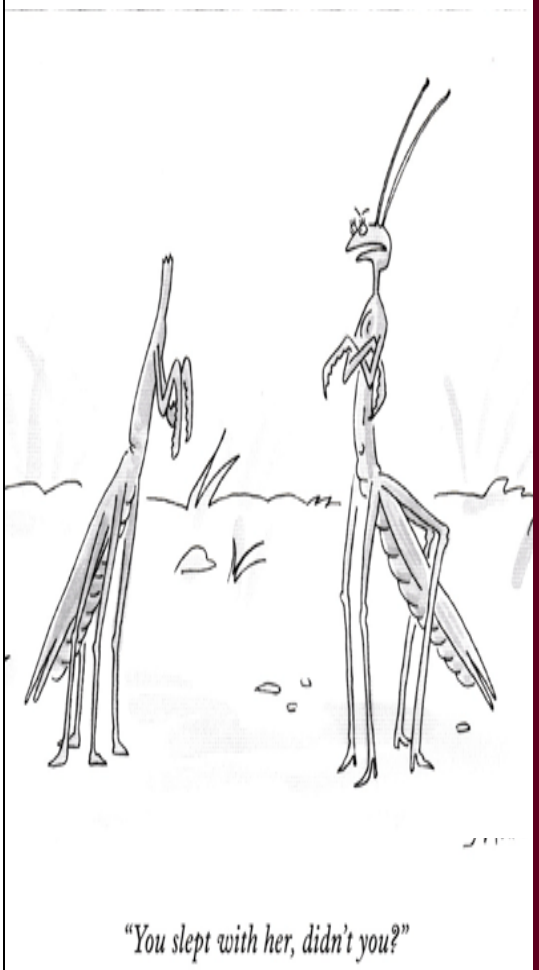
C Garrett Dawson - Nashville, TN



"You slept with her, didn't you?"

13th-Stepping And The Damage Done

When does a warm greeting go too far? One AA woman writes of how meetings need to be a safe haven, but can't be when members engage in practices that many consider predatory.

Our group grew quickly over the past two years, more than doubling in size. With this growth came lots of new ideas, personalities and growth opportunities that we were not able to resolve. What had worked in a small group no longer met the needs of a large group to carry AA's message of recovery. We decided to hold a group inventory, and asked a past area delegate to facilitate it and an officer from our local intergroup to take our notes. Many issues were discussed, and additional information, options and resources were provided by the facilitator and note taker. Our group was left with lots to consider for future action, including some major issues.

One such issue was the principle of men with men and women with women, which was not being followed by some of our members. The men in our group who follow this principle were most concerned and vocal about the few who do not. This behavior, which may begin with the best of intentions, can lead to what is known in AA slang as 13th-Stepping. Some of our group's elder statesmen and women had spoken to the men who reach out to new women, but were told that how someone does their 12 Step work is no one else's business, that they were simply extending a hand to a newcomer.

Certainly, we all need to be welcoming to the newcomer, but when does a warm greeting go too far? Assuming that there is nothing of a sexual nature involved (which is not always the case), should a man with many years of sobriety -- who feels he is offering only recovery -- be calling, emailing and texting women who are counting days? Is it okay for him to give a woman rides to and from meetings in a spirit of service? Save a seat for her in a crowded meeting so that she will have a friendly fellow by her side? Has this behavior played a part in one female newcomer, who has been coming to our group for one and a half years, not being able to stay sober for 90 days? The women in our group have also reached out to these vulnerable new women and lovingly offered support and recovery, as well as appropriate AA literature, but we are usually drowned out by the "emotional distractions" mentioned in our literature.

I remember when I first came to AA, my self-esteem was nonexistent. I did not trust anyone, men or women, but had learned something about manipulating men – especially if I thought you would buy me drinks. So at AA meetings, I politely took women's phone numbers when they were offered, but did not use them and was always too busy to go for coffee with them for the meeting after the meeting. However, I did go to the coffee shop if a man asked me. In my foggy alcoholic way of thinking in those early days, I figured that maybe I was not that bad or worthless if I could still attract a man, and I could feel a little better about myself. But a woman? What could she offer me? The answers to these questions and the lessons learned took some time, as well as supportive women who loved me enough to see their former selves in me. They shared their experiences honestly, gently and with humor and humility. As I grew into a woman of some grace and dignity, I learned to respect myself, as well as others.

Sometimes I wonder if we forget that alcoholism is fatal and that our behaviors – even when well intentioned – can have devastating consequences; at a minimum, we may interfere with the growth of another person. And I wonder if men and women are really so different. As a newcomer to AA, if a man was greeted by smiling, friendly women who offered him their phone numbers, rides to meetings and called him to share recovery, would he too find this to be great for his ego, and perhaps be diverted from

(Continued on page 4)

13th-Stepping

(Continued from page 3)

accepting the help and support offered by the men in AA?.

As a group, maybe we are not equipped to handle this problem, but it seems that a discussion of this topic is sorely needed, since this form of "12 Step service" is being passed on to those sponsored by the men who strongly believe that they are responsible for carrying AA's message to anyone, anywhere. While this behavior is not new in AA, perhaps we can begin having some open and candid discussions. Our AA program demonstrates that the first step in solving a problem is admitting that there is one.

Anonymous—10.16
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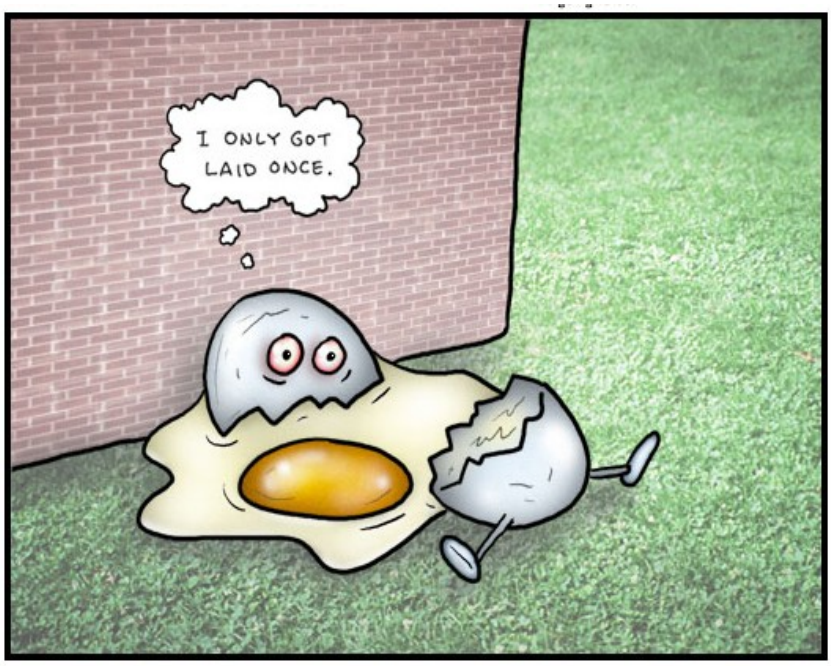

Humpty's last regret

CENTRAL OFFICE OFFICERS	*NAME*	*PHONE #*
Chairperson	**Drew T**	**615.440.3991**
Central Office Manager	**Charles C**	**615.973.9898**
Central Office Bookkeeper	**Donna C**	**615.832..1136**
Vice Chairperson	**Travis D**	**615.642.1027**
Secretary	**Jennifer S**	**615.218.0883**
Treasurer	**Garrett D**	**615.957.7674**
Public Information/Cooperation with the Professional Community	**Al C**	**615.587.1616**
Special Needs	**Reanate M**	**615.625.8483**
Corrections	**Charlie B**	**615.554.9085**
Treatment Facilities	**Stephen T**	**615.926.9467**
Events Chair	**Tina H**	**615.351.0501**
Archives	**John M**	**615.803.0211**
Sobriety Dinner	**Tina H**	**615.351.0501**

FIRST TUESDAY OF EVERY MONTH:
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE
When: Monday Apr 24th
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:
District 32 Meeting
When: 6:30pm
Where: Club 62
329 Peachtree

SECOND SATURDAY OF EVERY MONTH
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

Recovery Feels Better Than 'Feeling Good'

A friend of mine and I started a gay group in our town about four years ago. Philosophically I am opposed to special interest groups of any kind, as I feel that our common problem brings us together and the tolerance we learn in the program should help us grow and relate to various types of people. This, I feel, is one of the beautiful byproducts of AA membership. I justified this new group, nonetheless, because there are certain gay people who would not attend AA--at least initially--were it not for a group of this sort.

As is true with many fledgling groups, attendance was sparse for the first couple of years. In fact, people stayed away in droves. More often than not it was me, my friend, and the coffeepot. We continued to come back, though, week after week, because our city has lots of gay alcoholics in it and I was sure that sooner or later some of them would start taking advantage of our group. And, in fact, they did. Many came and went, but over time a small core group developed.

In year three, however, attendance picked up markedly. Week after week more new people came. It was stimulating and gratifying. Often we'd have as many as forty or fifty people there, but always twenty to thirty. I was delighted! Paradoxically, this is when the trouble with our little group began.

I have been around the program most of my life, as my father sobered up in AA nearly thirty years ago. I've read the literature over and over, have known dozens of old-timers through my dad, and have attended meetings off and on for decades. However, I'm no AA guru. I have had a long, terrible time sobering up and getting my life together. I have had periods of extended sobriety and a taste of serenity. I have also had many slips and repeated humiliations. Our little core group was made up of people like myself--men and women who had had long, hard battles with alcoholism and were trying as best they knew how to study the literature and follow AA's proven path.

The majority of the new people that started coming to our group in our third year were fresh from treatment centers. Many of them did not have drinking histories, per se. They had behavior problems, trouble with the law, trouble with their parents, most of all trouble growing up in modern America. They also had done some drinking and some drugging. Many of them were very young and had been put into these treatment centers by their parents or the courts. These treatment people not only had the key to sobriety, but apparently, the secrets of the universe. I gathered from them that the linchpin of good living was some spongy concept referred to as "getting in touch with your feelings." Most of them were planning careers as therapists.

Some typical topics for discussion at our tables were: feeling angry, feeling edgy, feeling troubled, feeling worried, feeling fearful, feeling uncomfortable, trouble with the boss, trouble with parents, handling happiness, handling failure, handling success, not to mention the ever dreaded *relationships*. All these discussions were, of course, very heavy and meaningful. The atmosphere was one of reverence. If someone began to cry it meant that he or she was really making progress and that the table had really done him or her a lot of good. The crier got lots of strokes for being so "honest."

It is not my intention to demean treatment centers. I have been through five of them. Nor is it my intention to demean the respectable trade of therapy. I have had several therapists that have helped me immensely--one in particular changed my life. But it was not until I got my feet well planted in AA that I was able to get sober and stay sober. Treatment centers and therapy played their parts, but it was through the grace of God and AA that my life was spared.

AA is a structured, spiritual program. We have Twelve Steps; we have Twelve Traditions. We have a Big Book; we have a "Twelve and Twelve." We have one requirement for membership, a desire to stop drinking. We have one primary purpose, to stay sober and to help the alcoholic who still suffers from active alcoholism. The free-for-all group therapy that developed at our little meeting was simply not AA.

Well, the long and short of my story is that those in our small, well-intentioned core group have all left. After starting this group and nurturing it along for several years I've had to find another way to spend my Friday nights. I was the last one to jump ship. I need meetings that talk about drinking and recovery through the AA program. I need to share my experiences and hopes for the future with others like myself, people who have hit bottom through the miserable effects of alcohol addiction, with all its related mental, physical, and spiritual pain--people who have had their lives spared by God through the miracle of AA. Spending an hour or two with people who are trying to "feel better" is quite a different thing than spending an hour or two with people who are trying to recover from a fatal disease.

-- Gary R. - Fenton, Michigan – Aug, 1989

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DRUNKS IN THE PARK

5TH ANNUAL PICNIC

JUNE 10TH

DETAILS IN NEXT MONTH'S ISSUE

OLD TIMER'S DINNER @ P.O.P.

WHEN
May 12th
6:30pm – 9pm

WHERE
Brush Hill Cumberland Presbyterian Church
3705 Brush Hill Rd, Nashville, TN 37216

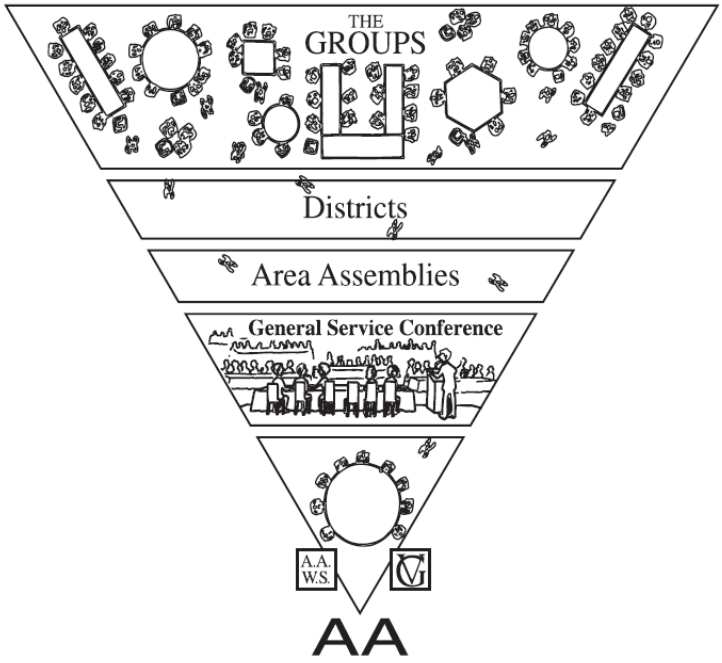
DINNER SERVED @ 6:30 – SOBRIETY COUNTDOWN @ 8PM

BARBEQUE AND DRINKS PROVIDED:
Please bring a covered dish, side item, or dessert.

SPONSORS
Principles Over Personalities Group of A.A. "The oldest A.A. group in East Nashville"

FOOD, FELLOWSHIP, AND FUN!!

"Stop signing memos with your initials; no one is taking them seriously."



HENDERSONVILLE BIG BOOK GROUP

presents

Summer Speakers and Potluck Picnics 2017

MAY 28
JUNE 25
JULY 23
AUGUST 27

Speakers to be Announced

Meat Will be Provided

Bring your family, friends and a dish to share!

COME AT 5:30 FOR FELLOWSHIP & FOOD
SPEAKER BEGINS @ 7PM

INDIAN LAKE PENINSULA CHURCH PAVILION
235 INDIAN LAKE RD / HENDERSONVILLE

M	K	S	X	F	X	C	B	B	K	B	V	R	L	F	K	B	H	G	E	B	H	S	C	W
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U	L	L	E	K	R	P	U	J	O	A	A	W	M	J	B	U	M	C	M	J	J	E	Y	S

CONCEPT FOUR **FIND THE WORDS BELOW:**

THROUGHOUT	CONFERENCE	STRUCTURE
OUGHT	MAINTAIN	RESPONSIBLE
LEVELS	TRADITIONAL	RIGHT
PARTICIPATION	TAKING	CARE
CLASSIFICATION	GROUP	WORLD
SERVANTS	ALLOWED	VOTING
REPRESENTATION	REASONABLE	PROPORTION
MUST	DISCHARGE	

TRADITION FOUR

TRUE freedom is not doing what we want, but doing as we ought. There is no government in Alcoholics Anonymous, no rules or regulations. Each group may do as its members wish; they are autonomous. But to live in true freedom they ought to take every care that their actions do not interfere with other groups or contravene AA principles lest we lose our freedom. Our freedom only lives by our willingness to give to others that same right.

R.M.—Toronto, Ontario, Canada, 1958
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Each group should be autonomous except in matters affecting other groups or AA as a whole.

1. Do I insist that there are only a few right ways of doing things in AA?

2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?

3. Do I put down other members' behavior when it is different from mine, or do I learn from it?

4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?

5. Am I willing to help a newcomer go to any lengths-his lengths, not mine-to stay sober?

6. Do I share my knowledge of AA tools with other members who may not have heard of them?

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MEETING CHANGES

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS

37013	Change	Higher Powered - Fri now 7:30p
37013	Cancel	60 Minutes - Sun 5p OD
37027	Add	Stragglers - Sat 8:30 am OD
37040	Change	Real Deal Men's - Sun now 5pm
37064	Add	Franklin Group - Thur Separate Men & Women Noon CD
37064	Add	Sober & Safe Wmn's Newcomer - Mon 6p CD/Wmn/BEG
37064	Cancel	Garden Variety
37064	Cancel	Saint Phillips Meeting
37064	Change	Kick-Off isn't until Noon - Sun 7a OD/Lit - 8a OD - in Classrooms A&B 1st Floor
37066	Change/ Add	Gallatin AA 165 East Bledsoe - 615.483.3234 - Mon & Fri OD at Noon - Wed OD/Lit Noon - Thurs 7p OD/Wmn
37069	Move	Womans AA now Every Woman Has a Story - 1213 Country Rd.
37087	Change	New Day - All meetings now 6:30p - Add Thurs Meeting - No Meeting on Mon or Fri
37087	Cancel	Sobriety First - Mon & Fri
37087	Add	Sobriety First - Sun 3:30 CD/Lit
37096	Change	Linden Group - Fri is CD/Lit - Cancel Tues
37129	Change	Serenity Group - 2nd Sat 6p Now Eat & Speaker - 8p Sat Canceled
37130	Change	New Beginnings - Mon CD/Lit - Tues CD (1st Tues CD/Trad) - Thurs CD/Lit
37172	Cancel	Robertson Cnty - Wed Noon Wmn - Sun 7p
37174	Change	RUTS - 1pm now Noon
37179	Move	RUSSH Hour - Kroger Market Comm Room 4726 Trader's Way Spring Hill
37188	Change	White House Group-B now White House Group and add Sunday 7pm OD
37203	New	Struck Gold Friendship House 202 23rd Avenue North 6p OD
37206	New	East Side Recovery - Woodland Pres Church 211 N 11th St - Mon - Wed - Fri - Noon OD
37206	New	Save Her A Seat - Woodland Pres Ch - 211 N. 11th St. Wed 7p OD/Lit
37208	Add	Spiritual Living - Music City Center -1012 Buchanan Group Mon 7:30p OD
37208	Add	Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD
37209	Move	WANGL - 6:30p Fri OD/OS Friendship House 202 23rd Ave 37203
37209	Cancel	Begin the Journey
37210	Add	WIRED Women in Recovery Every Day - Club 62 - 329 Peachtree - Sat 10:30a OD/Wmn
37211	Change	Woodbine - Last Friday of Month is Speaker
37216	Cancel	New Beginnings
37216	Change	P.O.P - Tues & Fri now 7pm
37217	Cancel	Love & Laughter - Tues 6:30pm
37232	Cancel	Basement Recover - Vanderbilt
38562	Add	Friday Night Live - Sat 7pm CD

GROUP CONTRIBUTIONS—FEBRUARY 2017

GROUP/MEETING	Dist	Feb	YTD
21st AVENUE	30	$ -	$ 56
ANY LENGTHS	13	$ -	$ 390
BACK TO THE BIG BOOK	12	$ 32	$ 32
BELLEVUE	35	$ 100	$ 100
BRENTWOOD FULL MOON	33	$ -	$ 272
BY THE BOOK -DICKSON	15	$ 97	$ 97
CAME TO BELIEVE	33	$ 258	$ 258
COLUMBIA	40	$ 20	$ 40
COLUMBIA BASEMENT BUNCH	40	$ 19	$ 42
COMFORT ZONE	15	$ 500	$ 500
COOL SPRINGS NEWCOMERS	33	$ -	$ 100
CROSSVILLE NON-SMK STEP	9	$ 6	$ 10
DICKSON AA	15	$ 480	$ 480
DOWNTOWN LUNCH BUNCH	32	$ -	$ 160
DROP THE ROCK		$ -	$ 50
DRUNKS IN THE PARK	33	$ -	$ 320
E. NASHVILLE MEN'S STAG	34	$ -	$ 500
EAST SIDE SATURDAY	31	$ -	$ 401
EVERY WOMAN HAS A STORY	33	$ 75	$ 75
FAIRVIEW	33	$ -	$ 200
FIRST THINGS FIRST	34	$ -	$ 150
FIVE & FIVE	30	$ -	$ 302
FRANKLIN	33	$ -	$ 680
FRANKLIN ROAD WOMEN'S	33	$ -	$ 100
FREE TO BE	31	$ -	$ 185
HAPPY HOUR - LEWISBURG	40	$ -	$ 60
HENDERSONVILLE BB	34	$ 50	$ 50
HOPE PARK AA LIT STUDY	30	$ -	$ 59
KEEP IT SIMPLE BELLEVUE d35	33	$ -	$ 95
KEY TO SOBRIETY	31	$ 200	$ 200
LADIES NIGHT OUT	34	$ -	$ 25
LATE LUNCH BUNCH	33	$ -	$ 400
LET IT HAPPEN	35	$ 20	$ 20
LINDEN	41	$ -	$ 20
LIVE & LET LIVE	9	$ -	$ 25

GROUP/MEETING	Dist	Feb	YTD
LIVING BY THE PRINT	32	$ -	$ 100
LIVINGSTON	9	$ -	$ 25
MADISON STREET		$ -	$ 100
MIDDAY BREAK	32	$ 155	$ 254
MURFREESBORO	12	$ 15	$ 30
MUSIC ROW	30	$ -	$ 45
MUSTARD SEED	32	$ 200	$ 200
NEW BEGINNINGS WOMEN	32	$ -	$ 160
NEW BEGINNINGS	12	$ 25	$ 50
NEW LIFE H-VILLE	34	$ -	$ 118
NORTHSIDE , CLARKSVILLE	14	$ -	$ 50
ONE DAY AT A TIME	31	$ 550	$ 550
OUT TO BREAKFAST	30	$ -	$ 145
PORTLAND UNITY	13	$ 10	$ 60
PRIMARY PURPOSE	34	$ -	$ 87
PULASKI	40	$ 5	$ 10
RECOVERY ROAD	34	$ -	$ 38
RUTS	40	$ -	$ 250
SAFE HARBOR	14	$ -	$ 50
SATURDAY NIGHT ALIVE	11	$ 10	$ 20
SEARCHERS - HUNT CLUB	13	$ -	$ 650
SEEKING SANITY	31	$ -	$ 220
SERENITY (12)	12	$ 25	$ 50
SMITH COUNTY FRIENDSHIP	13	$ 200	$ 200
SMYRNA GRATITUDE	12	$ 591	$ 941
THE STRAGGLERS	33	$ -	$ 140
TRUDGING THE ROAD	33	$ -	$ 120
TURNING POINT	33	$ 200	$ 200
WANGL	30	$ -	$ 125
WEST NASHVILLE	35	$ -	$ 16
WINNERS	41	$ -	$ 25
WOMEN'S OPEN DOOR	30	$ -	$ 186
WOMENS WAY	33	$ -	$ 100
WOODBINE	32	$ -	$ 20
Grand total:		$ 3,844	$ 11,788

Middle Tennessee Intergroup Association

Statement of Activities - Actual and Budgeted - Schedule 1

For the Two Months and Year Ended February 28, 2017

	February 2017			YTD 2017		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,620.37	2,925.17	(304.80)	5,656.59	5,850.33	(193.74)
Group Donations	4,043.44	5,553.17	(1,509.73)	11,747.22	11,106.34	640.88
Individual Donations	318.89	308.33	10.56	514.78	616.66	(101.88)
Messenger Donations	12.00	9.25	2.75	27.00	18.50	8.50
Website Donations	-	-	-	331.92	-	331.92
Special Events	-	625.00	(625.00)	-	1,250.00	(1,250.00)
Interest	3.39	3.08	0.31	6.96	6.17	0.79
Total Income	6,998.09	9,424.00	(2,425.91)	18,284.47	18,848.00	(563.53)
Expenses						
Casual Labor	200.00	200.00	-	400.00	400.00	-
Payroll	4,775.84	5,080.08	(304.24)	9,551.08	10,160.17	(609.09)
Sales Tax Expense	-	-	-	1.61	-	1.61
Legal & Professional	350.00	350.00	-	700.00	700.00	-
Rent	993.50	1,006.00	(12.50)	1,987.50	2,012.00	(24.50)
Printing	-	50	(50.00)	-	100.00	(100.00)
Payroll Taxes	365.41	388.58	(23.17)	717.58	777.17	(59.59)
Repairs & Maintenance	-	33.33	(33.33)	-	66.67	(66.67)
Equipment Rental	108.00	116.67	(8.67)	216.00	233.33	(17.33)
Telephone & Fax	500.08	474.33	25.75	997.25	948.67	48.58
Answering Service	227.00	250.00	(23.00)	436.00	500.00	(64.00)
Postage	254.52	191.67	62.85	334.92	383.33	(48.41)
Office Supplies	145.88	183.33	(37.45)	282.43	366.67	(84.24)
Computer & Technology	919.42	125.00	794.42	990.06	250.00	740.06
Intergroup Expense	60.00	100.00	(40.00)	60.00	200.00	(140.00)
Insurance	-	200.00	(200.00)	1,244.00	400.00	844.00
Special Events	(20.00)	291.67	(311.67)	-	583.33	(583.33)
Travel	-	375.00	(375.00)	-	750.00	(750.00)
Depreciation	7.92	8.33	(0.41)	15.84	16.67	(0.83)
Miscellaneous	-		-	-	-	-
Total Expenses	8,887.57	9,424.00	(536.43)	17,934.27	18,848.00	(913.73)
Net Income	(1,889.48)	0.00	(1,889.48)	350.20	(0.00)	350.20

HIGH NOON

Clydell W	04.20.15
Danny B	04.02.14
Dave E	04.0.11
John F	04.02.11
Marcia G	**04.08.95**
Travis M	04.05.12

KEEP IT SIMPLE

Allen C	04.07.13
Janet G	**04.16.89**
Sam H	04.11.15
Stacey HB	04.14.14

LOVE & LAUGHTER

Jeff W	**04.25.89**
Rob F	04.15.98

NIPPERS CORNER

Mark M	04.05.12
Mike E	04.23.06

P.O.P.

Daniel R	**04.01.85**
James	04.23.16
Josh T	04.01.12
Larry S	**04.02.87**
Marlene R	**04.01.89**
Sid B	04.08.03

SEEKING SANITY

Carol R	04.27.16
Chrystine C	04.27.14
Deborah M	04.10.12
Jeff H	04.05.14
Jeff L	04.15.08
John H	04.31.11
Melanie J	04.25.07
Sandee L	**04.18.91**
Sara C	04.30.10
Terrance R	04.19.15

SHADE TREE

Ann T	04.26.09
April K	04.30.14
Bonnie L	04.15.14
Bill F	04.17.06
Bo R	04.06.06
Burnette C	04.27.12
David S	04.04.06
Dick H	**04.15.83**
Etta C	04.19.14
John H	04.26.11
Jon S	04.20.14
Karen B	04.19.13
Kathy B	**04.28.94**
Kelly B	04.11.13
Lindsay L	04.01.11
Lynnsey D	04.03.10
Lucy A	04.07.12
Marshall S	04.02.15
Melissa A	04.03.08
Meredith	04.20.14
Monty P	04.10.07
Nick M	04.11.04
Patti H	04.28.13
Peggy P	04.14.14
Tyler B	04.05.16

SMYRNA GRATITUDE

Anita M	**04.12.95**
Brian D	**04.18.92**
Debbie M	04.21.04
Diane S	**04.02.87**
Joanna C	04.16.12
Monte M	**04.21.96**
Ray S	**04.01.90**
Regina D	04.07.07
Tom D	04.05.13

SOBRIETY FIRST

Jerry P	04.02.98

UNITY

Joe C	**04.10.90**

WEEKENDERS

George N	04.25.08
Michelle T	04.02.06

WOMEN'S SPEAKER

Susie B	04.27.15

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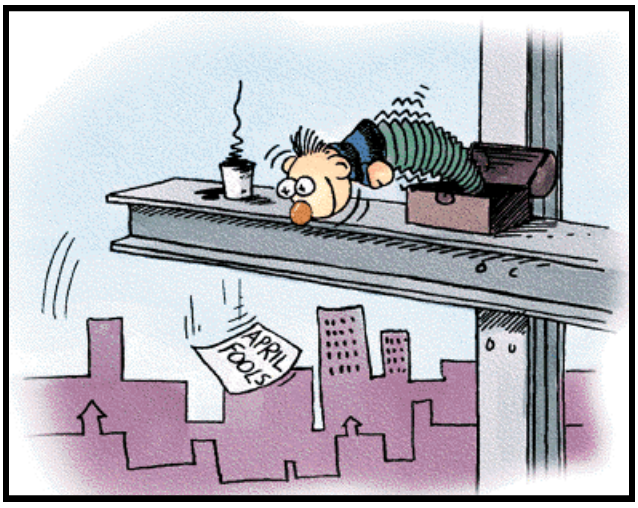
If you read *The Messenger* on-line, a contribution to The Middle Tennessee Central Office would help and be appreciated.



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