The IESSENGER

Míddle Tennessee Central Office Intergroup

JUNE 2013

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It is also available on-line at www.aanashville.org.

If you read *The Messenger* on-line, a contribution to The Middle Tennessee Central Office would help and be appreciated.

PLEASE MAKE A NOTE STATING YOUR DONATION IS FOR THE MESSENGER.

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Entirely Ready to Be Entirely New

The Steps of Alcoholics Anonymous are so marvelously constructed that, in my experience at least, you can't go on to the next until you've thoroughly processed the one before. So becoming entirely ready to let go of my character defects took me several years--and two journeys through Steps Four and Five.

I tackled Step Four after about two years' sobriety. Since I'd been drunk for twenty-five years and was in my late forties, there was a lot of bad history to study and understand. Trying to figure out how to organize a self-inventory, my alcoholic ferret-brain jumped onto that word "resentments" in the Big Book and ran with it. Resentments? I was a positive nuclear reactor of resentments, so rife with anger and grudges that my first Fourth Step looked more like a series of class-action suits than a personal inventory.

Not necessarily in order of importance, I scribbled down my resentments against:

 The college I'd attended (despite the fact they'd been lavish with scholarships, I blamed them for the fact that I never found social acceptance there); 2) Every ad agency I'd ever worked for (I had become a successful advertising copywriter, but none of the agencies had sufficiently recognized or rewarded my brilliance); my family (because they never treated me with the kid-glove attitude I felt I deserved).

And then there was the resentment toward my mother. Here we get to the real problem, because I did have justifiable reasons to harbor anger toward her. She was an alcoholic and drug addict who abandoned me when I was six months old and ran off with another woman. Whenever she reappeared in my life, there was stress, blame, danger, and misery. I was blessed to have been raised by my grandparents in a totally nonalcoholic and stable household, but my mother's whirling-dervish misery-machine spun off enough anguish to color my whole life. It played a part in that familiar less-than feeling we alcoholics manage to build into an endless churning of self-absorption. My mother eventually committed suicide and I, feeling very phony-noble, paid to bury her and continued to cherish and nourish my resentment.

(Continued on page 2)

Entirely Ready to Be Entirely New (con't)

(Continued from page 1)

So I worked through my resentment-based first Fourth Step. By the time I'd gone over it with a very wise Step sponsor, I'd begun to see just how angry and self-justifying my life had been. But when the dust settled, I didn't feel I had made much progress. Looking ahead to Step Six, I certainly didn't want to let go of my character defects--even the rather dimly-perceived list I had at that point.

The cure, of course, was more meetings--more good Step meetings. (I am grateful to have been blessed with smart feet that kept me going to meetings even when I otherwise didn't have a clue about how I was going to live or remain sober.) I eventually locked on to the idea in the "Twelve and Twelve" of doing a self-inventory based on my own character defects --or Seven Deadly Sins.

Now firmly focused on my favorite subject--myself--I was able to do a Fourth and Fifth Step that brought me that feeling of relief, of a burden lifting, that our literature promises. From the perspective of my faults. I was able to look at my mother's story with more understanding. Eventually I realized she was just another sick and suffering alcoholic who never got the gift of recovery with which I had been blessed.

By now, I was some four years sober and beginning to get my brains back. The period after my second Four and Five was one of slow, steady self-learning. Now

that I began to see what my Pride was my central defect, I character defects were, I began to notice just how they were crippling me. This was quite a change of perspective because, deep down, I had been one of those who thought these characteristics actually defined me.

Why did I lie all the time, even when there was no reason? Because I was a perfectionist, I would have answered earlier. I couldn't bear to admit I'd done any little thing wrong, even stupid stuff like arriving late for appointments. Behind the perfectionism, I began to see the self-delusion (I must be perfect) and fear (if they find out I'm not perfect, they will hate me). Eventually, the lies began to cause me more pain than they covered up, and Step Six began to materialize on my horizon.

Why was I spending more money than my husband and I were earning? Because I was feeling deprived of my safety-blanket of alcohol, I would have said earlier. But now I realized that spending was tossing money down the alcoholic hole, that "God-shaped hole" of emptiness into which we stuff food, money, sex, alcohol, drugs, and so many other substances, trying in vain to fill our spiritual need.

When I saw this behavior for what it was, it became easier to stop throwing away money on clothes I didn't need, jewelry I'd never wear, expensive meals that often just reminded me how intrinsic alcohol had been to my enjoyment of them.

finally concluded. It made me demand more of the world than was my due ("Don't you know who I think I am?" as I've heard it put so perfectly)--and more of myself than I could deliver. Here I was in middle age, finally willing to realize that I was never going to be famous and rich as I'd always assumed (but never did the work to achieve). I was simply another child of God, with a good sober life that was improving steadily and for which I should be grateful.

Letting go of that central defect (which still has to be done on a daily basis) was incredibly liberating--almost as freeing as putting down the bottle five years before. And sometime after I'd realized how much pride had harmed me, warped me and messed me up, there came a realization that I was in the process of becoming somebody new. Somebody nicer than the bitter, middle-aged alcoholic who had entered the rooms of AA. Somebody I had thought I was, somebody who was willing, even eager, to be a worker among workers, a good companion, friend, and wife.

In the end, Step Six was just one in a series of surrenders this program has required of me. And after this surrender, there was yet another victory--a feeling of not only being "right sized" but also right with the universe and my Higher Power.

> A.T.—N.Y., N.Y. Copyright © The AA Grapevine, Inc. (June, 2001) Reprinted with permission

MEAT & POTATOES

First - our review after completing Step Five.

Returning home we find a place where we can be quiet for an hour, carefully reviewing what we have done. We thank God from the bottom of our heart that we know Him better. Taking this book down from our shelf we turn to the page which contains the twelve steps. Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man or woman at last.

- 1. Is our work solid so far?
- 2. Are the stones properly in place?
- 3. Have we skimped on the cement put into the foundation?
- 4. Have we tried to make mortar with out sand?

If we can answer to our satisfaction, we then look at Step Six. We have emphasized willingness as being indispensable.

- 1. Are we now ready to let our Higher Power remove from us all the things which we have admitted are objectionable?
- 2. Can He now take them all every one?
- 3. If we still cling to something we will not let go of, we ask our Higher Power to help us be willing.

When doing the 6^{th} step it is important to be honest with yourself as you answer these questions. All too often when people skimp or hide their inner feelings of resentment, this only leads them to an excuse for relapsing. The more honest we are about ourselves the better chance we will have for success.

STEP SIX

Were entirely ready to have God remove all these defects of character.

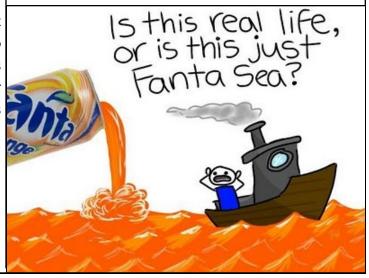
Step Six asks only that you become ready.

In this step we become willing to be open to change, willing to let go of habits or traits that cause our lives to be unbalanced.

- 1. How can we become "entirely ready" to give up all our "defects"?
- 2. Which unhealthy behaviors do we seem to repeat over and over?
- 3. What do we most want to change about ourselves?
- 4. What prevents us from giving up these patterns?
- 5. How are we holding on to them?
- 6. What do we fear will happen if we stop behaving this way?
- 7. What will life be like without them?
- 8. What do we need to do to release them?
- 9. What does it mean to say that our Higher Power will remove these defects of character?
- 10. Are we ready to open up and approach life differently?
- 11. Are we willing to believe a Higher Power works with us?

"REMEMBER"...
THERE IS A SOLUTION,
THE SOLUTION IS SIMPLE,
THE SOLUTION IS SPIRITUAL!!!

Anonymous—Nashville, Tn



If Fed Ex and UPS were to merge, would they call it Fed Up?

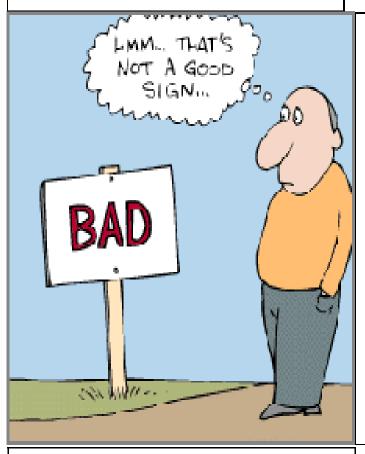
Why is a person who plays the piano call a pianist, but a person who drives a racecar is not called a racist?

Area 64 - 4th Quarter Voting Assembly October 11th—13th

Burns, TN

615.797.3101 - Hotel \$79 a night + tax Cutoff 8/28 (ask for group rate)

Call Phyllis 615.306.3805 or Gary 615.586.0470 for Info



4th ANNUAL OLD TIMERS MEETING

Came To Believe Group
In District 33

First Presbyterian Church Franklin Rd & Mack Hatcher Blvd Franklin, TN

> June 15, 2013 Eat at 5:30 Speakers 7:00

Bring Covered Dish & dessert Meat & Drinks Furnished

If each group would send a list of your old timers, 20 yrs & up, name & phone number to Larry A., we will invite them personally.

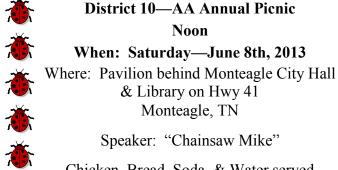
Call 931.446.1851 or larry@larryandersonhomes.com Joe F 615.584.1423 or Michael S 615.791.0136

A confident little boy was practicing baseball. He said: "I'm going to be the greatest baseball player in the world!" Then he threw the ball up and made a huge swing and missed.

He picked up the ball again, said: "I'm going to be the greatest baseball player in the world!" threw the ball up, took a great big swing, and missed again.

Once more, he said: "I'm going to be the greatest baseball player in the world!" threw the ball in the air, made his biggest swing yet, and missed the ball yet again.

He raised both his arms and cheered: "Hooray! I'm the greatest pitcher in the world!!"



Chicken, Bread, Soda, & Water served bring a Friend or Two
a dish to pass
a dessert
a chair

John 423.902.1714 for info





Join us for D-32's Family Summer Picnic

or

Saturday, June 22 12 noon until 5pm

at

ANDERSON ROAD RECREATION AREA (on Percy Priest Lake)

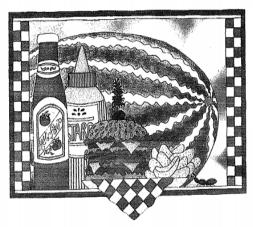
SPEAKER: PEGGY B C

parking is \$4 / per car (this charge is for the Army Corp of Engineers and not affiliated with AA in any way)

A \$5.00 Donation to the event would be appreciated!

HAMBURGERS & HOTDOGS PROVIDED *PLEASE BRING A SIDE DISH*

Hendersonville Big Book Group presents Summer Speakers and Potluck Picnics



The Hendersonville Big Book Group brings you a real, live, walking, talking Big Book every 3rd Sunday of the summer months.....

Bring your family or friends
or just yourself.
Bring a dish to share.

June 16 July 21

May 19

August 18

Meats on the grill by the one and only Chef Andy! (We love you, Andy)

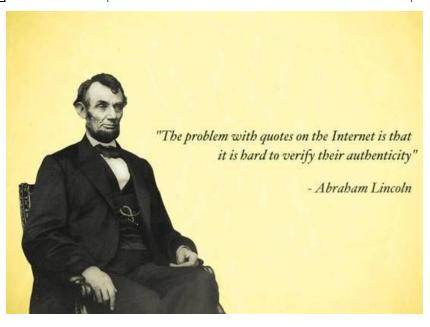
Come at 5:30 for fellowship, food, and fun. Speaker at 7:00.

*speakers to be announced

Bluegrass Baptist Church - Pavilion



If a cow laughed, would milk come out of her nose?



From the desk of Charles C

Work continues by Intergroup Reps and The Intergroup Steering Committee on job descriptions for service positions of The Middle Tennessee Intergroup. Understanding, defining and stating our goals and intentions bonds us together, and as the program states, it attracts others. Alcoholics Anonymous depends on no one outside AA for support. This does not apply to just financial support. There are no public relations firms, advertising agencies or solicitors employed to represent or promote AA. "We are it!" My background in sales, marketing and recruiting proved one strong point: eighty percent of production is achieved by twenty percent of the people. Notice I did not say eighty percent of the work, but "eighty percent of production". Many work hard and many are willing to work, but they may not be effective. One may even be efficient but not effective. To be effective, you don't just do things right, but you do the "right things right". For example, look at our primary purpose. It is not just to stay sober. What is it? It is to stay sober AND help others achieve sobriety. Millions achieve sobriety for themselves, but carry the message to others ineffectively.

The job descriptions; the Intergroup spiritual inventory; the job evaluations; all these activities are to make your Intergroup and the fellowship of Alcoholics Anonymous more effective. We have to let one another know our mission, purpose and intention. We need one another too desperately to be stagnant and inattentive. Writing this allows me to see my own work more clearly. There are areas where I have become stagnant, therefore inattentive and ineffective in some areas. Job descriptions not only describe the job, but define the desired results. To be effective, we must avoid duplication of efforts where it is ineffective. We have common activities where as many as possible need to participate. We also miss many opportunities for service and effectiveness, where there are areas in which no one or too few participate.

I believe The Steering Committee is steering (and being steered) in the right direction. We need involvement from as many as possible to be effective. We welcome your involvement. Call The Central Office at 615-831-1050.

Go to www.aanashville.org and view The Messenger to see all upcoming events.

CENTRAL OFFICE OFFICERS	NAME	PHONE #	
Chairperson	Cynthia S	407.468.5641	FIRST TUES
Vice Chairperson	Michael A	615.497.6617	EVERY MO
Secretary	Sara B	615.708.0384	District 32
Treasurer	Don R	931.239.1523	are now con Meetin
Public Information/Cooperation with the Professional Community	Al C	615.883.4553	When
Corrections	Nancy C	530.218.8176	6:30pm –
	Jody C	931.319.3446	Where
Treatment	Jon T	804.306.6256	Central :
Archives	Don D	615.525.7643	Conference
Central Office Manager	Charles C	615.832.1136	176 Thomp
Central Office Bookkeeper	David	615.832.1136	

SDAY OF ONTH:

2 & 35 mbined ng

7:30pm

e:

Office ce Room oson Lane

SECOND TUESDAY OF **EVERY MONTH:**

Intergroup Meeting (Central Office)

When:

5:45pm - 6:45pm

Where:

Central Office Conference Room 176 Thompson Lane

The Good Uns and the Bad Uns



I drank because of the uns.

I felt unloved and unhappy.

I was mentally unstable, unbalanced and uncomfortable in my own skin.

I was un-liked, unattractive, unpopular and undesirable.

So to compensate I used alcohol to un-feel those feelings.

But drinking made me undignified, unsociable, uncontrollable, and way too often, undressed.

I became unfaithful, unforgiven and then unmarried.

I was unproductive, unprofessional and then unemployed.

That led to feeling unimportant and unnecessary.

I was unreasonable about it, and unwilling to discuss my unmanageable life.

Since liquor was my main sustenance, I was very undernourished.

The emotional pain was unendurable.

I was headed straight for the undertaker, whether by physical consequences or by my own hand.

AA led me to understanding.

Working the steps unmasked me from my disguises.

No longer undecided about my alcoholism, I'm unhampered by confusion, allowing me to give my undivided attention to recovery.

My life is uncomplicated, but unbelievably full.

I'm unashamed of the past and unafraid of the future.

Sober, I am unchained from my addiction, and undefeated by this disease.

God, thank you for the uns.

—Rachel M., Birmingham, Ala Copyright © The AA Grapevine, Inc. (June, 2013) Reprinted with permission

		MOVED
alley View 109 Cumberland Street Ashland City Noon I days - M-OD, W-OD/LIT, F-OD	37122	Key to Sobriety Grove United Meth 6485 Central Pike Mt Juliet
uburntown AA Community Center 193 Main uburntown TN Fri 7:30p OD	37160	Women in the Solution - Gateway Church 1304 Madison St Shelbyville
-AA 107 College St Gallatin Mon & Fri 8pm Sun 7pm D	37211	Saturday Eyeopener Club 62 323 Peachtree Nashville 9am OD
and Springs Nowcomors Bradford Hith Sycs 1907 Gan		CHANGES
	37110	McMinnville Serenity Group Fri & Sat now meet at 7pm
d Hermitage Sat 3pm	27474	S.O.S. Sunday 6:30pm now at Peace Lutheran
nree Legacies 4th Tues is Speaker	3/1/4	762 Beechcroft Rd Springhill
erenity 435 S. Molloy Lane, Murfreesboro 4p Sun	37203	Robert E. Lee Women's is now "NOW" (Nashville's Original Woman's group)
ortland Unity Fri 6:30pm	37214	Bikers in Recovery now meets at 7:30pm Thurs
ep Study Peace Lutheran Church 762 Beechcroft Rd	37215	LAMBDA Unitarian Church Thurs is now at 8pm
		CANCELLED
•	37075	Sat Noon REBOS Meeting
	37129	Serenity Murfreesboro 2:30 Sat Od/GLBS
•	37130	Northboro Group Murfreesboro
·	37214	Freedom Hour Mon thru Sat 11:30 Meetings
Dam CD/WM	37214	Donelson Fairway Old Timers
reedom House - M 7pm OD Sun 10am OD	37214	Old Timers Meeting
	days - M-OD, W-OD/LIT, F-OD Iburntown AA Community Center 193 Main Iburntown TN Fri 7:30p OD AA 107 College St Gallatin Mon & Fri 8pm Sun 7pm Ool Springs Newcomers Bradford Hlth Svcs 1897 Gen omen's BB Study Hermitage Pres Church 4401 Lebanon I Hermitage Sat 3pm Iree Legacies 4th Tues is Speaker renity 435 S. Molloy Lane, Murfreesboro 4p Sun ortland Unity Fri 6:30pm ep Study Peace Lutheran Church 762 Beechcroft Rd wy 247) Spring Hill, TN Th 7p oodbury Senior Citizens Center 609 Lehman St Wood- iry TN Sun 7:30pm OD fe Place Oasis Church 7533 Lords Chapel Dr Tue & ires 6:30pm OD eel Magnolia Women's Last Stop Club 2122 Utopia Sun lam CD/WM	days - M-OD, W-OD/LIT, F-OD aburntown AA Community Center 193 Main aburntown TN Fri 7:30p OD AAA 107 College St Gallatin Mon & Fri 8pm Sun 7pm Ool Springs Newcomers Bradford Hlth Svcs 1897 Gen omen's BB Study Hermitage Pres Church 4401 Lebanon I Hermitage Sat 3pm aree Legacies 4th Tues is Speaker renity 435 S. Molloy Lane, Murfreesboro 4p Sun ortland Unity Fri 6:30pm ep Study Peace Lutheran Church 762 Beechcroft Rd wy 247) Spring Hill, TN Th 7p oodbury Senior Citizens Center 609 Lehman St Wood- ary TN Sun 7:30pm OD fe Place Oasis Church 7533 Lords Chapel Dr Tue & aurs 6:30pm OD eel Magnolia Women's Last Stop Club 2122 Utopia Sun am CD/WM 37110 37211 37211 37211 37212 37129 37130 37214

I JOINED THE AA FELLOWSHIP AT THE AGE OF FOURTEEN

I'm Keven and I'm an alcoholic. By the grace of God, I have been sober since May 1990 and I'm currently 37 years old, which means I joined the AA fellowship at the age of fourteen. Originally from just outside of Chicago, I was born into a loving non-alcoholic family. At the age of 3, I was diagnosed with cerebral palsy. While this can create a severe disability, my symptoms are minimal and most days unnoticed. Yet, as a child, it was the first of many reasons why I didn't feel like I could fit in.

As I grew into my teen years, fear and depression seeped into my life. As I have heard from other AA members, alcohol seemed like the cure for my suffering and social insecurities. It wasn't long before the alcohol use was discovered by my parents. Not having any experience with addiction, they brought me to a treatment facility which later introduced me to Alcoholic Anonymous.

At that time, I saw my life as being really bad: now, looking back, I know I was fortunate that I had a relatively high bottom. It doesn't mean I can forget the pain. Whenever there is a high school shooting being covered in the media, my reaction is just like everyone else. I'm shocked at today's youth. Then I have to remember that it could have been me. I remember being in grade school and carrying around weapons, or having parties in the eighth grade where people were firing off handguns in my parent's backyard. When I was ten years old, I broke a classmate's neck.

I'm not going to say that I immediately wanted what the AA members had, but I knew I didn't want what I had. Like many other new members in AA, I didn't have a driver's license (except, my reason: too young), so my parents drove me to and from AA meetings until I was old enough to drive myself. Never having any experience with AA or Al-Anon, they went on faith that this "anonymous" group could help their young son.

In AA I have experienced a lot. I have had many firsts. I graduated from high school and then the college of my choosing. I bought my first car, and I totaled my first car. I got my first job, and I got fired for the first time. I fell in love for the first time, and I got my heart broken for the first time. Each time I went through something new, I had people in AA to go through it with me. I became a firefighter, a black belt in judo, a scuba diver. In 2005, I married the most beautiful woman I have ever seen (she has never seen me drink). I moved to Nashville and connected with the wonderful AA community here. I have two happy and healthy children. I don't believe any of this would be possible without Alcoholics Anonymous.

With the twenty-three years that have passed, and with the birth of my children, I have a new perspective. I look at them, and I'm filled with hopes and dreams for each of them. None of those dreams include having an addiction to which there is no cure. I can only assume my parents had similar dreams for me. I use to give full credit to God and AA for my life and sobriety. Now I see that the faith of my parents to support their teenage son to be in a fellowship where the members are years or decades older and often have questionable criminal records, has allowed me to be who I am today. I'm not sure I could ever take that leap with my kids, but I am truly grateful that they did. Also, my non-alcoholic wife, who hasn't experienced my active alcoholism first hand, has been patient while I spend hours away going to meetings or helping a newcomer.

It is completely apparent that I owe my precious sobriety to so many, both inside and outside of the Fellowship. I'll never be able to repay them. It looks like my only option is to "practice these principals in all my affairs."

Kevin P-Nashville, Tn

GROUP CONTRIBUTIONS THROUGH APRIL 2013

To people familiar with endless drives for charitable funds, AA presented a strange and refreshing spectacle. . . They pointed out that the irresponsible had become responsible, and that by making financial independence part of its tradition, AA had revived an ideal that its era had almost forgotten.

- Twelve Steps and Twelve Traditions, p. 165

	Mo	YTD
Group	Amt	Amt
21ST AVEUNE		
24 HOUR		
ANONYMOUS GROUPS	503	639
ANY LENGTHS	35	35
BACK DOOR AA		
BACK ROOM	261	1,026
BACK TO BASICS		
BACK TO THE BIG BOOK		11
BAR NONE		
BELLEVUE WINNERS & BEG	20	65
BIKERS IN RECOVERY	40	135
BRENTWOOD FULL MOON	500	500
BY THE BOOK (LEBANON)		
BY THE BOOK (DICKSON)	51	156
CAME TO BELIEVE		15
CELEBRATE SERENITY		
CHICKEN PLUCKER'S		
CLARKSVILLE		
CLUB 62 UNITY	10	10
COLUMBIA	20	80
COMFORT ZONE		200
COMMUNICATIONS		300
COOKEVILLE		
COOL SPRINGS NEWCOMERS		
CROSSVILLE NON-SMK STEP		
DAILY REPRIEVE		
DAVIDSON RD	500	1,700
DAVIDSON RD WOMEN'S		268
DEKALB CTY FRIENDSHIP		
DICKSON AA		
DISTRICT 9		30
DONELSON YET		
DOWNTOWN LUNCH		104
DOWNTOWN Y		
DROP THE ROCK		
DRUNKS IN THE PARK	183	474
EAST SIDE SATURDAY		
EASY DOES IT (McMinnville)		20
EASY DOES IT (Mt Juliet)		250
EVERY NIGHT AT 6	10	10
FAIRFIELD GLADE	33	66
FAYETTEVILLE	25	45
FIRST THINGS FIRST	200	325
FIVE & FIVE	200	293
FRANKLIN 12 x 12		100
	50	
FRANKLIN BB FRANKLIN	30	433
		455
·		
FRANKLIN MEN'S	150	100
·	158	

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Group	Mo	YTD
GLADEVILLE GRATITUDE	Amt	Amt
-		
GOODLETTSVILLE A.A.	72	100
GRATEFUL ALIVE	73	199
GRATITUDE		
HAPPY HOUR		20
HARDING ROAD		200
HENDERSONVILLE BB		
HERMITAGE		
HIGH NOON		200
HILLSBORO ROAD		466
HUMBLE HOUSE		25
IBI-UBU		100
JOELTON MEETING		100
JUST WEDNESDAY	20	45
KEEP IT SIMPLE BELLEVUE	115	366
KEY TO SOBRIETY		
KICKOFF'S NOT TILL NOON		
LAFAYETTE NEW HOPE		
LAMBDA		
LAST CALL		
LATE LUNCH BUNCH		612
LAVERGNE SOLUTIONS		012
LAWRENCEBURG		40
LET IT HAPPEN		75
LIFE SAVERS	100	100
LINDEN	100	100
LIVING BY THE PRINT		30
	125	
LIVING IN THE NOW	125	125
LOVE AND LAUGHTER		
MADE A DECISION		
MCMINNVILLE		100
MID-DAY BREAK	160	744
MONDAY NIGHT	140	140
MT JULIET FELLOWSHIP	100	100
MURFREESBORO		
MUSIC CITY HAPPY HOUR		50
MUSIC ROW		
MUSTARD SEED	50	200
N.O.W.		100
NATCHEZ TRACE MTG		
NEEDED MTG CLOSED		204
NIPPERS CORNER MTG		47
NORTH BORO		
NORTHSIDE, CLARKSVILLE		75
ONE DAY AT A TIME		350
OUT TO LUNCH BUNCH		
P.O.P.		
PAY DAY		
PEACHTREE		20
PORTLAND UNITY		25
I CIVILAIND UNITI		25

Group	Mo Amt	YTD Amt
PRIMARY PURPOSE	123	188
PULASKI	5	5
RAY OF HOPE		
REBOS (SOBER)		
RIDGETOP BASICS		
ROAD OF HAPPY DESTINY	30	60
SAFE PLACE		30
SAT LIVING BY THE PRINT		50
SAT NIGHT ALIVE MEETING		90
SAT NIGHT LIVE		30
SEARCH FOR SERENITY		
SEEKING SANITY	458	854
SERENITY	50	200
SHADE TREE		
SISTERS OF FAITH		
SMITH COUNTY FRIENDSHIP		
SMOKE FREE-Sobriety 1st		
SMYRNA GRATITUDE	100	400
SUNDAY NIGHT BUNCH		100
TEMPLE HILLS		100
THE FOURTH DIMENSION		30
THE HUT		20
THE STRAGGLERS	25	96
THE UNITED	100	200
THE WAY OUT		
TRUDGING THE ROAD	100	100
TURNING POINT	876	876
VALLEYVIEW ASHLAND CITY	390	390
WANGL		
WAVERLY	100	100
WEEKENDERS		
WEST MEADE		
WEST NASHVILLE		130
WESTMINSTER		139
WHITE HOUSE		
WINNERS AND BEGINNERS		250
WOMEN IN THE SOLUTION	50	150
WOMEN'S AA		368
WOMEN'S FREEDOM MTG		375
WOMEN'S SPEAKER MTG		
WOODBURY	180	180
YOUNG GUNS		
YOUNG TIMERS	_	67

	Mo Amt	YTD Amt
TOTAL CONTRIBUTIONS	6,067	18,441

MIDDLE TENNESSE CENTRAL OFFICE INCOME STATEMENT

	APRIL ACTUALS	CURRENT MONTH BUDGET	ACTUALS TO BUDGET- VARIANCE	APRIL Y-T-D ACTUALS	CURRENT Y-T-D BUDGET	ACTUALS TO BUDGET- VARIANCE
INCOME						
LITERATURE SALES	12,551	12,163	388	45,137	48,651	(3,514)
COST OF GOODS SOLD						
LITERATURE	(9,259)	(8,333)	(926)	(32,393)	(33,333)	940
FREIGHT	(34)	-	(34)	(130)	-	(130)
DIRECTORY	-	-	-	(214)	-	(214)
TOTAL COST OF GOODS SOLD	(9,293)	(8,333)	(960)	(32,737)	(33,334)	597
GROSS PROFIT - LITERATURE	3,258	3,829	(571)	12,400	15,317	(2,917)
OTHER INCOME	-,		ζ- ,	,	-,-	(/- /
GROUP	5,788	4,833	955	18,576	19,333	(758)
INDIVIDUAL	499	685	(186)	1,118	2,738	(1,620)
MESSENGER	146	100	46	298	400	(102)
SPECIAL EVENTS	-	-	-	-	-	-
INTEREST	2	17	(15)	14	67	(53)
TOTAL OTHER INCOME	6,435	5,635	800	20,005	22,539	(2,531)
TOTAL INCOME	9,693	9,464	229	32,405	37,857	(5,448)
EXPENSES						
CASUAL LABOR	300	4,443	(4,143)	900	17,772	(16,872)
PAYROLL	4,094	-	4,094	17,905	-	17,905
LEGAL & PROFESSIONAL	150	146	4	562	583	(21)
SALES TAX EXPENSE	2	-	2	4	-	4
RENT	3,130	2,500	630	9,869	10,000	(131)
PRINTING	530	400	130	1,355	1,600	(245)
PAYROLL TAXES	313	325	(12)	1,397	1,300	97
MAINTENANCE	15	67	(52)	288	267	21
TELEPHONE & FAX	500	500	-	1,966	2,000	(34)
ANSWERING SERVICE	185	200	(15)	778	800	(22)
POSTAGE	110	150	(40)	694	600	94
OFFICE SUPPLIES	310	208	102	732	833	(101)
BANK SERVICE CHARGES	-	-	-	-	-	
COMPUTER PROJECT	-	83	(83)	209	334	(124)
INTERGROUP EXPENSE	-	100	(100)	151	400	(250)
INSURANCE	-	171	(171)	1,216	683	533
SPECIAL EVENTS / FUNC- TIONS	_	_	_	_	_	_
REPAIR & MAINTENANCE		_				
TRAVEL	87	150	(63)	353	600	(248)
DEPRECIATION	18	21	(3)	72	83	(10)
OVER/UNDER	-	-	-	(6)	-	(6)
TOTAL EXPENSES	9,744	9,464	280	38,446	37,856	591
NET INCOME	(51)	0	(51)	(6,041)	0	(6,041)

JUNE Page 11

Amy K 06.03.89 Bob C 06.29.11 Bret Q 06.28.08 Don C 06.01.01 Jamie V 06.12.03 Jim R 06.28.94 Larry W 06.24.83 Patrick N 06.04.96 Scott L 06.28.84 Slayden J 06.04.10 Stephen T 06.14.85 Steve L 06.30.89 Tina R 06.19.03 Trisha O 06.13.12 BRENTWOOD FULL MOON Chris C 06.19.98 Don C 06.10.01 Josh M 06.04.08 Stan M 06.14.09 Katie A 06.14.10 DICKSON Alan C 06.16.95 Denny 06.01.12 Denny F 06.03.11 Jeff N 06.05.09 Jimmy V 06.21.10 Joel B 06.08.12 Kellie R 06.30.11 Kris 06.03.10 Matt D 06.02.12 Meredith 06.02.11 MJ 06.25.12 Sarah B 06.05.09 Sheila 06.25.08 Shray 06.02.10 Tim K 06.21.11 DONELSON YET Sue P 06.27.94 EASY DOES IT Brenda 06.26.10 Candy 06.12.08 Halk 06.20.05 Hoyte 06.13.97 Lynn 06.09.90 Nick 06.12.11 Sandi 06.22.06	BACKROOM		
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Don C	BRENTWOOD I	FULL MOON	
Josh M	Chris C	06.19.98	
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Hoyte 06.13.97 Lynn 06.09.90 Nick 06.12.11	Candy	06.12.08	
Lynn 06.09.90 Nick 06.12.11	Halk	06.20.05	
Nick 06.12.11	Hoyte	06.13.97	
	Lynn	06.09.90	
Sandi 06.22.06	Nick	06.12.11	
	Sandi	06.22.06	

FELLO'	WCUID
Alicia G	06.01.12
Jack H	06.14.91
Stacy C	06.12.98
Missy G	06.27.04
Rita E	06.08.91
Robbie L	06.03.06
Talwelah A	06.14.08
FIRST THI	NGS FIRST
Bill N	06.04.12
Chad M	06.26.81
Sam M	06.02.04
Troy F	06.10.12
GRATEFI	UL ALIVE
JJ D	06.02.11
Lydia P	06.12.07
Tom R	06.20.88
Wes L	06.25.12
KEEP IT	SIMPLE
Dan B	06.09.12
Dan B	06.10.12
Daniel O'C	06.01.86
Jake H	06.01.92
James C	06.12.08
Pat S	06.04.82
Krissy H	06.17.11
Kristyn H	06.11.11
Liz H	06.08.01
Sean H	06.06.12
LATE LUN	CH BUNCH
Art C	06.16.09
Bob A	06.30.03
Brad R	06.08.12
Caroline W	06.15.99
Charlie C	06.20.94
John G	06.10.95
Laurel M	06.15.09
Pam E	06.22.06
William M	06.20.10
MID-DAY	Y BREAK
Bridget B	06.08.11
Carl V	06.26.76
Charlotte W	06.08.91
Cody B	06.23.10
Craig S	06.11.09
John G	06.10.95

MID DAY DDE	NTZ	
MID-DAY BREA		
Jon P	06.13.10	
Jonathan N	06.06.09	
Karon H	06.15.09	
Lisa	06.27.09	
Lisa M	06.08.12	
Lyllyan B	06.01.12	
Robbie L	06.03.06	
Wayne S	06.03.12	
	OWCHID	
MT JULIET FELI Ann Colby K	06.07.86	
Allii Colby K	00.07.00	
POP		
David A	06.24.11	
Karl I	06.11.08	
itari)	00.11.00	
RIDGETOP B	ASICS	
Dickie P	06.02.91	
Doug U	06.13.84	
	06.06.00	
Tony B	06.06.09	
SEARCH FOR SERENITY (MADISON)		
Mary Anne	06.05.94	
Alan J	06.10.91	
Tracey	06.19.08	
SEEKING SA	NITY	
Alason B	06.20.11	
Paul	06.??.91	
Tammy M	06.02.12	
Harry M	06.18.09	
Raymond B	06.18.10	
Clorinda S	06.14.80	
Tony B	06.08.94	
Lynn M	06.08.06	
John W	06.11.08	
Lisa W	06.04.89	
SHADE TF	REE	
Al C	06.25.86	
Andy W	06.19.06	
Angie P	06.20.09	
Bill N	06.03.12	
Bruce B	06.21.06	
Carla B	06.15.09	
Carman C	06.08.??	
Caroline W	06.28.99	
Clorinda S	06.14.80	
Debra F	06.27.07	
DC01a 1	00.27.07	

06.19.04

Dee C

SHADE T	TREE (con't)	
Erick H	06.14.04	
Jim D	06.08.07	
Judy B	06.20.85	
Karolyn C	06.28.06	
Kevin N	06.04.12	
Kirt S	06.06.04	
Laura D	06.02.07	
LeAnna E	06.08.09	
Lloyd B	06.03.08	
Lori K	06.03.08	
Madison G	06.27.11	
Mark T	06.04.09	
Michelle Q	06.28.05	
Richard S	06.11.06	
Ronda H	06.18.10	
Shane S	06.11.05	
Sharon C	06.03.87	
Shawn C	06.26.07	
Sherry W	06.10.06	
Stephen S	06.05.07	
Steve Mc	06.04.06	
Tim E	06.20.05	
Tim R	06.19.06	
SMYRNA (GRATITUDE	
Connie R	06.03.11	
Don K	06.30.10	
John B	06.06.12	
Karen V	06.17.10	
Kristi S	06.21.09	
Lvnn F	06.24.11	
Mark H	06.12.87	
Michael M	06.04.09	
Nathan S	06.13.09	
Shannon S	06.24.10	
Steve S	06.27.97	
WEEKENDERS		
Kevin K	06.14.12	
Robbie G	06.14.12	
TODDIE G	00.27.12	
	THE SOLUTION	
Cathy P	06.23.12	
WOMEN'S SPEAKER		
Alica F	06.01.07	

JUNE-B'DAYS

Middle Tennessee Central Intergroup Association

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