

The **MESSENGER**

Middle Tennessee Central Office Intergroup

**SEPTEMBER
2013**

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AS PROMISED

Sometimes the truest amends are made instinctively

Step Nine:

Made direct amends to such people wherever possible, except when to do so would injure them or others.

I found AA in September 2004, and started taking suggestions almost immediately. After finding a sponsor, I started working the Steps, which I found to be a wonderful, trying process. As I trudged toward the Ninth Step, I realized there would be many amends I'd need to make. There was a specific amends, however, that was so powerful I'd like to share it ... the amends to my mother.

My mother had taken the brunt of the abuse I'd dished out over my years in active alcoholism. Even so, there wasn't another person who believed in me the way she did. She always saw through my actions and hurtful words deep down to my heart, and always believed there was good in me. No matter what I did, what I said, or who I thought I had become, she always had faith in the boy she had given birth to.

Naturally, after working the Steps, I wanted to set right the wrongs I had done. I wanted to become different so that I wouldn't break my mother's heart anymore. Around July 2005, I reached the Ninth Step. With help from my sponsor, we realized the best thing I could do was to become the exact opposite of the person I used to be. In essence, this meant I needed to quit taking from my mother and instead start

adding to her life.

I could never take back those horrible things I'd done and said. They were there, etched in history, and it was hard to concede the fact that the only thing I could do was to stop taking from my mom emotionally and financially.

Since my mother was not dependent on anyone, the opportunity to add to her life was rare, but I did whatever I could. I still felt though, that my amends weren't satisfying. To stop being horrible after all those years of being horrible just didn't feel like it was enough.

This program teaches me to do all that I can, to the best of my ability, and the rest is up to God. So that's what I did.

In early 2006, my mom was diagnosed with pancreatic cancer. The doctors gave her four months to live. Panic overtook my family. Nobody knew what to do. This was so sudden, and the worst thing I had to deal with in sobriety. It was hard, but I kept doing what the program said: Get with God's will and trust, no matter how it turns out. I found peace in this and shared with my family often. More than anything, I kept trying not to take from their lives.

My mother and I had many great conversations about God and our relationship grew. She fought her battle and, for a while, it seemed as though she was winning. The cancer was showing fewer signs and we were amazed.

(Continued on page 2)

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Throughout this time, she attended treatments and doctor's appointments and her energy level suffered. She was doing wonderfully, considering the circumstances, and while we all knew her day was going to come, it wasn't at the forefront of our minds. We could then be more present for her.

In 2007, my girlfriend and I broke up. I suffered substantial pain during this experience, so much that I didn't know if I was going to make it. After a brief time, I realized God and AA were the only things that were going to save me, so I got lost in God. I gave of myself freely as much and as often as I could. I started reading books about God, running fast and hard toward him, just so I could survive.

My mother's health declined. She entered the hospital in December 2007. Without a second's thought, I volunteered to stay overnight with her.

One morning, the doctor came in and said he was going to move her to the ninth floor, the cancer patient floor. Interpreting this to mean the cancer was winning, my mother's face turned scared and hopeless and she started to cry, pulling at her hair and grimacing. When I had realized I had to quit drinking or it was going to kill me, I was also scared out of my mind and hopeless, because until then I couldn't stop. I saw those feelings in my mother and I broke down. My mother wasn't going to be around much longer. I wasn't sure how I would live without her. My thoughts went directly back to my mom and I remembered a passage from a book I was reading to help me get through

my recent breakup. I reached down to get the book, turning to a chapter which talked about dealing with pain and suffering with God, and began reading aloud to my mom. I had such fear surrounding the news we'd just gotten, I could barely get the words out. I can't tell you how I did it; I just did my best.

I read and read, looking up at my mom every now and then. Gradually, the pained emotions she seemed to be experiencing were subsiding. All of a sudden, she looked peaceful. I'm not sure if this was because the words on the pages affected her, because she was surprised I was reading aloud, or because she was simply distracted from her situation. Either way, it was working.

This program taught me that lack of power was my dilemma, and I had been working on that lack of power problem from late October to this December day. Not once did I try to be a good son or a good brother. I worked on my lack of power. By doing this, I became a good son.

After three nights, they released my mom, but she was never the same. She lived the remainder of her life in bed, except for an occasional wheelchair ride to the living room or outside to get some fresh air. I wasn't working during this time, so I stayed with her during the day and tended to her needs. I continued reading to her in the months leading up to her passing.

On March 30, 2008, my mom finally got to go home to heaven. A couple of weeks later, we found a letter she had written, thanking her family for being a part of her life. Here is an excerpt:

"Trey, my sweet Trey-b-baby, what can I say? Our lives have been somewhat turbulent at times, but I always knew you loved me and I hope you always know I loved you. The good times far outweigh the bad. You're on the right track now and I want you to stay there. I'll always be there for you, to listen and guide you. Steffie was always my rock to lean on and you were the net to catch me when I started to fall. You kept my life interesting. You made me feel needed and you made me feel loved. You reminded me how good God is at taking your troubles away when you need Him most. Because of that I know God will take care of you when I can't. Thank you for all your love and, most of all, showing me the way to peace. I love you son, always."

I think about my mother and this experience often, thanking God from the bottom of my heart for using me as a channel of his peace.

Peace is still foreign to me. Before AA, I had never brought peace into anyone's life. In those last few months with my mother, God used me as a tool to bring my mom peace. It was only when I got out of self that God could use me, teaching me God is love and love is selfless action. What a gift.

I still use this experience to help me through tough times, reminding myself that working the Steps is a living, ongoing process and I shouldn't quit, because the miracle might be just up ahead.

Trey B.—Macon, GA
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CONSIDERING CROSSTALK —

An oldtimer reflects on the changing perceptions of crosstalk over the decades

When I came into AA 29 years ago, crosstalk was wisely not allowed at meetings. However, it meant something different then than it does today. Back then, crosstalk meant two people talking back and forth, instead of each person getting a turn to speak uninterrupted. No one could even interject a comment during someone else's share. "No crosstalk" also meant not criticizing what another person said, not telling someone what to do about their problems, and not analyzing anyone else's psyche or situation. All good things to avoid.

But we could directly address anyone and everyone at the meeting, as long as it was during our own turn. You could say, "Thank you for what you said in your share," and then explain why it had been helpful, or why you related to it. In that same spirit of A.A. fellowship, you could offer condolences if someone shared that a loved one had died. Nowadays, any of this is usually ruled out as crosstalk.

You could also ask for help with a sobriety-related problem. Or a newcomer could ask a question. As the meeting proceeded, anyone who desired would address the problem or question. Mind you, they could not tell you what to do or analyze you or your situation, because that would have been considered crosstalk. Instead, they would say what had worked for them: They shared their experience, strength, and hope. Any of this might be outlawed as crosstalk nowadays.

When a personal question or problem raised at the meeting became the meeting's topic, we were at the heart of A.A.'s purpose. Such meetings helped everyone.

In the past, people could also directly welcome a newcomer. If newcomers, or old-timers, want to go someplace no one will talk to us, we can go to a bar. We sat around talking to ourselves in our drinking days. Sobriety happens through the healthy interaction of bravely saying what is going on with you and humbly listening to how others dealt with the same issues. Banishing this misses one of the actual reasons for meetings.

The original AAers would not have stayed sober if, when they got together as a group, they were not allowed to address each other's shaky sobriety. "No crosstalk" was created to stop us from getting in each others' faces. But alcoholics often take a good idea to the extreme. So it has gone with this issue, causing problems as bad as the ones the original idea was meant to solve. Taking things to the extreme is a way alcoholics try to control others, which builds walls: Newcomers don't get welcomed; people don't get help; members complain about lack of fellowship and caring. Let's clear up the current misinterpretation of crosstalk, to once again allow the real AA of people saying, "I need help!" and "I love you," when we gather.

*Lily Joy, Pennsylvania
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LEARNING TO LISTEN—A member reflects on how **CROSSTALK** goes against the Steps and Traditions

I've come to appreciate the structure of an AA meeting as perhaps being the most important aspect of the meeting. I love the respect people show in listening to the readings. When I was new, it was this total attention that led me to give my own to them.

It didn't seem to matter how many times I had heard 'How it Works'; 'The Twelve Traditions'; 'The Promises'; '24 Hours A Day'; 'Daily Reflections'—they were always read and listened to with reverent attention. And because of this they seemed new each time. They still do.



In a no-crosstalk meeting, this respect is carried over throughout the meeting. Crosstalk may also be considered a violation of the principle of anonymity.

This is how:

- We only share our experience, not our opinions, or what we think. My experience can't be judged. It is simply my experience. This is what makes AA work, especially for the newcomer.
- By not engaging in cross talk, each person who speaks is afforded respect and dignity. In our silence, as we listen, we are anonymous.

LEARNING TO LISTEN—(con't)

(Continued from page 3)

- Crosstalk can make a meeting feel like therapy or treatment where issues are supposed to be pointed out or confronted. I have no qualms about therapy or treatment—they are often necessary at some point in one's AA journey—but the AA meeting is neither. It is a way of life and living.

Every aspect of an AA meeting should be designed for the newcomer. What the newcomer needs is to hear the readings, listen to others, and above all else, have an opportunity to hear and be heard without feeling threatened or judged or put on the spot

Most importantly, it is that practice of giving respectful, natural attention that teaches me something I can only learn through experience—how to listen. In the willingness to listen, and doing it as well as I can, I am practicing humility, I am practicing not being the center of attention. I am opening myself to the group conscience. In so doing, I am listening for something larger. I'm giving a higher power a chance to reveal itself.

Anonymous
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I Can't, He Can, I Think I'll Let Him

This is a slogan I have heard in the rooms - some people describe it as a breakdown of steps One, Two and Three. That was not my path.

Mine was more like this.

I Can't, They Are, I'll Try What They Are Doing.

Step One : I Can't...

- stop drinking
- get along in this world without a drink
- imagine my life without alcohol

We all have our own version of what '***I Can't***' describes

Step Two: ***They Are...***

- smiling and laughing at meetings
- going for 30 days without a drink
- making it through the holidays without a drink
- holding down jobs
- getting their children back
- getting along with their families, friends, bosses
- slowing down in traffic
- dealing with the IRS

I don't think we can get Step Two without going to meetings, to become convinced, or at least curious, about the possibility that there is something other than our own thinking, or willpower.

Step Three: ***I'll Try What They Are Doing...***

- going to meetings
- getting a sponsor
- reading the books
- praying even if they don't believe
- making phone calls
- stacking chairs
- saying hello to strangers
- attending business meetings
- not drinking

The slogan ***I Can't, He Can, I Think I'll Let Him*** suggests a path that wouldn't have worked for me. I was not able to believe in God when I first looked at the second step. I was able to believe that something great had happened to the people I saw in the meetings. I was willing, even eager to try what they were doing, because I had used up my other options. I had nothing but my pride to lose, and there was little of that left. So I made the decision in step 3 to stick with it, do what was suggested.

Through ***Trying What They Are Doing***, I have done and continue to do the work. Through the steps, service, and sponsorship, I live happy, joyous and free.

Anonymous—Backroom Group Nashville, TN

Southern Motorcyclists in Alcoholics Anonymous Camping Convention

1st S.M.A.A.C.C.



October 18, 19, 20 2013
Fall Creek Falls State Park
Pikesville, Tn.

Pre registration Fee
\$35.00 Before September 1, 2013 \$40.00 after September 1, 2013
The registration Includes Camping in Cabins this is limited to first 150 registrations
Group Cabins Bring bedding

Speaker for Friday: Stephen B. Elmwood Tn.
Saturday Morning: Bill W. Rockford, Il
Saturday Night : Tina H. Waukesha, WI.
Sunday: John L. Memphis, Tn
There Will be Panels
And Alcathons.
See Web-cite

SMAACC.ORG For more details or call
Bill W. 815-601 6894 or Don R. 931-239-1523

Join us for the 10th Annual District 34 Picnic

Meat and Drinks Provided by
District 34

PLEASE BRING YOUR FAVORITE DISH
TO SHARE

September 7th
4:30PM - 7:30PM

Speaker @ 5:30

Moss Wright Park
Shelter #3
Goodlettsville, TN



SAVE THE DATE

December 6th—6:30pm

Annual Celebration of Sobriety

Middle Tennessee Central Office

Area 64 - 4th Quarter Voting Assembly
October 11th—13th
Burns, TN

615.797.3101 - Hotel

\$79 a night + tax

Cutoff 8/28 (ask for group rate)

Call Phyllis 615.306.3805 or Gary 615.586.0470 for Info

55th Great Smoky Mountain Recovery Campout

SEPTEMBER 20TH ~ 22ND 2013

Families Welcome!

5 Miles from Gatlinburg

Hwy N321 and Rt 416

AA Meetings 11AM and 8PM Daily

Al-Anon Meetings Sat & Sun 9:30AM

Saturday 21st Pot Luck Dinner 5PM

(Main Course Provided, Side Dishes Welcomed)

Saturday Night Speaker Meeting 7PM

BILL & MADALYN S

ROBBINSVILLE, N.C.

(All Meetings Are Open)

HIKING - BIKING - SWIMMING - FISHING



Like us on facebook: GSMRC

Greenbrier Campground
5406 Pittman Center Rd
Pittman Center, TN 37876

E-Mail: GSMRC.greenbrier@gmail.com

MC: Toby W. - 865.654.3884

Call for Greenbrier Campground Tent/RV Reservations: 865.436.4243

(Pets ONLY allowed with RV Hook-up Reservation)
(The Campground is charging a \$2/day parking fee for non camping participants)

From the desk of Charles C

September 15th will mark five years for me as manager at The Middle Tennessee Intergroup Office (Central Office). WOW; it has truly flown by! As I turn 65 in September, I realize time does fly. It almost stopped before I quit drinking, at least in my mind, but time is time, and we are just riders most of the way.

Over the last 5 years, a few things have changed at The Central Office, and I am glad to have participated. The 8th Tradition calls the employees at AA's service centers "special workers", and it has been very "special" working for and with all of you.

In 2008, our charge accounts were pretty well ignored as far as collections. The total delinquencies were almost \$20,000, with the majority over 90 days. Our current accounts receivable now averages around \$5,800, but 95% are under 30 days. We now include an addressed envelope with every order, and that has streamlined the procedure. Charge accounts are convenient for group treasurers and for our office, if we collect timely. We mail more orders now with less costs and more effective procedures.

Total donations have been down since 2008, but we have 123 groups that have already made donations in 2013. From my perspective, more participation promotes unity, and "personal recovery depends upon A.A. unity", per the Second Tradition.

Brighter paint and a more open display of our inventory increases the total experience for volunteers and visitors. With a new location on the horizon this year, I believe the identity and culture of the office will be enhanced even more. The August Intergroup meeting included a visit to 102 Arlington, zip 37210. I believe we can make a decision and target a physical move very soon.

Another improvement the last 5 years, has been a procedural change for 12 Step calls. We now have "12 Step coordinators" that decrease the number of phone calls for volunteers, limits the time of a response, and provides accountability for the end result. Thanks to those coordinators. If your group does not have a coordinator, please name one and share with us. The end result is more participation for more members of our Fellowship and fulfillment of AA's primary purpose.

The catalyst for many of the changes has been a volunteer with an idea or a suggestion from many of you. Again, "unity".

I may miss some, but I would like to salute the volunteers that have died since September, 2008: Eddie E. from Lebanon/Carthage; Dr. Tom M. from Hendersonville; and of course the irascible but endearing one, Ed C. I met Ed C. when I first moved to Nashville in 2006 and became a Central Office volunteer. When the manager's job was available, Ed gave me no choice but to apply and probably gave The Steering Committee little choice but to hire me. I believe he was a great recruiter, and I know I made the right choice. Thanks to all!

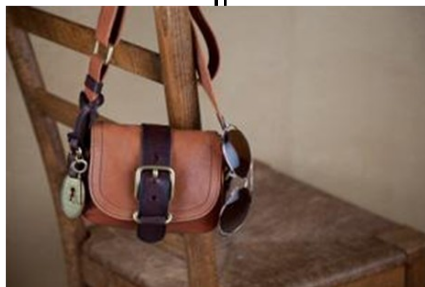
| CENTRAL OFFICE OFFICERS | NAME | PHONE # | FIRST TUESDAY OF EVERY MONTH: | SECOND TUESDAY OF EVERY MONTH: |
|--|-------------|----------------|--------------------------------------|---|
| Chairperson | Cynthia S | 407.468.5641 | | |
| Vice Chairperson | Michael A | 615.497.6617 | District 30 Meeting | Intergroup Meeting (Central Office) |
| Secretary | Sara B | 615.708.0384 | | |
| Treasurer | Don R | 931.239.1523 | When: | When: |
| Public Information/Cooperation with the Professional Community | Al C | 615.883.4553 | | |
| Corrections | Nancy C | 530.218.8176 | 6:30pm – 7:30pm | 5:45pm – 6:45pm |
| | Jody C | 931.319.3446 | | |
| Treatment | Jon T | 804.306.6256 | Where: | Where: |
| Archives | "OPEN" | | | |
| Central Office Manager | Charles C | 615.832.1136 | 5925 O'Brien Ave | Central Office Conference Room 176 Thompson Lane |
| Central Office Bookkeeper | David | 615.832.1136 | | |

"The seat-saving practice alienates many, and opportunities are missed to meet and greet new folks to the meeting."

I have been attending AA meetings for nearly 17 years now and for the first 16 years of that stretch I had never attended a meeting where seats were saved. The fellowships that have been instrumental in my recovery during the first 16 years of sobriety never condoned such behavior. Only in the past year, after moving to Southern California, did I encounter such a beast.

And a beast it is. What does that say to the newcomer, the most important person in the room? Or to the visitor or AA member recently relocated? It is a practice that says to me that some alcoholics are more important than others. What happened to principals before personalities?

Each AA group is encouraged to establish its own meeting format, rules and procedures as decided by the group conscience. I am fortunate today to live in an area that can support numerous meetings and I can choose to attend



other meetings. That has not always been the case. I sobered up in a small community that could not support more than one fellowship and I learned quickly that it had to be principals before personalities or I would not be able to stay sober as there was no where else for me to go. I am happy to defer to a respected old timer's seat preference, but my peace is tested when I am told by another member that I must do so.

The seat-saving practice alienates many, and opportunities are missed to meet and greet new folks to the meeting. It is a minority practice that is condoned by the majority, in my opinion.

Bill W. advised: "We wish to be as inclusive as we can, never exclusive."

Somehow that seems lost amongst all of the business cards, laminated placards, post-its, and scattered keys placed on seats for those not yet in attendance. And where is the humility in that?

Allison B—Long Beach, CA

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NEW

- 37015** Valley View 109 Cumberland Street Ashland City Noon all days - M-OD, W-OD/LIT, F-OD
- 37016** Auburntown AA Community Center 193 Main Auburntown TN Fri 7:30p OD
- 37027** Late Lunch Bunch 309 Franklin Rd Brentwood Sa&Su 1p Beg
- 37066** G-AA 107 College St Gallatin Mon & Fri 8pm Sun 7pm OD
- 37067** Cool Springs Newcomers Bradford Hlth Svcs 1897 Gen George Patton Dr Franklin Mon & Wed 7pm CD/Beg
- 37072** Ladies Night Out 200 E Cedars @ Church St. Goodlettsville Fri 6pm OD/Lit
- 37076** Women's BB Study Hermitage Pres Church 4401 Lebanon Rd Hermitage Sat 3pm
- 37087** IBI-UBU 407 Park Ave Lebanon Fri 6:30p OD
- 37115** Three Legacies 4th Tues is Speaker
- 37130** Serenity 435 S. Molloy Lane, Murfreesboro 4p Sun
- 37138** Jacob's Well Woman's Meeting 1053 Donelson St Old Hickory 37138 Sun 10:15 am OD
- 37148** Portland Unity Fri 6:30pm
- 37174** Step Study Peace Lutheran Church 762 Beechcroft Rd (Hwy 247) Spring Hill, TN Th 7p
- 37190** Woodbury Senior Citizens Center 609 Lehman St Woodbury TN Sun 7:30pm OD
- 37211** Safe Place Oasis Church 7533 Lords Chapel Dr Tue & Thu 6:30pm OD
- 37211** Woodbine 2122 Utopia M - W - F 6:30pm OD
- 37211** Steel Magnolia Women's Last Stop Club 2122 Utopia Sun 10am CD/WM
- 37211** Unity Group Club 62 329 Peachtree - Fr 6pm OD
- 37214** Freedom House - M 7pm OD Sun 10am OD

MOVED

- 37122** Key to Sobriety Grove United Meth 6485 Central Pike Mt Juliet
- 37160** Women in the Solution - Gateway Church 1304 Madison St Shelbyville
- 37211** Saturday Eyeopener Club 62 323 Peachtree Nashville 9am OD
- 37110** McMinnville Serenity Group Fri & Sat now meet at 7pm
- 37174** S.O.S. Sunday 6:30pm now at Peace Lutheran
- 37203** Robert E. Lee Women's is now
- 37214** Bikers in Recovery now meets at 7:30pm Thurs
- 37215** LAMBDA Unitarian Church Thurs is now at 8pm

CANCELLED

- 37046** College Grove Meetings
- 37075** Sat Noon REBOS Meeting
- 37086** LaVergne Solutions Group - M Tu Th Fr- 5pm
- 37129** Serenity Murfreesboro 2:30 Sat Od/GLBS
- 37130** Northboro Group Murfreesboro
- 37166** Dekelb County Friendship Thurs
- 37167** Ladies Life Change
- 37174** S.O.S. Mon & Fri
- 37209** Music City Happy Hour Thurs 6pm
- 37214** Freedom Hour Mon thru Sat 11:30 Meetings
- 37214** Donelson Fairway Old Timers
- 37214** Old Timers Meeting



What did one ocean say to the other?

Nothing, she just waved.



Wow, that was one big pothole!

A drunk stumbles along a baptismal service on Sunday afternoon down by the river. He proceeds to walk down into the water and stand next to the Preacher.

The minister turns and notices the old drunk and says, "Mister, Are you ready to find Jesus?"

The drunk looks back and says, "Yes, Preacher... I sure am."

The minister then dunks the fellow under the water and pulls him right back up. "Have you found Jesus?" the preacher asked.

"No, I didn't!" said the drunk.

The preacher then dunks him under for quite a bit longer, brings him up and says, "Now, brother, have you found Jesus?"

"No, I did not Reverend."

The preacher in disgust holds the man under for at least 30 seconds this time, brings him out of the water and says in a harsh tone, "My Good man, have you found Jesus yet?"

The old drunk wipes his eyes and asks the preacher... "Are you sure this is where he fell in?"

A new manager spends a week at his new office with the manager he is replacing. On the last day the departing manager tells him, "I have left three numbered envelopes in the desk drawer. Open an envelope if you encounter a crisis you can't solve."

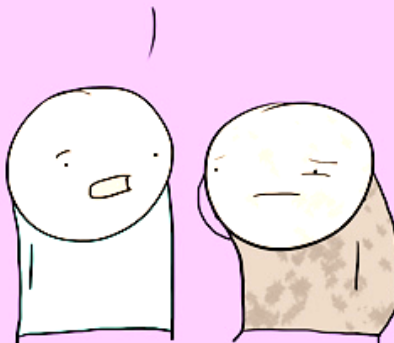
Three months down the track there is major drama, everything goes wrong - the usual stuff - and the manager feels very threatened by it all.

He remembers the parting words of his predecessor and opens the first envelope. The message inside says "Blame your predecessor!" He does this and gets off the hook.

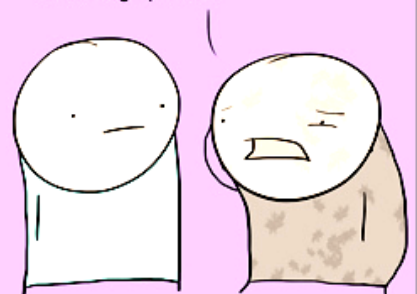
About half a year later, the company is experiencing a dip in sales, combined with serious product problems. The manager quickly opens the second envelope. The message read, "Reorganize!" This he does, and the company quickly rebounds.

Three months later, at his next crisis, he opens the third envelope. The message inside says "Prepare three envelopes"

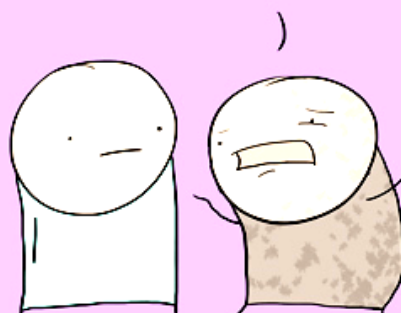
Whassup dude, where you been?



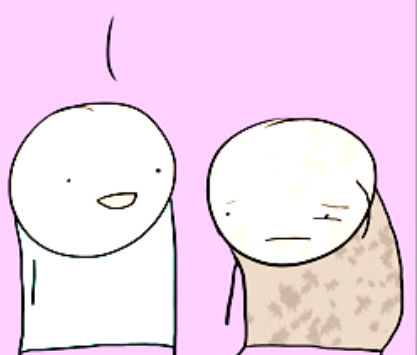
Oh my God, I've been locked in a basement for the last two weeks, forced to do web development and design posters.



I finally got everything finished and was allowed a 5 minute sunshine break. I just barely managed to hobble home.



So you got a job huh? That's cool.



- *Twelve Steps and Twelve Traditions*, p. 165

| Group | Mo Amt | YTD Amt | Group | Mo Amt | YTD Amt | Group | Mo Amt | YTD Amt |
|----------------------------|--------|---------|-------------------------|--------|---------|-------------------------|--------|---------|
| 21ST AVEUNE | | 80 | GALLATIN BB STUDY | | 76 | PRIMARY PURPOSE | 48 | 236 |
| 24 HOUR | | 250 | GARDEN VARIETY | | 236 | PULASKI | 5 | 20 |
| ANONYMOUS GROUPS | 16 | 683 | GOODLETTSVILLE A.A. | | 163 | RIDGETOP BASICS | 98 | 98 |
| ANY LENGTHS | | 35 | GRATEFUL ALIVE | 78 | 277 | ROAD OF HAPPY DESTINY | 30 | 90 |
| BACK ROOM | 229 | 2,120 | HAPPY HOUR | 50 | 50 | SAFE PLACE | 25 | 55 |
| BACK TO THE BIG BOOK | 21 | 75 | HAPPY HOUR-LEWISBURG | | 20 | SANGO | 20 | 20 |
| BELLEVUE | | | | | | | | |
| WINNERS & BEG | 20 | 85 | HARDING ROAD | | 400 | SAT LIVING BY THE PRINT | | 50 |
| BIKERS IN RECOVERY | | 135 | HERMITAGE | | 50 | SAT NIGHT ALIVE MTG | 30 | 180 |
| BRENTWOOD FULL MOON | | 500 | HIGH NOON | | 200 | SAT NIGHT LIVE | | 30 |
| BY THE BOOK (LEBANON) | | 15 | HILLSBORO ROAD | | 466 | SEEKING SANITY | 728 | 1,582 |
| BY THE BOOK (DICKSON) | | 156 | HUMBLE HOUSE | | 25 | SERENITY | 50 | 350 |
| CAME TO BELIEVE | 15 | 30 | IBI-UBU | | 200 | SHADE TREE | 730 | 1,460 |
| CELEBRATE SERENITY | | 125 | JOELTON MTG | 100 | 200 | SMYRNA GRATITUDE | 100 | 700 |
| CHICKEN PLUCKER'S | | 400 | JUST WEDNESDAY | | 45 | SSS (SOBR-SERENITY-SVC) | | 130 |
| CLUB 62 UNITY | | 10 | KEEP IT SIMPLE BELLEVUE | 120 | 610 | SUNDAY NIGHT BUNCH | | 200 |
| COLUMBIA | 20 | 140 | LADIES NIGHT OUT | 50 | 50 | TEMPLE HILLS | | 100 |
| COME AS YOU ARE | | 100 | LAFAYETTE NEW HOPE | 75 | 75 | THE BASEMENT BUNCH | 200 | 275 |
| COMFORT ZONE | 25 | 575 | LATE LUNCH BUNCH | 350 | 1,622 | THE FOURTH DIMENSION | | 30 |
| COMMUNICATIONS | | 300 | LAWRENCEBURG | | 100 | THE HUT | | 20 |
| COOKEVILLE | 45 | 45 | LET IT HAPPEN | | 75 | THE STRAGGLERS | | 96 |
| COOL SPRINGS | | | | | | | | |
| NEWCOMERS | | 300 | LIFE SAVERS | | 100 | THE UNITED | | 200 |
| CUMBERLAND UNITY | 25 | 25 | LIVING BY THE PRINT | | 30 | TRUDGING THE ROAD | | 100 |
| DAVIDSON RD | 600 | 3,505 | LIVING IN THE NOW | | 125 | TURNING POINT | | 876 |
| DAVIDSON RD WOMEN'S | | 268 | MCMINNVILLE | | 100 | VALLEYVIEW ASHLAND CITY | | 390 |
| DISTRICT 9 | | 30 | MID-DAY BREAK | 250 | 1,354 | WANGL | | 250 |
| DOWNTOWN LUNCH | 100 | 292 | MONDAY NIGHT | | 140 | WAVERLY | | 100 |
| DOWNTOWN Y | 23 | 23 | MT JULIET FELLOWSHIP | | 100 | WEDNESDAY STUDY | 10 | 10 |
| DRUNKS IN THE PARK | 130 | 754 | MURFREESBORO | 15 | 36 | WEST NASHVILLE | 73 | 203 |
| EASY DOES IT (McMinnville) | | 20 | MUSIC CITY HAPPY HOUR | | 50 | WESTMINSTER | 463 | 602 |
| EASY DOES IT (Mt Juliet) | | 250 | MUSIC ROW | | 100 | WHITE HOUSE | 40 | 40 |
| EVERY NIGHT AT 6 | 10 | 50 | MUSTARD SEED | 50 | 350 | WINNERS AND BEGINNERS | | 250 |
| FAIRFIELD GLADE | 33 | 132 | N.O.W. | 100 | 200 | WOMEN IN THE SOLUTION | 50 | 250 |
| FAYETTEVILLE | 20 | 65 | NEEDED MTG CLOSED | | 204 | WOMEN'S FREEDOM MTG | | 375 |
| FIRST THINGS FIRST | | 425 | NEW FAITH | 20 | 20 | WOMENS AA | | 368 |
| FIVE & FIVE | | 516 | NIPPERS CORNER MTG | | 47 | WOMENS SPEAKER MTG | | 225 |
| FRANKLIN 12 x 12 | | 100 | NORTHSIDE, CLARKSVILLE | | 150 | WOODBURY | | 180 |
| FRANKLIN BB | | 50 | ONE DAY AT A TIME | | 350 | YOUNG TIMERS | 22 | 101 |
| FRANKLIN | 418 | 1,510 | OUT TO BREAKFAST | 78 | 78 | | | |
| FRANKLIN MEN'S | | 100 | P.O.P. | 200 | 200 | | | |
| FRANKLIN RD WOMEN'S | | 50 | PAY DAY | 75 | 75 | | | |
| FREE TO BE | | 290 | PEACHTREE | | 20 | | | |
| G.O.D.(GRP OF DRUNKS) | | 274 | PORTLAND UNITY | 25 | 50 | | | |

| |
|---|
| MIDDLE TENNESSE CENTRAL OFFICE INCOME STATEMENT |
|---|

| | JULY ACTUALS | CURRENT MONTH BUDGET | ACTUALS TO BUDGET- VARIANCE | JULY Y-T-D ACTUALS | CURRENT Y-T-D BUDGET | ACTUALS TO BUDGET- VARIANCE |
|----------------------------------|-----------------|----------------------------|-----------------------------------|--------------------------|----------------------------|-----------------------------------|
| INCOME | | | | | | |
| LITERATURE SALES | 13,112 | 12,163 | 950 | 78,567 | 85,139 | (6,572) |
| COST OF GOODS SOLD | | | | | | |
| LITERATURE | (10,600) | (8,333) | (2,267) | (57,842) | (58,333) | 491 |
| FREIGHT | (46) | - | (46) | (259) | - | (259) |
| DIRECTORY | - | - | - | (214) | - | (214) |
| TOTAL COST OF GOODS SOLD | (10,646) | (8,333) | (2,313) | (58,315) | (58,334) | 18 |
| GROSS PROFIT - LITERATURE | 2,466 | 3,829 | (1,363) | 20,252 | 26,805 | (6,554) |
| OTHER INCOME | | | | | | |
| GROUP | 5,868 | 4,833 | 1,035 | 34,019 | 33,833 | 186 |
| INDIVIDUAL | 746 | 685 | 62 | 2,498 | 4,792 | (2,294) |
| MESSENGER | 72 | 100 | (28) | 394 | 700 | (306) |
| SPECIAL EVENTS | - | - | - | - | - | - |
| INTEREST | 1 | 17 | (16) | 19 | 117 | (98) |
| TOTAL OTHER INCOME | 6,688 | 5,635 | 1,053 | 36,929 | 39,443 | (2,510) |
| TOTAL INCOME | 9,154 | 9,464 | (310) | 57,181 | 66,248 | (9,064) |
| EXPENSES | | | | | | |
| CASUAL LABOR | - | 167 | (167) | 1,050 | 1,165 | (116) |
| PAYROLL | 4,094 | 4,276 | (183) | 30,186 | 29,934 | 252 |
| LEGAL & PROFESSIONAL | 450 | 146 | 304 | 1,012 | 1,020 | (8) |
| SALES TAX EXPENSE | - | - | - | 8 | - | 8 |
| RENT | 2,230 | 2,500 | (270) | 17,323 | 17,500 | (177) |
| PRINTING | 555 | 400 | 155 | 2,280 | 2,800 | (520) |
| PAYROLL TAXES | - | 325 | (325) | 2,023 | 2,275 | (252) |
| MAINTENANCE | 191 | 67 | 124 | 761 | 467 | 295 |
| TELEPHONE & FAX | 496 | 500 | (4) | 3,444 | 3,500 | (56) |
| ANSWERING SERVICE | 204 | 200 | 4 | 1,362 | 1,400 | (38) |
| POSTAGE | 297 | 150 | 147 | 1,076 | 1,050 | 25 |
| OFFICE SUPPLIES | 88 | 208 | (120) | 1,105 | 1,458 | (353) |
| BANK SERVICE CHARGES | - | - | - | - | - | - |
| COMPUTER PROJECT | - | 83 | (83) | 209 | 584 | (374) |
| INTERGROUP EXPENSE | - | 100 | (100) | 224 | 700 | (477) |
| INSURANCE | - | 171 | (171) | 1,216 | 1,196 | 20 |
| SPECIAL EVENTS / FUNC- TIONS | - | - | - | - | - | - |
| REPAIR & MAINTENANCE | - | - | - | - | - | - |
| TRAVEL | - | 150 | (150) | 515 | 1,050 | (535) |
| DEPRECIATION | - | 21 | (21) | 108 | 146 | (36) |
| OVER/UNDER | - | - | - | (12) | - | (12) |
| TOTAL EXPENSES | 8,604 | 9,464 | (860) | 63,891 | 66,244 | (2,355) |
| NET INCOME | 550 | 0 | 550 | (6,710) | 0 | (6,710) |

| BACKROOM | |
|---------------------|-----------------|
| Braden G | 09.08.85 |
| Cayce L | 09.18.08 |
| Emma J | 09.23.92 |
| Fred W | 09.01.10 |
| Garrett D | 09.24.09 |
| Jari C | 09.08.05 |
| Julia B | 09.22.10 |
| Kelly C | 09.15.97 |
| Kristi W | 09.27.10 |
| MaryAnn S | 09.09.80 |
| Maureen O | 09.03.02 |
| Nick K | 09.03.06 |
| Peggy D | 09.13.03 |
| Rachel P | 09.16.06 |
| Rick A | 09.04.09 |
| Rick B | 09.10.84 |
| Steve D | 09.22.03 |
| BRENTWOOD FULL MOON | |
| Beth T | 09.03.84 |
| Jim M | 09.23.07 |
| Kelly C | 09.15.97 |
| DICKSON | |
| Aaron S | 09.21.10 |
| Allen B | 09.07.11 |
| Allison T | 09.02.12 |
| Brian T | 09.03.12 |
| Carol C | 09.10.08 |
| Chris C | 09.01.11 |
| Cody G | 09.15.10 |
| Darren H | 09.15.10 |
| David J | 09.18.10 |
| Dawn D | 09.19.09 |
| E B | 09.26.07 |
| Jason F | 09.01.01 |
| Larry C | 09.17.10 |
| Linda D | 09.19.11 |
| Melinda S | 09.14.12 |
| Ric B | 09.04.81 |
| Ronnie M | 09.10.11 |
| Shawn A | 09.10.12 |
| Sonia S | 09.01.04 |
| Suzanne B | 09.23.95 |
| DONELSON YET | |
| Ed C | 09.16.92 |
| JJ T | 09.27.01 |
| Joe V | 09.27.96 |

| EASY DOES IT | |
|--------------------|-----------------|
| Charles | 09.10.98 |
| Jim | 09.08.09 |
| Travis | 09.01.09 |
| FIRST THINGS FIRST | |
| Alan B | 09.05.94 |
| Stephen B | 09.09.09 |
| Susan P | 09.02.09 |
| FRANKLIN MEN'S | |
| Dan H | 09.13.96 |
| David P | 09.23.09 |
| Eddie V | 09.07.04 |
| Greg Z | 09.11.09 |
| Keith C | 09.16.91 |
| Kevin B | 09.01.12 |
| Matt A | 09.18.08 |
| Matt M | 09.09.85 |
| Steve J | 09.28.01 |
| GRATEFUL ALIVE | |
| Gregg S | 09.01.82 |
| Jen M | 09.04.12 |
| Mac A | 09.27.11 |
| Mallory S | 09.11.11 |
| Mike B | 09.15.87 |
| Richard G | 09.13.11 |
| Suzanne C | 09.10.11 |
| KEEP IT SIMPLE | |
| Blake F | 09.15.12 |
| Carl M | 09.09.11 |
| Cayce L | 09.18.08 |
| Chuck A | 09.30.05 |
| Grace A | 09.06.11 |
| Jim R | 09.02.07 |
| Karen S | 09.25.10 |
| Matt K | 09.15.12 |
| Michael S | 09.17.12 |
| Peter M | 09.21.11 |
| Susan B | 09.12.04 |
| LATE LUNCH BUNCH | |
| Gary N | 09.08.11 |
| Greg P | 09.08.12 |
| Greg S | 09.27.82 |
| Jeremy D | 09.10.11 |
| Jim L | 09.27.83 |
| Kathy P | 09.24.11 |
| Mary Jo H | 09.10.12 |

| LATE LUNCH BUNCH (con't) | |
|--------------------------|-----------------|
| Steve K | 09.24.94 |
| Wendy R | 09.07.12 |
| LOVE AND LAUGHTER | |
| Kathy B | 09.12.82 |
| Mark S | 09.09.10 |
| Mike Mc | 09.02.96 |
| MT JULIET | |
| Sybil D | 09.02.89 |
| NIPPERS CORNER | |
| Cindy M | 09.26.11 |
| Vanessa S | 09.21.02 |
| POP | |
| Brady M | 09.13.00 |
| Gary V | 09.07.07 |
| Marti L | 09.25.83 |
| Shelly A | 09.16.03 |
| Tom B | 09.27.10 |
| REBOS | |
| Jainee W | 09.25.04 |
| Joe G | 09.11.11 |
| Sam M | 09.20.07 |
| SEARCH FOR SERENITY | |
| Everett C | 09.09.12 |
| Suanne M | 09.21.03 |
| Tammy P | 09.21.12 |
| SEEKING SANITY | |
| Bob M | 09.29.09 |
| Lee M | 09.01.12 |
| Monroe C | 09.11.05 |
| Pam W | 09.03.12 |
| Rusty B | 09.20.10 |
| Waymon H | 09.02.90 |
| SHADE TREE | |
| A Casper V | 09.01.02 |
| Amanda K | 09.17.06 |
| Amanda Mc | 09.02.06 |
| Amy P | 09.23.09 |
| Ann C | 09.11.87 |
| Ashlee C | 09.05.05 |
| Ben H | 09.23.07 |
| Bob B | 09.15.04 |
| Carolyn D | 09.28.99 |

| SHADE TREE (con't) | |
|-----------------------|-----------------|
| Carolyn R | 09.18.08 |
| Collette F | 09.30.02 |
| Darin M | 09.29.08 |
| Ed B | 09.28.05 |
| Edwin N | 09.19.05 |
| Gabe H | 09.28.01 |
| George J | 09.30.09 |
| Ian H | 09.14.09 |
| JR S | 09.11.94 |
| James C | 09.02.06 |
| Jessica R | 09.12.01 |
| John R | 09.01.09 |
| Joseph G | 09.02.06 |
| Mark L | 09.18.08 |
| Mark V | 09.11.08 |
| Mary S | 09.28.93 |
| Melissa M | 09.27.08 |
| Melissa M | 09.16.11 |
| Mike S | 09.07.08 |
| Nancy H | 09.21.05 |
| Racquel S | 09.20.09 |
| Richard L | 09.07.08 |
| Ronnie S | 09.19.09 |
| Sam M | 09.12.01 |
| Shelly A | 09.16.03 |
| Susan E | 09.05.11 |
| SMYRNA GRATITUDE | |
| Bob B | 09.18.10 |
| Dana N | 09.12.12 |
| Dwight B | 09.18.06 |
| James RP | 09.10.10 |
| James P | 09.14.10 |
| Jessica S | 09.13.05 |
| Judy C | 09.27.06 |
| Loria H | 09.08.10 |
| Mary T | 09.23.11 |
| Rachel S | 09.20.06 |
| Sherry B | 09.10.12 |
| Shirley C | 09.07.07 |
| WEEKENDERS | |
| Eric T | 09.01.98 |
| Shelly A | 09.16.03 |
| WOMEN IN THE SOLUTION | |
| Betsy S | 09.02.12 |
| Sayle A | 09.25.06 |
| WOODBINE | |
| Ronnie R | 09.??.00 |

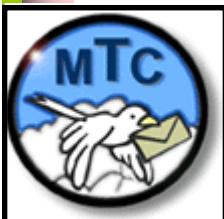
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