The IESSENGER

Míddle Tennessee Central Office Intergroup

FEB / MARCH 2014

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If you read *The Messenger* on-line, a contribution to The Middle Tennessee Central Office would help and be appreciated.

PLEASE MAKE A NOTE STATING YOUR DONATION IS FOR THE MESSENGER.

Shoveling the Snow

A woman comes to understand the Fourth Step through winter's responsibilities.

My final geographical cure took place in Connecticut during the height of the winter. It was December 21, 2004 when I finally understood that I could never have just one

drink. I was introduced to the Big Book and the Twelve Steps and began working the Steps with a sponsor.

I was eager to complete Steps 4 and 5 since they seemed to be the "big girl" steps. Instead, I have learned that these two steps cannot be rushed because they require willingness and diligence in order to properly complete. And for me, willingness and diligence have occurred differently throughout my sobriety.

When I look back over the years, I liken working Step Four to shoveling after a Connecticut blizzard. The top layer of snow is the largest layer but it is also light and fluffy and easy to handle. And that is how my first Fourth



Step happened. I wrote down and confided details of my life that were close to the surface and easy to share. Although I was honest, I omitted the darker truths because I was imprisoned by self-fear and self-loathing. Predictably, I ended up slogging through sobriety for several years, celebrating anniversaries with a heaviness that I could not fathom.

When scooping snow, the second layer is very compact and there is not as much of it. Because it's dense, it requires more effort to remove, similar to how my next Fourth

(Continued on page 2)

WE HAVE MOVED 417 WELSHWOOD DRIVE (SUNMARK BUILDING) SUITE 207 NASHVILLE, TN 37211

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-9pm, Sat, 9am-4:30pm, Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, email—mtcoaa@aol.com, Website—www.aanashville.org, articles—blamethemessenger@gmail.com

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Step was. I dug deeper and harder and wrote about skeletons that I believed would never see the light of day. When I met with my sponsor, I was petrified and could not start. She finally suggested we hold hands and say the Serenity Prayer together. This gesture released my tongue and I was able to further clear my path in recovery by disclosing dark secrets that were received in a loving and nonjudgmental manner. When I left, I finally understood the phrase "burden of self" because for the first time, I had expunged the past and began to experience lightness of the spirit.

The final layer of any snowstorm is the layer of ice that forms on the ground. It is the most difficult to remove and sometimes you can slip on it because it is not visible. In my recovery, I have chosen to be excruciatingly honest and confront reality through Fourth Steps dealing with family, work, relationships, and illness. My life today does not look at all the way I imagined it would. I live more simply, quietly, and gratefully.

However, I do not want to slip so I deal with that ominous ice that represents unrevealed secrets and realities. Many people throw salt onto the path they have shoveled to melt the ice. I often think the tears I've shed have been the salt instrumental to a healthy recovery as I do yet another Fourth Step.

Today, I still write a Step Four when it seems necessary or is suggested by my sponsor. I have also been entrusted with the privilege of listening to other women's Fourth Steps. I continue to be amazed at the peace that can be derived by purging the past. Before AA, my life had been a series of storms. Alcohol never allowed me to excavate myself and I became trapped by self-deception, resentments, and secrets. Becoming physically sober and working all the Steps have been necessary for my recovery. However, Steps Four and Five continue to be crucial tools I use to maintain my emotional and spiritual sobriety. Today, I keep my AA shovel nearby because I can never predict when I will need to use it – just like the one I have for those Connecticut snow storms.

—Teri H., Bloomfield, Conn. Reprinted with permission, AAGrapevine, Online Edition March 2014

Obsesiones

El alcohol era su antigua tribuna, hoy en AA tiene una nueva

Recuerdo que en el año 1982 empecé a probar una cerveza muy conocida en el D.F., en México.

De verdad que sabía amarga, pero cuando la bebía me producía la sensación de ser diferente y me daban ganas de hacer sexo y admiraba ver mis partes masculinas porque en mi mente vagaba una idea de que al tener esa parte, yo era envidiado por los demás.

A través de amigos con más edad que yo, conocí el mundo de cantinas y prostitutas. Motivado por esos mismos amigos, y con la ayuda del alcohol, tuve mi primera experiencia sexual a los dieciséis años y de repente me sentí como si tuviera 30 años de edad, me sentí un verdadero hombre.

La obsesión por el sexo y el alcohol se grabó en mi mente hasta la edad de 42 años. Sin alcohol no existía la satisfacción sexual y, por lógica, tener sexo sin alcohol era como estar perdiendo el tiempo, porque no le daba vía libre a la enfermedad mental que me conducía a hacer sexo depravadamente.

Después de algunas 24 horas en Alcohólicos Anónimos, por medio de Dios, a través de mis compañeros, mis hermanos, me he dado cuenta de que el alcohol fue nada más un "pretexto" para sacar mis emociones ya dañadas desde niño.

Creo que, durante todos mis años de borracho, el alcohol fue como mi tribuna, pues bebiendo me fugaba de toda esa información almacenada, obscura e irreal.

Por eso cambié de tribuna, ahora en AA saco mi malestar y hasta en ocasiones grito, lloro, expreso amor o me río, me escapo de mis emociones, y digo lo que exactamente decía cuando estaba borracho, en mi antigua tribuna. Pero ahora lo hago para escucharme, analizar mi comportamiento y corregir estos defectos de carácter, trabajar con ellos y usarlos para poder vivir mejor. Estoy agradecido por disfrutar las bendiciones de mi Poder Superior y el favor de vivir en su gracia en AA.

—Isidro V., San Diego, California Reprinted with permission—La Vida—March/April 2014

A LEVER WITH NO PLACE TO STAND

Bob S., Richmond, IN

I spent fifteen years drunkenly floating around Los Angeles, San Francisco, New Orleans, Florida beach resorts and back to my home town in Indiana (especially when I was broke) hoping to discover the bliss I needed to change my self into a productive human being. If only I could find the right location, the right peo-

ple, that perfect girl, everything would change—I would finally be happy—and then, of course, my boozing life would come to an abrupt end.

There was never a year but what I had *quit drinking* forever, however, quitting forever just got me drunk again. But if only I could find the right place to be, the right place to stand, I could control—yea stop—those uncontrollable drunken sprees. I had read somewhere that some guy from years ago named Archimedes



said: "Give me a lever and a place to stand and I will move the earth."

Well, I assumed that I already had a lever made of willpower and self-knowledge gained from many drunk tank visits . . . but alas, there seemed no place to stand. I was forty-three years old, broke, hallucinating (the refrigerator was singing to me) and still drunk when a friend, Dennis, escorted me to my first AA meeting at 4th and Wilshire in Santa Monica, California. Of course, I had no way of realizing it at the time, but the moment after they prayed the Lord's Prayer something wonderfully mysterious erupted within my deep inner self and I had found a place to stand. I have not had a drink since!

The Big Book tells us: "We found the Great Reality deep down within us. In the last analysis it was only there He could be found." (p. 55) So, my place to stand had been with me all along, I just needed AA to help me find it. Someone said that an alcoholic cannot drink on the truth, only on a lie. I believe so long as I remain in contact with that Great Reality (truth) deep within, God will never allow me to take another drink.



Hi Honey, it's me. You'll never guess what happened today.



"A high-pain job? Yes, I believe we have that."

What Are the Requirements?

Third Tradition.

Sometimes, it seems the Third Tradition has been amended to "The only requirement for membership is a desire to stop drinking and a belief in God. In many meetings, as well as Grapevine articles, I hear that unless I profess a belief in God, I am doomed to drink again. This God is usually not a God of my understanding but a God atheist at meetings. Many of their understanding.

I have been sober in AA for on to explain their religious well over 30 years. For the first 10 years or so, I tried to believe and I made believe that believed. I Αt my sponsor's suggestion, I prayed an atheist is not my job daily and worked the Steps. The more I studied religion appropriate for me to point out and God, the more convinced I the errors of their thinking, became that this was not for why do they think it is their me. Yet, I continued going responsibility to convert me? to meetings, sponsoring others I have no problem in believing (if they believed in God I did in many powers greater than

meetings in the context of the engaging in service work, and less God than they do. stayed sober.

> that I find most AA literature. on this subject. verv condescending. Even chapter four of the Big Book, "We Agnostics," promotes the idea meeting and experiences it that atheists and agnostics will eventually come to believe in God.

Discretion has become the it, therefore AA must be a better part of valor for this AAs will insist that this is a spiritual program and then go beliefs and why I should accept them.

Convincing them to become or intent. While it is not

An AA considers religion in nothing to discourage them), myself. I just believe in one

In the June 2013 Grapevine, "K.K." wrote, "Tradition six reminds us to be careful not to endorse." When a newcomer, or a visitor, comes to an AA being closed with the Lord's Prayer, wouldn't they assume that, since this is a Christian and AA endorses praver. Christian organization? We say, "We want the hand of AA to always be there..." Are we placing restrictions on who will be allowed to grasp that hand?

> —Bob L., Gilbertsville, Penn. Reprinted with permission, AA-Grapevine, Online Edition

W. Ont h e 3 r d Tradition

3 r d t h e Tradition

"Our membership ought to include all who suffer alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation."

This is a sweeping statement indeed; it takes in a lot of territory. Some people might think it too idealistic to be practical. It tells every alcoholic in the world that he may become, and remain, a member of Alcoholics Anonymous so long as he says so. In short, Alcoholics Anonymous has no membership rule.

Why is this so? Our answer is simple and practical. Even in self protection, we do not wish to erect the slightest barrier between ourselves and the brother alcoholic who still suffers. We know that society has been demanding that he conform to its laws and conventions. But the essence of his alcoholic malady is the fact that he has been unable or unwilling to conform either to the laws of man or God. If he is anything, the sick alcoholic is a rebellious noncon-

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BILL W. On the 3rd Tradition (con't)

(Continued from page 4)

formist. How well we understand that; every member of Alcoholics Anonymous was once a rebel himself. Hence we cannot offer to meet him at any half-way mark. We must enter the dark cave where he is and show him that we understand. We realize that he is altogether too weak and confused to jump hurdles. If we raise obstacles, he might stay away and perish. He might be denied his priceless opportunity.

So when he asks, "Are there any conditions?" we joyfully reply, "No, not a one." When skeptically he comes back saying, "But certainly there must be things that I have to do and believe," we quickly answer, "In Alcoholics Anonymous there are no musts." Cynically, perhaps, he then inquires, "What is this all going to cost me?" We are able to laugh and say, "Nothing at all, there are no fees and dues." Thus, in a brief hour, is our friend disarmed of his suspicion and rebellion. His eyes begin to open on a new world of friendship and understanding. Bankrupt idealist that he has been, his ideal is no longer a dream. After years of lonely search it now stands revealed. The reality of Alcoholics Anonymous bursts upon him. For Alcoholics Anonymous is saying, "We have something priceless to give, if only you will receive." That is all. But to our new friend, it is everything. Without more ado, he becomes one of us.

Our membership tradition does contain, however, one vitally important qualification. That qualification relates to the use of our name, Alcoholics Anonymous. We believe that any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that, as a group, they have no other affiliation. Here our purpose is clear and unequivocal. For obvious reasons we wish the name Alcoholics Anonymous to be used only in connection with straight A.A. activities. One can think of no A.A. member who would like, for example, to see the formation of "dry" A.A. groups, "wet" A.A. Republican A.A. groups, Communist A.A. groups. groups. Few, if any, would wish our groups to be designated by religious denominations. We cannot

lend the A.A. name, even indirectly to other activities, however worthy. If we do so we shall become hopelessly compromised and divided. We think that A.A. should offer its experience to the whole world for whatever use can be made of it. But not its name. Nothing could be more certain.

Let us of A.A. therefore resolve that we shall always be inclusive, and never exclusive, offering all we have to all men save our title. May all barriers be thus leveled, may our unity thus be preserved. And may God grant us a long life --and a useful one!

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TREASURERS / OFFICE MANAGERS REPORT

March 10, 2014

Chris had conflict with Home group meeting - rescheduled for weather last week. Note:

- great cash position and \$5,000 returned to prudent reserve.
- we have received today an additional \$3,500 in inventory and sales have been brisk.
- we are very elated with financial position as we have paid some unusual first of year and new office expenses (e.g. 500 to upgrade accounting software, 1,200 for insurance, 2,000 in moving expenses and additional phone charges for installation)

Activity, in addition to sales, has been brisk and about 2 '12 Step calls' a week have been handled smoothly. Thank you goes out to the 12 Step coordinators, volunteers, and answering service.

We have trained a new full-time volunteer and some new personnel from the group teams. We are still in need of some "pinch-hitter" volunteers. We will be recruiting extra help from this body for upcoming events, as we plan to have a table at Music City Round-up, the 2nd State Convention in September. Clarksville confirmed 2 tables for us in July, and will be supporting much of the labor themselves.

FIRST TUESDAY OF EVERY MONTH:

District 30 Meeting When: 6:30pm – 7:30pm

Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting (Central Office)

> When: 5:45pm – 6:45pm Where:

Where: Central Office 417 Weslshwood

STEERING COMMITTEE

(Central Office)

When: Thursday April 17th 5:45pm – 6:45pm

> Where: Central Office 417 Weslshwood

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CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Accountant	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Sara B	615.708.0384
Treasurer	Chris K	615.689.2706
Public Information/Cooperation with the Professional Community	Jimmy G	615.924.4260
Corrections	Charlie B	615.544.9085
Special Needs	Leigh W	615.566.4170
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863



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NEW	MOVED
Valley View 109 Cumberland Street Ashland City Noon - M- 37015 OD, W-OD/LIT, F-OD	Key to Sobriety Grove United Meth 6485 Central 37122 Pike Mt Juliet
Auburntown AA Community Center 193 Main Au- 37016 burntown TN Fri 7:30p OD	Women in the Solution - Gateway Church 37160 1304 Madison St Shelbyville
Late Lunch Bunch 309 Franklin Rd Brentwood Sat & Sun 1p 37027 Beg	Saturday Eyeopener Club 62 323 Peachtree Nashville 37211 9am OD
Road of Happy Destiny Melvin Maynard Center Wed-BB Thurs-Wmns Fri-Open All at - Noon then 2:00 pm Sunday 37040 Speaker/OD	CHANGES McMinnville Serenity Group Fri & Sat now meet at 37110 7pm
37066 G-AA 107 College St Gallatin Mon & Fri 8pm Sun 7pm OD	Camel Group 1265 Bradyville Pike (Church of Christ) 37130 Murfreesboro
Cool Springs Newcomers Bradford Hlth Svcs 1897 Gen 37067 George Patton Dr Franklin Mon & Wed 7pm CD/Beg	S.O.S. Sunday 6:30pm now at Peace Lutheran 762 37174 Beechcroft Rd Springhill
Ladies Night Out 200 E Cedars @ Church St. Goodlettsville Fri 37072 6pm OD/Lit	Robert E. Lee Women's is now "NOW" (Nashville's 37203 Original Woman's group)
Women's BB Study Hermitage Pres Church 4401 Lebanon Rd 37076 Hermitage Sat 3pm	37214 Bikers in Recovery now meets at 7:30pm Thurs
37087 IBI-UBU 407 Park Ave Lebanon Fri 6:30p OD	37215 LAMBDA Unitarian Church Thurs is now at 8pm
37115 Three Legacies 4th Tues is Speaker	37216 New Beginnings Now Begins at 8pm
37130 Serenity 435 S. Molloy Lane, Murfreesboro 4p Sun	CANCELLED
Bill Wilson Literary Society Old Hickory Pres Church 801	37046 College Grove Meetings
37138 Jones Old Hickory W 7:30p OD/Lit	37075 Sat Noon REBOS Meeting
Jacob's Well Woman's Meeting 1053 Donelson St Old Hicko- 37138 ry 37138 Sun 10:15 am OD	37086 LaVergne Solutions Group - M Tu Th Fr- 5pm 37115 I am Responsible
Monday Night - Pegram UMC 479 Thompson Lane Mon 37143 5:30pm OD	37129 Serenity Murfreesboro 2:30 Sat Od/GLBS
37148 Portland Unity Fri 6:30pm	37129 Serenity Murfreesboro 6:45 Fri
Step Study Peace Lutheran Church 762 Beechcroft Rd (Hwy	37130 Northboro Group Murfreesboro
37174 247) Spring Hill, TN Th 7p	37166 Dekelb County Friendship Thurs
Woodbury Senior Citizens Center 609 Lehman St Wood-	37167 Ladies Life Change
37190 bury TN Sun 7:30pm OD	37167 Smyrna Serenity
Safe Place Oasis Church 7533 Lords Chapel Dr Tue & Thurs	37172 Downtowners Meeting Springfield Thur 8pm
37211 6:30pm OD	37174 S.O.S. Mon & Fri
37211 Woodbine 2122 Utopia M - W - F 6:30pm OD	37209 Music City Happy Hour Thurs 6pm
Steel Magnolia Women's Last Stop Club 2122 Utopia Sun 37211 10am CD/WM	37211 Sisters of Faith Thurs 6pm
37211 Unity Group Club 62 329 Peachtree - Fr 6pm OD	37212 Women Veterans AA Meeting
Just Wednesday Lighthouse Fellowship Church 5100 Blue	37214 Freedom Hour Mon thru Sat 11:30 Meetings
37211 Hole Rd Antioch Tn 6:30 p wed CD	37214 Donelson Fairway Old Timers
	37214 Old Timers Meeting
We're Glad You're Here Antioch United Methodist 41 Tuscu- 37211 lum Rd Sat 5pm OD	37215 There is a Solution
37214 Freedom House - M 7pm OD Sun 10am OD	37221 BYOBB
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MIDDLE TENNESSEE INTERGROUP ASSOCIATION STATEMENTS OF ACTIVITIES ACTUAL AND BUDGETED-SCHEDULE

FOR THE MONTH AND YEAR TO DATE JANUARY 31, 2014

	Actual	CURRENT MONTH Budget	Budget- Variance	Actual	YEAR TO DATE Budget	Budget- Variance
INCOME LITERATURE SALES	\$ 14,250.01	11,363.33	2,886.68	\$ 14,250.01	11,363.33	2,886.68
LITERATURE PURCHASES	(10,120.70)	(8,333.33)	(1,787.37)	(10,120.70)	(8,333.33)	(1,787.37)
FREIGHT IN	(21.70)	0.00	(21.70)	(21.70)	0.00	(21.70)
NET LITERATURE SALES	4,107.61	3,030.00	1,077.61	4,107.61	3,030.00	1,077.61
GROUP	6,596.22	5,069.67	1,526.55	6,596.22	5,069.67	1,526.55
INDIVIDUAL	1,078.42	516.67	561.75	1,078.42	516.67	561.75
MESSENGER	48.00	91.67	(43.67)	48.00	91.67	(43.67)
SPECIAL EVENTS	0.00	416.67	(416.67)	0.00	416.67	(416.67)
INTEREST	1.04	17.50	(16.46)	1.04	17.50	(16.46)
TOTAL INCOME	11,831.29	9,142.18	2,689.11	11,831.29	9,142.18	2,689.11
EXPENSES						
CASUAL LABOR	100.00	200.00	(100.00)	100.00	200.00	(100.00)
PAYROLL	4,190.16	4,453.09	(262.93)	4,190.16	4,453.09	(262.93)
LEGAL & PROFESSIONAL	157.18	216.67	(59.49)	157.18	216.67	(59.49)
SALES TAX EXPENSE	(0.90)	0.00	(0.90)	(0.90)	0.00	(0.90)
RENT	946.00	1,137.33	(191.33)	946.00	1,137.33	(191.33)
PRINTING	265.00	400.00	(135.00)	265.00	400.00	(135.00)
PAYROLL TAXES	320.55	339.75	(19.20)	320.55	339.75	(19.20)
MAINTENANCE	95.00	83.33	11.67	95.00	83.33	11.67
TELEPHONE & FAX	747.70	722.25	25.45	747.70	722.25	25.45
COMMUNICATIONS	0.00	0.00	0.00	0.00	0.00	0.00
ANSWERING SERVICE	195.00	253.33	(58.33)	195.00	253.33	(58.33)
POSTAGE	68.11	200.00	(131.89)	68.11	200.00	(131.89)
OFFICE SUPPLIES	373.34	208.33	165.01	373.34	208.33	165.01
BANK SERVICE CHARGE	(10.00)	0.00	(10.00)	(10.00)	0.00	(10.00)
MOVING EXPENSES	1,795.95	0.00	1,795.95	1,795.95	0.00	1,795.95
COMPUTER PROJECT	32.76	200.00	(167.24)	32.76	200.00	(167.24)
EMPLOYEE BENEFIT	0.00	0.00	0.00	0.00	0.00	0.00
INTERGROUP EXPENSE	0.00	62.50	(62.50)	0.00	62.50	(62.50)
INSURANCE	1, 216.00	200.00	1,016.00	1,216.00	200.00	1,016.00
SPECIAL EVENTS	0.00	166.67	(166.67)	0.00	166.67	(166.67)
REPAIR & MAINTENANCE	0.00	83.33	(83.33)	0.00	83.33	(83.33)
CUSTODIAL	0.00	50.00	(50.00)	0.00	50.00	(50.00)
TRAVEL	312.40	165.58	146.82	312.40	165.58	146.82
DEPRECIATION	25.08	0.00	25.08	25.08	0.00	25.08
TOTAL EXPENSES	10,829.33	9,142.16	1,687.17	10,829.33	9,142.16	1,687.17
NET INCOME	\$ 1,001.96	0.02	1,001.94	\$ 1,001.96	0.02	1,001.94

GROUP CONTRIBUTIONS THROUGH FEBRUARY 2014 Page 9

EBRUARY		YTD	FEBRUARY	
25	LADIES NIGHT OUT - 34	62	24	ANONYMOUS GROUPS (ALL) CONTRIBUTIONS - 0
	LATE LUNCH BUNCH - 33	35	35	ANY LENGTHS - 13
75	LET IT HAPPEN - 35	1,314	510	BACK ROOM - 35
	LIFE SAVERS - 30	60	60	BACK TO THE BIG BOOK - 12
115	MADE A DECISION -	134	134	BILL WILSON LITERARY SOCIETY - 31
49	MID-DAY BREAK - 32	97		BY THE BOOK GROUP- DICKSON - 15
	MURFREESBORO - 12	200		CELEBRATE SERENITY -
50	MUSTARD SEED - 32	40	20	COLUMBIA - 40
	NEW BEGINNINGS(Dist 12) - 12	332	332	COMFORT ZONE -
	NORTHSIDE, CLARKSVILLE - 14	1,300	1,300	DAVIDSON RD MEETING - 30
	ONE DAY AT A TIME - 31	470	470	DAVIDSON ROAD WOMEN'S MEETING -
89	OUT TO BREAKFAST - 30	390		DICKSON AA - 15
	PRIMARY PURPOSE - 34	454	454	DRUNKS IN THE PARK - 33
5	PULASKI - 40	60	60	EAST NASHVILLE 86'ers - 34
15	ROAD OF HAPPY DESTINY - 14	1,400	1,400	EAST SIDE SATURDAY MEETING -
75	SATURDAY LIVING BY THE PRINT - 30	65	65	EVERY NIGHT AT 6 - 32
	SATURDAY NIGHT ALIVE MEETING(11) - 11	33	33	FAIRFIELD GLADE - 9
113	SEARCH FOR SERENITY - 34	14		FAIRVIEW - 33
	SEEKING SANITY -	20		FAYETTEVILLE - 40
50	SERENITY (12) -	100		FIRST THINGS FIRST - 34
730	SHADE TREE -	448		FIVE & FIVE - 30
100	SMYRNA GRATITUDE -	150	150	FRANKLIN 4TH BB STUDY - 33
75	THE UNITED -	400		FRANKLIN - 33
50	TRINITY -	157	157	FREE TO BE - 31
	TURNING POINT -	160	160	G.O.D. (OF DRUNKS) - 40
50	WEEKENDERS -	147	147	GRATEFUL ALIVE - 33
	WHITE HOUSE -	50	50	HAPPY HOUR—LEWISBURG - 40
25	WILSON COUNTY FRIENDSHIP -	50		HAPPY HOUR- COOKEVILLE - 9
50	WINNERS AND BEGINNERS -	133		HIGHER POWERED - 32
304	WOMEN'S FREEDOM MEETING -	500		HILLSBORO ROAD - 32
300	WOMENS SPEAKER MEETING -	100	100	IBI-UBU - 13
9	YOUNG GUNS -	50	50	JOELTON MEETING - 34
8,168	Grand total: -	177	103	KEEP IT SIMPLE BELLEVUE (d35) - 33
	115 49 50 89 5 15 75 113 50 730 100 75 50 50 25 50 304 300 9	LET IT HAPPEN - 35 LIFE SAVERS - 30 MADE A DECISION - 115 MID-DAY BREAK - 32 49 MURFREESBORO - 12 MUSTARD SEED - 32 50 NEW BEGINNINGS(Dist 12) - 12 NORTHSIDE, CLARKSVILLE - 14 ONE DAY AT A TIME - 31 OUT TO BREAKFAST - 30 89 PRIMARY PURPOSE - 34 PULASKI - 40 5 ROAD OF HAPPY DESTINY - 14 15 SATURDAY LIVING BY THE PRINT - 30 SATURDAY NIGHT ALIVE MEETING(11) - 11 SEARCH FOR SERENITY - 34 113 SEEKING SANITY - 50 SHADE TREE - 730 SMYRNA GRATITUDE - 100 THE UNITED - 75 TRINITY - 50 TURNING POINT - WEEKENDERS - 50 WHITE HOUSE - 50 WILSON COUNTY FRIENDSHIP - 25 WINNERS AND BEGINNERS - 50 WOMEN'S FREEDOM MEETING - 304 WOMEN'S SPEAKER MEETING - 304 WOMEN'S SPEAKER MEETING - 304 WOMEN'S SPEAKER MEETING - 300 YOUNG GUNS - 9	1,314 LET IT HAPPEN - 35 75 60 LIFE SAVERS - 30 115 134 MADE A DECISION - 115 97 MID-DAY BREAK - 32 49 200 MURFREESBORO - 12 40 40 MUSTARD SEED - 32 50 332 NEW BEGINNINGS(Dist 12) - 12 1,300 NORTHSIDE, CLARKSVILLE - 14 470 ONE DAY AT A TIME - 31 390 OUT TO BREAKFAST - 30 89 454 PRIMARY PURPOSE - 34 60 PULASKI - 40 5 1,400 ROAD OF HAPPY DESTINY - 14 15 65 SATURDAY LIVING BY THE PRINT - 30 75 9 PRINT - 30 75 14 SEARCH FOR SERENITY - 34 113 20 SEEKING SANITY - 50 448 SHADE TREE - 730 450 SMYRNA GRATITUDE - 100 400 THE UNITED - 75 157 TRINITY - 50 400 TURNING POINT - 50 <td>510 1,314 LET IT HAPPEN - 35 75 60 60 LIFE SAVERS - 30 134 134 MADE A DECISION - 115 115 97 MID-DAY BREAK - 32 49 49 49 49 200 MURFREESBORO - 12 49 49 49 49 49 49 49 49 49 49 49 49 40 40 40 40 40 40 40 40 40 40 470 40 40 470 40</td>	510 1,314 LET IT HAPPEN - 35 75 60 60 LIFE SAVERS - 30 134 134 MADE A DECISION - 115 115 97 MID-DAY BREAK - 32 49 49 49 49 200 MURFREESBORO - 12 49 49 49 49 49 49 49 49 49 49 49 49 40 40 40 40 40 40 40 40 40 40 470 40 40 470 40

	BELLEVUE
Missy B.	02.09.13
	EASY DOES IT
Fran	02.12.94
Jacalyn	02.15.11
Jimmy	02.22.06
Walter	02.19.07
FI	RST THINGS FIRST
Harold	02.09.93
Scott G.	02.10.02
Susan B.	02.02.12
	FULL MOON
Andy E.	02.19.09
Chase S.	02.19.13
David B.	02.26.92
Mike A.	02.12.90
Scott V.	02.11.89
IBI-UBU	
Bhavin P.	02.15.12
Allen P.	TE LUNCH BUNCH
Allen P.	02.20.13
Jennifer M.	02.04.13
Mark P.	02.24.96
Melissa S.	02.15.01
Robin A.	02.09.12
Thea P.	02.10.00
Tray W.	02.25.87

LOVE 8	& LAUGHTER
Russell C.	02.14.91
MID-I	DAY BREAK
Alisha J.	02.23.10
Amy M.	02.02.09
Brian C.	02.04.12
Clay W.	02.20.12
Emma B.	02.14.92
Kathleen J.	02.22.00
Musa L.	02.16.01
Tatum W.	02.17.12
NIPPE	RS CORNER
Angela W.	02.05.10
Alan H.	02.26.08
RIDGE	TOP BASICS
Rebecca C.	02.24.84
Rusty R.	02.06.94
SEARCH	FOR SERENITY
Darryl W.	02.09.10
Leroy S.	02.27.12
Michael F.	02.12.10
Robert	02.09.10
SEEKI	NG SANITY
Bubba W.	02.02.09
Carie K.	02.05.04
Christina O.	02.25.13
Dave O.	02.17.09
David F.	02.10.08

02.01.10

		_
SEEK	ING SANITY	
James C.	02.17.07	
Leland G.	02.08.08	
Lisa C.	02.20.85	
Michael H.	02.02.12	
Nancy R.	02.28.11	
Peggy H.	02.28.11	
Renita D.	02.24.09	
Traci A.	02.25.11	
SH	ADE TREE	
Diann M.	02.02.13	
Drew C.	02.28.11	
Joyce D.	02.17.08	
Lynn H.	02.26.12	
Scott S.	02.16.07	
Stan B.	02.02.83	
Woodrow S.	02.02.09	
SMYRN	IA GRATITUDE	
Bob C.	02.28.12	
Chrissy H.	02.14.07	
Randy C.	02.19.12	
Ron A.	02.23.12	
Terri M.	02.01.05	
WE	EKENDERS	
Braian B.	02.14.01	
Josh T.	02.27.11	
Michelle A.	02.25.11	
WOMEN I	N THE SOLUTION	
Ashley O.		

FEBRUARY ANNIVERSARIES

A man was driving to the hospital, with his wife who was pregnant with twins, when his car went out of control and crashed.

John C.

Regaining consciousness, he saw his brother, a high school dropout which was never taken seriously, sitting at his bed side.

He asked his brother how his wife was doing and his brother said, "Don't worry, everybody is fine and you have a son and a daughter.

But the hospital was in a real hurry to get the birth certificates filed and since both you and your wife were unconscious, I named them for you."

The husband was thinking to himself, "Oh no, what has he done now?" and asked with some trepidation, "Well, bro, what did you name them?" His brother replied, "I named the little girl Denise."

The husband, relieved, said, "That's a lovely name! And what did you come up with for my son?"

The brother winked and replied, "Denephew."



Take us to Lady GaGa.

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EVERY N	IIGHT AT SIX
Alton F	03.26.11
Annie R	03.10.13
Bryant S	03.05.07
Bryndon W	03.01.12
Dean O'	03.03.10
Donnie W	03.18.04
James H	03.05.09
Jim H	03.15.13
Jonathan M	03.13.13
Lisa C	03.31.07
Michael B	03.06.08
Michael P	03.20.05
Phyllis A	03.10.06
Ray W	03.16.09
Thomas P	03.13.11
HENDERS	SONVILLE BB
Gene S	03.14.11
Tommy C	03.06.87
Kenny P	03.09.84
KEEP	IT SIMPLE
Bryan H	03.15.12
Christy K	03.21.02
Emily G	03.13.12
Jake H	03.06.11
Kay D	03.09.85
Kevin B	03.13.11
Robert A	03.01.13
Sam F	03.01.10
Scott M	03.17.11
Steven L	03.01.12
Sue K	03.07.13
Tim W	03.16.90

LOVE & LA	AUGHTER
Jessi W	03.31.13
MID-DAY	/ BREAK
Bo S	03.07.10
Debbie W	03.01.??
Edith H	03.15.89
Gwendolyn D	03.23.05
Harvey S	03.17.09
Hector G	03.27.10
Jeff T	03.04.11
Kathy T	03.03.09
Lisa C	03.31.07
Lynn C	03.14.11
Michael A	03.05.10
Pam J	03.20.94
Ron S	03.22.09
Talitha L	03.09.10
Tom A	03.01.96
Trinity S	03.03.09
Vickie W	03.17.12
MT. JU	ULIET
Debbie W	03.18.13
P.O	D
James R	03.12.96
Mark	03.25.99
SEARCH FOI	R SERENITY
Vickie C.	

	SEEKING SANITY
Donna O	03.22.03
Jim K	03.16.98
Liz G	03.09.12
Maggie S	03.19.11
Mike G	03.06.03
Rick A	03.03.07
Shari D	03.01.05
Terry P	03.03.03
	WEEKENDEDS
	WEEKENDERS
Jordan L.	03.10.13
Marcus H.	03.23.93
Todd A.	03.13.07
YET	
Dave S.	03.02.73
Jan H.	03.29.86
Kim B.	03.29.04

MARCH ANNIVERSARIES

So far today, I'm - doing all right.



I have not gossiped, lost my temper, been greedy, grumpy, nasty, selfish, or self-indulgent. I have not whined, complained, cursed, or eaten any chocolate. I have charged nothing on my credit card.

But I will be getting out of bed in a minute, and I think that I will really need your help then.

Back in the woods, a redneck's wife went into labor in the middle of the night, and the doctor was called out to assist in the delivery. Since there was no electricity, the doctor handed the father-to-be a lantern and said, "Here, you hold this high so I can see what I'm doing." Soon a baby boy was brought into the world.

"Whoa there," said the doctor. "Don't be in a rush to put the lantern down... I think there's Yet another one to come." Sure enough, within minutes he had delivered a baby girl.

"No, no, don't be in a great hurry to be putting down that lantern... It seems there's yet another one in there!" cried the doctor.

The redneck scratched his head in bewilderment, and asked the doctor, "Do you think it's the light that's attractin' 'em?"

Middle Tennessee Central Intergroup Association

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