The ILESSENGER

Middle Tennessee Central Office Intergroup

JUNE 2014

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The Messenger

is available at an annual subscription price of \$12.00. A limited number of free subscriptions are available upon request by writing or calling the Central Office.

It is also available on-line at www.aanashville.org.

If you read

The Messenger

on-line, a

contribution to

The Middle

Tennessee Central

Office would help and
be appreciated.

Anonymity

Let's take a look at A.A.'s tradition of Anonymity as it has developed through the years, delineating some of the aspects of anonymity that led A.A. co-founder Bill W. to call this important principle "the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities". Serving as a guide-post for both personal and organization humility, "the principle of anonymity is an all-pervading spiritual quality which today keynote A.A. life everywhere" added Bill W in Twelve Steps Twelve Traditions. the A.A. book which spells out the fundamental building blocks of the A.A. program of recovery. "Moved by the spirit of anonymity, wrote Bill 'we try to give up our natural desires for personal distinction as A.A. members both among fellow and before the general alcoholics public. As we lay aside these very human aspirations, we believe that each of us takes part in the weaving of a protective mantle which covers our whole Society and under which we may grow and work in unity'.

For A.A. members and those seeking to help alcoholics get and stay sober, the question of personal anonymity at the public level of press, radio film television

and the Internet has always generated discussion. "As a rule, the average newcomer wanted his family to know immediately what he was trying to do," wrote Bill. "He also wanted to tell others who had tried to help him - his doctor, his minister, and close friends. As he gained confidence, he felt it right to explain his new way of life to his employer and business associates. When opportunities to be helpful came along, he found he could talk easily about A.A. to almost anyone. These quiet disclosures helped him to lose his fear of the alcoholic stigma, and spread the news of A.A.'s existence in his community. Many a new man and woman came to A.A. because of such conversations. Though not in the strict letter of anonymity, such communications were well within its spirit."

Adds the pamphlet titled "The A.A. Group," "In our personal relationships with non-alcoholics -and with those we think might have a problem with alcohol, we may feel free to say that we are recovering alcoholics (without divulging the names of other A.A. members), although discretion is recommended. Here our openness may help to carry the message."

Reprinted with permission—AAGrapevine.org

Step Six: Obligated to Go Forward

Especially when it hurts too much to stand still

Step Six has always seemed to me to be the most theoretical of the Twelve Steps. What, exactly, do we mean by "entirely ready"? What if I am only a little bit ready? Halfway ready? Seventy-five percent ready? Can I still approach Step Six? I think the answer is yes, and I'd go further: despite the degree of readiness I might or might not possess on a given day, I am obligated to go forward.

My first pass at Step Six occurred within the first few months of my sobriety. I had completed Steps Four and Five, and when I got to the Sixth Step, my sponsor asked me to read one par-

(Continued on page 2)

Obligated to Go Forward (con't)

(Continued from page 1)

agraph a day--no more--of the essay in the "Twelve and Twelve." That took about three weeks. When I was finished, he suggested that I do the same thing again. I think now he was preparing me for the glacial pace at which we become ready to have any given defect of character removed.

At this point in my development, I was unclear about what a character defect was, never mind my readiness to have it removed. When members alluded to "character defects" in meetings, what they often referred to was the manifestation of these defects. Smoking is not a character defect. Playing the lottery is not a defect of character. Eating chocolate, which one well-meaning member assailed for about fifteen minutes when she spoke on this Step, is not a defect of character. Like this woman, I was confronting my shortcomings such as I understood them at the time. But nothing much needed to be done about them. The responsibilities and commitments of my new sober life were considerably more than I was used to, but they didn't amount to much, and so my own defects of character weren't really in the way of what I was seeking to accomplish. This was about to change.

As a natural result of my attempts to practice the principles of the program, my life got bigger. I married a beautiful girl. We were blessed with a daughter. My career appeared to be moving forward--and the manifestation of my character defects persisted. In particular, the one that our literature tells us leads the parade: Pride.

I can offer a couple mundane examples: After our daughter was born, my wife went back to grind it out at her nine-to-five while I took to the local playgrounds with our bouncing baby girl. Even in a city thought to be on the cutting edge of social change, most of the playground parents were moms. I felt out of place, alienated, distant, ostracized. I should note that nobody *made* me feel anything. I manufactured these emotions on my own.

The small talk among folks I became acquainted with--I saw them sometimes twice a day--naturally centered on child care and education. I discovered right away that my own opinions veered wildly from the playground standard, and I took every opportunity (often forcing opportunities where they didn't exist) to articulate those distinctions. It was all about me being right, of course, and them being wrong.

I felt compelled to make it clear that I was destined for big things, great things; my ambition surpassed anything as pedestrian as raising a child. So when the subject of what I "did" came up (and it often would), I outlined in great detail the number of exciting projects I had in the works. One sympathetic mom asked me how I was doing; I gave her a resume. My aim was to make sure that everyone--in some cases a total stranger--was acutely aware that I was not merely a goateed, bespectacled child-care provider of the progressive new breed; I was a mover and a shaker with his eyes on the prize. I would keep talking until the person turned away, bored or offended. I became embarrassed on two counts: Number one, the person was not necessarily impressed, and number two, I was informing her of my career arc, letting her know who I thought I was, out of pure pride. As Bruce Willis asked Ving Rhames in Pulp Fiction, You feel that sting, big boy? That's pride."

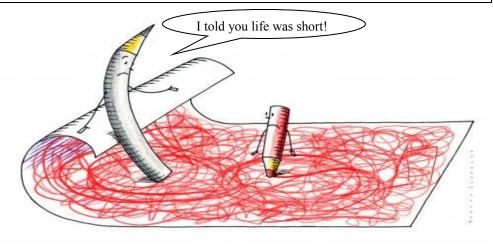
I felt that sting. I became painfully aware of that defect of character and duly mentioned it, with great specificity, to the Higher Power. I let him know that he ought to remove it just as soon as possible. I had become, according to me, entirely ready.

Guess what? The next time I was asked how I was doing on the playground, I answered in precisely the same manner. Pushing my daughter's swing with my left hand, gesticulating with my right, I expounded on all my plans for the immediate future. My target's reaction was also the same. Her eyes glazed over while she looked frantically for something else to occupy her time.

"Entirely ready" took on a new meaning. I had created as much willingness as I could on my own. The continued manifestation of this defect helped me realize that the remaining willingness—the short hop between the end of Step Six and the beginning of Step Seven—was in the hands of God alone. That was the point when my relationship to the Step, and to that nasty defect of character, pride, evolved yet again for the better. Today, on the playground, when somebody asks me how I'm doing, I say, "I am very well, thank you. How are you?" Period. If somebody inquires about what I do, I tell them. In one word. Pressed. I say, "Oh, I've got a lot going on." And that statement is truer now than it has ever been in my life.

Pete P. - New York, New York Reprinted with permission: AAGrapevine.org





When I was 15

An old-timer returns to the scene of a horrible night of drinking

"I'm pregnant." I still ponder pre-drawn sudden wakefulness that always followed my binges of drinking and blackout craziness. Was its cause a physiological response to the overindulgence of alcohol or was it an emotional and spiritual response to the unseemly acts that took place during my drinking binges?

Whatever the answer, this is the statement that jolted me awake one August morning in 1973 when I was 15 years old. We had moved to Florida from upstate New York five short days prior. I was very distraught about the move from its inception, being forced to leave all that I loved--a grandma, a boyfriend, a girlfriend, the only school I'd ever known and a hometown full of my growing up--for what my parents thought was paradise.

The day before, my parents and I had set out to have a day at the beach. We ended up in Cocoa Beach, about a two-hour drive north from where we lived. I remember that there was ocean and sun and sand all the along the top portion of the beach, there were bars.

I had begun drinking in New York when I was 14, after being rejected from the cheerleading squad in my freshman year of high school. I had suspected all along that I was not good enough, not only for the cheer-leading squad, but for life in general and this event confirmed it. When I began drinking behind the school during the same basketball games that I had hoped to cheer for, I found the magic that alcohol held for me: release from the "not good enough's." From that point on, alcohol was my higher power.

On the beach, I found myself alone after my parents went off to find their own good time. No cell phones existed to keep in touch and I was left to freely explore. I know today that only my Higher Power kept me alive that day. Over the years since this happened, vague and desperate memories have surfaced of the places alcohol took me that day: to a bar with strange men; into the ocean, drunk and swimming with someone I did not know; searching for my bathing suit top in the ocean waves; in a van having sex; and being involved in a car accident on the way home.

I'm pregnant, I thought the next morning. I knew it from deep within my soul. And so it was.

I was in a new state with not one friend in whom to confide. It was one year after the Supreme Court case of Roe vs. Wade had legalized abortion, but long before it was a widely accepted practice, especially in the deep south. In late September 1973, after an agonizing month of isolation with my secret, I told my parents, and terminated my pregnancy.

Those of you who are familiar with the darkness of alcoholism will understand that the serious nature of this event might have looked like one of those "jumping-off points" that the Big Book speaks of, whereby we are faced with the seriousness of our alcoholism and its consequences and make a decision to change. In fact, this was only the beginning of my journey to hell and back. For 15 more years, I drank and damaged myself and

others as only an untreated alcoholic can. However, by the grace of God, I married and conceived three children, all planned and deeply loved.

Through it all, I carried with me the shame, sadness and pain from that day at Cocoa Beach.

One morning in 1989 when I was 30, after a drinking binge. I was jolted awake in much the same way as I had been on that August morning in 1973. This time though, it was my Higher Power whom I listened to, and as I looked into the blue eyes of my 9-year-old daughter he gave me the words that I heard myself speak: "Mommy drinks too much and she needs to get help in AA."

"OK," she replied and smiled up at me with the assurance that only a 9-year-old can have when placed up against such a challenge.

I called the AA hotline and with-in half an hour, word spread along the AA airwaves in our little town and a woman called me, took me to my first meeting that evening, and became my sponsor. From the instant I made the call, I felt a great relief and a great power, and I felt like all would be well. I am sober because I was shown by my sponsor how to trust God, clean house, and help others through the program of Alcoholics Anonymous. I have had the spiritual awakening described in Step Twelve and I carry the message to alcoholics who still suffer and practice the AA Principles in all of my affairs to the best of my ability one day at a time. If I don't, I return to my baseline of "restless, irritable and discontent," and we all know where that ultimately leads: to the first drink. And for me, to drink is to die. In February 2010, I celebrated my 21st year of sobriety.

My story could end here, but there is more. In February 2009, my husband (who has an AA recovery story of his own) and I traveled to Florida for a winter vacation. One night while driving back to our hotel from dinner, a sign caught my eye. It said, "Cocoa Beach--15 miles."

My husband knew of that fateful August day in 1973 and later as we sat on our hotel balcony overlooking the dark night ocean, I asked him if he had seen the sign. He had. "Could we go there?" I asked him, not really knowing why, but sensing an urgency to go.

"Of course," was his reply. "When do you want to go?"

We went the very next day. Our plan was to try to find, using only my very vague memory, the area where I had been so many years before. Even though I had dealt with this misadventure in my Fourth Step many years ago, the proximity to the location stirred the remaining demons inside of me as we drove toward the beach. We parked and walked and sure enough we found the same ocean, sun, sand--and bars. We walked without plan or talk. We went inside one bar and asked about its history. Had it

(Continued on page 4)

When I was 15 (con't)

(Continued from page 3)

always been there? Under the same name? It wasn't quite right.

We walked back out into the sunshine and there, across the sand, I saw it. Actually, I felt it. We went inside this bar and it was the same one from my desperate memories. My husband stood and waited while I walked across the floor toward the bathroom. I let every ounce of my sobriety flood me and shield me and project me across the floor. As I used the bathroom, I imagined myself as that adolescent girl in her bikini in this bar with strangers, drinking underage and alcoholically, so many years before. My beautiful, loving husband was waiting for me and we went back into the sunshine onto the beach.

As sponsors, my husband and I complete the Twelve Steps with new people using the Big Book of Alcoholics Anonymous in the way that we were shown by our sponsors. After completing the Fifth Step, we burn the Fourth Step list to symbolize the end of the old alcoholic thinking and behaviors. It proves quite emotional for those who are ready to change.

In the hotel the night before, I had written a letter to myself about the tragedy that had occurred on the beach so long ago. I now opened it and read it aloud while my husband held my hand. In it, I asked God to help me forgive that young girl and allow her to be free of the pain and sickness that held her captive. I let go of the lingering resentments toward my parents, whom I felt deserted me that day, and of the others whom I allowed to hurt me. And I thanked God for the life of sobriety that has been so freely given to me today if I but work for it. Together, my husband and I knelt and lit the paper afire. We watched it burn to ashes in silence, we recited the Third Step prayer and the Seventh Step Prayer.

Then we walked hand in hand across the street to the AA meeting that was about the begin.

A.K.R. - Cooperstown, N.Y Reprinted with permission: AAGrapevine.org



My husband wanted one of those big-screen TVs for his birthday.

I just moved his chair closer to the one we already have.



SERVANT OR MASTER?

Our habits make us either the best of servants or they become our masters. Habits are either good or bad. They are forces in our lives which move us along the pathways of-good or evil. Our habits shape our personalities, mold our character, and in the end, control our destiny. The chains of habit are generally too small to be felt until they become too strong to be: broken. The alcoholic did not intend to become a drunk when he took his first drink; the obese did not intend to become overweight when he first began over-eating; the prisoner did not intend to become a thief when he stole that first apple from a fruit-cart on a dare and learned that he could get by with petty thievery. It is odd, but true, that man will die to save the liberty of the world, but will not made the sacrifice to free himself from a bad habit. Good habits, like honesty, truthfulness, perseverance, honorableness, determine our success in life. Good habits also measure the character and quality of our happiness.

The Brighter Side, Waterloo IA Central Bulletin Archives



"No, no, Harry—they have to have a desire!"

A husband was making a breakfast of fried eggs for his wife. Suddenly, his wife burst into the kitchen.

'Careful,' she said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the

ROBOT FOR SALE:

A father buys a lie detector robot that slaps people when they lie. He decides to test it out at dinner one night.

The father asks his son what he did that afternoon.

The son says, "I did some homework."

The robot slaps the son.

The son says, "Ok, Ok, I was at a friend's house watching movies."

Dad asks, "What movie did you watch?"

Son says, "Toy Story."

The robot slaps the son.

Son says, "Ok, Ok, we were watching p*rn."

Dad says, "What? At your age I didn't even know what p*rn was."

The robot slaps the father.

Mom laughs and says, "Well, he certainly is your son."

The robot slaps the mother.

This woman rushed to see her doctor, looking very much worried and all strung out. She rattles off: "Doctor, take a look at me. When I woke up this morning, I looked at myself in the mirror and saw my hair all wiry and frazzled up, my skin was all wrinkled and pasty, my eyes were bloodshot and bugging out, and I had this corpse-like look on my face! What's WRONG with me, Doctor!?"

The doctor looks her over for a couple of minutes, then calmly says: "Well, I can tell you that there ain't nothing wrong with your eyesight...."

"You're a high-priced lawyer! If I give you \$500, will you answer two questions for me?"

"Absolutely! What's the second question?"

The department manager is a wise, friendly old man, and one day, during an interview in his office he was asked,

"Sir, what is the secret of your success?"

He said, "Two words."

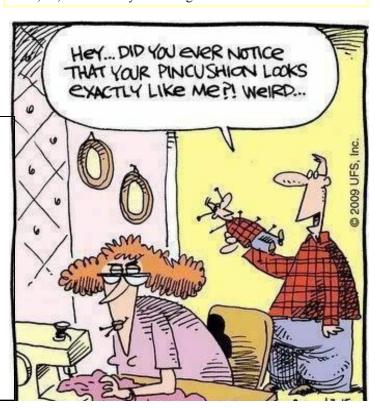
"And, sir, what are they?" "Right decisions."

"But how do you make right decisions?" "One word."

"And, sir, what is that?" "Experience."

"And how do you get experience?" "Two words."

"And, sir, what are they?" "Wrong decisions."



From the desk of Charles C.

FREE 75th ANNIVERSARY FIRST EDITION BIG BOOK

As many of you know, we have been selling the special printing of the 75th Anniversary First Edition Big Book for the last 5 weeks. We have sold over 300, and contrary to our initial understanding, we can purchase more over the next year. In preparing for our sales table at The Music City Roundup July 4th weekend, I knew the 75th Anniversary Big Book would be a top seller. They occupy a lot of space and a 10ct case weighs almost 30lbs, so I did not want to carry a cruiser load of books and only sell a canoe full. Bookkeeper David W. said we would sell at least 300 (900 pounds!). Not a gambling man, but thinking we would not sell that many, I want to make sure we have plenty.

So, there is a contest:

How many 75th Anniversary First Edition Big Books do you think we will sell Thursday night through Sunday noon at The Music City Roundup? Email or snail-mail your estimate to mtcoaa@aol.com or regular mail to MTCOAA at 417 Welshwood, Nashville, TN 37211. The closest guess will win a copy of The 75th Anniversary commemorative edition book plus a full set (2) of our Sobriety Birthday cards

But wait, there is more !!!

The winner will also receive a full copy of the April, 2014 Grapevine Magazine that says, "HAPPY BIRTHDAY BIG BOOK" and if your entry was one of the first 1,000 to email or mail your guess, the winner will also receive a golden (not real gold) medallion holder necklace with a 12 Step royal blue and golden AA medallion in the circle holder (in the picture below). The retail value of this package is \$55.96, but your notoriety as the winner, your place in local AA history, and Central Office legend cannot be measured in dollars nor "sense".

But wait, there is still more !!!

The winner will also receive exclusive rights to have his or her picture taken with the Central Office volunteer of their choosing. If anyone chooses a picture made with a "special worker", the rights of ownership will be forfeited.

We have alerted AOL and USPS of the anticipated deluge of correspondence, but we want to make sure your entry has a chance. Therefore all emails and letters dated or postmarked by midnight, July 3rd, 2014 will be eligible. Also, PLEASE only one entry per person, and this rule is only enforceable by your integrity. In case of a tie, there is a tie-breaker. The person with the least sobriety certified by sponsor will be the winner.

I am not eligible but will in certified personal email to "The Messenger" Editor divulge my prediction.



CENTRAL OFFICE	NAME	PHONE #
OFFICERS		
Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Sara B	615.708.0384
Treasurer	Chris K	615.689.2706
Public Information/Cooperation with the Professional Community	Jimmy G	615.924.4260
Corrections	Charlie B	615.554.9085
Special Needs	Leigh W	615.566.4170
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863

FIRST TUESDAY OF EVERY MONTH:

District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE

When: Thursday May 8th 5:45pm – 6:45pm Where: Central Office 417 Welshwood

Walking Hand in Hand



2014 Area 64 TN State Convention September 5th – 7th

- Hotel: Montgomery Bell State Park
 1000 Hotel Avenue Burns, TN 37029
- Reservations: (800) 250-8613 or (615) 797-3101 www.tn.gov/enviroment/parks/montgomerybell/
- ~ Group Code: "Tenn State Convention" Cut off Date: 7/22/2014
- Room Rate: Double: \$88.20+Tax, King: \$99.75+Tax,
 Suite: \$204.75+Tax, Cabins: \$346.50+Tax (2 nights)

*First Nights Fee will be charged to your Credit/Debit Card at time of reservation

For more information contact: Johnny L. (615) 419-4468 or Jon P. (615) 818-9633

Name		
Address		
City		Zip
Email		
Phone ()	148459	
AA Al Anon Alateen		
Alateen #	Pre-Registration: \$ 20 eac Registration \$ 15 each	h, \$25 after 8/01/14
	vice at the convention	
Special Needs: Will Scholarship Donat	heelchair/HearingImpaired/Other_ tion	

Make checks payable to: 2014 Area 64 State Convention Mail to: P.O. Box 128363 Nashville, TN 37212-8363



FAMILY PICNIC PINKERTON PARK 405 MURFREESBORO RD FRANKLIN SATURDAY— JUNE 14TH

EVENTS FOR CHILDREN
BRING AN INSTRUMENT AND
JOIN IN THE FUN

I DREAM OF A BETTER WORLD WHERE CHICKENS CAN CROSS THE ROAD WITHOUT HAVING THEIR MOTIVES QUESTIONED

	Meeting Updates						
	NEW						
37027	Rule 62 added 11:30 OD on Tues & Thurs						
	Straight from the Book Good Shepard United Church						
37075	525 Shaklee Rd 4-5:30p Sun						
37130	Back to the BB Group added Wed 7p BB CD						
	Bill Wilson Literary Society Old Hickory Pres Church 801						
37138	Jones Old Hickory W 7:30p OD/Lit						
37174	RUSSH Hour Sun 7p Wmn CD						
	Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St						
37206	Mon - 7p Men						
27210	Crossroads Group Trevecca Towers II 60 Lester Ave						
37210 37210	Chapel Fri 2pm Late Nite News Club 62 329 Peachtree St Th 10:30p OD						
37210	Woodbine Group Last Stop Club Sun 6:30p OD						
37211	Freedom House - M 7pm OD Sun 10am OD						
3,214	Winners 219 Commerce St Loretto, TN - Tues 7p CD						
38469	Sat 6p CD						
38549	By the Book - Byrdstown Smyrna Church Thurs 7p OD						
	MOVED						
	Key to Sobriety Grove United Meth 6485 Central						
37122							
Women in the Solution - Gateway Church							
37160	37160 1304 Madison St Shelbyville						
CHANGES							
	S.W.A.T.T Sun 3:30 OD/WMN St. Mark's Episcopal						
37013	Church 3100 Murfreesboro Rd						
37013	No Name Yet is now 60 Minutes & meetings are OD						
27007	IBI-UBU Group Mon - 11 & 6:30 Book (Lit) - Sun 11						
37087 37110	Meditation McMinnville Serenity Group Fri & Sat now meet at 7pm						
37110	Robertson County Sun 10a & 7p OD/CD Wed Noon						
37172	Thur 7p Grapevine						
37209	West Nashville Group Tue 8p Lit						
37214	Bikers in Recovery now meets at 7:30pm Thurs						
37334	Fayetteville Group Mon is CD - Last Thurs is SP & Meal						
37334	Serenity Celler Wed is CD						
37335	Manchester Noon Fellowship is now 12/24 Group						
37335	Manchester Mon Night AA MTG is now at 7:30						
38588	Sat Fairfield Glade Group - 481 Snead Dr (not Rd.)						
38588	Tues Fairfield Glade Group - 481 Snead Dr						
27174	CANCELLED Sisters of Sobriety (SOS)						
37174	Sisters of Sobriety (SOS) Communications Group Thursday Night						
37205 37211	Woodbine Group Last Stop Club Sun 1:30p						
37217	Camino A La Sobriedad Monday 8p						
38469	Loretto 417						
30403	LOICHO 717						

William "Buck" Raby, long time member of the West Nashville Group and one the originators of the Sunday nite men's meeting at 202, passed away 12/12/13 with 47 years of sobriety. His quiet example is sorely missed.

Closed Women's AA Meeting

38478

2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

July 2 - 5, 2015 Atlanta, Georgia



The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Atlanta, our host city, will be provided.

This Web site will be updated as more information becomes available. Also, watch for articles in *Box 4-5-9* that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the Web site.

Convention registration and housing reservations will open in fall 2014. All necessary information will be included in the registration packet which will be available in September 2014. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the Web site.

www.aa.org

We look forward to seeing you in Atlanta!

Hendersonville Big Book Group presents Summer Speakers and Potluck Picnics



The Hendersonville Big Book Group brings you a real, live, walking, talking Big Book every 3rd Sunday of the summer months....

Bring your family or friends or just yourself. Bring a dish to share. May 18
June 15
July 20
August 17

Meats on the grill by the one and only Chef Andy! (We love you, Andy)

Come at **5:30** for fellowship, food, and fun. Speaker at 7:00.
**speakers to be announced

Bluegrass Baptist Church - Pavilion 235 Indian Lake Road



Room rate \$84 per night Cut off date June, 18 2014 - Registration Code - Area 64 Limited Number of pet friendly rooms \$10 extra lo CC hold - check in at 3:00p.m.(CDT) check out at 12:00p.m.(CDT)



56TH ICYPAA

THE EFFECT WAS ELECTRIC

For questions regarding registration, please contact: Jessica Smith Registration Chair

Don't forget to pre-register at www.ICYPAA.org

FOUNDER'S DAY

June 7th, 2014

FIRST UNITED METHODIST CHURCH 217 EAST MAIN STREET, HENDERSONVILLE, TN

Registration begins at 8am Festivities last until 10pm

MARATHON MEETINGS
FROM 10AM UNTIL 7PM
3 SPEAKERS *TO BE ANNOUNCED*
LAST SPEAKER AT 8PM

CLOSING CEREMONIES AT 9

We have open slots for marathon meetings!

10am - Robertson County Group 11am - Straight from the Book Noon - United Group (Gallatin) 1pm - Open 2pm - Open 3pm - Steven T 4pm - Open 5pm - Open 6pm - Open 7pm - Open

Call Now to Reserve Your Spot!

Contact Ciro at 615-712-0386 for more information



\$5.00 REGISTRATION (SUGGESTED DONATION) \$5.00 - BREAKFAST \$5.00 - LUNCH \$7.00 - DINNER

All Donations will go to Central Office

GROUP CONTRIBUTIONS THROUGH APRIL 2014

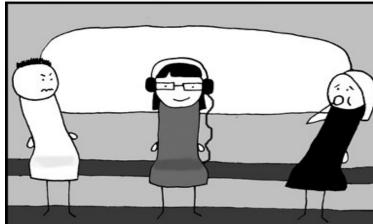
			0 1101
Group / Meeting	Dist	April	YTD
24 HOUR	32		300
ANONYMOUS (ALL)		52	139
CONTRIBUTIONS			
ANY LENGTHS	13		35
BACK ROOM	35	554	2,112
BACK TO THE BIG BOOK	12	60	120
BILL WILSON LITERARY	31		134
SOCIETY			
BRADFORD BEGINNERS			79
BY THE BOOK -DICKSON	15	67	164
CAME TO BELIEVE	33	50	50
CAMELS			20
CELEBRATE SERENITY			200
CHICKEN PLUCKERS MENS	33		240
COLUMBIA	40	20	80
COMFORT ZONE			332
DAVIDSON RD	30		1,800
DAVIDSON ROAD WOMEN'S			470
DICKSON AA	15		390
DONELSON YET	31		100
DOWNTOWN LUNCH	32		202
DRUNKS IN THE PARK	33	103	761
EAST NASHVILLE 86'ers	34	80	185
EAST NASHVILLE WOMENS	31	224	224
EAST SIDE SATURDAY			1,550
EASY DOES IT (Mt Juliet)	31	250	250
EVERY NIGHT AT 6	32	96	218
EVERT NIGHT AT 0	32	90	210
FAIRFIELD GLADE	9	33	66
FAIRVIEW	33		14
FAYETTEVILLE	40		40
FIRST THINGS FIRST	34		100
FIVE & FIVE	30		
FRANKLIN 4TH BB STUDY	33		448
			150
FRANKLIN	33		400
FRANKLIN MENS FRANKLIN ROAD WOMEN'S	33	100	500
FREE TO BE	33	100	100
G.O.D. (OF DRUNKS)	31		157
	40	112	160
GLADEVILLE GRATITUDE	13	113	113
GRATEFUL ALIVE	33	75	222
HAPPY HOUR -LEWISBURG	40	ΕO	50
HAPPY HOUR-COOKEVILLE	9	50	100
HARDING ROAD	30	F0	150
HENDERSONVILLE BIG BOOK	34	50	50
HIGHER POWERED	32		133
INGUER FOWERED	32		133
HILLSBORO ROAD	32		500
IBI-UBU	13		100
JOELTON	34		50
KEEP IT SIMPLE BELLEVUE	33		234
KEY TO SOBRIETY			
NET TO SUDRIETT	31		140

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Group / Meeting	Dist	April	YTD
LADIES NIGHT OUT	34	25	50
LATE LUNCH BUNCH	33	400	1,050
LET IT HAPPEN	35		150
LIFE SAVERS	30		200
MADE A DECISION			115
MCMINNVILLE	12		100
MIDDAY BREAK	32	410	566
MT JULIET FELLOWSHIP	31		450
MURFREESBORO	12	30	75
MUSTARD SEED	32	50	200
NEW ATTITUDES		43	43
NEW BEGINNINGS	12	20	60
NIPPERS CORNER	32	29	29
NORTHSIDE, CLARKSVILLE	14		75
ONE DAY AT A TIME	31		900
ONE STEP CLOSER	33	275	275
OUT TO BREAKFAST	30		89
PAY DAY	15	125	125
PEACHTREE		45	45
PORTLAND UNITY	13		20
PRIMARY PURPOSE	34	69	123
PULASKI	40	5	20
ROAD OF HAPPY DESTINY	14		15
SAFE HARBOR (D14)	14	50	50
SATURDAY LIVING BY THE	30		75
PRINT			
SATURDAY NIGHT ALIVE	11	30	120
SEARCH FOR SERENITY	34		113
SEEKING SANITY	31	46	603
SERENITY (12)	12	50	150
SHADE TREE	31	660	1,390
SMYRNA GRATITUDE	12	100	431
TCYPAA	32		9
THE STRAGGLERS	33	82	82
THE UNITED	13		75
TRINITY	11		50
TURNING POINT	33	196	320
WANGL	30		187
WAVERLY	15	30	30
WEEKENDERS	34		50
WEST NASHVILLE	35	407	53
WESTMINSTER	30	127	127
WHITE HOUSE	34		80
WILSON COUNTY FRIEND- SHIP	13		25
WINNERS & BEGINNERS	35		50
WOMEN'S FREEDOM	30		304
WOMENS SPEAKER	30		300
YOUNG GUNS	32		28
Grand total:		4,875	23,610
		•	•

MIDDLE TENNESSEE INTERGROUP ASSOCIATION STATEMENTS OF ACTIVITIES ACTUAL AND BUDGETED-SCHEDULE 1 FOR THE MONTH AND FOUR MONTHS ENDING APRIL 30, 2014 AND 2013

11100145		Actual	CURRENT MONTH Budget	Budget-Var		Actual	YEAR TO DATE Budget	Budget-Var
INCOME LITERATURE SALES	\$	12,922.51	11,363.33	1,559.18	s	49,011.75	45,453.32	3,558.43
LITERATURE PURCHASES	ø	(8,854.07)	(8,333.33)			(33,767.15)	(33,333.32)	(433.83)
FREIGHT IN		(20.80)	0.00	(20.80)		(125.70)	0.00	(125.70)
PREIGHT IN		(20.00)	0.00	(20.00)		(120.70)	0.00	(120.70)
NET LITERATURE SALES		4.047.64	3,030.00	1,017.64		15,118.90	12,120.00	2,998.90
GROUP		4,993.38	5,069.67	(76.29)		24,152.54	20,278.68	3,873.86
INDIVIDUAL		193.00	516.67	(323.67)		1,682.11	2,066.68	(384.57)
MESSENGER		48.00	91.67	(43.67)		156.00	366.68	(210.68)
SPECIAL EVENTS		0.00	416.67	(416.67)		0.00	1,666.68	(1,666.68)
INTEREST		2.07	17.50	(15.43)		6.00	70.00	(64.00)
	-							
TOTAL INCOME	_	9,284.09	9,142.18	141.91		41,115.55	36,568.72	4,546.83
EXPENSES		050.00	000.00	450.00		750.00	200.00	(50.00)
CASUAL LABOR		350.00	200.00	150.00		750.00	800.00	(50.00)
PAYROLL		4,190.16	4,453.09	(262.93)		18,338.22	17,812.36	525.86
LEGAL & PROFESSIONAL		175.00	216.67	(41.67)		657.18	866.68	(209.50)
SALES TAX EXPENSE		13.27	0.00	13.27		11.89	0.00	11.89
RENT		946.00	1,137.33	(191.33)		3,784.00	4,549.32	(765.32)
PRINTING		0.00	400.00	(400.00)		795.00	1,600.00	(805.00)
PAYROLL TAXES		320.55	339.75	(19.20)		1,082.34	1,359.00	(276.66)
MAINTENANCE		105.75	83.33	22.42		295.75	333.32	(37.57)
TELEPHONE & FAX		797.03	722.25	74.78		2,066.98	2,889.00	(822.02)
COMMUNICATIONS		0.00	0.00	0.00		0.00	0.00	0.00
ANSWERING SERVICE		195.00	253.33	(58.33)		816.00	1,013.32	(197.32)
POSTAGE		107.37	200.00	(92.63)		1,003.98	800.00	203.98
OFFICE SUPPLIES		136.58	208.33	(71.75)		1,332.72	833.32	499.40
BANK SERVICE CHARGE		0.00	0.00	0.00		(10.00)	0.00	(10.00)
MOVING EXPENSES		0.00	0.00	0.00		1,965.48	0.00	1,965.48
COMPUTER PROJECT		0.00	200.00	(200.00)		545.13	800.00	(254.87)
EMPLOYEE BENEFIT		0.00	0.00	0.00		0.00	0.00	0.00
INTERGROUP EXPENSE		418.05	62.50	355.55		608.88	250.00	358.88
INSURANCE		0.00	200.00	(200.00)		1,216.00	800.00	416.00
SPECIAL EVENTS / FUNCTION		0.00	166.67	(166.67)		0.00	666.68	(666.68)
REPAIR & MAINTENANCE		0.00	83.33	(83.33)		0.00	333.32	(333.32)
CUSTODIAL		0.00	50.00	(50.00)		0.00	200.00	(200.00)
TRAVEL		164.72	165.58	(0.86)		574.18	662.32	(88.14)
DEPRECIATION		25.08	0.00	25.08		420.87	0.00	420.87
OVER/UNDER	_	0.00	0.00	0.00		10.00	0.00	10.00
TOTAL EXPENSES	_	7,944.56	9,142.16	(1,197.60)		36,264.60	36,568.64	(304.04)
NET INCOME	\$_	1,339.53	0.02	1,339.51	\$	4,850.95	0.08	4,850.87

Things I Forget:



Wearing headphones only makes my farts silent to me.

A turtle was walking down an alley in New York when he was mugged by a gang of snails. A police detective came to investigate and asked the turtle if he could explain what happened.

The turtle looked at the detective with a confused look on his face and replied "I don't know, it all happened so fast."

Two fish in a tank.

One turns to the other and says

"Do you know how to drive this thing?"

I want to die peacefully in my sleep like my grandfather.

Not screaming in terror like his passengers.

June Page 11

Barbara D. 07.05.95 Vicky H. 07.09.04 Julie B. 07.13.06 John D. 07.23.06 Desiree P 07.17.07 Earl B. 07.26.08 Quoc L. 07.04.10 Henry W. 07.25.10 Megan W. 07.13.11 J.R.M. 07.24.11 Robert R. 07.03.12 Rachel G. 07.25.12 BRENTWOOD FULL MOON Chris C 06.19.98 Don C 06.10.01 Josh M 06.04.08 Katie A 06.14.10 Stan M 06.14.09 DONELSON YET Sue P 06.27.94 EVERYNIGHT @ SIX Colleen J 06.06.86 Elaine H 06.20.12 Ernest S 06.27.11 Lylly 06.01.12 Melodie S 06.22.10 Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08 Wesley H 06.30.08	BACKROOM				
Julie B. 07.13.06 John D. 07.23.06 Desiree P 07.17.07 Earl B. 07.26.08 Quoc L. 07.04.10 Henry W. 07.25.10 Megan W. 07.13.11 J.R.M. 07.24.11 Robert R. 07.03.12 Rachel G. 07.25.12 BRENTWOOD FULL MOON Chris C 06.19.98 Don C 06.10.01 Josh M 06.04.08 Katie A 06.14.10 Stan M 06.14.09 DONELSON YET Sue P 06.27.94 EVERYNIGHT @ SIX Colleen J 06.06.86 Elaine H 06.20.12 Ernest S 06.27.11 Lylly 06.01.12 Melodie S 06.22.10 Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Barbara D.	07.05.95			
John D. 07.23.06 Desiree P 07.17.07 Earl B. 07.26.08 Quoc L. 07.04.10 Henry W. 07.25.10 Megan W. 07.13.11 J.R.M. 07.24.11 Robert R. 07.03.12 Rachel G. 07.25.12 BRENTWOOD FULL MOON Chris C 06.19.98 Don C 06.10.01 Josh M 06.04.08 Katie A 06.14.10 Stan M 06.14.09 DONELSON YET Sue P 06.27.94 EVERYNIGHT @ SIX Colleen J 06.06.86 Elaine H 06.20.12 Ernest S 06.27.11 Lylly 06.01.12 Melodie S 06.22.10 Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Vicky H.	07.09.04			
Desiree P 07.17.07 Earl B. 07.26.08 Quoc L. 07.04.10 Henry W. 07.25.10 Megan W. 07.13.11 J.R.M. 07.24.11 Robert R. 07.03.12 Rachel G. 07.25.12 BRENTWOOD FULL MOON Chris C 06.19.98 Don C 06.10.01 Josh M 06.04.08 Katie A 06.14.10 Stan M 06.14.09 DONELSON YET Sue P 06.27.94 EVERYNIGHT @ SIX Colleen J 06.06.86 Elaine H 06.20.12 Ernest S 06.27.11 Lylly 06.01.12 Melodie S 06.22.10 Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Julie B.	07.13.06			
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DONELSON YET Sue P 06.27.94 EVERYNIGHT @ SIX Colleen J 06.06.86 Elaine H 06.20.12 Ernest S 06.27.11 Lylly 06.01.12 Melodie S 06.22.10 Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Josh M	06.04.08			
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Monica G 06.02.13 Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Lylly	06.01.12			
Robbie T 06.26.96 Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Melodie S	06.22.10			
Robin C 06.01.13 Shaun G 06.08.95 Tabatha G 06.06.08	Monica G	06.02.13			
Shaun G 06.08.95 Tabatha G 06.06.08	Robbie T	06.26.96			
Tabatha G 06.06.08	Robin C	06.01.13			
	Shaun G	06.08.95			
Wesley H 06.30.08	Tabatha G	06.06.08			
	Wesley H	06.30.08			

FIRST THINGS FIRST					
Chad M	06.26.81				
Susan B	06.15.13				
GRATEF	JL ALIVE				
Jenny G	06.09.96				
II D	06.02.11				
Joe H	06.02.09				
Lydia P	06.12.07				
Pat B	06.28.11				
Tom R	06.20.88				
IBU	UBU				
Cathy B	06.22.98				
Jane Z	06.16.10				
KEEP IT	SIMPLE				
Dan B	06.10.12				
Daniel O'C	06.01.86				
Jake H	06.01.92				
James C	06.12.08				
Krissy H	06.17.11				
Lenny M	06.18.09				
Liz H	06.08.01				
Liz W	06.10.13				
Pat S	06.04.82				
Paul K	06.13.83				
Sean H	06.06.12				
LOVE & L	AUGHTER				
Barry S	06.03.66				
Butch Q	06.03.83				
Gary P	06.01.89				
MT. JULIET F	MT. JULIET FELLOWSHIP				
	06.07.86				
	00.07.00				

MID DA	Y BREAK
Belinda R	06.15.13
Carl V	06.30.76
Charlie H	06.18.89
Charlotte W	06.08.91
John W	06.15.83
Lee A	06.17.??
Terry S	06.27.97
P.C).P.
David	06.24.11
Karl J	06.11.08
SEEKING	SANITY
Alason B	06.20.11
Clorinda S	06.14.80
Harry M	06.18.09
John W	06.11.08
Lisa W	06.04.89
Lynn M	06.08.06
Paul	06.??.91
Tammy M	06.02.12
Tony B	06.08.94
SEARCH FO	R SERENITY
Alan J	06.10.91
David K	06.25.13
Kenneth D	06.27.87
Mary Ann E	06.05.94
Teresa E	06.01.12
Tracey L	06.19.08
SHADI	E TREE
AI C	06.25.86
Angie P	06.20.09
Caroline W	06.28.99

SHADE TREE				
Clorinda S	06.14.80			
George W	06.14.13			
Curt S	06.06.04			
aura D	06.02.07			
inda ER	06.25.86			
Sharon C	06.03.87			
Sherry W	06.10.06			
SMYRNA G	GRATITUDE			
Adryan H	06.25.12			
Daniel	06.01.13			
Darrell W	06.15.12			
Don K	06.30.11			
ack H	06.14.91			
ennifer B	06.17.12			
erry G	06.01.13			
esse C	06.01.12			
ohnny B	06.05.12			
Karen V	06.17.10			
Kristi S	06.21.09			
Marilyn S	06.27.03			
Mark H	06.12.87			
Melissa C	06.17.13			
Michael M	06.03.96			
Nathan S	06.04.09			
Shannon S	06.24.10			
Steve S	06.27.97			
WEEKE	NDERS			
Colleen J	06.06.86			
ohn W	06.15.83			
Kenneth L	06.01.06			
Mary R	06.20.08			
Michael D	06.12.09			
Sam W	06.05.87			
WOMEN'S SPEAKER				
Alissa F				



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