# Middle Tennessee Central Office Intergroup

# DECEMBER 2014

#### INSIDE THIS ISSUE Recipe 1 Kokomo 2 Requirements? 2 **Tapestry** 4 **Intergroup Info** 4 **Meeting Updates** 5 **Events** 6 **Contributions** 8 **Financials** 10 11 Anniversaries

# The Messenger

available at an subscription price of \$12.00. limited number of free subscriptions are available upon request by writing or calling the Central Office.

It is also available on-line at www.aanashville.org.

If you read The Messenger on-line, a contribution to The Middle **Tennessee Central** Office would help and be appreciated.

# **RECIPE FOR A SOBER HOLIDAY**

**How to stay away from the Yuletide** often a solution, to getting loose. sauce? A Member whips up some ingredients that work.

The holiday season always poses special problems for we who are avoiding the Yuletide sauce. If we are working our program one day at a time, each of these days should be I know. But as I make meetings in early December, the ominous question on many lips, especially newcomers', is "How am I going to get through the holidays?"

My first Christmas sober was a tough one, and may be for others, too. So I'd like to pass on my favorite holiday recipe for a sober Christmas: Take a lot of meetings; mix generously with some finely grated Easy Does Its; add a day at a time: simmer over a few well-seasoned remember-whens.

For me, meetings are an essential key to any success in the AA program. Those members whom I see putting one sober day at a time back to of meetings. I don't think it's a coincidence. How many meetings one should make is surely an individual matter, but if the holidays pose special problems, as they always do for me, "too many" simply doesn't exist. As a matter of fact, if I'm uptight over any situation anytime during the year, meetings offer at least a start, and

I think Easy Does It gives sobriety some durability. I'm inclined to be an intense person, and remembering not to take myself so seriously also keeps me loose. It can be hard to live a day at a time when advertisers are hitting us from mid-November on with nearly considered the same as any other, 800 messages daily that there are only so many days till Christmas. They have their own program to work, but I have to be careful not to let the pressure and expectations of the season lead me to blow my cool.

"A day at a time" is a great philosophy of life, in addition to being the only way I can stay sober. My first year in AA, I was wondering on Thanksgiving Day how I'd get through an office party in mid-December. (How futile!) Sometimes it's even necessary for me to break the day down to a few hours or even a few minutes at a time. (I've often imagined myself as Grapevine's Victor E., thinking, "One beer commercial at a time.") The nice thing back also seem to be making lots for me is that every minute, hour, or day gained makes the hump that much easier to get over.

> When I remember Christmases past, I have a tremendous temptation to rationalize all the "wonderful times" the liquid season brought to my otherwise dreary life. Christmas

> > (Continued on page 3)



# THE BIG DAY FOR REGISTRATION HAS OCCURRED

(**SEE PG 6**)

PACKAGES FOR THE 2015 INTERNATIONAL CONFERENCE ARE AVAILABLE.

IF YOU ARE NEW AND HAVE NEVER GONE TO A CONVENTION OR CONFERENCE

—THIS IS THE ONE FOR YOU! DON'T BE INTIMIDATED—

ASK QUESTIONS AND SHOW UP FOR A MIND BLOWING EXPERIENCE.

YOU WON'T BE THE ONLY NERVOUS ONE

—JUST REMEMBER—

WE ARE ALL THERE FOR RECOVERY.

IT'S CLOSE—ATLANTA

# **SOBER IN KOKOMO**

# A relapse during his retirement in Florida brought him home.

I drank hard for nearly 20 years from the age of 16 until I was 35. I had started trying to control my drinking when I was about 27. It was around then that I could no longer predict what would happen, how much I would drink, or where I'd wind up.

My wife and I got married in 1962. I made a living as a union electrician. My wife had a 3-year-old daughter when we married. Our first child together – our son – never made it home from the hospital. He was born with a hole in his heart and died within five weeks of coming into this world. I cursed God for his death. I stayed drunk a long time. A couple of years later, we had another child. A little girl. I thank god she was healthy and still is to this day.

I started going to AA in 1975. I really wanted to stop drinking in those years but I wasn't capable of being honest with myself. I finally stopped in June of 1979. My wife still drank during the first year of my sobriety. We ultimately divorced in 1982. Our divorce made me crazy for about a year but I didn't drink.

Later, I re-married. My second wife was 18 years younger than I and despite what many of our friends and family thought, we have had 29 great years together.

For many years, I was "Mr. AA." I went to a lot of meetings, I sponsored many people and worked and lived a good program. My growing electrical business took up more and more of my time and I lessened my meeting attendance. Eventually, I was down to one meeting a year. On my AA birthday.

I retired and we moved to Florida. Then it happened, I wanted to drink. Finally, it overwhelmed me. I drank one day and thought I could control it.

Within months, I controlled my way right to the Cass County Jail for a DWI. It was a Friday night. I got out of jail on Saturday morning and called a friend to take me to a meeting. It was the Sunday morning meeting in Rochester, Ind. I had known the people in that meeting for over 25 years.

The hardest thing I ever had to do was walk into that meeting and tell my friends I had been drinking. No one said anything negative to me. They were glad to see me back. That was 10 years ago. God has taken away the craving to drink twice from me, once in June 1979 and again in September 2003. For this and AA, I am eternally grateful.

—Russ P., Kokomo, Ind.
Reprinted with permission: AAGrapevine.org

# What Are the Requirements?

# An AA considers religion in meetings in the context of the Third Tradition

Sometimes, it seems that the Third Tradition has been amended to "The only requirement for membership is a desire to stop drinking and a belief in God. In many meetings, as well as Grapevine articles, I hear that unless I profess a belief in God, I am doomed to drink again. This God is usually not a God of my understanding but a God of their understanding.

I have been sober in AA for well over 30 years. For the first 10 years or so, I tried to believe and I made believe that I believed. At my sponsor's suggestion, I prayed daily and worked the Steps. The more I studied religion and God, the more convinced I became that this was not for me. Yet, I continued going to meetings, sponsoring others (if they believed in God I did nothing to discourage them), engaging in service work, and stayed sober.

I find most AA literature, on this subject, very condescending. Even chapter four of the Big Book, "We Agnostics," promotes the idea that atheists and agnostics will eventually come to believe in God.

(Continued on page 3)

# RECIPE FOR A SOBER HOLIDAY (con't)

(Continued from page 1)

always broke the routine of drowning my sorrows alone. Police officers were more understanding. Tavern-owners (already wealthy on my daily contributions) were generous and bought for the house. And of course, didn't everyone get a little tight for Christmas?

But then I have to pause and realistically remember

when my children's father spent the holidays in fluid drive. I have to be honest and remember those "wonderful times" at our house: the loans to pay for the presents, to cover the guilt of never being a parent; the loans to pay "the electric bills" (when I knew all the time that the money would go to pay the bar tabs); the lastminute shopping that ended with "just one quick one" on Mahogany Ridge and only a \$1.98 hat for a wife who had waited all day for me to come home: the used watch

purchased from the barroom therapist in the white apron (who would, of course, put it on the tab); the

"wonderful" sense of accomplishment I felt on Christmas Day watching my four children open their gifts, as I nursed a big head and a weak stomach and wondered how I'd repay the loan that had paid for the presents that were bought to pay for the guilt of taking the loan; and the hope that in the whole deal I'd bought some respect and given some love.

Boy, those were "wonderful times"! I found it really

tough to give all that up. But now it's much more pleasant to think of the four great Christmases my family and I have enjoyed in sobriety.

Looking back, I see that my recipe lacks one vital instruction: It should be baked 365 days a year in an oven of gratitude. The deep gratitude I have for the AA program and the life it has opened for me is beyond expression. There must be a Santa Claus—or something!

—Ray S., Snyder, N.Y. Reprinted with permission: AAGrapevine.org

(Continued from page 2)

# What Are the Requirements? (con't)

## An AA considers religion in meetings in the context of the Third Tradition

Discretion as become the better part of valor for this atheist at meetings. Many AAs will insist that this is a spiritual program and then go on to explain their religious beliefs and why I should accept them.

Convincing them to become an atheist is not my job or intent. While it is not appropriate for me to point out the errors of their thinking, why do they think it is their responsibility to convert me? I have no problem in believing in many powers greater than myself. I just believe in one less God than they do.

In the June 2013 Grapevine, "K.K." wrote, "Tradition six reminds us to be careful not to endorse." When a new-comer, or a visitor, comes to an AA meeting and experiences it being closed with the Lord's Prayer, wouldn't they assume that, since this is a Christian prayer, and AA endorses it, therefore AA must be a Christian organization? We say, "We want the hand of AA to always be there..." Are we placing restrictions on who will be allowed to grasp that hand?

—Bob L., Gilbertsville, Penn.

Reprinted with permission: AAGrapevine.org

# "The difference between my will and God's will is that my will starts out easy and gets hard, and God's will starts out hard and gets easy."

A perfect example of this quote is the program itself. My will told me it was much easier to keep using and doing what I was doing then to work the program and the steps. Of course, my will may have appeared easier at first, but oh how hard that path was. By contrast, God's will for me was to recover, and though it was hard at first my life is infinitely better and life truly is easier.

The main problem with my will is that it is first and foremost about me. It tricks me into believing that if I take care of my wants first, then I'll be able to help another -- of course I usually find out that my wants are insatiable, and I quickly become lost in their demands.

God's will, on the other hand, is usually about helping others and with what's right for all concerned -- the whole picture in which I am just part. While this seems backwards to me at times, I always find out that when I'm able to surrender to God's will, my real wants and needs are met and exceeded in ways I never could have imagined.

These days it's easier for me to differentiate between my will and God's will, and more and more I'm able to make the right choice. Ultimately, it's about being comfortable in my own skin, and only choosing God's will guarantees me that.

CENTRAL OFFICE OFFICERS	NAME	PHONE #	A Tapes	stry of Understanding		
Chairperson	Michael A	615.497.6617	In sobriety, she learned that while she could only the various threads, her Higher Power could see			
Central Office Manager	Charles C	615.973.9898		overall design		
Central Office Bookkeeper	David W	615.973.9962	"Please God, give me inspired thought and action. Pleashow me what you would have me do today."			
Vice Chairperson	Cathy M	615.500.0863	This is my daily prayer, and it doesn't come naturally takes effort and habit to get out of my selfish state of be			
Secretary	Whitney J	615.533.2308	and ask God what he would have me do, or how he'd hame act or react, in the day he gave me.			
Treasurer	Chris K	615.689.2706	I know the answer is not going to be, "Well, Amber, this day is all about you! Focus solely on your wants and desires without a care in the world about what others think or feel."  Ultimately, if that were the case, I wouldn't be a good friend, daughter, niece, girlfriend or fellow member of AA because I'd probably talk about myself all the time, no			
Public Information/ Cooperation with the Pro-	Paul S	615.556.3357				
fessional Community	C1 11 T					
Corrections	Charlie B	615.554.9085				
Treatment Facilities	George S	615-636-6798	ask about others and how their lives are, sleep a lot, try control people, places or things, not answer my phone a isolate with my own companymaybe even drink. I known that is a second sec			
Archives	Everett C	615.226.4880	this does not work because it's what I used to do before entering the rooms of Alcoholics Anonymous.			
Sobriety Dinner	Cathy M	615.500.0863		(Continued on page 5)		
FIRST TUESDAY EVERY MONT District 30 Meetin When: 6:30pm - 7 Where: 5925 C	H: ng	<b>EVER</b> Intergr	MONDAY OF Y MONTH: oup Meeting 5:45pm – 6:45pm Central Office	STEERING COMMITTEE When: Thursday Jan 22nd 5:45pm – 6:45pm Where: Central Office 417 Welshwood		

417 Welshwood

# **Meeting Updates**

#### **NEW**

Made A Decision - Parkway Baptist 505 Cunniff Pkwy M-**37072** 8p OD

Free Thinkers—Cumberland Heights IOP Bldg 745 S

**37130** Church St Suite 505 Murfreesboro 5:30 p 1st Sat

S.O.S. - Belle Meade United Meth - 121 Davidson Rd F-

**37205** 9aOD/Lit/Wmn

Every Sat Nite at 7 OD - House of Blessing Church 900

**37206** Gallatin, Nashville

WANGL -BBStudy 6:30p Monday Quaker House 530 26th

**37209** Ave N.

Steel Magnolias Wmn Last Stop 2122 Utopia TH - 6:30p

**37211** CD/LIT/WMN

#### **MOVED**

Winners Coleman Memorial United Methodist 322 N.

**38464** Military Ave, Lawrenceburg M & Tu 7p CD - Sa 7p OD

#### **CANCELLED**

Robertson County - Tu 8pm downtowners- W Noon 208B

**37172** - Th 7p 208B

**37207** Seven Dips Tu 11a & Tu 7p

37210 Young Timers Wed 8p

37334 Fayetteville Group - W & Sa cancelled

#### **CHANGES**

Search for Serenity - Tu OD/Beg - W OD/BB aln -

37115 F OD/GV aln

Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St

**37206** Thurs - 7p Men (not Wed)

**37210** Come as You Are—Zip Code is wrong in the directory

**37210** The Spiritual Giants—Zip Code is wrong in the directory

**37210** Young Guns—Zip Code is wrong in the directory

**37210** Last Call Group—Zip Code is wrong in the directory

**37210** Unity Group—Zip Code is wrong in the directory

Saturday Eye Opener Group—Zip Code is wrong in the

37210 directory

**37210** Peachtree Group—Zip Code is wrong in the directory

Serenity Cellar West End Baptist Church 200 Morgan Ave

37334 Fayetteville Tu - 7p CD - Sa - 9a OD



(Continued from page 4)

# A Tapestry of Understanding (con't)

When I humble myself and say this prayer, I usually go about my day doing the next right thing. On the other hand, when I neglect to say this prayer, I notice my thinking to be overly analytical, easily drifting into worry, my words become bitter and cutting towards others and myself, and the choices I make become sometimes overwhelmingly baffling even to me.

With this knowledge, for me, amongst other experiences that I've had, I know that there is a God working in my life. The love I feel from him is omnipresent! When I invite him in and ask for guidance, before speaking, responding, or even writing, life flows with ease and good people, kindness, creativity, solutions and lovely things pour in at covert mach speed.

It's quite amazing to know that I can only see the colorful threads individually, some of them weaving together to form designs that make sense once I've moved on to the next thread. Yet, he can see the whole tapestry!

In my past, I had faith and knew in my heart that there was a loving God, but I was so busy acting defiant. Even in recovery, there have been several times in which I knew the choices I made were not in alignment with God's will, and I was disciplined with painful consequences. The biggest is looking at my image in the mirror and not liking the eyes looking back.

Feeling lost, baffled, remembering my poor choices, not okay with who I am ... This is the most disturbing feeling. Though, through great teachers, I found a solution that works when I use its power: prayer first, then action.

My daily connection with God is a must. As God created me in his image and is a loving God who loves me, who gave me purpose in this world with a gift of sobriety to boot, who am I to loathe myself and run on my own esteem if I know it hasn't turned out well in the past?

Today, I have no interest in walking through the day lost without guidance. I am responsible for asking for his hand and reaching mine out to help others, as other people and God have done for me so lovingly.

—Amber M., Coon Rapids, Minn. Reprinted with permission: AAGrapevine.org

# 2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

July 2 - 5, 2015 Atlanta, Georgia



The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Atlanta, our host city, will be provided.

This Web site will be updated as more information becomes available. Also, watch for articles in *Box 4-5-9* that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the Web site.

Convention registration and housing reservations will open in fall 2014. All necessary information will be included in the registration packet which will be available in September 2014. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the Web site.

## www.aa.org

We look forward to seeing you in Atlanta!

REGISTRATION PACKAGES

ARE NOW AVAILABLE
AT THE CENTRAL OFFICE

# **Christmas Carols for the Psychiatrically Challenged**

Schizophrenia --- Do You Hear What I Hear?

Multiple Personality Disorder --- We Three Queens Disoriented Are

Dementia --- I Think I'll be Home for Christmas

Narcissistic --- Hark the Herald Angles Sing About Me

Manic --- Deck the Halls and Walls and House and Lawn and Streets and Stores and Office and Town and Cars and Busses and Trucks and trees and Fire Hydrants and.....

Paranoid --- Santa Claus is Coming to Get me

Borderline Personality Disorder --- Thoughts of Roasting on an Open Fire

Personality Disorder --- You Better Watch Out, I'm Gonna Cry, I'm Gonna Pout, Maybe I'll tell You Why

Obsessive Compulsive Disorder --- Jingle Bells, Jingle Bel

# **VOLUNTEERS NEEDED**

2015 International Convention of Alcoholics Anonymous July 2-5, 2015 - Atlanta, Georgia



# VOLUNTEER KICK-OFF MEETING Saturday, January 10, 2015 1 to 4pm

## at Georgia World Congress Center

285 Andrew Young International Blvd NW, Atlanta, GA 30303

This is the first big event in preparation to host an amazing convention that will welcome AA's from all over the world. We will need around **4,000 volunteers** to serve **over 50,000 attendees!** 

Plan to attend and **bring friends and sponsees** with you! Learn about all of the opportunities and service roles that will be essential to make this convention work. We'll gather some information, sign up for service, enjoy some **entertainment**, and kick-off this amazing **celebration of recovery** the right way!

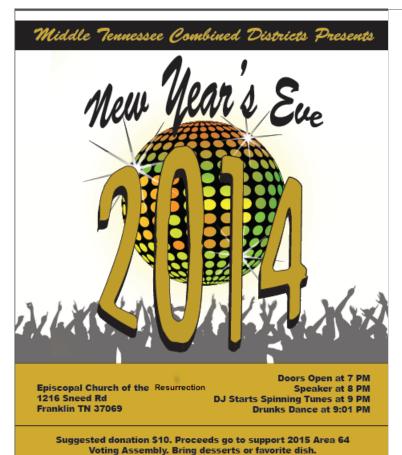
Volunteers MUST be registered attendees. You can register anytime before the convention. Registration is \$100 through May 12. After May 12, registration is \$110. Registration and convention/hotel information is available at aa.org.

More volunteer information is available at www.aageorgia.org/international.html

"an experience you must not miss"



December 2014 Page 7



Contact Jon P 615-818-9633 or Katie C 615-582-5861

# 48th Annual Women's Holiday Party

hosted by the NOW\*AA group Sunday, December 14 4 pm

Trevecca Community Church Auditorium
Trevecca Nazarene University335 Murfreesboro Rd., Nashville

AA speaker at 5 pm Please arrive at 4 to mix and mingle.

Finger foods and desserts and coffee will be served.

Please **bring a healthy treat to share** in a disposable container.

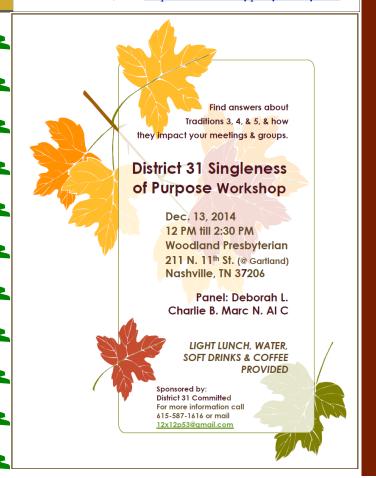
Admission is free but a donation of \$6.00 is suggested for those who can give.\*\*

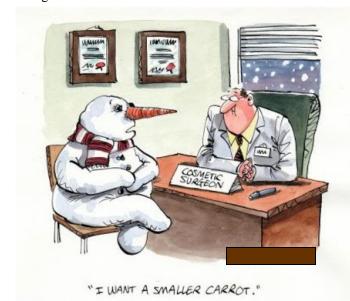
For more details, visit <a href="http://nowaaholidayparty.weebly.com/">http://nowaaholidayparty.weebly.com/</a>

# POP Annual Christmas Dinner

December 12th
Dinner 6:30pm
Speaker 8pm
Meat and drinks
provided
Please bring a side
dish

Brush Hill Cumberland Presbyterian Church 3705 Brush Hill Road Nashville, TN 37216









GROUP/MEETING	Dist	Sept	YTD
24 HOUR 60 MINUTES	32	50	600
	0	50	50
ANONYMOUS (ALL) CONTRIBUTIONS	0	80	614
ANY LENGTHS	13	40	75
AUBURNTOWN AA		10	50
BACK ROOM	35	347	4,694
BACK TO THE BIG BOOK	12	• • • • • • • • • • • • • • • • • • • •	172
BAR NONE		100	100
BELLEVUE	35		100
BELLEVUE WINNERS AND BEGINNERS	35	50	100
BILL WILSON LITERARY SOCIETY	31		134
BRADFORD BEGINNERS			199
BRENTWOOD FULL MOON	33	375	860
BY THE BOOK (LEBANON)	13		15
BY THE BOOK -DICKSON	15	64	332
CAME TO BELIEVE	33		75
CAMELS		5	125
CELEBRATE SERENITY		200	600
CHICKEN PLUCKERS MENS MEETING	33		240
Clarksville AA (6&8)	14		50
COLUMBIA	40	20	200
COMFORT ZONE			502
COOL SPRINGS NEWCOMERS			80
CROSSVILLE NON-SMOKING STEP	9		40
DAVIDSON RD MEETING	30	1,000	5,250
DAVIDSON ROAD WOMEN'S MEETING			470
DICKSON AA	15		390
DONELSON YET	31		100
DOWNTOWN LUNCH	32	225	649
DRUNKS IN THE PARK	33	128	2,066
EAST NASHVILLE 86'ers	34		185
EAST NASHVILLE WOMENS MEETING	31		224
EAST SIDE SATURDAY MEETING		300	2,150
EASY DOES IT (Mt Juliet)	31		500
EVERY NIGHT AT 6	32		218
FAIRFIELD GLADE	9		165
FAIRVIEW	33		14
FAYETTEVILLE	40		80
FIRST THINGS FIRST	34	200	700
FIVE & FIVE	30		823
FRANKLIN 4TH BB STUDY	33		150
FRANKLIN	33		1,400
FRANKLIN MENS	33	500	1,000
FRANKLIN ROAD WOMEN'S	33	100	200
FREE TO BE	31		722

# **GROUP CONTRIBUTIONS THROUGH OCT 2014**

G.O.D. ( OF DRUNKS) 40 Gallatin AA (GAA)	400				YTD
Gallatin AA (GAA)	160	PRIMARY PURPOSE	34	71	338
	25	PULASKI	40	5	45
GLADEVILLE GRATITUDE 13	113	REBOS (SOBER)	34		180
GOODLETTSVILLE A.A. 34	267	RIDGETOP BASICS	34	115	115
GRATEFUL ALIVE 33	306	ROAD OF HAPPY DESTINY	14		55
GRATITUDE 11	275	SAFE HARBOR (D14)	14		50
HAPPY HOUR -LEWISBURG 40	50	SANGO SOLUTIONS			20
HAPPY HOUR- COOKEVILLE 9 25	5 150	SATURDAY LIVING BY THE	30	400	
HARDING ROAD 30	450	PRINT		100	375
HENDERSONVILLE BIG 34 BOOK	50	SATURDAY NIGHT ALIVE MEETING	11	30	270
HERMITAGE 31	300	SEARCH FOR SERENITY	34		233
HIGH NOON 34 288	3 723	SEEKING SANITY	31	426	1,442
HIGHER POWERED 32	133	SERENITY (12)	12	50	350
HILLSBORO ROAD 32	1,000	SHADE TREE	31	1,320	4,030
IBI-UBU 13 100	250	SHELBYVILLE	11		200
JOELTON MEETING 34 50 KEEP IT SIMPLE BELLEVUE 33	150	SMITH COUNTY FRIENDSHIP	13		100
(d35)	390	SMYRNA GRATITUDE	12	100	1,031
KEY TO SOBRIETY 31	140	ТСҮРАА	32		9
KICKOFF ISN'T UNTIL NOON 33	175	TEMPLE HILLS	33		250
LADIES NIGHT OUT 34	100	THE BASEMENT BUNCH	12		200
LATE LUNCH BUNCH 33 400	1,950	OF MURFREESBORO			300
LAWRENCEBURG 41	100	THE STRAGGLERS	33	100	182
LET IT HAPPEN 35	150	THE UNITED	13		125
LIFE SAVERS 30	200	THE WAY OUT	33		100
LIVE AND LET LIVE 9	25	TRINITY	11	50	100
LIVING IN THE NOW, PRIME- 33	86	TRUDGING THE ROAD	33	00	75
TIMERS MADE A DECISION	115	TURNING POINT	33		476
MCMINNVILLE 12	100	WANGL	30		187
MIDDAY BREAK 32 262		WAVERLY	15		30
MONDAY NIGHT PRIME TIME 33	20	WAVERLY-BELMONT	32		100
MT JULIET FELLOWSHIP 31	750	WEDNESDAY STUDY	11		20
MURFREESBORO 12	120	WEEKENDERS	34		50
MUSTARD SEED 32 50		WEST NASHVILLE	35		53
NEEDED MEETING CLOSED 35	216	WESTMINSTER	30		731
NEW ATTITUDES	43	WHITE HOUSE	34		80
NEW ATTHOBES  NEW BEGINNINGS( Dist 12) 12 10		WILSON COUNTY FRIEND-	13		
NIPPERS CORNER MEETING 32	73	SHIP			25
NO NAME YET	40	WINNERS AND BEGINNERS	35		50
NORTHSIDE , CLARKSVILLE 14 75	5 375	WOMEN IN THE SOLUTION	11		100
ONE DAY AT A TIME 31	900	WOMEN'S FREEDOM	30		304
ONE STEP CLOSER 33 25		MEETING WOMENS SPEAKER MEET-	30		
OUT TO BREAKFAST 30 10		ING	50		300
PAY DAY 15	125	WOODBINE	32		25
PEACHTREE	45	YOUNG GUNS	32		52
PORTLAND UNITY 13	40	Grand total:		7,786	53,252

P	a	g	e	1	0

October	Rudget	Budget-	October	Rudget	Budget-
Actual	Duugei	Variance	YTD Actual	Duugei	Variance
					31,132
	(8,333)		. , ,	(83,333)	(18,915)
(28)	-	(28)	(348)	-	(348)
-	_	-	-	-	_
5,342	3,030	2,312	42,169	30,300	11,869
7,809	5,070	2,739	53,433	50,697	2,736
335	517	(182)	2,832	5,167	(2,334)
52	92	(40)	376	917	(541)
_	417	(417)	-	4,167	(4,167)
	18	(17)	17	175	(158)
1					
13,539	9,142	4,397	98,827	91,422	7,405
	200	-	1,950	2,000	
200			,	,	(50)
5,768	4,453	1,315	45,599	44,531	1,068
-	400	(400)	-	400	(400)
175	217	(42)	1,882	2,167	(285)
	-	8		-	
			(1)		(1)
946					(732)
-					(1,891)
441			· · · · · · · · · · · · · · · · · · ·		(230)
4.04	83	18	930	833	96
	722	(212)	4.707	7.222	(2.516)
		` '			(2,516)
					(305)
94		` /			(212)
212	208	4	2,866	2,083	783
213			(10)		
_	_	_	(10)	_	(10)
_	-	-	1,965	-	1,965
26	200	(174)		2,000	(1,325)
-		` '			307
_					(248)
_		` ′	-		(1,667)
_		` '	_		(833)
_			50		(450)
504		` ′			561
	-	` '		_,150	571
23	-	-	J / 1	- -	7
0 115	10.042	(027)	86 528	92 322	(5,794)
					13,198
	16,062 (10,691) (28) 	Actual         Budget           16,062         11,363           (10,691)         (8,333)           (28)         -           -         -           5,342         3,030           7,809         5,070           335         517           52         92           -         417           18         1           13,539         9,142           200         200           5,768         4,453           -         400           175         217           -         8           946         1,137           -         400           441         340           83         101           410         722           204         253           94         200           208         213           -         -           -         63           -         200           -         63           -         200           -         66           25         -           -         -           26	Actual         Budget         Variance           16,062         11,363         4,698           (10,691)         (8,333)         (2,358)           (28)         -         (28)           -         -         -           5,342         3,030         2,312           7,809         5,070         2,739           335         517         (182)           52         92         (40)           -         417         (417)           1         18         (17)           1         1         1           200         -         2           5,768         4,453         1,315           -         400         (400)           175         217         (42)           -         8         8           946         1,137         (191)           -         400         (400)           441         340         101           83         18           101         410         722         (312)           204         253         (49)           94         200         (106)           208	Actual         Budget         Variance         VTD Actual           16,062         11,363         4,698         144,765           (10,691)         (8,333)         (2,358)         (102,249)           (28)         -         (28)         (348)           -         -         -         -           5,342         3,030         2,312         42,169           7,809         5,070         2,739         53,433           335         517         (182)         2,832           52         92         (40)         376           -         417         (417)         -           18         (17)         17           1         18         (17)         17           1         1         1         1           13,539         9,142         4,397         98,827           200         -         1,950           200         -         1,950           200         -         1,950           200         -         1,950           200         -         1,950           200         -         1,950           200         -         1,950	Actual         Budget         Variance         YTD Actual         Budget           16,062         11,363         4,698         144,765         113,633           (10,691)         (8,333)         (2,358)         (102,249)         (83,333)           (28)         -         (28)         (348)         -           -         -         -         -         -           5,342         3,030         2,312         42,169         30,300           7,809         5,070         2,739         53,433         50,697           335         517         (182)         2,832         5,167           52         92         (40)         376         917           -         417         (417)         -         4,167           1         18         (17)         17         175           1         1         1         17         175           1         200         -         1,950         2,000           200         -         1,950         2,000           200         -         1,950         2,000           200         -         1,950         2,000           200         -

### **HOME GROUPS**

WHERE DOES THE MONEY YOU PUT IN THE BASKET GO?
GROWTH IN THE PROGRAM INCLUDES ACCOUNTABILITY FOR ALL THE MONEY YOUR HOME GROUP RECEIVES HAVE YOU EVER ATTENDED YOUR BUSINESS MEETING?

December 2014 Page 11

DONELSOI	DONELSON YET					
Charlie B	12.12.05					
John Mc	12.01.85					
Kenny W	12.27.92					
Liston K	12.07.82					
Stacy H	12.28.03					
EASY DOI						
Andi M	12.24.13					
FELLOWS	НІР					
Bob H	12.30.77					
Helen B	12.06.13					
Michele E	12.11.12					
Mike McK	12.02.13					
Sylvia T	12.23.12					
FULL MO						
Caleb V	12.12.04					
Frank S	12.12.86					
Jason A	12.04.12					
Nikki S	12.18.12					
IBI-UB	U					
Amy R	12.11.13					
LOVE & LAU	GHTER					
Adam V	12.18.07					
Chris A	12.15.12					
Chris S	12.30.05					
Dave G	12.05.80					
Elgin R	12.01.13					
Kristen H	12.25.12					

MID-DA	Y BREAK
Audria S	12.01.08
Ethan J	12.01.13
Jackie J	12.27.12
Jeff F	12.21.10
Katie C	12.21.11
Lavenda W	12.13.13
Mike E	12.24.08
Si W	12.08.91
Steve G	12.01.13
Susie M	12.18.12
Tracy G	12.02.13
NIPPERS	CORNER
Bob S	12.08.13
Wayne B	12.28.06
PORTLAI	ND UNITY
Fred G	12.09.09
Keith O	12.27.92
PRIMARY	PURPOSE
Carlos V	12.15.12
Jeff L	12.15.12
Jennifer S	12.04.13
SEEKING	S SANITY
Bianca	12.29.09
Fate T	12.17.06
Lynn H	12.31.10
Nick C	12.29.87
Peggy D	12.13.02
Scott W	12.17.06
Tanja M	12.28.03



SHADE TI	REE
Adam S	12.08.06
Bobby D	12.14.07
Buster B	12.07.86
Charles C	12.09.87
Charlie B	12.12.05
Cindy R	12.31.03
Jeff S	12.11.06
John Mc	12.12.83
Karen M	12.30.13
Krystle D	12.08.13
Lahi R	12.24.09
Marsha H	12.28.12
Megan B	12.20.04
Mindy T	12.26.12
Scott S	12.17.07
Stacy F	12.10.13
Stacy H	12.28.03
Susie M	12.03.98
Tanya M	12.28.03

#### SMYRNA GRATITUDE Alex S 12.21.12 Clint M 12.14.92 Craig M 12.19.80 Jan S 12.03.85 Jeff S 12.02.07 John P 12.25.84 Karen M 12.09.10 Mike G 12.20.00 Robert B 12.31.11 Roman P 12.21.97 Ryan H

#### WEEKENDERS

12.09.09

George C	12.09.93
Anthony L	12.21.01

#### **WOMEN'S SPEAKER**

Caroline G	12.19.13
Cathy S	12.03.13
Wandia O'E	12 1/1 95

#### WOODBINE

Katherine H	12.01.07
Katie C	12.02.11
Kristy S	12 02 13



One Christmas, Joe and Peter built a skating rink in the middle of a field.

A shepherd leading his flock decided to take a shortcut across the rink. The sheep, however, were afraid of the ice & wouldn't cross it. Desperate, the shepherd began tugging them to the other side.

'Look at that, 'remarked Peter to Joe, 'That guy is trying to pull the wool over our ice!'



The bad news was Santa brought rotten Johhny coal for Christmas. The good news was it was clean coal.

There were two blondes who went deep into the frozen woods searching for a Christmas tree.

After hours of subzero temperatures a few close calls with hungry wolves, one blonde turned to the other and said.

"I'm chopping down the next tree I see. I don't care whether it's decorated or not!"

Middle Tennessee Central Intergroup Association

417 Welshwood Drive Suite 207 Nashville, TN 37211

615.832.1136 800.559.2252 NON PROFIT ORGANIZATION U.S. Postage Paid Nashville, TN Permit No. 517

# **RETURN SERVICE REQUESTED**

Middle TN Central Intergroup Association 417 Welshwood Drive, Suite 207 Nashville, TN 37211

ph. 615.832.1136 Ph. 800.559.2252 fax. 615.834.5982 or e-mail address changes to: mtcoaa@aol.com



Time to Change?

New / Renewal Subscription	l
Address Change	
771 14	
The Messenger is available at	an
annual aubaanintian nniaa	ااعما
annual subscription price	01
\$12.00. A limited number of f	ree
subscriptions are available up	on
request by writing or calling	the
office at the address/phone num	ber
listed in this issue.	

NAME	
ADDRESS	
CITY	STATE
PHONE	ZIP