

# *The* **MESSENGER**

## *Middle Tennessee Central Office Intergroup*

**MARCH  
2015**

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subscription price of \$12.00.  
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615.832.1136.

It is also available on-line at  
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**If you read  
*The Messenger*  
on-line, a  
contribution to  
The Middle  
Tennessee Central  
Office would help  
and be appreciated.**

## **I Was So Dry, I Was a Fire Hazard**

### **"I was stark raving sober."**

I took what I hope is to be my last drink on the fifth anniversary of my young wife's death, in the early morning hours of December 10, 1988. That last drink, from a pitcher of beer that didn't even belong to me, was immediately followed by my third drunk-driving arrest. Later that same morning, after my release from jail, I was to experience the beginning of a spiritual release of far greater importance.

I knew my life was spiraling out of control and I felt absolutely helpless to stop it. I was at a bottom, or what I was later to hear described as the "jumping-off place," and I wished for the end. Too big of a coward I suppose to really take my own life, I couldn't imagine living another day the way I had been living; yet I didn't know what to do differently.

I literally sat at the turning point on my family room sofa feeling hopelessly defeated. In utter despair I called out to a God that I hadn't consciously attempted to contact in many years. With tears streaming down my face I said simply, "God, you've got to help me." That was the beginning.

About 10 minutes later the telephone rang. It was a woman that I knew in Alcoholics Anonymous who had been watching me from a

distance and she asked me if I was ready to go to a meeting. I choked out a feeble, "Yes" and the next night she took me to my first meeting.

I have not had a drink since. I lost contact with her shortly afterward and I don't know if she is aware that she saved my life, but I will be forever grateful to her for carrying the message to me. I am also truly grateful that I fell into a group of very active members of Alcoholics Anonymous. They were men and women who "walked their talk."

***Not drinking wasn't enough.  
Getting a sponsor made his  
program really take off.***

They calmed and reassured me by saying simply, "Just come go with us and do what we do." I was in so much pain that I did just that.

Now, two decades later, I still sometimes wonder at the seeming miracle of it all. As so many of us have, I've seen untold countless numbers of men and women come to us who do not stay or who struggle for years to achieve any lasting measure of sobriety. I often wonder what made the difference for me as I do not believe in a capricious God who would

*(Continued on page 2)*

*(Continued from page 1)*

arbitrarily deem to save one person while allowing another to die in the alcoholic pit. The only conclusion I have come to is that, for whatever reasons, I've taken actions consistent with recovery and, by God's grace, I've been able to somehow tap into this "Power greater than ourselves."

Ernest Kurtz, in his book, *Not God*, summarizes a few of the critical discoveries made during the "flying blind" period of AA's formative years. In their efforts to more effectively "carry the message," our pioneer members found three essential ingredients necessary to achieve initial success with a new prospect. First, the alcoholic had to "hit bottom." Second, he had to be able to identify with the solution they had found. Lastly, he had to surrender to that solution.

There was never any doubt in my mind that I had hit an emotional bottom when I cried out for help. I was in some of the worst mental and emotional turmoil I had ever experienced and I desperately wanted to stop hurting. Admittedly, I knew that my life was in the toilet but, due to the delusional thinking of the alcoholic, and as strange as it may sound to some, I had not yet identified alcohol as the source of the problem. I thought all of my difficulties were either bad luck or environmental. I really was convinced that anyone with my problems would drink. So, I didn't see how Alcoholics Anonymous was going to help. But, I also knew I had a couple of court dates coming up and I needed to stay out of jail long enough to wade through some of the current legal issues and maybe going to AA for awhile and not drinking couldn't hurt.

"Crushed by a self-imposed crisis" that I could not postpone or evade, I was driven under the lash of alcoholism into Alcoholics Anonymous and it was there that I discovered the fatal nature of my situation. It was a small group composed mostly of older men that I attended for my first meeting and these kind souls took turns telling me their stories and I felt welcome.

I identified with them. They were talking about themselves, but they were telling my story and I found hope in that. Here were men who spoke my language. They had been where I had been (and a

few other places), done what I'd done (and then some), and had felt what I felt. When they described the anger, the loneliness, and the despair I knew that either these guys were on the level or they had been following me around writing stuff down. They described me perfectly. What's more, they now claimed to be happy about not drinking! What a concept that was for me. I really couldn't understand how anyone could be happy about not drinking but, then again, I wanted what they had and I was immediately willing to go to any lengths to get it.

That was the beginning of my surrender. Maybe these guys were saying things to me about meetings, and "Big Books," and sponsors but I just couldn't hear it yet. What I heard was "Try not to drink tonight and come back tomorrow. Can you do that?" I hastened to assure them that I could indeed do that as, you know, because alcohol wasn't really that much of a problem for me anyway, you understand ...

I'm kind of glad that it worked out that way as the next day when I really wanted to drink, I just didn't. I "white-knuckled" it that day, and the next, and then the one after that, and I just kept "not drinking" and going to the meetings. Before I knew it I had a week of sobriety that I had never really intended to get and the butterflies started leaving my stomach, the shakes and the sweats were diminishing. I could read a complete sentence and know what I had just read. Within a couple of weeks more of my mental faculties had snapped back, I could usually carry on a coherent conversation (usually, but not always), and I started to hear more. That's when I remember hearing about the importance of getting a sponsor and trying to do "90 meetings in 90 days." At that point I didn't really know what I had gotten myself into but I knew that it was so much better than what I had before that I didn't want to lose it. In frightened desperation I grabbed the guy who had chaired the first meeting I attended and asked him to be my sponsor.

That's when my recovery really began as, up until that point, I had simply been "not drinking" and I was so dry I was a fire hazard. I was stark raving sober. My new sponsor got me busy reading our basic text and then he launched me out into the

*(Continued on page 7)*

Back in June of 2012, I had the honor of participating in a Woman's Retreat on the Principles of the program. I have been asked to include the principles we put down on paper for each "Step and Tradition" in *The Messenger*, until all have been presented. The Principles set out may come directly from *The Big Book* or "The Twelve and Twelve", along with our own Principles developed as a reward of this "Program of Recovery". It was a wonderful weekend of Fellowship and the coming together of our new way of life. I hope you find these helpful!

*If you would like to add to our list, please send your insights to me.*

Editor—Blame The Messenger

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### Step 3

#### Faith

*Made a decision to turn our will and our lives over to the care of God as we understood Him.*

- ♦ We become willing to do the right thing in all aspects of our lives by employing the recovery skills we are learning.
- ♦ We strive to turn our will and our lives over to our Higher Power every moment of every day, instead of staying in self-will.
- ♦ When we try to conform our will to HP's, we will begin to use it rightly.
- ♦ In times of emotional disturbance, indecision, we pause, ask for quiet, and in stillness simply say the serenity prayer.
- ♦ Our dependence upon a HP produces results when we seek out help and utilize it, having faith it will work.
- ♦ We ask for inspiration by becoming aware of what our HP wants us **to be**.
- ♦ We sometimes need to use a 24 hour rule when making a decision – pause and wait.

### Tradition 3

**We accept people without judgment.**

*The only requirement for A.A. membership is a desire to stop drinking.*

- ♦ We reach out to newcomers, no matter what shape they are in when they come through the door.
- ♦ We are not better than anybody else, this is one of the ways we are anonymous.
- ♦ To be judgmental means we have a critical point of view, something we no longer want to participate in.



"I'M USUALLY GOOD WITH FACES,  
BUT I'M AFRAID I'M DRAWING... A... UH..."



"I can't worry about that now.  
I'm worrying about something else."

## Came to Scoff

When I was eight years old, my mother was murdered. I began what was to be a long-term love/hate/fear relationship with God. I was sure that God had cursed me, so that everyone I loved would either leave me or die, and by the time I came to AA, I didn't want to believe in a Higher Power. I didn't like even hearing the word "God," and there it was written all over the Steps. But I was pretty desperate, so I thought I would try to work around the "spiritual part of the program."

My journey to a belief in a power greater than myself was slow and full of side trips. I thought that because I was sober, the "bad" things would just magically stop happening in my life. So, when the bad things continued (I got my second divorce, my grandfather and my nephew died, and my new husband was diagnosed with cirrhosis of the liver), it just reinforced my feelings of having a "curse." Of course, all kinds of good things came out of those experiences, but I promptly forgot them when the next bad thing came up.

In March 2003, I was diagnosed with breast cancer, and I was terrified. I didn't really get a chance to blame my Higher Power, because I was basically in shock for the first couple of weeks. I called my sister in Seattle to tell her about my diagnosis. When I asked her if she had had a mammogram yet, she said no. On the day of my surgery, she had her first mammogram. My surgery was successful, and I was scheduled for chemotherapy and radiation treatments.

My sister called me a couple of days later and told me her

mammogram had revealed some suspicious masses that needed further evaluation. I started blaming God again. I had a one-sided discussion with my Higher Power that went something like this: "Why do you keep picking on me? Look, you've done enough to this family. I can live with having to go through all the treatments if I know she is okay." Then I added, "Please God, make her okay."

I waited nervously for a week. Then she called and told me she had some precancerous cells that could be removed in a simple office procedure. As I hung up the phone in tears, I thanked my Higher Power for letting my sister be okay.

A couple of months after I finished my cancer treatments, I realized the full extent of the gift my Higher Power had given to me. After I broke down crying in the middle of a Step study one night, it hit me: My Higher Power had never punished me. He never would. He had turned all these tragedies into victories.

This experience helped me get rid of an older, far more destructive cancer--blaming God whenever something I didn't like happened in my world.

I know now that there is a power greater than myself that I can rely on and can trust to never leave me. I know now that God loves me.

*Lisa B.—Fort Smith, AR  
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Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Whitney J	615.533.2308
Treasurer	Chris K	615.689.2706
Public Information/Cooperation with the Professional Community	Paul S	615.556.3357
Corrections	Charlie B	615.554.9085
Treatment Facilities	George S	615-636-6798
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863



"Pardon Me."

### **FIRST TUESDAY OF EVERY MONTH:**

**District 30 Meeting**

**When: 6:30pm – 7:30pm**

**Where: 5925 O'Brien**

### **SECOND MONDAY OF EVERY MONTH:**

**Intergroup Meeting**

**When: 5:45pm – 6:45pm**

**Where: Central Office  
417 Welshwood**

### **STEERING COMMITTEE**

**When: Monday (this has changed due to conference room conflict)**

**April 27th 5:45pm – 6:45pm**

**Where: Central Office  
417 Welshwood**

# PROMISES

Big Book Promises, pg. 83 & 84

P S L  
K Q B M L F S B O  
G N I K A T S N I A P S F  
R P O C O Z N O T R E G R E T P C  
Q J K U Q I S L O W L Y Z S I E L U J  
P Q F E A R W I L L E A V E U S Y N Y M  
G Q S N O I T A U T I S M Q J K L T L E Q  
B X X J R S T T N A G A V A R T X E I T F S Q  
Y U K L L I Y L K C I U Q I B F L T N Y J C U  
K S E C N E I R E P X E T S U R T J X E H O X E B  
F C O M P R E H E N D N L S I D V G K R S B S K C  
T Y Y U A S W O L L E F R U O N I T S E R E T N I  
U C T T K D N H K W M K U S X S R E D L S N S H Q E I  
R F I O O Y W Z G P B F M I U Q W B F V Y A S A G E B  
O M P R V F Z T O V V V M H U E H S K I P I D T P W J  
E F D H F G L C H Y C Z O L K E B K A F A N T W C  
L L M O D E E R F L B M A T E R I A L I Z E I H N  
A E X W V C R Y A K Y J J K B G R E D E B H T Y I  
S I E Z X M R J O H R I P P W S O X Z G D U D  
D D Q P J Z Q U R O N I P P E L F F A B Y D O  
O S G R J Y L Z G Y P K O O L T U O H O E  
A Y L E V I T I U T N I F N T U S P G B F  
I S U D D E N L Y R E A L I Z E L L O  
J F A R D O W N T H E S C A L E N  
Z N T J N B I T T P S G X  
B T J D E Z A M A  
B D I



"Since you've been in AA, I've noticed you open the garage door before you put the car in!"



## FIND THESE HIDDEN WORDS

amazed	attitude
baffle	comprehend
development	experience
extravagant	far down the scale
fear will leave us	freedom
Interest in our fellows	intuitively
materialize	not regret
outlook	painstaking
past	quickly
selfish	self pity
self seeking	serenity
situations	slowly
suddenly realize	

## 2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

July 2 - 5, 2015  
Atlanta, Georgia



The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Atlanta, our host city, will be provided.

This Web site will be updated as more information becomes available. Also, watch for articles in *Box 4-5-9* that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the Web site.

Convention registration and housing reservations will open in fall 2014. All necessary information will be included in the registration packet which will be available in September 2014. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the Web site.

[www.aa.org](http://www.aa.org)

**We look forward to seeing you in Atlanta!**

**REGISTRATION PACKAGES**  
**ARE NOW AVAILABLE**  
**AT THE CENTRAL OFFICE**

### NEW

Garden Variety - St Andrew's Lutheran - 908 Murfreesboro Rd Hwy 96 - Tues & Thurs 7:15p OD/Lit/DN  
**37064**

**37066** Gallatin AA - Tues Noon OD, Wed 8p OD/Lit, Thurs Noon

**37072** Made A Decision - Parkway Bapt 505 Cunniff Pkwy M-8p

**37130** 3 Fingers - Cumberland Heights IOP Bldg 745 S Church St

**37205** F.L.O. - Thu 7pm CD/WMN/GAY

**37205** S.O.S. - Belle Meade Unit Met - 121 Davidson Rd F- 9a

**37206** Every Sat Nite at 7 OD - House of Blessing Ch 900 Gallatin

**37209** WANGL - BBStudy 6:30p Mon Quaker House 530 26th Ave

**37211** Steel Magnolias Wmn Last Stop 2122 Utopia TH - 6:30p

**37217** Bradford Newcomer Group - 1410 Donelson Pike, Suite

**38401** Lunch Bunch Tues (OD) 12p & Thus 12p

## MEETING CHANGES

### CANCELLED

**37027** Free Thinkers

**37055** 142 Group

**37055** Solutions Group

**37130** Murfreesboro Group - Tues 8p

**37130** Serenity Group - Sun 4p & Sat 10a

Robertson County - Tu 8pm downtowners- W Noon 208B -  
**37172** Th 7p 208B

**37174** RUSSH Hour - Sunday 7:01 Young People

**37207** Seven Dips Tu 11a & Tu 7p

**37210** Young Timers Wed 8p

**37210** Last Call Group

**37212** (L.O.C.A.L.) Library of Conf Approved Literature

**37214** Freedom Hour Meeting

**37217** Love & Laughter - Thurs 6:30p

**37334** Fayetteville Group - W & Sa cancelled

**38401** Columbia Group - all noon meetings cancelled

**38464** Lawrenceburg Group Tues, Fri, & Sat 7pm cancelled

**38562** Old Time AA - 8p Fri

**38565** Grimsley - 5:30 p Tue

### MOVES / CHANGES

Dafa phone # for Clubhouses and for Dickson Group  
**37055** 615-326-8669

**37066** Gallatin AA - 2nd Sun Eating/Speaker

IBI-UBU - Healing Broken Vessels 311 College Street -  
**37087** Sat, Mon, Tues 11am

**37115** Search for Serenity - Tu OD/Beg-W OD/BB aln-F OD/GV aln

**37122** Key to Sobriety - Wed now 6p OD/Lit/Wmn

Serenity Group - Thurs is CD only, no Lit study - Sun 8 pm  
**37130** no ALN

**37130** New Beginnings - Murfreesboro - Tues & Thurs now at 6p

The Spring Hill Twisted Pickles has officially relocated to the UAW union hall in the same meeting room as the RUTS (return us to sanity) group, which is located on the second floor of the Olympus club entrance (Skip's Room).  
**37174**

RUSSH Hour - Speaker meeting is 1st Thurs - Sun 5:30 is Lit  
**37174** Workshop

**37204** Vine Hill Thurs - now meets at 3pm

**37205** SOS - Meeting on Fri - 9:30 not 9:00

11th Step Meeting - Belle Meade United Meth - now 10am  
**37205** Sat

Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St  
**37206** Thurs - 7p Men (not Wed)

**37210** Late Nite News - now Sat 10:30p

Serenity Cellar West End Baptist Church 200 Morgan Ave  
**37334** Fayetteville Tu - 7p CD - Sa - 9a OD

## I Was So Dry, I Was a Fire Hazard - (con't)

*(Continued from page 2)*

Twelve Steps and that is what ultimately produced the essential psychic change; the spiritual awakening. It seems that I had to stay sober so that I could work the steps and then I didn't have to drink. That's the way that it worked for me and somewhere in the process I got happy about not drinking!

I made my initial attempts at surrendering by simply becoming willing to take directions first from the old-timers, and then from my sponsor and the members of my new home group. Later, I expounded upon that by doing a Third Step and I have found that I've needed to continue practicing the principle of this surrender. Over the years I've learned and re-learned, sometimes painfully, the lessons of this necessity. My way can hurt a lot. God's way is usually much easier. One way that I've described it is that my willingness to work this program has always been in direct proportion to the flame under my butt. When the flame is high the needed willingness is there; but when the flame goes down sometimes my willingness diminishes. If I ease up in the program of action I usually regret the consequences.

I was able to test this principle when, with about three months of sobriety, I was offered the chance to go into treatment. I didn't think I needed to go as I was already doing well in AA. My sponsor and some of the old-timers thought differently. So, reluctantly, I agreed. While I was there one of the counselors said that the odds were that very few of us would stay sober. Something "clicked" inside of me and I remember thinking to myself that, somehow, I would be one that would make it. In that moment I became willing to do all of the things that the others refused to do. In other words, I became willing to go to "any lengths" to stay sober.

I believe what Bill wrote in our book when he said that "What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities." I must continue to treat my dis-ease and constantly be on guard for those attitudes and ideas that might distract me from my primary purpose. Like relapse, recovery is a process; it's not an event. I have to continue to take actions to move forward into recovery or else I

will move backward into relapse. If I stay in relapse long enough then I will drink and then the drink itself becomes the evidence of the slip.

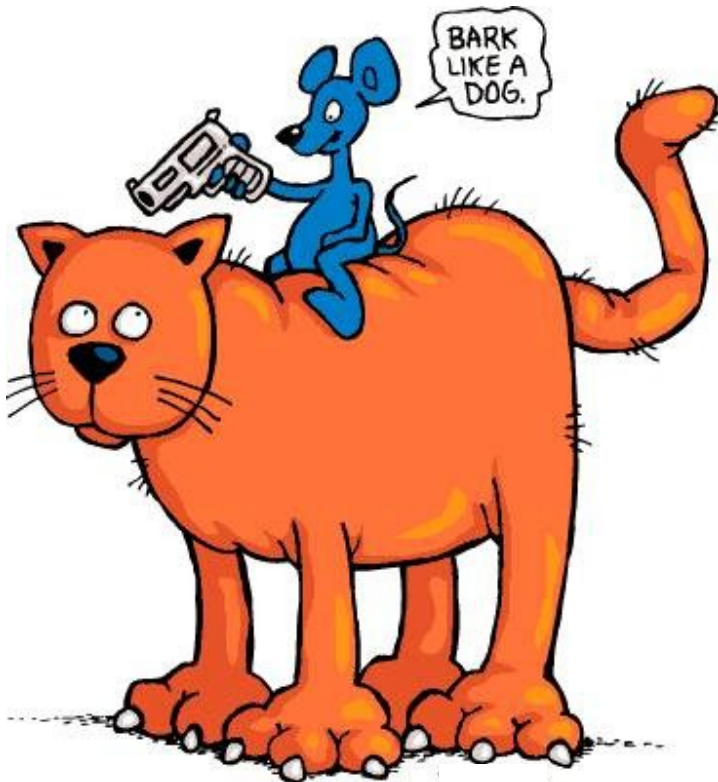
The analogy that works for me is that of a salmon swimming upstream. That fish has to take actions and exercise muscles in order to move up river to spawn. In order for the salmon to fail all he has to do is stop trying to go forward and the raging torrent around him will quickly push him back out to sea. I think of my recovery in the same way. I hit Alcoholics Anonymous with 33 years of negative programming, low self-esteem, a head full of wrong ideas, and the disease of alcoholism all pushing at me like a strong current. Likewise, I must take actions and exercise spiritual muscles in order to move forward against all of that. If I fail to do so, my disease will push me back out into active alcoholism. I don't have to deliberately court disaster, all I have to do is stop trying to go forward in a process of recovery; my disease will do the rest.

***Somewhere in the process  
I got happy about not drinking!***

A sponsor is indispensable in determining right actions to take. I've been sober for a good while now and I still find it helpful to have a sponsor because he is more emotionally detached from my problems than I am, he can therefore see more clearly into them, and he can give me suggestions on the best way to approach solving them. I still need that. I also still need to actively carry the message to other alcoholics as this is "a design for living that works in the rough going" and "Practical experience shows that nothing will so much ensure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."

By the time I pick up my twenty-year medallion, my sponsor will already have received his fiftieth sobriety cake. He and I both agree that even after all this time it is of critical importance to stay active in service. It enhances our recoveries and we know that it's harder to hit a moving target!

—Jerry E., Naples, Fla.  
Reprinted with permission—AAGrapevine  
Online Exclusive Mar 2011



## GROUP CONTRIBUTIONS—JAN 2015

GROUP/MEETING	Dist	Jan	YTD
11TH STEP MTG	30	73	73
24 HOUR	32	250	250
60 MINUTES	64	50	50
ANONYMOUS S (ALL) CONTRIBUTIONS	0	69	69
ANY LENGTHS	13		-
AUBURN TOWN AA			-
BACK ROOM	35	528	528
BACK TO THE BIG BOOK	12	30	30
BAR NONE			-
BELLEVUE	35		-
BELLEVUE WINNERS & BEGINNERS	35		-
BILL WILSON LITERARY SOCIETY	31		-
BRADFORD BEGINNERS			-
BRENTWOOD FULL MOON	33		-
BY THE BOOK (LEBANON)	13		-
BY THE BOOK -DICKSON	15	90	90
CAME TO BELIEVE	33		-
CAMELS			-
CELEBRATE SERENITY			-
CHICKEN PLUCKERS MENS MTG	33		-
CLARKSVILLE	14	100	100
COLUMBIA	40	20	20
COMFORT ZONE	15	200	200
COOL SPRINGS NEWCOMERS	33	150	150
CROSSVILLE NON-SMOKING STEP	9		-
DAVIDSON ROAD	30	1,500	1,500
DAVIDSON ROAD WOMEN'S MTG			-
DICKSON AA	15		-
DONELSON YET	31	100	100
DOWNTOWN LUNCH	32		-
DROP THE ROCK			-
DRUNKS IN THE PARK	33		-
EAST NASHVILLE 86'ers	34		-
EAST NASHVILLE MEN'S STAG MTG	34	250	250
EAST NASHVILLE WOMENS MTG	31		-
EAST SIDE SATURDAY MTG			-
EASY DOES IT (Mt Juliet)	31		-
EVERY NIGHT AT 6	32		-
FAIRFIELD GLADE	9	33	33
FAIRVIEW	33		-
FAYETTEVILLE	40		-
FIRST THINGS FIRST	34	250	250
FIVE & FIVE	30	266	266
FRANKLIN 4TH BB STUDY	33		-
FRANKLIN	33	900	900
FRANKLIN MENS	33		-
FRANKLIN ROAD WOMEN'S	33		-
FREE TO BE MTG	31		-
G.O.D. ( OF DRUNKS)	40		-
Gallatin AA (GAA)			-
GLADEVILLE GRATITUDE	13		-
GOODLETTSVILLE A.A.	34		-

GROUP/MEETING	Dist	Jan	YTD	GROUP/MEETING	Dist	Jan	YTD
GRATEFUL ALIVE	33	10	10	SATURDAY NIGHT ALIVE MTG(11)	11		-
GRATITUDE	11		-	SEARCH FOR SERENITY	34	120	120
HAPPY HOUR -LEWISBURG	40		-	SEARCHERS	34	200	200
HAPPY HOUR- COOKEVILLE	9	50	50	SEEKING SANITY	31	238	238
HARDING ROAD	30		-	SERENITY (12)	12	50	50
HENDERSONVILLE BIG BOOK	34		-	SHADE TREE	31	1,980	1,980
HERMITAGE	31		-	SHELBYVILLE	11		-
HIGH NOON	34	545	545	SMITH COUNTY FRIENDSHIP	13		-
HIGHER POWERED	32		-	SMYRNA GRATITUDE	12	100	100
HILLSBORO ROAD	32		-	SPRING HALL FALL EVENT			-
HOPE PARK AA LIT STUDY	30	87	87	TCYPAA	32		-
IBI-UBU	13		-	TEMPLE HILLS	33		-
JOELTON MTG	34		-	THE BASEMENT BUNCH/MURFREESBORO	12		-
KEEP IT SIMPLE BELLEVUE (d35)	33	137	137	THE STRAGGLERS	33		-
KEY TO SOBRIETY	31		-	THE THREE LEGACIES	34	13	13
KICKOFF ISN'T UNTIL NOON	33		-	THE UNITED	13	100	100
LADIES NIGHT OUT	34		-	THE WAY OUT	33		-
LAFAYETTE NEW HOPE	13		-	TRINITY	11		-
LATE LUNCH BUNCH	33	500	500	TRUDGING THE ROAD	33		-
LAWRENCEBURG	41		-	TURNING POINT	33	79	79
LET IT HAPPEN	35		-	WANGL	30	150	150
LIFE SAVERS	30		-	WAVERLY	15		-
LIVE AND LET LIVE	9		-	WAVERLY-BELMONT	32		-
LIVING IN THE NOW, PRIMETIMERS	33		-	WEDNESDAY STUDY	11		-
MADE A DECISION			-	WEEKENDERS	34		-
MCMINNVILLE	12		-	WEST NASHVILLE	35		-
MIDDAY BREAK	32	196	196	WESTMINSTER	30	216	216
MONDAY NIGHT PRIME TIME	33		-	WHITE HOUSE	34		-
MT JULIET FELLOWSHIP	31		-	WILSON COUNTY FRIENDSHIP	13		-
MURFREESBORO	12	15	15	WINNERS AND BEGINNERS	35		-
MUSTARD SEED	32	50	50	WOMAN'S WAY			-
(N.O.W.) NASHVILLE ORIGINAL WMN	30		-	WOMEN IN THE SOLUTION	11	161	161
NEEDED MTG CLOSED	35		-	WOMEN'S FREEDOM MTG	30		-
NEW ATTITUDES			-	WOMEN'S OPEN DOOR MTG	30		-
NEW BEGINNINGS( Dist 12)	12	20	20	WOMENS SPEAKER MTG	30		-
NIPPERS CORNER MTG	32		-	WOODBINE	32		-
NO NAME YET			-	YOUNG GUNS	32		-
NO NONSENSE	32	11	11	YOUNG TIMERS	32	16	16
NORTHSIDE , CLARKSVILLE	14	75	75				
ONE DAY AT A TIME	31	800	800	Grand total:		11,144	11,144
ONE STEP CLOSER	33	157	157				
OUT TO BREAKFAST	30		-				
PAY DAY	15		-				
PEACHTREE			-				
PORTLAND UNITY	13		-				
PRIMARY PURPOSE	34	105	105				
PULASKI	40	5	5				
REBOS (SOBER)	34		-				
RIDGETOP BASICS	34		-				
ROAD OF HAPPY DESTINY	14		-				
SAFE HARBOR (D14)	14	100	100				
SANGO SOLUTIONS			-				
SATURDAY LIVING BY THE PRINT	30		-				



***"The highest form  
of repentance  
is not doing it again."***



**MIDDLE TENNESSEE INTERGROUP ASSOCIATION**  
**STATEMENTS OF ACTIVITIES ACTUAL AND BUDGETED-SCHEDULE 1**  
**FOR THE MONTH ENDING JANUARY 2015**

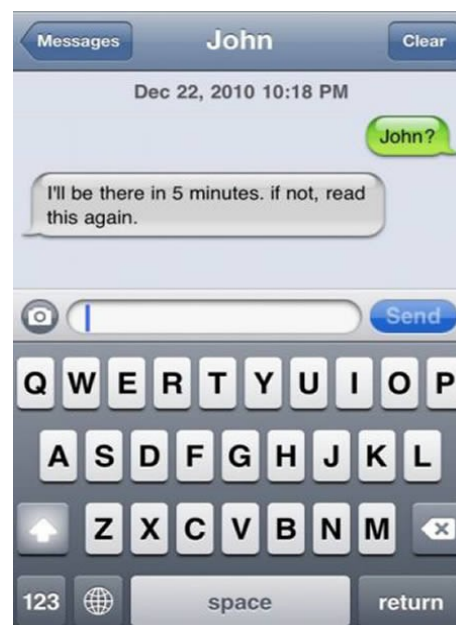
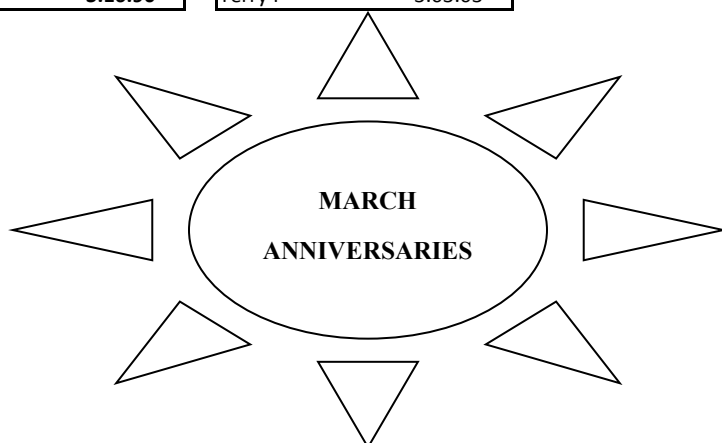
	<b>CURRENT MONTH</b>			<b>YEAR TO DATE</b>		
	<b>Actual</b>	<b>Budget</b>	<b>Variance</b>	<b>Actual</b>	<b>Budget</b>	<b>Variance</b>
<b>INCOME</b>						
LITERATURE SALES	14,092	16,230	(2,138)	14,092	16,230	(2,138)
INCOME - CONTRIBUTIONS	13,624	5,561	8,063	13,624	5,561	8,063
EVENTS INCOME	-	333	(333)	-	333	(333)
INTEREST INCOME	1	1	(0)	1	1	(0)
<b>TOTAL INCOME</b>	<b>27,717</b>	<b>22,125</b>	<b>5,592</b>	<b>27,717</b>	<b>22,125</b>	<b>5,592</b>
<b>COST OF GOODS SOLD</b>						
LITERATURE COSTS	(8,722)	(11,396)	2,674	(8,722)	(11,396)	2,674
FREIGHT	-	-	-	-	-	-
<b>TOTAL COST OF GOODS</b>	<b>(8,722)</b>	<b>(11,396)</b>	<b>2,674</b>	<b>(8,722)</b>	<b>(11,396)</b>	<b>2,674</b>
<b>GROSS PROFIT</b>	<b>18,995</b>	<b>10,729</b>	<b>8,266</b>	<b>18,995</b>	<b>10,729</b>	<b>8,266</b>
<b>EXPENSES</b>						
PAYROLL	4,398	4,983	(585)	4,398	4,983	(585)
LEGAL & PROFESSIONAL	-	200	(200)	-	200	(200)
SALES TAX EXPENSE	(1)	-	(1)	(1)	-	(1)
RENT	946	1,000	(54)	946	1,000	(54)
PRINTING	-	333	(333)	-	333	(333)
PAYROLL TAXES	336	320	16	336	320	16
EQUIPMENT RENTAL	99	-	99	99	-	99
TELEPHONE & INTERNET	338	541	(203)	338	541	(203)
ANSWERING SERVICE	213	233	(20)	213	233	(20)
POSTAGE	193	200	(7)	193	200	(7)
GENERAL OFFICE EXPENSES	450	250	200	450	250	200
COMPUTER & TECHNOLOGY	26	250	(224)	26	250	(224)
INTERGROUP EXPENSE	-	125	(125)	-	125	(125)
INSURANCE - BUSINESS	-	200	(200)	-	200	(200)
SPECIAL EVENTS / FUNCTION	-	191	(191)	-	191	(191)
REPAIR & MAINTENANCE	50	217	(167)	50	217	(167)
TRAVEL	-	333	(333)	-	333	(333)
DEPRECIATION	8	50	(42)	8	50	(42)
OVER/UNDER	-	-	-	-	-	-
<b>TOTAL EXPENSES</b>	<b>7,055</b>	<b>9,426</b>	<b>(2,371)</b>	<b>7,055</b>	<b>9,426</b>	<b>(2,371)</b>
<b>NET INCOME</b>	<b>11,940</b>	<b>1,303</b>	<b>10,637</b>	<b>11,940</b>	<b>1,303</b>	<b>10,637</b>

## MARCH

DONELSON YET		
Dave S	3.02.73	
Kim B	3.29.04	
EASY DOES IT (Feb)		
David F	2.06.95	
Jim Y	2.22.06	
EASY DOES IT		
Curtis M	3.03.13	
Mary G	3.29.13	
FELLOWSHIP		
Andrew HW	3.28.10	
Andrew W	3.09.14	
Billy W	3.27.09	
Jessie W	3.19.09	
Sellers S	3.19.13	
FULL MOON		
Dirk P	3.07.08	
Gregory	3.17.14	
James C	3.01.08	
Liz R	3.10.07	
Walter R	3.03.09	
KEEP IT SIMPLE		
Bryan H	3.15.12	
Christy K	3.21.02	
Doug C	3.06.11	
Emily G	3.13.12	
Kat D	3.09.85	
Kevin B	3.13.11	
Robert A	3.01.13	
Robert M	3.09.83	
Sam F	3.01.10	
Scott M	3.17.11	
Steven L	3.01.12	
Sue K	3.07.13	
Tim W	3.16.90	

LOVE AND LAUGHTER		
Helen K	3.31.13	
Jessi W	3.01.13	
MID-DAY BREAK		
Cynthia M	3.14.14	
Edie H	3.15.89	
Jessie H	3.17.14	
Kris D	3.01.14	
Pam J	3.20.94	
Rob B	3.14.05	
P.O.P.		
James R	3.12.96	
Mark C	3.25.99	
PORTLAND UNITY		
Elizabeth	3.14.14	
PRIMARY PURPOSE		
Terry A	3.02.92	
SEARCH FOR SERENITY		
Scotty S	3.24.12	
Randy W	3.06.14	
Al W	3.18.14	
SEEKING SANITY		
Alexis D	3.06.10	
Dan O	3.21.14	
Debbie W	3.18.13	
Donna O	3.22.03	
Jim K	3.16.98	
Liz E	3.09.12	
Liz G	3.09.12	
Maggie S	3.19.11	
Mike G	3.06.03	
Rick A	3.02.07	
Shari D	3.01.05	
Taunia K	3.19.14	
Terry P	3.03.03	

SHADE TREE		
Bobby H	3.01.11	
Carol B	3.20.14	
Cheryl B	3.26.12	
Denise B	3.06.10	
Dennis B	3.25.86	
Jim K	3.16.98	
John B	3.15.78	
Karen C	3.13.09	
Ken J	3.06.90	
Monroe C	3.16.04	
Tyler L	3.06.14	
SMYRNA GRATITUDE		
Brook O	3.09.10	
Christina A	3.15.10	
Derek W	3.14.07	
Joey L	3.09.01	
John H	3.25.91	
Karen G	3.25.08	
Keith M	3.03.13	
Ken J	3.06.90	
Margaret P	3.23.13	
Scott P	3.25.99	
Shane H	3.28.14	
Theresa J	3.05.05	
Trevor K	3.14.07	
WEEKENDERS		
Markus H	3.23.93	
Todd A	3.18.07	
WOMEN IN THE SOLUTION		
Kathleen S	3.30.85	



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