

The **MESSENGER**

Middle Tennessee Central Office Intergroup

**APRIL
2015**

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The Messenger

is available at an annual subscription price of **\$12.00**. A limited number of free subscriptions are available upon request by writing or calling the Central Office.

It is also available on-line at
www.aanashville.org.

**If you read
The Messenger
on-line, a
contribution to
The Middle
Tennessee Central
Office would help
and be appreciated.**

No Way But Up- *He found himself out of job, drunk, and living under an overpass*

I arrived in AA in September of 1969. I was 27 years old. At first, those who greeted me at my first meeting thought I was much older. I had long hair that was dirty and matted, my face was covered with cuts and bruises in various stages of healing and what few teeth I had were tobacco-stained and filled with cavities.

The closest person in age seemed to be 20 or 30 years older than me. A few of the guys in the group ushered me to a seat at that front of the meeting before I could get a chance to leave. I don't remember any of the details of that meeting, but I do remember someone said that if I didn't pick up the first drink, I couldn't get drunk. They said, "Here in AA, we don't drink one day at a time."

Those words did not make much sense to me and I really didn't want to be there but as I looked over at the door, I saw a big guy standing there, blocking my exit. Later on, I found out that he was the greeter!

The place was Jamaica, N.Y., and the meeting was about 300 yards from the bridge I had been sleeping under for the past month. I only drank for 11 years or so, but from the start, I drank alcoholically. I had my first black out the night I had my first drink. Almost immediately, I became a daily drinker. When I got out of high school (barely), I held a series of dead-end jobs, until I went into the army at the age of 22.

At the time, the army was a great place for an alcoholic and I almost got by, but even there, I was regularly getting into

minor scrapes. I spent a year in Vietnam and when I was discharged, I had a perfect reason and excuse to feel sorry for myself—or so I thought.

Because of my service, I got an opportunity to get into an apprenticeship program in a New York City building trade. If my drinking was bad during the Service, it got even worse once I was working in construction. Somewhere around this time, I got married and had a son.

Now I had something else to fuel my attitude, which was pretty bad as it was. In June of '69, my union went on strike and by the end of July, I was living on the streets and sleeping under an overpass. In my mind, this beat living at home with a wife who was telling me to get a job and stop drinking myself to death.

The day before I went to my first meeting, I had a moment of truth and I knew that if I continued in this manner, I was going to die under that bridge. I didn't think I was an alcoholic, but I knew I had to do something. I went home and my wife let me in, on the condition that I go to AA. I had never heard of AA and I didn't know what happened there, but I had nowhere else to go. After I got to the rooms, I found that I had been given the gift of desperation.

At my home group, I was assigned a sponsor and told that I was to go to a meeting every night until further notice. I was also told, "Don't pick up the first drink between meetings." I guess that my time in the Army taught me to

(Continued on page 2)

I was raised in a small town in Northern New York during the 60s and 70s. My growing up years were memorable and normal, or at least my idea of normal.

My bad habits started young: I had my first cigarette before my first kiss; by age 13, I was smoking pot; and I was stealing beer when my parents had parties.

My high school years set me on the path of destruction I would follow for the next 30 years. If it made me feel good, I drank it, smoked it, popped it in my mouth or snorted it up my nose. I was young and indestructible.

I married a great guy when I was 28 and I got pregnant right away. I stopped my reckless lifestyle and became a housewife and mother. I had my second child when I was 33, and it was not long after that I started drinking again.

Several years later, I had to be taken to the hospital because of my drinking. The physical addiction to it was so strong that I could not stop drinking. After a week in the hospital drying out, I was told by the doctor that it would be better if I didn't drink at all anymore and he encouraged me to attend AA meetings.

I had a good friend at the time who was active in AA and I asked him to help me. He took me to a few meetings and introduced me to some women who gave me their phone numbers.

I never went back, nor did I keep in touch with my friend. I made up the excuse that the meetings made me think about drinking too much. I decided I'd quit on my

own.

And I did. I didn't drink for the next 14 years. I can't tell you how I did it exactly, but I think my children had a lot to do with it. I knew they needed me.

But then in 2005, my father died. We had him at home with hospice care. The night he died marked my return to drinking. As I sat at the kitchen table, feeling the loss of my father, my brother handed me a glass of wine.

"Drink this Deb. It will help you relax."

***She hadn't had a drink for 14 years --
until the night her father died.***

I didn't know that only one drink could send me on a drunken binge. I didn't understand the mechanics of alcoholism. Six years later, I was drinking 24 hours a day; I couldn't eat or sleep; I was in and out of blackouts.

That December, my husband had me admitted to the hospital twice because of my severe intoxication. My blood alcohol level could have killed me. I had to admit that I was powerless.

I surrendered and agreed to enter a rehab center for some serious help with my alcoholism. It was there that I became truly acquainted with the Twelve Steps of AA and how they could change my life. Today, I am sober nine months in AA.

—Debra F., Philadelphia, N.Y.
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Online Exclusive Mar 2015

No Way But Up (con't)

(Continued from page 1)

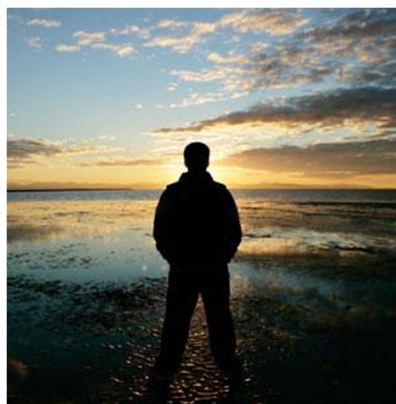
follow orders, so I just did what I was told. One night, I heard someone mention a "slip." I asked my sponsor what that meant. He told me that it didn't apply to me and I didn't need to know what it meant!

Many nights, they made me walk or take a bus to a meeting and then someone would bring me home afterwards. They wanted to see how badly I wanted to stay sober. During the "meeting after the meeting," on the way home, in the car, I started to open up and began to practice the Steps of recovery.

One day at a time, those guys helped me get my life back. I had been dismissed from the apprentice program I was in because I never went back to work after the strike was over. A group member was in another trade union and he helped me get a second chance. He took time off work to come to the apprenticeship hearing and speak on my behalf. Another AA helped me get my driver's license

back. I hadn't had one since I got out of the Service.

After I had a few years of sobriety, my wife gave birth to our daughter. She was born with a heart defect and died only a week later. During those days, I was never alone. There was always someone from my group with me. I think



it was then that I realized how powerful the program of AA could be.

Two years later, we were blessed with a healthy daughter. After another five years, my wife and I divorced. While it was a difficult time for me, I did not have to pick up the first drink. It was clear to me that

(Continued on page 3)

Back in June of 2012, I had the honor of participating in a Woman's Retreat on the Principles of the program. I have been asked to include the principles we put down on paper for each "Step and Tradition" in *The Messenger*, until all have been presented. The Principles set out may come directly from The Big Book" or "The Twelve and Twelve", along with our own Principles developed as a reward of this "Program of Recovery". It was a wonderful weekend of Fellowship and the coming together of our new way of life. I hope you find these helpful! *If you would like to add to our list, please send your insights to me.*

Editor—Blame The Messenger

blamethemessenger@gmail.com

Step 4 Courage

Made a searching and fearless moral inventory of ourselves.

- ♦ We look at anger, worry, self-pity, and depression, when we get into emotional insecurity, taking a look at our conduct and adjust our serenity.
- ♦ Today we have the courage to honestly look at ourselves and look at how our behavior has become warped to justify our continued behavior.
- ♦ We begin to drop the word 'blame' from our speech and become willing to look at ourselves.
- ♦ We are willing to make a list of our more glaring personality defects which continue to violate our moral principles.
- ♦ We survey our conduct today concerning our basic instincts - sex, society and security.
- ♦ Our behavior today concerning financial and emotional security, have proper motives.
- ♦ We work to have 'partnership' relationships with those around us by not being so self-centered.
- ♦ We continue to look for those things that can take us to physical, moral, and spiritual bankruptcy.
- ♦ We no longer blame our decisions and action on others.
- ♦ We become willing to look at destructive patterns and be willing to change them.
- ♦ It no longer matters how wrong someone else it, it matters what I do.

Tradition 4

Independence has its limits.

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

- ♦ Remembering our part in the greater whole - it is better to consider unity (go with the group conscience, humility).
- ♦ We separate ourselves from people pleasing.
- ♦ We take care of ourselves and in the process keep unity in mind.
- ♦ We need the help of others and from our HP.



No Way But Up (con't)

(Continued from page 2)

whenever I found myself in troubled times, the people in AA would rally around me and help me not drink.

As a result of AA and sobriety, I retired from my union after 22 years and moved to Maryland. In 2002, I met a woman at an AA weekend in Ocean City. She was an Al-Anon member who was raising two young boys, ages five and eight, on her own.

We married 10 months later. I now have two grown children, two grandchildren and the two boys I am helping

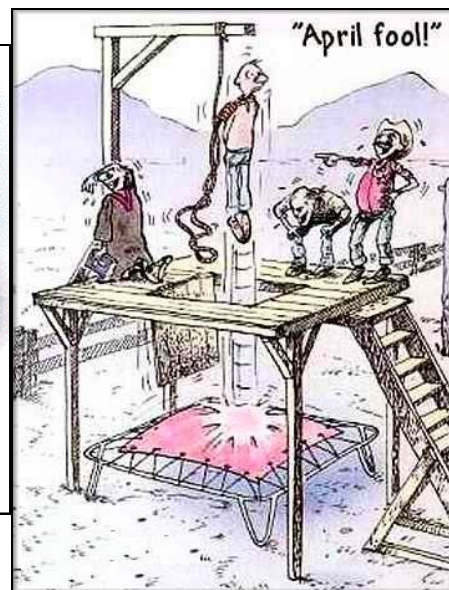
to raise. I am a husband, a father, a grandfather and a friend.

All those years ago, when I had five weeks sober, my sponsor took me to a dinner honoring Bill W.'s 35th anniversary. I had the opportunity to meet him and he shook my hand and told me that if I stayed sober, "things would happen beyond my wildest dreams." How true that was.

—Tom C., Easton, Md. April, 2015

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April Fool's Jokes



Yea—just wait!!

CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Whitney J	615.533.2308
Treasurer	Chris K	615.689.2706
Public Information/Cooperation with the Professional Community	Paul S	615.556.3357
Corrections	Charlie B	615.554.9085
Treatment Facilities	George S	615-636-6798
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863



FIRST TUESDAY OF EVERY MONTH:

District 30 Meeting

When: 6:30pm – 7:30pm

Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting

When: 5:45pm – 6:45pm

Where: Central Office
417 Welshwood

STEERING COMMITTEE

When: Monday (this has changed due to conference room conflict)

April 27th 5:45pm – 6:45pm

Where: Central Office
417 Welshwood

SERENITY PRAYER — Find the Hidden Words

J S Z B G	L T I M G	H D B E T	D Q G B D
O P Z E D	L O D R W	Q F A O V	Z P U N J
T S K U E	U T W M K	J W Z S G	E B A A N
H Y V U U	V S Q D Y	O L P L O	H X K W G
E X R J M	Y V N K K	E C D X U	L O K R L
I Z D V J	N J F G G	I A A Y T	C R M I P
T U Q N F	L J S V O	T O G S N	V R L N D
O P J C S	T K Y S D	T K R P A	X C E D G
N T X P J	L S K I T	W D P P R	K U Q P V
D Q L S J	G J F Z Q	W N M I G	T E H U N
J T U F D	O J Q G N	M K T V G	P W Y Z Z
S A E T V	U M O I P	C W M C A	H I D C I
G C M U F	D R H M N	T W Q Y E	O G E E J
A M F O J	H T J G S	S K J T T	K G B Q Q
J Y K V D	M M W H G	D Z C A C	N I A W W
S G J C X	N T R U J	O F Q U A	N U Y D Q
V I G S S	P A M C K	U V T H G	B M U W Z
A P W K M	W F C A T	W N C T P	D F G J Q
T A B R R	I C T C P	A I R L B	Q U T J V
M C Q V A	N K P K E	F W Z H K	O X K G Q
T N P P P	F J E O A	P F F P S	Q B P V B
U W H O W	E X U F F	I T S C O	D K S W X
K P G K V	M X I F Z	I Q N Q J	H J S X C
N L P B C	K C L Z E	E L C C T	A B J X X
H V B Y L	A F G A C	N A C E R	M V G Q H
T W J J A	E X B N H	I C Y Q E	A G K A E
M P X B E	P M V Q C	W C B Z K	N E K V Z
I L Y Z E	H F O T P	Z K O M B	M Q U J G
P E O S U	G Z H P M	U G I U B	F Q N R C
B A W R E	L T G L P	A D T K R	Q A J D K
K R Y V G	R R D Z Q	K F Y P O	A Q L Z U
U U K L P	E E U J U	F X O H M	Z G P Z Q
M U T I K	R C N Z U	I J E N U	D W E M Y
S M N S X	V O S I C	C L L P V	K C X J Z
G R S D B	B N R G T	K L D L C	A L E Z A
H U Y M H	Y A V K J	F D C C N	W Y C A U
B X W J V	A W P P P	W J R N Y	D I D Y S
G O S M J	K O O I I	T O O R F	B K H J V
I F U R O	C N H Y A	Q T H S Q	C V Y L S
Z I T E U	M K L B Z	G X S A H	G T S W D

ACCEPT	AND	CAN	GOD	GRANT
CANNOT	CHANGE	COURAGE	ME	SERENITY
THINGS	TO	WISDOM	KNOW	THE

Mark was passing by the bar on the way home from work when he sees his good friend Tom gulping down one shot after another.

Fearing the worst, Mark charged into the bar and confronted Tom.

"Tom what's going on?" Mark asked.

"It's my wife Beckie," Tom replied. "She ran off with my best friend!"

"Hey wait a second! Said Mark "Aren't I your best friend?"

"Not any more," Tom said with a happy smile.

"He is!"

Harry was sick and tired of being constantly badgered by his wife Barbara for spending so much time at the bar. Hoping it would help matters, Harry invited Barbara along with him.

"So what would you like?" Harry cordially asked, as she took her seat next to him. "Oh I don't know" Barbara replied, "I guess I'll take the same thing as you."

"OK" said Harry to the bartender, "we'll take two Johnny Walker's on the rocks!"

Barbara barely took a sip of the drink before she started gagging "Oh my gosh! Get me a cup of water! This stuff is horrible! How do you drink this garbage?"

"See?" said Harry "*and you think I come here just to have a good time?!"*

2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

**July 2 - 5, 2015
Atlanta, Georgia**

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years - Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Atlanta, our host city, will be provided.

This Web site will be updated as more information becomes available. Also, watch for articles in *Box 4-5-9* that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the Web site.

Convention registration and housing reservations will open in fall 2014. All necessary information will be included in the registration packet which will be available in September 2014. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the Web site.

www.aa.org

We look forward to seeing you in Atlanta!

**REGISTRATION PACKAGES
ARE NOW AVAILABLE
AT THE CENTRAL OFFICE**

Jack Daniels Fishing Story

I went fishing this morning, but after a short time I ran out of worms.

Then I saw a cottonmouth with a frog in its mouth.

Frogs are good bass bait.

Knowing the snake couldn't bite me with the frog in its mouth, I grabbed it right behind the head, took the frog, and put it in my bait bucket.

Now the dilemma was how to release the snake without getting bit. So, I grabbed my bottle of Jack Daniels and poured a little whiskey in its mouth. Its eyes rolled back, and it went limp.

I released the snake into the lake without incident and carried on fishing, using the frog.

Not long after, I felt a nudge on my foot. It was that damn snake ... with two more frogs.

Life is good.



MEETING CHANGES

NEW

37062	Psychic Change - 112 Hwy 96 N Fairview TN Wed 7:30 OD
37064	Garden Variety - St Andrew's Lutheran - 908 Murfreesboro Rd Hwy 96 - Tues & Thurs 7:15p OD/Lit/DN
37066	Gallatin AA - Tues Noon OD, Wed 8p OD/Lit, Thurs Noon OD
37072	Made A Decision - Parkway Bapt 505 Cunniff Pkwy M-8p OD
37130	Haven At Last Wed 7:30p OD/Lit/CDLT
37205	F.L.O. - Thu 7pm CD/WMN/GAY
37205	S.O.S. - Belle Meade Unit Met - 121 Davidson Rd F- 9a Wmn
37206	Every Sat Nite at 6:30p OD - House of Blessing Ch 900 Gallatin
37209	WANGL - BBStudy 6:30p Mon Quaker House 530 26th Ave N.
37211	Steel Magnolias Wmn Last Stop 2122 Utopia TH - 6:30p CD/LIT/WMN
37211	Last Stop Club - Men's OD 6:30p Tues
37217	Bradford Newcomer Group - 1410 Donelson Pike, Suite A7, Mon 7pm OD Beg
37388	Sat Night Alive - Thurs 7p OD
38401	Lunch Bunch Tues (OD) 12p & Thus 12p

CANCELLED

37027	Free Thinkers
37055	142 Group
37055	Solutions Group
37062	Psychic Change - Sat 7:30p
37087	Any Lengths - 8am Sun
37115	Three Legacies of Madison
37115	Madison Halfway There
37130	Murfreesboro Group - Tues 8p
37130	Serenity Group - Sun 4p & Sat 10a
37172	Robertson County - Tu 8pm downtowners- W Noon 208B - Th 7p 208B
37174	RUSSH Hour - Sun 7:01 Young People & Sun 5:3p Lit
37210	Young Timers Wed 8p
37210	Last Call Group
37212	(L.O.C.A.L.) Library of Conf Approved Literature
37214	Freedom Hour Meeting
37217	Love & Laughter - Thurs 6:30p
37334	Fayetteville Group - W & Sa cancelled
38401	Columbia Group - all noon meetings cancelled
38464	Lawrenceburg Group Tues, Fri, & Sat 7pm cancelled
38562	Old Time AA - 8p Fri
38565	Grimsley - 5:30 p Tue

being abstinent from drugs and alcohol is good, but it's only the beginning of things,

now we can allow thoughts of recovery to come into our dreams
first I thought of the horrible and dangerous places I'd been
then I thought of 12 step meetings that I would attend,

i thought of the new people that I would meet,
and there's a power greater than myself that I would seek,
i thought of that road where I would find help,
it's a beautiful, amazing, and spiritual journey paved in 12 steps!
they are brightly lit, with the spirits sunlight,
we NEVER have to do wrong again if we continue to do right,

step 1 is surrendering (with an Honest admission)
in step 2 I had to Open the door to my mind to let a Higher Power in,
i had to be Willing when I made a decision about step 3,
so I said the 3rd step prayer, and that helped free me (from me)
now my head is clear and I must be sane,
when I work step 4 which deals with RESENTMENTS, CHARACTER DEFECTS, and a whole lot of pain!!!
and it's not as easy as it may sound,
because step 5 suggests to admit some things out loud,

in 6 I got ready for God to remove all my defects,
because steps 4 & 5 exposed my life, which was a complete and utter wreck,
in step 7 I humbly asked him to remove those short-comings (each and every one)
and step 8 said "ken" an amends list needs to be done!!
in 9 I made direct amends knowing this would help,
i started with me first, when I wrote my first forgiveness letter to myself,
in 10 I write a DAILY inventory before I go to bed each night,
PROMPTLY admitting my wrongs that day, but how I would make them right,

in 11 I pray and meditate for more knowledge of GODS WILL,
which brings an awakening of my spirit that's both serene and surreal.
now how could I not give to you, what was so freely given to me?
in this BEAUTIFUL, BEAUTIFUL gift from GOD that we call
RECOVERY,

so now I practice these spiritual principles in ALL of my affairs,
seeking to help others with love, compassion, and today I really care,
and after living a life that literally brought me to the gates of hell,
how could I not be willing to work step number 12?

Ken G—Madison, TN

Spring Fling

Bar-B-Que Provided

(Please bring a side dish or dessert if you can)

**Gallatin Civic Center
210 Albert Gallatin Rd
Gallatin, TN 3066**



May 2, 2015



Doors will open for setup at 12 noon

1:00 PM - - - Lunch

2:00 PM - - - Speaker Marathon Games

**Pie Your Sponsor
Silent Auction**

5:00 PM - 6:00 PM - - -Clean Up

Supportive event for District 13

For more information or to volunteer call

David P 615-403-1857

**If you have a classic
show it off!**

POP Old Timers Dinner

Friday May 15th, 2015

Dinner at 6:30

**Sobriety Countdown starts at 8
Meat and drinks will be provided
Please bring a covered dish to share**

**3705 Brush Hill Road
Nashville, TN 37216**

DRUNKS IN THE PARK

3rd Annual Family Picnic

Saturday, June 20, 2015

2p—6p



**Pinkerton Park
405 Murfreesboro Rd—
Franklin, TN 37064**

**Join us for a family-friendly picnic.
Games, Corn Hole, Face Painting**

Food will be provided.—

Bring an instrument

Questions?

drunksinthepark@gmail.com

MEETING CHANGES (con't)		GROUP CONTRIBUTIONS—JAN 2015			
MOVES / CHANGES		GROUP/MEETING	Dist	Feb	YTD
37055	DAFA phone # for Clubhouses and for Dickson Group 615-326-8669	11TH STEP MTG	30	-	73
		21st AVENUE	30	38	38
		24 HOUR	32	-	250
37062	Psychic Change - 112 Hwy 96 N Fairview TN	60 MINUTES	64	-	50
37066	Gallatin AA - 2nd Sun Eating/Speaker	ANONYMOUS S CONTRIBUTIONS	0	24	93
37087	IBI-UBU - Healing Broken Vessels 311 College Street - Sat, Mon, Tues 11am	ANY LENGTHS	13	-	-
		AUBURN TOWN AA	-	-	-
		BACK ROOM	35	-	528
37115	Search for Serenity - Tu OD/Beg-W OD/BB aln-F OD/GV aln	BACK TO THE BIG BOOK	12	-	30
		BAR NONE	-	-	-
		BELLEVUE	35	-	-
37122	Key to Sobriety - Wed now 7p OD/Lit/Wmn	BELLEVUE WINNERS & BEGINNERS	35	-	-
37130	Serenity Group - Thurs is CD only, no Lit study - Sun 8 pm no ALN	BILL WILSON LITERARY SOCIETY	31	-	-
		BRADFORD BEGINNERS	-	-	-
		BRENTWOOD FULL MOON	33	-	-
37130	New Beginnings - Murfreesboro - Tues & Thurs now at 6p	BY THE BOOK (LEBANON)	13	-	-
		BY THE BOOK -DICKSON	15	-	90
		CAME TO BELIEVE	33	-	-
37174	The Spring Hill Twisted Pickles has officially relocated to the UAW union hall in the same meeting room as the RUTS (return us to sanity) group, which is located on the second floor of the Olympus club entrance (Skip's Room).	CAMELS	-	5	5
		CELEBRATE SERENITY	-	75	75
		CHICKEN PLUCKERS MENS MTG	33	-	-
37174	RUSSH Hour - Speaker meeting is 1st Thurs - Sun 5:30 is Lit Workshop	CLARKSVILLE	14	-	100
		COLUMBIA	40	20	40
		COMFORT ZONE	15	-	200
37204	Vine Hill Thurs - now meets at 3pm	COOL SPRINGS NEWCOMERS	33	-	150
37205	SOS - Meeting on Fri - 9:30 not 9:00	CROSSVILLE NON-SMOKING STEP	9	-	-
37205	11th Step Meeting - Belle Meade United Meth - now 10am Sat	DAVIDSON ROAD	30	-	1,500
		DAVIDSON ROAD WOMEN'S MTG	-	-	-
		DISTRICT 11	11	120	120
37206	Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St Thurs - 7p Men (not Wed)	DONELSON YET	31	-	100
37210	Late Nite News - now Sat 10:30p	DOWNTOWN LUNCH	32	-	-
37334	Serenity Cellar West End Baptist Church 200 Morgan Ave Fayetteville Tu - 7p CD - Sa - 9a OD	DROP THE ROCK	-	-	-
		DRUNKS IN THE PARK	33	-	-
		EAST NASHVILLE 86'ers	34	-	-
38464	Winners Group new address 221 S. Military Ave Lawrenceburg TN 904.626.3680	EAST NASHVILLE MEN'S STAG MTG	34	-	250
		EAST NASHVILLE WOMENS MTG	31	-	-
		EAST SIDE SATURDAY MTG	-	-	-
37206	Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St Thurs - 7p Men (not Wed)	EASY DOES IT (Mt Juliet)	31	-	-
		EVERY NIGHT AT 6	32	-	-
		FAIRFIELD GLADE	9	-	33
37210	Late Nite News - now Sat 10:30p	FAIRVIEW	33	-	-
		FAYETTEVILLE	40	-	-
		FIRST THINGS FIRST	34	-	250
37334	Serenity Cellar West End Baptist Church 200 Morgan Ave Fayetteville Tu - 7p CD - Sa - 9a OD	FIVE & FIVE	30	-	266
		FRANKLIN 4TH BB STUDY	33	-	-
		FRANKLIN	33	-	900
38464	Winners Group new address 221 S. Military Ave Lawrenceburg TN 904.626.3680	FRANKLIN MENS	33	-	-
		FRANKLIN ROAD WOMEN'S	33	100	100
		FREE TO BE MTG	31	190	190
37206	Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St Thurs - 7p Men (not Wed)	G.O.D. (OF DRUNKS)	40	-	-
		Gallatin AA (GAA)	-	-	-
		GLADEVILLE GRATITUDE	13	-	-
37210	Late Nite News - now Sat 10:30p	GOODLETTSVILLE A.A.	34	-	-

In Memoriam: Phil Morris was one of the early members of the Let It Happen Group. Phil helped consistently at the Central Office table at the Music City Roundup. He wore the black cowboy hat.

GROUP CONTRIBUTIONS—JAN 2015

GROUP/MEETING	Dist	Feb	YTD	GROUP/MEETING	Dist	Feb	YTD
GRATEFUL ALIVE	33	-	10	SATURDAY NIGHT ALIVE MTG(11)	11	-	-
GRATITUDE	11	25	25	SEARCH FOR SERENITY	34	-	120
HAPPY HOUR -LEWISBURG	40	-	-	SEARCHERS	34	-	200
HAPPY HOUR- COOKEVILLE	9	-	50	SEEKING SANITY	31	-	238
HARDING ROAD	30	-	-	SERENITY (12)	12	50	100
HENDERSONVILLE BIG BOOK	34	-	-	SHADE TREE	31	-	1,980
HERMITAGE	31	-	-	SHELBYVILLE	11	300	300
HIGH NOON	34	-	545	SMITH COUNTY FRIENDSHIP	13	-	-
HIGHER POWERED	32	-	-	SMYRNA GRATITUDE	12	-	100
HILLSBORO ROAD	32	250	250	SPRING HALL FALL EVENT		-	-
HOPE PARK AA LIT STUDY	30	-	87	TCYPAA	32	-	-
IBI-UBU	13	-	-	TEMPLE HILLS	33	-	-
JOELTON MTG	34	-	-	THE BASEMENT BUNCH/ MURFREESBORO	12	-	-
KEEP IT SIMPLE BELLEVUE (d35)	33	-	137	THE STRAGGLERS	33	-	-
KEY TO SOBRIETY	31	-	-	THE THREE LEGACIES	34	-	13
KICKOFF ISN'T UNTIL NOON	33	-	-	THE UNITED	13	-	100
LADIES NIGHT OUT	34	-	-	THE WAY OUT	33	-	-
LAFAYETTE NEW HOPE	13	-	-	TRINITY	11	-	-
LATE LUNCH BUNCH	33	-	500	TRUDGING THE ROAD	33	-	-
LAWRENCEBURG	41	-	-	TURNING POINT	33	-	79
LET IT HAPPEN	35	-	-	WANGL	30	-	150
LIFE SAVERS	30	-	-	WAVERLY	15	-	-
LIVE AND LET LIVE	9	-	-	WAVERLY-BELMONT	32	-	-
LIVING IN THE NOW, PRIME- TIMERS	33	-	-	WEDNESDAY STUDY	11	-	-
MADE A DECISION		-	-	WEEKENDERS	34	-	-
MCMINNVILLE	12	-	-	WEST NASHVILLE	35	-	-
MIDDAY BREAK	32	-	196	WESTMINSTER	30	-	216
MONDAY NIGHT PRIME TIME	33	-	-	WHITE HOUSE	34	-	-
MT JULIET FELLOWSHIP	31	-	-	WILSON COUNTY FRIENDSHIP	13	-	-
MURFREESBORO	12	15	30	WINNERS AND BEGINNERS	35	-	-
MUSIC ROW	30	300	300	WOMAN'S WAY		-	-
MUSTARD SEED	32	50	100	WOMEN IN THE SOLUTION	11	-	161
(N.O.W.) NASHVILLE ORIGINAL WMN	30	-	-	WOMEN'S FREEDOM MTG	30	-	-
NEW ATTITUDES		-	-	WOMEN'S OPEN DOOR MTG	30	-	-
NEW BEGINNINGS(Dist 12)	12	20	40	WOMENS SPEAKER MTG	30	-	-
NIPPERS CORNER MTG	32	-	-	WOODBINE	32	-	-
NO NAME YET		-	-	YOUNG GUNS	32	-	-
NO NONSENSE	32	-	11	YOUNG TIMERS	32	13	29
NORTHSIDE , CLARKSVILLE	14	-	75				
ONE DAY AT A TIME	31	-	800				
ONE STEP CLOSER	33	-	157				
OUT TO BREAKFAST	30	78	78				
PAY DAY	15	-	-				
PEACHTREE		-	-				
PORTLAND UNITY	13	-	-				
PRIMARY PURPOSE	34	-	105				
PULASKI	40	5	10				
REBOS (SOBER)	34	210	210				
RIDGETOP BASICS	34	-	-				
ROBERTSON COUNTY	14	25	25				
SAFE HARBOR (D14)	14	-	100				
SAFE PLACE		73	73				
SATURDAY LIVING BY THE PRINT	30	75	75				
				Grand total:		2,060	13,204

MIDDLE TENNESSEE INTERGROUP ASSOCIATION

FEBRUARY 2015 ACTUAL vs. BUDGET & YTD

	CURRENT MONTH			YEAR TO DATE		
	Actual	Budget	Variance	Actual	Budget	Variance
INCOME						
LITERATURE SALES	7,470	16,230	(8,760)	21,562	32,460	(10,898)
INCOME - GROUPS	2,569	5,166	(2,597)	13,444	10,332	3,112
INCOME - INDIVIDUAL	280	366	(86)	395	732	(337)
INCOME - MESSENGER	24	29	(5)	24	58	(34)
INCOME - WEBSITE	-	-	-	2,635	-	2,635
EVENTS INCOME	-	333	(333)	-	666	(666)
INTEREST INCOME	1	1	(0)	1	2	(1)
TOTAL INCOME	10,345	22,125	(11,780)	38,060	44,250	(6,190)
COST OF GOODS SOLD						
LITERATURE COSTS	(4,113)	(11,355)	7,242	(12,544)	(22,710)	10,166
FREIGHT	(32)	(41)	9	(40)	(82)	42
MEETING DIRECTORY	(176)	-	(176)	(466)	-	(466)
TOTAL COST OF GOODS	(4,321)	(11,396)	7,075	(13,050)	(22,792)	9,742
GROSS PROFIT	6,024	10,729	(4,705)	25,010	21,458	3,552
EXPENSES						
PAYROLL	4,798	4,983	(185)	9,196	9,966	(770)
LEGAL & PROFESSIONAL	344	200	144	344	400	(56)
SALES TAX EXPENSE	1	-	1	-	-	-
RENT	946	1,000	(54)	1,892	2,000	(108)
PRINTING	-	333	(333)	-	666	(666)
PAYROLL TAXES	336	320	16	673	640	33
EQUIPMENT RENTAL	99	-	99	198	-	198
TELEPHONE & INTERNET	538	541	(3)	876	1,082	(206)
ANSWERING SERVICE	204	233	(29)	417	466	(49)
POSTAGE	88	200	(112)	281	400	(119)
GENERAL OFFICE EXPENSES	68	250	(182)	517	500	17
COMPUTER & TECHNOLOGY	244	250	(6)	270	500	(230)
INTERGROUP EXPENSE	-	125	(125)	-	250	(250)
INSURANCE - BUSINESS	-	200	(200)	-	400	(400)
SPECIAL EVENTS / FUNCTION	-	191	(191)	-	382	(382)
REPAIR & MAINTENANCE	50	217	(167)	100	434	(334)
TRAVEL	235	333	(98)	235	666	(431)
DEPRECIATION	8	50	(42)	16	100	(84)
TOTAL EXPENSES	7,958	9,426	(1,468)	15,014	18,852	(3,838)
NET INCOME	(1,935)	1,303	(3,238)	9,996	2,606	7,390

APRIL

BACKROOM	
Alvin S	04.18.11
Bill S	04.04.90
Blake W	04.01.12
Darren H	04.30.10
Eva B	04.14.11
Johnny R	04.06.94
Julie C	04.19.10
Kidd R	04.06.09
Leslie M	04.05.96
Liz W	04.23.09
Martin B	04.15.00
Matt K	04.01.09
Monty A	04.09.93
Patrick O'	04.05.98
Rich F	04.27.08
Timothy M	04.09.14
DONELSON YET	
Mark S	04.15.89
FELLOWSHIP	
Andrew W	04.01.13
Jillian L	04.11.13
Kristen D	04.28.12
Lisa M	04.20.09
Nique B	04.20.13
Sonny A	04.28.00
Steve J	04.12.12
Steven M	04.15.??
FULL MOON	
Angela H	04.04.07
Josh H	04.24.12
Laura W	04.26.08
Nat A	04.02.90
Tim K	04.04.06
Tom S	04.01.04

IBI-UBU	
Temya E	04.03.12
LET IT HAPPEN	
George S	04.30.05
Mark S	04.15.89
LOVE AND LAUGHTER	
Jeff W	04.25.89
Rob F	04.15.98
W Derrick S	04.23.09
MID-DAY BREAK	
Anna R	04.15.13
Blake W	04.01.12
Julio V	04.24.13
Lori S	04.10.11
Sherry G	04.27.04
Stan D	04.07.08
Steven J	04.12.12
Tabatha L	04.29.14
MT JULIET	
George M	04.04.89
Hal Y	04.23.86
NIPPERS CORNER	
Bruce N	04.15.14
Lori H	04.12.13
Mark M	04.08.12
Mike E	04.23.06
P.O.P.	
Daniel R	04.15.85
Ed B	04.08.03
Josh T	04.01.12
Larry S	04.02.87
Marlene R	04.01.89

PRIMARY PURPOSE	
Leslie M	04.21.14
Theresa C	04.19.14
RIDGE TOP BASICS	
Dino E	04.28.99
SEARCH FOR SERENITY	
Gene M	04.24.14
Luis M	04.30.08
Malinda D	04.04.08
Mattie W	04.22.90
SEEKING SANITY	
Chris W	04.25.10
Chrystine C	04.27.14
Deborah M	04.10.12
Jeff L	04.15.08
John H	04.31.11
Kathy B	04.28.94
Melanie J	04.25.07
Sandee L	04.18.91
SMYRNA GRATITUDE	
Anita M	04.12.95
Breanna R	04.15.14
Brian D	04.18.92
Debbie M	04.21.04
Diane S	04.02.87
Joanna C	04.16.12
Monte M	04.21.96
Ray S	04.01.90
Regina D	04.07.07
Sean S	04.15.14
Tom D	04.05.13
Vicky S	04.26.12
WEEKENDERS	
Michell T	04.02.07
WOMEN'S SPEAKER	
Shanah	04.15.14

Q: What is a drunk man's idea of a balanced diet?

A: A Budweiser in each hand!

Q: What did the bartender say after Charles Dickens ordered a martini?

A: "Olive or twist?"

Q: Why did God invent Jameson whiskey?

A: So the Irish would never rule the world!

Q: What do Russians get when mixing Holy Water with Vodka?

A: The Holy Spirit!

Q: What has eight arms and an IQ of 60?

A: Four guys drinking Bud Light and watching a football game!

Q: Why does Corona go through your system so fast?

A: Because it does not have to stop to change color

Q: What is the similarity between Michelob Ultra and having sex in a rowboat?

A: They are both SO close to water!

Q: Why are Men like coolers?

A: Load them with Bud Light, and you can take them anywhere!

Q: What does a shot of Everclear and a Woman have in common?

A: Both of them make men start talking nonsense!

I'm not an alcoholic. Alcoholics need a drink, but I already have one.

If you drink too much alcohol you are an alcoholic. If you drink too much Fanta, does that make you Fantastic?



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