

# *The* **MESSENGER**

## *Middle Tennessee Central Office Intergroup*

**JULY  
2015**

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### ***The Messenger***

is available at an annual subscription price of **\$12.00**. A limited number of free subscriptions are available upon request by writing or calling the Central Office.

It is also available on-line at  
[www.aanashville.org](http://www.aanashville.org).

**If you read  
The Messenger  
on-line, a  
contribution to  
The Middle  
Tennessee Central  
Office would help  
and be appreciated.**

## **2015 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS**

**July 2 - 5, 2015  
Atlanta, Georgia**

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Atlanta, our host city, will be provided.

This Web site will be updated as more information becomes available. Also, watch for articles in *Box 4-5-9* that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the Web site.

Convention registration and housing reservations will open in fall 2014. All necessary information will be included in the registration packet which will be available in September 2014. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the Web site.



**[www.aa.org](http://www.aa.org)**

**We look forward to seeing you in  
Atlanta!**

**REGISTRATION  
PACKAGES  
ARE NOW AVAILABLE  
AT THE  
CENTRAL OFFICE**

## Trudging The Summer Roads of Sobriety Safely

What is trudging?

According to Webster and others - trudging is a slow and deliberate path executed with heavy and often weary steps. I deliberately set my path on sobriety every day and I realize I can't stay sober on my own. I rely on God to provide me with the strength I need for those heavy and sometimes weary steps but I also allow God to direct my path. I don't find myself all caught up in the details of making an elaborate plan like I used to do. It's far better for me to let God drive the bus. I can't let God do the driving if I haven't taken those first three Steps. My 24 hours of sobriety can only be possible when I keep these things fresh in my busy little head.

Sobriety has provided me with the skills I need to be successful in life and I'm grateful for the blessings that have resulted from the hard work of staying sober. I didn't develop those skills on my own- I learned that others would help me if I let them. Today I can drive my car to the park or anywhere else without worry of my state of mind or the condition of the vehicle. I don't forget that my vehicle is an opportunity to pick up a new guy and take him to the meeting with me.

I can't forget that the blessings we encounter during the Summer didn't mysteriously appear but are a result of living the Program. I am no further away from the idiot in my head than I was when I first got here. The difference is that I make sure the two of us show up at meetings regularly. Meetings are critical for this alcoholic and Summer is no exception. I am safe and comfortable with myself when I make AA part of my daily life. I am grateful for the ability to be present in the moment and enjoy myself rather than looking for a quick escape regardless of where I am. When I first got sober, the right thing to do was show up at the meeting. Later, I discovered that trudging the Summer roads of

sobriety safely meant that the car was fixed and I had enough cash for gas before I left home.

Sticking around and listening to what worked for others has given me a reason to trudge the Summer roads of sobriety safely. I developed courage to answer the phone when it was a bill collector and things began to change. I discovered that being responsible may not have been part of my *modus operandi* when I was out there with my six-pack of friends (Bud, Bud Light and the four warm tag-a-longs) but being responsible is what grownups do. It doesn't require special recognition or an award. Somewhere along the line I discovered that bill collectors don't even call when you make the car payment on time! What a concept.

Summer used to be loaded with excuses for getting loaded: Memorial Day, Independence Day, My Birthday and any other day ending with "y". The period between Memorial Day and Labor Day had left me disappointed and full of regrets when I was qualifying for my reserved seat. Adding to my uninterrupted periods of misery, I assured myself that birds deliberately marked my car—that is when I had a car that was note-worthy!

Sobriety has changed the way I look at summer. Summer is a time for me to celebrate the life that I have today because of the fellowship of AA. I was always at one Summer party or another before I truly surrendered to the Program of AA but it was never a celebration. Today I look forward to birds that greet me as I roll out of bed and I don't have a headache! Sobriety has a different "y" at the end of it: why not give this another 24 hours?

*John M, Falls Experience, Strength and Hope  
Reprinted with permission Akron InterGroup News Jjne 2015*

### TRAVELING TO RUSSIA

A sober retiree tells of her experiences looking for meetings in St. Petersburg

I walked down three mossy stone steps through a large steel door with some trepidation and entered what appeared to be a cave; low ceilings, dim lighting and stonewalls. But when I saw a large table littered with coffee cups and Big Books and smiling faces seated around, I knew I was home. I was in a room of fellow members of Alcoholics Anonymous in St Petersburg,

Russia. Even though I was thousands of miles from my hometown of Sebastopol, Calif. everything except the décor was the same.

I smiled back at everyone. The meeting secretary, who luckily spoke some English, welcomed me and directed me to a seat. I was able to follow the format of the meeting by the length of the readings and recitations; first the Serenity prayer then what I assumed was "How it Works" and the Twelve Steps. I deduced

that from the pattern of the reading. After someone read from the Big Book, the meeting progressed from person to person, sharing stories. It was all very similar to many of the meetings I attend anywhere else except it was in Russian!

There were two words I did recognize, the word for God, which was very similar to what I had heard from my Ukrainian grandmother and an English four-letter expletive. Occasionally someone would welcome me in halting English. Everyone was smiling. When my turn came, I shared how grateful I was for finding a meeting and being with my fellows so far from home.

My husband and I have the leisure to travel extensively since I retired in May 2009. It was also the same month I got sober. Before we leave for a trip I research locations and times of AA meetings and we plan our sightseeing around them. When traveling abroad, I try to find English-speaking meetings, but in St. Petersburg I could find none. This did not deter me as it had been more than a few days since I had been to a meeting, so a non-English meeting was fine.

I have attended meetings throughout the United States and Canada, Russia, Germany, France, Italy, Croatia, Spain and Australia. There may be slight differences in formats or distinctly regional practices. For instance, at a meeting in Sidney, Australia, they do not hug but they do recite a cheer when someone announces a birthday or shares a significant event. What is similar everywhere is the atmosphere of gratitude, fellowship and love. I always feel welcome and am often given a schedule or advice where to find other meetings.

Alcoholic Anonymous meetings give me a respite from what can sometimes be hectic travel. Meetings keep me levelheaded and fill me with goodwill and gratitude. My minor complaints disappear and upon return to my husband I am the pleasant companion he deserves, secure in the knowledge that I will not drink that day.

On another day in Russia, we looked for a meeting in a different neighborhood, confused, as addresses were not consecutive. Finally, in an inner courtyard I spotted a familiar "AA" on an industrial steel door locked with a huge and ancient padlock. The door was painted bright blue. The padlock was effective. No meeting that day. I am sure this happens in countries where AA is a relatively new phenomenon. In many

mid-sized European cities, there are no meetings at all!

My county in Area Six has over 300 meetings weekly. My hometown has four or five meetings every day from which to choose. I am grateful that AA is so prevalent where I live and throughout much of the United States. And thanks to AA World Service, meetings are available in 180 countries throughout the world.

I try to attend as many meetings when I'm traveling as when I'm at home as they expose me to people willing to speak openly about their struggles, and who are trying to live their lives with honesty, humility and willingness. Meetings also remind me that I am not alone in this world. Isolation was such a big part of my life prior to sobriety. When I am away from home; away from familiar surroundings, family, friends and neighbors, I recognize how easily I can fall into old patterns especially with so much time spent in hotel lobbies, restaurants and charming courtyards, where alcohol is plentiful.

Once in Berlin, I was told that a few members of their fellowship travel to Russia to spread AA's story and organize meetings. This is truly the Twelfth Step in action. AA has grown worldwide through the simple but critical method of one AA member carrying the message to another alcoholic.

In 1950, Bill W. visited Europe and discovered AA groups were having difficulties of the same kind that AA had had in the early days in the U.S. and Canada. Bill felt it would be helpful if these countries had the opportunity to meet and share information. As a result, the first AA World Service meeting was held in 1969 and World Service meetings are held every two years.

I am often grateful when reminded of the efforts of early AAs. Their struggles resulted in the Twelve Traditions and our ability to flourish with simple organizational practices. Now I have the blessing of sobriety and the blessing of travel and have come to be grateful to those AA's who came before me and carried the message of sobriety around the world.



*Bonia M., Sebastopol, CA*

*Reprinted with permission: AA Grapevine  
On-Line Exclusive*



## MORNING COINCIDENCE

Sometimes the little moments that almost pass us by turn out to be gigantic.

I'm coming up on four months of sobriety, and right now I'm on a leave of absence from work. My daily routine starts with prayer and then a three-mile walk, which I do by 9 A.M.

Yesterday at my AA meeting, one of the topics for discussion was prayer. That got me to thinking ... In my 40 years of drinking, I only ever prayed to get home safely. Well, it didn't always work because eventually a DUI landed me in AA.

The First Step I thought was easy. I'll just admit I'm powerless. But it wasn't that easy. It took me about two good months to finally accept that Step.

Today I started my day with prayer, but I got caught up with chores and didn't make my normal walk time. Instead, I took it later. I pray while I'm walking, mainly, thanking the God of my understanding for another day

of sobriety and also for the people I care about who are still out there. Then I ask God to show me something to prove his presence.

After a few minutes, a car went by and I heard a voice yelling, "Hey, are you alright?" I turned around and looked but I couldn't see the driver. "Just doing my daily walk," I yelled back. As I got closer, it turned out it was one of my new friends from AA. He goes to one of my meetings all the time and he has 16 years of sobriety. I've met a lot of great people in AA and this guy is one who I have the utmost respect for.

It got me to thinking ... Why didn't I take my morning walk when I usually do? Maybe I ran into my friend for a reason. Was my prayer answered? Too many positive things like this have happened to me in the last three months for all of them to be a coincidence. I think I'm finally getting Step Two! I'm beginning to believe that a power greater than myself can restore me to sanity.

I can only imagine what's in store for me as I work the other Steps.

<b>CENTRAL OFFICE OFFICERS</b>	<b>NAME</b>	<b>PHONE #</b>
Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Whitney J	615.533.2308
Treasurer	Chris K	615.689.2706
Public Information/Cooperation with the Professional Community	Paul S	615.556.3357
Corrections	Charlie B	615.554.9085
Treatment Facilities	George S	615-636-6798
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863



*Dave S—Butler, PA*

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AAGrapevine.org*

### 4th of July Weekend fireworks displays



#### **FIRST TUESDAY OF EVERY MONTH:**

**District 30 Meeting**

**When:** 6:30pm – 7:30pm  
**Where:** 5925 O'Brien

#### **SECOND MONDAY OF EVERY MONTH:**

**Intergroup Meeting**

**When:** 5:45pm – 6:45pm  
**Where:** Central Office  
417 Welshwood

#### **STEERING COMMITTEE**

**When:** Monday (this has changed due to conference room conflict)

**July 27th** 5:45pm – 6:45pm  
**Where:** Central Office  
417 Welshwood

# The Seventh Step Prayer

U	S	E	F	U	L	N	E	S	S	Z	E	E	L	J	B	M	N	E	I	V	E	S	Y	M
K	B	Y	J	V	Z	J	Y	X	Y	L	U	Z	L	A	O	X	N	C	Q	Y	O	X	R	E
B	Y	K	J	W	C	G	Q	F	U	Q	K	A	B	E	Z	O	J	U	G	W	A	B	E	T
E	E	N	O	W	W	C	Z	F	L	V	M	G	X	D	W	G	B	V	C	R	A	Z	W	Q
H	G	F	A	O	J	X	I	F	A	X	U	V	J	B	T	I	A	L	Y	D	J	K	D	X
C	X	S	H	N	N	S	O	L	G	A	Y	Y	W	X	F	Q	L	L	C	K	U	S	Q	O
O	C	X	F	Y	T	E	Z	I	Q	G	F	W	E	G	G	E	R	L	Y	D	T	B	C	H
D	A	K	C	U	L	B	C	I	U	N	H	A	C	C	H	T	U	F	I	A	V	R	S	H
W	K	G	K	Q	U	M	X	N	W	O	U	H	U	R	N	W	A	Y	N	N	A	S	R	B
X	Y	S	A	C	W	T	S	G	W	T	K	O	O	E	P	I	F	D	W	F	G	C	U	R
V	A	Z	W	R	Z	D	F	C	J	A	L	T	E	T	R	H	S	X	M	Q	V	J	O	T
M	I	N	H	C	G	E	J	H	S	Y	A	R	P	C	Y	B	Y	D	L	P	N	C	Y	N
S	W	O	L	L	E	F	V	H	O	E	E	F	M	A	G	R	L	Z	P	L	Q	D	P	P
M	R	O	R	W	N	E	H	R	R	H	O	S	B	R	O	U	E	J	Q	C	V	G	C	Z
R	C	T	Q	L	R	C	A	C	N	Z	F	E	H	A	O	O	O	V	E	V	P	K	S	P
X	N	J	Q	K	X	T	J	B	U	E	W	O	G	H	D	G	P	Z	E	A	U	T	S	Z
F	R	J	W	T	D	K	C	W	H	S	Z	P	S	C	Z	K	R	Y	T	Y	R	P	V	K
L	S	R	U	K	E	N	H	D	X	H	B	U	D	S	Q	N	Z	A	E	E	G	Y	M	N
U	P	P	Z	X	U	C	X	N	G	W	V	Y	E	K	O	H	R	S	N	V	L	Y	I	H
U	O	H	N	E	T	J	P	N	A	J	V	K	K	J	V	D	D	G	Y	T	G	G	Q	X
L	Q	W	G	K	D	B	J	J	R	Q	Q	X	F	A	G	E	T	A	I	B	D	W	H	X
Y	R	S	I	N	G	L	E	O	E	P	Q	Y	Y	V	F	H	T	L	S	E	Q	O	F	X
U	W	B	B	I	L	J	V	N	R	J	O	Q	S	P	W	Z	J	T	I	X	Y	M	S	B
S	E	A	P	K	C	W	M	H	J	U	C	G	S	Z	J	Q	I	O	X	D	F	Y	F	L
D	I	I	V	N	Q	E	H	J	R	O	P	F	W	F	O	N	Q	X	N	B	A	L	B	F
K	N	P	C	J	O	M	T	Y	G	A	X	G	U	J	D	N	X	S	A	W	T	Z	J	U
D	Q	Z	C	U	R	T	K	B	T	L	H	Z	I	K	Y	C	W	K	P	O	R	C	C	T
B	N	P	G	F	Q	G	T	U	S	Q	N	Y	I	M	R	B	R	E	M	O	V	E	W	D
O	G	E	V	B	K	T	O	T	N	M	O	G	G	N	I	D	D	I	B	A	C	U	Z	T
I	P	R	I	V	I	E	K	L	J	H	V	K	P	W	Z	Q	D	D	A	Q	C	D	Q	P

Find the CAPITALIZED words below.

MY CREATOR,

I am NOW WILLING that YOU SHOULD have all of me, GOOD and BAD. I PRAY that You now REMOVE from me EVERY SINGLE DEFECT of CHARACTER which STANDS in the WAY of my USEFULNESS to You and my FELLOWS. GRANT me STRENGTH, as I go OUT from here, to do YOUR BIDDING. Amen

## HEALING THROUGH THE SERENITY PRAYER

I woke up this morning to a phone call from an old friend in Alabama, who tends to call when there is bad news. This call informed me of a dear friend who had passed away from a direct result of *Alcoholism*. This lady and I drank together, shared many happy and sad moments, and suffered family and friends deaths together.

After the first call many more came rolling in, only to begin the gossip that is typical of the town that I grew up in. They were similar, placing the blame on others and circumstances in her life. I finally decided I couldn't and shouldn't take any more of the calls and stopped answering the phone.

At this point, I was reminded of the Serenity Prayer, so I sat down, wrote it out and proceeded to diagram it. This helped me deal with the insanity of what was going on around me. It went something like this.

God grant me serenity to accept the things I cannot change:

- ◆ I cannot change:
  - ◆ That my friend is gone

- ◆ The suffering that she went through
- ◆ The loss that I feel

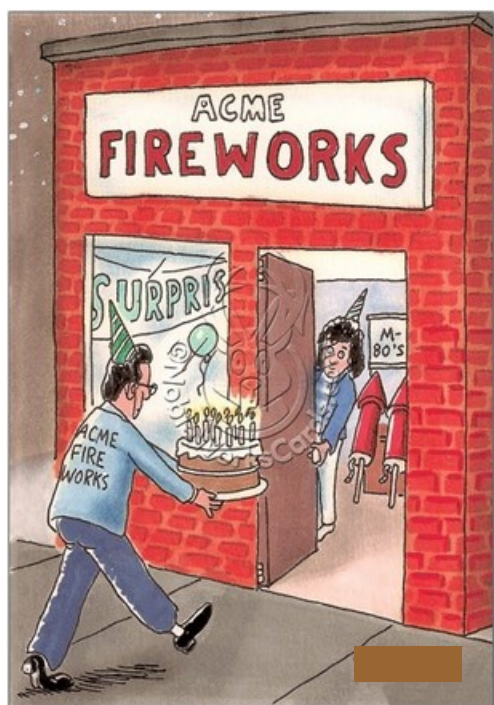
The courage to change the things I can:

- ◆ I can change:
  - ◆ My determination to help others
  - ◆ My commitment I have made to the program of Alcoholics Anonymous
  - ◆ My closeness to the God of my understanding
  - ◆ The compassion I have towards the alcoholic who still suffers

The wisdom to know the difference:

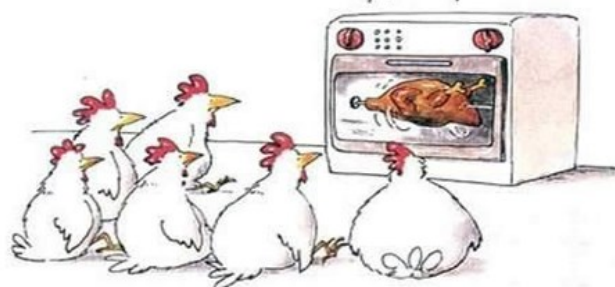
- ◆ I know that only through God do I have access to His wisdom to know the difference.
- ◆ I have been granted the wisdom and knowledge to practice, to the best of my ability, the spiritual principles of AA in all of my affairs.

Libby C – SWATT Sober Women @ Three Thirty  
Reprinted with permission



"Hello, Emily. This is Gladys Murphy up the street. Fine, thanks. ... Say, Emily, could you go to your window and describe what's in my front yard?"

horror movie





**BOSS to an employee:**

Do you believe in life after Death?

**EMPLOYEE:**

Certainly not, there's no proof of it

**BOSS:** Well, there is now

After you left early yesterday to go to your uncle's funeral, he came here looking for you



***Hendersonville Big Book Group  
Summer Speakers  
and potluck picnics***

**June 21  
July 19  
August 23**

5:30 for fellowship, food and fun  
Speaker at 7:00

Bluegrass Baptist Church Pavilion  
(will be indoors if bad weather)  
235 Indian Lake rd  
Hendersonville Tn 37075



**POTLUCK DINNER**

**DISTRICT 34 ANNUAL PICNIC**

Date : 08-29-2015

Time : 11:00am - 3:00pm

**MOSS WRIGHT PARK**

**SHELTER 3 (NEXT TO THE PLAYGROUND)**

**745 CALDWELL DR • GOODLETTSVILLE, TN 37072**

**JOIN US! BRING YOUR FAMILY!**

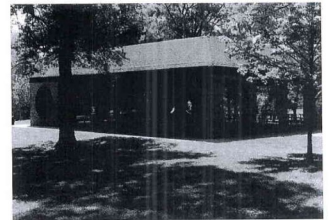
Meat and drinks provided by District.  
Please bring a side or dessert to share.

**CAKE WALK**

**SILENT AUCTION**

**GRAPEVINE DRIVE**

**SPEAKER: MARY ANN E.  
AREA 64 DELEGATE**



CONTACTS:  
MARTY M 615.9730840 martymartz98@gmail.com  
HEATHER L 615.804.7933 heatherloveland@bellsouth.net

**AREA 64 TRADITIONAL  
INTERNATIONAL CONVENTION PHOTO**

**When: Sat July 4th, 5pm, Photo at 5:15 pm**

Where: Georgia Dome, Across the street on the East Side is International Plaza. There is a statue and Open Area, meet near this statue. (You may hear us before you see us.)

TN FLAGS—Show your support and love for the great state of TN and buy yourself a medium size flag to wave around town.

(They can be purchased under \$5 at Greyline Tours, some retailers or Souvenir shops.) Helps you find your peeps as well.



SONG—We always sing Rocky Top!!! There are usually 50,000 -80,000 folks who attend the International Convention, this one is the closest yet, so share the info and the love of TN.

ANONYMITY—Respect our 11th Tradition and everyone's anonymity—do not post this photo to ANY face book, website, or social media. Just don't post it period. Let's have some fun. See you there!!!

MEETING CHANGES	NEW
MOVES / CHANGES	
Smith County Friendship - Carthage United <b>37030</b> Methodist Church 608 Main Street N	Saturday Serenity - Cumberland Heights Outpatient - 7105 Crossroads Blvd, Brentwood - Sat 8a - Women's OD <b>37027</b>
DAFA phone # for Clubhouses and for Dickson <b>37055</b> Group 615-326-8669	<b>37043</b> Safe Harbor - Sun 6p OD
<b>37062</b> Psychic Change - 112 Hwy 96 N Fairview TN	<b>37062</b> Psychic Change - 112 Hwy 96 N Fairview TN Wed 7:30 OD
No Boundaries - 1531 Hunt Club Blvd #300 - Sun <b>37066</b> 9:30a OD/Meditation	<b>37064</b> Garden Variety - St Andrew's Lutheran - 908 Murfreesboro Rd Hwy 96 - Tues & Thurs 7:15p OD/Lit/DN
<b>37066</b> Gallatin AA - 2nd Sun Eating/Speaker	<b>37066</b> Gallatin AA - Tues Noon OD, Wed 8p OD/Lit, Thurs Noon OD
IBI-UBU - Healing Broken Vessels 311 College <b>37087</b> Street - Sat, Mon, Tues 11am	<b>37072</b> Made A Decision - Parkway Bapt 505 Cuniff Pkwy M-8p OD
Search for Serenity - Tu OD/Beg-W OD/BB aln-F <b>37115</b> OD/GV aln	<b>37130</b> 3 Fingers - Cumberland Heights IOP Bldg 745 S Church St Suite 505 Murfreesboro 5:30 p 1st Sat
<b>37122</b> Key to Sobriety - Wed now 7p OD/Lit/Wmn	<b>37130</b> Haven At Last Wed 7:30p OD/Lit/CDLT
Serenity Group - Thurs is CD only, no Lit study - <b>37130</b> Sun 8 pm no ALN	<b>37205</b> S.O.S. - Belle Meade Unit Met - 121 Davidson Rd F- 9a Wmn
New Beginnings - Murfreesboro - Tues & Thurs <b>37130</b> now at 6p	<b>37206</b> East Side Sunlighters - Woodland Pres Ch - 211 N. 11th St Wed & Fri 7:30 p OD
Right Direction - Southpointe Comm Church 7227 <b>37135</b> Haley Industrial Rd #1000 Mon 7p OD	<b>37206</b> Every Sat Nite at 6:30p OD - House of Blessing Ch 900 Gallatin
Ruts Group new address UAW Union Hall (Local <b>37174</b> 1853) 125 Stephen P. Yokich Parkway	<b>37209</b> WANGL -BBStudy 6:30p Mon Quaker House 530 26th Ave N.
Spring Hill Group - Spring Hill United Mth - 5286 <b>37174</b> main st 8p Mon CD	<b>37217</b> Bradford Newcomer Group - 1410 Donelson Pike, Suite A7, Mon 7pm OD Beg
RUSSH Hour - Speaker meeting is 1st Thurs - Sun <b>37174</b> 5:30 is Lit Workshop	<b>37388</b> Sat Night Alive - Thurs 7p OD
<b>37204</b> Vine Hill Thurs - now meets at 3pm	<b>38401</b> Columbia Group - added Sat 9a OD/WMN
Everything or nothing - 7p Tues CD/Lit/BB <b>37205</b> Brookhollow Baptist ch 678 Brookhollow Rd	<b>38401</b> Lunch Bunch Tues (OD) 12p & Thus 12p
Women's Freedom - now meets at Concordia <b>37205</b> Lutheran Ch 3501 Central Ave	<b>CANCELLED</b>
<b>37205</b> SOS - Meeting on Fri - 9:30 not 9:00	<b>37013</b> Just Wednesday - Lighthouse Fellowship Church
11th Step Meeting - Belle Meade United Meth - <b>37205</b> now 10am Sat	<b>37027</b> Free Thinkers
<b>37205</b> Women's Speaker - now 7p Fri 90 minute meeting	<b>37040</b> Road of Happy Destiny - Wed 7p & Thurs Noon
Eastside Men's Stag Woodland Pres Ch. 211 N. <b>37206</b> 11th St Thurs - 7p Men (not Wed)	<b>37055</b> 142 Group
Next Right Thing - Crosspoint Dream Center - <b>37209</b> 4007 Delaware Ave - Wed 10a WMN/OD	<b>37055</b> Solutions Group
<b>37209</b> Cumberland Heights - Crossover is Fri 7pm (not	<b>37062</b> Psychic Change - Sat 7:30p
<b>37210</b> Late Nite News - now Sat 10:30p	<b>37087</b> Any Lengths - 8am Sun
<b>37221</b> Bellevue Group - added Sun 5p BBS	<b>37087</b> IBU-UBU - 11a Tues
Serenity Cellar West End Baptist Church 200 <b>37334</b> Morgan Ave Fayetteville Tu - 7p CD - Sa - 9a OD	<b>37115</b> Halfway There Meeting
Winners Group new address 221 S. Military Ave <b>38464</b> Lawrenceburg TN 904.626.3680	<b>37115</b> Three Legacies of Madison
	<b>37130</b> Murfreesboro Group - Tues 8p
	<b>37130</b> Serenity Group - Sun 4p & Sat 10a
	<b>37172</b> Robertson County - Tu 8pm downtowners- W Noon 208B - Th 7p 208B
	<b>37174</b> Spring Hill Twisted Pickles
	<b>37174</b> RUSSH Hour - Sun 7:01 Young People & Sun 5:3p Lit
	<b>37205</b> F.L.O. - Thu 7pm CD/WMN/GAY
	<b>37210</b> Young Timers Wed 8p
	<b>37210</b> Last Call Group
	<b>37211</b> Woodbine - Sunday 6:30p
	<b>37211</b> Steel Magnolias Wmn Last Stop 2122 Utopia TH - 6:30p
	<b>37211</b> Last Stop Club - Men's OD 6:30p Tues
	<b>37212</b> (L.O.C.A.L.) Library of Conf Approved Literature
	<b>37214</b> Freedom Hour Meeting
	<b>37217</b> Love & Laughter - Thurs 6:30p
	<b>37334</b> Fayetteville Group - W & Sa cancelled
	<b>38401</b> Columbia Group - all noon meetings cancelled
	<b>38464</b> Lawrenceburg Group Tues, Fri, & Sat 7pm cancelled
	<b>38562</b> Old Time AA - 8p Fri
	<b>38565</b> Grimsley - 5:30 p Tue



GROUP/MEETING	Dist	May	YTD	GROUP/MEETING	Dist	May	YTD
11TH STEP MTG	30	-	73	LADIES NIGHT OUT	34	25	25
21st AVENUE	30	90	128	LATE LUNCH BUNCH	33	-	1,000
24 HOUR	32	-	250	LET IT HAPPEN	35	25	50
60 MINUTES	64	-	110	LEWISBURG UNITY	41	-	21
ANONYMOUS CONTRIBU- TIONS	0	85	363	MIDDAY BREAK	32	205	561
BACK ROOM	35	-	528	MT JULIET FELLOWSHIP	31	-	100
BACK TO THE BIG BOOK	12	-	61	MURFREESBORO	12	30	75
BELLEVUE WINNERS & BEGINNERS	35	-	50	MUSIC ROW	30	-	300
BRENTWOOD FULL MOON	33	-	485	MUSTARD SEED	32	100	250
BY THE BOOK -DICKSON	15	-	160	NEW BEGINNINGS( Dist 12)	12	20	80
CAMELS		15	35	NEW LIFE H-VILLE	34	10	10
CELEBRATE SERENITY		-	275	NO NONSENSE	32	-	41
CHICKEN PLUCKERS MEN'S	33	-	142	NORTHSIDE , CLARKSVILLE	14	-	125
CLARKSVILLE	14	-	100	ONE DAY AT A TIME	31	-	800
CLUB 62 UNITY	32	10	10	ONE STEP CLOSER	33	243	401
COLUMBIA	40	20	100	OUT TO BREAKFAST	30	-	106
COMFORT ZONE	15	-	350	PAY DAY	15	-	125
COOL SPRINGS NEWCOMERS	33	-	150	PORTLAND UNITY	13	-	45
DAVIDSON ROAD	30	-	2,700	PRIMARY PURPOSE	34	-	275
DISTRICT 11	11	-	120	PULASKI	40	10	30
DONELSON YET	31	-	100	REBOS (SOBER)	34	-	210
DOWNTOWN LUNCH BUNCH	32	-	189	ROBERTSON COUNTY	14	-	25
DRUNKS IN THE PARK	33	209	361	SAFE HARBOR (D14)	14	100	200
EAST NASHVILLE 86'ers	34	102	229	SAFE PLACE		-	73
EAST NASHVILLE MEN'S STAG MTG	34	-	250	SANGO SOLUTIONS		40	40
EAST NASHVILLE WOMENS MTG	31	-	138	SATURDAY LIVING BY THE PRINT	30	100	175
EAST SIDE SATURDAY MTG		-	450	SATURDAY NIGHT ALIVE	11	10	30
EVERY NIGHT AT 6	32	58	58	SEARCH FOR SERENITY	34	-	120
FAIRFIELD GLADE	9	-	33	SEARCHERS	34	-	200
FAIRVIEW	33	100	150	SEEKING SANITY	31	-	487
FAYETTEVILLE	40	-	20	SERENITY (12)	12	50	250
FIRST THINGS FIRST	34	-	550	SHADE TREE	31	-	1,980
FIVE & FIVE	30	-	266	SHELBYVILLE	11	-	300
FRANKLIN	33	1050	1950	SMYRNA GRATITUDE	12	314	920
FRANKLIN MEN'S	33	400	400	THE THREE LEGACIES	34	-	13
FRANKLIN ROAD WOMEN'S	33	-	300	THE UNITED	13	-	200
FREE TO BE MTG	31	186	376	TRUDGING THE ROAD	33	80	80
FRIDAY NIGHT PRIME TIME	33	25	25	TURNING POINT	33	-	147
GRATEFUL ALIVE	33	-	10	WANGL	30	-	150
GRATITUDE	11	-	25	WAVERLY	15	-	68
HAPPY HOUR- COOKEVILLE	9	-	100	WAVERLY-BELMONT	32	-	100
HARDING ROAD	30	-	150	WEEKENDERS	34	-	50
HERMITAGE	31	200	200	WEST NASHVILLE	35	-	53
HIGH NOON	34	-	545	WESTMINSTER	30	-	216
HILLSBORO ROAD	32	-	250	WOMEN IN THE SOLUTION	11	50	261
HOPE PARK AA LIT STUDY	30	-	129	WOMEN'S FREEDOM MTG	30	-	350
KEEP IT SIMPLE BELLEVUE (d35)	33	-	216	YOUNG TIMERS	32	-	47
				<b>Grand total:</b>		<b>3,962</b>	<b>24,825</b>

**Middle Tennessee Intergroup Association**  
**Statement of Activities - Actual and Budgeted - Schedule 1**  
**For the Month and the Five Months Ended May 31, 2015**

	May 2015			YTD 2015		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Literature Sales	\$ 6,762.47	16,230.00	(9,467.53)	\$ 50,594.55	81,150.00	(30,555.45)
Literature Purchases	(4,377.72)	(11,355.00)	6,977.28	(29,866.04)	(56,775.00)	26,908.96
Freight In	(41.78)	(41.00)	(0.78)	(184.03)	(205.00)	20.97
Net Literature Sales	2,342.97	4,834.00	(2,491.03)	20,544.48	24,170.00	(3,625.52)
Non Profit Income	-	-	-	51.75	-	51.75
Group Donations	5,880.05	5,166.00	714.05	27,224.35	25,830.00	1,394.35
Individual Donations	340.86	366.00	(25.14)	1,633.72	1,830.00	(196.28)
Messenger Donations	12.00	29.00	(17.00)	60.00	145.00	(85.00)
Website Donations	-	-	-	2,727.20	-	2,727.20
Special Events	-	333.00	(333.00)	-	1,665.00	(1,665.00)
Interest	2.21	1.00	1.21	7.60	5.00	2.60
Total Income	8,578.09	10,729.00	(2,150.91)	52,249.10	53,645.00	(1,395.90)
Expenses						
Casual Labor	200.00	200.00	-	1,000.00	1,000.00	-
Payroll	6,054.38	4,783.00	1,271.38	23,646.06	23,915.00	(268.94)
Bad Debts	16.66	-	16.66	66.70	-	66.70
Legal & Professional	350.00	200.00	150.00	2,033.75	1,000.00	1,033.75
Sales Tax Expense	-	-	-	0.04	-	0.04
Rent	946.00	1,000.00	(54.00)	5,029.50	5,000.00	29.50
Printing	-	333.00	(333.00)	390.00	1,665.00	(1,275.00)
Payroll Taxes	463.16	320.00	143.16	1,808.92	1,600.00	208.92
Maintenance	50.00	217.00	(167.00)	250.00	1,085.00	(835.00)
Equipment Rental	103.00	-	103.00	548.11	-	548.11
Telephone & Fax	548.32	541.00	7.32	2,219.60	2,705.00	(485.40)
Answering Service	195.00	233.00	(38.00)	1,197.00	1,165.00	32.00
Postage	279.22	200.00	79.22	782.30	1,000.00	(217.70)
Office Supplies	154.14	250.00	(95.86)	1,073.62	1,250.00	(176.38)
Computer & Technology	10.88	250.00	(239.12)	281.09	1,250.00	(968.91)
Intergroup Expense	-	125.00	(125.00)	120.90	625.00	(504.10)
Insurance	-	200.00	(200.00)	1,244.00	1,000.00	244.00
Special Events	-	191.00	(191.00)	-	955.00	(955.00)
Travel	-	333.00	(333.00)	235.16	1,665.00	(1,429.84)
Depreciation	7.92	50.00	(42.08)	39.60	250.00	(210.40)
Total Expenses	9,378.68	9,426.00	(47.32)	41,966.35	47,130.00	(5,163.65)
Net Income	\$ (800.59)	1,303.00	(2,103.59)	\$ 10,282.75	6,515.00	3,767.75

## JULY

BACK ROOM	
Earl B	07.20.08
Houston S	07.23.08
JR M	07.24.11
Rachel G	07.25.12
Tim F	07.25.07
Troy V	07.18.12
EASY DOES IT	
John M	07.01.03
Laurie T	07.04.00
<b>Nancy B</b>	<b>07.03.88</b>
FULL MOON	
Barbara R	07.31.04
HIGH NOON	
Joe H	07.19.14
John David W	07.27.11
<b>Lavergne T</b>	<b>07.26.94</b>
Lucas A	07.06.14
Mike B	07.09.12
Ron F	07.15.13

KEEP IT SIMPLE	
Bill M	07.15.02
Bob M	07.23.14
Cal T	07.31.06
Chad Y	07.25.14
Chris C	07.01.10
Christopher F	07.18.10
Jerry B	07.04.13
John M	07.20.11
Katie Y	07.19.14
Kevin B	07.29.12
Mark S	07.15.10
Matt K	07.18.14
Matt W	07.11.11
Michael M	07.31.14
Peter D	07.27.06
Roger B	07.04.02
Victor S	07.14.01
P.O.P.	
<b>Ron E</b>	<b>07.18.92</b>
<b>Sandy M</b>	<b>07.07.86</b>

MID-DAY BREAK	
Amanda E	07.07.14
Chene'	07.10.13
Debra S	07.29.10
Donna E	07.27.03
<b>Gerry N</b>	<b>07.18.94</b>
<b>Jack K</b>	<b>07.22.84</b>
Krystal B	07.25.14
Leah C	07.09.12
<b>Steve M</b>	<b>07.13.94</b>
<b>Steven S</b>	<b>07.21.91</b>
SEARCH FOR SERENITY	
Mandy S	07.23.98
Sarah C	07.01.14
Tedd B	07.15.01
SEEKING SANITY	
Barry E	07.19.04
Becca M	07.06.08
Cindy V	07.11.08
John M	07.01.03
Keith G	07.09.02
<b>Nancy B</b>	<b>07.03.88</b>
Patricia W	07.20.07
Tim f	07.25.07
Tom M	07.07.11
WOMEN'S SPEAKER	
Laura M	07.12.12
Lee B	07.14.04



## AAGRAPEVINE.ORG

This July marks a very special month for Alcoholics Anonymous!

Thousands of sober alcoholics will gather in Atlanta at the 2015 International Convention to celebrate the 80th anniversary of the birth of AA in Akron, Ohio. In the July issue, you will find a special letter from Terry Bedient, the non-alcoholic chairman of our AA General Service Board, photos from past Conventions and a wonderful story by a member who has been to 25 years of Conventions. Because AAs are gathering from many countries to celebrate this month, we're also featuring stories by members about AA meetings all over the world.

So think about subscribing and get this great copy as your first installment towards adding to your sobriety.



Sir, I think there is a mistake.  
I ordered "Crab-Rangoon."

What did the buffalo say to his son when he left for college?

"Bison."



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