

The **MESSENGER**

Middle Tennessee Central Office Intergroup

SERVICE PAYS IN MANY WAYS

\$ 1.00

DECEMBER 2015

A young woman dives into service and learns the ropes from many old-timers.

I was scared and unsure of what was to be expected of me in my new Appointed Committee Member (ACM) role. I knew this was an important meeting for AA as a whole and I didn't want to misrepresent my fellow Alcoholics, especially being young and representing the younger members of AA. As I walked into the grand foyer of the hotel you could hear the laughter and greetings of long lost friends getting reacquainted. The stir was exciting as you felt the energy of anticipation for the week to come. It was the 57th annual Alcoholics Anonymous Conference held in New York City. The heart of the action on what happens within AA. Reading about it from the service manual to actually being there seemed so surreal. Who would have thought I would ever be there???

Coming from the suburbs of Waukesha, Wis., I felt a bit overwhelmed with the large city and the magnitude of the meeting. As I looked around, I realized I was one of the few who entered this meeting as a young women in her 30s. The average age of delegates that attended was 55. I felt a bit out of place not knowing anyone and did not look like the norm that was attending. I continued to do what I do best: try to meet new people and get out of my head. Thank goodness for those basics!

I attended the luncheon and sat down next to an elderly man that had "Artist" on his badge. I didn't realize that AA had an artist at the conference. As I began to inquire about his presence he told me an amazing story. From being a professional courtroom sketch artist to the conference artist had been a long journey. This man had met Bill W., our co-founder, at

a meeting down the street in Manhattan. To my amazement he told wonderful stories about what it use to be like back then. As the lunch came to an end we were asked to come into the opening ceremonies of the conference. The theme—Our Twelfth Step—"Are we going to any lengths?" A resounding "No" was announced at the podium from a class A trustee that was rotating off this year. You could have heard a pin drop. He went on to state that there are areas of AA that have not been touched and that it is our duty, especially at this conference to continually search out new ways to reach others. Stressed in his speech, to have the governing traditions and concepts help guide us and allow the conference to act, as it was set up many years before, on its conscience. This speech moved me and gave me a wave of warmth that our program is entrusted in safe hands.



As a young girl growing up in this AA world, I had been to many young peoples conferences. My journey began 1990 in Bloomington, Illinois, at a hotel for ISCYPAA, which stands for Illinois State Conference for Young People in AA. Much to my surprise these two very different events had a similar theme

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SERVICE CHANGED HER LIFE

She once never left her house. Now she enjoys helping AA everywhere she can.

"My life has changed and expanded beyond anything I could ever have imagined."

At the end of my drinking, my world pretty much consisted of my bed and the kitchen table. Sure, I ventured out into that frightening world beyond my door—even made it to work many days—but usually only by promising myself a “reward” later if I managed to make it through another day. I staggered into Alcoholics Anonymous one day, not intending to stay or even wanting to get sober. This was simply the last stop before suicide, but at least then I would know I had tried everything else.

That was a few years ago, and like many others, my life has changed and expanded beyond anything I could ever have imagined, based on recovery, unity and service in varying measure. Over the years, I have become more active in service to Alcoholics Anonymous, and again I continue to reap unimagined rewards. A friend of mine says that recovery is in the Steps, unity in the Traditions, and service is in the concepts. These three sides of our triangle are equal, and if I shorten any one of them, I short-change my own recovery.

Along the road of recovery, the opportunities for service within Alcoholics Anonymous are many and there is something for everyone’s comfort level, as

well as some growth opportunities. I was again reminded of this recently. As the Cooperation with the Professional Community (CPC) Chair our Area, I participated in our Doctor’s Training Program. As such, I had the opportunity to attend the annual luncheon of the National Council of Alcoholism and the Alcoholism Council of New York. It was held at a very lovely, upscale Manhattan restaurant with lots of silverware on the left, right and above the plate, and attended by television personalities, government officials and a few others whose names I recognized, some of whom were also being honored for their work and philanthropy in the field of alcoholism. A few days later, I was invited to do a CPC presentation with our Treatment Facilities Chair for staff at a homeless shelter in the Bronx. As I drove home, I kept thinking about the extremes of these two service events, how much larger my world has become, and the possibilities that present themselves along the sober journey of life—many of which occur through service.

I wouldn’t trade the richness and variety of my life today for anything. Okay, I admit I felt more comfortable at the homeless shelter, but I would not have passed up either experience. Service stretches me, and the possibilities of learning new things about me and what I can do continue to unfold. How about you?

—Linda C.

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CHRISTMAS PAST, CHRISTMAS PRESENT

An AA who relapsed compares that year's holiday with this one.

The Christmas before last was the worst. Four years ago, I gave up 13 years of sobriety to drink and abuse pain medication. For my decision to drink again I was rewarded with a divorce and a business deal that went sour. I had been warned that all the bad things that hadn't happened to me yet would if I went back to drinking but some how I chose to ignore that advice. Who was I to think that the rules of alcoholic drinking did not apply to me?

Thirty years ago when I went to my first AA meeting a few of the old timers said "kid I spilled more booze on my tie than you drank." Many more said,

"alcoholism was like an elevator and you could get off before it went to the bottom floor." Of course I decided to listen to the minority and after a year of sobriety and my life getting better I drank for another 10 years. I figured I hadn't lost a wife, a job, or thousands of dollars and most importantly I couldn't drink a fifth a day which seemed to be the minimum for a true alcoholic. Never mind that I wasn't married or employed and I had always been broke. The capacity for alcohol would increase, it is one of the rules of alcoholic drinking.

Years later, I had been divorced and lost a job and blown lots of money on booze and had all the

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The Messenger

If you read
The Messenger
on-line, a
contribution to
The Middle
Tennessee Central
Office would help

Happy
Holidays!

SERVICE PAYS IN MANY WAYS

(Continued from page 1)

threaded through them. An excitement and love for the fellowship along with a true dedication of service to keeping a fellowship running that changes lives. As I continued to look around at the opening ceremony, I noticed an older man with a lanyard around his neck heavily filled with buttons and pins he had collected over many years. As the day continued delegates were giving out gifts to each other in many forms, bookmarks, pins, and buttons to proudly represent their state. I laughed to myself and thought, these older members are just like the rest of us youngins—happy and proud to be a sober member of Alcoholics Anonymous. I can't tell you how many young people's conferences

I have been to, and there is always someone running around with a ton of pins on a lanyard or a hat that has them just like this delegate I spotted.

I am no longer worried if I fit in at this level of service work. I do. And so does anyone regardless of age who has the love and passion of keeping this fellowship running by its conscience. For the younger members reading this, I assure you these old-timers are just as goofy, fun and dedicated about their service work as any young peoples conference I have had the privilege of working on ... the difference is, they know when to go to bed!

—Tina H., Waukesha, Wis.

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CHRISTMAS PAST, CHRISTMAS PRESENT

(Continued from page 2)

accidents that go with it. I was depressed and miserable and I realized that the only time I had been happy was as a member of AA. That was the place I learned how to be a decent human being so I came back. I was lucky to find a sponsor who would put up with me. I questioned everything and told him that I hated meetings and for a time quit attending them but somehow I stayed sober and managed to not get fired by him.

I read the literature and became very active with my home group and my life improved in every way. Financially, I had a thriving business and a beautiful home. I had been spared from many painful experiences. Then after 12 years of sobriety, I became disenchanted with the discussion meetings that I had been attending, but instead of looking for other meetings, I stopped going. My employment caused me to see many AA members who did not

appear to be practicing the 12 Steps in all their affairs. I couldn't believe that they would be worse off drinking. I called other AA members hypocrites, but I who had gained so much from a Program I was now denouncing was the biggest hypocrite of all. I had graduated and it wasn't with a degree of humility.

When I drank again I only had two glasses of wine and I didn't turn into a pumpkin so I thought I must have licked this thing that was more psychological than physical. For a month I would have one or two beers and laugh that I couldn't drink more because I got sleepy. I hate to admit it but I was thinking about being the first guy to comeback and stand up at a meeting to announce that I found a way to drink successfully.

Since this is a story about Christmas I will skip the drunk-a-log and get right to the worst yuletide I have

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CHRISTMAS PAST, CHRISTMAS PRESENT

(Continued from page 3)

experienced. I went from two glasses of wine to three bottles and five or six pain pills. My wife divorced me and so did many of my friends. I was unable to sleep through the night. I would wake from my stupor feeling sick and would drink medicinally to get a couple of hours sleep. I didn't view that as a morning drink until I had been sober a few months. All of the things my Higher Power spared me from the first two times now were beating me into submission because of my self-will.

In the past I had laughed at people who would drink and go to meetings. I could not understand some one who would drink and read the Big Book and now it was happening to me. Now I was desperate to stop drinking but I couldn't get what had come so easily to me before. I went to meetings and felt they weren't for me and I couldn't stop drinking. I cannot imagine a deeper sense of loneliness and hopelessness than knowing you are an alcoholic and that AA is the only

solution for you and yet not connecting with meetings and the program. Suicide was looking like the only way out.

I believe my Higher Power was protecting me because I didn't get a DUI and I didn't physically harm any one but he was also teaching me about the desperation that I had not known before. I needed the education so that this time I would cling to the program like a drowning man would a life preserver.

Today I keep the focus on me. I acknowledge that we all have frailties and the only chance we have to overcome them is by staying sober. If a meeting doesn't appeal to me I search out ones that do. When I was drinking if I didn't like a bar I didn't quit drinking I simply found one that I enjoyed. Now I look for discussion meetings that strictly follow the Steps and speaker meetings so I get to know someone's whole story. I look forward to attending my regular meetings and I plan my life around them. Pain and progress have led me to love the program and Fellowship that I hated.

I celebrated Christmas sober for the first time in four years. I had time and energy to visit elderly friends. I felt love for the first time and began to feel worthy of it. I came to realize that many hurt feelings and anger were the result of my not feeling that I could be loved. My wife and I hosted a Christmas party and our home was filled with friends and there was no sickness or remorse the next day. We went to plays and celebrations and yet I had plenty of time to attend meetings.

I believe my higher power gave me two chances to join AA with less suffering but I refused the opportunities. The good news is that I made it back and have a new enthusiasm for the program and meetings. This year I look forward to celebrating another sober Christmas and being grateful for the best gift of all, recovery through the program of Alcoholics Anonymous.

—Anonymous, Toledo, Ohio

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CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Michael A	615.497.6617
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	David W	615.973.9962
Vice Chairperson	Cathy M	615.500.0863
Secretary	Whitney J	615.533.2308
Treasurer	Drew T	615.440.3991
Public Information/Cooperation with the Professional Community	Paul S	615.556.3357
Special Needs	Reanate M	615.625.8483
Corrections	Charlie B	615.554.9085
Treatment Facilities	Jennifer S	615.415.4177
Archives	Everett C	615.226.4880
Sobriety Dinner	Cathy M	615.500.0863

FIRST TUESDAY OF EVERY MONTH:
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE
When: Monday January
26th 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:
District 32 Meeting
When: 6:30pm
Where: Club 62
329 Peachtree

A	O	G	Y	F	Q	X	D	G	L	S	T	A	N	O	X	W	C	M	F	J	H	Y	A	V
J	S	O	Y	E	V	J	E	J	V	V	I	T	U	J	L	A	N	W	O	M	T	N	U	N
G	Q	P	G	M	P	T	B	C	S	S	I	X	D	L	O	Q	M	F	T	W	I	L	F	C
A	L	Y	Z	X	T	O	R	U	W	C	M	B	F	B	Y	I	Y	D	Y	Q	X	U	H	C
D	Z	S	Z	I	Y	C	J	C	L	G	X	R	K	O	E	A	E	Z	S	M	N	Q	A	A
V	X	W	N	N	R	E	M	R	R	Y	X	I	Y	D	N	O	A	O	X	W	C	U	B	C
C	Z	G	J	U	M	J	E	A	O	A	X	G	H	E	B	P	X	Q	D	G	F	G	W	K
T	G	Z	M	N	T	E	Z	Y	B	U	R	H	B	G	T	B	Y	Z	H	B	A	H	J	M
C	T	D	E	F	S	C	R	I	P	V	M	T	N	I	Q	N	C	B	L	W	B	C	U	X
A	U	P	U	O	Z	D	K	E	A	V	I	O	S	E	J	G	A	M	B	Z	H	B	U	U
K	C	L	L	A	F	C	F	O	Z	V	I	Z	Y	B	Z	T	Y	T	M	S	D	P	D	N
E	Z	M	U	E	W	O	I	M	E	L	Y	G	Y	T	I	N	U	T	R	O	P	P	O	P
P	Y	X	N	W	B	X	O	Y	I	T	J	U	U	X	R	K	M	A	U	O	O	T	I	A
G	H	Y	C	Z	S	N	X	S	P	L	K	T	J	F	E	O	E	C	T	T	P	R	U	G
E	C	Y	J	B	E	V	X	E	X	W	Y	Z	L	X	I	F	N	C	T	G	O	M	W	I
L	R	D	H	Y	Z	S	C	Q	G	R	M	R	K	F	I	N	A	N	C	I	A	L	I	U
Q	C	L	O	J	I	J	H	Q	C	C	P	E	S	E	J	J	U	F	V	S	K	W	P	U
W	P	T	C	S	O	T	B	J	F	H	C	X	A	Z	G	Z	F	I	H	P	T	Y	L	N
U	Y	Q	M	M	Q	U	G	H	C	N	E	Z	M	N	X	K	B	T	I	X	D	X	Z	R
T	P	D	R	I	T	I	N	P	E	B	L	L	L	X	S	N	P	Q	E	I	W	W	Z	E
M	E	E	K	T	K	Z	Q	D	Z	O	J	I	Z	U	G	I	K	I	S	A	E	A	Q	A
C	D	K	Y	C	E	S	N	U	F	J	O	W	C	F	S	L	Z	Z	E	L	L	I	T	S
M	R	O	K	I	E	E	S	Y	Q	R	C	P	E	C	F	A	L	B	K	B	X	Q	N	O
M	U	O	J	V	P	R	E	X	H	E	X	R	D	R	V	Z	T	V	T	J	R	C	S	N
D	W	L	Y	E	E	V	R	R	P	I	Q	R	U	D	P	D	Q	X	U	E	U	P	W	A
C	R	Z	D	C	Z	I	J	Q	D	I	Z	K	O	Y	L	T	H	S	Q	J	A	H	X	B
T	E	N	B	L	R	C	X	M	W	H	F	W	M	J	I	T	G	A	X	M	C	W	R	L
I	I	F	U	V	U	E	E	C	B	I	H	S	Q	T	C	Q	E	H	D	Q	V	T	A	E
Z	F	X	P	A	M	A	J	F	G	N	O	I	T	I	S	I	U	Q	C	A	R	E	G	N
C	O	U	B	T	O	T	D	B	E	F	M	D	V	J	I	I	D	O	O	I	L	C	R	T

Find the CAPITALIZED words below.

When a JOB still LOOKED like a MERE MEANS of GETTING MONEY rather than an OPPORTUNITY for SERVICE, when the ACQUISITION of money for FINANCIAL INDEPENDENCE looked more IMPORTANT than a RIGHT dependence upon God, we were STIL the VICTIMS of UNREASONABLE FEARS. 12x12 page 121

*Come Join Us for our
Holiday Dinners.*

*Christmas Celebration:
Saturday, December 12th*

*Dinners at 6:45 pm
with speakers at 8:00 PM
Bring a dish!*

*Murfreesboro Group
801 N Maney Ave.
615.893.0854*



49th Annual Women's Holiday Party

hosted by the NOW* AA group

Sunday, December 13 4 pm

Trevecca Community Church Auditorium
Trevecca Nazarene University-
335 Murfreesboro Rd., Nashville

Admission is free but a donation of \$6 is
suggested for those who can give.**

Finger foods and desserts and coffee will be served.
Please **bring a finger food or dessert** in a disposable
container to share.

For more details, visit <http://nowaaholidayparty.weebly.com/>

**Annual Christmas Party
New Day Group
Women's Meeting
Tuesday,
December 1st
6:30 PM
107 Lewis Court,
Lebanon, TN

Potluck
AA Meeting**

**Dirty Santa for those who
wish to play.
Gifts should be wrapped
and cost no more than
\$5.00
EVERYONE WELCOME**

**For more info:
Call Temya at 615-931-409-8677
Or Lynn F-D at 615-417-9406**

*Area 64 First Quarter Assembly
Hosted by District 11*

ROCKETED INTO A 4th DIMENSION



**January 29th – 31st
Manchester, TN 37106**

*Holiday Inn Express & Suites
Phone: 931-728-9383
111 Hospitality Blvd.
Manchester, TN 37160*

*Room Rate: \$95.00
Cut-off: January 20, 2016
Rate Code: AREA 64
Contact info: JEFF GILLEY
931-619-8716*



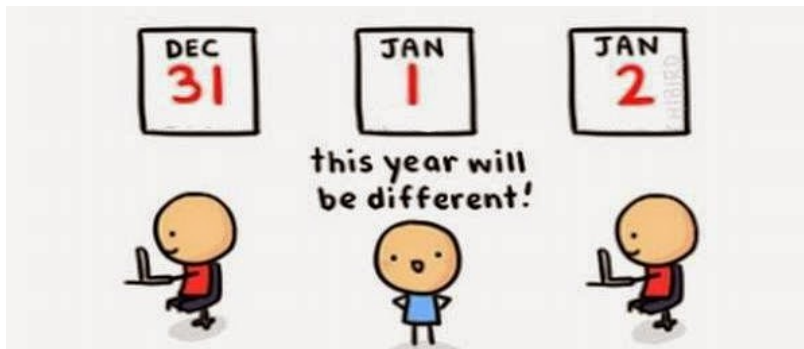
WHEN THE THREE WISE MEN ARRIVED AT THE MANGER, WHY WERE THEIR ROBES SMOKING?

BECAUSE THEY CAME FROM AFAR.

HOLIDAY TIP #37



NEVER CATCH SNOWFLAKES WITH YOUR TONGUE UNTIL ALL THE BIRDS HAVE GONE SOUTH FOR THE WINTER.



Now what am I going to do with all these candles? What was I thinking?!



THE GRINCH WHO STOLE HANUKKAH



MEETING CHANGES

NEW / MOVES / CHANGES			NEW / MOVES / CHANGES		
37013	Cancel	Just Wednesday - Lighthouse Fellowship Church			RUSSH Hour - Speaker meeting is 1st Thurs - Sun 5:30 is Lit Workshop
37027	New	Sat Serenity - Cumberland Heights Outpatient - 7105 Cross-roads Blvd. Sat 8a - WMN's OD	37174	Chg	
		On Awakening - Holy Family Catholic 9100 Crockett Rd - Sat 8a CD/Mens	37188	Move	White House - Christ Ch North 2732 Hwy 31 W
37027	New	Smith County Friendship - Carthage United Methodist Church 608 Main Street N	37204	Cancel	Vine Hill Thurs
37030	Move	Chapel Hill New Life - Chapel Hill United Methodist Church 316 N. Nashville Highway	37205	New	Everything or nothing - 7p Tues CD/Lit/BB Brookhollow Baptist ch 678 Brookhollow Rd
37034	Move	Road of Happy Destiny - Wed 7p & Thurs Noon	37205	Chg	Women's Freedom - now meets at Concordia Lutheran Ch 3501 Central Ave
37040	Cancel	Fort Defiance	37205	Chg	SOS - Meeting on Fri - 9:30 not 9:00
37042	Cancel	Safe Harbor - Sun 6p OD	37205	Chg	11th Step Meeting - Belle Meade United Meth - 10am Sat
37043	New	DAFA phone # for Clubhouses & Dickson Group 615-326-8669	37205	Chg	Women's Speaker - now 7p Fri 90 minute meeting
37055	Chg	142 Group	37205	New	S.O.S. - Belle Meade Unit Met - 121 Davidson Rd F- 10a OD / LIT / Wmn
37055	Cancel	Solutions Group	37205	Cancel	F.L.O. - Thu 7pm CD/WMN/GAY
37062	Cancel	Psychic Change - Sat 7:30p	37206	Cancel	Where It All Begins
37062	New	Psychic Change - 112 Hwy 96 N Fairview TN Wed 7:30 OD	37206	New	East Side Sunlighters - Woodland Pres Ch - 211 N. 11th St Mon, Wed & Fri 7:30 am OD/LIT
37064	New	Garden Variety - St Andrew's Lutheran - 908 Murfreesboro Rd Hwy 96 - Tues & Thurs 7:15p OD/Lit/DN	37206	New	Every Sat Nite at 6:30p OD - House of Blessing Ch 900 Gallatin
37066	New	Gallatin AA - Tues Noon OD, Wed 8p OD/Lit, Thu Noon OD	37206	Chg	Eastside Men's Stag Woodland Pres Ch. 211 N. 11th St Thurs - 7p Men (not Wed)
37066	Chg	Gallatin AA - 2nd Sun Eating/Speaker	37207	Cancel	Rule 62 Meeting - Tues & Thurs
37066	New	No Boundaries - 1531 Hunt Club Blvd #300 - Sun 9:30a OD/ Meditation	37209	Chg	Back Room - Beginners Meeting - Sun not Sat at 10:30 am
37072	New	Made A Decision - Parkway Bapt 505 Cunniff Pkwy M-8p OD	37209	New	Next Right Thing - Crosspoint Dream Center - 4007 Delaware Ave - Wed 10a OD
37082	New	Comfort Zone - Add Sun 4p OD	37209	Chg	Cumberland Heights - Crossover is Fri 7pm (not Thurs)
37087	New	New Day - First Pres Church Annex - 107 Lewis Court - M & F - 7:30p OD - Tues 7:30p OD/WMN - Sat 9a Meditation	37209	New	WANGI - BBStudy 6:30p Mon Quaker House 530 26th Ave N.
37087	Cancel	Any Lengths - 8am Sun	37210	Chg	Late Nite News - now Sat 10:30p
37087	Cancel	Lebanon by the Book	37210	Cancel	Cross Roads Group
37087	Cancel	IBI-UBU - Healing Broken Vessels 311 College Street - Sat, Mon, Tues 11am	37210	Chg	Unity Group - Added OD Mon - Wed - Sat 6pm & Tues 6p is now OD/Lit
37091	New	Friends of Mt Carmel - 4011 Nashville Hwy - Lewisburg - 7p OD	37210	Cancel	Young Timers Wed 8p
37098	New	East Hickman AA Wrigley Ch of God of Prophecy 7703 Grover Vaughn Rd, Lyles, TN Tue & Fri 6:30p OD	37210	Cancel	Last Call Group
37110	New	Recovery First St. Catherine's Catholic CH 1024 Faulkner Springs, McMinnville Tue & Thu 7p OD	37211	Cancel	Woodbine - Sunday 6:30p
37110	Cancel	McMinnville Group - Tue & Thu 8p	37211	Cancel	Steel Magnolias Wmn Last Stop 2122 Utopia TH - 6:30p
37110	Cancel	Second Chance Recovery Group	37211	Cancel	Last Stop Club - Men's OD 6:30p Tues
37115	Cancel	City Road	37211	New	Solo Por Hoy - 2610-A Nolensville Pike 8p Every Day - OD 2 hour meeting
37115	Cancel	Halfway There Meeting	37212	Cancel	(L.O.C.A.L.) Library of Conf Approved Literature
37115	Cancel	Three Legacies of Madison	37214	Chg	Shade Tree - Sat 5:30p OD & 7p is YP
37115	Cancel	8pm Serenity House - Mon-Fri	37214	Cancel	New Attitudes Recovery House
37115	Chg	Search for Serenity -Tu OD/Beg-W OD/BB aln-F OD/GV aln	37214	Cancel	Freedom Hour Meeting
37122	Chg	Key to Sobriety - Wed now 7p OD/Lit/Wmn	37217	Cancel	Love & Laughter - Thurs 6:30p
37130	Chg	The Basement Bunch Speaker Meeting is 2nd Sat not Friday	37217	New	Bradford Newcomer Group - 1410 Donelson Pike, Suite A7, Mon 7pm OD Beg
37130	Chg	Serenity Group - Thurs is CD only, no Lit study - Sun 8 pm no ALN	37218	Move	The Lions Den Bordeaux Church of Christ 3715 John Mallette Dr - Enter at rear of building Fri 8p
37130	Cancel	Serenity Group - Sun 4p & Sat 10a	37219	New	Downtown Lunch Meeting - Tues 11:30a
37130	Chg	New Beginnings - Murfreesboro - Tues & Thurs now at 6p	37221	New	Bellevue Group - added Sun 5p BBS
37130	Cancel	Free Thinkers - Cumberland Heights IOP Bldg 745 S Church St Suite 505 Murfreesboro 5:30 p 1st Sat	37232	New	Recover Basement - Vanderbilt Medical Arts Bldg 1211 21st Ave - Tue - Noon OD
37130	Cancel	Haven At Last	37334	New	Serenity Cellar West End Baptist Church 200 Morgan Ave Fayetteville Tu - 7p CD - Sa - 9a OD
37130	Cancel	Murfreesboro Group - Tues 8p	37334	Cancel	Fayetteville Group - W & Sa cancelled
37130	Chg	Murfreesboro Group - Sat 8p - OD not Speaker	37388	New	Sat Night Alive - Thurs 7p OD
37135	New	Right Direction - Southpointe Comm Church 7227 Haley Industrial Rd #1000 Mon 7p OD	38401	New	Columbia Group - added Sat 9a OD/WMN
37160	Move	Women in the Solution - moved - Episcopal Ch 203 E. Lane st	38401	New	Lunch Bunch Tues (OD) 12p & Thus 12p
37167	New	Smyrna Gratitude - Fri 10p YP/OD	38401	Cancel	Columbia Group - all noon meetings cancelled
37172	Cancel	Robertson Cnty - Tu 8pm Dwnt-W Noon & Th 7p 208B	38464	Cancel	Lawrenceburg Group Tues, Fri, & Sat 7pm cancelled
37174	New	Spring Hill Group - Sat 8p CD	38464	Chg	Winners Group new address Word of Life Ministries #3 Rabbit Trail Rd, Leoma, TN 904.626.3680
37174	Cancel	Spring Hill Twisted Pickles	38485	Cancel	Wayne County Group
37174	Cancel	RUSSH Hour - Sun 7:01 Young People & Sun 5:3p Lit			Live & Let Live 1224 W Broad St Cookeville - Sat Night Alive 10p OD
37174	Move	Ruts Group new address UAW Union Hall (Local 1853) 125 Stephen P. Yokich Parkway	38501	New	
37174	New	Spring Hill Grp - Spring Hill United Mth-5286 main st 8p M CD	38562	Cancel	Old Time AA - 8p Fri
			38574	Cancel	Monterey Meeting

GROUP/MEETING	Dist	Oct	YTD
11TH STEP MTG	30	-	73
21st AVENUE	30	-	167
24 HOUR	32	-	550
60 MINUTES	64	-	110
ANONYMOUS CONTRIBUTIONS	0	64	622
ANY LENGTHS	13	-	175
BACK ROOM	35	-	2,411
BACK TO THE BIG BOOK	12	20	220
BELLEVUE WINNERS & BEG	35	-	100
BRENTWOOD FULL MOON	33	359	1,329
BY THE BOOK -DICKSON	15	41	257
CAME TO BELIEVE	33	-	100
CAMELS		-	35
CELEBRATE SERENITY		100	425
CHICKEN PLUCKERS MEN'S	33	234	376
CLARKSVILLE	14	-	100
CLUB 62 UNITY	32	-	10
COLUMBIA	40	40	220
COMFORT ZONE	15	100	630
COOL SPRINGS NEWCOMERS	33	-	456
CROSSVILLE NON -SMK STEP	9	-	40
CUMBERLAND UNITY	13	50	100
DAILY REPRIEVE	13	-	146
DAVIDSON ROAD	30	-	4,150
DICKSON AA	15	-	600
DISTRICT 11	11	-	120
DONELSON YET	31	-	100
DOWNTOWN LUNCH BUNCH	32	-	319
DROP THE ROCK		-	100
DRUNKS IN THE PARK	33	-	1,077
EAST NASHVILLE 86'ers	34	-	309
EAST NASHVILLE MEN'S STAG	34	-	600
EAST NASHVILLE WOMENS MTG	31	-	138
EAST SIDE SATURDAY MTG		-	770
EASY DOES IT (MT JULIET)	31	-	275
EVERY NIGHT AT 6	32	-	58
FAIRFIELD GLADE	9	101	134
FAIRVIEW	33	-	200
FAYETTEVILLE	40	-	85
FIRST THINGS FIRST	34	300	1,070
FIVE & FIVE	30	-	648
FRANKLIN 12&12	33	-	200
FRANKLIN 4TH BB STUDY	33	200	200
FRANKLIN	33	-	1,950
FRANKLIN MEN'S	33	-	400
FRANKLIN ROAD WOMEN'S	33	-	300
FREE TO BE MTG	31	-	558
FRIDAY NIGHT PRIME TIME	33	-	25
G.O.D. (GROUP OF DRUNKS)	40	-	150
GLADEVILLE GRATITUDE	13	-	98
GOODLETTSVILLE A.A.	34	-	226
GRATEFUL ALIVE	33	-	76
GRATITUDE	11	-	25
GRATITUDE - MANCHESTER		-	50
HAPPY HOUR- COOKEVILLE	9	-	100
HARDING ROAD	30	-	400
HENDERSONVILLE BB	34	-	50
HERMITAGE	31	-	200
HIGH NOON	34	365	1,280
HILLSBORO ROAD	32	-	250
HOPE PARK AA LIT STUDY	30	47	180
KEEP IT SIMPLE BELLEVUE d35	33	143	413
KEY TO SOBRIETY	31	-	400
LADIES NIGHT OUT	34	-	50
LATE LUNCH BUNCH	33	300	1,750

GROUP/MEETING	Dist	Oct	YTD
LAWRENCEBURG	41	-	40
LET IT HAPPEN	35	-	100
LEWISBURG UNITY	41	-	21
LIFE SAVERS	30	100	250
LIVE & LET LIVE	9	-	25
LIVING BY THE PRINT SAT	30	100	375
MADE A DECISION		205	205
MIDDAY BREAK	32	-	561
MONDAY NIGHT MTG		17	17
MT JULIET FELLOWSHIP	31	-	250
MURFREESBORO	12	15	150
MUSIC ROW	30	-	300
MUSTARD SEED	32	-	300
NOW	30	-	85
NEW BEGINNINGS(Dist 12)	12	20	140
NEW LIFE H-VILLE	34	-	30
NIPPERS CORNER	32	-	46
NO NONSENSE	32	-	110
NORTHSIDE , CLARKSVILLE	14	50	225
ON AWAKENING		-	25
ONE DAY AT A TIME	31	-	800
ONE STEP CLOSER	33	-	581
OUT TO BREAKFAST	30	6	169
OUT TO LUNCH BUNCH	14	-	379
PAGE 112	31	-	46
PAY DAY	15	-	125
PORTLAND UNITY	13	-	65
PRIMARY PURPOSE	34	-	421
PULASKI	40	15	75
REBOS (SOBER)	34	-	210
RIDGETOP BASICS	34	44	44
ROBERTSON COUNTY	14	-	25
RUTS	40	100	100
SAFE HARBOR (D14)	14	-	350
SAFE PLACE		-	73
SANGO SOLUTIONS		10	60
SATURDAY NIGHT ALIVE	11	-	70
SEARCH FOR SERENITY	34	-	240
SEARCHERS	34	-	200
SEEKING SANITY	31	484	1,264
SERENITY (12)	12	50	500
SHADE TREE	31	1,320	5,940
SHELBYVILLE	11	-	300
SMITH COUNTY FRIENDSHIP	13	200	200
SMYRNA GRATITUDE	12	121	1,839
SUNDAY NIGHT BUNCH	32	-	100
TCYPAA	32	33	33
THE THREE LEGACIES	34	-	13
THE UNITED	13	-	600
TRINITY	11	-	50
TRUDGING THE ROAD	33	-	130
TURNING POINT	33	-	147
VALLEYVIEW-ASHLAND CITY	15	-	1,241
WANGL	30	-	265
WAVERLY	15	-	68
WAVERLY-BELMONT	32	-	100
WEEKENDERS	34	-	50
WEST MEADE	30	-	100
WEST NASHVILLE	35	-	78
WESTMINSTER	30	-	216
WOMEN IN THE SOLUTION	11	-	361
WOMEN'S FREEDOM MTG	30	-	350
WOMENS SPEAKER MTG	30	285	285
YOUNG TIMERS	32	13	79
Grand total:		5,651	50,329

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Month and the Ten Months Ended October 30, 2015

	October 2015			YTD 2015		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Literature Sales	\$ 15,405.41	16,230.00	(824.59)	\$ 108,919.07	162,300.00	(53,380.93)
Literature Purchases	(11,184.12)	(11,355.00)	170.88	(401.00)	(113,550.00)	113,149.00
Freight In	(44.53)	(41.00)	(3.53)	(69,464.59)	(410.00)	(69,054.59)
Net Literature Sales	4,176.76	4,834.00	(657.24)	39,053.48	48,340.00	(9,286.52)
Non Profit Income	-	-	-	51.75	-	51.75
Group Donations	5,685.25	5,166.00	519.25	50,990.68	51,660.00	(669.32)
Individual Donations	115.00	366.00	(251.00)	2,657.78	3,660.00	(1,002.22)
Messenger Donations	-	29.00	(29.00)	132.00	290.00	(158.00)
Website Donations	-	-	-	2,727.20	-	2,727.20
Special Events	760.00	333.00	427.00	760.00	3,330.00	(2,570.00)
Interest	2.30	1.00	1.30	20.23	10.00	10.23
Total Income	10,739.31	10,729.00	10.31	96,393.12	107,290.00	(10,896.88)
Expenses						
Casual Labor	200.00	200.00	-	2,000.00	2,000.00	-
Payroll	4,397.92	4,783.00	(385.08)	45,635.66	47,830.00	(2,194.34)
Bad Debts	-	-	-	66.70	-	66.70
Legal & Professional	350.00	200.00	150.00	3,783.75	2,000.00	1,783.75
Sales Tax Expense	-	-	-	0.04	-	0.04
Rent	993.50	1,000.00	(6.50)	10,051.71	10,000.00	51.71
Printing	690.00	333.00	357.00	1,214.36	3,330.00	(2,115.64)
Payroll Taxes	336.44	320.00	16.44	3,491.12	3,200.00	291.12
Repairs & Maintenance	50.00	97.00	(47.00)	500.00	970.00	(470.00)
Equipment Rental	155.45	120.00	35.45	1,115.56	1,200.00	(84.44)
Telephone & Fax	357.20	541.00	(183.80)	4,370.80	5,410.00	(1,039.20)
Answering Service	204.00	233.00	(29.00)	2,199.00	2,330.00	(131.00)
Postage	95.15	200.00	(104.85)	1,278.05	2,000.00	(721.95)
Office Supplies	175.31	250.00	(74.69)	2,357.31	2,500.00	(142.69)
Computer & Technology	208.65	250.00	(41.35)	1,272.79	2,500.00	(1,227.21)
Intergroup Expense	64.50	125.00	(60.50)	541.40	1,250.00	(708.60)
Insurance	-	200.00	(200.00)	1,778.00	2,000.00	(222.00)
Special Events	-	191.00	(191.00)	-	1,910.00	(1,910.00)
Travel	(15.00)	333.00	(348.00)	2,383.84	3,330.00	(946.16)
Depreciation	7.92	50.00	(42.08)	79.20	500.00	(420.80)
Total Expenses	8,271.04	9,426.00	(1,154.96)	84,119.29	94,260.00	(10,140.71)
Net Income	\$ 2,468.27	1,303.00	1,165.27	\$ 12,273.83	13,030.00	(756.17)

SEE INDEPENDENT ACCOUNTANT'S COMPILATION REPORT

BACK ROOM

Amy F	12.01.89
Ashley G	12.12.05
B Scott N	12.05.13
Glorien D	12.16.02
Gus M	12.25.13
James D	12.21.13
Jenny E	12.07.11
Kevin L	12.29.10
Lisa S	12.22.02
Marsha H	12.28.12
Pat P	12.17.90
Robbie DJ	12.31.13
Sam G	12.05.99
Shannon P	12.06.02
Tanya C	12.07.92
Tim H	12.09.95

DONELSON YET

Charlie B	12.12.05
Stacy H	12.28.03

FIRST THINGS FIRST

Hayes P	12.26.11
Mark H	12.31.13
Rick F	12.27.97

FULL MOON

Caleb V	12.12.04
Frank S	12.12.86
JCS	12.15.94

HIGH NOON

Hayes P	12.26.11
Mike G	12.09.99
Mindy I	12.02.14
Peggy S	12.23.10
Randy W	12.03.14
Rick F	12.27.97
Sean R	12.16.12
Vaughn S	12.12.10

LOVE & LAUGHTER

Adam V	12.18.07
Chris A	12.15.12
Chris S	12.30.05
Dave G	12.05.80
Elgin R	12.01.13
Kristen H	12.25.12

NEW DAY

Amy R	12.11.13
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NIPPERS CORNER

Bob C	12.08.13
Bryan T	12.02.13
Wayne B	12.28.06

ONE DAY AT A TIME

Charles P	12.28.10
Chloe C	12.15.13
Donald M	12.20.14
Jamey W	12.11.13
Jessica F	12.12.08
Jordan S	12.28.12
Nate H	12.01.03
Shannon P	12.06.02
Tommy H	12.10.97

PRIMARY PURPOSE

Carlos V	12.15.12
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PORTLAND UNITY

Fred G	12.09.09
Keith OB	12.27.92

SEEKING SANITY

Bianca	12.29.09
Channel F	12.06.14
Charlissa H	12.19.13
Fate T	12.17.06
Karen M	12.09.10
Lynn H	12.31.10
Marcos F	12.21.13

SEEKING SANITY

Marsha F	12.28.12
Nick C	12.29.87
Peggy D	12.13.02
Scott W	12.17.06
Tanja M	12.28.03
Tim B	12.28.03

SEARCH FOR SERENITY

Angela T	12.21.13
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SHADE TREE

Adam S	12.08.06
Bobby D	12.14.07
Buster B	12.07.86
Charles C	12.09.87
Charlie B	12.12.05
Cindy R	12.31.03
Jeff S	12.11.06
John Mc	12.12.83
Karen M	12.30.13
Kate S	12.25.15
Marsha H	12.28.12
Megan B	12.20.04
Mindy T	12.26.12
Scott S	12.17.07
Sherry W	12.14.14
Stacy H	12.28.03
Susie M	12.03.98
Tanja S	12.28.03

SMYRNA GRATITUDE

Clint M	12.14.82
Craig M	12.19.80
Darlene C	12.11.14
Jan S	12.03.85
JoJack	12.08.13
Robert B	12.31.11

WEEKENDERS

Butch V	12.05.12
Caleb T	12.16.14
George C	11.09.93
tony L	12.21.01

WOMEN'S SPEAKER

Camille P	12.14.14
Caroline G	12.19.13
Marci	12.07.14
Wendie O'F	12.14.85



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