

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00	Coming Back and Coming Clean	AUGUST 2016
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After a relapse, a member tells his Hometown that he took money from the basket

I thought I knew what grace was till just a few hours ago. I had it confused with gratitude. Up until 21 days ago, I was coming up on 16 months that I thought were pretty solid but I should know by now from listening to thousands of shares in meetings that when I think my recovery is solid, it's actually in jeopardy. I'm not going to go into the details of my relapse but rather the recovery of it.

I have heard since I came in the rooms that this is a progressive disease. I can vouch for that. I went down fast and in a very short period of time and caused more wreckage in a few short weeks then a clear head could have ever imagined. In the last 21 days I have come to learn that recovery is also progressive.

As soon as I told the truth to the people closest to me, I dove back into the first 164 pages. Something was really different this time. Reading the first few chapters, I realized that I never noticed how much our founders focused on letting newcomers know that this works. I know it works. I saw things that I had never seen before. When I first came into AA, I was a suicidal mess and, in a relatively short amount of time, I got relief. With an open mind and no hope of me getting myself better, I listened, got a sponsor and did what was suggested. It worked. So this time I didn't need to be convinced but I did have some

tools that were in a drastic need of sharpening.

In my first six months, I told myself I would never go back out. I thought I was done and people who went back out were weak. I had gone through a custody battle, break-up, and even testicular cancer and didn't drink or use but when my guard was down I slipped and slipped hard. Now I raise my hand and thank God that I get to raise it for a second time.

I was scared of what people were going to think of me when I told the truth and admitted to relapsing. I found out there was nothing to fear. I have never felt so much love and support from my extended family. We really don't shoot our wounded, at least not at my home group.



"While living in my disease, I took about \$500 from the group's collection."

My girlfriend is coming up on 5 years and she is truly a gift from God. I was so afraid she was going leave me because

(Continued on page 3)

A Tough Climb

Filled with resentment and lots of prayer, a Missouri mom trudges to her daughter's birthday and is met with an unexpected gift

I had been in the program a number of years, but I still had a particular resentment for my son-in-law. He was a drinker and a smoker, and I didn't think he was a nice man. I had asked my daughter before Christmas what gift she wanted. She told me that she would like for me and Jeff, her husband, to get along.

In AA I learned to pray for people I didn't like, even when

I didn't want to. I had been praying for him: "God bless the jerk." But now I really had to pray sincerely. I started saying the Eleventh-Step prayer. I prayed that he would receive the same things I wished for my daughter, including compassion, understanding and peace.

My daughter's birthday falls in January. She invited me to her home for her birthday party. She lived in the country, about 25 miles out of town, in a trailer park located in a very poor area. I really hated going out there because I was

(Continued on page 8)

ALWAYS TO BE THERE

My Friday night home group meeting had just concluded. The coffee pots and literature were put away and the lights were turned out. My sponsor and his wife and I decided to go have some dinner after the meeting. Many of us frequently gather for the meeting after the meeting and this was one of those nights. Sushi sounded like a good idea and became our fellowship plan for the evening.

As I was finishing washing my hands at the restaurant I felt my phone buzz with an incoming call. I did not recognize the number and don't typically answer my phone while in a restaurant, but I did. I'm glad I did. On the other end of the call was our Middle Tennessee Central Office answering service. The gentleman at the service was responding to a call he just received from a woman desperate for help from AA. I am grateful to be on a list of Twelfth Step call coordinators and I am grateful to God for the willingness to respond. I took the woman's phone number and assured the gentleman at the service I would respond.

I returned to our table at the restaurant to explain to my sponsor the call I just received. I mentioned quickly that I should go outside and follow up. After all, we have to make good in front of our sponsor! He thought that was a great idea. I mentioned that the woman's number had an unfamiliar area code. My sponsor looked up the area code and said it was Lynchburg, Virginia. I happen to have an Aunt in Lynchburg with 34 years in AA. I was beginning to suspect a Higher Power was (and always is) involved in this.

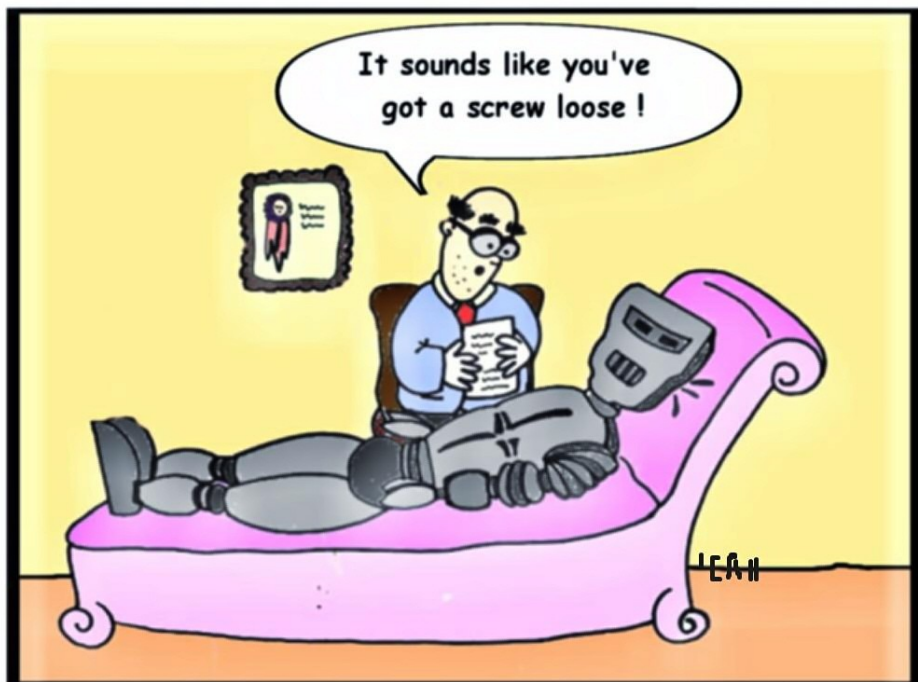
The woman answered my call. She had been drinking and was in town on some work related training nearby. We spoke for a little while and I mentioned to her that I noticed her area code and that I have an Aunt in AA who lives in her home town. She was pleased to hear that and was willing to reach out to her upon her return home the following week. She had been in AA but recently slipped. It was obvious she needed some help soon and she apparently knew where to look for it. I told her I would contact some of my women friends in AA and have them contact her.

The hand of AA is alive and well at my home group. We are a three legacy group with one well-attended meeting a week. I emailed one of the women who regularly attend our meeting and even though it was close to 9PM, I felt she would respond. I gave her the details and she and two other AA members went to the hotel the woman was at and spent over an hour talking with her and making plans to follow up the next day with a meeting. I also gave her (with permission) my Aunt's contact information so she could reach out when she returned home.

I am not sure whether recovery is part of that woman's future. I am sure it is available. I'm sure several of us stayed sober that evening.

I am also sure that, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

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"The grace of the Fellowship and the principles of the program carry us through the tough spots as well as the times of joy. Whether we are sober 33 days or 33 years, we each receive our daily reprieve from active alcoholism by working this program to the best of our ability, one day at a time."

Coming Back and Coming Clean

(Continued from page 1)

of the horrible things I had done in my self-will run riot episode. She is the treasurer for our home group. While living in my disease, I took about \$500 from the group's collection. This group saved my life. When I told this my girlfriend everything I had done, she just kept on loving me and gave me suggestions about how I could get through this. I called my sponsor and told him. He suggested I call a few guys in the program that I trusted and tell them about the relapse and the money thing and I did. With every phone call it got easier and more relief came.

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COMING CLEAN

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Last weekend my girlfriend had to attend the business meeting and give a report on the finances. She had expressed to me that she would like me to be there to say something. I agreed since her only part in this was trusting me and I knew it was the next right thing to do. At the time, I had paid half of it back and am still making restitution on the rest. As the business meeting drew nearer, fear started to consume me. The humiliation and judgment I would face when I told them what I had done was certain in my mind. I talked to my sponsor a lot and other men in the program and felt I was ready.

The day of the business meeting, I went to a very early meditation meeting so I could listen to my Higher Power and try to find some comfort. It worked. As I drove to my home group, I started getting excited because I was no longer doing this for myself or my girlfriend who had trusted me.

I had decided I might help someone else by admitting my wrongs and being honest. I knew, or rather told myself that right after I confessed to this horrible act that I was going to feel great and experience a freedom I had never known. Boy was I wrong at first.

As I sat there waiting for the meeting to start, any serenity I had vanished. The chairwomen and secretary knew what I was going to do because I had called them a couple days prior to let them know what had happened and they were both very supportive. My girlfriend suggested it might take away some of the fear, and it did. When the meeting came to the treasure's report the chairwomen looked at me and asked if I had anything to say. I did.

I said, "My name is Scott and I'm an Alcoholic. As some of you know, I recently went back out and while I was out I took money from the 7th Tradition. I have paid half of it back and am going to pay the other half back as soon as I can."

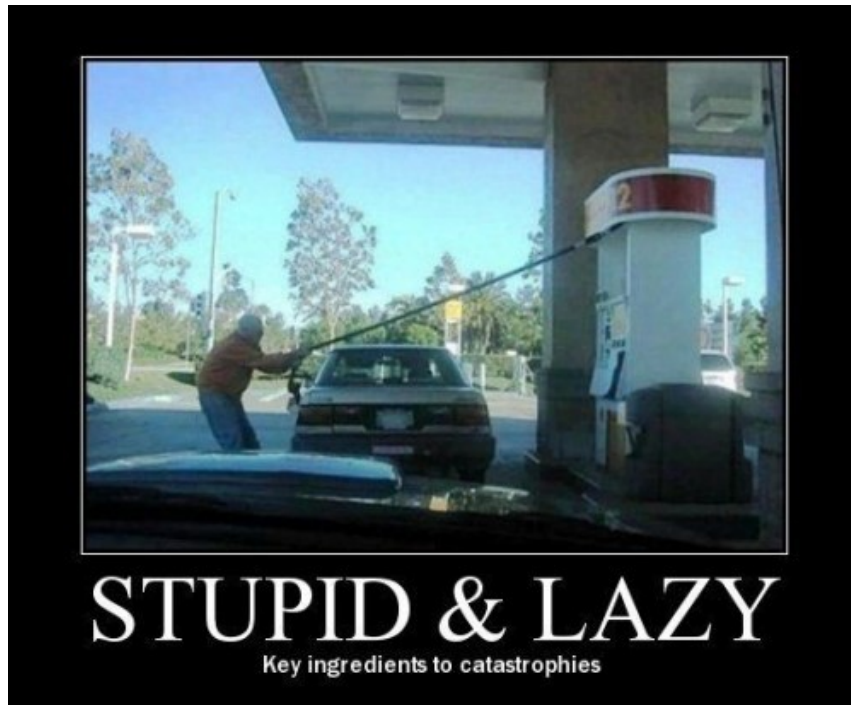
That was all I could say through the rush

of emotions that came over me and what was said by the group after that was kind of a blur because that freedom I had thought would rush over me never came. I was humiliated sitting there while this room of people discussed what I had done. I felt like a parasite under a microscope. Towards the end of the meeting, a woman I had come to love and respect spoke up and said it took a lot of courage to do what I just did and I could see out of the corner of my tear-filled eyes that many people agreed. Someone motioned to keep the things discussed with regard to this issue limited to the attendees. The vote was unanimous. My tears of shame for a brief moment turned to gratitude.

About three quarters of the way through the meeting after I had done my part, I went to the parking lot to call my sponsor because I couldn't find this freedom I had thought I deserved and was very emotional. He said exactly what he was supposed to. I looked up to see the meeting members coming out. Several people came up to me, some I had never spoke to wrapped their arms around me and told me they loved me. I was shocked how many people had told me they had done similar things and that it took courage to do what I just did. About an hour after the meeting while I was at home, it hit me, "I don't have to ever do that again, God willing, and the hard part is over!" Here came the freedom. This was one week ago.

Last night, as I lay in bed, grace overcame me. I could see how blessed I was to have God working in so many facets of my life. It was overwhelming in the best way possible. I owe these last 21 days and the awesome gifts I have received to the program of Alcoholics Anonymous and the wonderful men and women inside the rooms. They have showed me how to find my Higher Power.

Scott T
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**The shin bone is a device for
finding furniture in a dark room.**

<i>CENTRAL OFFICE OFFICERS</i>	<i>NAME</i>	<i>PHONE #</i>
Chairperson	Drew T	615.440.3991
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Travis D	615.642.1027
Secretary	Jennifer S	615.218.0883
Treasurer	Garrett D	615.957.7674
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Special Needs	Reanate M	615.625.8483
Corrections	Charlie B	615.554.9085
Treatment Facilities	Jennifer S	615.415.4177
Events Chair	Tina H	615.351.0501
Archives	John M	615.803.0211
Sobriety Dinner	Tina H	615.351.0501

**FIRST TUESDAY OF
EVERY MONTH:**

District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

**SECOND MONDAY OF
EVERY MONTH:**

Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**STEERING
COMMITTEE**

When: Monday July 25th
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**FIRST TUESDAY OF
EVERY MONTH:**

District 32 Meeting
When: 6:30pm
Where: Club 62
329 Peachtree

**SECOND SATURDAY
OF EVERY MONTH**

District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville



C	N	N	M	B	Q	R	I	S	K	W	R	P	V	D	R	I	I	Y	Y	H	D	P	M	M	B	G	L	N	K	P	Y	M	L	M
H	S	I	B	J	V	E	Y	Q	D	W	I	A	L	D	Z	K	C	G	D	K	W	C	C	T	R	L	O	A	B	C	Q	Z	M	G
G	C	K	J	B	T	G	P	Y	F	R	U	P	N	I	M	V	B	K	H	K	T	N	K	Q	B	Q	U	M	Z	T	A	N	O	E
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Q	I	K	Y	Q	K	I	L	G	L	M	Y	E	F	Z	B	J	H	C	Y	H	R	S	B	R	H	I	M	C	N	K	X	P	P	E

Can you find the paragraph in the 12x12 Step Eight that contains the words below and find them above:

LISTING	PEOPLE	HARMED	MOST	HIT	ANOTHER	OBSTACLE
PRETTY	SEVERE	SHOCK	REALIZED	PREPARING	MAKE	FACE
ADMISSION	WRETCHED	CONDUCT	THOSE	HURT	EMBARRASING	ENOUGH
CONFIDENCE	ADMITTED	THINGS	OURSELVES	HUMAN	BEING	PROSPECT
ACTUALLY	VISITING	WRITING	PEOPLE	CONCERNED	OVERWHELMED	ESPECIALLY
REMEMBERED	POOR	FAVOR	STOOD	WITH	MOST	THEM

Airport Security

April 15, 2010, was a great day for my family and me—we just did not know it at the time. Tax day does not seem to be a great day for anything, but this tax day was the beginning of my new life.

After several attempts at sobriety, and several periods of long-term sobriety followed by failure, I had given up. My brother, Paul, an active member in our Fellowship for 23 years, recommended an extended-stay treatment center in Tennessee. What did I have to lose? I could always go back to my misery; it would be waiting.

My wife and I made a three-and-a-half-hour trip to the Denver airport for my morning flight to Knoxville.

(Continued on page 8)

“Nobody argues about whose
Higher Power is Higher!”



2016
58th ICYPAA
Nashville, TN
September 1-4, 2016
Gaylord Opryland Hotel
Our Pick Struck Gold

REGISTRATION

***The International Conference
of Young People in
Alcoholics Anonymous***

MEETING CHANGES

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS

37013	New	Safe Place Antioch - Antioch United Methodis 41 Tusculum Rd Sat 5p
37013	Add	60 Minutes - Fri 8p OD & Sun 5p OD
37016	Cancel	Auburntown Alcoholics Anonymous
37040	Cancel	Road of Happy Destiny - 2p Sunday
37046	Cancel	College Grove Morning Meeting
37064	Change	Church of the City - Meeting in the Small White House
37066	Change	Came to Believe - Tues now 5:30p
37067	Add	Recovery Road - Wed 6:30p OD
37069	Change / Move	Womans AA now Every Woman Has a Story - 1213 Country Rd.
37075	Move	New Life - St Timothy's 650 E Main Street
37087	Cancel	Any Lengths - 10p Friday
37110	Change	Keep It Simple, McMinnville Tu 7p CD/LIT
37110	Add	McMinnville Serenity - Fri 5:30p OD/LIT
37115	Cancel	Serenity House - 8p Sunday
37160	Change	Shelbyville Keep it Simple - AP Bldg 206 Madison St
37122	Add	Key To Sobriety - Tues & Thurs Noon
37128	Move	Camels - Salem Creek Church of Christ - 2525 Salem Creek Dr
37190	New	Woodbury Sunday Morning - Stone River Hospital - 324 Doolittle Rd.
37206	Add	East Side Sunlighters - 7:30a Tues & Thurs
37206	Add	Spiritual Warfare - Woodland Pres Ch - 211 N. 11th St - Fri p OD - OS 1st half of mo.
37206	Change	East Nashville Women's Meeting Tu 6:30p Lit
37208	Add	Recovery of Hope - Sun 6:30p OD/Lit
37209	Move	West Nashville - All Saints Southern Episcopal 4513 Park Ave
37209	Cancel	West Nashville - Tues 8p
37209	Cancel	Next Right Thing
37209	Cancel	Design for Living
37209	Cancel	Made A Decision
37209	Cancel	WANGL - Mon
37210	Add	Young Timers - Thu 8p OD
37210	Cancel	Young Timers - Sat 8p
37210	Cancel	The Spiritual Giants
37210	Cancel	Unity Group - Wed & Sat
37210	Cancel	Late Night News
37214	Add	Shade Tree - Fri 7p OD/YP
37220	New	Hand in Hand - Crieewood United Meth - 451 Hogan Rd - 6:30p OD/Wmn
37232	Move	Recovery Basement - Vanderbilt Medi Center 1211 21st Ave - Student Center Room 208
37355	Cancel	Manchester Noon Fellowship
37394	Move	Viola Serenity - 9586 Viola Road, Viola
38481	New	One Day at a Time First Baptist Church 3698 Hwy 43 S St. Joseph, TN - Tu & Th 6p OD

AA MEETING FOR CORRECTIONS

CCA at 5115 Harding Place is bringing back AA meetings.

They need our help to make this happen. In June we will be taking meetings into the RDAP program on Tuesday and/or Wednesday from 6:30—7:30.

The first class has 60 WOMEN and 130 MEN. We would like at least 10 men and 5 women to volunteer so they can each take a week of the month.

Call Charlie B with questions: 615.554.9085

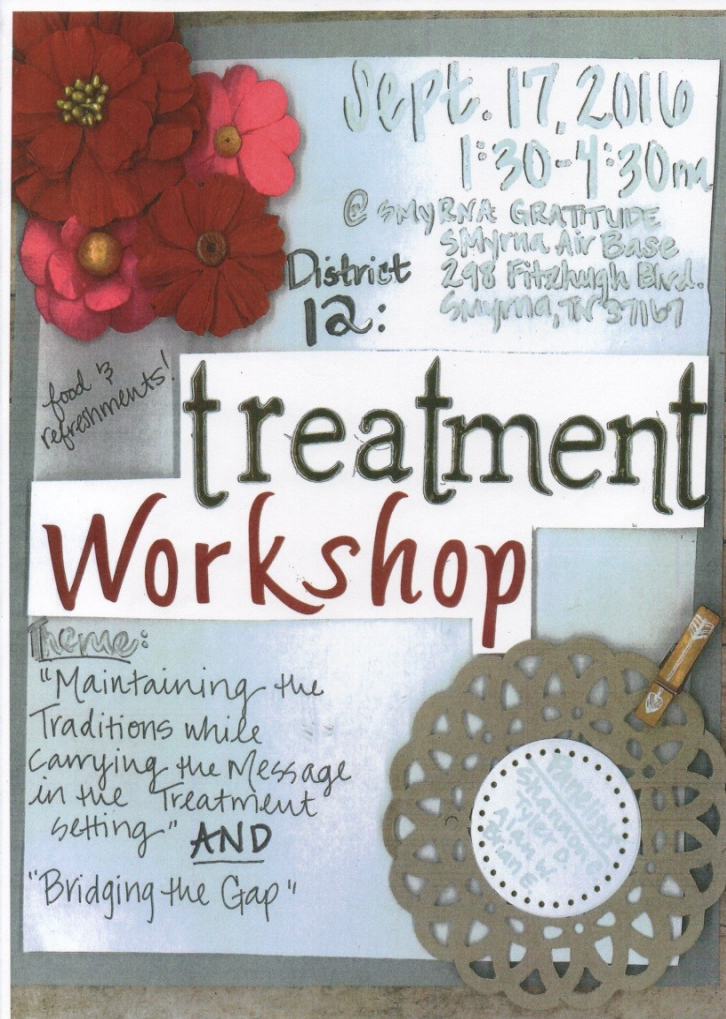
Orientation Schedule:

- ◆ September 13, 2016
- ◆ November 1, 2016

Reggie Hebron

Treatment Counselor

CCA Metro-Davidson County Detention Facility
5115 Harding Place



BRING THE FAMILY
AND A SIDE DISH OR
DESSERT TO SHARE

MEAT AND DRINKS
PROVIDED BY THE
DISTRICT

CAKE WALK, SILENT
AUCTION, GAMES
AND MORE!

GUEST SPEAKER:
JON P. ALTERNATE
DELEGATE FOR
AREA 64

COME OUT AND
SUPPORT YOUR
DISTRICT!

A DECLARATION OF UNITY

This we owe to A.A.'s future:
To place our common
welfare first;
To keep our Fellowship
united.
For on A.A. unity depends
our lives,
And the lives of those to
come.

AUGUST 20TH DISTRICT 34 ANNUAL PICNIC

Moss-Wright Park
745 Caldwell Drive
Goodlettsville, TN Shelter 3
11:00 - 3:00pm



For more information, please contact:
Barry G. at (615) 438-5221
Jessie S. at (615) 593-9275

Middle Tennessee Grapevine Pool Rep will be on site so please
bring any new or used Grapevine's for re-distribution!



A Tough Climb

(Continued from page 1)

the kind of mother-in-law who disliked everything my son-in-law did. I would sit in the corner feeling very hostile and finding fault with everything he did.

The day I went to their home for the birthday, we had a snowstorm. I couldn't drive up their hill, so I parked and started to climb this quarter-mile-long hill with cake in one hand and gift in the other. About five inches of snow covered the ground. I had come straight from work and it was a difficult climb.

Suddenly, I noticed two men walking down the hill toward me. "Hey, Mom," one called. It was my son. With him was Jeff, my son-in-law. They had come to help me up the hill. It was a very steep hill and I was sliding and falling in the snow. All of a sudden, we started acting silly and throwing snowballs. One of them would pull me and one would push me and we were laughing so hard I was out of breath.

By the time we got to their trailer, I wasn't angry. We were laughing and joking. For the first time, I felt comfortable in their home. Jeff grilled steaks outside on their little porch. We had a nice time.

On the way home I thought, first, about how this prayer stuff really does work and second, I realized I played a part in my hostile relationship with Jeff. I had contributed to the anger and fear. I had carried anger and resentment with me every time I walked through their door. I brought it with me. No matter what was going on between my daughter and Jeff, I was the one carrying all this garbage with me.

I had been praying for him: "God bless the jerk." I was the kind of

mother-in-law who disliked everything my son-in-law did.

I knew then that I had to make amends. So one day, I walked up to Jeff and said I was wrong. I apologized for adding fuel to the fire and asked whether there was something I could do to make things right.

He gave me a suggestion. I had been bringing food and clothes and toys over every time I visited. As he saw it, I had been taking over his job of providing for his family and taking away some of his dignity. By admitting my part, we were both able to find healing.

About a year later, Jeff was working on a roofing project when he took a bad fall. He became paralyzed from the neck down. I was so thankful that I had made amends before his accident because if I had waited, it would have been an apology brought about by pity. I don't think he would have accepted it.

He survived for five years after the fall. During that time, we got closer. We were never buddy-buddy, but we could look each other in the eye with respect. We had many talks about religion and our Higher Powers. He was so afraid of dying and I was able to tell him about the God of my understanding that I had come to know through AA.

Jeff never stopped drinking or smoking. But I had learned how to love someone I had once hated. I could see healing on both sides. When he died I was there, in the corner, sending him all the love and peace I could. In AA, I was given the knowledge and desire to pass on what I had been given. I was so grateful to send it to him.

*L.A.—St. Louis, Missouri
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AAGrapevine.org Aug 2016*

Airport Security

(Continued from page 6)

My wife dropped me off; I ran to check in and just missed my flight. I went to the smoking bar in the airport. The next flight did not leave until 4 p.m.; it was 10 a.m. After my fourth cigarette and second beer I knew I would never get on the plane without help. Soon I would be too drunk.



I called on the courtesy phone and asked them to page friends of Bill W.

I called on the courtesy phone and asked them to page friends of Bill W. You guys came through, thank God! First there was Micki, a lady from New York City, then a lady from India, and then John, an airline worker. We all had coffee. Everyone's flight was scheduled to leave before mine. Micki, God bless her, changed her flight and watched me get on mine.

I am flying home to Nebraska tomorrow morning with 80 days of sobriety. Today I am sober. I have a sponsor back home; he got sober in 1967. I go to a lot of meetings, sometimes three a day, many days just one, but I always go. Thank you for being there for me when I could not be there for myself. My wife is picking me up at the airport tomorrow, all because of a new way of life through AA.

*—John K., Scottsbluff, Neb
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Jan 2011 Web Exclusive*

GROUP CONTRIBUTIONS—JUNE 2016

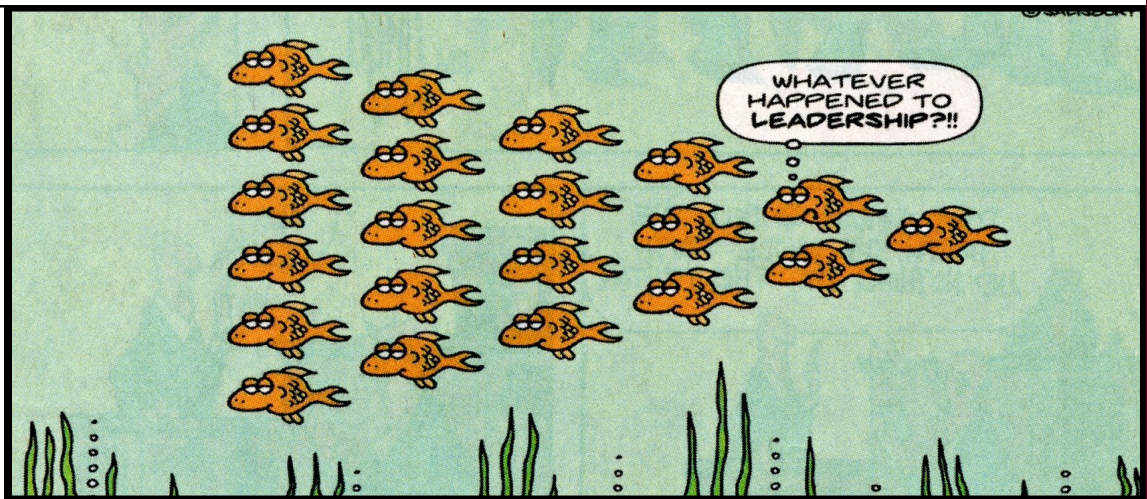
GROUP/MEETING	Dist	June	YTD
11TH STEP	30	-	-
21st AVENUE	30	60	110
24 HOUR	32	150	400
60 MINUTES	64	0	274
ANONYMOUS CONTRIBUTIONS	0	39	353
ANY LENGTHS	13	-	-
BACK ROOM	35	148	2,437
BACK TO THE BIG BOOK	12	80	202
BELLEVUE WINNERS & BEG	35	-	50
BRENTWOOD FULL MOON	33	985	985
BY THE BOOK -DICKSON	15	0	82
CAME TO BELIEVE	33		387
CAMELS		-	-
CELEBRATE SERENITY		-	-
CHICKEN PLUCKERS MEN'S	33	-	-
CLARKSVILLE	14	-	-
CLUB 62 UNITY	32	-	30
COLUMBIA	40	20	120
COMMUNICATIONS	30	-	100
COOL SPRINGS NEWCOMERS	33	-	100
CUMBERLAND UNITY	13	-	-
DAVIDSON ROAD	30	500	3,300
DICKSON AA	15	-	920
DISTRICT 11	11	-	-
DOWNTOWN LUNCH BUNCH	32	106	374
DRUNKS IN THE PARK	33	-	682
EAST NASHVILLE 86'ers	34	-	169
E. NASHVILLE MEN'S STAG	34	-	500
EAST NASHVILLE WOMENS	31	-	-
EAST SIDE SATURDAY		-	620
EASY DOES IT (MT JULIET)	31	-	-
FAIRFIELD GLADE	9	-	132
FAIRVIEW	33	-	100
FAYETTEVILLE	40	-	20
FELLOWSHIP	32	-	100
FIRST THINGS FIRST	34	-	291
FIVE & FIVE	30	-	1,891
FRANKLIN 12&12	33	-	-
FRANKLIN	33	-	2,060
FRANKLIN MEN'S	33	-	-
FRANKLIN ROAD WOMEN'S	33	-	100
FREE TO BE	31	-	436
G.O.D. (OF DRUNKS)	40	-	115
GALLATIN AA		50	50
GOODLETTSVILLE A.A.	34	-	150
GRATITUDE	11	-	60
GRATITUDE - MANCHESTER		-	-
HAPPY DESTINY	34	-	50
HAPPY HOUR - LEWISBURG	40	5	30
HARDING ROAD	30	-	350
HENDERSONVILLE BB	34	-	50
HERMITAGE	31	-	200
HERMITAGE WOMEN	31	-	250
HIGH NOON	34		1,105
HILLSBORO ROAD	32	-	200
HOPE PARK AA LIT STUDY	30	-	-
JOELTON	34	-	50
KEEP IT SIMPLE BELLEVUE d35	33		49
KEY TO SOBRIETY	31	-	250
LADIES NIGHT OUT	34	-	-
LAFAYETTE NEW HOPE	13	-	50
LATE LUNCH BUNCH	33	-	1,000
LAWRENCEBURG	41	-	-

GROUP/MEETING	Dist	June	YTD
LET IT HAPPEN	35	20	40
LEWISBURG UNITY	41		25
LIFE SAVERS	30	-	-
LINDEN	41	-	100
LIVE & LET LIVE	9	-	65
LIVING BY THE PRINT SAT	30	-	200
LIVING BY THE PRINCIPLES	30	-	488
MADE A DECISION		-	119
MADISON STREET		-	50
MANCHESTER NOON		-	60
MIDDAY BREAK	32	-	-
MONDAY NIGHT		-	-
MT JULIET FELLOWSHIP	31	-	200
MURFREESBORO	12	30	90
MUSIC ROW	30		30
MUSTARD SEED	32	-	200
NOW	30	-	-
NEW BEGINNINGS(Dist 12)	12	10	70
NEW LIFE H-VILLE	34	-	92
NIPPERS CORNER	32	-	-
NORTHSIDE , CLARKSVILLE	14		100
ONE DAY AT A TIME	31	-	900
ONE STEP CLOSER	33	-	-
OUT TO BREAKFAST	30	-	143
PAGE 112	31	-	-
P.O.P.	34	-	75
PORTLAND UNITY	13	25	35
PRIMARY PURPOSE	34	-	270
PRIMETIMERS	33	-	100
PULASKI	40	15	90
REBOS (SOBER)	34	-	434
ROAD OF HAPPY DESTINY	14	20	40
ROBERTSON COUNTY	14	-	-
RUTS	40	-	-
SAFE PLACE		-	53
SANGO SOLUTIONS		-	20
SATURDAY NIGHT ALIVE	11	-	60
SEARCH FOR SERENITY	34	-	120
SEARCHERS	34	-	270
SEEKING SANITY	31	-	994
SERENITY (12)	12	50	300
SHADE TREE	31	-	660
SMYRNA GRATITUDE	12	125	1,250
SUNDAY NIGHT BUNCH		100	100
THE STRAGGLERS	33	-	381
THE UNITED	13	300	550
TRINITY	11	-	50
TRUDGING THE ROAD	33	-	80
VALLEYVIEW-ASHLAND CTY	15	-	-
WANGL	30	-	-
WAVERLY	15	-	45
WAVERLY-BELMONT	32	-	100
WEEKENDERS	34	-	100
WEST MEADE	30	-	40
WEST NASHVILLE	35	-	36
WESTMINSTER	30	-	750
WINNERS	41	128	614
WOMEN IN THE SOLUTION	11	-	260
WOMEN'S FREEDOM	30	-	533
WOMEN'S OPEN DOOR	30	-	288
WOMENS SPEAKER	30	-	-
Grand total:		2,966	33,004

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Six Month and Year Ended June 30, 2016

	June 2016			YTD 2016		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,622.22	3,539.42	(917.20)	16,193.26	21,236.52	(5,043.26)
Group Donations	3,415.87	5,000.00	(1,584.13)	34,810.95	30,000.00	4,810.95
Individual Donations	135.00	341.67	(206.67)	1,321.37	2,050.02	(728.65)
Messenger Donations	12.00	15.00	(3.00)	60.00	90.00	(30.00)
Website Donations	-	208.33	(208.33)	-	1,249.98	(1,249.98)
Special Events	-	500.00	(500.00)	280.00	3,000.00	(2,720.00)
Interest	2.89	1.75	1.14	17.86	10.50	7.36
Total Income	6,187.98	9,606.17	(3,418.19)	52,683.44	57,637.02	(4,953.58)
Expenses						
Casual Labor	200.00	200.00	-	1,200.00	1,200.00	-
Payroll	3,958.62	4,975.08	(1,016.46)	28,176.03	29,850.48	(1,674.45)
Bad Debts	-	-	-	-	-	-
Legal & Professional	-	350.00	(350.00)	4,275.00	2,100.00	2,175.00
Rent	1,041.00	1,000.00	41.00	5,913.50	6,000.00	(86.50)
Printing	-	166.67	(166.67)	54.00	1,000.02	(946.02)
Payroll Taxes	482.83	380.58	102.25	2,251.67	2,283.48	(31.81)
Repairs & Maintenance	-	83.34	(83.34)	200.00	500.04	(300.04)
Equipment Rental	108.00	103.34	4.66	645.27	620.04	25.23
Telephone & Fax	511.53	450.00	61.53	2,743.79	2,700.00	43.79
Answering Service	204.00	233.33	(29.33)	1,410.00	1,399.98	10.02
Postage	60.33	283.33	(223.00)	741.96	1,699.98	(958.02)
Office Supplies	211.50	208.33	3.17	842.22	1,249.98	(407.76)
Computer & Technology	196.58	258.83	(62.25)	489.83	1,552.98	(1,063.15)
Intergroup Expense	135.00	125.00	10.00	135.00	750.00	(615.00)
Insurance	-	166.67	(166.67)	1,244.00	1,000.02	243.98
Special Events	-	321.67	(321.67)	-	1,930.02	(1,930.02)
Travel	30.00	291.67	(261.67)	30.00	1,750.02	(1,720.02)
Depreciation	7.92	8.33	(0.41)	47.52	49.98	(2.46)
Total Expenses	7,147.31	9,606.17	(2,458.86)	50,399.79	57,637.02	(7,237.23)
Net Income	(959.33)	-	(959.33)	2,283.65	-	2,283.65

**If you read
The Messenger
on-line, a
contribution to
The Middle
Tennessee
Central Office
would help and
be appreciated.**



FULL MOON

Al F	08.18.02
Bill O	08.30.90
Diann W	08.13.07
Jarrett S	08.14.13
Neal B	08.05.15

LOVE & LAUGHTER

Addison G	08.24.89
Brooks K	08.11.87
Lee M	02.17.78
Mark McC	08.29.12
Paul McC	08.10.04
Ricky H	08.24.14

SEEKING SANITY

Angela R	08.09.14
Becky H	08.17.04
Beth S	08.02.05
Bruce K	08.18.15
Christy V	08.10.07
James W	08.14.05
Janice M	08.08.09
Ree M	08.03.14
Shonda W	08.10.06
Tim B	08.17.91

SHADE TREE

Becky H	08.17.04
Beth D	08.22.14
Beverly P	08.27.10
Charletta G	08.01.08
Dean K	08.01.06
Devin P	08.14.09
Gary H	08.18.14
James B	08.23.10
Jason T	08.14.15
Jim W	08.13.12
Joel H	08.08.93
Josh W	08.08.07
Karen V	08.09.86
Keith A	08.12.03
Keith H	08.24.15
Linda T	08.10.86
Mandy R	08.11.14
Mark P	08.20.98
Mike B	08.01.07
Missy B	08.28.07
Patrick B	08.14.87
Paul H	08.30.14
Paul R	08.17.15
Stephanie K	08.17.14
Steve A	08.02.12
Terry "Doc" M	08.14.05

SMYRNA GRATITUDE

Billy C	08.06.13
Bruce S	08.03.14
David T	08.21.15
Hollie C	08.04.09
Neal R	08.23.02
Sarah D	08.25.04
Tabitha G	08.01.12

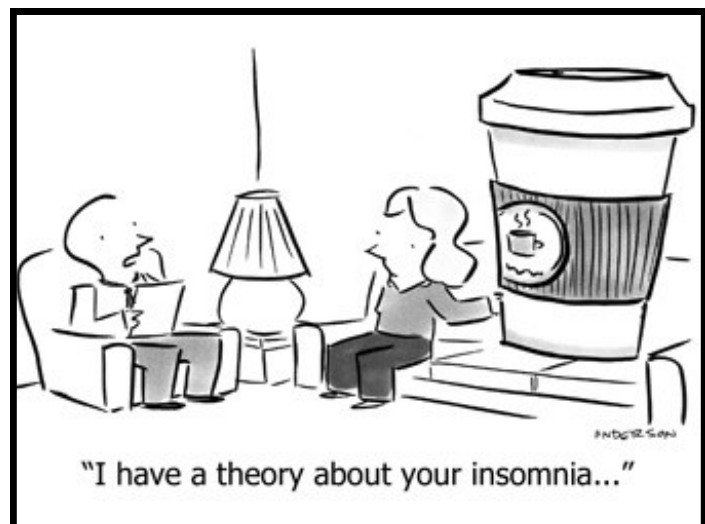
Women's Speaker

Christy O	08.14.15
Judy H	08.27.15
Judy R	08.31.86

Light travels faster than sound. This is why some people appear bright until you hear them speak.



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