

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00

OCTOBER 2016

Annual Celebration of Sobriety Dinner

A Middle Tennessee Intergroup Potluck

**Friday, November 18, 2016
at Woodmont Hills Church**

3710 Franklin Road @ Woodmont Boulevard

Reception 6:00 pm | Dinner 7:00 pm | Speakers 8:00 pm

Tickets \$ 10

Meat & Drinks will be provided

Please bring one of the following in a covered dish:

DESSERT | SALAD | BREAD | PASTA | CASSEROLE | SIDE ITEM

(Please have on site by 6:45 pm)



For reservations & tickets, please call Central Office @ (615) 831-1050

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-4:30pm, Hot Line (615) 831-1050, (800) 559-2252 (outside local area),
Business—(615) 832-1136, Fax—(615) 834-5982, Articles for The Messenger—blamethemessenger@gmail.com -email—mtcoaa@aol.com, Website—www.aanashville.org,

THE TWELVE CONCEPTS

The Twelve Concepts (Long Form)

- I. The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.
- II. When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference—excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter—the actual voice and the effective conscience for our whole Society.
- III. As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”
- IV. Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.
- V. Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.
- VI. On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.
- VII. The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.
- VIII. The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.
- IX. Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.
- X. Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.
- XI. While the Trustees hold final responsibility for A.A.’s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.
- XII. General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and, whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that, though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.



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RESENTMENT REMOVAL

Prayer freed her of the anger she harbored toward her uncle

I had had a deep-seated resentment against an uncle dating back to my childhood. It stemmed from one event, but grew with just about every visit I had with him and my grandmother.

As she began to decline in health, I saw her on a daily basis. That meant seeing him as well. I was left seething with resentment and anger. I found fault with every move he made. I became aware of how large this resentment had grown when a friend in the program gently suggested that I pray for my uncle.

What an idea! Sure! Pray for the man I detested? What would I possibly say? I realized how this resentment was hurting me and hold me back, so I became willing to pray for him.

I started out just praying to my Higher Power that he would be safe, healthy and happy. Something began to happen. I could be in his presence and not fester with hatred.

My grandmother suffered a stroke and was placed on a ventilator to give family living outside the country time to make it to her bedside. I sat across the bed from my uncle, holding one of her hands, while he held the other.

I saw him in those moments in a different light. It was as if I were floating above the room looking down and I saw him as a very troubled individual doing the best he could with what he had. All the pain and

hatred I felt was removed.

The resentment broke right at that moment. I was enveloped in such a sense of peace and serenity. I know my Higher Power was in that room with us and saw that moment as the perfect time to bring that pain to closure.

I now see my uncle on a semi-regular basis and I am able to be present in the moment when we are together. I can be interested in what he is talking about without making ugly comments in my head.

I never would have thought that praying for him would relieve me of my resentment, but it did. Thank goodness for my friends in the rooms. That one suggestion has freed me in a way that I have never felt before.

—Sarah G., Las Vegas, Nev.

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A SOLITARY SWIMMER

After a childhood of solitary pursuits, she became a secret drinker

I always felt different, an outsider in a family of outsiders. I was adopted as an infant. My one brother was also adopted as well as my mother. Being adopted made me angry. As a small girl, I ripped my clothes off when my mother tried to dress me. I often had tantrums, the down-on-the floor screaming and kicking kind. Mom had to lock me in my room

for fear of hurting me. Before seatbelts and car seats, I once tried to leap out of a moving car.

I did not lack for material comforts. My dad was a businessman and my mother stayed at home. I had everything I could possibly want or need. I was very lucky in this respect. I loved art, books and tennis: all solitary endeavors. I excelled in swimming. Water was a place I could

(Continued on page 8)

IN GOD'S GARDEN

Confronted with a drinking work colleague, he had to let go of the results

I had a Twelve-Step opportunity at work recently and jumped at the chance to "save" another one! I learned however, that I'm not in the business of saving lives. Not even my own. That's God's business.

My only obligation as a blessed, recovering alcoholic is to "carry the message" to the still suffering alcoholic. I struggle with that part even now. Does it mean I cannot help unless the other person declares himself an alcoholic? What about the "potential" alcoholic? We have all run into them. People who look, act, and smell like we used to after an all-nighter. Should we not, for instance, inject some wisdom when we see the same behaviors in our fellow employees?

I manage a guy whom I've known for years, and who knows I am in the program. He has steadily shown the familiar signs of alcoholism. I've noticed that the intervals between bouts have been getting smaller and shorter. He is constantly late, messing up his job assignments, and his

overall reliability has declined to such an extent that for safety reasons at our worksite, I had to take action.

The short version is that we had him sent to the clinic and although he was not legally drunk, he tested at the company's pre-determined threshold and we suspended him for an extended period of time. The company could have fired him but the brass put him in my hands. I chose the path of apathy.

After all, I could recall, without much difficulty, the many times I showed up to steal a wage, totally worthless because of a hangover. But knowing what we know from AA, I spoke to him intimately about my own drinking and where it would lead. I told him, "I didn't always get in trouble when I drank, but when I was in trouble, I had been drinking."

He was gracious in accepting my confession, but was noticeably hesitant when I suggested that perhaps he consider the possibility that he was "one of us." He thanked me for supporting him and accepted my offer to be available if he ever changed his mind. I gave him a copy of

CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Drew T	615.440.3991
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Travis D	615.642.1027
Secretary	Jennifer S	615.218.0883
Treasurer	Garrett D	615.957.7674
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Special Needs	Reanate M	615.625.8483
Corrections	Charlie B	615.554.9085
Treatment Facilities	Jennifer S	615.415.4177
Events Chair	Tina H	615.351.0501
Archives	John M	615.803.0211
Sobriety Dinner	Tina H	615.351.0501

FIRST TUESDAY OF EVERY MONTH:
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE
When: Monday Oct 24th
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:
District 32 Meeting
When: 6:30pm
Where: Club 62
329 Peachtree

SECOND SATURDAY OF EVERY MONTH
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

the Big Book.

I found the Big Book sitting on my desk the following day. When I saw it there, I thought to myself, "He is either a great reader and read it overnight, or he dismissed the whole idea as ridiculous." I suspect the latter is the truth. And, why not? That's what I would have thought not that long ago when I was hunkered down in my bomb shelter of denial. I would have walked away from it just as he did thinking to myself, "Who does he think he is to suggest that I'm an alcoholic!"

Today, I know that I am truly blessed to have emerged from that pit of despair and denial and accepted what was the actual truth: that I was an alcoholic. Today, I am only capable of sharing the seeds, I'll leave the gardening up to God.

—Matt S., Buffalo Grove, Ill.
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Can you find the paragraph in the 12x12 Step Ten that contains the words below
and find them in the puzzle?

HDXLIQPFVZNWDTQJTIHIFDPJDCMYZDOUUQY
 HUVYEKLOGARIRRBZ FQGJC YRQVF EYNT EKIED
 FEUHYJWCGYTALGAFDHNHOYKONNKUJVRVXEP
 OQQFDINXEYGLLYYGNSILFITUIVGMFSXTNLD
 FUCV IORLOFZBOSDBGEPHXJDRKHDHCNWIFEJ
 LIYNZQNVKBQJHXETJRPTANMMIOHGJSABJR
 VEGHGD SROI VAHEBQXAZABBDHURLZNRQXQJB
 RPSWIEIZRZEGTIKIYVNVZHLNHZGGTXZMAMW
 QOYOZALBJFHTNXVJELSEAFIVLHCSSNPJBRB
 ODCULAQIMKQPRQBIFHNKGT TXBNXBSJWQPDQ
 IAZZVAJCVBBZKINCEMOAIMEKTANTXPUVVKQ
 RCJMSVNSQERSKIOGQGMOWSQDIGKKYDTPSZS
 ZLIBQKZUXQDSCNZDKLIBGTVVYZJXZCGABY
 MEVKOEQSDLAENOJAPLYBRCLXTSZQUYWJTDX
 FDAHLSOLZRSCBRFHNUUHI ECVMAPXKMZBYRI
 IUDDVZDETGSUKEQPYQFYGFGTBOMCKVZBDRS
 RZRQGS GMKHVIIBC YHFWDNEDTRUZDGEWJEK
 PXXNIVPTUWCXUMREOBOOYDHSEYRTFDIKRPP
 LQWSOZWHVDIUUEILZSHYSUSFDWFEJIZOZVC
 JDPGSSSDYACFYMBCEEP AUEJGSXICV I IWZFE
 OYQKXNNVUKIKAEPYQKENPHNFFDR CQOKYT GJ
 FOLFOIOMGNXAARYOGARBIZWBELMZSFEP PWH
 UNSNFHIOVQTHFP SVIMT LSVDETL SMDPWRNCZ
 NXFJFITBKMSZGERUZNBZJFQQZHMOWAJLOSQ
 PSKJDJOIXYIUCJEUXMTNYQS IAMBCTICOYMY
 HYP AWPMP SJWNGUKIKSEHGOVAUVEZYIJFSKY
 UERCMYE UURKKFCRUXSFVLSGVTUSVZZIZUIX
 LHZFZMLKOWLOPPPVHWHICNEUNDTDZKIVA OJ
 HJOVGVS LJLYCITCYDFQIFVRNQMDYCNXWJBK
 YSVARIPUXSUSUALLYHLRHSZKOVGNNGAXNXA
 DISFHANQNFCHRCCKSVOJEDABC VXYGWCFLBEP
 XKFUITJ VQRQSNEQM HENXZWKZUEKDKE XQDOG
 KFPJJESRUQOYQAHOIUNAYLDHHSACXC DXQEO
 NPPMCSAXJGFOFMCT SUNDYXQZUHBVSB IWL CW
 AKVXAEQEUNGHBLMJOFXGJSYUSGDP IZHSIN V
 EOQYLNOAQPPXAWSUQNETGNIKNIRDW XU TW EQ
 WGEAHCJQGQT FNHEOKFBP SDRJBTZTHHGCZIR
 ANNOXQGEGPSFTRIOZADJP GAKEQTPLXL FATN
 KWULDYYPMXCZVGQXBCWWZYNOAOONHDVMXAV
 FXUXKNZBRQG L YJCACTHLGFIIFVSDNEIRFPW

REMEMBER
 ONES
 EMOTIONS
 FACT
 DRINKING
 OTHERS
 BEST
 POINT

ALCOHOLICS
 BEDEVEILED
 MOREOVER
 OUR
 AGGRAVATED
 STRAINED
 FRIENDS

ONLY
 SICK
 USUALLY
 BEHAVIOR
 DEFECTS
 PATIENCE
 SNAPPING

As taken from the Joe & Charlie CD's		NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS	
DAILY INVENTORY When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid?		Safe Place Antioch - Antioch United Methodist 41 Tusculum Rd Sat 5p	
		37013	New
PERSONALITY CHARACTERISTICS OF SELF-WILL	PERSONALITY CHARACTERISTICS OF GOD'S WILL	37013	Add
		37016	Cancel
SELFISH AND SELF SEEKING	INTEREST IN OTHERS	37040	Cancel
		37040	Change
DISHONESTY	HONESTY	37046	Cancel
		37058	Change
FRIGHTENED	COURAGE	37064	Change
		37064	Move
INCONSIDERATE	CONSIDERATE	37066	Change
		37067	Add
PRIDE	HUMILITY-SEEKING GOD'S WILL	37069	Change / Move
		37075	Move
GREEDY	GIVING OR SHARING	37087	Cancel
		37087	Change
LUSTFUL	WHAT CAN WE DO FOR OTHERS	37087	Add
		37110	Change
ANGER	CALM	37110	Add
		37122	Add
ENVY	GRATEFUL	37115	Cancel
		37160	Move
SLOTH	TAKE ACTION	37174	New
		37122	Add
GLUTTONY	MODERATION	37128	Move
		37135	Cancel
IMPATIENT	PATIENCE	37138	Change
		37174	Cancel
INTOLERANT	TOLERANCE	37190	New
		37190	Change
RESENTMENT	FORGIVENESS	37203	New
		37204	Move
HATE	LOVE-CONCERN FOR OTHERS	37206	Add
		37206	Add
HARMFUL ACTS	GOOD DEEDS	37206	Change
		37208	Add
SELF-PITY	SELF-FORGETFULNESS	37209	Move
		37209	Cancel
SELF-JUSTIFICATION	HUMILITY-SEEK GOD'S WILL	37209	Cancel
		37209	Cancel
SELF-IMPORTANCE	MODESTY	37209	Cancel
		37210	Add
SELF-CONDEMNATION	SELF-FORGIVENESS	37210	Cancel
		37210	Cancel
SUSPICION	TRUST	37210	Cancel
		37210	Cancel
DOUBT	FAITH	37211	Cancel
		37211	Add
		37216	Add
		37220	New
		37232	Move
		37355	Cancel
		37394	Move
		38462	Move
		38481	Cancel
		38501	Cancel

AA MEETING FOR CORRECTIONS

CCA at 5115 Harding Place is bringing back
AA meetings.

They need our help to make this happen.

In June we will be taking meetings into the RDAP program on Tuesday
and/or Wednesday from 6:30—7:30.

The first class has 60 WOMEN and 130 MEN. We would like at least 10
men and 5 women to volunteer so they can each take a week of the
month.

Call Charlie B with questions:

615.554.9085

Orientation Schedule:

November 1, 2016

Reggie Hebron
Treatment Counselor
CCA Metro-Davidson County Detention Facility
5115 Harding Place

***Annual
Intergroup
Dinner***

***November
18th***

See 1st Page

**Seeking Sanity
Family Picnic by the Lake
Speaker Meeting
Sunday, October 9th 2-6pm
Cook Recreation Area
Pavilion #2 (Bring lawn chair)
12230 Old Hickory Blvd, Nashville**



- First annual salad contest
Bring your entry of potato salad, pasta salad, or
fruit salad
- Main dish and drinks will be provided
- Bring dessert of your choice

Volunteers needed- contact Danny C.

615-540-1738 irish456571@yahoo.com

A Solitary Swimmer

(Continued from page 3)

hide from the world and be alone. Dad wanted me to train for the Olympics, but mom felt this was no life for a young girl. I was painfully shy and remember sometimes going days without speaking. I liked to run away from home with only a small suitcase packed with my favorite doll. I wandered off from the public beach one summer day and my parents had to call the police to find me.

At sixteen, I discovered alcohol. My father did not drink but my mother did socially. They had cocktail parties almost every weekend and my first taste of alcohol was sucking limes out of guests' drinks. Mom and Dad had a well-stocked, unlocked liquor cabinet. My girlfriends and I would raid it when my parents were out and get smashed. Our county was dry and we had to drive to the next county to buy liquor. My false ID enabled me to do this underage. I felt at the time that I drank to excess. It made me feel free, powerful and happy. It brought me out of the shell I had so carefully constructed.

I went to college far away to escape the family I felt so alienated from. There, I met a pot-smoking boyfriend who took me to every fraternity beer bash and to bars on the weekends. I miraculously made it through school and got my degree.

My next boyfriend was an alcoholic, too. He drank whiskey straight out of the bottle and I thought that was cool. I fashioned myself a hippie and lived a free and easy lifestyle centered on drinking and drugs. My jobs were solitary, in a bookstore at night, and later growing plants in greenhouses.

At twenty-seven years old, I met my husband. He did not drink and was a single dad with two little children. I marched into his life saying I would take care of everything. I started controlled drinking at that point and never had more than a couple drinks at one sitting and often went months without any alcohol. But the disease was still there, along with the rage and resentment I carried around from childhood. After raising my husband's two children and then having two of our own, the longing for my true identity became too strong. The big empty hole in my heart was consuming me.

My husband is a journalist and suggested we find my birth family. I was incredulous. The idea had never occurred to me. The entire subject was fraught with fear for me, and discouraged by society. But search I did and seven years later I found my mother and her seven children. My mother was receptive and kind and I ended up visiting her and meeting my half siblings several months later. They were a big wonderful family, who were among other things, very heavy drinkers. That began annual ten-day visits to them which became a blur of alcohol-infused fun.

I wanted to drink to fit in. I even got drunk with my mother. The nights were late ones, sometimes going until 3 or 4 A.M. in the morning. With my three new-found sisters, my childhood fantasies had come true. We danced and cooked and skinny-dipped at night in the waters of Lake Michigan, where my mother had a cottage in the Indiana Dunes. I relished in this wonderful new connection to my birth family.



Finding my birth family, which had begun as a blessing, was becoming a curse. When I returned home from these visits I tried to withdraw from alcohol. At first I succeeded, but eventually drinking became a part of my life again. I had to hide it from my family

and became a secret drinker. I drank more and faster in my attempts to keep my secret. I even began to swig from the bottle I had hidden away in the kitchen pantry. Finally, I was sipping tequila all day and falling down drunk in the grass while hanging up laundry.

When I was 55 years old, I was diagnosed with a melanoma skin cancer and rheumatoid arthritis. Prescribed some heavy medication, I was told by my doctor that I could not drink. I wasn't able to stop drinking. But I had the brains to realize it would kill me to use alcohol while on the prescription drugs. I looked up "alcohol" in the local yellow pages. I found a meeting nearby and went.

I now have five years of continuous sobriety. I found a sponsor with whom I identified and I did everything she told me to do. I went to 90 meetings in 90 days. Together we began to work the Twelve Steps. I found a higher power. I found acceptance and gratitude, which healed the pain and anger I had. I no longer was an abandoned child. I also learned forgiveness: of my adopted family for only trying to give me love and a good home and of my birth mother, who couldn't keep me as a 19 year old unwed mother. And through all of this, I have finally found out who I really am, the person I always was but afraid to be. I am now living an active, healthy life. My arthritis has gone into remission and I no longer take any medication. Now, when I go visit my birth family in the Dunes, I go to AA meetings and try to pass on this wonderful journey of sobriety.

—Nancy L., Albuquerque, NM
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GROUP CONTRIBUTIONS—AUGUST 2016

GROUP/MEETING	Dist	Aug	YTD
21st AVENUE	30		110
24 HOUR	32		400
60 MINUTES	64		274
ANONYMOUS CONTRIBUTIONS	0	32	432
ANY LENGTHS	13	150	150
BACK ROOM	35	335	2,772
BACK TO THE BIG BOOK	12		202
BELLEVUE WINNERS & BEG	35	-	50
BRENTWOOD FULL MOON	33		985
BY THE BOOK -DICKSON	15		117
CAME TO BELIEVE	33		387
CLARK STREET	14	500	500
CLUB 62 UNITY	32	-	30
COLUMBIA	40	20	160
COMMUNICATIONS	30	-	100
COOKEVILLE			60
COOL SPRINGS NEWCOMERS	33	-	100
CUMBERLAND UNITY	13	100	100
DAVIDSON ROAD	30		3,300
DICKSON AA	15		1400
DOWNTOWN LUNCH BUNCH	32		374
DRUNKS IN THE PARK	33	300	982
EAST NASHVILLE 86'ers	34	-	169
EAST NASHVILLE	31	370	370
E. NASHVILLE MEN'S STAG	34		700
EAST SIDE SATURDAY		-	620
EAST SIDE SUNLIGHTERS	31	750	750
EVERY WOMAN HAS A STORY			10
FAIRFIELD GLADE	9	-	132
FAIRVIEW	33		150
FAYETTEVILLE	40		40
FELLOWSHIP	32	-	100
FIRST THINGS FIRST	34		454
FIVE & FIVE	30		2,230
FRANKLIN 12&12	33	400	400
FRANKLIN	33	-	2,060
FRANKLIN ROAD WOMEN'S	33	-	100
FREE TO BE	31		585
FREEDOM FROM BONDAGE		10	10
G.O.D. (OF DRUNKS)	40	-	115
GALLATIN AA			50
GOODLETTSVILLE A.A.	34	-	150
GRATEFULL ALIVE	33		172
GRATITUDE	11	-	60
HAPPY HOUR - LEWISBURG	40		35
HARDING ROAD	30	-	350
HENDERSONVILLE BB	34	-	50
HERMITAGE	31	-	200
HERMITAGE WOMEN	31	-	250
HIGH NOON	34		1,230
HILLSBORO ROAD	32	-	200
HOPE PARK AA LIT STUDY	30		40
JOELTON	34	-	50
KEEP IT SIMPLE BELLEVUE d35	33	9	58
KEY TO SOBRIETY	31	-	250
LADIES NIGHT OUT	34		100
LAFAYETTE NEW HOPE	13		50
LATE LUNCH BUNCH	33		1,500

GROUP/MEETING	Dist	Aug	YTD
LET IT HAPPEN	35	20	60
LEWISBURG UNITY	41		25
LIFE SAVERS	30		100
LINDEN	41	50	150
LIVE & LET LIVE	9	-	65
LIVING BY THE PRINT SAT	30	-	200
LIVING BY THE PRINCIPLES	30	-	488
MADE A DECISION		-	119
MADISON STREET		-	50
MANCHESTER NOON		-	60
MT JULIET FELLOWSHIP	31	-	200
MURFREESBORO	12	15	105
MUSIC ROW	30		55
MUSTARD SEED	32		400
NEW BEGINNINGS(Dist 12)	12		90
NEW LIFE H-VILLE	34	83	175
NIPPERS CORNER	32	37	37
NON NONSENSE	32	30	30
NORTHSIDE , CLARKSVILLE	14		150
ONE DAY AT A TIME	31	-	900
ONE STEP CLOSER	33		635
OUT TO BREAKFAST	30	-	143
P.O.P.	34	-	75
PAYDAY	15	100	100
PORTLAND UNITY	13		35
PRIMARY PURPOSE	34		376
PRIMETIMERS	33	-	100
PULASKI	40	15	120
REBOS (SOBER)	34	-	434
ROAD OF HAPPY DESTINY	14		40
SAFE PLACE		-	53
SANGO SOLUTIONS			40
SATURDAY NIGHT ALIVE	11	30	90
SEARCH FOR SERENITY	34		210
SEARCHERS	34	100	370
SEEKING SANITY	31		1419
SERENITY (12)	12		350
SHADE TREE	31	1320	3300
SMYRNA GRATITUDE	12	415	2,091
SUNDAY NIGHT BUNCH			100
THE STRAGGLERS	33	-	381
THE UNITED	13		550
THE WAY OUT	33		50
TRINITY	11	-	50
TRUDGING THE ROAD	33	-	80
WAVERLY	15	-	45
WAVERLY-BELMONT	32	-	100
WEEKENDERS	34	-	100
WEST MEADE	30	-	40
WEST NASHVILLE	35		69
WESTMINSTER	30	-	750
WINNERS	41	76	749
WOMEN IN THE SOLUTION	11	100	410
WOMEN'S FREEDOM	30	-	533
WOMEN'S OPEN DOOR	30	-	288
WOMENS SPEAKER	30		198
Grand total:		5,367	44,706

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Eight Months and Year Ended August 31, 2016

	August 2016			YTD 2016		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	3,911.57	3,539.42	372.15	23,761.57	28,315.36	(4,553.79)
Group Donations	6,241.22	5,000.00	1,241.22	47,042.50	40,000.00	7,042.50
Individual Donations	239.67	341.67	(102.00)	1,710.37	2,733.36	(1,022.99)
Messenger Donations	-	15.00	(15.00)	84.00	120.00	(36.00)
Website Donations	-	208.33	(208.33)	-	1,666.64	(1,666.64)
Special Events	-	500.00	(500.00)	280.00	4,000.00	(3,720.00)
Interest	2.99	1.75	1.24	23.84	14.00	9.84
Total Income	10,395.45	9,606.17	789.28	72,902.28	76,849.36	(3,947.08)
Expenses						
Casual Labor	200.00	200.00	-	1,600.00	1,600.00	-
Payroll	4,603.62	4,975.08	(371.46)	37,098.27	39,800.64	(2,702.37)
Bad Debts	-	-	-	-	-	-
Legal & Professional	398.00	350.00	48.00	5,403.00	2,800.00	2,603.00
Rent	993.50	1,000.00	(6.50)	7,853.00	8,000.00	(147.00)
Printing	-	166.67	(166.67)	54.00	1,333.36	(1,279.36)
Payroll Taxes	338.78	380.58	(41.80)	2,893.29	3,044.64	(151.35)
Repairs & Maintenance	-	83.34	(83.34)	200.00	666.72	(466.72)
Equipment Rental	108.00	103.34	4.66	861.27	826.72	34.55
Telephone & Fax	510.90	450.00	60.90	3,757.00	3,600.00	157.00
Answering Service	209.00	233.33	(24.33)	1,819.00	1,866.64	(47.64)
Postage	242.09	283.33	(41.24)	998.11	2,266.64	(1,268.53)
Office Supplies	137.45	208.33	(70.88)	948.89	1,666.64	(717.75)
Computer & Technology	43.65	258.83	(215.18)	577.13	2,070.64	(1,493.51)
Intergroup Expense	-	125.00	(125.00)	293.00	1,000.00	(707.00)
Insurance	-	166.67	(166.67)	1,244.00	1,333.36	(89.36)
Special Events	-	321.67	(321.67)	-	2,573.36	(2,573.36)
Travel	231.89	291.67	(59.78)	261.89	2,333.36	(2,071.47)
Depreciation	7.92	8.33	(0.41)	63.36	66.64	(3.28)
Total Expenses	8,024.80	9,606.17	(1,581.37)	65,925.21	76,849.36	(10,924.15)
Net Income	2,370.65	-	2,370.65	6,977.07	-	6,977.07

**If you read
The Messenger
on-line, a
contribution to
The Middle
Tennessee
Central Office would help and
be appreciated.**



BACKROOM

Amy S	10.02.13
Susanne D	10.07.13
Chris M	10.13.94
Will L	10.13.12
Kimberly M	10.17.13
Jay L	10.20.11
Steve D	10.21.03
Bob U	10.24.03

FULL MOON

Ben A	10.14.82
Gene L	10.11.02
Mark F	10.24.11
Mike F	10.11.12
Tom R	10.29.90
Wayne H	10.19.87

LOVE & LAUGHTER

Virginia K	10.08.12
Clay K	10.04.09
Teresa McC C	10.22.08
Christy L	10.21.07
John H	10.13.06
Kathy H	10.28.93

P.O.P

Kevin F	10.12.86
Rip B	10.25.87
Steve B	10.05.97

PORTLAND

Kevin L	10.13.89
Steve A	10.28.15

SEEKING SANITY

Charles B	10.10.11
Charles L	10.05.08
Christa E	10.20.09
Edye J	10.01.08
Heather C	10.27.12
John Z	10.07.10
Johnnie R	10.??84
Mary D	10.11.12
Sam B	10.02.90
Trish H	10.02.12

SHADE TREE

Alison E	10.24.12
Austin S	10.12.14
Brandon G	10.06.07
Cameron R	10.31.08
Carol R	10.30.07
Carolyn S	10.01.06
Chris S	10.06.13
David W	10.13.06
Deborah L	10.27.08
Eric W	10.15.015
Gatha S	10.08.87
Jane P	10.14.11
Joann L	10.13.08
James R	10.20.14
Joe T	10.04.88
Josh L	10.26.15
Mary Ann S	10.03.73
Mary H	10.04.94
Noah H	10.31.13
Pete R	10.26.89
Randall P	10.21.15
Ray H	10.11.10
Raycheal	10.07.14
Trish H	10.02.12
Wendy H	10.29.15

SMYRNA GRATITUDE

Randy G	10.11.87
Sara A	10.29.12
Tyler S	10.11.14
Wes C	10.01.13
Winter P	10.17.10

WEEKENDERS

Dick C	10.17.89
Mark S	10.29.95
Tom B	10.27.10

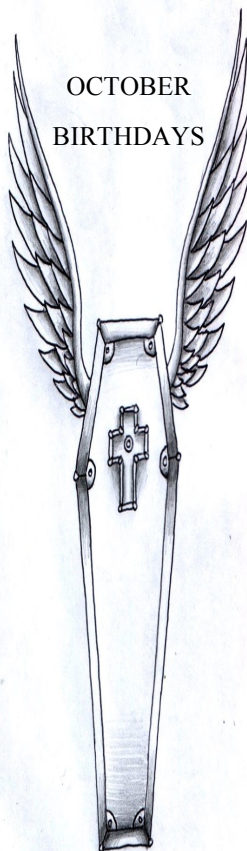
WOMEN IN RECOVERY

Deana P	10.01.12
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WOMEN IN THE SOLUTION

Carrie F	10.24.12
Cordy C	10.31.79
Debbie C	10.09.09

OCTOBER BIRTHDAYS



**M i d d l e T e n n e s s e e
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