

# The MESSENGER

## Middle Tennessee Central Office Intergroup

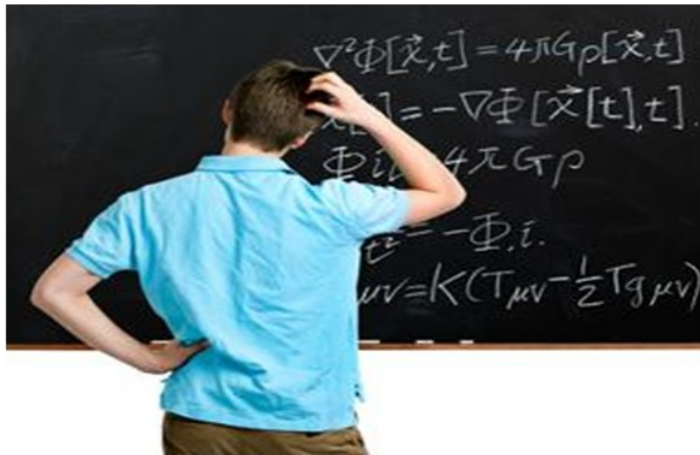
**\$ 1.00**

**Six Axioms of Alcoholic Thinking**

**DECEMBER  
2016**

### *A member gives us a rundown in plain English*

Dr. Silkworth wrote that the alcoholic becomes restless, irritable, and discontent when all he is doing is not drinking. The Big Book describes us as egocentric, egotistical, self seeking, and self-will run riot even though we don't like to admit it. These observations were documented around 1939. In 1944, Dr. Tiebout added his comments, writing that the alcoholic, as a class of people, is narcissistic, has an egocentric core, feelings of omnipotence, is intent on maintaining at all costs its inner core; that alcoholics are defiantly individualistic, display grandiosity, insist on being the master of their own destiny, and will fight to the end to preserve that position.



I began to observe those tendencies in myself soon after taking the 12 Steps of AA, but still didn't like to admit it. When I am not spiritually fit, I tend to follow the Six Axioms of Alcoholic Thinking. They are:

1. It's not fair.
2. It's not my fault.
3. Other people are behaving badly.
4. I know what is best.
5. It's my job to straighten them out.
6. I'm not being treated with the respect I know I am due.

While I absolutely relate these axioms to my own thinking, I am occasionally suspicious I am not alone in the way I process information.

The first axiom seems to relate to the belief that the world somehow owes me something. Other people seem to benefit from situations that don't really suit me. I have to work harder than is reasonable to get the benefits others seem to have with little or no effort. Perhaps this relates to unmanageability and wanting to control the world around me.

The second axiom seems to say that I am a victim, that my intentions were always good, but circumstances just didn't work out for me. It's kind of like saying bad stuff happened when I drank through no fault of my own. I can always emphasize that I have a disease and am due some special consideration because I am impaired. It's simply not my fault.

The third axiom lets me judge others, take their inventory, and suggests that the world would be a better place if only others would behave better. Of course, I am the proper judge for what comprises good behavior. If the other actors would say their lines properly, if the scenery were properly arranged, then everyone would be happy.

The fourth axiom is the restatement of my egocentric nature. Of course I know what's best, and everyone would be happy if they just did as I suggest.

The fifth axiom is a statement of my rebellious nature, false pride, and my feeling of self-importance. I am not happy with the unmanageability of my life, don't like the implications of the second half of the First Step and wish to assert my authority since I have achieved a few days of sobriety and am nearing spiritual perfection.

The sixth axiom indicates people around me do not realize with whom they are dealing, that they don't see all the good I am doing for them, how much I am actually helping them even though they haven't asked for help, and surely haven't asked me.

-- George T.—New Bern, North Carolina  
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HELLO, TOYS-R-US, COULD YOU PLEASE TELL ME EXACTLY HOW MUCH A PLAYSTATION 3 WEIGHS? ... OH, I'M JUST CURIOUS!

## A Reliable Sponsorship Guide

### Step Twelve:

*Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.*

Some years ago, out in Hollywood, California, I was asked to sponsor a guy named Tom. However, I declined by informing him that I was only two years sober; to which Tom replied: “Well, that’s all I want!”

What to do? I had been studying the Big Book step directions, so I decided it might work out if we stuck to that, maybe page by page. After all, Step Twelve doesn’t say that I am to carry *my message—my sponsors message—what I think message*, etc., but it says to carry **THIS MESSAGE**—I believe that means the one in the Big Book. I was relieved to be off the hook, and proceeded full speed ahead and all worked out okay. Since, I have only one authority as a sponsor: *The Big Book program of action*.

Being a history-minded sort of guy, I have spent some time studying the early ingredients of the AA Program of action. A place to start was that November, 1934, “kitchen table” meeting between Ebby Thacher and Bill Wilson (page 9):

“Ebby told of a simple religious idea (A **vital spiritual experience**), and a practical program of action (**The Oxford Group’s Four Absolutes and several tenets for living**). Bill had the idea that his gin would outlast Ebby’s preaching, but it did not—shortly thereafter Bill was back in Towns Hospital never to drink again. On Dec 14<sup>th</sup>, 1934, Bill, while lying in bed, went through the essential elements of what are now our Twelve Steps (Page 13).

By 1936 these ideas became what was then known as the six-step program (Read Page 263). Although similar, there were several versions of these. Bill started writing the **Big Book** during the spring of 1938, and by December had completed the writing of all Twelve Steps. However, his manuscript was altered somewhat dramatically in January of 1939 and became our Twelve Steps of today. But guess what—it worked!

We then had maybe one-hundred members, but now over two-million are staying sober by their use.

Thank God I had these guidelines when I sponsored Tom so many years ago—that was back in the late 1970s.

Bob S., Richmond, IN



## DRINKING DREAMS

### An old timer talks about the phenomenon of drunk dreams in sobriety

I recently had a "drinking dream." After almost twenty-five years of continued sobriety, one of those dreams entered my sleeping mind. A "drinking dream," to those who are recovering from alcoholism, is having a drinking experience in a dream. The frequency of such dreams varies with each individual. For me, it has been sporadic—sometimes years apart and sometimes close to each other. My last one, a few days ago, was after a break of more than a year.

People vary in their responses to their drinking dreams. Some become alarmed and others just accept the fact they had such dreams. For me, I view a drinking dream as a message that my brain is still processing past alcohol exposures to the drug. It is a message of how deeply imprinted are the memories of alcohol experiences which had both stimulated and depressed my body.

Yet, I am not alarmed at this phenomena. I interpret my drinking dreams to be my unconscious mind letting me know of my disease and that I must take personal action to thwart the recurrence of drinking.

The message is to go to a

recovery meeting and, if need be, increase the frequency of my attendance so that I will be able to absorb the experiences of others and be vividly reminded that I am still an alcoholic. Hence, action follows the dream.

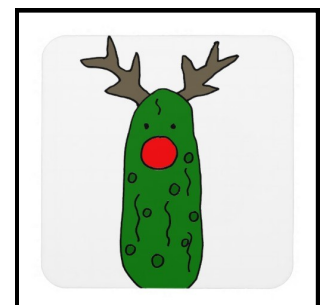
One may wax philosophical about the interpretation of dreams and even view them portending events. Whatever are the inner and psychic meanings of dreams, dreams are part of the human experience. In fact, many other animals dream. If so many species have dreams, these dreams must perform valuable functions.

Dreams are a normal way minds process recent experiences, past memories and inner stimulations. Drinking dreams are but part of the same workings of the unconscious mind as are all other dreams and, therefore, also normal and restorative for the body.

This is the way I view drinking dreams. Thus, if I have a drinking dream I do not fret about it but take action. Since I have recently had a drinking dream, that evening I went to a recovery group meeting, very briefly mentioned it's occurrence, and left feeling more centered.

No big deal.

—Tom L., New Orleans, La.  
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## A TALE OF TWO PENNIES

*A member of AA contrasts what it is like now and what it was like then*

Two weeks before my fourth AA anniversary, I was sitting on my back patio reading my morning meditations. When I finished, I lifted my books up to put them away and found a penny on the table that I hadn't noticed when I started.

I left to attend my morning meeting then headed off to work. After being at work for a while I stepped outside for a break and there on the ground was another penny.

All that came to mind was "In God We Trust" since the pennies were both face up. A few days passed and then on Saturday morning after my meditations, I looked at the first penny again. It was so worn, and filthy that I could barely make out the year. It was from 2000. I checked out the year on the other penny. It was from 2006.

The importance of those two years hit me like a brick. In the year 2000, my father died and my drinking escalated and I spiraled into the depths of hell. I had lived in depression, drinking every day, morn to night, until I got to a point in my life when I couldn't go on any further.

That was the old penny.

Then in the year 2006, in January, my husband got sober in AA. After four months of continued drinking, I finally surrendered and started attending AA meetings.

My first meeting was April 28, 2006. So the second shiny, new penny, represented what AA has allowed me to have. A new life!

I still continue to attend my daily morning meetings, I have a sponsor that I use and I work with others. I also enjoy service work on different levels. I was told there are no coincidences in life. Someone said that a coincidence is just God remaining anonymous. In my heart those two pennies spoke millions. They are a reminder of what it was like and what it is like now. I will always be grateful to the program of AA for my second chance at life.

-- Jill F.  
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<b>CENTRAL OFFICE OFFICERS</b>	<b>NAME</b>	<b>PHONE #</b>
Chairperson	Drew T	615.440.3991
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Travis D	615.642.1027
Secretary	Jennifer S	615.218.0883
Treasurer	Garrett D	615.957.7674
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Special Needs	Reanate M	615.625.8483
Corrections	Charlie B	615.554.9085
Treatment Facilities	Jennifer S	615.415.4177
Events Chair	Tina H	615.351.0501
Archives	John M	615.803.0211
Sobriety Dinner	Tina H	615.351.0501

### **FIRST TUESDAY OF EVERY MONTH:**

District 30 Meeting  
When: 6:30pm – 7:30pm  
Where: 5925 O'Brien

### **SECOND MONDAY OF EVERY MONTH:**

Intergroup Meeting  
When: 5:45pm – 6:45pm  
Where: Central Office  
417 Welshwood

### **STEERING COMMITTEE**

When: Monday Jan 23rd  
5:45pm – 6:45pm  
Where: Central Office  
417 Welshwood

### **FIRST TUESDAY OF EVERY MONTH:**

District 32 Meeting  
When: 6:30pm  
Where: Club 62  
329 Peachtree

### **SECOND SATURDAY OF EVERY MONTH**

District 34 Meeting  
When: 10am  
Where: 200 E. Cedar St  
Goodlettsville

The reason this owl looks like

he's judging you



is because he is.

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS		
37013	New	Safe Place Antioch - Antioch United Methodis 41 Tusculum Rd Sat 5p
37013	Change	Higher Powered - Fri now 7:30p
37013	Cancel	60 Minutes - Sun 5p OD
37016	Cancel	Auburntown Alcoholics Anonymous
37040	Cancel	Road of Happy Destiny - 2p Sunday
37040	Change	Real Deal now Sun 6:30p OD/Men
37046	Cancel	College Grove Morning Meeting
37058	Change	Dover now 6:30 Mon OD
37064	Change	Church of the City - Meeting in the Small White House
37064	Move	Franklin Fellowship - St Paul Episcopal Church 506 Fair St
37064	Change	Kick-Off isn't until Noon - Sun 7a OD/Lit - 8a OD - in Classrooms A&B 1st Floor
37066	Change	Came to Believe - Tues now 5:30p
37067	Add	Recovery Road - Wed 6:30p OD
37069	Change / Move	Womans AA now Every Woman Has a Story - 1213 Country Rd.
37075	Move	New Life - St Timothy's 650 E Main Street
37087	Cancel	Any Lengths - 10p Friday
37087	Change	New Day - All meeting now 6:60p - No Meeting on Monday
37087	Add	New Day -Wed 8p CD
37110	Change	Keep It Simple, McMinnville Tu 7p CD/LIT
37110	Add	McMinnville Serenity - Fri 5:30p OD/LIT
37122	Cancel	Key to Sobriety - Fri Noon OD/WMN/LIT
37115	Cancel	Serenity House - 8p Sunday
37129	Change	Serenity Group - 2nd Sat 6p Now Eat & Speaker - 8p Sat Canceled
37160	Move	Shelbyville Keep it Simple - AP Bldg 206 Madison St
37172	Cancel	Robertson County - Wed Noon Wmn - Sun 7p
37174	New	Primetime Spring Hill Men's - Church of the City 4910 Main Street - Thu - 7p CD Men 1 hr 15min
37122	Add	Key To Sobriety - Tues & Thurs Noon
37128	Move	Camels - Salem Creek Church of Christ - 2525 Salem Creek Dr
37135	Cancel	Right Direction - Mon 7p
37138	Change	Page 112 now Wed 6p
37174	Cancel	Ruts - Thurs C425p

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS		
37190	New	Woodbury Sunday Morning - Stone River Hospital - 324 Doolittle Rd.
37190	Change	Woodbury Group Meets are now at 7:30p
37203	New	Struck Gold Friendship House 202 23rd Avenue North 6p OD
37204	Move	Sat Living by the Print - Glen Leven Pres Church - 3906 Franklin Pike
37206	Add	East Side Sunlighters - 7:30a Tues & Thurs
37206	Add	Spiritual Warfare - Woodland Pres Ch - 211 N. 11th St - Fri p OD - OS 1st half of mo.
37206	Change	East Nashville Women's Meeting Tu 6:30p Lit
37208	Add	Recovery of Hope - Sun 6:30p OD/Lit
37209	Move	West Nashville - All Saints Southern Episcopal 4513 Park Ave
37209	Cancel	West Nashville - Tues 8p
37209	Cancel	Next Right Thing
37209	Cancel	Design for Living
37209	Cancel	Made A Decision
37209	Move	WANGL - 6:30p Fri OD/OS Friendship House 202 23rd Ave 37203
37210	Add	Young Timers - Thu 8p OD
37210	Cancel	Young Timers Club 62
37210	Cancel	The Spiritual Giants
37210	Cancel	Unity Group - Wed & Sat
37210	Cancel	Late Night News
37211	Cancel	Ray of Hope
37214	Add	Shade Tree - Fri 7p OD/YP
37216	Add	Weekenders Thurs 8p OD/Lit - small bldg out back
37220	New	Hand in Hand - Crieveewood United Meth - 451 Hogan Rd - 6:30p OD/Wmn
37232	Move	Recovery Basement - Vanderbilt Medi Center 1211 21st Ave - Student Center Room 208
37355	Cancel	Manchester Noon Fellowship
37394	Move	Viola Serenity - 9586 Viola Road, Viola
38401	New	AA Women's Basement Bunch - Thurs 5p OD/ Wmn Last Thurs is OS
38462	Move	Serenity of Surrender - First Pente Church 95 Swan Ave
38481	Cancel	One Day at a Time First Baptist Church 3698 Hwy 43 S C22
38501	Cancel	Live & Let Live 10p Sat



# TCYPAA 2017 Pre-Registration



There's a step for that

## February 10-12 DreamMore Resort

2525 DreamMore Way  
Pigeon Forge, TN 37863

\*\*\*\*\*Room Rates Starting at \$90\*\*\*\*\*

Please visit us at [www.TCYPAA2017.com](http://www.TCYPAA2017.com) or email us at [TCYPAA2017@gmail.com](mailto:TCYPAA2017@gmail.com)

Name	_____
Current City	_____
Sobriety Date	_____
Email	_____
Comments	_____
Are you willing to volunteer at the conference?	Yes <input type="checkbox"/> No <input type="checkbox"/>

# Atheism

## A NON-PROPHET ORGANIZATION



## Principles Over Personalities Christmas Dinner

Friday, December 09

We will begin eating at 6:30pm and the speaker will start at 8:00pm

3705 Brush Hill Rd, Nashville, TN 37216

The Principles Over Personalities Group of Alcoholics Anonymous invites one and all to our Annual Christmas Dinner. Food and drinks will be provided. Please bring a side dish if you can.

Sponsored by P.O.P

A simple snowman illustration with a top hat, stick arms, and a broom for a leg.

**DATE: SAT 12/17/2016****TIME: 5:30pm—8:30pm**

# CHRISTMAS PARTY

**ANNUAL DISTRICT 34****CHRISTMAS PARTY** hosted by  
New Life Group in HendersonvilleContact: Barry G - 615.438.5221  
Marty M - 615.973.0840St. Timothy Lutheran Church  
650 E Main St  
Hendersonville, TN 37075*Meats, coffee and soda provided by  
the district. Please bring a side  
item or dessert to share!***Speakers:**  
**Sobriety Countdown (3-5min each)****EAT : 6:00pm-7:00pm**  
**SPEAKERS : 7:00pm-8:00pm**

## 50th Annual Women's Holiday Party

Hosted by Nashville's Original Women's AA Group (NOW)

**Sunday December 11 at 4 pm**  
**AA speaker at 5 pm**Trevecca Community Church Auditorium  
Trevecca Nazarene University  
335 Murfreesboro Rd., NashvillePlease bring a finger food or dessert in a disposable  
container to share. Coffee will be provided.**Admission is free but a donation of \$6 is suggested.**  
Please donate for yourself and one other person.Here is why we need your donations: The rent for the space,  
plus the cost of coffee, cream and sugar, cups, forks, plates,  
and napkins is about \$900.00. Everything else is donated... food, signs, tablecloths, etc.  
Approximately 300 women attended last year, for an average cost of \$3.00 per person.But not everyone can afford to donate. Many of the women who attend come from treatment centers, sober living  
houses and halfway houses. We ask for the donation from everyone who can afford it, even if you contributed  
food for the party.NOW is the oldest women's meeting in Middle Tennessee. The meeting started at an apartment building and was  
one of the first to move to Friendship House when it opened in 1963!For more details, visit <http://nowaaholidayparty.weebly.com/>



## FROM THE ARCHIVES

TO PRESERVE THE EXPERIENCE,  
HISTORY & MEMORABILIA OF THE FELLOWSHIP



## SIGNIFICANCE OF THE OXFORD GROUP TO EARLY AA

Bob S., Richmond, IN

Bill W. left Towns Hospital on December 18, 1934 with a new set of ideas, emotions and attitudes, as described by Dr. Carl Jung on page 27 of the Big Book. Rather than returning to Wall Street, he became obsessed with sharing his newly found sobriety with the alcoholics at Calvary Mission. Both he and Lois began regular attendance at the Oxford Group meetings in the Calvary House. Fortuitously, Reverend Sam Shoemaker, who headed the Oxford Group in the United States, became Bill's spiritual mentor at that crucial time.

These meetings were a blessed watershed for a newly defeated ex-agnostic such as Bill. A deep impression was resultantly stamped on Bill's willingness to believe in God. Ebby T., Bill's sobriety sponsor, described these meetings: "I 'rode herd' on Bill in the beginning and stuck by him as we attended many Oxford Group meetings... Those early meetings we attended were basically the same as the AA meetings of today. Everyone had an opportunity to share their experience, strength and hope. Of course, the meetings weren't confined to alcoholics, but those attending shared their problems and their victories." \*

Regular after-the-meeting conversations were held at nearby Stewart's Cafeteria with newly-met spiritual friends. Ebby T., Rowland H. and non-alcoholic, Shep Cornell, were also regulars. This practice has continued in today's coffee shops around the world; it is now tagged as the AA meeting-after-the-meeting.

It was during this providential period that Bill learned what has become the underlying principles (ingredients) of our Twelve Steps. These were the Four Absolutes: Honesty, Unselfishness, Love and Purity, as well as six of the Oxford Group Tenets (p xvi). Bill, years later, stated: "The Twelve Steps came from the Oxford Group and nowhere else." Although Bill never mentioned the "Absolutes" in the Big Book, he said that he built the four absolutes of the Oxford Group into the Sixth and Seventh Steps of the program.

Ebby went through the Oxford Group style "surrender" November 1, 1934, then became a member of the "Brotherhood of Twelve," who assisted residents of the Calvary Mission (1926-1936—located at 346 E, 23rd Street, NYC). Ebby was known to be a good listener and had a friendly personality.



THIS IS THE ENTRANCE TO THE CALVARY PARISH HOUSE AT 61 EAST 21ST STREET IN NYC. THERE NOW EXISTS AN AA MEETING IN THIS BUILDING (2016). CALVARY CHURCH, WHERE REV. SAM SHOEMAKER WAS THE PASTOR, IS JUST TO THE LEFT OF THIS PICTURE. THE FAMOUS GRAMERCY PARK IS ON THE OPPOSITE SIDE OF THE STREET.

He remained at the mission 'till late 1935, then he moved in with Bill and Lois.

Bill W. was also enthusiastically helping residents from the mission. However, after many months, not even one of them stayed sober. He announced to his wife that he considered himself a flop at fixing drunks, but she wisely retorted: "But honey, you are staying sober!" This idea was to save him from getting drunk a month later at the Mayflower Hotel in Akron, Ohio. ☺



GROUP CONTRIBUTIONS—OCTOBER 2016

GROUP/MEETING	Dist	Oct	YTD
21st AVENUE	30		110
24 HOUR	32	150	550
60 MINUTES	64		274
ANONYMOUS CONTRIBUTIONS	0	22	496
ANY LENGTHS	13		150
BACK ROOM	35		2,772
BACK TO THE BIG BOOK	12	20	222
BELLEVUE WINNERS & BEG	35	-	50
BRENTWOOD FULL MOON	33	128	1113
BY THE BOOK -DICKSON	15	26	143
CAME TO BELIEVE	33	-	439
CAMELS		56	56
CLARK STREET	14		500
CLUB 62 UNITY	32		40
COLUMBIA BASEMENT BUNCH		26	76
COLUMBIA	40	20	200
COMMUNICATIONS	30	-	100
COOKEVILLE			60
COOL SPRINGS NEWCOMERS	33	-	100
CROSSVILLE	9	200	200
CROSSVILLE NON-SMOKING STEP	9	6	39
CUMBERLAND UNITY	13		100
DAVIDSON ROAD	30	850	4,150
DICKSON AA	15		1400
DONELSON YET	31		100
DOWNTOWN LUNCH BUNCH	32	162	536
DRUNKS IN THE PARK	33		1182
EAST NASHVILLE 86'ers	34		370
EAST NASHVILLE	31		370
E. NASHVILLE MEN'S STAG	34		700
EAST SIDE SATURDAY			1037
EAST SIDE SUNLIGHTERS	31		750
EVERY WOMAN HAS A STORY			10
FAIRFIELD GLADE	9	166	298
FAIRVIEW	33	50	200
FAYETTEVILLE	40	40	80
FELLOWSHIP	32	-	100
FIRST THINGS FIRST	34	111	565
FIVE & FIVE	30		2,230
FRANKLIN 12&12	33		400
FRANKLIN	33		2,895
FRANKLIN ROAD WOMEN'S	33	-	100
FREE TO BE	31	166	751
FREEDOM FROM BONDAGE			10
G.O.D. ( OF DRUNKS)	40	-	115
GALLATIN AA			100
GOODLETTSVILLE A.A.	34		450
GRATEFULL ALIVE	33		172
GRATITUDE	11	-	60
HAPPY HOUR - LEWISBURG	40		35
HARDING ROAD	30		600
HENDERSONVILLE BB	34	-	50
HERMITAGE	31	-	200
HERMITAGE WOMEN	31	-	250
HIGH NOON	34	370	1,600
HILLSBORO ROAD	32	-	200
HOPE PARK AA LIT STUDY	30	48	88
JOELTON	34	-	50
KEEP IT SIMPLE BELLEVUE d35	33	119	320
KEY TO SOBRIETY	31		550
KICKOFF ISN'T UNTIL NOON	33	500	500
LADIES NIGHT OUT	34	50	150
LAFAYETTE NEW HOPE	13		50
LATE LUNCH BUNCH	33	650	2,150

GROUP/MEETING	Dist	Oct	YTD
LET IT HAPPEN	35		80
LEWISBURG UNITY	41		25
LIFE SAVERS	30		100
LINDEN	41		150
LIVE & LET LIVE	9	-	65
LIVING BY THE PRINT SAT	30		350
LIVING BY THE PRINCIPLES	30	-	488
LIVINGSTON	9		100
MADE A DECISION		-	119
MADISON STREET		-	50
MANCHESTER NOON		-	60
MIDDAY BREAK	32	94	208
MT JULIET FELLOWSHIP	31		300
MURFREESBORO	12	15	135
MUSIC ROW	30	20	75
MUSTARD SEED	32	200	600
NEW BEGINNINGS( Dist 12)	12	20	130
NEW LIFE H-VILLE	34		175
NIPPERS CORNER	32	40	77
NON NONSENSE	32		30
NORTHSIDE , CLARKSVILLE	14	50	200
ONE DAY AT A TIME	31	-	900
ONE STEP CLOSER	33	276	910
OUT TO BREAKFAST	30	-	143
P.O.P.	34		115
PAYDAY	15		100
PORTLAND UNITY	13	25	60
PRIMARY PURPOSE	34	170	547
PRIMETIMERS	33	-	100
PULASKI	40		135
REBOS (SOBER)	34	-	434
RIDGETOP BASICS	34	45	45
ROAD OF HAPPY DESTINY	14		40
SAFE PLACE			191
SANGO SOLUTIONS			40
SATURDAY NIGHT ALIVE	11	30	120
SEARCH FOR SERENITY	34		210
SEARCHERS	34		370
SEEKING SANITY	31	322	1741
SERENITY (12)	12		350
SHADE TREE	31		3300
SMYRNA GRATITUDE	12		2,905
SUNDAY NIGHT BUNCH		200	400
THE HUT	14		50
THE STRAGGLERS	33	-	381
THE UNITED	13		1050
THE WAY OUT	33		50
TRINITY	11	-	50
TRUDGING THE ROAD	33		180
TURNING POINT	33	177	177
WAVERLY	15	-	45
WAVERLY-BELMONT	32	-	100
WEEKENDERS	34	100	200
WEST MEADE	30	-	40
WEST NASHVILLE	35		69
WESTMINSTER	30	-	750
WINNERS	41	31	917
WOMEN IN THE SOLUTION	11	50	460
WOMEN'S FREEDOM	30	-	533
WOMEN'S OPEN DOOR	30	-	288
WOMEN'S SPEAKER	30		198
YOUNG TIMERS	32		75
Grand total:		5,801	55,998

**Middle Tennessee Intergroup Association**  
**Statement of Activities - Actual and Budgeted - Schedule 1**  
For the Nine Months and Year Ended September 30, 2016

	September 2016			YTD 2016		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,688.37	3,539.42	(851.05)	26,406.54	31,854.78	(5,448.24)
Group Donations	6,120.54	5,000.00	1,120.54	53,203.02	45,000.00	8,203.02
Individual Donations	259.27	341.67	(82.40)	1,969.64	3,075.03	(1,105.39)
Messenger Donations	12.00	15.00	(3.00)	96.00	135.00	(39.00)
Website Donations	-	208.33	(208.33)	-	1,874.97	(1,874.97)
Special Events	-	500.00	(500.00)	280.00	4,500.00	(4,220.00)
Interest	2.80	1.75	1.05	26.64	15.75	10.89
Total Income	9,082.98	9,606.17	(523.19)	81,981.84	86,455.53	(4,473.69)
Expenses						
Casual Labor	200.00	200.00	-	1,800.00	1,800.00	-
Payroll	4,603.62	4,975.08	(371.46)	41,701.89	44,775.72	(3,073.83)
Bad Debts	-	-	-	-	-	-
Legal & Professional	380.00	350.00	30.00	5,783.00	3,150.00	2,633.00
Rent	993.50	1,000.00	(6.50)	8,846.50	9,000.00	(153.50)
Printing	-	166.67	(166.67)	54.00	1,500.03	(1,446.03)
Payroll Taxes	352.18	380.58	(28.40)	3,245.47	3,425.22	(179.75)
Repairs & Maintenance	-	83.34	(83.34)	200.00	750.06	(550.06)
Equipment Rental	108.00	103.34	4.66	969.27	930.06	39.21
Telephone & Fax	512.71	450.00	62.71	4,269.71	4,050.00	219.71
Answering Service	200.00	233.33	(33.33)	2,019.00	2,099.97	(80.97)
Postage	207.92	283.33	(75.41)	1,206.03	2,549.97	(1,343.94)
Office Supplies	143.24	208.33	(65.09)	1,092.13	1,874.97	(782.84)
Computer & Technology	43.65	258.83	(215.18)	620.78	2,329.47	(1,708.69)
Intergroup Expense	56.28	125.00	(68.72)	349.28	1,125.00	(775.72)
Insurance	-	166.67	(166.67)	1,244.00	1,500.03	(256.03)
Special Events	159.51	321.67	(162.16)	159.51	2,895.03	(2,735.52)
Travel	-	291.67	(291.67)	261.89	2,625.03	(2,363.14)
Depreciation	7.92	8.33	(0.41)	71.28	74.97	(3.69)
Total Expenses	7,968.53	9,606.17	(1,637.64)	73,893.74	86,455.53	(12,561.79)
Net Income	1,114.45	-	1,114.45	8,088.10	-	8,088.10

**If you read  
*The Messenger*  
on-line, a  
contribution to  
The Middle Tennessee  
Central Office  
would help and  
be appreciated.**





## BACKROOM

Allison T	12.14.14
<b>Amy F</b>	<b>12.01.89</b>
Ashley G	12.12.05
Gloriana D	12.16.02
Gus M	12.25.15
James D	12.21.13
Jenny E	12.07.11
Katherine Y	12.20.14
Lisa S	12.22.02
Marqu R	12.07.12
Marsha P	12.28.12
<b>Mike G</b>	<b>12.05.88</b>
<b>Pat P</b>	<b>12.17.90</b>
<b>Phil P</b>	<b>12.15.80</b>
Robbie J	12.31.13
Sam G	12.05.99
Scott N	12.05.13
Shannon K	12.06.02
<b>Tim H</b>	<b>12.09.95</b>
<b>Tonya C</b>	<b>12.07.92</b>

## FULL MOON

<b>Ben B</b>	<b>12.29.95</b>
Caleb V	12.12.04
<b>Don S</b>	<b>12.05.84</b>
<b>Frank S</b>	<b>12.12.86</b>
Jason A	12.04.12
<b>JC S</b>	<b>12.15.94</b>
Lori M	12.13.13
Nikki S	12.18.12

## NEW DAY

Amy R	12.11.14
-------	----------

## PORTLAND UNITY

Fred G	12.09.09
<b>Keith O</b>	<b>12.27.92</b>

## SEEKING SANITY

Channel F	12.06.14
Charlisa H	12.19.13
Denise H	12.06.15
Fate T	12.17.06
Karen M	12.09.10
Lynn H	12.31.10
Marcos F	12.21.13
Marsha H/F	12.28.12
<b>Nick C</b>	<b>12.29.87</b>
Peggy D	12.13.02
Scott W	12.17.06
Tim B	12.01.11

## WOMEN IN THE SOLUTION

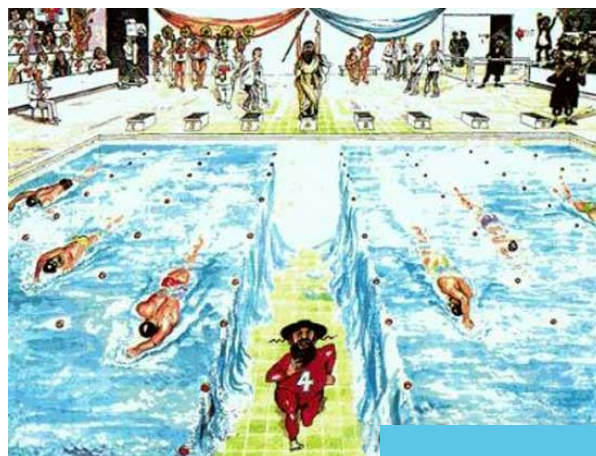
Dixie F	12.01.09
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## WOMEN'S SPEAKER

Marci A	12.07.14
Terri D	12.03.09
<b>Wendie O'F</b>	<b>12.14.85</b>

## YET

Charlie B	12.12.05
<b>John Mc</b>	<b>12.05.85</b>
Stacy H	12.28.03



Hope Everyone has

Safe

&

Happy

Holidays



That's not how you make Chanukkah wishes come true.



"And remember, if you need anything I'm available 24/6."



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