

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00

The Alcoholic Express

**JANUARY
2017**

A chance encounter on a commuter train introduces a man to the idea of sobriety

I boarded the empty 6:30 a.m. commuter train out of Grand Central Station bound for Brewster to help my pops move into a new apartment. Settling into a seat with my tall cup of coffee, I feel an overwhelming sense of gratitude for yet another sober Saturday morning, three years into working the program.

A gentleman plops into a seat to the left of me, across the aisle, immediately attempting to strike up conversation. Bug-eyed, he asks me, "Do I look okay?" and explains that he had just gotten off work, tending bar, boozing hard amongst other things; gesturing a snort of dry goods off the back of his hand. "You're alright," I say, shaking him off, not wanting to engage in conversation, especially with a "low-life" like him. I reach into my bag and pull out Grapevine, open to a random story and isolate.

I read and reread the first paragraph several times and can't get past it. My thoughts are on the man to my left—the alcoholic side of my personality feels envy that he's high, the sober side, disgusted.

Just then, a twenty-something-year-old gentleman wobbles down the aisle of the nearly empty car. With a 20-ounce in hand, he invites himself to join the bartender and has a seat. The young man starts spewing his life story out to the bartender for the next 15 minutes. I listen intently while pretending to read my book.

I listen to the anger, resentment, confusion, and utter despair of what sounds to me to be the likes of an active alcoholic and what sounds to me like the ramblings of someone much like myself. That used to be me. Both of those men could easily still be me, I think to myself, if it weren't for the people of AA

that reached out to nurse a once sick and suffering newcomer like myself back to life.

The bartender excuses himself and doesn't return, probably having heard one too many sob stories during his shift. Alone now with the young man, I know it's coming. "What book you reading," he slurs. I turn to get a good look at him. Not only did his life story sound similar, he resembled me—not too far off age wise either.



"Grapevine. It's a book of stories about recovering alcoholics. I am a recovering alcoholic", I say to my own surprise, as well as his. With that, a man rises from the seat in front me, gathering his belongings to get off at the next stop, whom had been there all along unbeknownst to me. Leaning over the seat he discreetly whispers, "Hey, I am in the fellowship and if you need to move, move", seeing that my sobriety may be in danger.

The moment is becoming all too surreal and I can't help but accept that there is absolutely a higher power at work here. I am clearly being summoned to carry out my primary purpose of giving away what has so freely been given to me. "I got this," I say. The fellow

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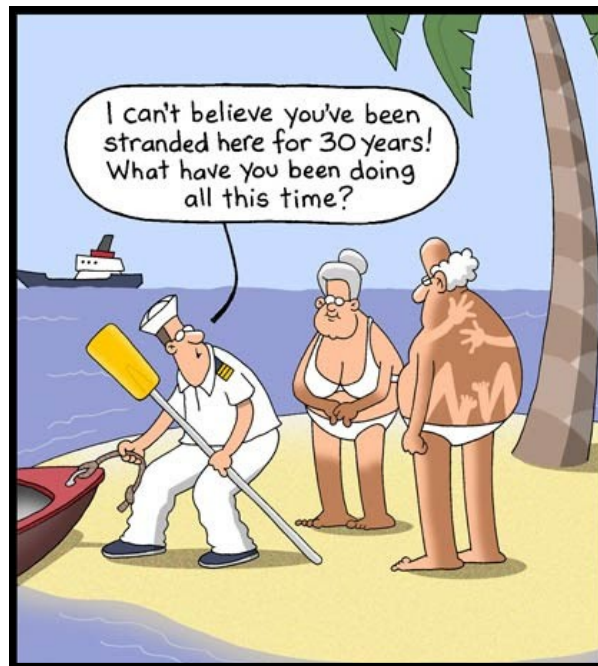
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HAPPY NEW YEAR



MANAGER'S REPORT

DECEMBER 12, 2016

Season's greetings and happy holidays!! I stopped drinking on December 9th, and it is truly great to be sober for the holidays. It is great for a lot of people around us also.

Tina has almost final numbers on Dinner, so go ahead, Tina! I notice we will be discussing Dinner later, but wanted to get that celebration early. Great job, Tina and all other volunteers, including ticket sellers. I have heard great comments, some really special.

As you see from financials, we are in last month of a great year, but Dinner made November in black. I claim great contributions for December, already \$3, 000, including \$860 individual. We have some individuals contribute at very end of year, so consider joining an elite club of individuals. If applicable to your situation, contributions to Middle Tennessee are deductible.

Office will be closed Christmas Eve, but open December 26th. Our Office has a great group of competent, willing volunteers. Thank them when you are in. Regular Intergroup night volunteer, Hugh W.) taking a rare month off. Our Special Worker, bookkeeper Donna C. is on duty tonight. If have not met Donna, she started in May, doing a great job. Tell her hello.

If have not used service before, you can call in and have your order ready for pick-up when attend Intergroup, FYI.

In honor of Bill's spiritual awakening on December 12, 1934. I have included Bill's Own Story (in his own voice) in **INTERGROUP SPECIAL**. In addition, if you haven't used recordings of The Big Book or Twelve Steps and Twelve Traditions for your holiday pleasure, they are very popular this year. Spread the "Christmas Story" of our rebirth (page 63, Big Book, Alcoholics Anonymous).

Do not read and drive!

THAT NEWCOMER IN THE CORNER**How to carry the message to unwilling or misinformed newcomers? Here's one solution: a special beginners meeting, emphasizing AA basics and guided by the Traditions**

DID YOU ever walk away from a meeting realizing that no one, including yourself, had bothered to spend much time with that newcomer in the corner after the meeting, and that he or she had quietly slipped out by the time you remembered? You resolve that next time you will be more aware of your Twelfth Step responsibilities--only "next time" turns out just as before.

We have all seen sullen, resentful, court-referred attendees sitting around meetings waiting for the hour to be over, so they can get their cards signed and get out of there. Often, the topics discussed offer little hope to the still-suffering alcoholics. And how about the drug addicts, misinformed and misdirected to AA? They may cause dissension among home-group members who have to listen to tales of getting high and still try to be polite.

Such problems were becoming too familiar in our district, and we decided a beginners meeting could be set up and structured to deal with all of them. Our district's institutions chairperson passed the word that such a meeting was being considered, and that a special meeting had been scheduled to discuss the plan. The attendance was astounding! Our district's groups have long held the reputation of being very Traditions-minded, and many were concerned about how the aim could be accomplished without breaking any Traditions. Clearly, Tradition Two--"a loving God as he may express himself in our group conscience"--was at work, as was Tradition One, "Our common welfare should come first."

It was agreed that district monies, collected from all the groups, ought not be used, because some groups might not want to sponsor such a beginners meeting, preferring other means for addressing the same problems (Tradition Four: "Each group should be autonomous except in matters affecting other groups or AA as a whole"). Some groups decided to donate money; others, pamphlets and books. An anonymous member contributed a loan to buy the coffee and other supplies.

We decided that the beginners meeting should stick

to the primary purpose of carrying the message to the still-suffering alcoholic (Tradition Five). At every meeting, we would stress Tradition Six (on non-affiliation) by telling newcomers sent by a court or a treatment facility that we would not report back to that court or facility on their presence. But in the spirit of cooperation, the chairperson could sign the cards that such people often bring. Remembering Tradition Twelve, we would assure them that their anonymity would be respected. That carries through to the confidentiality of anything said at meetings, and we would expect the same consideration from the newcomers.

In keeping with the Sixth Tradition, careful attention was given to location. We were offered rooms downstairs at the courthouse and also rooms in the city hall. Some felt this might intimidate the newcomer, as well as smack of affiliation rather than cooperation. So one enthusiastic member found a more centrally located meeting place, the basement of a community center, and explained our need to be self-supporting (Tradition Seven). Though the center was offered to us free of charge, we planned to pay a nominal rent each month.

While all those preparations were going on, we were also developing the format of the meetings, using the kit called Guide for Leading Beginners Meetings (from the AA General Service Office). The chairperson's term would run six weeks, we decided, and the co-chairperson could prepare by attending a full six-week term before becoming chairperson. Thus, we would establish rotation.

When we became aware that a beginners meeting had been going on for some five years in a neighboring district, about seventy miles away, several of us jumped into a van and traveled there to observe how it was done. The kit from GSO was the primary tool, we found. We invited the chairperson to come to our district and speak to us. Interest was still running high, and we had full attendance again to hear the suggestions.

Some of the things we learned were: Hold all meetings in the same place; keep the continuity smooth; do not create an "authority" atmosphere; let newcomers know there are no experts in AA;

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The Alcoholic Express

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exits at the next stop.

The young man shoots out a question or two. I sit stumped for a brief moment then catapult myself out of isolation, sliding closer to the young man doing the only thing that I know, and can do. "Let me tell you a story," I reply.

It flows from me, molded just for him. He tells me how everything I say is true. His eyes well up and he asks me if I can help him. He says he can't imagine a life without alcohol. I tell him, neither could I. He identifies every step of the way and clearly wants "what we have." I tell him I will show him how to get it. He enthusiastically gives me his number and I take his. I tell him I am here for him whenever he needs me. We talk for long time all the way to his stop.

I watch him get off the train and I digest everything that has just happened. I am filled with "A peace and

serenity that surpasses all understanding." I think of how this moment happened for me at the just the right time of my recovery, how service is more than helping pops with the move, how I can only keep "it" if I give it away, and I am reminded of the card that is in my wallet—the Declaration of Unity.

"I am responsible ... When anyone,
 anywhere, reaches out for help,
 I want the hand of A.A. always to be
 there. And for that: I am responsi-
 ble. This we owe to A.A's future:
 To place our common welfare first;
 To keep our fellowship united.
 For on A.A. unity depend our lives;
 And the lives of those to come."

-- Paul S. - New York, New York

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<i>CENTRAL OFFICE OFFICERS</i>	<i>NAME</i>	<i>PHONE #</i>
Chairperson	Drew T	615.440.3991
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Travis D	615.642.1027
Secretary	Jennifer S	615.218.0883
Treasurer	Garrett D	615.957.7674
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Special Needs	Reanate M	615.625.8483
Corrections	Charlie B	615.554.9085
Treatment Facilities	Jennifer S	615.415.4177
Events Chair	Tina H	615.351.0501
Archives	John M	615.803.0211
Sobriety Dinner	Tina H	615.351.0501

FIRST TUESDAY OF EVERY MONTH:

District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE

When: Monday Jan 23rd
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:

District 32 Meeting
When: 6:30pm
Where: Club 62
329 Peachtree

SECOND SATURDAY OF EVERY MONTH

District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

(Continued from page 3)

find knowledgeable persons to lead and sit in on the meetings (we decided to suggest a minimum of one year of sobriety); if possible, hold the meeting at a time and place separate from other AA meetings; ask AA members not to monopolize the meeting, but just share briefly; let newcomers know there are no "dumb" questions in AA; make them comfortable --don't lecture; "keep it simple"; and use the slogans. Our purposes should be to inform, to share, and to help new people understand what AA can and cannot do. Familiarity with the pamphlet "Speaking at Non-A.A. Meetings" was suggested as a background.

All our preparations had taken about four months. We had discussed, read, traveled, and thought. Our Traditions were safe. Word was spread. Our first chairperson and co-chair were elected; others signed up to take their turns as rotation required. Courts, jails, treatment facilities, and social agencies were urged to utilize this new beginners meeting--a meeting *about* AA *by* AA. Our members were urged to bring their newcomers.

That first meeting was well attended, not only by newcomers, but by many who wanted to be part of this milestone in our district. There were those, too, who wanted to make sure all our careful preparation to safeguard our Traditions had not been in vain. Pity that poor first chairperson! We had kinks to iron out, sure. Since this was an AA meeting, about AA, then only AA literature ought to be displayed or quoted from. Easily remedied--AA has a wealth of material that will never grow stale. We hand out pamphlets free of charge, and Big Books may be "charged," on a pay-as-you-can basis, if a newcomer hasn't enough money that night. (We haven't been "taken" yet!) We have meeting schedules available and tell newcomers what meetings are on later that evening. There is an hour between the end of the beginners meeting and the start of any other AA meeting in the area, so travel time is no obstacle.

How is it helping those original problems? Well, those newcomers are not neglected or forgotten. They are showing up at other meetings as well--we're not losing them! Many have gone on to an outpatient program (court-ordered) while still attending our beginners meetings. They say the meeting gave them the strength to get through a jail

term, knowing they would have friends to come out to.

Sponsorship has taken on a new zest in our district. Many of us pick up court-referred newcomers at the jails or meet people on their release from the treatment facilities, transport them to the meetings, and give them a taste of fellowship afterward, with coffee-and at a local restaurant. We see former members coming back to AA after years away, saying that they need to go slow, that this meeting teaches them "Easy Does It," and that they are less bewildered than before.

This is an open meeting, for any interested parties, not just for alcoholics. The occasional drug addict that may show up is given appropriate AA pamphlets explaining our position. Concerned spouses of alcoholics are told about Al-Anon Family Groups and, if possible, put in contact with Al-Anon members. Our meeting does not start with the Serenity Prayer or end with the Lord's Prayer, out of consideration for newcomers or other interested parties attending--we don't want to scare them off. But we pull no punches, either, in stressing the spiritual (rather than religious) nature of AA. We talk about the "spiritual malady," the "spiritual" Twelve Steps of recovery, and "spiritual experiences." We do *tell* them about the Serenity Prayer, however, as a tool to keep one's cool during those early days of sobriety, and beyond.

Our attendance? Well, we average about four or five newcomers at each meeting, plus the AAs who are there to help carry the message before, during, and after the meeting. Within a few weeks, we find our newcomers helping newer newcomers; little groups cluster together after the meeting, deciding which meeting to travel to next. Our district is rather large and spread out--twenty-seven groups in an area 100 miles long and forty miles wide--so these trips allow more time to carry on the Twelfth Step work of the beginners meeting.

We're proud of the way our district has met a need and a challenge, and we bless all our Traditions-minded folk who came before us, "ever reminding us to place principles before personalities."

-- C. C. - Aurora, Minnesota

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New Year's Eve PARTY

Hosted by District 12

Saturday **31** December
@9pm

Supportive Event for 2nd Qtr Assembly

\$5 Suggested Donation

**Snacks
Music
Games**

Meeting @ Midnight

435 Molloy Ln
Murfreesboro, TN 37129

TICKETS: \$10

Available through your GSR, DCM or at the door. No one turned away for lack of funds!

FESTIVE ATTIRE:

Favorite Decade
Birth Decade
or Sobriety
Year/Decade



SPEAKER:
NORMA B.
8 p.m.

MUSIC BY
DJ TJ

DRESS TO YOUR DECADE New Year's Dance

A supportive event for the 4th Quarter Assembly

Saturday, Dec. 31, 2016 • 6 p.m. - 1 a.m.

Carpenter's Square Gymnasium
3016 Nolensville Pike, Nashville, TN 37211



Contact: Katie B.
615-582-5861

**BRING A SIDE
DISH OR DESSERT!**

TCYPAA 2017 Pre-Registration



iNsanity

There's a step for that

February 10-12 DreamMore Resort

2525 DreamMore Way
Pigeon Forge, TN 37863

*****Room Rates Starting at \$90*****

Please visit us at www.TCYPAA2017.com or email us at TCYPAA2017@gmail.com

Name _____

Current City _____

Sobriety Date _____

Email _____

Comments _____

Are you willing to volunteer at the conference? Yes No



J	S	R	Y	K	O	I	E	I	Y	Z	Y	Q	X	D	B	E	I	B	Q	E	K	C	P	R
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THERE IS A SOLUTION

FIND THE WORDS BELOW:

TREMENDOUS	FACT	HAVE	ABSOLUTELY	AGREE	ALCOHOLISM
DISCOVERED	COMMON	SOLUTION	JOIN	BROTHERLY	HARMONIOUS
WAY	OUT	WHICH	ACTION	GREAT	NEWS
BOOK	CARRIES	THOSE	WHO	SUFFER	FROM

MEETING CHANGES

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS		
37013	New	Safe Place Antioch - Antioch United Methodis 41 Tusculum Rd Sat 5p
37013	Change	Higher Powered - Fri now 7:30p
37013	Cancel	60 Minutes - Sun 5p OD
37016	Cancel	Auburntown Alcoholics Anonymous
37040	Cancel	Road of Happy Destiny - 2p Sunday
37040	Change	Real Deal now Sun 6:30p OD/Men
37046	Cancel	College Grove Morning Meeting
37058	Change	Dover now 6:30 Mon OD
37064	Change	Church of the City - Meeting in the Small White House
37064	Move	Franklin Fellowship - St Paul Episcopal Church 506 Fair St
37064	Change	Kick-Off isn't until Noon - Sun 7a OD/Lit - 8a OD - in Classrooms A&B 1st Floor
37066	Change	Came to Believe - Tues now 5:30p
37067	Add	Recovery Road - Wed 6:30p OD
37069	Change / Move	Womans AA now Every Woman Has a Story - 1213 Country Rd.
37075	Move	New Life - St Timothy's 650 E Main Street
37087	Cancel	Any Lengths - 10p Friday
37087	Change	New Day - All meeting now 6:60p - No Meeting on Monday
37087	Add	New Day -Wed 8p CD
37087	Cancel	Sobriety First - Mon & Fri
37087	Add	Sobriety First - Sun 3:30 CD/Lit
37110	Change	Keep It Simple, McMinnville Tu 7p CD/LIT
37110	Add	McMinnville Serenity - Fri 5:30p OD/LIT
37122	Cancel	Key to Sobriety - Fri Noon OD/WMN/LIT
37115	Cancel	Serenity House - 8p Sunday
37129	Change	Serenity Group - 2nd Sat 6p Now Eat & Speaker - 8p Sat Canceled
37160	Move	Shelbyville Keep it Simple - AP Bldg 206 Madison St
37172	Cancel	Robertson County - Wed Noon Wmn - Sun 7p
37174	New	Primetime Spring Hill Men's - Church of the City 4910 Main Street - Thu - 7p CD Men 1 hr 15min
37122	Add	Key To Sobriety - Tues & Thurs Noon
37128	Move	Camels - Salem Creek Church of Christ - 2525 Salem Creek Dr
37135	Cancel	Right Direction - Mon 7p
37138	Change	Page 112 now Wed 6p
37174	Cancel	Ruts - Thurs C425p
37190	New	Woodbury Sunday Morning - Stone River Hospital - 324 Doolittle Rd.
37190	Change	Woodbury Group Meets are now at 7:30p
37203	New	Struck Gold Friendship House 202 23rd Avenue North 6p OD
37204	Move	Sat Living by the Print - Glen Leven Pres Church - 3906 Franklin Pike
37206	Add	East Side Sunlighters - 7:30a Tues & Thurs
37206	Add	Spiritual Warfare - Woodland Pres Ch - 211 N. 11th St - Fri p OD - OS 1st half of mo.
37206	Change	East Nashville Women's Meeting Tu 6:30p Lit
37208	Add	Recovery of Hope - Sun 6:30p OD/Lit
37209	Move	West Nashville - All Saints Southern Episcopal 4513 Park Ave
37209	Cancel	West Nashville - Tues 8p
37209	Cancel	Next Right Thing
37209	Cancel	Design for Living
37209	Cancel	Made A Decision
37209	Move	WANGL - 6:30p Fri OD/OS Friendship House 202 23rd Ave 37203

GROUP CONTRIBUTIONS—NOVEMBER 2016

GROUP/MEETING	Dist	Nov	YTD
21st AVENUE	30		110
24 HOUR	32		550
60 MINUTES	64		274
ANONYMOUS CONTRIBUTIONS	0	37	533
ANY LENGTHS	13		150
BACK ROOM	35		2,772
BACK TO THE BIG BOOK	12		222
BELLEVUE WINNERS & BEG	35		50
BRENTWOOD FULL MOON	33		1,113
BY THE BOOK -DICKSON	15		143
CAME TO BELIEVE	33		439
CAMELS			56
CHICKEN PLUCKERS MENS	33	632	632
CLARK STREET	14		500
CLUB 62 UNITY	32		40
COLUMBIA BASEMENT BUNCH		14	90
COLUMBIA	40		200
COMMUNICATIONS	30		100
COOKEVILLE			60
COOL SPRINGS NEWCOMERS	33		100
CROSSVILLE	9		200
CROSSVILLE NON-SMK STEP	9		39
CUMBERLAND UNITY	13		100
DAVIDSON ROAD	30		4,150
DICKSON AA	15		1,400
DONELSON YET	31		100
DOWNTOWN LUNCH BUNCH	32		536
DRUNKS IN THE PARK	33	173	1,355

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS

37210	Add	Young Timers - Thu 8p OD
37210	Cancel	Young Timers Club 62
37210	Cancel	The Spiritual Giants
37210	Cancel	Unity Group - Wed & Sat
37210	Cancel	Late Night News
37211	Cancel	Ray of Hope
37212	New	3 Legacies - Blakemore Church 2800 Belcourt Ave - Thu 6:30p CD/Lit 4th Thurs OS
37214	Add	Shade Tree - Fri 7p OD/YP
37216	Add	Weekenders Thurs 8p OD/Lit - small bldg out back
37220	New	Hand in Hand - Crieveewood United Meth - 451 Hogan Rd - 6:30p OD/Wmn
37232	Move	Recovery Basement - Vanderbilt Medi Center 1211 21st Ave - Student Center Room 208
37355	Cancel	Manchester Noon Fellowship
37394	Move	Viola Serenity - 9586 Viola Road, Viola
38401	New	AA Women's Basement Bunch - Thurs 5p OD/Wmn Last Thurs is OS
38462	Move	Serenity of Surrender - First Pente Church 95 Swan Ave
38481	Cancel	One Day at a Time First Baptist Church 3698 Hwy 43 S C22
38501	Cancel	Live & Let Live 10p Sat

GROUP/MEETING	Dist	Nov	YTD	GROUP/MEETING	Dist	Nov	YTD
EAST NASHVILLE 86'ers	34		370	MURFREESBORO	12		135
EAST NASHVILLE	31		370	MUSIC ROW	30		75
E. NASHVILLE MEN'S STAG	34		700	MUSTARD SEED	32		600
EAST SIDE SATURDAY			1,037	N.O.W.	30	278	278
EAST SIDE SUNLIGHTERS	31	400	1,150	NEW BEGINNINGS(Dist 12)	12	20	150
EVERY WOMAN HAS A STORY			10	NEW DAY	13	25	25
FAIRFIELD GLADE	9		298	NEW LIFE H-VILLE	34	77	252
FAIRVIEW	33		200	NIPPERS CORNER	32		77
FAYETTEVILLE	40		80	NON NONSENSE	32		30
FELLOWSHIP	32		100	NORTHSIDE , CLARKSVILLE	14		200
FIRST THINGS FIRST	34		565	ONE DAY AT A TIME	31		900
FIVE & FIVE	30		2,230	ONE STEP CLOSER	33		910
FRANKLIN 12&12	33		400	OUT TO BREAKFAST	30		143
FRANKLIN	33		2,895	P.O.P.	34		115
FRANKLIN ROAD WOMEN'S	33		100	PAYDAY	15		100
FREE TO BE	31		751	PORTLAND UNITY	13		60
FREEDOM FROM BONDAGE			10	PRIMARY PURPOSE	34		547
G.O.D. (OF DRUNKS)	40		115	PRIMETIMERS	33		100
GALLATIN AA			100	PULASKI	40	5	140
GOODLETTSVILLE A.A.	34		450	REBOS (SOBER)	34		434
GRATEFULL ALIVE	33		172	RIDGETOP BASICS	34		45
GRATITUDE	11		60	ROAD OF HAPPY DESTINY	14		40
HAPPY HOUR - LEWISBURG	40		35	SAFE PLACE			191
HARDING ROAD	30		600	SANGO SOLUTIONS			40
HENDERSONVILLE BB	34		50	SATURDAY NIGHT ALIVE	11		120
HERMITAGE	31		200	SEARCH FOR SERENITY	34		210
HERMITAGE WOMEN	31		250	SEARCHERS	34		370
HIGH NOON	34		1,600	SEEKING SANITY	31		1,741
HILLSBORO ROAD	32		200	SERENITY (12)	12		350
HOPE PARK AA LIT STUDY	30		88	SHADE TREE	31		3,300
JOELTON	34		50	SMYRNA GRATITUDE	12		2,905
KEEP IT SIMPLE BELLEVUE d35	33		320	SUNDAY NIGHT BUNCH	32		400
KEY TO SOBRIETY	31		550	THE HUT	14		50
KICKOFF ISN'T UNTIL NOON	33		500	THE STRAGGLERS	33		381
LADIES NIGHT OUT	34		150	THE UNITED	13		1,050
LAFAYETTE NEW HOPE	13		50	THE WAY OUT	33		50
LAMBDA	32	400	400	TRINITY	11		50
LATE LUNCH BUNCH	33		2,150	TRUDGING THE ROAD	33		180
LET IT HAPPEN	35		80	TURNING POINT	33		177
LEWISBURG UNITY	41		25	WAVERLY	15		45
LIFE SAVERS	30		100	WAVERLY-BELMONT	32		100
LINDEN	41		150	WEEKENDERS	34		200
LIVE & LET LIVE	9		65	WEST MEADE	30		40
LIVING BY THE PRINT SAT	30		350	WEST NASHVILLE	35		69
LIVING BY THE PRINCIPLES	30		488	WESTMINSTER	30		750
LIVINGSTON	9		100	WINNERS	41	39	956
MADE A DECISION			119	WOMEN IN THE SOLUTION	11	50	510
MADISON STREET			50	WOMEN'S FREEDOM	30		533
MANCHESTER NOON			60	WOMEN'S OPEN DOOR	30		288
MIDDAY BREAK	32		208	WOMENS SPEAKER	30		198
MT JULIET FELLOWSHIP	31		300	YOUNG TIMERS	32		75
				Grand total:		2150	58,148

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Eleven Months and Year Ended November 30, 2016

	November 2016			YTD 2016		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,260.90	3,539.42	(1,278.52)	31,767.85	38,933.62	(7,165.77)
Group Donations	2,217.18	5,000.00	(2,782.82)	61,365.12	55,000.00	6,365.12
Individual Donations	962.00	341.67	620.33	4,334.75	3,758.37	576.38
Messenger Donations	12.00	15.00	(3.00)	150.00	165.00	(15.00)
Website Donations	-	208.33	(208.33)	-	2,291.63	(2,291.63)
Special Events	7,050.00	500.00	6,550.00	8,470.00	5,500.00	2,970.00
Interest	3.36	1.75	1.61	33.10	19.25	13.85
Total Income	12,505.44	9,606.17	2,899.27	106,120.82	105,667.87	452.95
Expenses						
Casual Labor	200.00	200.00	-	2,200.00	2,200.00	-
Payroll	4,603.62	4,975.08	(371.46)	52,648.44	54,725.88	(2,077.44)
Bad Debts	-	-	-	-	-	-
Legal & Professional	350.00	350.00	-	6,483.00	3,850.00	2,633.00
Rent	993.50	1,000.00	(6.50)	10,833.50	11,000.00	(166.50)
Printing	-	166.67	(166.67)	54.00	1,833.37	(1,779.37)
Payroll Taxes	485.24	380.58	104.66	4,230.51	4,186.38	44.13
Repairs & Maintenance	-	83.34	(83.34)	200.00	916.74	(716.74)
Equipment Rental	108.00	103.34	4.66	1,208.50	1,136.74	71.76
Telephone & Fax	509.87	450.00	59.87	5,288.77	4,950.00	338.77
Answering Service	200.00	233.33	(33.33)	2,458.00	2,566.63	(108.63)
Postage	210.31	283.33	(73.02)	1,530.05	3,116.63	(1,586.58)
Office Supplies	174.12	208.33	(34.21)	1,547.56	2,291.63	(744.07)
Computer & Technology	98.65	258.83	(160.18)	819.87	2,847.13	(2,027.26)
Intergroup Expense	-	125.00	(125.00)	403.28	1,375.00	(971.72)
Insurance	-	166.67	(166.67)	1,795.00	1,833.37	(38.37)
Special Events	2,337.37	321.67	2,015.70	2,496.88	3,538.37	(1,041.49)
Travel	1,153.74	291.67	862.07	1,643.59	3,208.37	(1,564.78)
Depreciation	7.92	8.33	(0.41)	87.12	91.63	(4.51)
Over/Under	-	-	-	0.36	-	0.36
Total Expenses	11,432.34	9,606.17	1,826.17	95,928.43	105,667.87	(9,739.44)
Net Income	1,073.10	-	1,073.10	10,192.39	-	10,192.39



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The Middle Tennessee
Central Office
would help and
be appreciated.**



JANUARY**ANY LENGTHS**

A B	01.09.16
Mark S	01.25.15
Savannah B	01.02.16

FULL MOON

Bobby F	01.26.12
David P	01.13.83
Den L	01.19.82
Eric R	01.25.14
Jerry F	01.26.91
Michael A	01.23.07
Richard D	01.17.99
Wendy M	01.21.09

LOVE & LAUGHTER

Bob S	01.15.04
Gabby J	01.05.14
Gina M	01.02.02
Jayne S	01.01.06
Ram D	01.11.09

MID-DAY BREAK

Jim A	01.01.87
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P.O.P.

Jacob C	01.07.16
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PORTLAND

David P	01.25.10
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SEEKING SANITY

Alex G	01.14.14
Beth M	01.12.08
Butch S	01.10.13
Christian A	01.28.10
Haley B	01.13.16
Jennifer H	01.19.12
Jim T	01.19.07
Katrina C	01.19.16
Kay B	01.18.12
Lori K	01.11.14
Lynn M	01.28.05
Michelle T	01.29.09
Rex L	01.28.98
Sean D	01.26.09
Terry W	01.01.98
Tony B	01.04.12
Tony H	01.06.98

SHADE TREE

Annie C	01.21.13
Barclay R	01.01.90
Becky R	01.13.15
Bob a	01.10.15
Brandon P	01.20.13
Casey f	01.02.15
Dorothy M	01.12.13
Jim E	01.26.94
Kim L	01.03.14
LeeAnn C	01.15.15
Lisa MB	01.14.08
Lorrie P	01.22.13
Lois B	01.21.09
Marsha R	01.05.09
Mike K	01.20.12
Mike S	01.08.14
Philip H	01.22.15
Randall C	01.09.15
Rebecca A	01.02.15
Rick T	01.11.05
Sharon H	01.11.10
Sharon H	01.13.10
Trevor P	01.28.94
Wayne H	01.17.06
Wendy M	01.21.09

SMYRNA GRATITUDE

Diane W	01.21.11
Rick A	01.01.12
Jack G	01.31.64
Byron O	01.28.00
Julie C	01.27.05
Cecilia M	01.21.06
Peggy J	01.14.06
H G C	01.01.94
David T	01.05.10
Chad R	01.09.13
Tracy R	01.06.16
Philip C	01.28.12

**SOBRIETY FIRST**

Danielle A	01.19.08
Doug S	01.21.09
Lou S	01.04.82
Lynn M	01.01.95
Susan L	01.21.08

WOMEN IN THE SOLUTION

Karen M	01.01.89
---------	----------

WOMEN'S SPEAKER

Becky S	01.17.89
Elizabeth G	01.11.79
Merle F	01.28.86
Nancy K	01.28.13
Tena S	01.01.15

YET (DONELSON)

Denise S	01.18.95
Joan B	01.11.91
Walter L	01.09.91



We found this in your brain.



**M i d d l e T e n n e s s e e
C e n t r a l I n t e r g r o u p
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