

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00

Sleeping Under the Bridge

**DECEMBER
2017**

An AA remembers the Twelfth Step call that saved his life

Nursing a wet drunk directly into AA without treatment is very rare nowadays. That's a shame, because it works when people work it the Big Book way. In fact, I got here myself by that more direct route in December 1983.

I came to under a pair of 100-foot-tall radio towers in March that year in Memphis, where I'd been sleeping in my car. I was more of a wreck than the car, which had been in numerous fender benders in my last years of drinking. I had long since been fired and was in town having heard a rumor that a new sister TV station had a sales job opening.

My higher power enjoys irony and coincidence. Having drunk myself out of a network news job in New York two years earlier, my denial told me it was just a run of bad luck and underfunding. Trading skyscrapers for wimpy towers in a sleepy, medium-sized market was hard on the ego.



"I came to under a pair of 100-foot-tall radio towers, where I'd been sleeping in my car."

Amazingly, I got a great job in Memphis. The ad business now employed the formerly greatly ambitious journalist. Filthy lucre leached into the soul of the guy who previously had been going to report the stuff that was going to save the world. Yet despite the money, I was unable to stop drinking alcoholically. Co-workers talked, not admiringly, about my besotted exploits such as standing in the middle of a main thoroughfare trying to hail a cab at 2 a.m.

Cabs are few and far between in this Southern city known for Elvis, hopped-up cars, barbeque, bourbon and blues. People drive here, rather than take cabs. There are

about as many cabs at 2:00 p.m. as 2:00 a.m. I was becoming the subject of the waging tongues in the big agency, despite the fact that the ad business greases the skids with cocktails.

The longer I lasted at this job, the more I drank. My work was sporadically good, my partying was phenomenally persistent. But my higher power intervened, apparently deciding I was ready, by sending Jim L., from Atlanta, across my path. He came to the huge agency I worked at and my coworkers told him I was a boozier. He tried to help, but I ran him off. I knew my problems in Memphis were all Nancy's fault—that 6-foot tall woman whom I was working for—who kept catching me screwing up at work. "If that woman would just stop criticizing, I would be all right," my denial told me. Actually, I later learned, she was re-doing my work to keep me employed, and turning it in under my name, hoping Jim would be able to get through to me.

That Thanksgiving eve, I only had a couple of drinks because I was going to work the next morning at my part-time job, doing radio news. I had planned to make a comeback in New York City, so I was doing radio news part-time in preparation. My stinking, drinking thinking told me how bad I had it here. I was completely forgetting that my abode just before this job had been a 1977 Plymouth.

My mind was set on returning to the big time, leaving this inhospitable place, this job, and my boss's insistence that I do things like come to work on time, perform consistently to standards, and show up at least with an appearance that I was sober. Those Thanksgiving eve drinks were designed to keep me calm, and help me sleep, in order to awaken in time to drive to the studio for the 5 a.m. newscast.

I don't remember anything from that Thanksgiving morning until December 9, when I came out of a

(Continued on page 2)

Contents

On the Cover
SLEEPING UNDER THE
BRIDGE

ONE MAIN ROAD
Page 3

INTEROFFICE /
CENTRAL OFFICE INFO
Page 4

PUZZLE
Page 5

EVENTS
Page 6 & 7

CORRECTIONS
CORNER
Page 7

CONTRIBUTIONS
Page 8 & 9

MEETING CHANGES
9 & 11

FINANCIALS
Page 10

BIRTHDAYS
Page 11

HAPPY HOLIDAYS



Choices

There are two choices in life for me,
to be a slave to addiction or to finally be free.
I can give in to the voices I've got in my head
but if I do their bidding I'll surely be dead.
If I resist the temptations they whisper to me, the beauty of
this world is all mine to see. Just for today I choose to resist,
no matter how the voices choose to persist.

Jesse Gibson

Sleeping Under the Bridge

(Continued from page 1)

blackout at my desk at the ad agency. A couple of hours later, Jim, that network sales guy, showed up to give Christmas candy to all those with whom he did business. He saw I was done—in the sense that bread is done, and ready to be taken out of the oven. Jim tried to make conversation, but I ran him away, again. A few moments, I called for him to come back. He came through the office door. “Jim, I’m out of control,” I said. The next day, I went to my first meeting.

They told me it was the first drink, not the 17 or 8, or beer versus martinis versus scotch. It was just the first drink that got me drunk. They said “the cow catcher, not the caboose.” (Trains have neither, nowadays.) Every time I would get angry, in those early days, I’d phone Jim. “Go to a meeting,” he would always say. I’d tell him, “You don’t understand.” “Go to a meeting,” he would respond.

Finally, I got it through the lessening fog in my head that if the sun comes up, I need a meeting. If the sun goes down, I need a meeting. And if it does not come up, I probably need two meetings. I have not had to drink since the first meeting, and have done more than a few Twelve Step calls over the years with other recovering alcoholics. When time allows, we read the Big Book before going, to make sure we do what is suggested. We always pray for guidance and the our higher power's help.

I have also had several folks approach me for help because they saw what AA had done for me. I was the guy who hadn't gone to a treatment center, no half-way house, and had lived in an old car—the guy who everyone said could not get sober.

One of the more unusual of these calls was a guy living under a bridge who had called Intergroup. When we arrived, he broke into a verbatim rendition of “How it Works.” I was stunned. He said he’d been drinking again three years, and could not quit. He said he’d stopped going to meetings and had been surprised to find himself picking up the drink. He later died from the disease.

When I had six years, my first boss in news, who was in town on business asked for our kind of help. He was a multiple award winner in the news business. But he had been secretly out of control for years. Many others have asked for help over the years. I take them all to meetings and advise them to go to a meeting when they whine or are afraid, angry, selfish or dishonest or when they are not. I remember that lesson learned from Jim L., which I still follow today, more than 25 years later.

-- Paul F.—Nashville, Tennessee

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ONE MAIN ROAD

Early in sobriety, she took a trip that confirmed for her that the path of AA was the right one

In 2013, about seven months sober, I planned a solo vacation to St. Martin, an island in the French Caribbean. It was to be my spiritual walkabout. Things were off to a rocky start before I even left Nashville. I missed my flight on Saturday and would not be able to get on another flight until Sunday. That evening I went to dinner with women from my home group, who in their effort to make me feel better about missing my flight, offered that perhaps I missed my flight because I would be sitting next to my future husband on my flight the next day.

I did not sit next to my future husband the next day. I made a mental note to add this to my list of resentments. I was in the middle of my Fourth Step and having a hard time completing it mostly because I couldn't seem to reach the end of the list. I had already added an online travel vendor for their "outstanding" customer service the previous day. I was certain I had no part in their ineptitude in re-booking me even though I was the one who overslept and missed my original flight.

My seatmate insisted in broken sign language that I fill out her customs paperwork for her. And because at seven months sober, my previously hidden co-dependency coping mechanisms were really starting to rear their ugly heads, I obliged. I was quite sure her demand for me to help her meant she was carrying drugs and I would somehow become responsible for this situation when the authorities apprehended her at the gate. Fortunately, no such thing happened.

I picked up my rental car, the equivalent of a Matchbox Car, and was told there was no GPS, but not to worry as there was only one main road on the island and I would be fine. Two hours later and seemingly hundreds of wrong turns off the "one main road" in the dark of night through various unsavory neighborhoods and down other unmarked or barely marked roads in French, I was convinced the island was out to get me.

Supremely frustrated but with no choice but to keep going until I found my hotel, I asked a man in the street wearing a security shirt if he knew where my hotel was. He said that he worked there; I was close. I just needed to drive up this pitch black hill, and not to worry, he

would get in my car with me and show me how to get there . . . Well, I decided I was not that co-dependent so I said, "No, I don't know you, so you can't get in the car with me. Please just point me in the right direction."

I drove as he walked keeping pace with my car whose top speed was about two kilometers an hour. When I found the gate of the hotel, he was still walking beside my car. I went straight to the check-in area, which was barely marked and nearly impossible to see in the dark. The front desk attendant said, "Wait here, Tony will get your bags."

Of course, Tony was the moonlighting security guard who I had just not so subtly intimidated was a potential murderer of young women in rental cars. Tony reappeared and assessed me with a mixture of disdain and ambivalence.

Tony thoughtfully carried my bag to my room. Because I was significantly late in arriving for my reservation, the fresh flowers housekeeping had left for me that morning had wilted and attracted ants. They were everywhere. I requested a new room. Tony was called upon once again to move my bags to a new room. The

on-site restaurant was closed, and I was starving. I ate a six-dollar package of almonds from the minibar while contemplating why I had ever decided to take this trip. I was supposed to be finishing my Fourth Step, not adding to it.

The next day I woke determined to have a new and improved attitude. I found the people on the island incredibly friendly and accommodating. I didn't encounter one serial killer the whole time I was there. The island has one meeting a day. I

left two hours early to make sure I had enough time to get there, accounting for at least an hour and a half of potential wrong turns along the "one main road."

There were seven people at the meeting—a German man, a Colombian man, an Australian man, two American guys, and one American couple visiting from Maryland. It was a Big Book study. We met outside by the water with the sun setting over the bay. It was lovely and it sure beat the church basements and clubhouses back home.

After sharing my navigational struggles with the group, the German and the Colombian, now both locals,



(Continued on page 4)

ONE MAIN ROAD

(Continued from page 3)

reviewed my map with me, assuring me there really was just one main road. They showed me an alternate route, still using the one main road, but going counterclockwise around the island instead of clockwise. The Colombian offered to let me follow him as he lived in the direction I needed to go; the German followed behind my car as he was headed that way, too.

A few minutes later, we were headed down some sort of mini-Las Vegas strip-road. I was sure this was wrong, despite the fact that I didn't live there and that I was following and being followed by locals. So, like any good, all-knowing recovering alcoholic of seven months, I pulled over. The German following behind me pulled up beside my car. I said, "Is this right? I don't think this is right." He assured me it was right and to just keep following along. With no alternative, I put my Matchbox in drive and continued along. About 20 seconds later we arrived at the bend in the road I was told to look for that would take me back to my hotel.

Sheepishly, I waved thank you and puttered along in my rental. A few short minutes later, I was struck by a

notion: my troubles navigating the "one main road" in St. Martin were just like my troubles in sobriety. The one main road—the 12 Steps—is right there for me to follow, and yet, every few days, weeks, or months, I start to think, "Hmm...this doesn't look right, this doesn't feel right, let me turn around, let me go another way. I know better. Why would these locals—other recovering alcoholics—pulling and pushing me forward, know what they are talking about?"

And I get lost trying to navigate life with my map instead of the tried and true map of Alcoholics Anonymous. It was a beautiful discovery, so beautiful in fact that I got lost again, but this time only for a moment. I said to myself, "No, Kate, that is not what they said to do. Do what they said to do." And I did. I got back to my hotel, Tony waved me in, and I tucked myself into my ant-free room relieved to be sober clutching a map that only has one main road.

Kate - Nashville, TN

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Nov. 2015*

CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Drew T	615.440.3991
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Travis D	615.642.1027
Secretary	Jennifer S	615.218.0883
Treasurer	Garrett D	615.957.7674
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Accessibility Committee	Darin M	615.423.2620
Corrections	Charlie B	615.554.9085
Treatment Facilities	Stephen T	615.926.9467
Events Chair	Tina H	615.351.0501
Archives	John M	615.803.0211
Sobriety Dinner	Tina H	615.351.0501

**FIRST TUESDAY OF
EVERY MONTH:**
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

**SECOND MONDAY OF
EVERY MONTH:**
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**STEERING
COMMITTEE**
When: Monday Jan 22nd
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**FIRST TUESDAY OF
EVERY MONTH:**
District 32 Meeting
When: 6:30pm
Where: Last Stop Club
2122 Utopia

**SECOND SATURDAY OF
EVERY MONTH**
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

S	K	E	V	I	G	T	Z	T	W	Y	D	H	W	C	P	G	U	A	V	L	K	H	C	D	I	J	C	J	N
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The following words are found in the 12x12—can you find them there and above?

CHARACTERISTIC	WANTED	BARELY	ANYONE	HURRIED	THEMSELVES
INTEMPERANCE	ALCOHOLICS	NEWCOMERS	DRY	CAMERAS	SOMETIMES
MICROPHONES	RUSHED	HOWEVER	ABOUT	DRUNK	DOWN
DISTRESSINGLY	CARED	SECRECY	BANG		
BUTTONHOLING	SHOUT	HOUSETOPS			

DATE: SAT 12/16/2017

TIME: 5:30pm—9:30pm

CHRISTMAS PARTY

**ANNUAL DISTRICT 34
CHRISTMAS PARTY hosted by
New Life Group in Hendersonville**

*Meats, coffee and soda provided by
the district. Please bring a side
item or dessert to share!*

Speakers:
Sobriety Countdown (3-5min each)

**EAT : 6:00pm-7:00pm
SPEAKERS : 7:00pm-9:00pm**

**Contact: Barry G - 615.438.5221
Heather H - 615.804.7933**

*St. Timothy Lutheran Church
650 E Main St
Hendersonville, TN 37075*

Women's Holiday Party

hosted by the N.O.W. AA group

Sunday, December 17 at 4 pm

Trevecca Community Church Auditorium
Trevecca Nazarene University
335 Murfreesboro Road in Nashville, Tennessee



Nashville's Original Women's Group (N.O.W) is the oldest women's AA group in this area. The meeting started at an apartment building and was one of the first to move to 202 Friendship House when it opened in 1963. For nearly 50 years, our group has met at 11am on Thursdays at 202 Friendship House.

Please **bring finger food or a dish**
in a disposable container to share with others.
Coffee will be provided.



Admission is free but a donation of \$6 is suggested.

Please consider donating for yourself and one other person, if you can afford to do so.

Here is why we need your donation: Rent for the space plus the cost of coffee, cream & sugar, cups, forks, plates, and napkins is about \$900. Everything else is donated (food, signage, tablecloths, etc.).

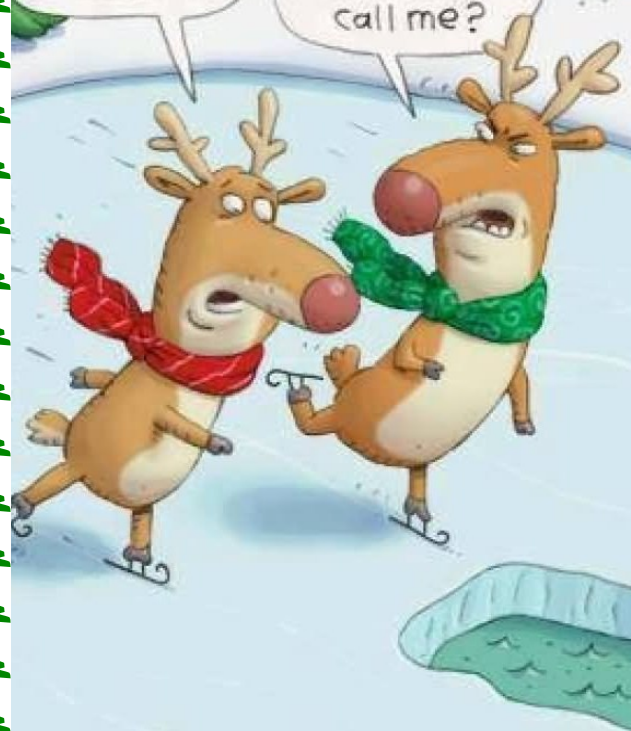
Approximately 300 women attend each year, for an average cost of \$3.00 per person.

Not everyone who attends can afford to donate. Many of the women who join us at our annual party come from treatment centers and sober living & halfway houses.

We ask for a donation from everyone who can afford it, even if you contributed food to the party.

Look out...
ice hole!!

What did you
call me?



Principles Over Personalities Christmas Dinner

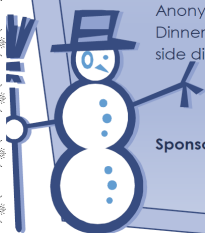
Friday, December 08

We will begin eating at 6:30pm and the
speaker will start at 8:00pm

3705 Brush Hill Rd, Nashville, TN 37216

The Principles Over Personalities Group of Alcoholics
Anonymous invites one and all to our Annual Christmas
Dinner. Food and drinks will be provided. Please bring a
side dish if you can.

Sponsored by P.O.P



1st Annual		<h1 style="text-align: center;">Appalachian Regional ROUNDUP</h1>	
<h2 style="color: red;">~Sobriety Is Not Enough~</h2>		Johnson City, TN	
Holiday Inn Johnson City 101 West Springbrook Drive Johnson City, TN 37604 Dates- 03/23/2018 - 03/25/2018 Room Rate \$99.00 <small>Rate cut off date March 2nd 2018 (Two breakfast vouchers per night \$5.00 value) Available to the first 600 Call to book 1-423-282-4611 Use Phrase "Appalachian Regional Round Up" To receive discounted room rate</small>		Program <small>*Speakers Confirmed and Schedule Subject to Change</small> FRIDAY 03/23/2018 Mrs. Michael E. Of GA - 7:00PM - Topic Mr. Ralph W. Of CA - 8:30PM - Topic SATURDAY 03/24/2018 Mr. Sheldon F. Of NV - 8:00AM - Steps 1&2 Mr. Bob D. Of NV - 9:30AM - Step 3 Mrs. Jennifer K. Of TX - 11:00AM - Steps 4&5 Mr. Lee S. Of TN - 1:45PM - Al-Anon Mr. Ralph W. Of CA - 3:00PM - Steps 6&7 Mrs. Michael E. Of GA - 4:30PM - 8&9 Mr. Sheldon F. Of NV - 7:30PM - Topic & Countdown SUNDAY 03/25/2018 Mrs. Jennifer K. Of TX - 8:15AM - Steps 10&11 Mr. Bob D. Of NV - 9:45AM - Step 12	
For Conference Information Call Tony L. 631-676-0662 or Email P.I.Chair@appalachianregionalroundup.com		Make Check or Money Order Payable to (Round Up - Frankie Nunley) & Mail to: P.O. Box 7494 1001 N. Eastman Rd Kingsport, TN 37663	
Pre-Registration is \$25.00 & \$30.00 At the Door Online Pre-Registration Available at www.appalachianregionalroundup.com		Round Up T-Shirts are \$12.00 or 2 for \$20.00 & Will Be Available for Pick-Up Upon Arrival. Sizes May Be Limited On Site.	
1st Annual - Appalachian Regional Roundup - Johnson City, TN Name: _____ State: _____ Zip: _____ Address: _____ City: _____ State: _____ Zip: _____ City: _____ State: _____ Zip: _____ Phone: _____ Email: _____ Name On Badge: _____ Number of T-shirts: _____ Size(s): _____ Scholarship Contribution \$ _____ Lend a hand to those unable to pay the registration fee.			

CORRECTIONS CORNER

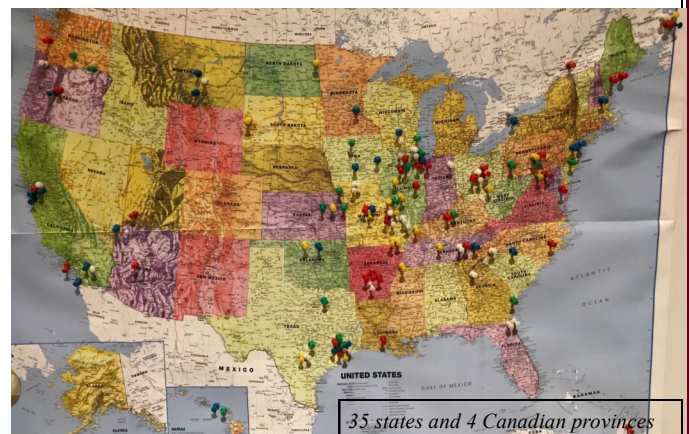
CHARLIE B—MTCOAA CORRECTIONS CHAIR
 The first National Corrections Conference was held in St. Louis from November 10-12. The Committee Chair, John Shomaker, was expecting about 230 at this inaugural event. And 382 showed up when they stopped counting. We represented 35 states and four Canadian provinces.

Area 64 was well represented with attendees from Memphis, Knoxville, Cookeville (Rockin' District 9) and Nashville. The Middle Tennessee Chapter had at least eight members present for the weekend including two panelists and the Saturday evening keynote speaker.

There were speakers and panels ranging from a wide variety of topics. Inmates who discovered AA on the inside, the Corrections and CPC chairs from GSO were present, four other GSO Correction Committee shared, long timers (old timers is so yesterday), prison and jail officials suggested the best ways to get AA inside and how to keep it there, one local judge who hands out the sentencing for alcohol violations was excellent as well as the two former AA Trustees who spoke.

Corrections Archives had two entire rooms filled with Area displays and history from the early days of the program. The hospitality room never lacked for chocolate, snacks or drinks although the throngs of people did mean that the coffee ran out for a very short period of time more than once. And the variety of donuts on Saturday morning was more than many could handle.

Everyone was so appreciative that this conference was finally a reality. None lacked enthusiasm for the service work they were called to do. And locations for the next two conferences were determined. In 2019, the host city will be Houston. And next year, they hope to eclipse the attendance mark of 382 in Portland . . . Maine . . . in November.



GROUP/MEETING	OCT	YTD
21st AVENUE		150
ANONYMOUS	33	253
ANY LENGTHS		770
BACK TO THE BIG BOOK		172
BACKROOM		4,508
BASEMENT BUNCH	25	154
BELLEVUE	100	200
BRENTWOOD FULL MOON		717
BY THE BOOK -DICKSON		322
CAME TO BELIEVE FRANKLIN	92	92
CAME TO BELIEVE GALLATIN	200	613
CAMELS	40	40
CLARKSTREET		100
COLUMBIA	20	183
COLUMBIA BASEMENT BUNCH		71
COMFORT ZONE		500
COOL SPRINGS NEWCOMERS	300	653
CROSSVILLE		100
CROSSVILLE NON-SMK STEP		10
DAVIDSON RD		2,700
DICKSON AA		480
DISTRICT 9		450
DONELSON YET	200	200
DOWNTOWN LUNCH BUNCH	111	579
DOWNTOWN YMCA		74
DROP THE ROCK		50
DRUNKS IN THE PARK		320
EAST NASHVILLE		233
EAST NASHVILLE 86'ERS	262	262
EAST SIDE MEN'S STAG		1,319
EAST SIDE RECOVERY		375
EAST SIDE SATURDAY		1,134
EAST SIDE SUNLIGHTERS	500	500
EASY DOES IT		300
EVERY WOMAN HAS A STORY	116	258
FAIRFIELD GLADE	59	304
FAIRVIEW		200
FAYETTEVILLE		60
FIRST THINGS FIRST	187	470
FIVE & FIVE		662
FRANKLIN	996	3,666
FRANKLIN MEN'S		625
FRANKLIN ROAD WOMEN'S		199
FREE TO BE	207	706
FREEDOM FROM BONDAGE		20
FRIDAY NIGHT LIVE	20	40
FRIDAY NIGHT PRIMETIME		50
GALLATIN AA		50
GLADEVILLE SERENITY		200
GOODLETTSVILLE	250	250
GRATEFUL ALIVE		8
HAPPY HOUR - LEWISBURG		70

GROUP/MEETING	OCT	YTD
HARDING RD	200	200
HENDERSONVILLE BB		-
HERMITAGE		-
HIGH NOON	82	82
HOPE PARK AA LIT STUDY	43	167
HUT		50
KEEP IT SIMPLE BELLEVUE	8	515
KEY TO SOBRIETY		1,000
LADIES NIGHT OUT	25	50
LAFAYETTE NEW HOPE		50
LAMBDA		300
LATE LUNCH BUNCH	600	2,200
LET IT HAPPEN		173
LIFE SAVERS	100	200
LINDEN		20
LIVE & LET LIVE		100
LIVING BY THE PRINT		300
LIVING THE PRINCIPLES		367
LIVINGSTON		150
LIVINGSTON 12x12		25
MADISON STREET		100
MIDDAY BREAK	67	792
MT. JULIET FELLOWSHIP	150	250
MURFREESBORO	15	135
MUSIC ROW		125
MUSTARD SEED		400
NASHVILLE N.O.W.		390
NEW BEGINNINGS WOMEN		160
NEW BEGINNINGS	25	250
NEW DAY		9
NEW LIFE H-VILLE		504
NIPPER'S CORNER		129
NORTHSIDE , CLARKSVILLE	50	200
ON AWAKENING		150
ONE DAY AT A TIME		550
ONE STEP CLOSER		316
OUT TO BREAKFAST	74	472
PAGE 112	73	126
PORTLAND UNITY		70
PRIMARY PURPOSE	170	354
PRIMETIMERS		100
PULASKI	5	50
REBOS		777
RECOVERY ROAD		38
RIGHT DIRECTION		200
RIDGETOP BASICS		50
ROAD OF HAPPY DESTINY		30
RUSSH HOUR	154	154
RUTS		500
SSS HERMITAGE	167	167
SAFE HARBOR	100	285
SAFE PLACE		120

GROUP/MEETING	OCT	YTD	NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS		
SANGO		80			
SATURDAY NIGHT ALIVE	10	100	37064	Add	Franklin Group - Thur Separate Men & Women Noon CD
SEARCHERS - HUNT CLUB		650			
SEEKING SANITY	104	1,012	37064	Add	Sober & Safe Wmn's Newcomer - Mon 6p CD/Wmn/BEG
SERENITY		175			
SHADE TREE	1,271	6,358	37064	Cancel	Garden Variety
SISTERS IN SOBRIETY		34	37064	Cancel	Saint Phillips Meeting
SMITH COUNTY FRIENDSHIP		200	37064	Cancel	Way out Group
SMYRNA GRATITUDE	462	5,139			
SPRING HILL		204	37064	Move	Celebrate Serenity 4th Ave Ch of Christ 117 4th Ave N.
TCYPAA		865			
THE HUT		50	37066	Change/Add	Gallatin AA 165 East Bledsoe - 615.483.3234 - Mon & Fri OD at Noon - Wed OD/Lit Noon - Thurs 7p OD/Wmn
THE STRAGGLERS		440			
THE UNITED		300	37066	Change	Gallatin C35 United - All Meetings at 7pm (last Sat potluck at 6p & speaker at 7p)
THREE LEGACIES		40			
TRINITY		50	37066	Add	United Group Thurs 10a OD
TRUDGING THE ROAD		364			
TURNING POINT	94	294	37069	Change / Move	Womans AA now Every Woman Has a Story - 1213 Country Rd.
TWELVE STEPS TO FREEDOM		45			
UNITED		410			
UNITY		10	37074	New	Cumberland Unity First Baptist 773 E McMury Blvd 8p Thu OD
WANGL		273			
WAVERLY		60	37076	Move	SSS Group now at Hermitage United Meth Ch 205 Belinda Dr.
WAY OUT		50	37087	Add	Sobriety First - Sun 3:30 CD/Lit
WEEKENDERS		300	37087	Cancel	Sobriety First - Mon & Fri
WEST NASHVILLE	13	116			
WHITE HOUSE		80			
WINNERS & BEGINNERS		765	37087	Change	New Day - All meetings now 6:30p - Add Thurs Meeting - No Meeting on Mon or Fri
WINNERS		25			
WOMEN IN THE SOLUTION		200	37087	Add	Any Lengths Fri 10p OD
WOMEN'S OPEN DOOR		186	37096	Change	Linden Group - Fri is CD/Lit - Cancel Tues
WOMENS FREEDOM		1,350			
WOMENS WAY		100	37110	Change	Bar None now 7p Monday delete Sat meeting
WOODBINE		20			
GRAND TOTAL GROUPS: 7,779		63,110	37110	Change	McMinnville Serenity Fri now 7p no 5:30
GRAND TOTAL INDIVIDUALS: 354		3,122	37115	Cancel	WTF - Serenity House

NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS

37013	Cancel	60 Minutes - Sun 5p OD			
37014	Cancel	Downtown Tirune Group			
37016	Cancel	Auburntown AA			
		STORYTELLERS MEETING Storytellers			
37025	Add	Museum			
		9676 Old Highway 46 Wed 7:30p OD			
37027	Add	Stragglers - Sat 8:30 am OD			
37027	Move / Change	Every Woman Has A Story - Brentwood 1st Pres Ch 1301 Franklin Road - Basement - Wed 6:30p now CD	37130	Change	New Beginnings - Mon CD/Lit - Tues CD (this one at 11a replaces the 6 p) (1st Tues CD/Trad) - Thurs CD/Lit (this one at
37027	Move	Cool Springs Newcomers now @ Cumb Hghts 7105 Crossroads Blvd #107	37167	Add	Smyrna Gratitude Fri 10p OD
37027	Cancel	The Landing	37172	Cancel	Robertson Cnty - Wed Noon Wmn - Sun 7p
37027	Change	Turning Point - Tues 7p CD/ALN (last Tues OS) - Thu 7p CD/LIT	37174	Change	RUTS - 1pm on Tues not noon+C59
37040	Change	Real Deal Men's - Sun now 5pm	37174	Add	Spring Hill Group - Thurs 8p OD/Lit
37062	Cancel	Psychic Change	37174	Cancel	Spring Hill Primetime SH meeting
			37179	Change	RUSSEH - Sun 7p now /cd

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Ten Months and Year Ended October 31, 2017

	October 2017			YTD 2017		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,590.75	2,925.17	(334.42)	30,709.91	29,251.67	1,458.24
Group Donations	8,048.90	5,553.17	2,495.73	65,693.32	55,531.70	10,161.62
Individual Donations	181.44	308.33	(126.89)	2,050.79	3,083.30	(1,032.51)
Messenger Donations	12.00	9.25	2.75	129.00	92.50	36.50
Website Donations	82.23	-	82.23	1,015.93	-	1,015.93
Special Events	140.00	625.00	(485.00)	140.00	6,250.00	(6,110.00)
Interest	18.47	3.08	15.39	51.75	30.83	20.92
Total Income	11,073.79	9,424.00	1,649.79	99,790.70	94,240.00	5,550.70
Expenses						
Casual Labor	200.00	200.00	-	2,000.00	2,000.00	-
Payroll	4,775.84	5,080.08	(304.24)	51,408.64	50,800.83	607.81
Sales Tax Expense	-	-	-	112.91	-	112.91
Legal & Professional	350.00	350.00	-	3,500.00	3,500.00	-
Sales Tax Expense	-	-	-	1.61	-	1.61
Rent	996.00	1,006.00	(10.00)	10,010.42	10,060.00	(49.58)
Printing	-	50.00	(50.00)	270.66	500.00	(229.34)
Payroll Taxes	503.90	388.58	115.32	3,745.30	3,885.83	(140.53)
Repairs & Maintenance	-	33.33	(33.33)	-	333.33	(333.33)
Equipment Rental	49.99	116.67	(66.68)	1,023.43	1,166.67	(143.24)
Telephone & Fax	404.99	474.33	(69.34)	4,147.02	4,743.33	(596.31)
Answering Service	209.00	250.00	(41.00)	2,063.00	2,500.00	(437.00)
Postage	82.89	191.67	(108.78)	952.54	1,916.67	(964.13)
Office Supplies	257.33	183.33	74.00	1,605.27	1,833.33	(228.06)
Computer & Technology	54.63	125.00	(70.37)	2,239.66	1,250.00	989.66
Intergroup Expense	-	100.00	(100.00)	466.67	1,000.00	(533.33)
Insurance	525.00	200.00	325.00	1,769.00	2,000.00	(231.00)
Special Events	407.12	291.67	115.45	407.12	2,916.67	(2,509.55)
Travel	1,445.39	375.00	1,070.39	2,458.01	3,750.00	(1,291.99)
Depreciation	15.84	8.33	7.51	102.96	83.33	19.63
Over/Under	7.20	-	7.20	(119.59)	-	(119.59)
Total Expenses	10,285.12	9,424.00	861.12	88,164.63	94,240.00	(6,075.37)
Net Income	788.67	0.00	788.67	11,626.07	0.00	11,626.07



NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS

37188	Change	White House Group-B now White House Group and add Sunday 7pm OD
37203	New	Struck Gold Friendship House 202 23rd Avenue North 6p OD
37203	New	202 - Sun BB Study 9am
37205	Change	Women's Speaker Meeting now 90 minutes
37206	New	East Side Recovery - Woodland Pres Church 211 N 11th St - Mon Noon OD/Lit - Wed Noon OS / OD / Men & Wmn AA with Alanon focus -Fri - Noon OD
37206	New	Save Her A Seat - Woodland Pres Ch - 211 N. 11th St. Wed 7p OD/Lit
37207	Cancel	Place of Hope
37207	Cancel	Seven Dips
37208	Add	Spiritual Living - Music City Center -1012 Buchanan Group Mon 7:30p OD
37208	Add	Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD
37209	Move	WANGL - 6:30p Fri OD/OS Friendship House 202 23rd Ave 37203
37209	Cancel	Begin the Journey
37210	Add	WIRED Women in Recovery Every Day - Club 62 - 329 Peachtree - Sat 10:30a OD/Wmn
37210	Change	Young Guns - Cancel Friday
37211	Change	Woodbine - Last Friday of Month is Speaker
37211	New	Utopia Fellowship - Last Stop Club 2122 Utopia Wed Noon OD
37212	New	Recovery on the Row - 1619 17th Ave Wed 6pm OD (20 min Speaker then OD)
37215	Move	Lambda Trinity Pres Ch 3201 Hillsboro Pike
37216	Cancel	New Beginnings
37216	Change	P.O.P - Tues & Fri now 7pm
37216	New	New Beginnings Inglewood United Meth Ch 3511 Gallatin Pike Thu 7p OD/Lit
37217	Cancel	Love & Laughter - Tues 6:30pm
37218	New	Cedar Circle Unity Baptist Ch 4029 Cedar Circle Tues 6:30p OD
37221	New	A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30
37221	Cancel	Bellevue Winners and Beginners
37221	Cancel	Hope Park Lit Study
37232	Cancel	Basement Recover - Vanderbilt
37398	Cancel	Easy Does It
37398	Add	It's a Great Day Mon 7p OD -Tues 7p OD/Lit -Thu 7p OD+ALN
38401	New	Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit
38501	Add	Way Out Group Thurs 6:30p SS
38562	Add	Friday Night Live - Sat 7pm CD

DECEMBER ANNIVERSARIES**FULL MOON**

Ben B	12.29.95
<i>Caleb V</i>	12.12.04
<i>Cori M</i>	12.11.13
Don S	12.15.84
Frank S	12.12.86
<i>Jamie M</i>	12.08.12
<i>Jason A</i>	12.04.12
JC S	12.15.94
<i>Nikki S</i>	12.18.12

KEEP IT SIMPLE

<i>Adam P</i>	12.0.12
Bob E	12.21.97
<i>Byron V</i>	12.25.13
David R	12.27.97
<i>Doug A</i>	12.27.09
<i>Hunter W</i>	12.09.09
<i>Jessie K</i>	12.17.16
Kay H	12.01.89
<i>Matt S</i>	12.08.16
<i>Mike Mc</i>	12.02.13
<i>Miqui G</i>	12.18.13
<i>Miranda S</i>	12.10.16
<i>Shannon M</i>	12.29.10
Tegie J	12.30.87

MIDDAY

<i>Amanda D</i>	12.07.15
<i>Audrey S</i>	12.01.08
<i>Harvey M</i>	12.22.16
<i>Jacob M</i>	12.15.16

SMYRNA GRATITUDE

Craig M	12.19.80
<i>Ed G</i>	12.17.15
Jan S	12.03.85
John P	12.25.84
<i>JoJack M</i>	12.08.13
<i>Robert B</i>	12.31.11
Si W	12.08.91

WOMEN IN THE SOLUTION

<i>Dixie F</i>	12.01.09
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WOMEN'S SPEAKER

<i>Alison B</i>	12.08.12
<i>Marci A</i>	12.07.14
Wendie O'F	12.14.85

YET

<i>Charlie B</i>	12.12.05
John Mc	12.05.85
Liston K	12.07.85

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