

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00

Toys & Resentments

JUNE 2018

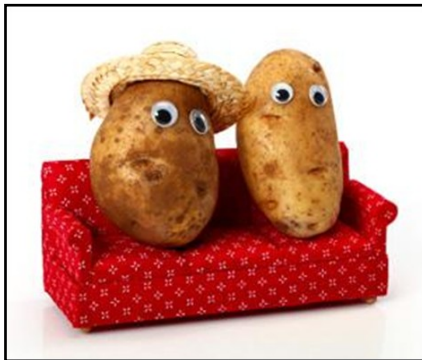
A feud over Mr. Potato Head brewed at work until he realized that his sobriety came first

Recently, I passed the one-year mile marker on my road to recovery from alcohol. In early sobriety, I committed to myself to not make any major changes during the first year. This included relationships, careers and geographical changes. I didn't question the wisdom of the old-timers. I knew I had only one "first" time and thought I owed it to myself to try.

I had started a new job just prior to my last drunk. Several times in this job I found myself riddled with anxiety and wished I could quit. In retrospect, it was always minor. As with many sales jobs, competition is a vital part, as well as sales incentives. A few months into my sobriety, an incentive was introduced involving Mr. Potato Head. For each product sold, the salesperson would get a piece of Mr. Potato Head. You then took your arm, or lips, or whatever, retrieved the toy from whoever had him, and added your body part.

He was yours until someone else sold another product. There was an added bonus if you were in possession of Mr. Potato Head when the vendor rep called: you would get \$25 gift check. One day, I was very proud to be the current holder of a potato with a pair of eyes.

I was proud and happy, until a coworker came to me "looking for the tater" with news he had sold something. I explained to him he was suppose to have an ear, or glasses, or some other vital part of a potato, and then he could have Mr. Potato Head. He took him anyway! He



said the manager had told him to get him and then get his body part. And wouldn't you know it! Not even five minutes later, the announcement came over the PA system, "Whoever has Mr. Potato Head, please pick up line 2. The vendor rep is waiting to speak with you."

Being an alcoholic in early sobriety, my mind raced. I thought about how all of the people I worked with were out to get me and none of them wanted me to succeed. I was new, and an outsider, and was just filling a spot until someone they really wanted was available. I thought about all of the sales they were secretly stealing from me. I was certain they were saying bad things behind my back. Most importantly, they were trying to keep me from my \$25 bonus.

It didn't take too long for me to realize that I was fairly safe in my job. Everyday I suited up and showed up. I didn't come to work late or back from lunch late. I had good sales numbers. And I realized how insane my thinking had been. And, more importantly, even if someone was trying to keep me from \$25, my sanity was worth far more than \$25.

I tried to call my sponsor. He was in a meeting. I tried to call someone else in the program. It went straight to voicemail. I could have left a message and either one would have called me back as soon as they had gotten the message. Instead, I called a new guy in AA who had less time than I did. Not to talk about me, but to talk about him.

Getting out of my head to help another alcoholic then and now has been the best medicine for my alcoholic thinking. I have also realized that HP is taking care of me. He will see to my finances so I don't have to be anxious. If I had quit AA during my first year of sobriety, I could have missed out on the lesson learned from a potato.

-- Greg P.—Charlottesville, Virginia
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AAGrapevine Web-Exclusive Oct 2011

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A Family Trip Remembered

A sober man looks back at an early intervention by his mother during his teenage years

She cornered me in a campground in Utah. This was during the middle of a two-week family trip. I had decided to not drink or do anything else during those two weeks in order to prove that I did not have a problem with alcohol. I was sixteen at the time and it was my mom who had cornered me.



During that time of my life I made a point of avoiding any time alone with my mom, though that is difficult during a family vacation in a large RV. My mom had just enough Al-Anon under her belt to be dangerous, or at least

dangerous to my plans to continue drinking. When she had me cornered in that campground and it was just the two of us, she let me know that she knew what I had been doing.

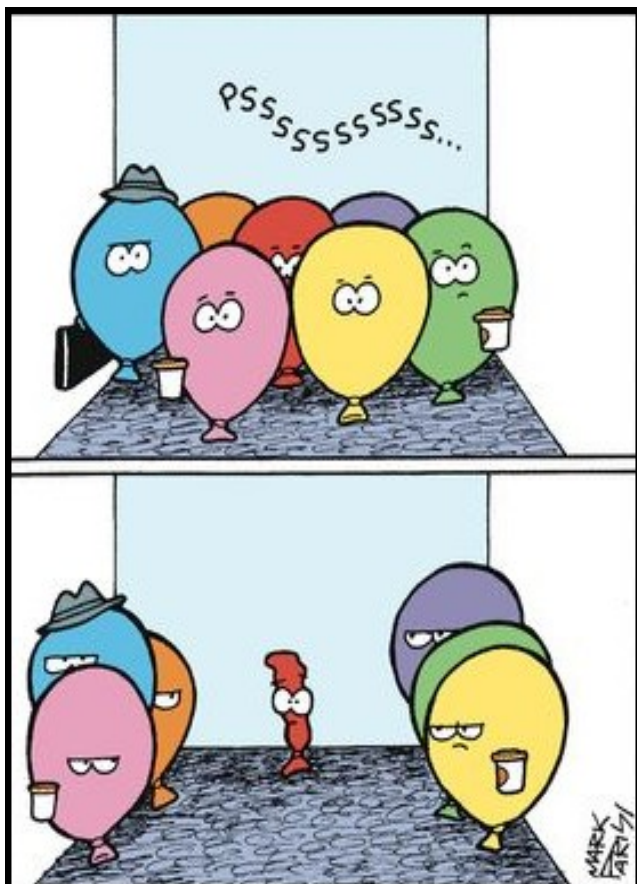
She begged me to stop drinking and everything else. I was not ready to admit that I had a problem. I was doing okay and I certainly didn't have a problem with alcohol, or so I thought at the time. That I was not about to go to prison was part of my defense. I can thank my brother, who was 18 years old at that time for setting that bar so low.

My mom started crying. Looking back, I now have a lot of sympathy for my mom then: one son in jail, waiting to hear how long he was going to prison for, and me, her youngest son, also being lost to her to alcohol. At that time, however, the tears were just a signal for me to get away. All I could feel was my own discontent, all I could think about was me, and all I wanted was a drink.

By the time we got back home, I had made it through that two weeks with just one beer—but one beer doesn't count, does it? I decided I had proven that I did not have a problem with alcohol. Within a few hours of being back, I was off with my drinking buddies doing shots of tequila.

It took some more drinking for me to hit my bottom. I drank my way out of college and out of a job. I ended up in an outpatient treatment program. Because I was seventeen, they required my parents to go through the program as well. Perhaps the first thing I was grateful for in sobriety was that they went in a week after me. The treatment center gave me an introduction to alcoholism as a disease, introduced me to

(Continued on page 3)



*"The rewards of asking for help -
increased humility, connection, and trust -
are well worth the effort."*

Her first day on a new job and she needed a meeting bad. Not a good day to be “outed”

In early 1992, after working for the same government agency for over 20 years, I began a new career. Needless to say, I was very nervous in a new agency, in an entirely new city. Change was difficult for me.

On that first day of my new job, I found a deli across the street where I could buy lunch. As I stood on line waiting to order, I looked around and all I saw were shelves stacked with alcohol. I was surprised that seeing those bottles upset me so, since I had five years of sobriety. I immediately decided I needed to increase my meeting attendance to deal with this change. I reached for my meeting book in my desk drawer to find a nearby AA meeting. I still believe that the meeting book is the most necessary book in Alcoholics Anonymous.

I flipped through the book and found a women's meeting at noon near my office. Great, I thought, I'll go there tomorrow on my lunch hour. Then it dawned on me that I was unfamiliar with the area and had no inkling how to get there. I saw my colleague from the adjacent office pass by and called out to her. "Excuse me," I said, "do you know where Overlook Road is?" She stopped, stepped inside my office and closed the door. "I know exactly where it is," she said. "Are you going to a



meeting?" I was flabbergasted. How did she know? I was shocked. This nice-looking, well-dressed woman with the faint fragrance of perfume was standing in my office telling me she was in the program? She then told me that there was only one building on Overlook Road, the temple where AA meetings were held. Once again, God was there for me.

After getting to know her better, we discovered that in addition to having the same name, we were the same age, and had the same sobriety date: April 22. I got sober in 1987, and she a year later. Throughout my years of working with her, we became dear friends and always marveled how we never went "off the AA beam" on the same day. We were always there for each other, offering a shoulder, a suggestion, or just to listen on those down days we would experience from time to time.

"You have to give it away to keep it," is a saying we both learned early in sobriety. We began a tradition: I passed my medallion to her the day of my anniversary, and we celebrated by going out to lunch or dinner. When I handed her my medallion, I would tell her what kind of a year I had and how my sobriety had helped me grow. Some years when we were too busy to celebrate with a meal together, we'd go across the street to the park for 10 minutes, sit on a bench, and continue our tradition.

The "God-incidence" of meeting my friend was so life-changing for me. Because of her generosity, she offered her winter home in southwest Florida in May 1993, so my husband and I could celebrate our first wedding anniversary. We fell so in love with the area that we

(Continued on page 4)

(Continued from page 2)

the Twelve Steps, and urged me to go to AA meetings on the weekends.

I started going to meetings on the weekends and continued to go to meetings after I got out of treatment. My obsession with alcohol and the desire to drink stayed with me for some months but slowly it got easier not to drink, one day at a time. I worked the Steps knowing that if something didn't change, I was going to drink, and if I drank again, I was going to get drunk.

My relationship with my parents was not fixed in treatment. Instead, it took time for me to see to the error in my claim about my drinking that "I'm not hurting anyone." It took time for them to trust me again. I learned to jettison my expectations for them to be a certain way or for them to do certain things that I

wanted. I had a sponsor work with me on focusing on what I was bringing to my relationship with my parents rather than on what I was getting out of that relationship. At first it was not easy nor was it always smooth. In time, I was able to accept their love and love them in return.

I've been sober over twenty-six years now, but recently I've been thinking a lot about that confrontation back in that campground in Utah. My mother passed away a little over a month ago. I am so grateful to AA for giving me the tools to develop a good relationship with my mom. Now I remember many years of laughter and love with my mom as well as the tough times. I'll miss my mom but she will live on in my thoughts and in my heart.

-- Andrew W.—Missoula, Montana Sept 2011
Reprinted with permission: AAGrapevine Web-Exclusive

Office Confidential

(Continued from page 3)

purchased a small condo where we vacationed for years, making new friends at each meeting we attended during our vacations. With the encouragement of those new friends, we packed up and moved to southwest Florida in 2004. Our new life there is like living in our own Shangri-La.

I continue to pass my medallion to my dear friend every April 22 by mail, with a note about my sober life during the past year. We keep in touch, and I visit her when I go north to see my family. I miss my friend dearly, but know that we are together in spirit daily.

Whenever I am at the jumping off point, God steps in to rescue me. I have experienced many "God-incidences" over the years, in all areas of my life. I know I'm never alone and, if I just let go, my God steps in and shows me the way. Finding my lifelong cherished friend was no mere coincidence.

*-- Patty G - Naples, Florida
Reprinted with Permission: AAGrapevine April 2015*

Bored sitting at home alone every day, drinking, a woman alcoholic decided to take up horse back riding. One day while staggering down the road, she spotted a horse all saddled up and ready to go. Deciding to give it a try, she jumped right on the thing. It was going well for a moment, but then the horse started to gallop. Soon she was sliding off the side of the beast. The next thing she knew, she was hanging upside down around his neck. Realizing she was about to be trampled, she decided to fling herself off to the side. But as she did, her foot got caught in the stirrup. As she bounded along, her head was being pounded against the ground, she started to pass out, thinking this was the bitter end. However, to her good fortune, the Walmart manager came over and unplugged the carousel.

CENTRAL OFFICE OFFICERS	NAME	PHONE #
Chairperson	Travis O	615.642.1027
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Donna C	615.832..1136
Vice Chairperson	Garrett D	615.957.7674
Secretary	Joe C	615.491.1824
Treasurer	Mark M	615.804.8128
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Accessibility Committee	Darin M	615.423.2620
Corrections	Charlie B	615.554.9085
Treatment Facilities	Stephen T	615.926.9467
Events Chair (Interim)	Charlie B	615.554.0501
Archives	Butler M	225.226.5457
Sobriety Dinner	Lee Ann	615.424.3875

FIRST TUESDAY OF EVERY MONTH:

District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting
When: 5:45pm – 6:45pm
**Where: Central Office
417 Welshwood**

STEERING COMMITTEE

**When: Monday Jul 23rd
5:45pm – 6:45pm**
**Where: Central Office
417 Welshwood**

FIRST TUESDAY OF EVERY MONTH:

District 32 Meeting
When: 6:30pm
**Where: Last Stop Club
2122 Utopia**

SECOND SATURDAY OF EVERY MONTH

District 34 Meeting
When: 10am
**Where: 200 E. Cedar St
Goodlettsville**

I	P	F	A	S	Q	F	O	V	G	N	Q	P	U	B	A	V	J	Q	X	E	K	W	C	C	O	P	J	Y	X
F	N	U	B	D	F	D	H	N	C	S	N	O	I	T	C	A	F	S	I	T	A	S	D	M	L	H	R	P	A
V	I	U	C	G	Y	Z	E	O	B	G	N	Q	U	S	W	Y	U	E	U	Y	B	A	K	D	O	T	X	F	M
U	E	E	Z	Y	P	O	Y	Y	I	S	G	P	M	X	S	H	Z	Q	J	P	G	C	X	H	S	B	G	M	V
I	A	R	I	G	H	T	E	O	U	S	N	E	S	S	G	O	Q	U	B	R	E	U	V	M	S	T	V	Z	E
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A	X	P	T	Z	Q	O	A	J	R	Y	L	S	R	D	R	W	J	E	O	N	Z	E	T	O	P	T	P	L	A
J	G	M	V	Y	N	J	O	C	U	W	A	K	V	U	K	O	L	E	T	I	L	O	P	S	R	T	Z	A	B
N	C	D	O	Y	L	Y	S	Q	K	T	U	E	E	S	A	S	C	C	H	R	U	W	E	O	I	I	Z	O	D
N	R	J	B	R	A	W	B	B	F	Q	A	Y	R	F	S	M	A	L	K	X	J	Q	A	U	U	O	T	E	D
G	G	B	R	B	F	T	O	D	N	H	V	V	S	V	N	M	Z	Y	A	E	Y	Z	C	H	Z	Z	O	Y	H
U	B	N	L	P	M	R	V	P	E	O	P	L	E	A	S	S	A	S	S	I	N	A	T	I	O	N	S	N	Q
I	Y	E	I	G	M	W	N	Y	N	X	A	E	G	Y	T	D	B	Z	C	G	M	S	Z	E	J	D	W	Y	B
A	Z	Q	M	L	R	M	G	K	Y	H	T	W	S	E	P	I	H	Q	P	X	S	Y	R	P	M	C	D	H	C
K	T	D	U	O	E	E	K	H	B	W	L	M	T	U	K	J	S	T	N	I	Y	K	T	K	T	P	H	S	W
Y	D	U	O	R	G	E	E	S	X	F	W	T	U	D	R	I	X	F	P	U	W	L	M	T	F	O	Q	W	I
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G	W	Y	T	C	M	G	J	R	G	H	H	A	I	N	G	L	N	M	R	Y	T	E	O	P	T	B	X	D	P
O	J	S	L	A	M	S	B	R	P	E	P	L	P	F	T	Z	X	S	V	T	W	I	V	O	M	Y	Y	G	A
W	R	J	D	R	Z	E	R	E	A	D	L	W	H	R	N	Y	L	O	B	W	X	B	O	B	O	Q	E	F	R
A	A	H	H	A	D	S	M	B	Y	X	N	B	E	H	H	A	F	T	N	K	W	M	P	N	K	B	H	T	Z
Q	I	A	V	H	Z	W	X	K	L	K	A	K	Q	W	J	X	R	M	V	G	V	A	Q	J	T	T	S	G	T
P	P	J	N	C	H	V	M	A	A	Q	C	K	A	S	A	Y	U	G	P	Z	D	E	Z	K	R	J	M	P	P
M	N	F	W	A	H	I	W	E	H	D	Q	Y	E	Z	I	C	I	T	I	R	C	A	C	N	R	V	U	V	H
J	Z	C	A	N	G	E	R	H	H	A	X	O	Z	N	F	Q	E	G	U	K	X	C	M	T	P	T	R	C	O
H	A	L	S	C	J	A	U	X	D	N	G	W	G	V	B	A	S	S	V	T	Z	D	C	K	J	B	D	W	V
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F	P	H	M	M	L	U	U	J	U	V	J	C	J	P	W	Q	K	Z	X	K	G	A	U	I	E	B	R	E	C
V	X	B	N	D	R	G	A	J	A	Q	G	U	E	E	M	N	W	Z	P	P	Z	N	N	N	A	R	J	G	U
H	D	C	W	O	P	O	M	L	Q	C	O	D	Q	R	J	U	B	Y	Z	D	J	N	V	W	M	K	S	E	X
N	O	M	J	L	X	Q	F	A	L	E	R	S	M	X	T	P	C	T	R	I	N	O	P	F	K	K	J	N	O
L	I	L	E	I	V	Q	E	E	K	Y	H	U	Y	W	W	V	E	O	Z	G	T	Y	G	G	R	Q	O	A	L
L	G	Q	W	W	P	K	F	E	F	C	C	O	M	F	O	R	T	A	B	L	E	K	T	T	Z	S	M	M	N

STEP 6—

Can you find the hidden words and the page they come from in the 12 x 12?

SELF-RIGHTEOUS	ANGER	VERY	ENJOYABLE	PERVERSE	WAY
ACTUALLY	TAKE	SATISFACTION	FROM	FACT	PEOPLE
ANNOY	COMFORTABLE	FEELING	SUPERIORITY	GOSSIP	BARBED
ANGER	POLITE	FORM	MURDER	CHARACTER	ASSASSINATION
SATISFACTIONS	CRITICIZE	TRYING	PROCLAIM	RIGHTEOUSNESS	

Saturday, June 9
2 - 6 p.m.

Edwin Warner Park
Event Shelter 6
50 Vaughn Road, Nashville



A supportive event for the 2018 Area 64 TN State Convention (Sept. 7 - 9)

tstateconventionaa.org

FRESH GRILLED BURGERS w/ all the Fixin's
1 for \$3 • 2 for \$5



Refreshing Chilled Bottled Water for \$1

BRING A TASTY SIDE DISH TO SHARE

DONATE A GOODY FOR THE DESSERT AUCTION!

CASH & CHECKS ACCEPTED

More info:
615-946-3163
District30AHDCM@gmail.com

Founders Day Weekend Fun
Brought to You by Districts 30, 31, 32, 33, 34 & 12

Event Schedule:

2 - 2:45 p.m.
Kickball registration
Districts 30, 31, 32, 33, 34 & 12
\$10 suggested donation

2 - 6 p.m.
Grapevine Audio Recording Project

3 p.m.
Kickball Tournament Begins

4:15 p.m.
Dessert Auction

5 p.m.
Watermelon Seed Spitting Contest

+ Kids' Field Day Games Throughout the Afternoon



BRING A LAWN CHAIR!

Convention Registration & T-shirts For Sale at Event!



Please join us for the

Annual Celebration of Sobriety Dinner

A Middle Tennessee Intergroup Potluck

Friday, November 16, 2018

Woodmont Hills Church
3710 Franklin Road at Woodmont Blvd

6pm

Reception

7pm

Dinner

8pm

Speaker


Meat, Desserts & Drinks Provided

Please bring Casseroles, Vegetables, Salads, Side Dishes, & Bread

Please have on site by 6:45pm

Tickets \$15

Please contact Central Office @ 615-831-1050 for tickets



Welcome home
New Visions Baptist Church

New Visions Baptist Church
2830 McGavock Pike
Nashville, TN. 37214

Community Partners Orientation
Every 4th Wednesday
Time: 6PM - 8PM

Contact
Qunina Richardson
Thomas Hunter

CONTACT US FOR MORE DETAILS AT 615-862-8269 X76025

You and your family are



INVITED TO OUR

Back Room Group

SPEAKER:



Annual

FOUNDERS DAY PICNIC

SUNDAY JUNE 10TH
12:30 PM UNTIL 3:30 PM

EDWIN WARNER PARK
SHELTER 11 Vaughn Rd off of Old Hickory Blvd. in Bellevue

Bring a side dish or dessert, BBQ, a few sides, and water will be provided.



COME JOIN US FOR WOODBINE'S 48TH ANNIVERSARY

FRI-SAT JUNE 22ND & 23RD

WE WILL HAVE SPEAKERS BOTH NIGHTS!

FRIDAY DAVID F. & EVAN MCKENZIE

SATURDAY LORI M. & DIANE S.

DINNER @7:30

PIZZA AND ICE-CREAM FRIDAY NIGHT

HOT DOGS AND CAKE SATURDAY

EVERYONE WELCOME!

Annual District 31 PICNIC

June 2, 2018

Two Rivers Park

2320 Two Rivers Parkway (behind Wave Pool Country)

Picnic Shelter 2 & 3

10am-2:30pm

Meat & Drinks Provided

Please Bring a Covered Dish

Speaker: Mike A (Chainsaw Mike)

Eat at 11:30am—Speaker at 12:30pm

Rain or Shine

Bring a Sponsee

Family Fun

Bring your Sponsor

Fellowship & Fun

HENDERSONVILLE BIG BOOK GROUP'S 2018 *summer* PICNICS

May 27 ★ June 17

July 15 ★ August 12

Speakers to be announced

Indian Lake Peninsula Church Pavilion

235 Indian Lake Rd / Hendersonville

Meat Will be Provided

Bring your family, friends
and a dish to share!

Come at 5:30 for fellowship & food

Speaker begins @ 7pm

Dunks in the Park 5th Annual Family Picnic

Dunks in the Park...come one come all
We'll all get together and have a ball
Music, food, games, and fun
And fellowship for everyone

SATURDAY
June 9th

Time:
10:00 am – 2:00 pm

Pinkerton Park

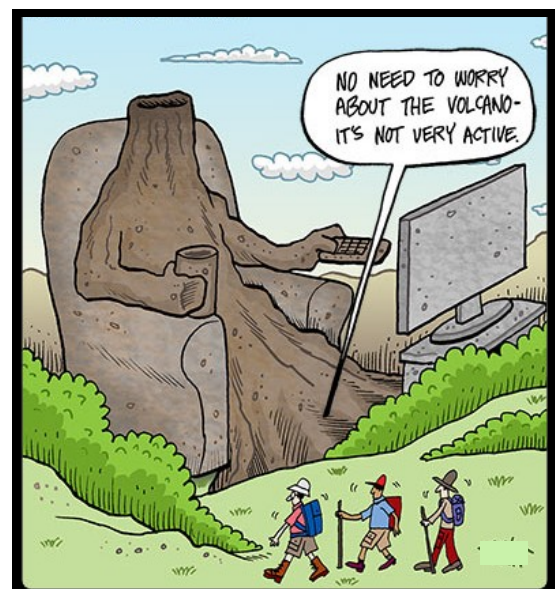
405 Murfreesboro Road

Franklin, TN

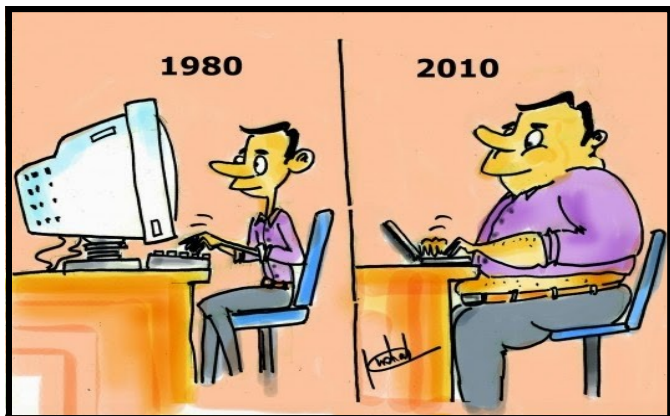
GROUP/MEETING	APR	YTD
86'ers	272	484
ANONYMOUS	38	152
ANY LENGTHS	120	300
AWOL LIT STUDY		24
BACK TO THE BIG BOOK		40
BACKROOM		1,110
BASEMENT BUNCH	26	93
CLARKSTREET	200	320
COLUMBIA	20	65
COLUMBIA BASEMENT BUNCH		4
COMFORT ZONE	600	600
COMMUNICATIONS		347
COOL SPRINGS NEWCOMERS		100
CROSSVILLE NOONERS		100
CROSSVILLE SISTERS IN SOBRIETY		68
DAVIDSON RD		2,300
DICKSON AA		180
DISTRICT 9		150
DONELSON YET		100
DOWNTOWN LUNCH BUNCH	130	130
DROP THE ROCK		50
EAST HICKMAN	48	48
EAST SIDE MEN'S STAG		500
EAST SIDE SATURDAY	386	739
EASY DOES IT		250
EVERY WOMAN HAS A STORY		50
FAIRFIELD GLADE	72	142
FAIRVIEW		300
FAYETTEVILLE		20
FELLOWSHIP		175
FIRST THINGS FIRST		146
FIVE & FIVE		264
FRANKLIN		861
FRANKLIN FELLOWSHIP	200	200
FRANKLIN 4TH ED BB STUDY	300	300
FRANKLIN ROAD WOMEN'S		119
FREE TO BE	133	285
FREEDOM FROM BONDAGE		10
FRIDAY NIGHT LIVE, GAINSBORO		40
FRIDAY NIGHT PRIMETIME		25
GOODLETTSVILLE		350
HAPPY HOUR - LEWISBURG		5
HARDING RD	225	450
HIGH NOON		466
HOPE PARK LIT STUDY	39	39
IT'S A GEAT DAY	39	39
KEEP IT SIMPLE BELLEVUE	188	340
KEY TO SOBRIETY		400
LATE LUNCH BUNCH	800	1,400
LET IT HAPPEN		91
LIVE & LET LIVE		25
LIVING BY THE PRINT		100
LIVINGSTON 12x12	25	50
MADISON STREET		50
MIDDAY BREAK		105
MT. JULIET FELLOWHIP		100
MURFREESBORO	15	60
MUSIC ROW		25
MUSTARD SEED		250
NEW BEGINNINGS		150

GROUP/MEETING	APR	YTD
NEW BEGINNINGS WOMEN		160
NEW DAY		20
NEW LIFE H-VILLE		122
NIPPER'S CORNER	4	66
NORTHSIDE , CLARKSVILLE	50	100
ONE DAY AT A TIME		345
OUT TO BREAKFAST		106
PAY DAY	120	120
PORTLAND UNITY		2
PRIMARY PURPOSE	152	275
PULASKI	5	20
REBOS	504	504
RIGHT DIRECTION	150	400
RUTS		500
SAFE HARBOR	100	100
SAFE PLACE		122
SANGO		40
SATURDAY NIGHT ALIVE		30
SEARCH FOR SERENITY		120
SEEKING SANITY	355	874
SERENITY M'BORO		70
SHADE TREE		1,594
SIMPLY SUNDAY		420
SISTERS IN SOBRIETY		120
SMYRNA GRATITUDE		1,411
SPRING HILL		20
STRAGGLERS		500
TCYPAA		218
THREE LEGACIES		15
TRUDGING THE ROAD	150	150
TURNING POINT	123	219
UNITED		200
WEST NASHVILLE		24
WESTMINSTER		500
WINNERS & BEGINNERS		81
WOMEN IN THE SOLUTION		100
WOMEN'S FREEDOM		250
WOMEN'S OPEN DOOR		268
WOMEN'S WAY		80
YET		100

TOTALS TO DATE 5,589 26,052

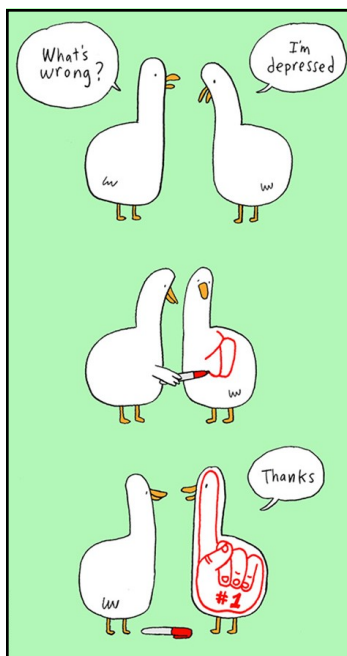


NEW / MOVES / CHANGES / ADDITIONS /			NEW / MOVES / CHANGES / ADDITIONS / CANCELLATIONS		
37013	Cancel	60 Minutes - Sun 5p OD	37174	Add	RUTS - Thurs 5p OD
37014	Cancel	Downtown Triune Group			Recovery Hill UAW Hall 125
37015	Move	Valley View - Cheatham Recovery	37174	New	Stephen P Yokich Pkwy Wed 6:30p OD 2nd Wed LIT
37027	Change	Every Woman Has A Story -now CD	37174	Change	Spring Hill BB now Wed Night Parlay OD 7p
37027	Change	Turning Point - Tues 7p now CD/ALN	37174	Add	Spring Hill Sat 6:30pm OD/WMN East Side Men's Stag Beg Woodland Pres 211 N 11th at Gartland Ave Mon 7p OD/Men/Beg - Last Mon Anniv downstairs
37030	Cancel	Smith County Sun & Wed	37206	New	
37062	Cancel	Psychic Change	37207	Cancel	Place of Hope
37064	Cancel	Saint Phillips Meeting	37207	Cancel	Hand In Hand
37064	Cancel	Franklin 12x12			Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD
37066	Add	No Boundaries - Wed Meditation	37208	Add	
37066	Cancel	United Group - Thur 10am	37210	Cancel	Wired
37072	New	Legacies - Trinity Fellowship Ch -	37210	Cancel	Young Guns
37076	Move	SSS Group now at Hermitage	37211	Change	Utopia Noon on Thurs Only Solo Por Hoy - 3221 Nolensville
37076	Add	Seeking Sanity - Tue 10am OD	37211	New	Pike Mon-Sun 7p OD
37087	Cancel	Sobriety First - Mon Sun 8p now OD no longer Men's meeting	37211	Change	Woodbine - Last Friday of Month is Speaker
37203	Change		37211	Cancel	Every Night at 6 - Sun cancelled
37206	Add	East Side Comes Alive - Tues 7pm	37214	Add	Shade Tree Sun 7am OD
37110	Change	Bar None now 7p Monday no Sat meeting	37214	Cancel	Shade Tree Mon 7pm
37110	New	Any Length Bates Hill Pres 9957 Old Nashville Hwy Thu 5:30pm	37214	Add	Come Grow with Us Women's Sat 10am OD/Wmn/CC
37115	Cancel	WTF - Serenity House	37214	Change	Young & Sober - all meeting OD Midnight Delight - Earthly Delights 4114 Gallatin Pike Midnight Thurs & Fri OD
37122	Add	Mt Juliet Fellowship - Mon 5:30 OD/	37217	Cancel	Women's Meeting Saturn Dive
37122	New	How It Works Toddy Bldg 541 N. Mt Juliet Rd Suite 2103 Wed 6pm	37217	Cancel	Love & Laughter - Tues 6:30pm
37127	Cancel	Back to the Big Book Wed 7p	37217	Change	Love & Laughter - Th 6:45pm OD
37160	Cancel	Primary Purpose Group Shelbyville Shoulder to Shoulder AP Building	37218	Cancel	Lions Den
37160	New	206 Madison Street - Fri Noon OD	37221	New	A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30
			37221	Cancel	Bellevue Winners and Beginners
			37221	Cancel	Hope Park Lit Study
					Wake Up Bellevue Pres Ch 100
			37221	New	Cross Timbers Dr. - Tues & Thur 7am OD
			37232	Cancel	Recovery Group - Vanderbilt Recovery First - Craft Memorial
			38401	New	Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit
			38501	Add	Way Out Group Thurs 6:30p SS
			38501	Change	Weekend Recovery - all meetings at 7pm
			38555	Add	Women In Sobriety - Wed 10:30am
			38555	Cancel	Women In Sobriety - Sun Noon
			38562	Add	Friday Night Live - Sat 7pm CD



Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Four Months and Year Ended April 30, 2018

	April 2018			YTD 2018		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,829.40	3,124.17	(294.77)	11,988.05	12,496.68	(508.63)
Group Donations	5,359.64	6,403.92	(1,044.28)	25,809.82	25,615.68	194.14
Individual Donations	216.34	433.00	(216.66)	6,728.86	1,732.00	4,996.86
Messenger Donations	24.00	17.00	7.00	155.91	68.00	87.91
Website Donations	38.52	-	38.52	427.62	-	427.62
Special Events	2,761.61	716.16	2,045.45	4,814.27	2,864.64	1,949.63
Interest	4.80	3.75	1.05	35.28	15.00	20.28
Total Income	11,234.31	10,698.00	536.31	49,959.81	42,792.00	7,167.81
Expenses						
Casual Labor	200.00	200.00	-	800.00	800.00	-
Payroll	5,415.92	5,750.00	(334.08)	21,676.18	23,000.00	(1,323.82)
Legal & Professional	350.00	350.00	-	1,400.00	1,400.00	-
Rent	996.75	1,006.00	(9.25)	3,985.50	4,024.00	(38.50)
Printing	-	50.00	(50.00)	-	200.00	(200.00)
Payroll Taxes	469.92	440.00	29.92	1,798.16	1,760.00	38.16
Repairs & Maintenance	-	58.00	(58.00)	-	232.00	(232.00)
Equipment Rental	60.00	75.00	(15.00)	240.63	300.00	(59.37)
Telephone & Fax	415.16	475.00	(59.84)	1,654.45	1,900.00	(245.55)
Answering Service	200.00	217.00	(17.00)	836.00	868.00	(32.00)
Postage	138.18	225.00	(86.82)	532.67	900.00	(367.33)
Office Supplies	80.02	233.00	(152.98)	642.34	932.00	(289.66)
Bank Service Charges	(5.00)	-	(5.00)	-	-	-
Computer & Technology	1,048.24	333.00	715.24	1,212.13	1,332.00	(119.87)
Intergroup Expense	400.00	250.00	150.00	436.99	1,000.00	(563.01)
Insurance	-	200.00	(200.00)	1,298.00	800.00	498.00
Special Events	1,106.40	375.00	731.40	2,679.40	1,500.00	1,179.40
Travel	-	448.00	(448.00)	-	1,792.00	(1,792.00)
Depreciation	7.92	13.00	(5.08)	31.68	52.00	(20.32)
Over/Under	0.59	-	0.59	(5.41)	-	(5.41)
Total Expenses	10,884.10	10,698.00	186.10	39,218.72	42,792.00	(3,573.28)
Net Income	350.21	-	350.21	10,741.09	-	10,741.09



ANY LENGTHS

Courtney S	06.04.17
Gary S	06.21.17
Hayes S	06.26.17
Jeremy W	06.29.13
John C	06.25.11
Kathy B	06.22.98
Micah W	06.09.17

BACK ROOM

Amy K	06.04.89
Bob C	06.29.11
Hap H	06.20.17
Jacob W	06.14.17
Kate E	06.20.15
Rob J	06.23.17
Slayden T	06.04.10
Tim K	06.12.97
Tom U	06.15.86
Tyler F	06.22.17
William H	06.08.17

EASY DOES IT

Lynn M	06.09.90
Susie	06.07.89

KEEP IT SIMPLE

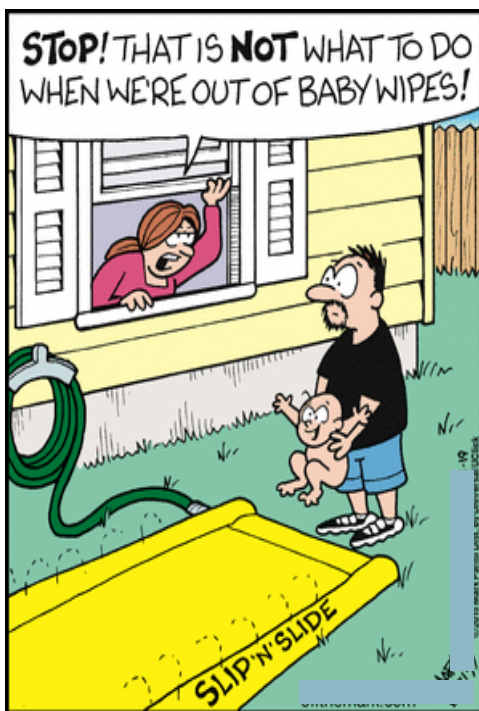
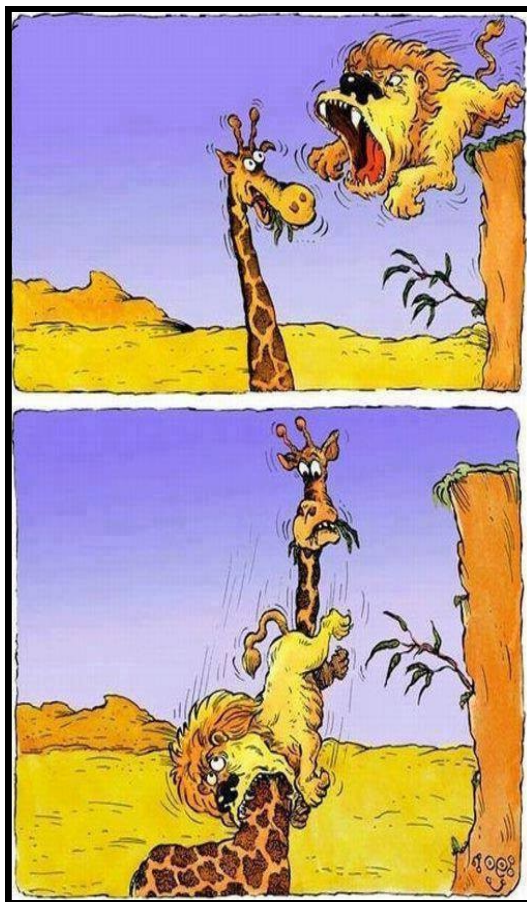
Curtis	06.06.17
Daniel O	06.01.86
Kristyn H	06.17.11
Kristen M	06.15.12
Liz H	06.08.01
Liz W	06.10.13
Pat S	06.04.82

SMYRNA GRATITUDE

Brian E	06.05.14
Charlotte W	06.08.91
Dawn L	06.28.08
Jordan P	06.01.11
Melissa C	06.17.13
Michael M	06.03.96
Michelle C	06.30.17
Nathan S	06.04.09
Shannon S	06.24.10

WOMEN'S SPEAKER

Jennifer S	06.25.11
Jennifer W	06.26.12



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