

\$ 1.00

JUST MAYBE

It was the most difficult amends he would ever have to make in his life, but he found that an ounce of willingness carried him a long way

I had been around AA for about three years. I had done a few inventories and had really knocked off my amends list. Yet there was one resentment I wasn't willing to let go of. I knew without a doubt I didn't owe this guy an amends. During my active alcoholism, I hadn't been the best boyfriend to my current wife. She found an emotional connection to a man with whom she worked; when I found out, I threatened to kill this guy. My plan was to go to his work and end him. Through certain circumstances, I ended up not being able to get to him. This man made it onto each of my inventories, but I just wasn't willing to see my part at all. It was all his fault.

My sponsor and I had decided that another inventory would be beneficial. At the top of my resentment list, there was this guy again. When I read his name out loud, such a rage filled me that nothing else mattered. My sponsor very kindly said: "Hey, Bill, why don't you just think about why you may owe this man an amends?" I looked at my sponsor and did what I had been taught. I bit my tongue and nodded my assent.

A week or so later my wife and I were having a conversation. This person who had been the cause of many a fight between my wife and I came up in our conversation. The old rage began to take hold, and then I



Please join us for the Annual Celebration of Sobriety Dinner A Middle Tennessee Intergroup Potluck Friday, November 16, 2018 Woodmont Hills Church 3710 Franklin Road at Woodmont Blvd 6pm Reception 7pm Dinner 8pm Speaker Meat, Desserts & Drinks Provided Please bring Casseroles, Vegetables, Salads, Side Dishes, & Bread Tickets \$15 Please contact Central Office @ 615-831-1050 for tickets

AUGUST 2018

remembered my sponsor's words: "Maybe you owe this guy an amends." At that moment, I was willing only to consider that maybe—just maybe—I really did owe him an amends. It was just an ounce of willingness, nothing more. The conversation continued and I asked my wife a question, I can't remember the question but I remember the answer like it was yesterday. She looked at me and said: "Bill, during that time when I had no one to turn to, no one to talk to, when all I wanted to do was die, there was one person who made me feel a little bit of happiness that made it not so painful." She was, of course, talking about this guy.

In that moment, I expected to be filled with anger. Instead, I was filled with gratitude. I understood that while I was causing nothing but pain in my wife's life, at least she had been able to get a small amount of happiness. Not only was I grateful my wife had found

(Continued on page 2)

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm, Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for The Messenger—blamethemessenger@gmail.com -email—mtcoaa@aol.com, Website- www.aanashville.org,

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Power > self

JUST MAYBE

(Continued from page 1)

happiness during that time, I now had a gratitude for this nan that made my wife happy when I wasn't able to, when Il I was worried about was my next drink. I knew then I owed this man an amends.

I tell this story not to impress you with my ability to forgive. I tell this story to share with you the ability of this program to work miracles in our lives if we just take the action. A willingness to say: "Okay, just maybe." Nothing more is required. In my experience, I don't get the miracle and then take the action. I take the action then the miracles happen. Many times what AA suggests that I do does not look like the answer, but to this day any action that AA has asked me to take has always ended with a result much better than I could have ever imagined.

> -- Bill B. - Tahlequah, Okla - June 2018 Reprinted with permission: AAGrapevine.org Web-Exclusive

2018 AREA 64 TN STATE CONVENTION

Sept. 7-9 Clarion Inn 2227 Old Fort Pkwy., Murfreesboro 615-896-2420 • \$109.99/night Group Code: AREA 64 CONVENTION Cut-Off Date: Aug. 7

stateconvention@area64assembly.org

REGISTER ONLINE:

www.tnstateconventionaa.org

Early Bird Rate (thru Aug. 7): \$25 Early Bird w/ T-shirt: \$40 (pick up shirt at the convention) Registration Aug. 8 - Sept. 7: \$30 On-site Registration: \$35

CONFIRMED AA SPEAKERS & WORKSHOP LEADERS

Billy N. (GA) Tatiana G. (NY) Kent C. (OH) Josh E. (NC) Scott L. (TN) Steve L. (TN)

marathon AA meetings at night

EVER-CHANGING STORIES

When she understood that God's plan for her might be different from the one she had in mind, she was able to accept the ever-changing story of her sobriety

I've been in AA for 11 years. To some that may seem like a long time, to others nothing. But for me it is a oneday-at-a-time program. And I'm finding that no matter how long I've been in the program, just when I think I have things together, my story changes. I may have believed one way when I first came in and a few years later I find that maybe something's not right and I need to look at things differently. I am constantly struggling with my belief system. Some things for me never

change. God is my Higher Power and I couldn't stay sober without God and the AA program. But sometimes my view of God and how I should live changes. I find myself questioning what is right and what is wrong for me. This is hard because in our society, for many people, there's only one right and one wrong. But I feel like I've

learned in AA that we have a choice and that God loves us no matter what. Even though I know this I still question myself. Should I go to church? Is everything in the Bible as it says? Am I listening to my Higher Power or am I listening to the people around me?

Thank goodness I have friends that I can call and talk to—not necessarily for the answers, just to help me see more clearly what my part is. I have to keep going to meetings so I can continue to write my story, because, whether right or wrong, it is my story. There have been many changes to my story since I have been in the program. I have had to move several times and my job responsibilities have changed and increased. I went from a single parent to a single parent with a boyfriend. Being in AA has been a blessing. My life today is better than it ever was even before I started drinking, but for that to have happened I had to work the Steps and realize that God's plan for me may not be my plan. I came to accept that this understanding represented a step toward a new

> story for me. Today, because of AA, I realize that things in life happen such as sickness, loss of a loved one, finding and losing jobs, getting older, seeing your children grow up, and making new friends. All these things and many other things could mean changes in your story, in the choices you need to make. Whatever the changes we make, we need to always

remember it is our story and it does not need to be like everyone else's. We can make changes to it as we need to if we just trust in God to guide us.

> -- Donna M. Sweetwater, Tenn. – May 2018 Reprinted with permission: AAGrapevine.org Web-Exclusive

WHEN A STRANGER CALLS

concluded. The coffeepots and literature were put away and the lights were turned out. My sponsor and his wife and I decided to get some dinner after the meeting. Many of us frequently gather for the meeting-after-themeeting and this was one of those nights.

Sushi sounded like a good idea and became our fellowship plan for the evening. As I washed my hands

in the restaurant bathroom, I felt my phone buzz with an incoming call. I didn't recognize the number and I don't typically answer my phone while in a restaurant. But this time I did.

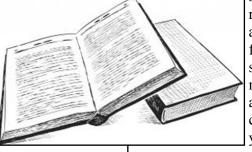
The call was from our Middle Tennessee Central Office answering service. The man at the service was responding to a



My Friday night home group meeting had just call he just received from a woman desperate for help from AA. I am grateful to be on a list of Twelfth Step call coordinators. I took the woman's phone number and assured the man at the service that I would respond.

> I returned to our table at the restaurant to explain to my sponsor the call I just received. I mentioned quickly that I should go and follow up. After all, we have to look good in front of our sponsors! He agreed. Then I mentioned that the woman's number had an unfamiliar area code. My sponsor looked up the area code. It was in Lynchburg, Virginia. I just so happen to have an aunt in Lynchburg with 34 years in AA. I was beginning to suspect a Higher Power was (and always is) involved in this.

> The woman answered my call. She had been drinking and was in town for some work-related training nearby. She had been in AA but recently slipped. I mentioned to (Continued on page 4)



Page 4

When a stranger calls

		nger cans	
<i>(Continued from page 3)</i> her that I noticed her area code and that I have AA who lives in her hometown. She was pleased to hear that and was willing to to her upon her return home the following w her (with permission) my aunt's contact infor was obvious she needed some help soor apparently knew where to look for it. I told I contact some of my women friends in AA and contact her. The hand of AA is alive and well at my home are a "Three Legacy" group with one wo	e an aunt in 9 to reach out reek. I gave ormation. It n and she I her I would fu have them us group. We ell-attended	:00 o'clock in the ave her the details yent to the woma alking with her an ay with a meeting am not sure whet ature. But I am su s stayed sober tha nyone, anywhere, f AA always to be	ther recovery is part of that woman's ure it is available. I'm sure several of t evening. I am also sure that, "When reaches out for help, I want the hand there." <i>chael A Brentwood, Tennessee, USA Dec 2017</i>
meeting a week. I emailed one of the w			Reprinted with permission: AAGrapevine.org
MAN, I NEED A JOB SO BAD. I'M WILLING TO DO ANYTHING! BUIT THE MARKET IS SO BAD AND NO ONE IS HIRING!	REALLY? PLACE JUS THE STREE "HELP WA SIGN IN WINDO	T DOWN T HAS A ANTED" THE	YEAH, BUT THEY WANT A RESUME, AN APPLICATION, AND I'D HAVE TO DO WORK
CENTRAL OFFICE	OFFICER	PHONE	FIRST TUESDAY OF EVERY MONTH:
POSITIONS	NAME	NUMBER	District 30 Meeting
Chairperson	Travis O	615.642.1027	When: 6:30pm – 7:30pm Where: 5925 O'Brien
Central Office Manager	Charles C	615.973.9898	SECOND MONDAY OF EVERY MONTH:
Central Office Bookkeeper	Donna C	615.8321136	Intergroup Meeting When: 5:45pm – 6:45pm
Vice Chairperson	Garrett D	615.957.7674	Where: Central Office 417 Welshwood
Secretary	Joe C	615.491.1824	STEERING
Treasurer	Mark M	615.804.8128	COMMITTEE When: Monday Oct 22nd
Public Information/Cooperation with the Professional Community	Al C	615.587.1616	5:45pm – 6:45pm Where: Central Office 417 Welshwood
Accessibility Committee	Darin M	615.423.2620	FIRST TUESDAY OF EVERY MONTH:
Corrections	Charlie B	615.554.9085	District 32 Meeting When: 6:30pm
Treatment Facilities	Stephen T	615.926.9467	Where: Last Stop Club 2122 Utopia
Events Chair (Interim)	Charlie B	615.554.0501	SECOND SATURDAY OF EVERY MONTH
Archives	Butler M	225.226.5457	District 34 Meeting When: 10am
Sobriety Dinner	Lee Ann	615.424.3875	Where: 200 E. Cedar St Goodlettsville

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Can you find the hidden words and the page they come from in the 12 x 12?

PROFESSIONAL	CLASS	ALCOHOLICS	ANONYMOUS	GAINED	UNDERSTANDING
ANCIENT	WORDS	FREELY	RECEIVED	DISCOVERED	POINT
MONEY	RECOVERY	BROUGHT	ABOUT	MEDICAL	RELIGIOUS
DECRY	FIELDS	SOBER	FACT	RESULT	EXACTLY
SINGLE	PURPOSE	DEFEATED	BEGINNING	COMPROMISES	EVERYTHING

MEETINGS & MACARENA

The sign behind the desk in the AA club room attracted my attention the first day I attended a meeting. It read, "We absolutely insist on enjoying life." I thought, How on earth can they do that? As far as I was concerned, life without alcohol looked like nothing more than a desert, stretching toward a distant horizon, which I was going to have to cross for the rest of my life.

Shortly after I began going to meetings on a regular basis, the club celebrated its anniversary with a dinner and dance. I wasn't very keen on attending, but it seemed expected of me. I asked my daughter to go with me for moral support and because she understood the sudden attacks of panic that I still experienced from time to time.

I was relieved to recognize a few of the faces--although I couldn't put names to most of them. We enjoyed an Al-Anon talk before dinner and an AA talk after.

Before long, somebody called out "Macarena!" and suddenly the dance floor was filled with lines of smiling people facing each other with looks of expectation on their faces. I wondered if I was about to witness some sort of sobriety ritual, but the music started and I was relieved to observe it was a dance with repetitious hand and arm movements. As I watched, the dance did seem to require some concentration to follow the correct sequence, but nobody seemed to care if a person goofed. In fact there was an air of geniality and outright hilarity in some cases. The beat of the music had me tapping my foot. My daughter tried to get me to get up, to participate and enjoy myself, but I was too reserved. And, anyway, imagine dancing without a drink! I'd heard that AAs did that, but couldn't quite believe it.

Oh no! Someone from my group was making his way toward our table. What if he asked me to dance? I told my

"Great modesty and humility are needed by every AA for his own permanent recovery. If these virtues are such vital needs to the individual, so must they be to AA as a whole."

AA Co-Founder, Bill W., March 1946, "Our Anonymity Is Both Inspiration and Safety", The Language of the Heart

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Since I've been sober, I no longer come to in the morning, roll over, and introduce myself.

daughter I thought I was going to have a panic attack. My discomfort must have been reflected in my face, because the man simply sat down and asked how we were enjoying ourselves. A close call! I managed to make myself stay for perhaps two more dances. It had been an extremely tiring excursion for someone who had spent the previous two years drinking at home alone. I was relieved when another new member asked if we could drive him home, too. He was just as tired as I was.

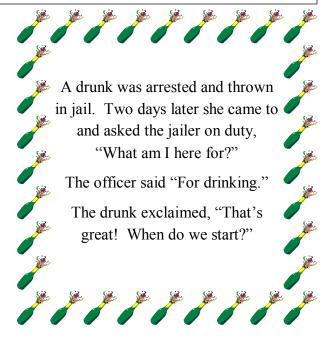
Fast forward several months to Christmas Day. Our club held an open house all day and someone had brought tapes with different styles of music to entertain us as we chatted, drank coffee, and ate goodies. Suddenly, I heard a familiar tune. The Macarena! I was the first to my feet and enjoyed dancing all by myself while my friends laughed to see me enjoying myself so thoroughly. What growth I had experienced in a year's time!

When I arrived at AA, I had hit bottom. I was willing not only to listen but also to do what was suggested. It was suggested that I go to ninety meetings in ninety days and then to keep going to meetings, that I get a sponsor, that I join a weekly Twelve Step study group, that I chair meetings, that I do the Steps, and that I get further involved in service. I did. And I still do.

Life is not the "vale of tears" I once thought it to be. I've been freed from slavery to the bottle. I'm free to be a part of the community again, to volunteer in areas that interest me, to participate in ongoing education classes, to go on vacations, to be a part of a book discussion group, and to be part of my children's and grandchildren's lives.

Anyone care to dance?

- ♦ Mary J. Winnipeg, Manitoba—Aug 2008
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May 27 * June 17 July 15 * August 12 Speakers to be announced Indian Lake Peninsula Church Pavilion 235 Indian Lake Rd / Hendersonville Meat Will be Provided

Bring your family, friends and a dish to share!

Come at 5:30 for fellowship & food Speaker begins @ 7pm



Sheriff's North Complex 610 West – Due West Avenue Madison TN, 37115

Community Partners Orientation

Every 4th Wednesday Time: 6PM - 8PM

> Contact Qunina Richardson Thomas Hunter

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CONTACT US FOR MORE DETAILS AT 615-862-8269 X76025

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Freud's theory of the unconscious mind.



Jung's theory of the collective unconscious.

NEW		S / CHANGES / ADDITIONS / CANCELLATIONS
37013	Cancel	Higher Powered Fri Night
37014	Cancel	Downtown Triune Group
37027	Change	Turning Point - Tues 7p now CD/ALN
	-	Late Lunch Bunch - Concord Rd Ch of Christ 8221
37027	Move	Concord Road
		Late Lunch Bunch Beginners Concord Rd Ch of
37027	New	Christ 8221 Concord Rd OD/Beg Ipm Sat & Sun
37030	Cancel	Smith County Friendship
37062	Cancel	
37062	Cancel	Saint Phillips Meeting
37004	Cancer	Ray of Hope Connell Memorial Methodist Church
27072	NI	200 East Cedar Wed 12p OD
37072	New	SSS Group now at Hermitage United Meth Ch 205
		Belinda Dr.
37076	Move	Kingston Springs Women's Fri 11:30a OD/Wmn
37082	Add	
37087	Cancel	Sobriety First - Mon
		Back to Basics Assembly Church
37087	New	716 North Cumberland Street - Mon 7p CD
37110	Change	Bar None now 7p Monday no Sat meeting
37115	Cancel	WTF - Serenity House
37122	Change	Easy Does It - Meets Fri 7p OD not Thurs
	Q	How It Works Toddy Bldg 541 N. Mt Juliet Rd
37122	New	Suite 2103 Wed 6pm OD step 1,2,3
37128	Move	Camels Fellowship United Methodist 2511 TN-99
57120	riove	Jacob's Well now Uncommon Women - Old
	Change /	Hickory United Meth Ch 1216 Hadley Ave
27120	-	503.997.8716 Sun 10:15a OD/WMN
37138	Move	Struck Gold now at Blakemore United Meth Ch
37203	Move	3601 West End Ave
		East Side Comes Alive Memorial Lutheran Church
<u>37203</u> <u>37206</u>	Move New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit
37206	New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032
<u>37206</u> 37208	New New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD
<u>37206</u> 37208	New New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are
<u>37206</u> 37208	New New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group
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37206 37208 37210 37211 37211 37211	New New Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit
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37206 37208 37210 37211 37211 37211 37212	New Cancel Cancel Cancel Cancel Cancel New	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit
37206 37208 37210 37211 37211 37211 37212 37212	New Cancel Cancel Cancel Cancel Cancel New Add	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC
37206 37208 37210 37211 37211 37211 37212 37214 37214	New Cancel Cancel Cancel Cancel New Add Add	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214	New Cancel Cancel Cancel Cancel New Add Add Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p
37206 37208 37210 37211 37211 37211 37212 37214 37214	New Cancel Cancel Cancel Cancel New Add Add	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den
37206 37210 37210 37211 37211 37211 37212 37214 37214 37214 37218	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel New Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221 37221 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel New Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221 37221 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37218 37221 37221 37221	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS
37206 37208 37210 37211 37211 37212 37212 37214 37214 37214 37214 37214 37218 37221 37221 37221 37232 38401	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS Friday Night Live First Methodist Church -
37206 37208 37210 37211 37211 37212 37212 37214 37214 37214 37214 37214 37218 37221 37221 37221 37232 38401	New Cancel Cancel Cancel Cancel New Add Add Cancel Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS Friday Night Live First Methodist Church - 203 S. Main - Sat 7pm CD
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37214 37218 37221 37221 37221 37232 38401 38501	New Cancel Cancel Cancel Cancel Cancel Add Cancel Cancel Cancel Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS Friday Night Live First Methodist Church -
37206 37208 37210 37211 37211 37211 37212 37214 37214 37214 37214 37214 37214 37218 37221 37221 37221 37232 38401 38501 38562	New Cancel Cancel Cancel Cancel Cancel Add Add Cancel Cancel Cancel Cancel Cancel Cancel Cancel	East Side Comes Alive Memorial Lutheran Church 1211 Riverside Drive - Tues 7pm OD/Lit Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD Come As You Are Utopia Fellowship Group Mid-Day Women Every Night at 6 - Sun cancelled We Are Not Saints 1619 17th Ave S 6p Su OD/Lit Come Grow with Us Women's Sat 11am OD/ Wmn/CC Young & Sober - Th 7p OD Young & Sober - Th 7p OD Young & Sober - Sun 6p Lions Den A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30 Hope Park Lit Study Recovery Group - Vanderbilt Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS Friday Night Live First Methodist Church - 203 S. Main - Sat 7pm CD

GROUP/MEETING	JUNE	YTD
	JUNE	
86'ers	39	<u>484</u> 191
	39	-
		300
AWOL LIT STUDY		24
BACK TO THE BIG BOOK	20	60
BACKROOM		1,110
BASEMENT BUNCH, COLUMBIA	33	123
BELLEVUE		150
BRENTWOOD FULL MOON	600	600
BY THE BOOK, DICKSON	225	225
CHICKEN PLUCKERS	250	250
CLARKSTREET	200	520
COLUMBIA	20	125
COMFORT ZONE		600
COMMUNICATIONS		347
COOL SPRINGS NEWCOMERS		100
CROSSVILLE NOONERS		100
CROSSVILLE SISTERS IN SOBRIETY		68
		25
DAVIDSON RD	1,200	3,500
DICKSON AA	1,200	240
DISTRICT 9	150	300
DONELSON YET	150	
	400	100
	136	266
DROP THE ROCK	4 6 7 7	50
DRUNKS IN THE PARK	1,275	1,275
EAST HICKMAN		48
EAST SIDE MEN'S STAG		500
EAST SIDE SATURDAY		739
EASY DOES IT		250
EVERY WOMAN HAS A STORY	48	146
FAIRFIELD GLADE		142
FAIRVIEW		300
FAYETTEVILLE	40	60
FELLOWSHIP		175
FIRST THINGS FIRST		286
FIVE & FIVE		264
FRANKLIN		1,911
FRANKLIN FELLOWSHIP		200
FRANKLIN 4TH ED BB STUDY		300
FRANKLIN ROAD WOMEN'S	170	289
FREE TO BE	170	
		285
		10
FRIDAY NIGHT LIVE, GAINSBORO		40
		25
GOODLETTSVILLE		350
HAPPY HOUR - LEWISBURG	25	30
HARDING RD		450
HERMITAGE		400
HIGH NOON		466
HOPE PARK LIT STUDY		39
IT'S A GEAT DAY		39
KEEP IT SIMPLE BELLEVUE		554
KEY TO SOBRIETY		800
KICKOFF ISN'T UNTIL NOON	560	560
LATE LUNCH BUNCH		1,400
	85	176
LEWISBURG UNITY	00	25
LIVE & LET LIVE		
		25

YOUR GROUP CONTRIBUTIONS

GROUP/MEETING	JUNE	YTD
	100	200
LIVINGSTON 12x12		50
MADISON STREET	35	85
MIDDAY BREAK		251
MT. JULIET FELLOWHIP		100
MURFREESBORO	15	90
MUSIC ROW		50
MUSTARD SEED		250
NEW BEGINNINGS	25	175
NEW BEGINNINGS WOMEN		160
NEW DAY	20	40
NEW LIFE H-VILLE		122
NIPPER'S CORNER		144
NORTHSIDE , CLARKSVILLE		100
N.O.W.		134
ONE DAY AT A TIME		345
ONE STEP CLOSER	388	388
OUT TO BREAKFAST		106
PAY DAY		120
PEACHTREE	50	50
PORTLAND UNITY		2
PRIMARY PURPOSE		275
PULASKI	5	30
REBOS		504
RIGHT DIRECTION		400
RUTS		500
SAFE HARBOR		100
SAFE PLACE		122
SANGO		40
SATURDAY NIGHT ALIVE	10	40
SEARCH FOR SERENITY		120
SEEKING SANITY		874
SERENITY M'BORO	25	120
SHADE TREE	1,675	3,269
SIMPLY SUNDAY		420
SISTERS IN SOBRIETY		120
SMYRNA GRATITUDE	677	2,525
SPRING HILL		20
STRAGGLERS		500
ТСҮРАА		218
THREE LEGACIES		15
TRUDGING THE ROAD		150
TURNING POINT		219
UNITED	200	400
WEST NASHVILLE		32
WESTMINSTER		500
WINNERS & BEGINNERS		234
WOMEN IN THE SOLUTION		150
WOMEN'S FREEDOM		450
WOMEN'S OPEN DOOR		268
WOMEN'S WAY		80
YET		100
TOTALS TO DATE	8,301	38,174

Middle Tennessee Intergroup Association Statements of Activities

For the Six Months Ending June, 2018, and 2017

	June 2018	June 2017	2018 YTD	2017 YTD
Income				
Net Literature Sales	2,477.87	3,845.06	14,969.19	18,628.35
Group Donations	6,985.39	3,649.89	38,095.86	33,025.84
Individual Donations	340.00	270.95	7,266.17	1,452.40
Messenger Donations	-	-	155.91	93.00
Website Donations	19.26	389.70	446.88	804.15
Special Events	-	-	4,814.27	-
Interest	<u> </u>	3.31	79.41	20.54
Total Income	9,822.52	8,158.91	65,827.69	54,024.28
Expenses				
Casual Labor	200.00	200.00	1,200.00	1,200.00
Payroll	7,423.88	4,775.84	34,515.98	28,654.44
Legal & Professional	700.00	350.00	2,100.00	2,100.00
Sales Tax Expense	-	-	-	1.61
Rent	1,046.00	996.00	5,977.50	6,021.50
Printing	-	-	123.70	62.00
Payroll Taxes	481.17	365.90	2,870.65	2,283.62
Repairs & Maintenance	-	-	-	-
Equipment Rental	49.99	49.99	340.61	823.47
Telephone & Fax	412.23	401.44	2,499.62	2,516.92
Answering Service	200.00	200.00	1,236.00	1,236.00
Postage	125.09	137.95	878.98	628.12
Office Supplies	108.63	408.40	853.16	1,096.64
Bank Service Charges	0.01	-	0.01	-
Moving Expenses	-	-	-	-
Computer & Technology	108.63	43.65	1,473.70	1,876.93
Intergroup Expense	86.69	130.00	623.68	411.77
Insurance	-	-	1,298.00	1,244.00
Special Events	-	-	2,679.40	-
Travel	1,193.02	-	1,193.02	247.02
Miscellaneous	26.00	-	26.00	
Depreciation	-	7.92	43.41	47.52
Over/Under	0.16	-	(5.45)	(126.79)
Total Expenses	12,161.50	8,067.09	59,927.97	50,324.77
Net Income	\$ (2,338.98)	91.82	\$ 5,899.72	3,699.51





'You're fired, Jack. The lob results just came back, and you tested positive for **Coke**."

ANY LENGTHS

Jane G	08.06.81
Bill G	08.08.83
Andrea G	08.30.11
Holly M	08.13.12
Rebecca	08.08.17

BACK ROOM

2	
Ashley L	08.21.15
Branch H	08.12.98
Geno B	08.17.17
John H	08.06.84
Kelsey L	08.27.14
Lee D	08.09.85
Michael R	08.21.08
Samantha L	08.04.13
Stephanie A	08.25.14
Tommy W	08.14.12
Tripp K	08.28.16
Tyler W	08.28.16

DONELSO	V YET
Mike H	08.28.05

EASY DOES IT			
Ellen C	08.31.92		
Jamie P	08.18.95		
Louie B	08.11.88		
Robert S	08.17.08		
Tim B	08.17.91		

	NEW DA	4 <i>Y</i>
Eric G		08.13.12

PORTLAND UNITY

Benny L	08.20.09
Tom P	08.15.15

SAFE HARBOR - CLARKSVILLE

Andrea G	08.30.11
Bill G	08.08.83
Holly M	08.13.12
Jane G	08.06.81
Rebecca	08.08.17

SMYRNA GRATITUDE

Billy C	08.06.13	
Cathy Y	08.04.09	
Chris S	08.08.14	
Hannah T	08.08.16	
Hollie C	08.04.09	
Jose M	08.19.17	
Neal R	08.23.02	
Richard B	08.15.06	
Sarah D	08.25.04	
Shannon S	08.14.12	
Tabitha G	08.01.12	

WOMEN'S SPEAKER

Judy R	08.31.86
Leah W	08.11.15



"My therapist says I need to confront my demons. When are they coming back from summer camp?"





Middle Tennessee Central Intergroup Association

417 Welshwood Drive Suite 207 Nashville, TN 37211

615.832.1136 800.559.2252

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