

The **MESSENGER**

Middle Tennessee Central Office Intergroup

\$ 1.00

NOVEMBER 2018

Please join us for the

Annual Celebration of Sobriety Dinner

A Middle Tennessee Intergroup Potluck

Friday, November 16, 2018

Woodmont Hills Church

3710 Franklin Road at Woodmont Blvd

6pm  Reception

7pm Dinner

8pm  Speaker

Meat, Desserts & Drinks Provided

Please bring Casseroles, Vegetables, Salads,

Side Dishes, & Bread

Please have on site by 6:45pm

Tickets \$15

Please contact Central Office @ 615-831-1050 for tickets

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm, Hot Line (615) 831-1050, (800) 559-2252 (outside local area),
Business—(615) 832-1136, Fax—(615) 834-5982, Articles for The Messenger—blamethemessenger@gmail.com -email—mtcoaa@aol.com, Website—www.aanashville.org,

Contents

On the Cover	INTERGROUP MINUTES
ANNUAL CELEBRATION DINNER	Page 5
	EVENTS
	Page 6 & 7
GAME OVER	MEETING CHANGES
Page 2	Page 8 & 9
PLAYING GOD	BIRTHDAYS
Page 3	Page 9
INTEROFFICE / CENTRAL OFFICE INFO	FINANCIALS
Page 4	Page 10
	CONTRIBUTIONS
	Page 11

"The Traditions are neither rules, regulations, nor laws. No sanctions or punishments can be invoked for their infractions. Perhaps in no other area of society would these principles succeed. Yet in this Fellowship of alcoholics, the unenforceable Traditions carry a power greater than that of law."

AA Co-Founder, Bill W., July 1960, "The Language of the Heart", The Language of the Heart

HAPPY THANKSGIVING



GAME OVER

When she realized that doing the Steps was not a competition, she was able to move forward

My name is Mary Lou and I am an alcoholic. I have been sober 32 years, which can be considered a long time, even old timer status. I frequently listen to the newcomer in AA and can truly feel those feelings, understand those fears and thoughts that occur in early recovery from alcoholism. In my own life, situations regularly occur that bring me back to the first step and keep me practicing the principles of AA in daily life. In my early days of sobriety, I didn't think too much about the Steps.

I was confused, unable to sleep, and continuously panic stricken. I remember certain people were kind to me, but even if someone wasn't, I still came back to the next meeting. I collected phone numbers (at one time I had 300). It made me feel secure, but I never called anyone. I struggled to maintain a job and got no relief from praying or practicing good orderly direction.

Today, I hear from some that the Steps can be taken in an afternoon. Another group painstaking reads, writes about and discusses each paragraph in our Big Book. Although I am not a proponent of the "whatever works" brand of AA, (it is too easy for me to justify wrong behavior), both approaches seem to work for some. What doesn't work is arguing about who is right and gossiping about who I think is wrong. I need to remember that I believe "this is a God thing." God worked in my life in ways I could never imagine. I got comfort at a midnight meeting from an old-timer who told the same story every week and then fell asleep. Go figure.

My first sponsor was a beautiful, bubbly lady who looked like Betty Boop. She was the anti-Mary Lou. She didn't understand me, but she cared about me and called me on Christmas. I will always be grateful to her.

My life changed at a meeting one night when an angry blond was pounding on the table after a relapse, saying "I deserve to be sober!", and another member spoke after her and quietly said "I hope I never get what I deserve." Talk about putting on a new pair of glasses!

I was trying unsuccessfully to take a Fourth Step and a member told me that if I was having trouble that I should go backwards to Step Three. I ended up on Step Two and stayed there awhile.

I was angry, and I didn't believe anything could change

(Continued on page 8)

PLAYING GOD

After years of not being able to stop drinking, he came to understand the importance of the Third Step

God really hated me. At least that's what I thought towards the end of my drinking. Why else wouldn't he answer my plea for help; why did he ignore me?

Drinking was no longer fun and exciting, it had grown painful, and was a millstone around my neck. I had to have it; I was hooked. I was no longer in love with alcohol. I had grown to hate it and wanted out. But I couldn't stop, no matter what, or how hard I tried.

I didn't wake in the morning like most people, I gradually came-to, slowly regaining consciousness. And as consciousness returned, I knew that as soon as I opened my eyes things would go downhill.

Headaches, puffy red eyes, a mouth full of something very foul. "Good morning world, I'm back." But before I even opened my eyes, I would lay there wondering why I'd gotten drunk, again. Why couldn't I quit, even for one night? I would plead with God to please keep me from drinking today. Please give me the strength to say no to that deadly first drink, the one that always got me drunk. There was nothing I wanted more than to open my eyes and not be hung over.

Do you know how scary it is to lie in bed afraid of what's going to happen when you open your eyes? Of course you do, if you're a drunk. You have been down this miserable road, too. But, more troubling to me than the actual hang over was the nagging question: Why? Why wouldn't God answer my prayers? How could I pray so hard and not receive help? Was I so far gone that not even His love could help? Was I so wretched that he had given up on me?

Although I was confused and frustrated by God's non-response, I never gave up hope. I never rejected him, even though I felt that he must have rejected me. In retrospect I know that he was always there, wanting and very willing to help. I just needed to learn to allow him to do what he would with my life. It took AA to show me the way. We all discover the same truth when we reach Step Three of the Twelve Steps of AA: "Made a decision to turn our will and our lives over to the care of God as we understood Him." The Big Book expands on this by giving us the Third Step prayer: "God, I offer myself to Thee—to build with

me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always."

Okay, I believe. I want to do his will, always. But how? I had to go back several paragraphs to find the answer. "This is the how and why of it. First of all, we had to quit playing God. It didn't work. Next we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is the Father, and we are His children."

That struck home for me. I was trying to play God and it wasn't working. I had always "run the show," and this wasn't any different. Although I was sincere when I asked Him to take away my craving for alcohol in the morning; by early evening I would take my will back and grab a beer as soon as I got home from work. I would give in to my craving, even though I knew where it would lead. And this was very scary. I obsessed over alcohol. When I got home from work and walked through the garage, I passed the beer cooler, and always reached in and grabbed a cold one. This was automatic, almost as though it was genetically programmed into me. There was no thought about where it would lead,



no consideration of the consequences, I would just grab a beer on my way into the house, pop the top before I reached the kitchen, and down a big swallow.

Sometimes the realization would hit about what I'd just done by taking that drink. As bad as I wanted to take a night off and not drink, I knew it was too late, again. So, I would say, "the hell with it," and proceed to get drunk, starting the cycle again.

So how do I stop playing God? How do I turn my will and life over to God and allow him to run the show?

When he removed my obsession to drink, along with some of my worst character defects, it dawned on me that when he was in control my life ran smoothly,

(Continued on page 4)

PLAYING GOD

(Continued from page 3)

good things happened, and I was happy. But, when things started going badly, I would try to figure out why, and always came to the same conclusion—I had taken back control. But I still didn't know why God allowed me to take control.

Then it hit me—free will. God gave man the blessing/curse of free will: a blessing when used to love God and willingly follow him and pray that he will take charge of your life and run-the-show; a curse when you reject God, or at a minimum, take back control. Now I was on to something, I had a new tool in my spiritual toolbox.

When events started going wrong, and things just felt out of whack, I knew what had happened, and how to correct it. I simply stopped what I was doing and prayed, asking God to please take over and not let me try to run things. I also began adding "Dear God, please nudge me and remind me that I was trying to run things again and that never worked." And he did, and still does, many years later.

Oh sure, I still try to run things, that's human nature, but God does nudge me and remind me that I've turned things over to Him so I can just sit back and relax. When I do give them back, things improve, life smoothes out, my blood pressure drops, and I smile, feeling good.

God has removed my desire to drink, corrected, (and continues to correct) my major flaws, and life has never been so wonderful. This is now ingrained in me, it's become the way I'm wired.

If your life still seems chaotic and things seem to go-to-hell so often, you might try getting out of the way and allowing God to run things for awhile. Things do improve, immensely, and the burden of trying to figure out what to do is removed. Yes, you can smile through adversity pain and confusion.

Oh, don't forget to thank Him, for all the good times you're going to have.

Mike D—Lutz, FL

*Reprinted with permission :AAGrapevine.org
Web Exclusive Sept 2011*

<i>CENTRAL OFFICE POSITIONS</i>	<i>OFFICER NAME</i>	<i>PHONE NUMBER</i>
Chairperson	Travis O	615.642.1027
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Garrett D	615.957.7674
Secretary	Joe C	615.491.1824
Treasurer	Mark M	615.804.8128
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Accessibility Committee	Darin M	615.423.2620
Corrections	Charlie B	615.554.9085
Treatment Facilities	Stephen T	615.926.9467
Events Chair (Interim)	Charlie B	615.554.0501
Archives	Butler M	225.226.5457
Sobriety Dinner	Lee Ann	615.424.3875

**FIRST TUESDAY OF
EVERY MONTH:**
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

**SECOND MONDAY OF
EVERY MONTH:**
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**STEERING
COMMITTEE**
When: Monday Jan 21st
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

**FIRST TUESDAY OF
EVERY MONTH:**
District 32 Meeting
When: 6:30pm
Where: Last Stop Club
2122 Utopia

**SECOND SATURDAY OF
EVERY MONTH**
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

Middle Tennessee Intergroup Association Minutes October 8, 2018

Opening

- Serenity Prayer – Garrett D. opened meeting with moment of silence followed by the Serenity Prayer.
- Welcome and Introductions – Round Table Introductions were made.
- Tradition 10 questions were read aloud.

Committee Reports

- **Chairperson's Report** – Travis O. – Out of town.
- **Vice Chair Report**- Garret D. – Nothing to report.
- **Treasurer's Report**- Mark M. presented Treasurer's Report. Motion to accept Treasurer's report made, seconded and approved unanimously. Report is attached to mass email. Al C. asked how many and what percentage of the groups are contributing. Central Offices provides services to all groups whether or not they contribute.
- **Secretary's Report**- Joe C. presented Secretary's report. Motion to accept Secretary's report made, seconded and approved unanimously.
- **CO Manager's Report**- Charles C. presented manager's report. Report will be sent out with the minutes mass email. Discussed Intergroup Meeting that was held in Montreal, Canada. Honored to represent Middle Tennessee. Charles discussed the Dinner and scholarship tickets. Bill M. and Charles are going to do some exploratory work to see if Nashville can host the 2020 Intergroup Convention.
- **Events Report**- Lee Ann & Susan – Lisa H. will be the featured speaker. Rob S., who has volunteered at Intergroup for over 30 years will present some history of Central Office. Peggy B.C., former Central Office manager, is also invited to speak.
- **Susan gave Events report** – Will be reaching out to volunteers for the dinner to nail down what exactly needs to be done. Presented idea about selfie challenge for the slide show at the dinner. The slide show will be about smiling happy volunteers. susanewlaker@me.com
- **CPC/PI** - Al C. presented report. Charles presented PSA's (Public Service Announcement) from GSO. Central Office has copies from GSO. NAMI National Alliance on Mental Health at Opryland on September 27 and 28. Recovery Fest held on the 29th at East Park. Showed Banner/Table Cloth that was used at the event. Aided in spreading the message. Rutherford County also had a Recovery Fest that was represented by AA. Garrett also presented new announcement board about anonymity in the digital age.
- **Corrections Report**- Charlie B. presented report. 120 people at the most recent Riverbend orientation. Oct. 24th is the final Davidson County orientation for the year.
- **Treatment Facilities Report**- Steve T. presented report. Brought Treatment Display that will be at the next Assembly in Cookeville. Working to define District Boundaries for District 35 and 31. Working on 4th quarter updates of who is doing what, when and where.
- **Accessibility Report**- Darin M. presented report. Updating Accessibility Form. Will designate Handicap Accessible and handicap Assisted. Assisted might not be handicap accessible but it means they will get assistance.
- **Archives Report**- Butler M. – Nothing to report

Zone Representative Reports

Zone 09- No Report

Zone 11- No Report

Zone 12- Les No Report

Zone 13- Bryan announced Fall Ball on October 20th.

Zone 14- No Report

Zone 15- No Report

Zone 30- No Report

Zone 31- Al announced work shop November 2nd and 3rd. Flier attached with minutes. Food will be good.

Zone 32- Lindsey – Nothing to Report

Zone 33- No Report

Zone 34- Barry announced Chili Cookoff – Flier attached.

Zone 35- No Report

Zone 40- No Report

Zone 41- No Report

Old Business - None

New Business – TCYPAA event announced

No other new business

- 7th Tradition Basket passed
- October Birthdays - recognized
- Closed with Responsibility Statement

MT. JULIET FELLOWSHIP GROUP

Grace United Methodist Church
2905 Mt. Juliet Road

SPEAKER MEETING

ALSO EATING

NOVEMBER 10th

EAT at 6:00pm SPEAKER at 7:00pm



SPEAKER

ANTHONY G.



LIGHTNING



PICNIC FOOD

A Picnic on the inside before the start of the Holiday food Bring a picnic dish or anything You wish

MORE IMPORTANT COME AND BRING SOMEONE

District 31

WORKSHOP Weekend

November 2 & 3, 2018

November 2—Friday Night Speakers

7pm—9pm

Lori G—Oklahoma Alanon

Renee E—Maryland AA



November 3—Saturday Speakers

8:30am—5pm

The 12 Steps straight from the Big Book **BYOBBI!**

Clif G—Oklahoma AA

John E—Maryland AA

Bring your Sponsees...
Better yet,
bring your Sponsor

Where you ask?

Donelson Church of the Nazarene

208 Donelson Pike ♦ Nashville, TN 27214

LUNCH IS PROVIDED

Any Questions Call: Tina H—615-351-0501 or Darin M—615-423-2620

Principles Over Personalities Christmas Dinner

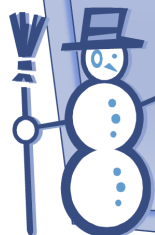
Friday, December 07

We will begin eating at 6:30pm and the speaker will start at 8:00pm

3705 Brush Hill Rd, Nashville, TN 37216

The Principles Over Personalities Group of Alcoholics Anonymous invites one and all to our Annual Christmas Dinner. Food and drinks will be provided. Please bring a side dish if you can.

Sponsored by P.O.P



DISTRICT 33

Saturday Nov 10 5:30-9 pm

Franklin First United Methodist Church
120 Aldersgate Way (Front lobby area)
Franklin, TN 37069

5:00 Doors Open

5:45 Judge Chili

6:00 Eat

6:45 Dessert Auction-Buddy L.

8:00 Speaker - TBA

9:00 Take down - All Hands

CHILI: Bring in crockpot 5:40 pm already heated, with serving utensil

OR Bring sides / Desserts



DESSERT AUCTION

In Support of Area 64 3rd Qtr Assembly 2018

Volunteer✓✓✓ Questions???

Angie B. 615 275 9739

Troy V. 615 330 2606

52nd Annual Women's HOLIDAY PARTY

hosted by the N.O.W. AA group

Sunday, December 9 at 4 pm

Trevecca Community Church Auditorium

Trevecca Nazarene University at 335 Murfreesboro Road in Nashville, Tennessee



Nashville's Original Women's Group (N.O.W.) is the oldest women's AA group in this area. For 50+ years, our group has met at 11am on Thursdays at 202 Friendship House.

Please **bring finger food or a dish**
in a disposable container to share with others.

Admission is free but a \$5 donation is suggested.

Please consider donating for yourself and one other person, if you can afford to do so.

Here is why we need your donation: Rent for the auditorium + the cost of coffee, cream & sugar, cups, forks, plates, and napkins is about \$900.
Everything else is donated – food, signage, tablecloths, etc.
Over 300 women attend each year, for an average cost of \$3.00 per person. Not everyone who attends can afford to donate.
Many of the women who join us at our annual party come from treatment centers and sober living & halfway houses.
We ask for a donation from everyone who can afford it, even if you contributed food to the party.

55th



**INTERNATIONAL
WOMEN'S
CONFERENCE
LOS ANGELES**

*The Language of the Heart
will be spoken Here*

February 7th - 10th 2019

**The Westin Bonaventure
Hotel & Suites**

**404 South Figueroa Street
Los Angeles, CA. 90071**

213-624-1000

IWC is a closed conference for Women in Alcoholics Anonymous

www.internationalwomensconference.org

For More information:

www.2018NationalCorrectionsConference.org

Or email:

2018NCCInfo@gmail.com

Or call (207) 441-7981

Marriott at Sable Oaks

200 Sable Oaks Drive
South Portland, ME 04106
(207) 871-8000

Be sure to mention that you are participating in the 2018 National Corrections Conference to receive the \$109 per night reduced rate. All room reservations must be booked directly with the Portland Marriott at Sable Oaks before October 2, 2018

Hotel offers free shuttle service from/to
Portland International Jetport

DIRECTIONS:

From the North: take I-295 S to Exit 1 toward I-95 N/Maine Turnpike North/Maine Mall Road; merge onto Maine Turnpike Authority Approach Road; take Maine Mall Road exit toward Jetport/ME-114; keep left to take ramp toward Jetport; turn right on Maine Road Road; turn left on Running Hill Road; take first right onto Sable Oaks Drive; 200 Sable Oaks Drive is on the left.

From the South: Take I-95 N to Exit 45 toward ME-114/US-1/Maine Mall Road; take the Maine Mall Road exit toward Jetport/ME-114; keep right to take ramp toward Jetport; merge onto Maine Mall Road; turn left onto Running Hill Road; take first right onto Sable Oaks Drive; 200 Sable Oaks Drive is on the left.

2018 National Corrections Conference

FRIDAY

► **November 2, 2018** ◀

Registration opens 2PM
Early Bird Meeting 3PM
Opening Meeting 7PM

SATURDAY

► **November 3, 2018** ◀

Speaker Panels 8AM
continue throughout the day.
Saturday Night Banquet 6PM
Speaker Meeting 7:30PM

SUNDAY

► **November 4, 2018** ◀

Speaker Panels 8AM



**Sheriff's North Complex
610 West – Due West Avenue
Madison TN, 37115**

Community Partners Orientation

**Every 4th
Wednesday
Time: 6PM - 8PM**

Contact

Qunina Richardson
Thomas Hunter

CONTACT US FOR MORE DETAILS AT 615-862-8269 X76025

GAME OVER

(Continued from page 2)

me. Finally after two years, I couldn't deny that I was beginning to heal and could begin to move forward. I had been treating the Steps like I was playing a board game and whomever got to the end first would win.



I began to practice the 12 Steps in earnest when marriage and motherhood threatened to overwhelm me. Those years were tough (they don't call motherhood the hardest job on Earth for nothing) but God gave me the help I needed. A sponsor, a doctor, a meeting, a church. Today my children are relatively happy, healthy adults. Unfortunately, the marriage didn't survive. However, divorce brings a great opportunity to do your own inventory and learn to move on after failure.

I belong to an AA group I really love today. Recently, my inventory has shown me to direct more of my attention to the newcomer and to be present in the moment. I also offer to read the Big Book with them-- what a true demonstration of mutual aid.

I look forward to the future, even with old age and an empty nest on the horizon. I know God isn't finished with me yet.

*Mary Lou—Buffalo New York
Reprinted with permission :AAGrapevine.org
Web Exclusive Nov 2011*



CANCELLED GROUPS OR MEETINGS

37013	Cancel	Higher Powered Fri Night
37014	Cancel	Downtown Triune Group
37030	Cancel	Smith County Friendship
37062	Cancel	Psychic Change
37064	Cancel	Saint Phillips Meeting
37064	Cancel	SAS/Sober & Safe Women's
37072	Cancel	Legacies
37072	Cancel	Ray Of Hope
37080	Cancel	Joelton Sat Meeting
37087	Cancel	Sobriety First - Mon
37115	Cancel	WTF - Serenity House
37210	Cancel	Come As You Are
37211	Cancel	Utopia Fellowship Group
37211	Cancel	Mid-Day Women
37211	Cancel	Every Night at 6 - Sun cancelled
37214	Cancel	Come Grow with Us
37214	Cancel	Young & Sober - Sun 6p
37218	Cancel	Lions Den
37221	Cancel	Hope Park Lit Study
37232	Cancel	Recovery Group - Vanderbilt
38508	Cancel	Fairfield Glade - Tues

MOVES

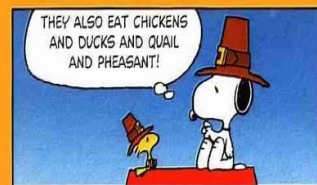
37138	Move	Jacob's Well now Uncommon Women - Old Hickory United Meth Ch 1216 Hadley Ave 503.997.8716 Sun 10:15a OD/WMN
37027	Move	Late Lunch Bunch - Concord Rd Ch of Christ 8221 Concord Road
37064	Move	Franklin Fellowship - 1st United Methodist Ch 148 5th Ave S Basement
37076	Move	SSS Group now at Hermitage United Meth Ch 205 Belinda Dr.
37128	Move	Camels Fellowship United Methodist 2511 TN-99
37203	Move	Struck Gold now at Blakemore United Meth Ch 3601 West End Ave
37204	Move	Women's Speaker Glendale United Meth 900 Glendale St
37220	Move	Bellevue Winners & Beginners Ch. Of Christ, 5120 Franklin Pike

CHANGES / ADDITIONAL MEETINGS ADDED

37027 Change	Turning Point - Tues 7p now CD/ALN
37027 Change	Friday Night Prime Time now 7pm
37040 Add	Southside - Wed 6:30p OD
37082 Add	Kingston Springs Women's Fri 11:30a OD/Wmn
37110 Change	Bar None—now 7p Mon no Sat mtg
37122 Change	Easy Does It - On Fri 7p OD not Thu
37135 Add	Right Direction Mon 7p OD
37174 Change	Spring Hill Group Women now Thurs 6:30p CD/Wmn
37214 Add	Young & Sober - Th 7p OD
38464 Change	Lawrenceburg Wed Noon Cancelled
38570 Change	Livingston 12x12 Sat 7p OD
38570 Change	Livingston Mon Wed Thu 7p OD

NEW GROUPS / MEETINGS

37027 New	Late Lunch Bunch Beginners Concord Rd Ch of Christ 8221 Concord Rd OD/ Beg 1pm Sat & Sun
37027 New	Sunday Evening Holy Name Catholic 9100 Crockett Rd Sun 4p CD/Wmn
37072 New	Ray of Hope Connell Memorial Methodist Ch -200 East Cedar Wed 12p OD
37087 New	Back to Basics Assembly Ch 716 North Cumberland Street - Mon 7p CD
37122 New	How It Works Toddy Bldg 541 N. Mt Juliet Rd Suite 2103 Wed 6pm OD step 1,2,3
37206 New	East Side Comes Alive Memorial Lutheran Church—1211 Riverside Drive - Tues 7pm OD/Lit
37208 New	Together We Can - Mt. Carmel Baptist 1032 Monroe St - Fri 7pm OD
37209 New	New Freedom Highland Park Ch 5710 Knob Rd Tues 7p OD
37210 New	No Frills - Club 62 329 Peachtree Weds 7p OD
37211 New	She Speaks - Salvation Army 525 Paragon Mills Tue 7p Wmn
37212 New	We Are Not Saints 1619 17th Ave S 6p Su OD/Lit
37221 New	A.W.O.L. Lit Study Cross Point Church 7675 US 70 South Tue 6:30
38401 New	Recovery First - Craft Memorial Meth CH 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit
38501 New	Way Out Group Unity Church 823 E. 10th Street -Thurs 6:30p SS
38562 New	Friday Night Live First Methodist Church -203 S. Main - Sat 7pm CD



BACK ROOM

Bogie B	11.27.90
Chris M	11.01.17
Chuck P	11.30.86
Dora C	11.21.15
Joe P	11.20.16
Kayla A	11.07.16
Kelly P	11.30.06
Maygan L	11.03.02
Phoebe	11.24.14
Tom B	11.22.09

EASY DOES IT

Jeromy S	11.06.15
Steve B	11.03.93

FULL MOON

Boyd S	11.14.95
Dale S	11.10.14
Darlene H	11.05.05
Paul B	11.14.14
Ryan D	11.12.12
Sam B	11.17.16
Sandy R	11.10.00
Tony O	11.14.00
Tony T	11.22.00

NIPPERS CORNER

Casey L	11.27.09
Josh M	11.07.16
Lindsay R	11.21.10
Wayne B	11.12.97

ON AWAKENING

Jim W	11.14.15
Rick L	11.28.16

SMYRNA GRATITUDE

Ernie D	11.20.87
Jeanette S	11.17.16
Joel C	11.16.14
Mark F	11.12.87
Mike W	11.11.10
Mike W	11.11.10
Pete M	11.25.16
Rachel R	11.01.13
Sonny P	11.01.04
Tommy R	11.17.17
Troy R	11.03.15
Vera N	11.27.17

WOMEN IN THE SOLUTION

Debbie H	11.24.04
Sandi Z	11.18.83

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Nine Months and Year Ended September 30, 2018

	September 2018			YTD 2018		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,042.45	3,124.17	(1,081.72)	24,940.69	28,117.53	(3,176.84)
Group Donations	3,376.06	6,403.92	(3,027.86)	55,988.82	57,635.28	(1,646.46)
Individual Donations	399.26	433.00	(33.74)	8,067.23	3,897.00	4,170.23
Messenger Donations	-	17.00	(17.00)	167.91	153.00	14.91
Website Donations	-	-	-	573.26	-	573.26
Special Events	30.00	716.16	(686.16)	4,844.27	6,445.44	(1,601.17)
Interest	24.28	3.75	20.53	192.85	33.75	159.10
Total Income	5,872.05	10,698.00	(4,825.95)	94,775.03	96,282.00	(1,506.97)
Expenses						
Casual Labor	200.00	200.00	-	1,800.00	1,800.00	-
Payroll	5,415.92	5,750.00	(334.08)	51,463.74	51,750.00	(286.26)
Legal & Professional	350.00	350.00	-	2,800.00	3,150.00	(350.00)
Rent	996.00	1,006.00	(10.00)	8,965.50	9,054.00	(88.50)
Printing	-	50.00	(50.00)	263.07	450.00	(186.93)
Payroll Taxes	536.02	440.00	96.02	4,322.06	3,960.00	362.06
Repairs & Maintenance	-	58.00	(58.00)	-	522.00	(522.00)
Equipment Rental	102.00	75.00	27.00	553.51	675.00	(121.49)
Telephone & Fax	408.62	475.00	(66.38)	3,675.07	4,275.00	(599.93)
Answering Service	209.00	217.00	(8.00)	1,884.00	1,953.00	(69.00)
Postage	69.19	225.00	(155.81)	1,290.10	2,025.00	(734.90)
Office Supplies	260.15	233.00	27.15	1,483.87	2,097.00	(613.13)
Bank Service Charges	-	-	-	0.01	-	0.01
Computer & Technology	65.55	333.00	(267.45)	1,895.97	2,997.00	(1,101.03)
Intergroup Expense	73.87	250.00	(176.13)	1,531.97	2,250.00	(718.03)
Insurance	-	200.00	(200.00)	1,298.00	1,800.00	(502.00)
Special Events	-	375.00	(375.00)	2,838.40	3,375.00	(536.60)
Travel	1,242.01	448.00	794.01	2,821.70	4,032.00	(1,210.30)
Miscellaneous	-	-	-	26.00	-	26.00
Depreciation	-	13.00	(13.00)	43.41	117.00	(73.59)
Over/Under	-	-	-	(13.46)	-	(13.46)
Total Expenses	9,928.33	10,698.00	(769.67)	88,942.92	96,282.00	(7,339.08)
Net Income	(4,056.28)	-	(4,056.28)	5,832.11	-	5,832.11



"Only by accepting my powerlessness over alcohol did I begin to discover the powers that alcohol had obliterated: God, health, truth, love, nature, fellowship, humor, creativity, and even simple daily kindness."

"In Your Bones," Barrington, Illinois, June 2007, Into Action



YOUR GROUP CONTRIBUTIONS

GROUP/MEETING	AUG	YTD
86'ers		484
ANONYMOUS	39	264
ANY LENGTHS		300
AWOL LIT STUDY (was HOPE PARK)		118
BACK TO THE BIG BOOK		60
BACKROOM	103	3,010
BASEMENT BUNCH, COLUMBIA		158
BELLEVUE		150
BRENTWOOD FULL MOON		600
BY THE BOOK, DICKSON		225
CHICKEN PLUCKERS		250
CLARKSTREET		520
COLUMBIA	20	185
COLUMBIA BASEMENT GROUP	16	16
COMFORT ZONE		1,065
COMMUNICATIONS		347
COOL SPRINGS NEWCOMERS		300
CROSSVILLE NOONERS		100
CROSSVILLE SISTERS IN SOBRIETY		68
CUMBERLAND UNITY		25
DAVIDSON RD		4,800
DICKSON AA		240
DISTRICT 9		300
DONELSON YET		100
DOWNTOWN LUNCH		266
DROP THE ROCK		50
DRUNKS IN THE PARK		1,275
EAST HICKMAN		79
EAST NASHVILLE 86'ERS		177
EAST SIDE MEN'S STAG		1,000
EAST SIDE RECOVERY AT NOON		425
EAST SIDE SATURDAY		1,062
EASY DOES IT		250
EVERY WOMAN HAS A STORY		185
FAIRFIELD GLADE		252
FAIRVIEW		300
FAYETTEVILLE	20	80
FELLOWSHIP		175
FIRST THINGS FIRST		505
FIVE & FIVE		264
FRANKLIN	2	3,313
FRANKLIN FELLOWSHIP		200
FRANKLIN 4TH ED BB STUDY		300
FRANKLIN ROAD WOMEN'S	272	561
FREE TO BE		429
FREEDOM FROM BONDAGE		20
FRIDAY NIGHT LIVE, GAINSBORO		40
FRIDAY NIGHT PRIMETIME		25
G.O.D. SPRING HILL		225
GOODLETTSVILLE		350
HAPPY HOUR - LEWISBURG		30
HARDING RD		450
HERMITAGE		400
HERMITAGE WOMEN'S	250	250
HIGH NOON		466
HUT		25
IT'S A GEAT DAY		39
KEEP IT SIMPLE	45	45
KEEP IT SIMPLE BELLEVUE		554
KEY TO SOBRIETY		800
KICKOFF ISN'T UNTIL NOON		560
LAFAYETTE NEW HOPE		25
LAMBDA		80
LATE LUNCH BUNCH		2,050
LEGACIES	40	40
LET IT HAPPEN		261

GROUP/MEETING	AUG	YTD
LEWISBURG UNITY		25
LIFESAVERS		150
LIVE & LET LIVE		50
LIVING BY THE PRINT		200
LIVINGSTON 12x12		75
MADISON STREET		85
MID-DAY BREAK		369
MT. JULIET FELLOWSHIP		200
MURFREESBORO	15	135
MUSIC CITY ROW		25
MUSIC ROW		50
MUSTARD SEED	250	500
NEW BEGINNINGS	25	225
NEW BEGINNINGS WOMEN		160
NEW DAY		60
NEW LIFE H-VILLE		204
NIPPER'S CORNER		144
NORTHSIDE , CLARKSVILLE		150
N.O.W.		134
ONE DAY AT A TIME		345
ONE STEP CLOSER		388
OUT TO BREAKFAST		106
PAY DAY		120
PEACHTREE	50	100
PORTLAND UNITY		12
PRIMARY PURPOSE		316
PULASKI	5	45
REBOS		504
RIGHT DIRECTION		550
ROAD OF HAPPY DESTING		25
RUSHH HOUR		69
RUTS		500
SAFE HARBOR		100
SAFE PLACE		288
SANGO SOLUTIONS		80
SATURDAY NIGHT ALIVE	10	70
SEARCH FOR SERENITY		120
SEEKING SANITY		1,122
SERENITY M'BORO		120
SHADE TREE	903	6,373
SIMPLY SUNDAY	207	627
SISTERS IN SOBRIETY		177
SISTERS OF SOBRIETY (S.O.S)		95
(S.O.S.) OPEN DOOR MEMORIAL		100
SMYRNA GRATITUDE	474	3,807
SOBRIETY FIRST LEBANON		200
SOUTHSIDE CLARKSVILLE	50	50
SPRING HILL		111
STRAGGLERS		500
TCYPAA		218
THREE LEGACIES		15
TRINITY	100	100
TRUDGING THE ROAD		150
TURNING POINT		464
UNITED	200	600
WANGL		124
WAVERLY		60
WAVERLY BELMONT	100	100
WEST NASHVILLE		32
WESTMINSTER		500
WINNERS & BEGINNERS	131	365
WOMEN IN THE SOLUTION	50	300
WOMEN'S FREEDOM		575
WOMEN'S OPEN DOOR		379
WOMEN'S WAY		80
YET		100
TOTALS TO DATE	3,376	55,777

**M i d d l e T e n n e s s e e
C e n t r a l I n t e r g r o u p
A s s o c i a t i o n**

417 Welshwood Drive
Suite 207
Nashville, TN 37211

615.832.1136
800.559.2252

NON PROFIT
ORGANIZATION
U.S. Postage Paid
Nashville, TN
Permit No. 517

RETURN SERVICE REQUESTED

Middle TN Central Intergroup Association
417 Welshwood Drive, Suite 207
Nashville, TN 37211

ph. 615.832.1136
Ph. 800.559.2252
fax. 615.834.5982
or e-mail address changes to:
mtcoaa@aol.com



Time to Change?

- ☐ New / Renewal Subscription
- ☐ Address Change

The Messenger is available at an annual subscription price of \$12.00. A limited number of free subscriptions are available upon request by writing or calling the office at the address/phone number listed in this issue.

NAME _____

ADDRESS _____

CITY _____ STATE _____

PHONE _____ ZIP _____