

# *The* **MESSENGER**

*Middle Tennessee Central Office Intergroup*

\$ 1.00

**AA NEWS**

NOVEMBER 2019

Please join us for the

## Annual Celebration of Sobriety Dinner

A Middle Tennessee Intergroup Potluck

Friday, November 22, 2019

Woodmont Hills Church

3710 Franklin Road at Woodmont Blvd

6pm  Reception

7pm  Dinner

8pm  Speaker

Meat, Desserts & Drinks Provided

Please bring Casseroles, Vegetables, Salads,  
Side Dishes, & Bread

Please have on site by 6:45pm

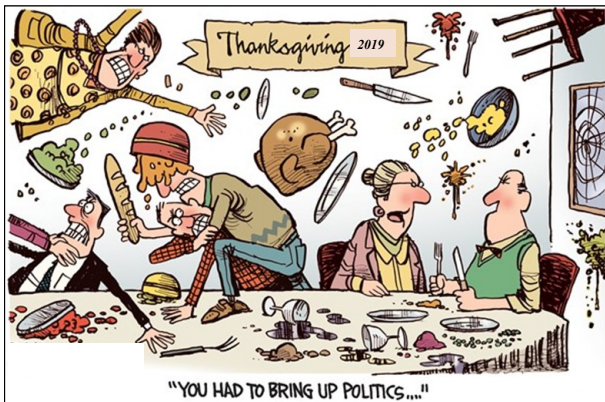
**Tickets \$15**

Please contact Central Office @ 615-831-1050 for tickets

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm,  
Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for  
The Messenger—[blamethemessenger@gmail.com](mailto:blamethemessenger@gmail.com)- email—[mtcoaa@aol.com](mailto:mtcoaa@aol.com), Website— [www.aanashville.org](http://www.aanashville.org)

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- If your AA group does not have a greeter at the door, be it yourself.
- If they already have one maybe you can be an assistant greeter, if you want.
- There can never be too many.
- You can stand at the door at the end of a meeting, and ask people to come back.
- My group is not as friendly and warm as it should be, and I have been resentful for two years.
- Until today, when I thought of this solution.

*anonymous*

## Public Servants

Gerry F., a past Western Canadian Regional Trustee, made a report to the 1995 General Service Conference that is quite prescient and, I believe, precisely sums up a genuine challenge in AA today.

From Gerry F.'s report to the 1995 Conference:

I think that the greatest hurdle this Fellowship will face in the next ten years will not concern copyrights nor whether litigation is public controversy nor the proliferation of self-help psycho-babble. I feel that the greatest hurdle we face today and in the foreseeable future is the spill-over into our Fellowship of the cynicism and distrust that are exhibited in our North American society at large in regard to its public servants.

I have noticed with growing concern that letters from members of the Fellowship are more and more suspicious of the motives of the leaders we have chosen to serve us. There was a time within my short 18 year experience in this Fellowship when arguments abounded about principles and what the best course of action might be. But there was always the underlying premise that both sides thought they knew what was the greatest good for the longest time. And when the vote was taken, and upwards of two-thirds voted for fuchsia colored name tags, the proponents of the brown tags might have their minority say, but would accept the decision of a Higher Power "as He may express Himself in our group conscience."

I sometimes wonder if we can still do that. More often I hear the minority either questioning the motives of an "influential" leader in swaying the majority; or else, insisting that the body wasn't well informed, and then when the group does have the information, saying that the body is not responsible (not listening) and that it has become a law unto itself. The thing that's missing is acceptance by the minority of the group conscience decision.

Not one of us is given a torch big enough to lead the drunks of the world out of the darkness and into the light. Instead, each of us has been given a candle that

*(Continued on page 5)*

<b>GUIDANCE</b>
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**Many of us seek guidance in some area of life.**

The following are generalized principles that are applicable for many areas in your life. If you need guidance in an area of life, perhaps you should READ and FOLLOW this now. Most often, God sends divine guidance and wisdom through anointed people and not supernatural signs.

You need wise counsel. Wisdom is usually gained by successful experience. Everyone has experience but only a few have successful experience. Many live in a continual cycle of action then regret but wisdom either successfully breaks bad cycles or never gets in bad cycles.

It is usually far less painful to benefit from the experience of others than having to go through it ourselves. When you successfully go through something, you usually have wisdom.

Follow these guidelines:

**1. Spend ONE HOUR in a quiet place undisturbed.**

If the decision involves just you, spend it alone. If it involves others, ask them to join you.

Take one sheet of paper and draw a line down the middle, then draw another line down each half. Your paper should have four columns.

Most guidance involves a choice between two alternatives.

To marry or not?

To move or not?

To take the new job or not?

To leave or stay?

To buy it or not?

To try it or not?

At the top of the first column on the left put a (-) minus sign.

Put a (+) plus sign in the next column, then another minus and plus sign in the last two columns.

At the top of the first two columns write alternative one.

Example, "Marry."

At the top of the third and fourth columns write alternative two.

Example, "Not Marry."

During the hour, using meditation, write ALL of the plusses and the minuses of each alternative that you and whoever is with you can think of in the proper column. Write the good (+) and the bad (-). The last thing to write on each one is the extreme. Write the worst that can happen. Write the best that can happen. Make a copy of your results. Study your results. It's possible that after you look at your honest answers, the right decision is clear to you. If not, or if you are not totally sure, then go to step two. As a matter of fact, it's a good idea to go to step two anyway.

**2. Find someone who has his or her life in the condition that you want your life.**

If you are having relationship problems, find someone who has been in a happy marriage for a long time with successful children. Don't ask someone going through major problems themselves. The advice they will give has a high probability or sooner or later getting you in the same shape they are in.

Remember that important point.

It's not that those in trouble and a mess themselves can't give you good advice. It's just that the advice they give you has a higher probability of getting you in the same shape they are in so choose wisely where you get your advice.

If you are having financial problems, find someone with their finances in order. If you are having health problems, find someone whose body is in the shape that you want yours in.

**3. Sincerely ask them for their advice.**

Most often, you will find that people will freely share with you as long as they sense that you are sincere.

Most successful people will not want to waste their

*(Continued on page 9)*

## Step 11

“When we retire at night we constructively review our day.... After making our review we ask God’s forgiveness and inquire what corrective measures should be taken.” (p.86)

“We consider our plans for the day. Before we being we ask God to direct our thinking especially asking that it be divorced of self-pity, dishonest or self-seeking motives.” (p.86)

“We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision.” (p.86)

“We usually conclude the period of meditation with a

prayer that we be shown all through the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask specially for freedom from self-will, and are careful to make no requests for ourselves only.” (p.87)

“...we pause, when agitated or doubtful, and ask for the right thought or action.” (p.87)

We constantly remind ourselves that we are no longer running the show, humbly saying to ourselves many times each day ‘Thy will be done.’” (p.87)

*Alcoholics Anonymous—Big Book  
Pages 86 & 87*

**Me BLACKING  
out when I'm  
DRUNK  
is life's way of  
telling me that  
what I do when I'm  
drinking is none of  
my business**

After listening to a newcomer in the program his sponsor told him, “I think you’re going to go far in this Fellowship”.

“Excellent”, the newcomer replied. “why do you think that?”

“Because you have such a long way to go”, the sponsor answered.

<i><b>CENTRAL OFFICE POSITIONS</b></i>	<i><b>OFFICER NAME</b></i>	<i><b>PHONE NUMBER</b></i>
<b>Chairperson</b>	<b>Travis O</b>	<b>615.642.1027</b>
<b>Central Office Manager</b>	<b>Charles C</b>	<b>615.973.9898</b>
<b>Central Office Bookkeeper</b>	<b>Bill M</b>	<b>615.512.5710</b>
<b>Vice Chairperson</b>	<b>Garrett D</b>	<b>615.957.7674</b>
<b>Secretary</b>	<b>Joe C</b>	<b>615.491.1824</b>
<b>Treasurer</b>	<b>Mark M</b>	<b>615.804.8128</b>
<b>Public Information/Cooperation with the Professional Community</b>	<b>Al C</b>	<b>615.587.1616</b>
<b>Accessibility Committee</b>	<b>Darin M</b>	<b>615.423.2620</b>
<b>Corrections</b>	<b>Charlie B</b>	<b>615.554.9085</b>
<b>Treatment Facilities</b>		
<b>Events Chair</b>	<b>Susan W</b>	<b>615.202.2498</b>
<b>Archives</b>	<b>Butler M</b>	<b>225.226.5457</b>
<b>Sobriety Dinner</b>	<b>Lee Ann</b>	<b>615.424.3875</b>
<b>Newsletter</b>	<b>Pat P</b>	<b>615.574.4412</b>

### **1ST TUESDAY OF EVERY MO.**

District 30 Meeting  
When: 6:30pm – 7:30pm  
Where: 5925 O'Brien

### **2ND MONDAY OF EVERY MO.**

Intergroup Meeting  
When: 6:00pm – 7:00pm  
Where: Central Office  
417 Welshwood

### **STEERING COMMITTEE**

When: Monday Oct 28th  
6:00pm – 7:00pm  
Where: Central Office  
417 Welshwood

### **1ST TUESDAY OF EVERY MO.**

District 32 Meeting  
When: 6:30pm  
Where: Last Stop Club  
2122 Utopia

### **2ND SATURDAY OF EVERY MO**

District 34 Meeting  
When: 10am  
Where: 200 E. Cedar St  
Goodlettsville



**AA Anniversaries / Birthdays**

DEADLINE EXTENDED TO THE 20th



The  
**MESSENGER**

Middle Tennessee Central Office Intergroup

Please send information or inquires to: [mtcoaa@aol.com](mailto:mtcoaa@aol.com)

Do you know who assumes the responsibility of sending in your groups  
Anniversaries / Birthdays every month for the next month?  
(i.e. sends August in by the deadline during July)

We are now extending the deadline from the 10th to the 20th of the month for  
the next month Anniversaries / Birthdays—  
to give groups more time to submit.

Please send your information to:

[mtcoaa@aol.com](mailto:mtcoaa@aol.com)

Some of the reasons for celebrating a sobriety birthday/anniversary:

- shows the newcomer it is possible to have prolonged sobriety.
- reminds us to be humble.
- gives us an opportunity to thank our mentors and peers.
- reminds us of what life used to look like and what it looks like now.
- encourages us to reflect.
- allows others to celebrate with us.

**MEETING APP**

Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format.

Meeting Guide syncs with area, district, intergroup/central offices and international General Service Office websites (some of which are listed on A.A. Near You), relaying meeting information from more than 300 A.A. service entities directly to you. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

This app gives A.A. service entities full control of their local meeting information while collecting it in one place, making it easy for anyone to find a meeting. Local entities provide their meeting information voluntarily. Meeting Guide users can suggest additions or corrections to meeting listings by using links provided within the app to contact the local service entity responsible for the information.

**New & Enhanced Features**

**Search** — Find A.A. meetings by name or location, in addition to day and time

**Daily Reflections** — a selection of reflections by and for A.A. members

**Enhanced location functionality** - Expanded user interface, with a new menu bar and “Contact” feature.

**“News”** — Learn about events at the General Service Office (G.S.O.) and Grapevine, as well as information about updates within the app.

**Public Servants**

burns for a short while with a flickering flame. If we stand together, the light will outshine the greatest torch. If we argue and bicker and blow at each other's candle so that each of us starts shielding our own little flame, then the alcoholics of the world will continue to suffer in darkness - and so will we.

*Reprinted with permission: Just Love Audio*



## FRANKLIN NOON GROUP

### QUARTERLY SPEAKER/EATING MEETING

Franklin First United Methodist Church  
Front Lobby Area  
120 Aldersgate Way, Franklin, TN 37069

**SATURDAY, NOVEMBER 23, 2019**

MEAT AND DRINKS WILL BE PROVIDED

PLEASE BRING A DISH

<b>DOORS OPEN</b>	<b>5:30 PM</b>
<b>EATING</b>	<b>5:45 PM</b>
<b>SPEAKER</b>	<b>6:30 PM</b>

### GUEST SPEAKER

**STEVE L.**



WHEN: November 15-16, 2019

WHERE: Donelson Church of the Nazarene

208 Donelson Pike, Nashville 37214

TIME: Friday: 6:30 p.m. Fellowship, 7:00 p.m. Speakers

Saturday: 8:30 a.m. Fellowship, 9:00 a.m. Workshop

WHO: John and Renee E. from Baltimore, MD.

WHAT: John and Renee will share their stories Friday evening and host a Workshop on Using the Traditions in Relationships

***SPONSORED BY DISTRICT 31***

***REFRESHMENTS SERVED DURING THE FELLOWSHIP***

### MEETINGS ADDED

**37042 Northside - Tue & Fri 8p CD/Aln**

**37043 Sango Solutions - Mon 6p OD/Lit**

**37072 OCATT - Thur 6p OD/Lit**

**37110 McMinnville Serenity Sun 5p OD/LIT**

**37143 Highway to Hope - Thurs 7p OD**

**37203 Many Paths - Thurs Noon OD**

**37209 Women in Recovery - Fri 8p OD/Wmn/Lit**

**37212 I am one of those too - Fri 7p OD/Lit**

**37221 Wake Up - Sat 7a**



## Principles Over Personalities Christmas Dinner

Friday, December 13

We will begin eating at 6:30 p.m. and the speaker will start at 8:00pm

3705 Brush Hill Rd, Nashville, TN 37216

The Principles Over Personalities Group of Alcoholics Anonymous invites one and all to our Annual Christmas Dinner. Food and drinks will be provided. Please bring a side dish if you can.

Sponsored by P.O.P




**CANCELLED GROUPS OR MEETINGS**

37013 S.W.A.T.T.  
 37014 Downtown Triune Group  
 37030 Smith County Friendship  
 37087 Back to Basics - Lebanon  
 37110 Bar None  
 37115 WTF - Serenity House  
 37130 The Show Group  
 37174 Spring Hill Nooners  
 37208 Together We Can  
 37208 Spiritual Living  
 37209 Street Sweepers  
 37211 By the Book  
 37211 Mid-Day Women  
 37212 I Am One Of Those Too  
 37218 Lions Den  
 37232 Recovery Group - Vanderbilt  
 37398 Great Day Group  
 38242 Lake Area Group  
 38401 Columbia AA Women's Basement Bunch

**CHANGES TO MEETINGS**

37027 Turning Point - Tues 7p now CD/ALN  
 37027 Friday Night Prime Time now 7:30pm  
 37087 New Day - no Thurs 6:30  
 37110 McMinnville Serenity last Fri- Pamphlet Study  
 37110 McMinnville Serenity Sun now 7p OD/Lit  
 37110 Keep It Simple - Mon Night  
 37110 McMinnville Serenity Sun 7p  
 37128 The Camels Mon now 6p CD  
 37130 New Beginnings Cancel Sat 11a  
 37174 Spring Hill RUTS Tues & Thurs now 1:30p OD  
 37214 Young & Sober - Sun 6p  
 37219 Downtown 11:30 Lunch - Cancel Fri Only  
 37388 AA Meeting Cancel Tue & Thu 5:30  
 38464 Lawrenceburg - Sat Now 6p OD  
 38501 Live and Let Live - Mon, Tue, Thurs now 7p  
 38551 Celina Meeting time are now 7p

**MOVES**

37040 Clarksville - Southside Salem United Meth Ch - 2295 Seven Mile Ferry Rd - Downstairs  
 37042 Northside Group - Cumberland Pres Ch 1307 Ft Campbell Blvd  
 37064 Franklin Fellowship - 1st United Methodist Ch 148 5th Ave S Basement  
 37076 SSS Group now at Hermitage United Meth Ch 205 Belinda Dr.  
 Keep It Simple St Matthews Epi Ch 105  
 37110 Edgewood Ave T - Mon & Tues 7p OD/Lit - Thu & Sat 7P OD

**NEW GROUPS / MEETINGS**

37027 Sunday Evening Holy Name Catholic 9100 Crockett Rd Sun 4p CD/Wmn  
 37027 New Hope Community Ch 605 Wilson Pike Mon 8p CD  
 37064 Southern Hills AA Southern Hills Ch of Christ 2508 Goose Neck Bypass Mon 5:15 OD  
 Out of the Fog/Out of the Bog Pinkerton  
 37069 Park, Franklin First United Meth Ch 120 Aldersgate Way Mon - Fri 6:30a OD  
 37072 Ray of Hope Connell Memorial Methodist Ch 200 East Cedar Wed 12p OD  
 37027 New Beginnings for Women New Hope Comm Ch 605 Wilson Pike 11:30 a CD/Wmn  
 37091 Primetime Men's Serenity House 440 College St Mon 7:30p CD/CS/Men  
 Step Sister's Lunch Brunch Big Book Serenity  
 37091 House 440 College St Sat 11am OD/WMN/LIT  
 37129 Primary Purpose - Blackman United Meth 4380 Mason Pike 7p Wed OD/Lit  
 Gratitude Smyrna Air Base 298 Fitzhugh at  
 37167 10th Ave - Mon - Sat 8p Spanish Speaking 90 Minutes  
 37203 Just For Today Women's 202 23rd Ave N 6:30p Tues OD/Wmn  
 37206 "Many Paths" Christ Ch Cathedral 900 Broadway Noon Thu OD  
 37206 East Side Comes Alive Memorial Lutheran Ch 1211 Riverside Drive - Tues 7pm OD/Lit  
 38208 Fri Night Live Ch of the Assumption 1227 7th Ave N  
 Recovery First - Craft Memorial Meth CH  
 38401 907 Hatcher Lane 11am - M & F OD, 11am W - OD/Lit  
 38501 Women in Recover - 122 S Madison Ave - Thur Noon OD/Wmn - Sat 10a OD/Wmn  
 38501 Group Weekend Recovery 122 South Madison Ave Fri 8:30p OD/Candlelight  
 38562 Friday Night Live First Methodist Church - 203 S. Main - Sat 7pm CD  
 38583 Seekers Group - Roberts Family Rest. 4424 Old Kentucky Rd - Sun 6:15 am OD/Lit

**MOVES**

Harding Rd - St Georges Epis Ch Hampton  
 37205 Hall 4715 Harding Rd 8p Mon OD/Men 6:30p CD Wed 8p CD Wed  
 37209 WANGL now at Nashville Recovery Center 6030 Neighborly Ave  
 38501 Cookeville 1224 West Broad Meetings have moved to 122 S Madison Ave.  
 38501 Way Out Unitarian Church 31 West 1st St  
 38585 Spencer Mountain Group - 427 College St

## TRADITION 11

Can you find the words located on pages 86 &amp; 87 from the Big Book?

DIMINISH				MORBID				REFLECTION				USEFULNESS				REVIEW				FORGIVENESS									
INQUIRE				CORRECTIVE				MEASURES				AWAKENING				DISHONEST				INSPIRATION									
INTUITIVE				THOUGHT				DECISION				RELAX				STRUGGLE				SURPRISED									
ANSWERS				HUNCH				OCCASIONAL				INSPIRATION				GRADUALLY				INEXPERIENCED									
								CONSCIOUS				CONTACT																	
X	B	J	G	C	O	M	Y	U	P	P	C	Y	U	X	M	U	L	V	Q	F	B	V	Q	Z	S	Z	D	U	O
U	Q	S	J	N	M	N	C	K	O	J	R	B	T	E	S	U	J	N	N	D	H	N	W	E	U	A	G	S	R
W	I	F	R	L	J	L	C	R	K	W	E	I	V	E	R	G	O	W	I	F	P	H	R	S	T	E	A	G	J
C	N	M	A	E	L	M	R	L	F	Z	G	X	F	M	O	I	S	B	V	L	D	U	Q	A	B	L	D	B	E
R	E	W	S	D	W	X	B	I	G	U	X	U	V	F	T	H	R	L	X	Q	S	I	Y	E	L	C	Z	I	N
O	X	Z	X	A	T	S	I	V	Z	M	L	W	V	A	R	O	R	I	S	A	G	E	S	B	R	E	F	K	H
K	P	J	P	S	S	Y	N	G	Q	N	E	H	R	Z	M	I	I	E	E	B	D	V	S	H	B	Q	P	U	B
G	E	J	E	M	C	O	W	A	E	A	G	I	M	W	D	W	F	M	O	Y	K	A	K	Q	O	Q	V	W	B
Q	R	M	E	L	M	V	Q	S	P	E	P	D	N	Z	E	F	A	I	P	Y	A	A	B	O	M	N	R	H	K
Q	I	Y	A	O	Q	Z	S	E	R	S	J	P	V	P	E	V	S	V	P	U	U	K	S	B	C	G	E	S	V
E	E	N	N	R	E	A	B	D	N	Y	L	P	H	Y	L	W	I	O	O	Q	D	I	G	I	U	J	L	S	G
M	N	Z	B	K	Z	S	Z	I	C	B	P	F	C	U	F	M	S	T	O	H	X	R	H	G	J	M	G	S	T
C	C	T	O	J	P	S	P	T	G	H	U	P	P	H	C	O	N	S	C	I	O	U	S	F	S	T	G	G	A
G	E	B	M	N	E	W	J	R	O	Y	F	E	D	M	C	C	F	U	Z	E	N	Z	R	N	I	A	U	N	D
U	D	A	G	M	C	E	L	L	F	T	R	Y	Z	S	D	H	P	R	L	C	R	I	Z	N	B	K	R	S	Z
O	V	E	E	O	K	O	G	X	X	E	H	K	G	S	N	N	L	P	H	H	C	R	S	F	L	E	T	Z	Q
P	E	O	S	I	V	O	N	B	X	B	Z	G	C	M	K	O	W	Z	H	Y	Q	P	O	U	Z	I	S	L	N
E	S	T	K	C	N	G	T	T	N	H	E	X	U	G	R	K	A	J	S	F	I	J	U	C	H	Y	V	V	E
Q	D	M	W	V	O	N	H	Z	A	M	F	H	K	O	F	Q	D	W	B	R	X	L	G	M	D	Y	N	B	B
N	V	Q	L	X	I	N	U	W	D	C	I	B	V	E	H	W	S	G	A	S	Q	B	V	E	E	Q	P	I	O
E	T	F	I	X	T	W	C	O	P	N	T	A	T	I	Y	T	E	T	M	C	T	Y	C	A	P	V	N	S	V
G	Q	T	W	Q	C	T	L	E	Q	P	O	X	E	V	B	U	I	W	L	A	E	S	U	E	Q	J	E	P	U
Q	T	Q	P	U	E	H	Y	U	U	O	T	C	L	A	N	O	I	S	A	C	C	O	W	I	B	V	T	U	D
Q	S	V	H	A	L	Q	I	O	H	C	U	T	H	M	N	G	B	X	H	E	U	S	N	J	E	V	P	L	F
O	O	T	K	R	F	R	G	X	G	F	V	P	K	T	H	A	O	F	F	Y	M	T	H	A	S	Q	A	Z	S
W	M	X	X	C	E	S	U	D	T	S	O	S	G	P	Z	J	Y	C	P	N	U	B	T	W	W	K	N	I	H
J	R	Z	H	X	R	F	E	V	U	F	K	R	W	E	T	H	V	A	Z	I	S	T	M	K	P	T	S	C	Y
R	E	L	A	X	G	S	Y	E	C	Z	A	C	G	X	S	X	R	T	T	S	P	B	Q	G	Q	G	G	P	N
R	N	O	I	S	I	C	E	D	N	D	M	O	J	I	G	E	G	I	F	O	I	Z	G	Z	Z	I	D	W	J
K	A	B	V	R	I	T	V	J	U	L	M	W	N	Y	V	K	V	I	J	N	Y	R	C	R	E	H	Q	P	X
H	E	G	P	J	S	W	D	A	G	W	O	I	R	K	B	E	M	G	O	U	Q	G	B	O	R	K	M	C	E
J	J	R	Y	D	N	A	L	V	H	M	M	X	D	E	U	X	N	H	F	W	S	S	G	S	B	O	T	A	L
A	U	W	W	U	K	L	N	V	J	I	V	F	U	L	N	C	F	E	F	E	O	N	C	V	B	W	U	V	J
S	V	Q	Y	E	Y	T	T	D	D	M	K	Z	I	S	B	Y	B	C	S	V	P	O	O	G	F	Z	A	T	M
F	C	P	A	W	A	K	E	N	I	N	G	T	R	W	L	J	P	R	N	S	F	B	Q	Q	A	D	E	Z	X



**Middle Tennessee Intergroup Association**  
**Statement of Activities - Actual and Budgeted - Schedule 1**  
For the Nine Months and Year Ended September 30, 2019

	September 2019			YTD 2019		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,753.33	2,528.00	225.33	24,947.74	22,752.00	2,195.74
Group Donations	6,818.34	6,500.00	318.34	64,169.37	58,500.00	5,669.37
Individual Donations	278.04	-	278.04	3,609.39	-	3,609.39
Messenger Donations	-	15.00	(15.00)	94.00	135.00	(41.00)
Website Donations	-	708.00	(708.00)	-	6,372.00	(6,372.00)
Special Events	370.00	708.00	(338.00)	780.00	6,372.00	(5,592.00)
Interest	33.87	119.00	(85.13)	360.62	1,071.00	(710.38)
Total Income	10,253.58	10,578.00	(324.42)	93,961.12	95,202.00	(1,240.88)
Expenses						
Casual Labor	200.00	200.00	-	1,800.00	1,800.00	-
Payroll	5,526.92	5,871.00	(344.08)	51,805.74	52,839.00	(1,033.26)
Legal & Professional	350.00	350.00	-	3,150.00	3,150.00	-
Rent	996.00	1,046.00	(50.00)	8,976.50	9,414.00	(437.50)
Printing	-	50.00	(50.00)	1,174.83	450.00	724.83
Payroll Taxes	491.44	449.00	42.44	4,846.01	4,041.00	805.01
Repairs & Maintenance	-	50.00	(50.00)	-	450.00	(450.00)
Equipment Rental	98.33	75.00	23.33	973.87	675.00	298.87
Telephone & Fax	467.75	475.00	(7.25)	4,182.86	4,275.00	(92.14)
Answering Service	209.00	217.00	(8.00)	1,856.00	1,953.00	(97.00)
Postage	181.65	134.00	47.65	1,071.11	1,206.00	(134.89)
Office Supplies	147.15	183.00	(35.85)	1,087.67	1,647.00	(559.33)
Bank Service Charges	40.00	-	40.00	360.00	-	360.00
Computer & Technology	76.48	276.00	(199.52)	1,245.01	2,484.00	(1,238.99)
Intergroup Expense	29.06	210.00	(180.94)	1,685.70	1,890.00	(204.30)
Insurance	-	200.00	(200.00)	1,298.00	1,800.00	(502.00)
Special Events	-	375.00	(375.00)	148.00	3,375.00	(3,227.00)
Travel	1,109.92	417.00	692.92	1,792.47	3,753.00	(1,960.53)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	-	-	0.02	-	0.02
Total Expenses	9,923.70	10,578.00	(654.30)	87,453.79	95,202.00	(7,748.21)
Net Income	329.88	-	329.88	6,507.33	-	6,507.33

**Guidance**

*(Continued from page 3)*

time with someone they feel isn't serious and has no intention of really changing.

**4. Do what they say.**

Understand that if things aren't going right in your life and haven't been for a long time, that usually means you have to make changes and what you have been doing isn't working. If it were something that you WANTED to do, you would have already done it.

Usually the changes we need, go against our habits and thought patterns, that's why we need outside advice and help. God sends us guidance but in the vast majority of cases, it is through a wise person. **Also, make sure that you are under solid spiritual leadership.**

*-from A Mountain Wings Original*

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## ANNIVERSARIES

### ANY LENGTHS

<i>Lisa J</i>	<i>11.11.18</i>
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### BACK ROOM

<i>Andrew F</i>	<i>11.01.18</i>
<i>Brock G</i>	<i>11.18.18</i>
<i>Dora C</i>	<i>11.21.15</i>
<i>Elice S</i>	<i>11.02.17</i>
<i>Eric N</i>	<i>11.07.17</i>
<i>Kayla A</i>	<i>11.07.16</i>
<i>Keith H</i>	<i>11.19.18</i>
<i>Lance L</i>	<i>11.14.18</i>
<i>Luci</i>	<i>11.01.00</i>
<i>Luigi</i>	<i>11.05.00</i>
<i>Matt R</i>	<i>11.25.18</i>
<i>Phoebe C</i>	<i>11.24.14</i>
<i>Rob R</i>	<i>11.02.15</i>

### WOMEN IN THE SOLUTION

<i>Debbie H</i>	<i>11.24.04</i>
<i>Sandi Z</i>	<i>11.21.83</i>

### WOMEN'S SPEAKER

<i>Bethany R</i>	<i>11.26.04</i>
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## YOUR GROUP CONTRIBUTIONS

GROUP/MEETING	SEPT	YTD
24 HOUR	800	1,100
3 LEGACIES	30	30
86'ers		316
ALGOOD 12 STEPS TO FREEDOM	150	150
ANONYMOUS	53	317
ANY LENGTHS	40	40
AREA 64		64
BACK TO THE BIG BOOK		80
BACKROOM		3,524
BASEMENT BUNCH, COLUMBIA	30	471
BRENTWOOD FULL MOON	376	891
BY THE BOOK, DICKSON		328
CAME TO BELIEVE	189	189
CELEBRATE SERENITY		500
CHICKEN PLUCKERS		100
CLARK STREET		200
COLUMBIA	20	160
COMFORT ZONE		685
COMMUNICATIONS		200
COOL SPRINGS NEWCOMERS		200
CROSSVILLE AA	100	100
CROSSVILLE MON NIGHT		22
CROSSVILLE STEP		30
DAVIDSON RD		4,500
DEKALB		200
DICKSON		300
DISTRICT 9	150	750
DOWNTOWN LUNCH	130	759
DRUNKS IN THE PARK		400
EAST HICKMAN		50
EAST NASHVILLE 86'ERS		546
EAST SIDE SATURDAY	380	1,051
EASY DOES IT		250
ESTILL SPRINGS BIG BOOK		25
EVERY WOMAN HAS A STORY		278
FAIRFIELD GLADE	90	144
FAYETTEVILLE	20	60
FIRST THINGS FIRST	155	751
FOR LADIES ONLY		11
FRANKLIN		2,500
FRANKLIN MEN'S		600
FRANKLIN ROAD WOMEN'S	134	456
FREE TO BE		219
FREEDOM FROM BONDAGE	10	20
GALLATIN AA		25
G.O.D. SPRING HILL		150
GOODLETTSVILLE		200
GRATITUDE		40



Actual questions from the 1,619 average daily calls to the **Butterball Turkey Hot Line**.

GROUP/MEETING	SEPT	YTD	GROUP/MEETING	SEPT	YTD
GROUP OF DRUNKS		95	SAFE HARBOR		100
HAPPY HOUR - LEWISBURG		30	SAFE PLACE		130
HARDING RD		450	SANGO SOLUTIONS		30
HERMITAGE	200	400	SATURDAY NIGHT ALIVE	20	140
HIGH NOON		350	SECOND MOUSE GETS THE CHEESE		300
HIGHER POWERED		10	SEEKING SANITY		585
HOPE PARK		127	SHADE TREE	902	5,751
HUNT CLUB		330	SISTERS OF SOBRIETY		129
HUT	25	50	SISTERS IN SOBRIETY, CROSSVILLE		62
KEEP IT SIMPLE	79	379	SMYRNA GRATITUDE	402	3,902
KEEP IT SIMPLE BELLEVUE		98	SOBRIETY FIRST LEBANON		300
KEY TO SOBRIETY	400	1,100	SPRING HILL		232
KICKOFF ISN'T UNTIL NOON		805	SPIRITUAL WARFARE	145	425
LADIES NIGHT OUT		25	SSS, HERMITAGE		397
LAFAYETTE		25	ST. AUGUSTINE, VANDERBILT		300
LAMBDA	200	375	STRAGGLERS		455
LATE LUNCH BUNCH		1,500	SUNDAY 10AM, CROSSVILLE		124
LAWRENCEVILLE		75	THREE LEGACIES		55
LET IT HAPPEN	50	200	TRINITY		100
LIFE SAVERS		200	TURNING POINT		616
LIVING BY THE PRINT		400	UNITED	300	800
LIVINGSTON 12x12		50	UNITY AT 6	10	50
MADISON STREET	10	10	WAKE UP		194
MID-DAY BREAK		900	WAVERLY		120
MT. JULIET FELLOWSHIP	100	200	WED NIGHT 12 STEPS, ALGOOD		20
MURFREESBORO	15	135	WEST NASHVILLE		82
MUSIC CITY ROW		65	WESTMINSTER		600
MUSTARD SEED		200	WHITE HOUSE		125
NEEDED MEETING		100	WINNERS & BEGINNERS	560	765
NIPPER'S CORNER		43	WOMEN IN THE SOLUTION	50	180
NO NONSENSE		100	WOMEN'S FREEDOM		435
NORTHSIDE		50	WOMEN'S OPEN DOOR		170
NORTHSIDE , CLARKSVILLE		100	WOMEN'S SPEAKER		288
N.O.W.	155	208	WOODBINE	10	30
ONE DAY AT A TIME		629	<b>GROUP TOTALS TO DATE</b>	<b>6,818</b>	<b>60,137</b>
ONE STEP CLOSER		780	INDIVIDUALS	173	2,882
OUT TO BREAKFAST BUNCH		378	MESSENGER	12	94
PAGE 112	75	165	"LIGHTNING " HESTER MEMORIAL		232
PAY DAY		230	RUSSELL WINGO MEMORIAL		390
PEACHTREE		116	<b>COMBINED TOTALS TO DATE</b>	<b>7,003</b>	<b>63,735</b>
PORTLAND UNITY		15			
PRIMARY PURPOSE		213			
PRIMETIMERS		50			
PULASKI	5	40			
RECOVERY ROAD		45			
RIGHT DIRECTION		271			
ROAD OF HAPPY DESTINY		50			
RUSHH HOUR		92			
RUTS	250	500			

***YOUR GROUP CONTRIBUTIONS***

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