

The **MESSENGER** *Middle Tennessee Central Office Intergroup*

\$ 1.00

YOUR CENTRAL OFFICE UPDATES

APR 2020

During this overwhelming time dealing with the Coronavirus, with your Central Office closed, meetings closed, and so many other areas affected, I would like to bring your attention to the following who are in the lifeboat keeping us afloat:

- Meeting Volunteers making sure On-Line Meetings are still taking place
- All Volunteers in general

Let's also keep in mind the following individuals working tirelessly behind the scenes to make sure you are kept up-to-date on everything going on in and around your areas:

- Central Office Volunteers (way too many to list here)
 - Now taking the phone lines during business hours for those reaching out to AA
- Your Webmaster—John W
 - He is tirelessly trying to stay on top of making sure changes to your meetings are listed on the www.aanashville.org website, so your members know what to do. With over 945 meetings listed on our app this is not an easy task.
- Your Central Office Bookkeeper—Bill M
 - Even though the Central Office “doors” are closed, the business of AA does not stop completely. Bills still need to be paid, emails answered and/or forwarded to the appropriate people, and so much more.
- Your Central Office Manager—Charles C.
 - Well, what can we say about Charles? He holds the whole Circus together, he oversees the flow of all these areas so nothing falls through the cracks. Yes, even more so when the doors are closed.

Anonymous



I am Responsible . . .



*When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.
And for that: I am responsible.*

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm,
Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for
The Messenger—blamethemessenger@gmail.com- email—mtcoaa@aol.com, Website— www.aanashville.org

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No matter how long we have been in the rooms, this is the first time we have found most of our home group doors closed.

I am sitting here writing this and *feeling the following*:

1. Scared
Helpless
Anxious
2. Mad
Frustrated
Angry
3. Sad
Lonely
4. Hopeful
Worthwhile
Valuable

I want to thank Alcoholics Anonymous for giving me the ability to name these feelings, when I was drinking I was usually just pissed off (not a feeling) most of the time. I still had all these feelings, I just didn't know how to name them, today I do.

On the next page, there is a simple feeling wheel, it helped me to begin the journey of identifying feelings, hope it might help you.

Let's look at the area's above and how one might approach them, 1—3 are basically Restless, Irritable and Discontented, found at the bottom of pg. xxviii in the Big Book.

1. What do we do about being scared, helpless or anxious?

Pick up the phone, go to an on-line meeting (www.aa-intergroup.org or www.aa.org has links), there is also meditation for being anxious, nothing like a little spiritual contact and deep breathing!

2. What do we do about being mad, frustrated, or angry?

These can verge on RESENTMENTS – which are slippery slopes for alcoholics. So after discussing them with our sponsor, we are given a healthier way to look at them and break them down.

This may entail putting pencil to paper – these are usually areas that we have no control over and find there is nothing we can do to change them – but we can't see this until we are looking at them.

3. What do we do about sad and lonely?

We reach out to another alcoholic and ask how they are! When we get out of self, be of service to another, get active in an on-line meeting, we have a lot less time to feel sad and lonely.

Let's not forget – *WE STILL HAVE NEWCOMERS IN NEED OF HELP*. Reach out to them when they identify themselves in an on-line meeting, try to think of what you would have felt like if you were coming into AA during this time of turmoil.

4. What do we do with hopeful, worthwhile and valuable feelings?

Simple.

These are the result of working through the first 3 items listed above. So, get active and keep doing 1—3 above.

Remember – we become these things when we remember where the POWER comes from.

Just because we can't meet face to face, does not mean we have a free pass to let up on this program of action.

We still have steps to do, daily meditations, reading, talking to others.

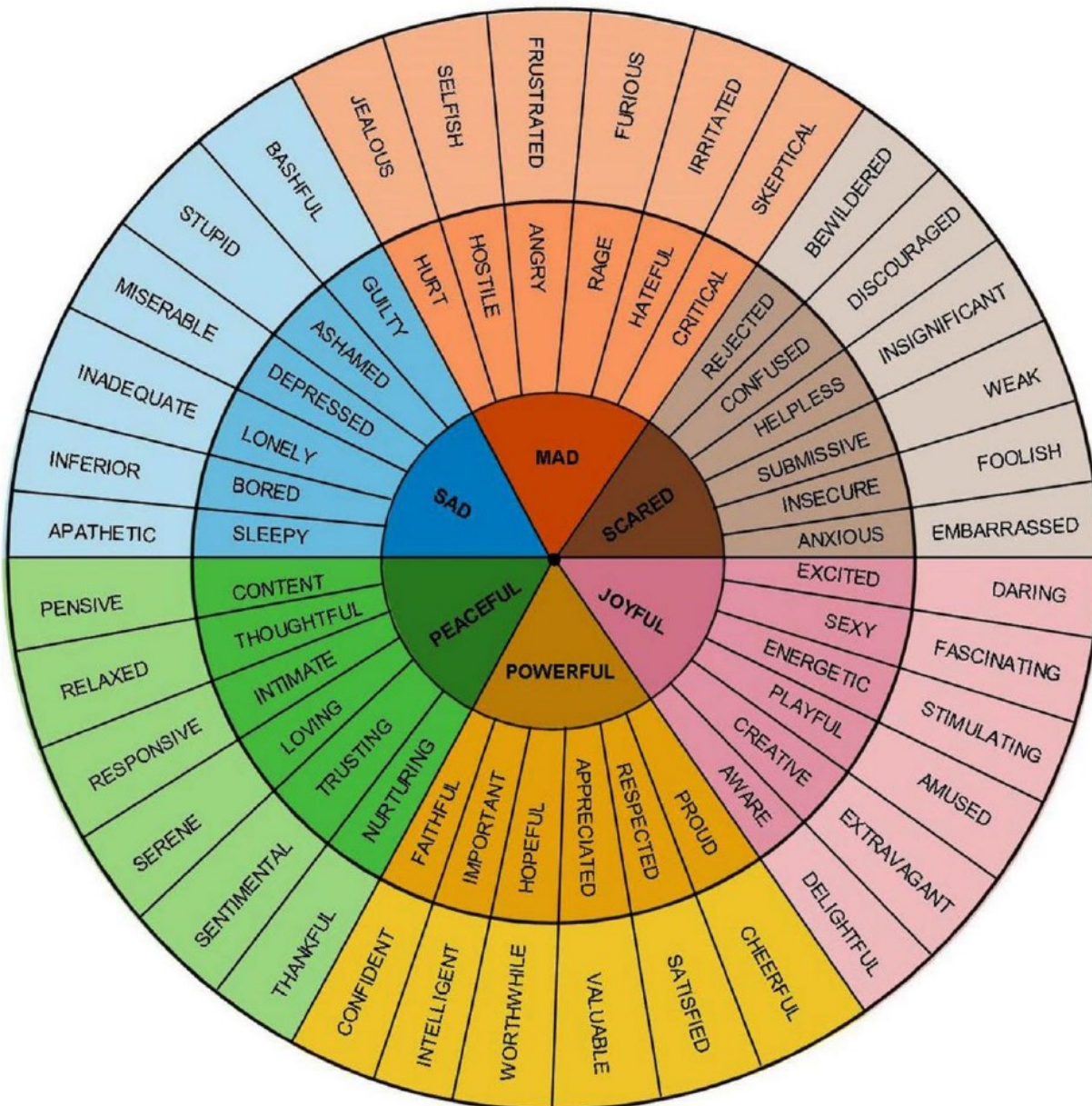
Most of all, through prayer and meditation, Conscious Contact all day long.

Before anything else—I am an alcoholic and I need to remember this upon awakening.

Pat P—Editor
The Messenger Newsletter

SIMPLE FEELING WHEEL

I feel _____ when “_____”.



KEEP IT SIMPLE

BACK ROOM

Caroline G	04.02.18
Ellyn	04.24.18
Leslie M	04.05.96
Martin B	04.15.00


Allen C	04.07.13
Christiana R	04.03.12
Janet G	04.16.89
Jerry D	04.13.17
Robert D	04.23.16
Robert D	04.15.96
Sam H	04.11.15
Stacey HB	04.14.14
Stephanie K	04.28.17
Will A	04.09.16

PORTLAND UNITY


Clark A	04.27.15
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WOMEN'S SPEAKER

Susie B	04.27.15
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International Convention
Detroit, Michigan - July 2-5, 2020
[Important Notice](#)




[Regional Forums
Information](#)

[Our Site](#)

2020 International Convention

The 2020 International Convention
scheduled for July 2-5, 2020 in Detroit, Michigan,
has been cancelled.



• Announcement from the Chair of the General Service Board of Alcoholics Anonymous

• Frequently Asked Questions About the 2020 International Convention registration cancellation process

Show Sidebar

View this page in: [Español](#) | [Français](#)

Chairperson	Garrett D	615.957.7674
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Joe C	615.491.1824
Secretary	Lindsey T	615.260.6295
Treasurer	Butler M	225.226.5457
Public Information/Cooperation with the Professional Community	Steve M	865.567.6734
Accessibility Committee	Jennifer S	615.717.7682
Corrections	Stephen T	615.926.9467
Treatment Facilities	Darin M	615.423.2620
Events Chair		
Archives	Don M	615.708.7957
Sobriety Dinner		
Newsletter	Pat P	615.574.4412

1ST TUESDAY OF EVERY MO.

District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

2ND MONDAY OF EVERY MO.

Intergroup Meeting
When: 6:00pm – 7:00pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE

When: Monday Apr—27th
6:00pm – 7:00pm
Where: Central Office
417 Welshwood

1ST TUESDAY OF EVERY MO.

District 32 Meeting
When: 6:30pm
Where: Last Stop Club
2122 Utopia

2ND SATURDAY OF EVERY MO

District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

How to Use Webex

1. Getting Started

- Download the free Webex app ahead of time and familiarize yourself with the chat room format and enjoy the meeting.

Computer: download [“Webex Meetings”](#)

iOS or Android App: “Cisco Webex Meetings”

2. Create a Free Webex Account

- Go to: <https://www.webex.com>
- Click “Start for Free”
- Create your account
- For anonymity, we suggest you use only your first name with last initial (keep in mind, your name will be displayed to the group)
- *We suggest you join ten minutes prior to start time. The “Join Meeting” button will be activated when the host has started the meeting.*

3. Ways to Join a Meeting

- **Join with the Webex App - Computer or Smartphone**
 - Launch the app
 - Enter Meeting Code
 - Enter Meeting Password
 - If you have an account, sign in
 - Without an account: enter your first name, last initial, and email address
 - Click “MUTE” until you are ready to speak by toggling the Microphone Icon
Red = OFF
 - If you do not see your video, toggle the Video Icon on the bottom. Red = OFF
- **Join Without the App**
 - Go to: <https://www.webex.com>
 - Click on “Join”
 - Click on “Join a Meeting”
 - Enter Meeting Code
 - Enter Meeting Password
 - Enter your first name, last initial, and email address
 - Click “MUTE” until you are ready to speak by toggling the Microphone Icon
Red = OFF
 - If you do not see your video, toggle the Video Icon on the bottom. Red = OFF
- **Join by Call**
 - Call the number provided
 - Enter Meeting Code
 - Enter Meeting Password

4. During the Meeting

To maintain anonymity, respect speakers, and avoid cross talk:

- MUTE your microphone while others are speaking to minimize background noise and echoes
 - Microphone Icon will toggle audio ON / OFF
 - On a call, simply use your phone’s mute button
- No recording
- No screen sharing
- Disable all alerts and notifications on your computer / phone

5. Webex Help Center

[Getting Started - Join a Meeting - Webex Help Center](#)

★ 18th Annual ★

District 15 Memorial Weekend

Family Camp Out



Sunrise to Sunset:

Sobriety is A Worthwhile Endeavor!

When: Memorial Weekend May 22-25, 2020
Check-In Friday, May 22 @ 4:00 p.m.
Check Out Monday, May 25 @ 12:00p.m.

Where: Montgomery Bell State Park

Cost: \$10.00 per person per night for rustic cabin or bring a tent and stay all weekend for only \$10.00
(12yrs and younger No Cost)

Contact: Dudley P.- (615)970-2485, dudleypalmer54@gmail.com

All meals will be provided! Please bring drinks and snacks for your family.

Please Register ASAP, Cabins Can Not Be Held Without Paid Reservation! Cut off is May 08, 2020

2020

spring fling

Lets stop and smell the roses this Spring by hearing 33 years worth of sobriety from Al C. and fellowship with our district. We encourage you to get involved with your home group to create a basket for the Silent Auction. Please Bring your friends and a Dish!

Where: Old Union Church of Christ
2505 Hartsville Pike

When: April 25, 2020

Time: 10 am – 2 pm
Eat at 11
Speaker at 12



AREA 64 ARCHIVES IS TURNING 40!

Saturday, April 18, 2020, 1pm-4pm
801 N. Maney, Murfreesboro, TN

Join us for cake and coffee.

Door prizes, presentations, and speakers, celebrating the 40th Anniversary of the creation of your Area 64 Archives!

'Our Great Responsibility'

Area 64

Q2 Area Assembly

Hosted by Memphis Area Districts

April 3rd-5th, 2020

Crown Plaza East Memphis
2625 Thousand Oaks Blvd.
Memphis, TN 38118
901-362-6200

\$109/night
Group Code: AAA

*Free Parking

*Hotel Cut-off Date to Register with Group Code: 3/15/20

For any questions, please contact Kim M. at 901-461-8990



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How to Use Zoom

1. Getting Started

- Download the FREE Zoom app ahead of time and familiarize yourself with the chat room format and enjoy the meeting. Zoom is optimized for desktop use, but you can also use a smartphone to participate.

Computer: download ["Zoom Client for Meetings"](#)

iOS or Android App: "Zoom Cloud Meetings"

2. Create a free ZOOM account

- Launch the app and click "Sign Up" to create your account or do so here: <https://zoom.us/signup>
- For anonymity, we suggest you use only your first name with last initial (keep in mind, your name will be displayed to the group)
- A ZOOM account is suggested (not required) so everyone can participate fully and know who is in the meeting
- If you do not register, ZOOM will display your phone number and model

3. How to join a meeting

- Computer**
 - Click the meeting link
 - A web browser will open with a dialog requesting to open ZOOM
 - When prompted, click "ALLOW" to launch ZOOM
 - Enter FULLSCREEN top right
 - Click "START VIDEO" or toggle the Video Icon (bottom of the window)
 - "MUTE" until you are ready to speak by toggling the Microphone Icon (bottom left)
 - Toggle "Gallery View" to see the participants or "Speaker View" which highlights the person speaking
- Smartphone**
 - Click the meeting link
 - If prompted, select "JOIN WITH VIDEO" or
 - When prompted, click "ALLOW" to launch ZOOM
 - Toggle the Video Icon on the bottom left to start video
 - Click "MUTE" until you are ready to speak
 - Open ZOOM select "JOIN", and enter the provided meeting ID
- Phone Call**
 - Dial by Location
 - +1 929 205 6099 (New York)
 - +1 312 626 6799 (Chicago)
 - +1 301 715 8592 (US)
 - +1 346 248 7799 (Houston)
 - +1 669 900 6833 (San Jose)
 - +1 253 215 8782 (US)
 - International: <https://us04web.zoom.us/j/9d9NwzYHkV>
 - Enter Meeting Code then #
 - Enter Password (if required)

5. During the Meeting

To maintain anonymity, respect speakers, and avoid cross talk:

- MUTE your microphone while others are speaking to minimize background noise and echoes
 - Microphone Icon will toggle audio ON / OFF
 - On a call, simply use your phone's mute button
 - To speak while muted, press the SPACE BAR (computer)
- No recording
- No screen sharing
- Disable all alerts and notifications on your computer / phone

6. Audio Troubleshooting

- Computer**
 - Go to "Preferences" > "Settings" > "Audio" to "Test Speaker" or "Test Mic"
 - If you see an audio option, select: "Join Audio" or "Use Computer Audio"
 - If the SPACE BAR doesn't work, make sure the CHAT window is closed
 - If you don't see the MICROPHONE icon, check that your cursor is on the ZOOM window or you are in FULLSCREEN mode
- Smartphone**
 - If prompted, select "Call using internet audio"

7. Video Troubleshooting

- Computer**
 - Note: "SHARE SCREEN" will share your entire computer screen!
 - Go to "Preferences", select "Settings" then "Video" to test or see other options
 - If you don't see the video icon, check that your cursor is on the ZOOM window or you are in FULLSCREEN mode

8. Zoom Help Center

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Month and Year Ended February, 2020

	February 2020			YTD 2020		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	3,702.48	2,783.00	919.48	6,528.70	5,566.00	962.70
Group Donations	4,192.57	6,939.00	(2,746.43)	16,421.43	13,878.00	2,543.43
Individual Donations	255.79	525.00	(269.21)	723.88	1,050.00	(326.12)
Messenger Donations	-	12.00	(12.00)	-	24.00	(24.00)
Website Donations	-	-	-	-	-	-
Special Events	-	708.00	(708.00)	-	1,416.00	(1,416.00)
Interest	2,213.99	184.00	2,029.99	2,249.06	368.00	1,881.06
Total Income	10,364.83	11,151.00	(786.17)	25,923.07	22,302.00	3,621.07
Expenses						
Casual Labor	200.00	242.00	(42.00)	525.00	484.00	41.00
Payroll	6,047.00	6,047.00	-	12,094.00	12,094.00	-
Legal & Professional	350.00	350.00	-	700.00	700.00	-
Rent	996.00	1,046.00	(50.00)	1,992.00	2,092.00	(100.00)
Printing	-	50.00	(50.00)	-	100.00	(100.00)
Payroll Taxes	462.00	463.00	(1.00)	462.00	926.00	(464.00)
Repairs & Maintenance	-	25.00	(25.00)	-	50.00	(50.00)
Equipment Rental	101.20	116.00	(14.80)	198.90	232.00	(33.10)
Telephone & Fax	443.61	475.00	(31.39)	918.29	950.00	(31.71)
Answering Service	176.91	216.00	(39.09)	345.81	432.00	(86.19)
Postage	111.50	137.00	(25.50)	349.61	274.00	75.61
Office Supplies	87.73	208.00	(120.27)	214.20	416.00	(201.80)
Bank Service Charges	40.00	40.00	-	80.00	80.00	-
Computer & Technology	835.19	416.00	419.19	911.67	832.00	79.67
Intergroup Expense	26.98	150.00	(123.02)	346.98	300.00	46.98
Insurance	-	200.00	(200.00)	1,298.00	400.00	898.00
Special Events	-	375.00	(375.00)	-	750.00	(750.00)
Travel	-	583.00	(583.00)	-	1,166.00	(1,166.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	12.00	(12.00)	-	24.00	(24.00)
Over/Under	29.55	-	29.55	29.55	-	29.55
Total Expenses	9,907.67	11,151.00	(1,243.33)	20,466.01	22,302.00	(1,835.99)
Net Income	457.16	-	457.16	5,457.06	-	5,457.06

CHANGES TO MEETINGS

- 37040 Clark Street—no Thurs 5p**
- 37091 Happy Hour—no Sat 5:30**
- 37110 McMinnville Serenity last Fri- Pamphlet Study**
- 37115 Search for Serenity—Mon Noon now OD/ +ALN—Thurs Noon now OD**
- 37174 Spring Hill RUTS Tues & Thurs now 1:30p OD**
- 37203 Just for Today Now 6p**
- 37214 Young & Sober - cancel Fri 7p**

NEW GROUPS / MEETINGS

- 37069 Gratitude & Hope—Ch of Resurrection 1216 Sneed Rd W Mon 7p OD**
- 37069 What's the Point—Ch Comm Ch 1215 Hillsboro Rd Thurs 7p OD/Men/Lit**
- 37203 No Defense 202 23rd Ave Sun—8p OD/Men**

MEETINGS ADDED

- 37042 Northside - Tue & Fri 8p CD/Aln**
- 37083 Lafayette New Hope—Sun 4p OD**
- 37091 Happy Hour—Wed 5:30p OD**
- 37110 McMinnville Serenity Sun 5p OD/LIT**
- 37174 Spring Hill Nooner—Sat Noon OD/LIT/ +ALN & Wed Noon OD/LIT**
- 37203 Many Paths - Thurs Noon OD**
- 37203 Smart Feet Friendship House—Mon 7:30am OD/LIT**
- 37209 Women in Recovery - Fri 8p OD/Wmn/Lit**
- 37216 East Nashville's 86ers Sat Noon OD**
- 38501 How it Works - Mon, Tue, Thurs now 7p**

Can you find the words from the ZOOM article on Page 7?

ZOOM				GETTING					STARTED					VIEW					BROWSER					PROMPTED					
AVOID				FAMILIARIZE					YOURSELF					FULLSCREEN					CLICK					BOTTOM					
MEETING				OPTIMIZED					DESKTOP					MUTE					TOGGLING					GALLERY					
VIDEO				PARTICIPATE					ACCOUNT					DOWNLOAD					HIGHLIGHTS					PERSON					
LAUNCH				ANONYMITY					SUGGEST					SPEAKING					SMARTPHONE					CROSSTALK					
B	S	B	M	S	O	F	Y	W	G	O	M	G	O	J	W	D	H	W	F	S	J	P	V	G	C	U	I	I	X
J	D	O	Z	S	H	M	Q	K	W	N	S	T	J	B	I	I	K	F	F	W	U	X	W	C	C	I	D	O	Q
S	A	D	G	T	X	B	O	V	Q	T	I	W	A	P	Q	O	L	C	I	N	V	D	R	A	U	Y	N	P	O
E	O	S	E	L	T	B	V	A	M	I	A	X	E	S	J	F	I	L	G	P	J	O	C	A	Q	A	S	H	O
X	L	U	R	Z	X	R	Y	A	V	B	V	J	T	B	F	F	K	F	C	R	S	S	J	I	Q	E	L	A	P
B	N	Q	E	C	I	E	L	X	F	J	P	H	P	W	O	O	R	W	T	S	L	B	C	O	H	S	S	Y	O
Y	W	W	E	O	N	M	M	H	W	O	H	A	N	O	N	Y	M	I	T	Y	G	S	G	S	E	Y	K	V	J
P	O	N	U	R	E	T	I	Z	R	J	Q	U	N	K	Y	A	Q	A	O	V	N	U	P	F	M	Q	U	J	H
D	D	F	H	O	G	F	Z	T	A	Y	E	C	J	C	X	R	L	I	N	N	X	G	U	U	S	G	J	I	A
U	O	K	Y	P	Y	G	B	A	P	G	T	W	Z	L	G	K	H	J	S	T	H	G	I	L	H	G	I	H	Y
J	H	M	T	B	W	R	G	N	W	O	L	Z	O	R	X	Z	R	J	Y	W	E	E	M	N	I	I	Q	J	N
C	T	W	O	X	O	N	V	O	T	F	B	Y	N	L	C	B	V	S	V	J	J	S	Y	Y	F	N	E	T	A
E	B	C	I	W	I	P	S	U	K	W	A	H	L	X	K	S	S	E	Y	Q	U	T	I	U	B	V	M	G	F
H	S	A	S	T	E	E	U	M	H	R	N	O	Q	F	E	M	F	X	H	Q	F	C	L	V	P	U	K	C	L
F	L	E	T	G	N	I	L	G	G	O	T	H	W	Z	C	U	E	A	J	X	F	L	C	M	O	Y	M	G	R
E	R	E	R	V	U	P	X	D	Q	T	C	D	E	S	K	T	O	P	K	V	S	I	E	S	H	P	D	A	S
C	G	B	C	N	W	B	E	I	K	I	R	Z	H	N	H	E	Z	P	Z	C	D	C	I	S	X	L	G	L	C
H	F	B	V	V	A	N	O	O	C	S	I	W	C	E	X	L	S	J	R	K	M	K	J	R	R	Y	G	L	L
V	N	H	T	C	E	N	E	V	P	R	G	K	Y	Z	A	I	D	E	K	O	O	A	I	K	G	U	V	E	D
O	O	S	Q	N	I	Q	Y	A	A	K	K	W	S	G	D	J	E	X	E	L	M	N	M	W	K	K	O	R	L
I	U	P	A	R	T	I	C	I	P	A	T	E	I	A	S	N	Y	A	L	X	P	P	A	N	H	X	F	Y	A
N	M	A	J	A	W	D	L	Q	Z	X	V	Q	Z	U	M	G	S	X	J	S	I	D	T	Y	B	R	S	H	R
T	T	O	L	Q	U	I	C	Q	O	D	P	N	D	Q	E	G	W	R	R	H	Z	Y	H	E	Q	D	U	W	B
X	W	E	I	V	M	V	S	B	O	Q	A	I	S	P	E	A	K	I	N	G	V	L	W	V	D	Y	O	A	B
C	L	V	R	A	D	K	M	X	M	N	H	E	R	C	K	G	D	P	B	V	I	A	C	O	J	Y	X	O	J
C	I	M	F	B	D	N	A	E	K	E	D	K	R	R	Q	P	A	T	C	H	G	U	H	T	P	I	W	G	W
D	X	Z	O	W	V	N	R	F	C	N	G	S	P	F	Z	U	D	X	V	O	B	N	F	H	G	H	E	N	L
R	W	B	G	T	K	E	T	Q	R	N	U	W	E	Y	F	S	M	A	W	W	I	C	G	N	I	T	E	E	M
O	V	J	I	F	I	X	P	O	A	K	R	M	R	G	T	U	H	M	D	B	O	H	K	P	X	V	M	J	I
Y	I	V	G	B	U	B	H	I	D	J	Y	F	S	T	W	D	M	I	P	X	S	F	Y	Y	V	N	X	H	V
V	Z	S	N	O	O	B	O	K	E	I	D	V	O	V	V	Y	D	V	I	D	E	O	S	S	E	I	Y	A	V
P	B	A	U	T	O	T	N	U	O	C	C	A	N	Y	F	L	P	Q	J	U	O	V	L	E	K	V	R	M	K
M	L	I	T	F	E	R	E	G	A	B	Z	U	B	Y	P	Q	G	B	T	M	H	F	P	B	H	U	N	D	N
Z	I	O	H	Y	O	P	E	X	W	J	N	G	U	V	W	O	L	D	E	T	R	A	T	S	P	G	V	Y	C
H	M	O	Q	Z	K	L	J	Z	J	O	A	S	P	L	S	Z	E	M	P	J	X	A	E	M	W	T	N	F	Z

<i>YOUR GROUP CONTRIBUTIONS</i>
--

GROUP/MEETING	FEB	YTD
24 HOUR		-
3 LEGACIES		-
86'ers		227
ALGOOD 12 STEPS TO FREEDOM		-
ANONYMOUS	29	63
ANY LENGTHS		-
AREA 64		-
BACK TO THE BIG BOOK	50	50
BACKROOM		859
BASEMENT BUNCH, COLUMBIA	46	46
BASEMENT BUNCH, MURF		-
BRENTWOOD FULL MOON		360
BY THE BOOK		40
CAME TO BELIEVE		-
CELEBRATE SERENITY		213
CAMELS		-
CENTERVILLE		7
CHICKEN PLUCKERS		71
CLARK STREET		-
COLUMBIA	20	40
COMFORT ZONE		-
COMMUNICATIONS		-
COOL SPRINGS NEWCOMERS		-
CROSSVILLE AA		-
CROSSVILLE MON NIGHT		-
CROSSVILLE NONSMOKING		26
CROSSVILLE STEP		-
DAVIDSON RD		3,200
DEKALB		-
DICKSON		-
DISTRICT 9		-
DOUBLE DIPPERS (CROSSVLE)		-
DOWNTOWN LUNCH		-
DRUNKS IN THE PARK		-
EAST HICKMAN		-
EAST NASHVILLE 86'ERS		-
EAST SIDE SATURDAY		587
EASY DOES IT		-
ESTILL SPRINGS BIG BOOK		-
EVERY WOMAN HAS A STORY		112
FAIRFIELD GLADE		51
FAYETTEVILLE		-
FELLOWSHIP		-
FIRST THINGS FIRST		285
FOR LADIES ONLY		-
FRANKLIN		850

GROUP/MEETING	FEB	YTD
FRANKLIN FELLOWSHIP		-
FRANKLIN 4TH BB STUDY		-
FRANKLIN MEN'S		-
FRANKLIN ROAD WOMEN'S		-
FREE TO BE		134
FREEDOM FROM BONDAGE		10
GALLATIN AA		-
GLADEVILLE GRATITUDE		-
G.O.D.		125
GOODLETTSVILLE		-
GRATITUDE		-
GROUP OF DRUNKS		-
HAPPY DESTINY		-
HAPPY HOUR - LEWISBURG		-
HARDING RD		250
HENDERSONVILLE BIG BOOK		-
HERMITAGE		-
HIGH NOON		-
HIGHER POWERED		-
HOPE PARK		-
HOPE PARK LITERATURE		65
HUNT CLUB		-
HUT		30
IT'S A GREAT DAY	52	52
JOELTON	50	50
KEEP IT SIMPLE		70
KEEP IT SIMPLE BELLEVUE	36	36
KEY TO SOBRIETY		250
KICKOFF ISN'T UNTIL NOON	400	400
LADIES NIGHT OUT		-
LAFAYETTE NEW HOPE		50
LAMBDA		-
LATE LUNCH BUNCH		900
LAWRENCEVILLE		-
LET IT HAPPEN	258	258
LIFE SAVERS		-
LIVING BY THE PRINT	200	200
LIVINGSTON 12x12		25
MADISON STREET		-
MID-DAY BREAK		165
MT. JULIET FELLOWSHIP		50
MURFREESBORO	15	30
MUSIC CITY ROW		25
MUSTARD SEED		-
NEEDED MEETING		-

GROUP/MEETING	FEB	YTD
NEW DAY	-	-
NEW HOPE	-	-
NEW LIFE	-	-
NIPPER'S CORNER	-	-
NO NONSENSE	-	-
NORTHSIDE	50	50
N.O.W.	-	-
ONE DAY AT A TIME	-	-
ONE STEP CLOSER	126	126
OUT TO BREAKFAST BUNCH	102	102
PAGE 112	-	-
PAY DAY	132	132
PEACHTREE	-	-
PORTLAND UNITY	-	-
PRIMARY PURPOSE	48	48
PRIMETIMERS	-	-
PULASKI	5	10
RECOVERY ON THE ROW	-	-
RECOVERY ROAD	-	-
RIGHT DIRECTION	-	-
ROAD OF HAPPY DESTINY	-	-
RUSHH HOUR	-	-
RUTS	-	-
SAFE HARBOR	-	-
SAFE PLACE	164	164
ST. AUGUSTINE, VANDERBILT	-	-
ST. BETHLEHEM	10	10
SANGO SOLUTIONS	120	120
SATURDAY NIGHT ALIVE	20	40
SECOND MOUSE GETS THE CHEESE	-	-
SEEKERS, SPARTA	500	500
SEEKING SANITY	-	-
SHADE TREE	-	-
SIMPLY SUNDAY	368	368
SISTERS OF SOBRIETY	-	-
SISTERS IN SOBRIETY	129	129
SMYRNA GRATITUDE	542	905
SOBRIETY FIRST LEBANON	-	-
SPRING HILL	-	-
SPIRITUAL WARFARE	-	-
SSS, HERMITAGE	-	-
STRAGGLERS	325	325
SUNDAY 10AM, CROSSVILLE	-	-
THERE IS A SOLUTION	-	-
THREE LEGACIES	-	-
TRINITY	500	500

GROUP/MEETING	FEB	YTD
TRUDGING THE ROAD	-	-
TURNING POINT	-	-
UNCOMMON WOMEN	-	-
UNITED	300	300
UNITY AT 6	10	20
WAKE UP	50	50
WAVERLY	-	-
WED NIGHT 12 STEPS, AL-GOOD	-	-
WEST NASHVILLE	8	8
WESTMINSTER	600	600
WHITE HOUSE	-	-
WINNERS & BEGINNERS	-	-
WINNERS & BEGINNERS, BRENTWOOD	300	300
WOMAN'S WAY	-	-
WOMEN IN THE SOLUTION	100	200
WOMEN'S FREEDOM	-	-
WOMEN'S OPEN DOOR	151	151
WOMEN'S SPEAKER	-	-
WOODBINE	-	-
GROUP TOTALS TO DATE	3,189	15,418
INDIVIDUALS	363	363
MESSENGER	-	-
COMBINED TOTALS TO DATE	3,552	15,781

CANCELLED GROUPS

37014 Downtown Triune Group

37029 Discovery Group

37064 Sober on Sundays

37087 Back to Basics - Lebanon

37110 Bar None

37115 WTF - Serenity House

37115 Women's Serenity Recovery

37150 The Meeting Place

37216 Weekenders

37334 Serenity Cellar

MOVES

**37064 Sober on Sunday—Franklin 1st Un Meth Ch
120 Aldersgate Way**

**37172 Robertson County - United Way Office 100
5th Ave West Springfield**

**37205 Harding Rd - St Georges Epis Ch Hampton
Hall 4715 Harding Rd**

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