

The **MESSENGER** *Middle Tennessee Central Office Intergroup*

\$ 1.00

*FROM CHARLES C,
CENTRAL OFFICE MANAGER*

M A Y 2 0 2 0

We are connected! Wow, we are connected in ways we never imagined. Zoom meetings and other online technology have allowed meetings in a way AA pioneers and some old-timers would have trouble comprehending. Thanks to all the volunteers who have kept our website current and our phones open during this unusual time in history and Alcoholics Anonymous. The office itself is still closed, but a different volunteer answers the phone every four hours. These are same volunteers that man the Office when we are open, so a double thanks to those valuable folks. With all the help and all the cooperation, many of our local meetings are available. Some tell me of zoom attendance in other parts of the country, even where got sober originally for some.

Like other businesses, our plans are tentative. The earliest date the Office will be open for live purchases is currently May 11th, 2020. The first week will be optional for volunteers here in Office. The May 11th Intergroup meeting will be a Zoom meeting at 6:00. Our meeting room is small with 35-40 Intergroup Reps attending regularly, so certainly not wise for that many people in a small space.

Bill and I meet at the Office on Tuesday and Friday mornings at 10:00 am to catch up, do mail and meet those needing books or chips. We usually have mail orders, if necessary. If that does not work with your schedule, call the hotline 615-831-1050. We will meet you, if possible.

Overall, this pandemic has been a learning experience. There are ways to stay connected, "carry the message", help the newcomer while enhancing our own sobriety, and grow personally in all our relationships. Stay willing, and call if have needs and information to share.

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm,
Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for
The Messenger—blamethemessenger@gmail.com- email—mtcoaa@aol.com, Website— www.aanashville.org

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OFFICE MANAGER

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She hated computers, but finding AA online forums gave her the courage to return to the program after a long relapse

My story begins in 1991 when I was first introduced to AA. I went to meetings, had a number of sponsors, and actually made it to more than a year of sobriety, but it turned out I wasn't done drinking yet.

Fast forward to the year 2006. My husband and I got our first computer. I didn't like computers at all! I thought that they were going to ruin the world. (Actually, that's still in question.) By this time, I was drinking on a daily basis. I had stopped working a few years earlier, due to other health problems. I had my days

and nights mixed up. I drank until 4:30 AM and didn't get out of bed until after 1:00 PM most of the time. My selfishness and self-loathing were taking over—I didn't care if I got out of bed or if I would ever wake up again. Mentally and spiritually I was hitting bottom. But I was still not done the drinking.

But even with my drinking, I was starting to learn and figure out things on the computer. I discovered online forums of people writing back on forth on whatever subjects interested them. I first joined a cat site, since I have always loved animals, cats especially. It was ok for a while but I didn't feel like I fit in with the people on there. Then I joined a paranormal site. There were a lot of interesting things to read on that site, but the people

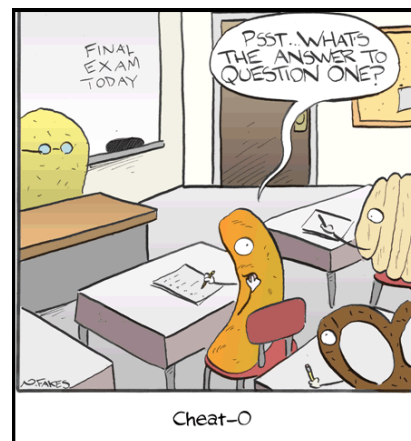
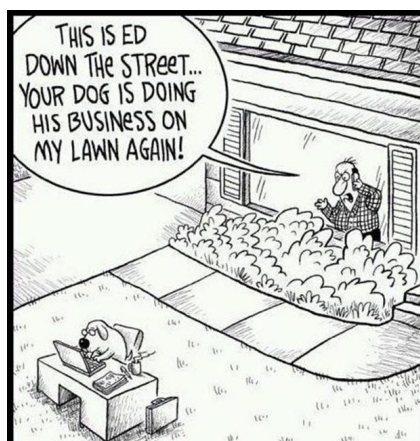
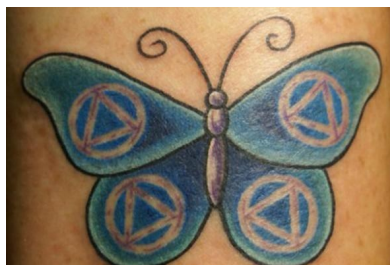
So in during this Coronavirus, how are our groups reaching out to those new members who are identifying themselves in our Zoom meetings?

Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

Anonymous

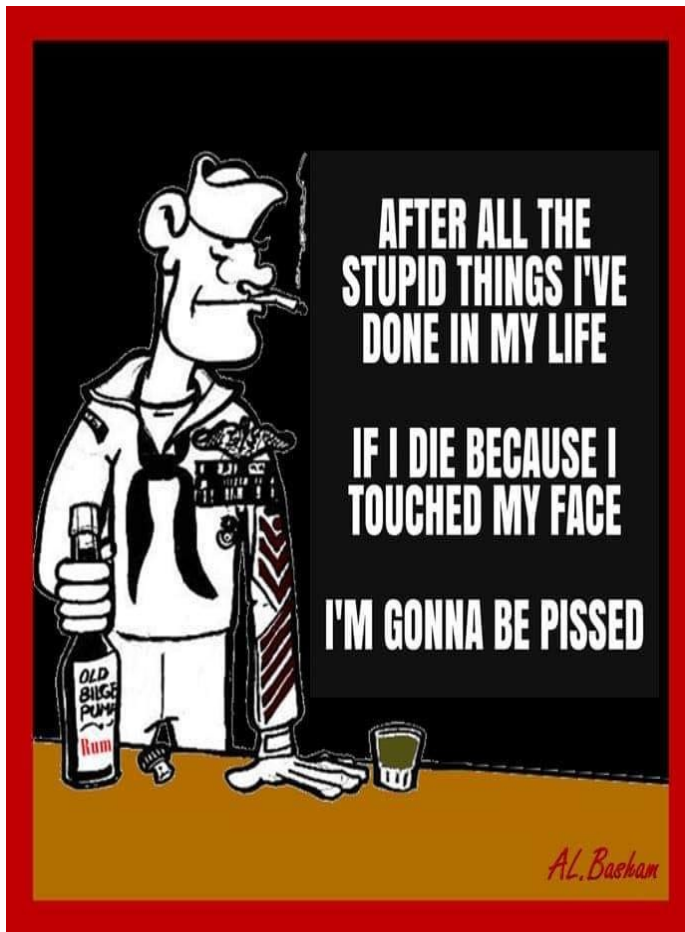
Recovery Tattoo of the Month



CAN YOU FIND THE WORDS BELOW THAT COME FROM TRADITION FIVE?

ABILITY	AIM	ALCOHOLIC	AWAY	BADLY	BUT
CARRY	DEPENDS	EACH	FELLOWSHIP	GIFT	GIVEN
GROUP	HAS	IDENTITY	ITS	MANY	MESSAGE
NEWCOMER	ONE	PASSING	PRIMARY	PRINCIPLE	PURPOSE
RECOVERY	SOBRIETY	STILL	SUFFERS	THE	TO
TO	UNLESS	WHO			

S	R	A	N	C	N	Z	O	W	L	I	C	H	P	Y	N	L	Y	I	B	X	H	B	R	E	X	Q	Q	T	M
O	R	J	R	Q	E	N	B	L	Y	B	L	U	R	O	P	W	V	P	I	D	E	N	T	I	T	Y	Z	N	A
B	I	E	L	L	U	L	I	P	U	L	O	R	X	S	Q	T	B	X	Y	P	N	E	D	R	X	T	P	U	I
R	W	K	F	O	N	E	H	T	Q	R	D	E	L	X	L	Z	L	S	H	R	C	L	G	A	R	E	D	R	O
I	Y	F	D	F	Q	B	A	N	G	G	B	A	N	S	H	D	T	V	A	N	X	L	W	Q	M	B	D	Z	V
E	Z	A	E	C	U	X	P	C	H	T	Q	G	B	P	O	I	C	U	S	J	X	Q	Y	I	T	O	P	D	W
T	N	C	N	L	R	S	B	A	A	D	W	W	V	E	D	H	L	S	S	A	Z	Z	Y	P	K	T	X	R	Y
Y	I	O	M	K	L	J	H	T	H	W	K	Y	I	D	T	R	O	J	M	T	P	A	O	P	G	V	F	H	C
B	H	J	P	C	Y	O	U	K	H	L	A	U	Z	O	K	K	Z	O	G	Z	I	T	S	E	W	J	N	B	Y
L	Q	U	W	B	X	A	W	L	N	K	G	Y	D	U	L	B	I	M	N	L	E	A	M	U	T	E	B	Y	T
D	D	A	C	D	Y	M	N	S	N	R	J	N	Y	A	T	O	O	O	W	C	F	R	S	I	L	B	H	U	I
H	L	J	U	F	F	N	Y	C	H	H	J	A	M	N	X	D	O	S	H	R	T	G	J	R	A	D	T	R	L
S	N	R	V	U	W	B	E	Q	N	I	T	M	Q	H	F	P	R	T	X	W	D	Y	J	D	L	S	C	Y	I
B	J	N	Z	V	Y	Y	N	V	U	Z	P	K	Z	U	X	U	K	O	O	B	W	S	V	D	C	X	N	U	B
L	Y	S	P	W	Z	T	U	R	I	T	U	C	Y	Y	Y	J	M	K	G	A	P	B	Z	O	O	O	A	X	A
Q	O	D	U	N	E	L	U	H	S	G	O	L	S	Y	X	M	K	F	I	U	N	D	T	G	H	X	V	W	T
M	T	Z	B	I	M	E	W	S	U	Z	D	Y	N	S	E	J	N	M	A	R	H	N	B	P	O	X	H	E	F
R	Q	P	K	L	C	H	C	F	G	T	M	U	Y	W	V	B	U	O	R	Y	H	P	E	V	L	W	C	F	W
B	V	G	S	N	Q	S	W	N	C	I	I	I	S	C	N	N	X	P	D	G	R	X	T	W	I	M	A	P	V
Q	T	A	H	F	S	L	P	M	A	S	D	N	C	I	Y	Q	L	H	R	Y	O	A	L	A	C	L	E	D	M
L	A	P	A	I	H	V	P	J	U	K	I	E	O	J	Q	C	U	O	P	I	K	Q	M	E	H	O	O	Z	K
H	P	S	O	I	K	G	U	A	M	I	T	R	E	C	O	V	E	R	Y	J	N	E	P	I	V	M	M	C	F
D	F	C	A	L	G	T	S	I	S	Y	J	W	T	H	E	K	Q	E	L	M	W	C	G	J	R	Z	X	E	W
S	T	L	C	Z	A	T	T	B	S	S	E	L	N	U	B	X	A	S	D	T	F	G	I	C	V	P	V	X	R
U	W	Y	M	C	E	P	I	T	C	L	I	N	B	M	T	M	I	O	T	I	T	E	F	P	J	V	Y	S	C
P	V	I	W	Z	P	R	L	K	Z	E	Z	N	M	L	F	N	X	P	E	A	C	H	T	B	L	U	T	E	H
J	F	D	P	H	O	C	L	C	X	D	Z	J	G	O	Z	J	S	R	R	K	R	N	A	P	M	E	Q	J	F
Q	L	G	C	C	Y	B	Z	V	W	C	I	J	R	E	R	J	D	U	J	H	X	D	C	R	F	Q	S	J	N
J	M	N	O	N	S	M	F	M	A	B	Z	R	T	P	D	Z	G	P	M	R	F	D	J	C	L	H	U	R	C
B	N	K	A	L	T	B	R	R	F	T	P	J	X	R	R	I	M	D	K	Q	K	S	M	E	S	S	A	G	E
E	D	W	O	D	P	S	R	J	C	W	V	T	C	O	P	T	K	Z	J	Z	Q	S	K	X	Q	K	U	M	H
B	W	Q	F	K	H	Y	C	P	Q	H	R	U	Y	Z	P	I	J	Z	X	S	F	X	M	K	U	K	N	T	P
R	A	Z	T	N	Z	J	W	C	C	C	S	C	U	X	O	E	T	Q	I	G	M	F	E	N	Y	S	M	X	R
U	C	B	E	T	Q	K	W	L	A	O	S	R	Y	E	K	W	R	G	G	F	A	P	N	Q	R	J	B	L	L
C	B	A	V	C	M	D	P	G	N	F	B	D	E	P	E	N	D	S	O	A	J	P	X	J	C	Q	W	C	L



★ 18th Annual ★

District 15 Memorial Weekend

Family Camp Out



Sunrise to Sunset:

Sobriety is A Worthwhile Endeavor!

When: Memorial Weekend May 22-25, 2020

Check-In Friday, May 22 @ 4:00 p.m.

Check Out Monday, May 25 @ 12:00p.m.

Where: Montgomery Bell State Park

Cost: \$10.00 per person per night for rustic cabin or bring a tent and stay all weekend for only \$10.00

(12yrs and younger No Cost)

Contact: Dudley P.- (615)970-2485, dudleypalmer54@gmail.com

All meals will be provided! Please bring drinks and snacks for your family.

Chairperson	Garrett D	615.957.7674
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Joe C	615.491.1824
Secretary	Lindsey T	615.260.6295
Treasurer	Butler M	225.226.5457
Public Information/Cooperation with the Professional Community	Steve M	865.567.6734
Accessibility Committee	Jennifer S	615.717.7682
Corrections	Stephen T	615.926.9467
Treatment Facilities	Darin M	615.423.2620
Events Chair		
Archives	Don M	615.708.7957
Sobriety Dinner		
Newsletter	Pat P	615.574.4412

1ST TUESDAY OF EVERY MO.

District 30 Meeting

When: 6:30pm – 7:30pm

Where: 5925 O'Brien

2ND MONDAY OF EVERY MO.

Intergroup Meeting

When: 6:00pm – 7:00pm

Where: Central Office
417 Welshwood

STEERING COMMITTEE

When: Monday Apr—27th

6:00pm – 7:00pm

Where: Central Office
417 Welshwood

1ST TUESDAY OF EVERY MO.

District 32 Meeting

When: 6:30pm

Where: Last Stop Club
2122 Utopia

2ND SATURDAY OF EVERY MO

District 34 Meeting

When: 10am

Where: 200 E. Cedar St
Goodlettsville

Me after washing my hands for 20 seconds 57 times in one day



ONLINE SOBRIETY

(Continued from page 2)

were a bit strange, so that wasn't for me, either.

By now, I was feeling overwhelmingly lonely. I was drinking every day, with no friends anymore, no one to talk to except my husband when he was home from work. I was starting to feel worse and worse, physically and mentally. My days blended together. It didn't matter if it was Monday or Thursday because it was the same thing, day after day.



Drink, eat, clean house a little (maybe), go on the computer, and then go to bed. Get up and do it all over again.

One day, I decided to see if Alcoholics Anonymous was on the computer. Yep, there it was. So, I drank and read, drank and read. I actually found somewhere or another online of an audio recording of Bill W speaking at a convention somewhere. I cried listening to that and remembering how it was when I was in AA years before.

Then I ended up finding other websites, with recovering alcoholics involved in forums and online meetings. For nine months, I wrote back and forth with these people, while drinking my rum and cokes.

They kept telling me to go back to AA, and I kept saying:

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Alcoholics Anonymous meetings have moved from musty church basements to laptop screens in quarantine. Do they still work?

In a Zoom meeting of Alcoholics Anonymous last week, a waifish figure with rheumy eyes assumed the center of the computer screen.

“I have several hours clean,” the person said, grinning and lurching screen left. “I need help.”

This was my first online experience of the fellowship that has been a cornerstone of my life since 2011. Like many A.A. members, I found I needed the meetings more than ever when the coronavirus quarantine canceled the in-person ones.

But internet A.A., at first glance, was uncanny. I caught my breath to see someone so addled, probably still drunk or high, make this disclosure to a crowd of internet strangers who couldn’t, not really, look one another in the eye. In my experience, A.A. is about bodies in space — hugs, pats on backs, a tissue when you need it.

“I just need help,” said the troubled person on my laptop.

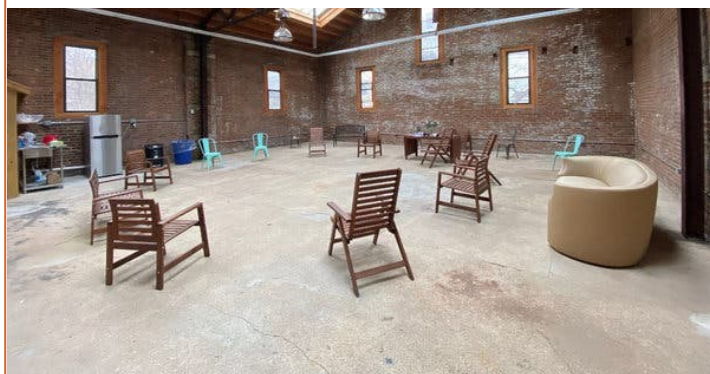
At that, the small streaming videos of members across the top of the Zoom interface burst into applause. It’s our habit in A.A. to heap praise on anyone courageous enough to make a start. Of course, the applause was silent, since we were all streaming the meeting and we were all on mute.

But it was a relief to see the familiar ceremony, right here, in the corner of the internet now staked out for sober alcoholics — and anyone, in any plague bunker, with what we call a “desire to stop drinking.”

A quarantine is indeed a trying time. Where “people who can drink normally” — A.A. lingo for non-alcoholics — are stocking up on liquor, A.A. members, and there are some 2.1 million of us, are hellbent on keeping the meetings going.

Though at least one New York City meeting stayed open a few days after the lockdown, its chairs spaced six feet apart, my regular ones now convene on Zoom, the same videoconferencing software many schools use.

In the best of times, many A.A. members suffer from what traditionalists call “RID,” for “restlessness,



irritability and discontent,” and we’re now confessing to every manner of itch. Some want to drink. Some suddenly despise their roommates. Some are eating Lucky Charms out of the box and wondering whether, with a knack remembered from druggie days, they might snort the marshmallow dust.

In short order we have grown used to disclosing our intimate secrets into our laptop cameras, like a bunch of extremely earnest and fully dressed camgirls. It has been weird.

Eight and a half years ago, I attended my first in-person meeting, in the undercroft of a Unitarian Church in Brooklyn. I overdressed. It’s common at the start to try to perfume away desperation; later I learned no one is fooled. A.A. members, as their minds and lives clear up, are instructed to wear their sobriety “like a loose garment,” and on Zoom we’re in state-of-the-art loose.

Still, knowing I’m on the internet discussing the most shameful part of my life, and changing my profile hastily to delete my last name, makes me freshly nervous about how candid I can be in this setting.

But I keep going, and the online meetings are packed. In one Zoom I attended last week, a woman with a fake tropical beach background surveyed the images of the 50-plus people who’d showed up. She talked about cultivating acceptance of the pandemic, not “future-tripping,” and instead taking the “next right action.”

“A.A. is like a freaking cockroach,” she told the virtual assembly. “Like, you can’t kill us.” There was a pause. “I mean ‘cockroach’ in a good way.”

I was in New York City on Sept. 11, 2001, and had planned a bender almost before the Twin Towers hit the ground. Under my sink, I kept a giant shoe box —

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it once held knee-high boots — filled with benzos and opiates. I took a handful to steady me for a run to the wine shop.

While others were giving their blood, I studiously adulterated mine with enough substances to cost me any trace of good judgment. What if someone mistook me for a functioning human with an idea about Al Qaeda or, worse, *asked me to help?*

Active alcoholics tend to find ordinary life events intolerable: an empty ice tray, a mediocre taco. If you know your solution (a drink), you tend to retro-engineer your problem (anything) to tee that solution up. It's a bad day, a good day, a Tuesday: drink.

When I was active, especially at the end, I tended to give myself no choice but to pour another tumbler of wine by imagining that alcohol was the only way to endure life on earth. So when something is truly intolerable, like a global pandemic, active alcoholics know just what to do.

Today my 9/11-caliber anxiety sends me to Zoom. Meetings that used to gather once a week offline now meet twice a day. Most of the time, we listen to speakers tell their stories — how the drinking started, how bad it got, what happened to bring them to their knees, and what their lives are like now. Barring a few jokes about the tech, these presentations are fluent, wry and moving, similar to the ones you'd hear in a traditional meeting.

Many people who speak in meetings say they're overwhelmed with relief to find these online gatherings, which are indeed coherent and powerful.

"Part of me wants to shut down, to make the world as small as my bed," said someone from a placeless quarantine the other day. "But in sobriety I find I can be of service to my mother — actually call, ask her about what interests *her*, make sure she's OK."

The quarantine in New York is only three weeks old, and I must have attended a dozen meetings, although I've shared only once. Was my diffidence because I missed the real-life meeting? The folding chairs, the musty smell, the corny "Easy Does It" placards, the hand-holding, the reliably status-leveling quality of the basements where I got sober?

All the iconic A.A. machinery reminds me of my bottom — when things were so bad, and my humiliation so high, that I received what some call "the gift of desperation." The memory of that gift, of how bad it once was and how, to my daily astonishment, good it is now, is what I get from the global network of rudimentary 3-D meeting spaces known as "the rooms."

"I'm just having trouble, during this virus, with all the *change*," I said when I shared.

On Zoom, an icon appeared: another "hand" was raised, and the chair of the meeting unmuted someone, who displaced me in the center of the screen.

"I heard that alcoholics fear two things: Change. And the way things are right now. The trick is accepting both."

The muted videos across the top of my screen laughed. Soon after, all of us, freshly unmuted, recited a hurdy-gurdy version of the Serenity Prayer in something far less than unison. Only then did I get a little teary.

I took the deepest breath of the day as if to take in — something. The sense of oneness. It occurred to me that all of us alcoholics — really, all humans with shortcomings, meaning everyone — were breathing in and out, our fragile mortal lungs, puffing away near our hearts, now so vulnerable to this novel virus that could stop them any minute

Anonymous

BACK ROOM

Angela S	05.07.11
Dave B	05.02.14

KEEP IT SIMPLE

Amy M	05.03.13
Brett G	05.28.94
Chad C	05.22.12
Chance A	05.17.05
Jerry C	05.22.14

KEEP IT SIMPLE

Jim A	05.07.12
John W	05.19.18
Karen P	05.02.92
Kirk J	05.03.09
Ryan P	05.05.17
Sarah C	05.26.17
Shirley F	05.31.11
Tom W	05.31.14

PORTLAND UNITY

Mildred W	05.22.11
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WOMEN'S SPEAKER

Joy F	05.30.16
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Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Month and Year Ended March, 2020

	March 2020			YTD 2020		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	1,552.47	2,783.00	(1,230.53)	8,081.17	8,349.00	(267.83)
Group Donations	5,821.48	6,939.00	(1,117.52)	22,392.91	20,817.00	1,575.91
Individual Donations	523.07	525.00	(1.93)	1,096.95	1,575.00	(478.05)
Messenger Donations	12.00	12.00	-	12.00	36.00	(24.00)
Website Donations	-	-	-	-	-	-
Special Events	-	708.00	(708.00)	-	2,124.00	(2,124.00)
Interest	20.04	184.00	(163.96)	2,269.10	552.00	1,717.10
Total Income	7,929.06	11,151.00	(3,221.94)	33,852.13	33,453.00	399.13
Expenses						
Casual Labor	200.00	242.00	(42.00)	725.00	726.00	(1.00)
Payroll	6,047.00	6,047.00	-	18,141.00	18,141.00	-
Legal & Professional	350.00	350.00	-	1,050.00	1,050.00	-
Rent	996.00	1,046.00	(50.00)	2,988.00	3,138.00	(150.00)
Printing	-	50.00	(50.00)	-	150.00	(150.00)
Payroll Taxes	462.00	463.00	(1.00)	924.00	1,389.00	(465.00)
Repairs & Maintenance	-	25.00	(25.00)	-	75.00	(75.00)
Equipment Rental	94.90	116.00	(21.10)	293.80	348.00	(54.20)
Telephone & Fax	448.30	475.00	(26.70)	1,366.59	1,425.00	(58.41)
Answering Service	187.00	216.00	(29.00)	532.81	648.00	(115.19)
Postage	100.87	137.00	(36.13)	450.48	411.00	39.48
Office Supplies	57.79	208.00	(150.21)	271.99	624.00	(352.01)
Bank Service Charges	57.78	40.00	17.78	137.78	120.00	17.78
Computer & Technology	1,243.99	416.00	827.99	2,155.66	1,248.00	907.66
Intergroup Expense	-	150.00	(150.00)	346.98	450.00	(103.02)
Insurance	-	200.00	(200.00)	1,298.00	600.00	698.00
Special Events	-	375.00	(375.00)	-	1,125.00	(1,125.00)
Travel	-	583.00	(583.00)	-	1,749.00	(1,749.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	12.00	(12.00)	-	36.00	(36.00)
Over/Under	-	-	-	29.55	-	29.55
Total Expenses	10,245.63	11,151.00	(905.37)	30,711.64	33,453.00	(2,741.36)
Net Income	(2,316.57)	-	(2,316.57)	3,140.49	-	3,140.49

MEETINGS ADDED

CHANGES TO MEETINGS

37040 Clark Street—no Thurs 5p

37091 Happy Hour—no Sat 5:30

37110 McMinnville Serenity last Fri- Pamphlet Study

37115 Search for Serenity—Mon Noon now OD/+ALN—Thurs Noon now OD

37174 Spring Hill RUTS Tues & Thurs now 1:30p OD

37203 Just for Today Now 6p

37214 Young & Sober - cancel Fri 7p

37042 Northside - Tue & Fri 8p CD/Aln

37083 Lafayette New Hope—Sun 4p OD

37091 Happy Hour—Wed 5:30p OD

37110 McMinnville Serenity Sun 5p OD/LIT

37174 Spring Hill Nooner—Sat Noon OD/LIT/+ALN & Wed Noon OD/LIT

37203 Many Paths - Thurs Noon OD

37203 Smart Feet Friendship House—Mon 7:30am OD/LIT

37209 Women in Recovery - Fri 8p OD/Wmn/Lit

37216 East Nashville's 86ers Sat Noon OD

38501 How it Works - Mon, Tue, Thurs now 7p

ONLINE SOBRIETY

(Continued from page 5)

"No, I'm scared, it didn't work for me."

Eventually, in the summer of 2007, I did get the courage to go back to AA. I struggled that whole year and kept drinking every couple of weeks. I couldn't get a month under my belt. But I kept hearing over and over: "Keep coming back" and "Don't give up before the miracle." In January 2008, I picked up a white chip and I haven't had a drink since.

I have a home group and a sponsor, and I've held a few service positions. I truly believe my Higher Power reached out to me through the computer even though I didn't understand it at the time. Today I still go on my forums with my AA friends from all over the US and the world. Some of the people who helped me so many years ago to get the courage to go back to AA are still there. I owe my life to them and Alcoholics Anonymous.

So I guess computers aren't that bad after all. I wouldn't be sober today if I didn't have one.

Barb C, Endicott, NY

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CANCELLED GROUPS

37014 Downtown Triune Group

37029 Discovery Group

37064 Sober on Sundays

37087 Back to Basics - Lebanon

37110 Bar None

37115 WTF - Serenity House

37115 Women's Serenity Recovery

37150 The Meeting Place

37216 Weekenders

37334 Serenity Cellar

NEW GROUPS / MEETINGS

37069 Gratitude & Hope—Ch of Resurrection 1216
Sneed Rd W Mon 7p OD

What's the Point—Ch Comm Ch 1215
37069 Hillsboro Rd Thurs 7p OD/Men/Lit

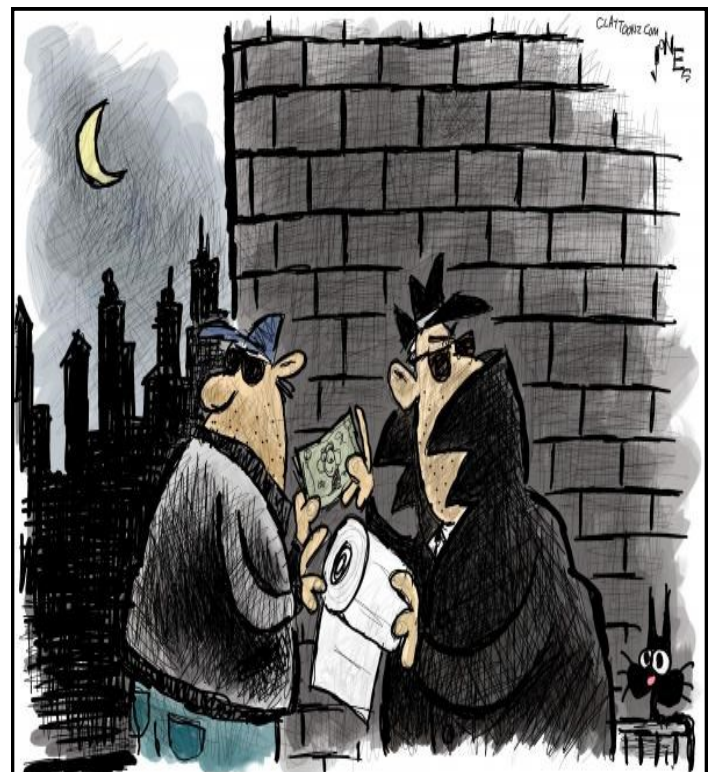
37203 No Defense 202 23rd Ave Sun—8p OD/Men

MOVES

Sober on Sunday—Franklin 1st Un Meth Ch
37064 120 Aldersgate Way

Robertson County - United Way Office 100
37172 5th Ave West Springfield

Harding Rd - St Georges Epis Ch Hampton
37205 Hall 4715 Harding Rd



GROUP/MEETING	MAR	YTD
24 HOUR		-
3 LEGACIES		-
86'ers		227
ALGOOD 12 STEPS TO FREEDOM		-
ANONYMOUS	34	97
ANY LENGTHS		-
AREA 64		-
BACK TO THE BIG BOOK		50
BACKROOM		859
BASEMENT BUNCH, COLUMBIA		46
BASEMENT BUNCH, MURF		-
BRENTWOOD FULL MOON	196	556
BY THE BOOK		40
CAME TO BELIEVE		-
CELEBRATE SERENITY		213
CAMELS		-
CENTERVILLE		7
CHICKEN PLUCKERS		71
CLARK STREET	100	100
COLUMBIA	20	60
COMFORT ZONE		-
COMMUNICATIONS		-
COOL SPRINGS NEWCOMERS		-
CROSSVILLE AA		-
CROSSVILLE MON NIGHT		-
CROSSVILLE NONSMOKING		26
CROSSVILLE STEP		-
DAVIDSON RD		3,200
DEKALB		-
DICKSON		-
DISTRICT 9	150	150
DOUBLE DIPPERS (CROSSVLE)		-
DOWNTOWN LUNCH		-
DROP THE ROCK	50	50
DRUNKS IN THE PARK	1,350	1,350
EAST HICKMAN		-
EAST NASHVILLE 86'ERS		-
EAST SIDE MEN'S	238	238
EAST SIDE SATURDAY		587
EASY DOES IT		-
EASY DOES IT MT. JULIET	250	250
ESTILL SPRINGS BIG BOOK		-
EVERY WOMAN HAS A STORY		112
FAIRFIELD GLADE		51

YOUR GROUP CONTRIBUTIONS

GROUP/MEETING	MAR	YTD
FAYETTEVILLE	25	25
FELLOWSHIP		-
FIRST THINGS FIRST		285
FOR LADIES ONLY		-
FRANKLIN		850
FRANKLIN FELLOWSHIP		-
FRANKLIN 4TH BB STUDY		-
FRANKLIN MEN'S		-
FRANKLIN ROAD WOMEN'S		-
FREE TO BE		134
FREEDOM FROM BONDAGE		10
GALLATIN AA		-
GLADEVILLE GRATITUDE		-
G.O.D.		125
GOODLETTSVILLE		-
GRATITUDE		-
GROUP OF DRUNKS		-
HAPPY DESTINY		-
HAPPY HOUR - LEWISBURG		-
HARDING RD		250
HENDERSONVILLE BIG BOOK		-
HERMITAGE		-
HIGH NOON		-
HIGHER POWERED		-
HOPE PARK		-
HOPE PARK LITERATURE		65
HUNT CLUB		-
HUT		30
IT'S A GREAT DAY		52
JOELTON		50
KEEP IT SIMPLE	58	200
KEY TO SOBRIETY	200	450
KICKOFF ISN'T UNTIL NOON		400
LADIES NIGHT OUT		-
LAFAYETTE NEW HOPE		50
LAMBDA		-
LATE LUNCH BUNCH		900
LAWRENCEVILLE		-
LET IT HAPPEN		258
LIFE SAVERS		-
LIVING BY THE PRINT		200
LIVINGSTON 12x12		25
MADISON STREET		-
MID-DAY BREAK		165
MT. JULIET FELLOWSHIP		50

GROUP/MEETING	MAR	YTD
MURFREESBORO	15	45
MUSIC CITY ROW		25
MUSTARD SEED	300	300
NEEDED MEETING		-
NEW DAY		-
NEW HOPE		-
NEW LIFE		-
NIPPER'S CORNER		-
NO NONSENSE		-
NORTHSIDE		50
N.O.W.		-
ONE DAY AT A TIME		-
ONE STEP CLOSER		126
OUT OF THE FOG/OUT OF THE BOG	200	200
OUT TO BREAKFAST BUNCH		102
PAGE 112	117	117
PAY DAY		132
PEACHTREE		-
PORTLAND UNITY		-
PRIMARY PURPOSE		48
PRIMETIMERS		-
PULASKI	5	15
RECOVERY ON THE ROW		-
RECOVERY ROAD		-
RIGHT DIRECTION	195	195
ROAD OF HAPPY DESTINY		-
RUSHH HOUR		-
RUTS		-
SAFE HARBOR	100	100
SAFE PLACE		164
ST. AUGUSTINE, VANDERBILT		-
ST. BETHLEHEM		10
SANGO SOLUTIONS		120
SATURDAY NIGHT ALIVE	20	60
SECOND MOUSE GETS THE CHEESE		-
SEEKERS, SPARTA		500
SEEKING SANITY	237	237
SERENITY	25	25
SHADE TREE	1,452	1,452
SIMPLY SUNDAY		368
SISTERS OF SOBRIETY		-

GROUP/MEETING	MAR	YTD
SISTERS IN SOBRIETY		129
SMYRNA GRATITUDE		905
SOBRIETY FIRST LEBANON		-
SPRING HILL		-
SPIRITUAL WARFARE	115	115
SSS, HERMITAGE		-
STRAGGLERS		325
SUNDAY 10AM, CROSSVILLE		-
THERE IS A SOLUTION		-
THREE LEGACIES		-
TRINITY		500
TRUDGING THE ROAD		-
TURNING POINT		-
UNCOMMON WOMEN		-
UNITED		300
UNITY AT 6		20
WAKE UP		50
WAVERLY		-
WED NIGHT 12 STEPS, ALGOOD		-
WEST NASHVILLE		8
WESTMINSTER		600
WHITE HOUSE		-
WINNERS & BEGINNERS		-
WINNERS & BEGINNERS, BRENTWOOD		300
WOMAN'S WAY		-
WOMEN IN THE SOLUTION		200
WOMEN'S FREEDOM	250	250
WOMEN'S OPEN DOOR		151
WOMEN'S SPEAKER		-
WOODBINE	10	10

GROUP TOTALS TO DATE	5,711	21,165
INDIVIDUALS	633	996
MESSENGER		-
MEMORIAL, TOM KING	100	100

COMBINED TOTALS TO DATE 6,445 22,262



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