

# The **MESSENGER**

## Middle Tennessee Central Office Intergroup

\$ 1.00

### ZOOM BOMBERS

SEPT 2020

#### Handling Online Meeting Disruptions in the Moment

Sadly, as many of you have experienced, people have disrupted online meetings in our fellowship. While we may not be able to completely stop them, here are few tips provided by fellows\* who have been dealing with these online meeting disruptors.

*You must have Host or Co-Host access to take action on these suggestions. If you are not a meeting host, then send a link to this page to the secretary or host so they can take action.*

Note: Some controls may look different for your version of Zoom. Before your next meeting, review to Zoom instructions and find your computer or device type at the bottom of the page to access specific instructions.

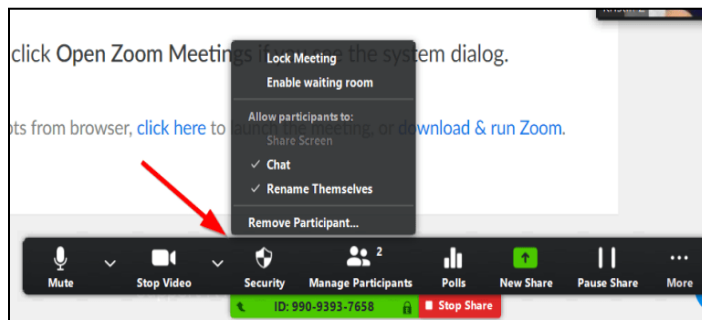
#### First Things First: Review Manage Meeting Participants Instructions to Ensure Zoom is Setup for Meeting Safety.

Before the meeting, do what you can to Manage Meeting Participants and setup Zoom settings for attendee safety. For example, before the meeting begins, elect a co-host whose role is to shoulder the weight of maintaining order during the online meeting by managing the participants. Read more>

The new Zoom update (as of 4/8/2020) brings a new "Security" window in the host tool bar. Please review this update from Zoom.

#### Remove the Offending Participant

This action will kick the attendee off the call and keep them from coming back under the same account.

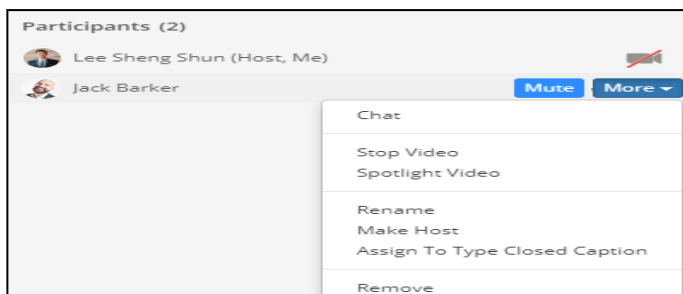


1. Go to the Security window at the bottom of the screen.
2. Select "Remove Participant"
3. Find the name of the offending participant by either by scrolling or searching in the window. If you don't see the Security icon, click on Manage Participants and find the meeting disrupter and click "More".

#### Stop a Participant's Video

This function will immediately turn off the disruptive attendee's video.

1. Go to the Manage Participants window at the bottom of the screen.
2. Click on "More"
3. Click on "Stop Video."



(Continued on page 6)

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-5pm, Sat, 9am-1pm,

Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for The Messenger—[blamethemessenger@gmail.com](mailto:blamethemessenger@gmail.com)- email—[mtcoaa@aol.com](mailto:mtcoaa@aol.com), Website—[www.aanashville.org](http://www.aanashville.org)

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## Bill Dotson – AA Member #3 "The Man On The Bed"

Bill Dotson, the "Man on the Bed," was AA number 3. At his death, he had not had a drink in more than nineteen years. His date of sobriety was the date he entered Akron's City Hospital for his last detox, June 26, 1935. Two days later occurred that fateful day when two sober alcoholics visited him: Dr. Bob Smith of Akron, Ohio, and Bill Wilson, a guest of Dr. Bob's from New York.

A few days before, Dr. Bob had said to Bill: "If you and I are going to stay sober, we had better get busy." Dr. Bob called Akron's City Hospital and told the nurse, a "Mrs. Hall," that he and a man from New York had a cure for alcoholism. Did she have an alcoholic customer on whom they could try it out? She replied, "Well, Doctor, I suppose you have already tried it yourself?" Then she told him of a man who had just come in with DT's, had blackened the eyes of two nurses, and was now strapped down tight. "He's a grand chap when he's sober," she added.

The nurse told Dr. Bob and Bill that Bill Dotson had been a well-known attorney in Akron and a city councilman. But he had been hospitalized eight times in the last six months. (Bill Wilson sometimes said "six times.") Following each release, he got drunk even before he got home.

Bill's wife, Henrietta Dotson, had talked to Dr. Bob and Bill earlier. When she told her husband she had been "talking to a couple of fellows about drinking" he was furious at her "disloyalty." When she told him that they were "a couple of drunks" Bill didn't mind so much.

Henrietta apparently had quite a conversation with the two men, and she told her husband that their plan for staying sober themselves was to tell their plan to another drunk.

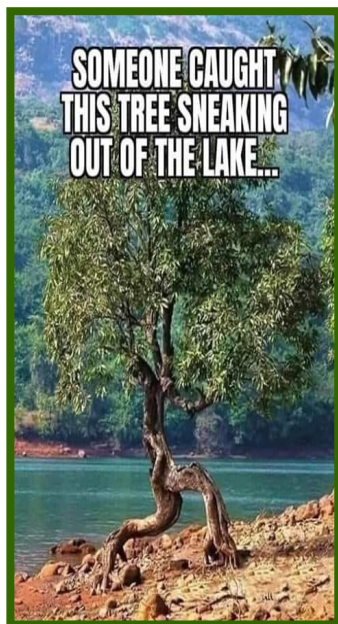
Years later, Bill Dotson reflected on the jumbled thoughts in his mind as his wife left and he began to lapse back into withdrawal stupor: "All the other people that talked to me wanted to help ME, and my pride prevented me from listening to them, and caused only resentment on my part, but I felt as if I would be a real stinker if I did not listen to a couple of fellows for a short time, if that would cure THEM."

So Dr. Bob and Bill talked to what may have been their first "man on the bed." They told him of the serious nature of his disease - how it was an allergy of the body combined with an obsession of the mind - but also offered hope for recovery. "We told him what we had done," wrote Bill, "how we got

## QUOTE OF THE MONTH

"Suffering is no longer a menace to be evaded at any cost. When it does come, no matter how grievously, we realize that it too has its purpose. It is our great teacher because it reveals our defects and so pushes us forward into the paths of progress. The pain of drinking did just this for us. And so can any other pain."

- Bill W.







honest with ourselves as never before, how we had talked our problems out with each other in confidence, how we tried to make amends for harm done to others, how we had then been miraculously released from the desire to drink as soon as we had humbly asked God for guidance and protection."

But Bill Dotson was not impressed. He said, "Well, this is wonderful for you fellows, but can't be for me. My case is so terrible that

I'm scared to go out of this hospital at all. You don't have to sell me religion, either. I was at one time a deacon in the church and I still believe in God. But I guess he doesn't believe much in me."

Like so many of us on first coming to AA, Bill Dotson thought he was "different." But he did agree to see Dr. Bob and Bill again. They came again the next day, and for several days thereafter. When they arrived on July 4, they found Bill's wife, Henrietta, with him.

Eagerly pointing at them, he said to his wife: "These are the fellows I told you about – they are the ones who understand."

Before they could say anything, he told them about his night, how he hadn't slept but had been thinking about them all night long. And he had decided that if they could do it, maybe he could do it. Maybe they could do together what they couldn't do separately.

It was on that day that he admitted he could not control his drinking and had to leave it up to God. Then they had him get down on his knees at the side of the bed and pray that he would turn his life over to God. Before the visit was over, he suddenly turned to his wife and said, "Go fetch my clothes, dear. We're going to get up and get out of here."

He walked out of that hospital on July 4, 1935, a free man, never to drink again. AA's first group was started on that day.

*Robert M, a volunteer illustrator for the Grapevine, created the oil painting 'Came to Believe' in 1955, and gave it to Bill Wilson in 1956. It first appeared in the Grapevine in the December 1955 issue, but when the book 'Came to Believe' was published in 1973, the Grapevine editors renamed the reproductions 'The Man on the Bed' to avoid confusion.*

- Thank you to the Preston Group



**Twelve Steps and Twelve Traditions, Step Twelve, page 125**

*"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."*

"We have been considering so many problems that it may appear that A.A. consists mainly of racking dilemmas and troubleshooting. To a certain extent, that is true. We have been talking about problems because we are problem people who have found a way up and out, and who wish to share our knowledge of that way with all who can use it. For it is only by accepting and solving our problems that we can begin to get right with ourselves and with the world about us, and with Him who presides over us all. Understanding is the key to right principles and attitudes, and right action is the key to good living; therefore the joy of good living is the theme of A.A.'s Twelfth Step.

With each passing day of our lives, may every one of us sense more deeply the inner meaning of A.A.'s simple prayer:

God grant us the serenity to accept the things we cannot change,

Courage to change the things we can,

And wisdom to know the difference."

Reprinted with permission from A.A.W.S.

**Daily Reflections; "A Changed Outlook", page 161**

*Our whole attitude and outlook upon life will change.* Alcoholics Anonymous, p.84

"When I was drinking, my attitude was totally selfish, totally self-centered; my pleasure and my comfort came first.

Now that I am sober, self-seeking has started to slip away. My whole attitude toward life and other people is

changing. For me, the first "A" in our name stands for attitude. My attitude is

changed by the second "A" in our

name, which stands for action. By

working the Steps, attending meetings, and carrying the message, I can be

restored to sanity. Action is the magic

word! With a positive, helpful attitude

and regular A.A. action, I can stay sober and help others to achieve sobriety. My

attitude now is that I am willing to go to any length to stay sober!"

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<b>Chairperson</b>	<b>Garrett D</b>	<b>615.957.7674</b>
<b>Central Office Manager</b>	<b>Charles C</b>	<b>615.973.9898</b>
<b>Central Office Bookkeeper</b>	<b>Bill M</b>	<b>615.512.5710</b>
<b>Vice Chairperson</b>	<b>Joe C</b>	<b>615.491.1824</b>
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<b>Newsletter</b>	<b>Pat P</b>	<b>615.574.4412</b>

**1ST TUESDAY OF EVERY MO.**

District 30 Meeting  
When: 6:30pm – 7:30pm  
Where: 5925 O'Brien

**2ND MONDAY OF EVERY MO.**

Intergroup Meeting  
When: 6:00pm – 7:00pm  
Where: Central Office  
417 Welshwood

**STEERING COMMITTEE**

When: Monday Oct—26th  
6:00pm – 7:00pm  
Where: Central Office  
417 Welshwood

**1ST TUESDAY OF EVERY MO.**

District 32 Meeting  
When: 6:30pm  
Where: Last Stop Club  
2122 Utopia

**2ND SATURDAY OF EVERY MO**

District 34 Meeting  
When: 10am  
Where: 200 E. Cedar St  
Goodlettsville

## OUTVOTING KEITH

If you've been around AA any length of time, you're familiar with the concept of The Committee. It's the one we all carry in our heads, the one that chatters and comments as we go about our day. We had it before we got sober and we've got it now, although if we take sobriety seriously, it's a far different Committee than it was in our drinking days.

I've given a lot of thought to the composition of the Committee and its efforts to sway us one way or the other. Its pivotal role takes place when the thought of a drink comes up. The Committee assembles quickly and votes, Yes, or No, on the drink. Majority rules and, as we all know, sometimes it's a squeaker, sometimes a blowout.

The Committee, like the U.N. Security Council, is comprised of both permanent and rotating members. The trick is, the Committee only has one permanent member.

You might think it's God, or your sponsor, or your conscience, but it isn't. We have to invite those on board. No, the only permanent member of the Committee of an alcoholic for purposes of voting on a drink is Keith Richards, circa 1972. As you might expect, Keith always votes "Yes."

That's why we're so easy as active alcoholics. We look to the Committee when the idea of a drink comes up, and there's Keith, with a grin and a bottle of Jack, inviting us to join the party. And we invariably do. At times, the Committee is comprised of our conscience and Keith, or our upbringing and Keith, or our religious beliefs and Keith, and the vote is a tie. Trick is, Keith wins ties.

But there comes that moment when something overwhelming takes place. For me, it happened as I came to in a rented room in East Nashville, after 16 years of drinking, and realized I was dying. I prayed to a God I didn't believe in for help, meaning every word. I had come to my senses long enough to realize the danger I was in. God and Hope were both on the committee, and for the first time in a long time, Keith lost.

I went to a meeting at 202, picked up a white chip, and started trudging the road. I went regularly to meetings, embraced the fellowship, read the Big Book, got a sponsor, connected with a higher power, and started working the steps. Each of those things was now a member of the Committee, and each had a vote. Keith was still loud and proud in voting Yes, but the others voted No, and gradually I regained sanity. The vote took place less often, and when it did, it was a blowout. Keith may as well have been hiding in the corner for all the attention he got, and I was happily and usefully whole.



But what happens to some of us? If you've been around a while, you've seen it. Someone with solid sobriety takes meetings less seriously, stops reading the book, doesn't replace a sponsor who dies or moves away, and otherwise loses voting members of the Committee. The vote that used to be 20 to 1 becomes 10 to 1 and then 5 to one and then 2 to 1. One unhappy day, it's 1 to 1 and, as we know, Keith wins ties. That's how someone with 3 or 5 or even 25 years ends up drunk again.

Even the most spiritually fit members of AA have a committee to deal with. It may not chatter much, but it's there. The good news is that it can be a good thing, an ally, a support system of the mind and heart, a collection of voices that remind us that life is good and sobriety is worth treasuring.

One of my jobs on any given day, and it's an important one, is to check on the composition of my Committee. If it's sparse and Keith is front-and-center, I've got work to do. I need to use all the tools in my spiritual tool kit and strengthen the presence of each in my life. That's the way to get a Committee that propels me forward. That's how, on those rare occasions where the thought of a drink comes up, I can be sure it will outvote Keith.

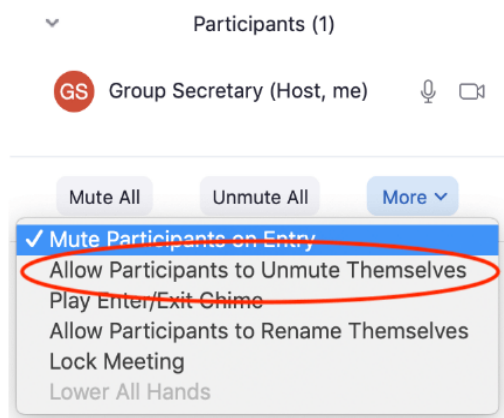
Rob S—Nashville, TN

*(Continued from page 1)*

## Turn Off Participants Ability to Mute/Unmute Themselves

This function will keep disruptive attendee from being able to unmute themselves and interrupt the meeting verbally. ***It will also mean the host and co-host will have to manually unmute each speaker.***

1. Go to the Manage Participants window at the bottom of the screen.
2. Click on “More.”
3. **Uncheck** “Allow Participants to Unmute Themselves”



## Prevent Participants From Renaming Themselves

If people are using this function to have offensive slurs and violent words visible on the Participants window, you can uncheck this option to prevent them from showing renaming.

1. Go to the Manage Participants window at the bottom of the screen.
2. Click on “More.”
3. Click on “Allow Participants to Rename Themselves” and make sure the check mark is removed so the function is turned off.

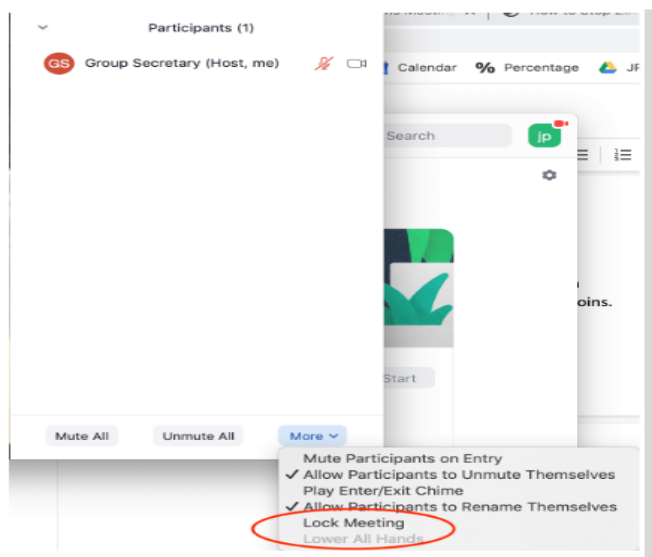
## Turn Off Chat

- 1 This function keeps disruptive attendees from being able to send offensive messages via chat.

1. Go to the Manage Participants window at the bottom of the screen.
2. Click on the “...” button.
3. Select “Participants can chat with: host only”

After an attendee has been removed from the meeting or a meeting ended and restarted, the disruptive attendees can return under a new account. Thus, you may need to Lock the Room to disable any new people to join.

1. Go to the Manage Participants window at the bottom of the screen.
2. Click on “More.”
3. Select “Lock Meeting.”



After the meeting, consider looking at Zoom Waiting Rooms to allow an alternative to locking meetings.

## Considerations on What Not To Do:

Your group does not have to tolerate or make excuses for the behavior of the disrupting individuals. Each group is well within their rights to remove the disruptor, just as a group might at a face-to-face meeting. Read the AA Pamphlet on Safety and AA: Our Common Welfare.

- Online meeting disruptors use the anonymity of the internet to abuse people, promote violence, and create insecurity, not just in AA meetings, but everywhere. Their acts are harmful to victims. While we cannot stop them completely, we can do our part by not invalidating or excusing the harmful experience of our fellows.

If this happens to your group, hold a business meeting and take a group conscience after the call to

*(Continued on page 7)*



**ZOOM BOMBERS***(Continued from page 6)*

decompress and discuss how to handle the situation should it happen again. This will likely be more productive than sharing of opinions on how to handle the situation with a flood of chat messages or private chats to the meeting hosts.

You can find additional articles on-line to help you manage meeting, hope this one was helpful.

Reprinted with permission: AA San Francisco

**Daily Reflections; "A Changed Outlook", page 161**

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"When I was drinking, my attitude was totally selfish, totally self-centered; my pleasure and my comfort came first.

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A.A.W.S.

**Big Book; "The Missing Link", pages 286 - 287**

"A couple of members, realizing I was there for my first meeting, took me downstairs and sat down with me and outlined the program. I can recall very little of what was said. I remember telling these members that this program they outlined sounded like just what I needed, but I didn't think I could stay sober for the rest of my life. Exactly how was I supposed to not drink if my girlfriend breaks up with me, or if my best friend dies, or even through happy times like graduations, weddings, and birthdays. They suggested I could just stay sober one day at a time. They explained that it might be easier to set my sights on the twenty-four hours in front of me and to take on these other situations when and if they ever arrived. I decided to give sobriety a try, one day at a time, and I've done it that way ever since.

When I entered Alcoholics Anonymous, I had done some damage physically, had a bouquet of mental quirks, and was spiritually bankrupt. I knew I was powerless over alcohol and that I needed to be open-minded toward what other people suggested for recovery. However, when it came to spirituality, I fought it nearly every step of the way. Although raised in an ethnic and religious Jewish household, I was agnostic and very resistant to anyone and anything that I perceived to be imposing religious beliefs. To my surprise, Alcoholics Anonymous suggested something different.

The idea that religion and spirituality were not one and the same was a new notion. My sponsor asked that I merely remain open-minded to the possibility that there was a Power greater than myself, one of my own understanding. He assured me that no person was going to impose a belief system on me, that it was a personal matter. Reluctantly, I opened my mind to the fact that maybe, just maybe, there was something to this spiritual lifestyle. Slowly, but surely, I realized there was indeed a Power greater than myself, and I soon found myself with a full-time God in my life and following a spiritual path that didn't conflict with my personal religious convictions."

Reprinted with permission from A.A.W.S.

*I have been attending a Zoom meeting in Canada and this is one of the readings they use at the beginning. I found it moving and wanted to share.*

*Pat P, Editor*

## YESTERDAY TODAY AND TOMORROW

There are two days in every week  
about which we should not worry,  
Two days which should be kept free of fear and apprehension.

One of these days is YESTERDAY,  
With its mistakes and cares,  
Its faults and blunders,  
Its aches and pains.  
YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY.  
We cannot undo a single act we performed;  
We cannot erase a single word we said.  
YESTERDAY is gone.

The other day we should not worry about is TOMORROW  
With its possible adversities, its burdens, its larger promise.  
TOMORROW is also beyond our immediate control.

TOMORROW, the sun will rise,  
Either in splendor or behind a mask of clouds,  
But it will rise.  
Until it does, we have no stake in TOMORROW  
For it is as yet unborn.

This leaves only one day – TODAY.  
Any man can fight the battles of just one day.  
It is only when you and I add the burdens of those two awful eternities  
– YESTERDAY and TOMORROW –  
That we break down.

It is not the experience of TODAY that drives men mad.  
It is remorse or bitterness for something which happened YESTERDAY  
And the dread of what TOMORROW may bring.

Let us, therefore, live but ONE day at a time

## ANNIVERSARIES

### ANY LENGTHS

<i>Ben S</i>	<i>09.05.19</i>
<i>Brittany L</i>	<i>09.28.18</i>
<i>Danielle M</i>	<i>09.09.19</i>
<i>David P</i>	<i>09.15.19</i>
<i>Lisa H</i>	<i>09.23.16</i>

### BACK ROOM

<i>Kelli W</i>	<i>09.05.19</i>
<i>Morris R</i>	<i>09.05.89</i>
<i>Rick B</i>	<i>09.10.84</i>
<i>Sherry M</i>	<i>09.25.95</i>
<i>Steve D</i>	<i>09.23.03</i>

### KEEP IT SIMPLE

<i>Anne S</i>	<i>09.21.98</i>
<i>Blake F</i>	<i>09.15.12</i>
<i>Chuck A</i>	<i>09.30.05</i>
<i>Edwin W</i>	<i>09.01.18</i>
<i>Ellen</i>	<i>09.06.18</i>
<i>Grace G</i>	<i>09.21.14</i>
<i>James "Jim" R</i>	<i>09.02.07</i>
<i>Jason B</i>	<i>09.21.18</i>
<i>Jay V</i>	<i>09.23.19</i>
<i>Karen</i>	<i>09.25.10</i>
<i>Kevin B</i>	<i>09.01.14</i>
<i>Lee L</i>	<i>09.20.15</i>
<i>Matt K</i>	<i>09.15.12</i>
<i>Michael S</i>	<i>09.13.12</i>
<i>Randy L</i>	<i>09.22.14</i>
<i>Ryan S</i>	<i>09.19.16</i>
<i>Stephen F</i>	<i>09.23.13</i>
<i>Susan B</i>	<i>09.12.04</i>
<i>Valerie C</i>	<i>09.22.90</i>
<i>Zach J</i>	<i>09.16.16</i>

### WOMEN'S SPEAKER

<i>Amy B</i>	<i>09.27.14</i>
<i>Hannah N</i>	<i>09.11.15</i>
<i>Nancy G</i>	<i>09.16.06</i>
<i>Pam N</i>	<i>09.21.08</i>
<i>Susan B</i>	<i>09.18.97</i>





**MEETINGS ADDED**

- 37042 Northside - Tue & Fri 8p CD/Aln
- 37083 Lafayette New Hope—Sun 4p OD
- 37091 Happy Hour—Wed 5:30p OD
- 37110 McMinnville Serenity Sun 5p OD/LIT
- 37174 Spring Hill Nooner—Sat Noon OD/LIT/  
+ALN & Wed Noon OD/LIT
- 37203 Many Paths - Thurs Noon OD
- 37203 Smart Feet Friendship House—Mon  
7:30am OD/LIT
- 37209 Women in Recovery - Fri 8p OD/Wmn/  
Lit
- 37216 East Nashville's 86ers Sat Noon OD
- 38501 How it Works - Mon, Tue, Thurs now  
7p

**NEW GROUPS / MEETINGS**

- 37064 Serenity in the Park—Pinkerton  
Park 405 Murfreesboro Rd Main  
Pavilion M-F Noon
- 37069 Gratitude & Hope—Ch of  
Resurrection 1216 Sneed Rd W Mon  
7p OD
- 37069 What's the Point—Ch Comm Ch  
1215 Hillsboro Rd Thurs 7p OD/  
Men/Lit
- 37203 No Defense 202 23rd Ave Sun—8p  
OD/Men

**MOVES**

- 37064 Sober on Sunday—Franklin 1st Un  
Meth Ch 120 Aldersgate Way
- 37172 Robertson County - United Way  
Office 100 5th Ave West Springfield  
Harding Rd - St Georges Epis Ch
- 37205 Hampton Hall 4715 Harding Rd

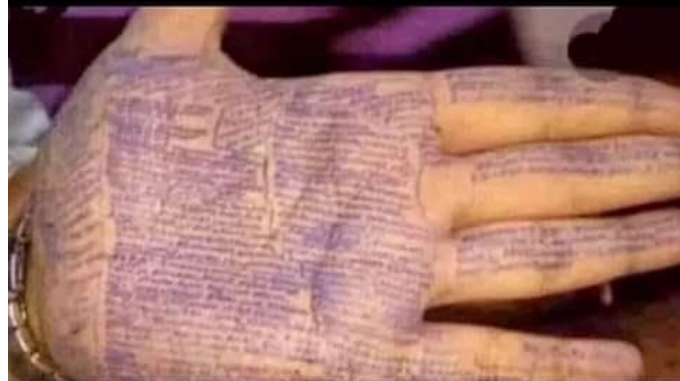
**CANCELLED GROUPS**

- 37014 Downtown Triune Group
- 37029 Discovery Group
- 37087 Back to Basics - Lebanon
- 37110 Bar None
- 37115 WTF - Serenity House
- 37115 Women's Serenity Recovery
- 37150 The Meeting Place
- 37216 Weekenders
- 37334 Serenity Cellar

**Never buy a border  
collie when your  
drunk.**



**I washed my hands so  
many times, I found the  
answers to my 8th grade  
social studies test.**

**CHANGES TO MEETINGS**

- 37040 Clark Street—no Thurs 5p
- 37040 Happy Destiny—no Friday
- 37091 Happy Hour—no Sat 5:30
- 37110 McMinnville Serenity last Fri- Pamphlet  
Study
- 37115 Search for Serenity—Mon Noon now OD/  
+ALN—Thur Noon now OD
- 37174 Spring Hill RUTS Tues & Thurs now 1:30p  
OD
- 37203 Just for Today Now 6p
- 37214 Young & Sober - cancel Fri 7p

**Middle Tennessee Intergroup Association**  
**Statement of Activities - Actual and Budgeted - Schedule 1**  
For the Month and Year Ended July, 2020

	July 2020			YTD 2020		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	1,443.59	2,783.00	(1,339.41)	12,257.76	19,481.00	(7,223.24)
Group Donations	7,729.93	6,939.00	790.93	43,663.81	48,573.00	(4,909.19)
Individual Donations	1,959.72	525.00	1,434.72	13,614.31	3,675.00	9,939.31
Messenger Donations	110.00	12.00	98.00	24.00	84.00	(60.00)
Website Donations	-	-	-	-	-	-
Special Events	-	708.00	(708.00)	-	4,956.00	(4,956.00)
Interest	8.52	184.00	(175.48)	2,493.95	1,288.00	1,205.95
Total Income	11,251.76	11,151.00	100.76	72,053.83	78,057.00	(6,003.17)
Expenses						
Casual Labor	200.00	242.00	(42.00)	1,525.00	1,694.00	(169.00)
Payroll	6,047.00	6,047.00	-	42,329.00	42,329.00	-
Legal & Professional	350.00	350.00	-	2,450.00	2,450.00	-
Rent	946.00	1,046.00	(100.00)	6,772.00	7,322.00	(550.00)
Printing	-	50.00	(50.00)	-	350.00	(350.00)
Payroll Taxes	584.00	463.00	121.00	2,895.78	3,241.00	(345.22)
Repairs & Maintenance	-	25.00	(25.00)	-	175.00	(175.00)
Equipment Rental	106.94	116.00	(9.06)	679.35	812.00	(132.65)
Telephone & Fax	457.65	475.00	(17.35)	3,177.90	3,325.00	(147.10)
Answering Service	492.96	216.00	276.96	1,519.24	1,512.00	7.24
Postage	65.65	137.00	(71.35)	778.31	959.00	(180.69)
Office Supplies	101.04	208.00	(106.96)	704.62	1,456.00	(751.38)
Bank Service Charges	40.00	40.00	-	295.00	280.00	15.00
Credit Card Service Charge	47.94	-	47.94	193.72	-	193.72
Computer & Technology	92.86	416.00	(323.14)	4,012.69	2,912.00	1,100.69
Intergroup Expense	-	150.00	(150.00)	346.98	1,050.00	(703.02)
Insurance	-	200.00	(200.00)	1,298.00	1,400.00	(102.00)
Special Events	-	375.00	(375.00)	-	2,625.00	(2,625.00)
Travel	(219.98)	583.00	(802.98)	296.70	4,081.00	(3,784.30)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	12.00	(12.00)	313.44	84.00	229.44
Total Expenses	9,312.06	11,151.00	(1,838.94)	69,587.73	78,057.00	(8,469.27)
Net Income	1,939.70	-	1,939.70	2,466.10	-	2,466.10

***YOUR GROUP CONTRIBUTIONS***

GROUP/MEETING	JULY	YTD	GROUP/MEETING	JULY	YTD
12 STEPS TO FREEDOM		90	COLUMBIA	20	120
86'ers	245	863	COMFORT ZONE	1,000	1,000
ANONYMOUS		97	CROSSVILLE NONSMOKING		26
AWOL	55	95	DAVIDSON RD		3,200
BACK TO THE BIG BOOK		125	DISTRICT 9	150	300
BACKROOM	794	3,448	DOUBLE DIPPERS (CROSSVLE)		31
BASEMENT BUNCH, COLUMBIA		46	DROP THE ROCK		50
BRENTWOOD FULL MOON	114	670	DRUNKS IN THE PARK		1,375
BY THE BOOK, LEBANON	30	105	EAST SIDE MEN'S		238
CELEBRATE SERENITY		313	EAST SIDE SATURDAY		1,218
CENTERVILLE	200	207	EASY DOES IT MT. JULIET		250
CHICKEN PLUCKERS	205	276	EVERY WOMAN HAS A STORY		244
CLARK STREET		100			



GROUP/MEETING	JULY	YTD
FAIRFIELD GLADE		51
FAYETTEVILLE		50
FIRST THINGS FIRST	140	517
FRANKLIN		2,800
FRANKLIN ROAD WOMEN'S		101
FREE TO BE	156	401
FREEDOM FROM BONDAGE		10
FRIDAY NIGHT PRIME TIME		50
G.O.D.		125
GOODLETTSVILLE	100	100
HARDING RD		250
HOPE PARK LITERATURE		65
HUT		30
IT'S A GREAT DAY		52
JOELTON		50
KEEP IT SIMPLE	139	397
KEY TO SOBRIETY		525
KICKOFF ISN'T UNTIL NOON		400
LAFAYETTE NEW HOPE		50
LAMBDA	33	219
LATE LUNCH BUNCH	2,000	2,900
LET IT HAPPEN	134	392
LIVING BY THE PRINT		400
LIVINGSTON 12x12		25
MID-DAY BREAK	200	365
MT. JULIET FELLOWSHIP		50
MURFREESBORO	15	105
MUSIC CITY ROW		50
MUSTARD SEED		500
NOON WOMEN'S STEP STUDY		35
NORTHSIDE	50	150
N.O.W.		98
ONE DAY AT A TIME		6
ONE STEP CLOSER	261	590
OUT OF THE FOG/OUT OF THE BOG	200	1,060
OUT TO BREAKFAST BUNCH	153	255
PAGE 112		117
PAY DAY		132
PRIMARY PURPOSE		48
PULASKI	5	35
RIGHT DIRECTION		195
RUSHH HOUR		362

## YOUR GROUP CONTRIBUTIONS

GROUP/MEETING	JULY	YTD
RUTS		250
SAFE HARBOR		100
SAFE PLACE		164
ST. BETHLEHEM		10
SANGO SOLUTIONS		120
SATURDAY NIGHT ALIVE	20	100
SEEKERS, SPARTA		500
SEEKING SANITY		237
SERENITY	25	100
SHADE TREE		2,729
SIMPLY SUNDAY		368
SISTERS IN SOBRIETY		129
SMYRNA GRATITUDE	329	2,562
SPIRITUAL WARFARE		115
SOS HOHENWALD	61	61
STRAGGLERS	150	625
TRINITY		500
TURNING POINT	300	300
UNITED	200	700
UNITY AT 6	10	60
WAKE UP	28	120
WANGL		320
WAVERLY		90
WEST NASHVILLE	39	76
WESTMINSTER		600
WINNERS & BEGINNERS, BRENT-WOOD		300
WOMEN IN RECOVERY		126
WOMEN IN THE SOLUTION		250
WOMEN'S FREEDOM	169	419
WOMEN'S OPEN DOOR		151
WOMEN'S SPEAKER		225
WOODBINE		10
<b>GROUP TOTALS TO DATE</b>	<b>7,730</b>	<b>43,664</b>
INDIVIDUALS	2,070	13,502
MESSENGER		36
MEMORIAL, TOM KING		100
<b>COMBINED TOTALS TO DATE</b>	<b>9,800</b>	<b>57,302</b>

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