

The **MESSENGER**

Middle Tennessee Central Office Intergroup

MESSENGER DESIGNATED
DONATIONS APPRECIATED

An Afternoon With Bill

MAR 2022

An old-timer remembers a surprise meeting he had with our co-founder in 1965

Being fired from a prestigious, well-paid marketing position with a giant chemical/pharmaceutical company headquartered in Manhattan, led me to a more receptive attitude about Alcoholics Anonymous. Maybe my ego or self-centeredness had also become somewhat subdued. Also, after four years, I needed to get out of New York City to restore some order to my life. I decided I'd intentionally focus my job search in quieter, smaller cities, mostly in the rural Midwest and Southeast.

In 1964, my new job as an ad agency creative director took me to St. Joseph, Missouri, a community of around 55,000, about 50 miles north of Kansas City. (I stayed there five years, and used to say, "St. Joe wasn't the end of the world, but you could see it from there.") Later, I mellowed on the subject and became truly grateful for the helpful friends, calming spirituality, and more satisfying life I found there through Alcoholics Anonymous, the Twelve Steps and sobriety.

Six months into sobriety, and with the year-end holidays approaching, I began thinking about New York and my friends there, hoping to go back for a week's vacation the next spring. The 1964-65 New York World's Fair would be on and besides, I had a lady friend back there. My AA sponsor in St. Joseph, although hesitant at first, was OK with my going back to say hi to my friends and former colleagues, provided a visit to AA headquarters and a couple of New York meetings were included, to which I happily agreed.

(Continued on page 2)

Step Three: Turning It over

How calamity helped one AA to make a decision

One day, when I was about three months sober, I was having an excellent day in sobriety, one beautiful day of almost two weeks in succession of good days. I was assisting in a youth basketball camp in which my seven-year-old son was participating. My son was having a very good time, and I was really enjoying watching him. I had just received approval at work to discontinue a project that required me to travel constantly, which I dreaded doing. My finances were beginning to rebound. I was getting healthy again. My life was really beginning to get back on track, and with these blessings, which I did not identify as blessings, came my enormous ego telling me I was fixing my life. I actually remember sitting in the bleachers watching some scrimmages, and thinking, "What a great job I am doing in recovery!" How cunning this disease can be. It was telling me I was making these wonderful things happen. I actually started thinking I had this thing licked; that someday I would be able to drink like "normal people"; that, with all this wonderful work I was doing in my life, I did not have as big a problem as I thought.

A very short time later, a good friend came up to me looking very distraught. She informed me that my wife and daughter had been in a car accident about three miles away from the school. I asked her to take my son to

(Continued on page 3)

An Afternoon With Bill

Contents

On the Cover

AN AFTERNOON
WITH BILL

STEP THREE:
TURNING IT OVER

REQUIREMENTS
Page 4

INTEROFFICE /
CENTRAL OFFICE
INFO
Page 4

EVENTS
Page 5

BIRTHDAYS
Page 5

NO MORE FUN
Page 6

PROPOSITIONS &
PROPOSALS
Page 7

ASSETS
Page 9

FINANCIALS
Page 10

CONTRIBUTIONS
Page 11

MONTHLY
SUPPORT
Page 12

GOD,
grant me the
Serenity
to accept the things
I cannot CHANGE;
Courage
to CHANGE
the things I can;
and
Wisdom
to know the DIFFERENCE.

(Continued from page 1)

It was a beautiful May afternoon in 1965 when I arrived at AA World Services headquarters in New York and found a Cleveland AA member waiting to meet up with me there. His name was Chuckie B. It turned out the two of us were the only visitors there that day. We didn't know each other, but he would become my sponsor and we'd be friends for the next 50 years.

Chuckie had come to AA in 1963 from downtown Cleveland's notorious 9th Street skid row district. Loud, belligerent and looking like death warmed over, he sobered up in Rosary Hall Solarium under the direction of Sister Mary Ignatia. Referred to as "The Little Angel of AA," she was the Catholic nurse/hospital admissions official who helped AA co-founder Dr. Bob initiate the pioneer alcoholism hospital treatments in Akron that were later introduced in Cleveland.

Becoming a model patient, Chuckie confided to Sister Ignatia that his mother had been an RN and wondered what his chances might be of pursuing a career as a male nurse working with alcoholics. Sister Ignatia encouraged him to apply. Then she prevailed over the phone with the admissions office at the University of Chicago Nursing School to get Chuckie accepted as a student—the only male—in the class just then being formed in Evanston, Illinois.

Chuckie had just graduated from nursing school when fate paired us up to visit AA World Services together during the short break he was taking between completing his training and starting work at Rosary Hall in St. Vincent's Charity Hospital in Cleveland. I regarded him with awe when I first met him in Manhattan, as he had had over three years sobriety (to my eight months).

Chuckie and I spent 15 minutes chatting with the editor of Grapevine and the cartoonist responsible for "Victor E.," a series of single-panel cartoons that were

very popular among Grapevine readers back then, and are still re-run to this day. Suddenly our tour guide, the receptionist, came running to catch up with us and share some exciting news. At that time, because of severe health problems, AA co-founder Bill W. was limiting his work schedule in the office to a half-day a week. He was there, though, that afternoon. When he learned the two visitors in the office that day were from Cleveland, Bill said, "I want to see those guys!" Our tour guide said Bill W. was clearing off his desk and would visit with us next!

Bill rose as we entered his office, and both Chuckie and I were surprised and awestruck by his immense height. He easily could have reached across his desk to shake hands but apparently he preferred a two-handed, close-up embrace.

Clearly Bill liked Chuckie and had been impressed and pleased that Sister Ignatia had influenced Chuckie's initial interest in becoming a nurse and his commitment to serve. Chuckie related how grateful he was to have had Sister Ignatia in his life and shared some of their experiences working together. I noticed how relaxed Bill was as he chatted with my new friend. He cupped his hands behind his head, with his office chair extended back as far as it would go—which struck me as a very open and welcoming posture.

Our co-founder also enjoyed talking about Sister Ignatia. He informed us that she had been much on his mind at the time of our visit. She had been depressed and distressed for months because of the decision of her order that her age and weakened health condition demanded that she retire and leave to others the operation of Rosary Hall.

On the day of our visit, Bill had just finished writing a long letter to Sister Ignatia. Holding up a typewritten draft, he asked if Chuckie and I would give a listen

(Continued on page 3)

An Afternoon With Bill

(Continued from page 2)

while he read it aloud. It amounted to a timeline of nearly all the key people, events, dates and players involved in the evolution and development of an alcoholism treatment by medical professionals, including people, locations, happenings and techniques familiar to Sister Ignatia. Bill believed the sister would be comforted, if not cheered, by the impressive achievements reflected in this recap.

Aware that Bill's day at the office was coming to a close (he had a train to catch), we began saying our goodbyes. As Chuckie started thanking Bill for the time he'd spent with us, he came over to our side of his desk, joined hands with us, and said, "On the contrary, my thanks to you two for bringing me a meeting."

Standing in a circle holding hands, the three of us ended our visit by saying the Serenity Prayer.

—Anonymous July 2015
aagrapevine.org



Step Three: Turning It over

(Continued from page 1)

my sister's home, and I left to get to the scene of the accident. I immediately began planning what I was going to do, who I would call first, how I would take care of my wife and eleven-year-old daughter (who is a quadriplegic), how I would handle my projects at work, what I would need to do to relay this news to the family, etc., etc., etc.

The traffic was backed up for two miles because of the accident, so I pulled over and began to run to the scene. As I ran, I was still planning how I was going to handle everything, never once reflecting on the grave look on my friend's face when she advised me of the accident; I was self-will run riot on the way to this accident. I began to tire and my muscles were fatigued to the point of failure (I was only three months sober and in extremely poor physical condition), but I struggled on.

That's when I actually saw the van. It was on its roof; there were no windows left unbroken; it was crushed to the point that it was unrecognizable. I felt a sudden shock and pressure in my chest.



Then I had a very real, very wonderful, spiritual awakening. I totally abandoned my self-will and reflected on what had been taught to me in the Fellowship of AA. I begged my Higher Power to please help my wife and daughter and asked him to give me the strength to handle what I was about to see. I immediately felt light on my feet, my muscles raged with energy, and I no longer felt fatigued from running. I took my Third Step right then and there--honestly and completely--and realized I could do nothing without help from my Higher Power. I struggled to process what I was seeing, but I knew it was not my will that mattered, it was the will of my Higher Power that would get me through this.

My wife was seriously injured but has made a full recovery, and my daughter, who was in a tie-down wheelchair system, was completely untouched. This occurred approximately one year ago, and I am still living in grateful sobriety today.

Thanks to this event, I no longer take credit for the good in my recovery and my life nor do I waste time planning my will. I have turned my will and my life over to the care of God, as I understand him, and through the rooms of AA he has done with it things I only have dreamed were possible.

Mark P., Shenandoah, PA, March 2005
Aagrapevine.org

REQUIREMENTS

Our Big Book has some definite REQUIREMENTS, REQUIREMENT, REQUIRE, REQUIRED AND REQUIRES.

Yes, if we want to live this way of life, we might want to look at these as some “D**m Well Betters”.

The ones found in the Big Book are listed below:

Foreword to First Edition, p.xiv

The only **required** for membership is an honest desire to stop drinking.

The Doctor's Opinion, pp.xxvii-xxviii

Of course an alcoholic ought to be freed from his physical craving for liquor, and this often **requires** a definite hospital procedure, before psychological measures can be of maximum benefit.

The Doctor's Opinion, p.xxix

On the other hand -- and strange as this may seem to those who do not understand -- once a psychic change has occurred, the very same person who seemed doomed, who had so many problems he despaired of ever solving them, suddenly finds easily able to control his desire for alcohol, the only effort necessary being that **required** to follow a few simple rules.

Bill's Story, p.5

A tumbler full of gin followed by half a dozen bottles of beer would be **required** if I were to eat any breakfast.

Bill's Story, p.12

Nothing more was **required** of me to make my beginning.

(Continued on page 8)

<i>CENTRAL OFFICE POSITIONS</i>	<i>OFFICER NAME</i>	<i>PHONE NUMBER</i>
Chairperson	Garrett D	615.957.7674
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Joe C	615.491.1824
Secretary	Lindsey T	615.260.6295
Treasurer	Butler M	225.226.5457
Public Information/Cooperation with the Professional Community	Steve M	865.567.6734
Accessibility Committee	Jennifer S	615.717.7682
Corrections	Stephen T	615.926.9467
Treatment Facilities	Darin M	615.423.2620
Events Chair (Interim)		
Archives	Don M	615.708.7957
Sobriety Dinner		
Newsletter Editor	Pat P	228.254.7053


FIRST TUESDAY OF EVERY MONTH:
District 30 Meeting
When: 6:30pm – 7:30pm
Where: 5925 O'Brien

SECOND MONDAY OF EVERY MONTH:
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE
When: Monday Apr 25th
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:
District 32 Meeting
When: 6:30pm
Where: Last Stop Club
2122 Utopia

SECOND SATURDAY OF EVERY MONTH
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville



info@unityandserviceconference.org
925-222-5639
Contact Us

UNITY & SERVICE CONFERENCE
An AA Conference Focusing on Applying the 12 Traditions & 12 Concepts in All Our Affairs

Home RSVP for 2022 Conference History Recordings & Store Contribute

163 DAYS TO THE EVENT www.unityandserviceconference.org/

7th Annual Unity & Service Conference RSVP

Jul 08, 5:00 PM PDT – Jul 10, 7:00 PM PDT
Concord, CA - Concord Hilton,

SAVE THE DATE!
7th Annual Unity & Service Conference
July 8-10, 2022 | Concord, CA - Concord Hilton

75th Annual SC State Convention
Myrtle Beach, South Carolina
March 25th - 27th 2022
We Aren't a Glum Lot!

SPEAKERS: Amanda R - SC | Bob P - FL | Tami P - CA | Stuart W - NC

REGISTRATION: \$30 in Advance | \$35 at the door (No discount for partial attendance)

Register Online @ area62.org or by mail (complete form below)

Spectacular Speakers | Awesome Workshops | Old Timers & Newcomers Panel
Sunday Morning Meditation Meeting | Discussion Meetings | The BEACH!
Please visit area62.org for Schedules

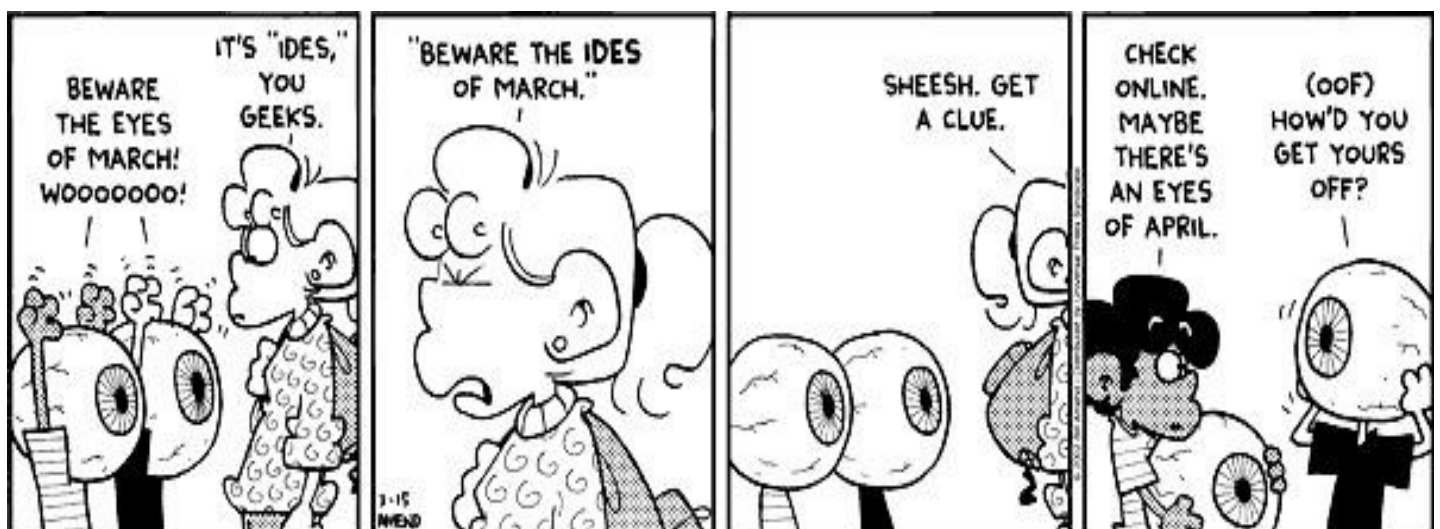
Make Checks Payable to:
SC State Convention, PO Box 31051, Myrtle Beach, SC 29588

Hotel Information | Landmark Resort | 1501 S Ocean Blvd, Myrtle Beach SC
Call 855-338-0226 (weekdays from 9am-9pm). For Group Rate use code "SC State Convention"

Special Room Rate applies only to Thursday Night through Saturday Night

**MARCH
ANNIVERSARY**

WOMEN IN THE SOLUTION
Kathleen S 3.30.85



NO MORE FUN

When I first joined the fellowship, I had a few concerns
Not knowing much about AA, t'was fearful when I learned
That if I wanted what they had, I'd really have to change
And rid myself of my old ways, completely rearrange

The first thing I heard someone say, I did not comprehend
He said that they had found a way to never drink again
Not ever, ever drink again, that's not why I came here
To get the wife off my back and moderate my beer

The next thought that caused me to fret, enticing me to run
If I could never drink again, a life with no more fun
Life would be dull, enjoyment gone, the good times never more
For life without my alcohol, I'd turn into a bore

I'd think about the many times where drinking was a part
Those fishing trips and football games, a drink the way to start
Or sitting on my favorite bar and drinking with my friends
I'd miss all that and think of how I wished it would not end

But while I sat and reminisced about those fun filled days
Some other thoughts came in my mind and real concerns were raised
Like when I went to watch a game, some guys I went to meet
When half time came, I looked the fool, passed out there in my seat

I thought about another time, a fun time at the bar
On my way home, I hit a tree and ruined my new car
Police arrived, they checked me out, I new they could not fail
To see that I was very drunk, away I went to jail

It took some time for me to see and finally realize
That what I thought was having fun was trouble in disguise
And at that time, a light came on, and then I understood
My drinking I could not control and knew I never would

Back in the rooms I took to heart what others had to say
Keep coming back, put in the work, get on your knees and pray
And before long, to my surprise, things did begin to change
The stuff that once had baffled me now did not seem so strange

I came to see a different way to live, my life at peace
And with that came a benefit, my troubles start to cease
Now when I'm at a football game or fishing on the sea
I'm there to just enjoy the day, sober, calm and free

(Continued on page 8)

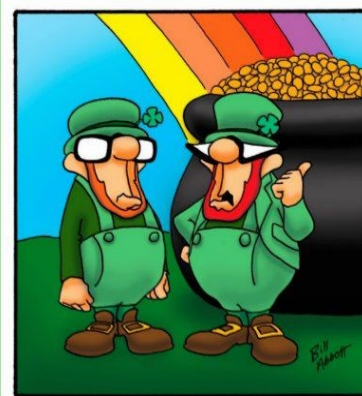
I went into the
confessional box after
many years of being
away from the Catholic
Church.

Inside I found a fully
equipped bar with
Guinness on tap. On one
wall, there was a row of
decanter with fine Irish
whiskey and Waterford
crystal glasses.

On the other wall was a
dazzling array of the
finest cigars and
chocolates.

When the priest came in,
I said to him, "Father,
forgive me, for it's been a
very long time since I've
been to confession, but I
must first admit that
the confessional box is
much more inviting than
it used to be."

He replied, "Patrick, you
moron, you're on my
side."



"So when I said 'hide the gold
in an inconspicuous place', you
put it under a frickin rainbow?"

The book Alcoholics Anonymous contains a series of propositions and proposals - the successful outcome of these depends upon the actions of the reader

The book directs us as to what we must start doing, what we must stop doing, what happens when we fulfill the propositions and proposals and what will happen if we fail to fulfill them.

These are the Twelve Warnings as to what will happen if we fail to heed the directions

1. For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. (p 14)
2. The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined. (p 17)
3. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible. (p 62)
4. Though our decision was a vital and crucial step (3), it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us. (P 64)
5. It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worth while. But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave. We found that it is fatal. For when harboring such feelings we shut ourselves off from the sunlight of the Spirit. The insanity of alcohol returns and we drink again. And with us, to drink is to die. (P 66)
6. Suppose we fall short of the chosen ideal and stumble? Does this mean we are going to get drunk? Some people tell us so. But this is only a half-truth. It depends on us and on our motives. If we are sorry for what we have done, and have the honest desire to let God take us to better things, we believe we will be forgiven and will have learned our lesson. If we are not sorry, and our conduct continues to harm others, we are quite sure to drink. We are not theorizing. These are facts out of our experience. (P 70)
7. If we skip this vital step (5), we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. (P 72)
8. We must lose our fear of creditors no matter how far we have to go, for we are liable to drink if we are afraid to face them. (P 78)
9. We feel that a man is unthinking when he says that sobriety is enough. (P 82)
10. It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. (P 85)
11. So our rule is not to avoid a place where there is drinking, *if we have a legitimate reason for being there*. That includes bars, nightclubs, dances, receptions, weddings, even plain ordinary whoopee parties. To a person who has had experience with an alcoholic, this may seem like tempting Providence, but it isn't. You will note that we made an important qualification. Therefore, ask yourself on each occasion, "Have I any good social, business, or personal reason for going to this place? Or am I expecting to steal a little vicarious pleasure from the atmosphere of such places?" If you answer these questions satisfactorily, you need have no apprehension. Go or stay away, whichever seems best. But be sure you are on solid spiritual ground before you start and that your motive in going is thoroughly good. Do not think of what you will get out of the occasion. Think of what you can bring to it. But if you are shaky, you had better work with another alcoholic instead! (P 101 – 102)
12. The head of the house ought to remember that he is mainly to blame for what befell his home. He can scarcely square the account in his lifetime. But he must see the danger of over-concentration on financial success. Although financial recovery is on the way for many of us, we found we could not place money first. For us, material well-being always followed spiritual progress; it never preceded. (p 127)

Submitted by: Ronny H.

REQUIREMENTS

(Continued from page 4)

Bill's Story, pp.13-14

Belief in the power of God, plus enough willingness, honesty and humility to establish and maintain the new order of things, were the essential **requirements**.

There Is A Solution, p.25

Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process **requires** for its successful consummation.

We Agnostics, p.50

This happened soon after they wholeheartedly met a few simple **requirements**.

How It Works, p.60

The first **requirement** is that we be convinced that any life run on self-will can hardly be a success.

Into Action, p.72

This **requires** action our part, which, when completed, will mean that we have admitted to God, to ourselves, and to another human being, the exact nature of our defects.

Into Action, p.74

Those of us belonging to a religious denomination which **requires** confession must, and of course, will want to go to the properly appointed authority whose duty it is to receive it.

Into Action, p.87

If we belong to a religious denomination

which **requires** a definite morning devotion, we attend to that also.

Working With Others, p.94

He may rebel at the thought of a drastic housecleaning which **requires** discussion with other people.

The Family Afterward, p.124

We think each family which has been relieved owes something to those who have not, and when the occasion **requires**, each member of it should be only too willing to bring former mistakes, no matter how grievous, out of their hiding places.

To Employers, p.143

To get over drinking will **require** a transformation of thought and attitude.

Appendix I, The A.A. Tradition (3), p.562

The only **requirement** for A.A. membership is a desire to stop drinking.

Appendix I, The A.A. Tradition (6), p.564

Secondary aids to A.A., such as clubs or hospitals which **require** much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups.

As outlined,, these are from the Big Book, next month the requirements from the 12x12 will be a topic included in The Messenger.

*In Service
The Editor*

(Continued from page 6)

NO MORE FUN

When I think back to those first days, I find myself amused
No fun, I thought, but now I laugh, how I was so confused
It's not the booze that made times great, the good times just begun
Enjoy each day, the things you do, a sober life IS FUN.

Larry R.

Submitted by Beth L Davidson Road Online



ASSETS



An attractive blonde from Cork, Ireland arrived at the casino. She seemed a little intoxicated and bet twenty-thousand Euros on a single roll of the dice.

She said, "I hope you don't mind, but I feel much luckier when I'm completely naked."

With that, she stripped from the neck down, rolled the dice and with an Irish brogue yelled, "Come on, baby, Mama needs new clothes!"

As the dice came to a stop, she jumped up and down and squealed: "YES! YES! I WON, I WON!"

She hugged each of the dealers and then picked up her winnings (and her clothes) and quickly departed.

The dealers stared at each other dumbfounded. Finally, one of them asked, "What did she roll?"

The other answered, "I don't know - I thought you were watching the dice."

MORAL OF THE STORY:

Not all Irish are drunks. Not all blondes are dumb.

But all men...are men.

Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
For the Month and Year Ended January 31, 2022

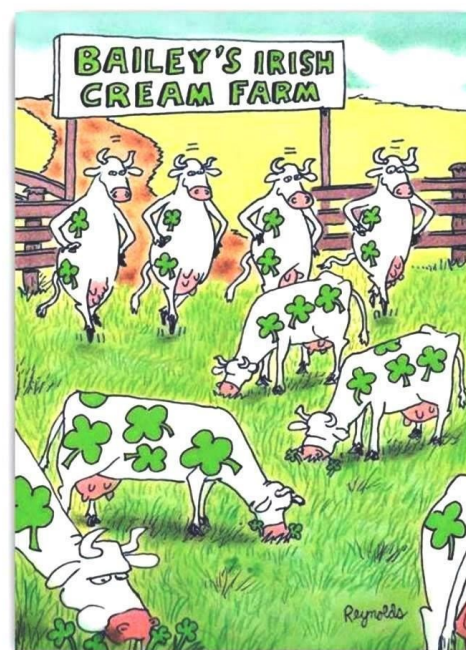
	January 2022			YTD 2022		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,211.56	2,500.00	(288.44)	2,211.56	30,000.00	(27,788.44)
Group Donations	8,989.28	6,153.00	2,836.28	8,989.28	73,836.00	(64,846.72)
Individual Donations	837.15	1,489.33	(652.18)	837.15	17,872.00	(17,034.85)
Messenger Donations	32.00	-	32.00	32.00		32.00
Website Donations	-	-	-	-		-
Special Events	-	416.67	(416.67)	-	5,000.00	(5,000.00)
Interest	2.64	94.17	(91.53)	2.64	1,130.00	(1,127.36)
Total Income	12,072.63	10,653.17	1,419.46	12,072.63	127,838.00	(115,765.37)
Expenses						
Casual Labor	225.00	250.00	(25.00)	225.00	3,000.00	(2,775.00)
Payroll	6,271.00	6,271.00	-	6,271.00	75,252.00	(68,981.00)
Legal & Professional	350.00	350.00	-	350.00	4,200.00	(3,850.00)
Rent	946.00	1,100.00	(154.00)	946.00	13,200.00	(12,254.00)
Printing	-	33.33	(33.33)	-	400.00	(400.00)
Payroll Taxes	480.00	483.33	(3.33)	480.00	5,800.00	(5,320.00)
Repairs & Maintenance	50.00	29.17	20.83	50.00	350.00	(300.00)
Equipment Rental	106.24	100.00	6.24	106.24	1,200.00	(1,093.76)
Telephone & Fax	764.39	515.00	249.39	764.39	6,180.00	(5,415.61)
Answering Service	209.52	250.00	(40.48)	209.52	3,000.00	(2,790.48)
Postage	123.42	113.00	10.42	123.42	1,356.00	(1,232.58)
Office Supplies	12.49	183.33	(170.84)	12.49	2,200.00	(2,187.51)
Bank Service Charges	50.00	40.00	10.00	50.00	480.00	(430.00)
Computer & Technology	87.40	208.33	(120.93)	87.40	2,500.00	(2,412.60)
Credit Card Service Fees	136.51	85.00	51.51	136.51	1,020.00	(883.49)
Intergroup Expense	-	100.00	(100.00)	-	1,200.00	(1,200.00)
Insurance	-	166.67	(166.67)	-	2,000.00	(2,000.00)
Special Events	-	125.00	(125.00)	-	1,500.00	(1,500.00)
Travel	(125.00)	250.00	(375.00)	(125.00)	3,000.00	(3,125.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	-	-	-	-	-
Total Expenses	9,686.97	10,653.17	(966.20)	9,686.97	127,838.00	(118,151.03)
Net Income	2,385.66	-	2,385.66	2,385.66	-	2,385.66

GROUP / MEETING	JAN 2022	YTD
86'ers	138	138
AWOL	77	77
BACKROOM	1,312	1,312
BY THE BOOK, DICKSON	100	100
BY THE BOOK, LEBANON	40	40
CELEBRATE SERENITY	548	548
CENTERVILLE	9	9
COLUMBIA	90	90
COMFORT ZONE	250	250
CROSSVILLE NOONERS	85	85
DESIGN FOR LIVING	511	511
EAST SIDE MEN'S STAGE	750	750
EAST SIDE SATURDAY	323	323
FAIRVIEW	250	250
FAYETTEVILLE	25	25
FIRST THINGS FIRST	699	699
FREE TO BE	139	139
GIFT OF DESPERATION	625	625
HAPPY HOUR	30	30
HERMITAGE WOMEN'S	285	285
INTERGROUP	4	4
LIVE AND LET LIVE	100	100
LIVINGSTON 12x12	25	25
MURFREESBORO	15	15
MUSIC ROW	25	25
NIPPER'S CORNER	100	100

YOUR GROUP CONTRIBUTIONS

GROUP / MEETING	JAN 2022	YTD
ONE PURPOSE	25	25
ONE STEP CLOSER	164	164
OPEN DOOR	132	132
OUT TO BREAKFAST	250	250
PAGE 112	100	100
PORTLAND UNITED	25	25
PRIMARY PURPOSE MURF	16	16
PULASKI	15	15
RECOVERY ON THE ROW	300	300
ROBERTSON COUNTY	13	13
SATURDAY NIGHT ALIVE	20	20
SHADE TREE	323	323
SMYRNA GRATITUDE	552	552
SPRING HILL	39	39
THERE IS A SOLUTION	210	210
WOMAN'S WAY	150	150
WOMEN IN THE SOLUTION	100	100

GROUP MONTHLY TOTALS	8,989	8,989
INDIVIDUALS	837	837
MESSENGER	32	32
COMBINED TOTALS TO DATE	9,858	9,858



Over the last couple of years many of us have missed in person meetings and some of us are still not comfortable going to in person meetings. For me personally this means I haven't had a basket to put my money into. It also means money hasn't made it to the Central Office.

Why don't we all consider supporting our Central Office with a Direct Monthly Deposit? If you would like this option—the necessary form is below. Just fill it in, email it to Bill Miller, Bookkeeper/Assistant Manager, Central Office, mtcoaa@aol.com or mail it to Bill at 417 Welshwood Dr., # 207, Nashville, TN 37211

In service, The Messenger Editor

AUTHORIZATION for MONTHLY DRAFT (ACH DEBIT) FOR INDIVIDUAL OR GROUP CONTRIBUTION

I (we) hereby authorize MIDDLE TENNESSEE INTERGROUP, hereinafter called "COMPANY", to initiate electronic debit entries to my (our) account indicated below and the financial institution named below, hereinafter called "FINANCIAL INSTITUTION". I (we) acknowledge that I (we) am an authorized signer or have authority to act on the account and that ACH transactions I (we) authorize to my (our) account must comply with all applicable law.

Financial Institution _____ Branch _____

Address _____

City/State/Zip _____

Routing Number _____ Account Number _____

Type of Account: _____ Checking _____ Savings _____

Amount \$ _____

Frequency (Weekly, Monthly etc.): MONTHLY Start Date (if recurring): _____

Date of Debit (s): 15TH OF MONTH

If the debit is recurring and the date of the debit falls on a non-banking day, the debit will hit your account on the next banking day and will not hit your account prior to the authorized date.

(Note: For varying amounts the company must send, based on the *NACHA Operating Rules*, written notification of the amount and the date on or after which the transfer will be debited at least ten calendar days in advance of the debit. If the date varies, the *Rules* state that the Originator must send the Receiver notification of new date at least seven calendar days in advance of the debit.)

This authority is to remain in full force and effect until Company has **[received written notification from me – mtcoaa@aol.com]** of its termination in such time and manner as to afford Company and Financial Institution a reasonable opportunity to act on it.

Print or Type Individual Name _____

Signature _____

Date _____

**M i d d l e T e n n e s s e e
C e n t r a l I n t e r g r o u p
A s s o c i a t i o n**

417 Welshwood Drive
Suite 207
Nashville, TN 37211

615.832.1136
800.559.2252

NON PROFIT
ORGANIZATION
U.S. Postage Paid
Nashville, TN
Permit No. 517

RETURN SERVICE REQUESTED

Middle TN Central Intergroup Association
417 Welshwood Drive, Suite 207
Nashville, TN 37211

ph. 615.832.1136
Ph. 800.559.2252
fax. 615.834.5982
or e-mail address changes to:
mtcoaa@aol.com



Time to Change?

☐ New / Renewal Subscription

☐ Address Change

The Messenger is available at an annual subscription price of \$12.00. A limited number of free subscriptions are available upon request by writing or calling the office at the address/phone number listed in this issue.

NAME _____

ADDRESS _____

CITY _____ STATE _____

PHONE _____ ZIP _____