MESSENGER DESIGNATED DONATIONS APPRECIATED

NOV 2022



MIDDLE TENNESSEE INTERGROUP

SOBRIETY DINNER FRIDAY, NOVEMBER 18, 2022

WOODMONT HILLS CHURCH 3710 FRANKLIN PIKE, NASHVILLE, TN 37204

TICKETS \$15

6PM RECEPTION
7PM POTLUCK DINNER
8PM SPEAKER

Meat, Desserts & Drinks Provided
Please bring Casseroles, Vegetables,
Salads, Side Dishes, & Bread
Please have on site by 6:30pm

Central Office 615-831-1050

Central Office—417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-1pm, Hot Line (615) 831-1050, (800) 559-2252 (outside local area), Business—(615) 832-1136, Fax—(615) 834-5982, Articles for The Messenger—blamethemessenger@gmail.com or mtcoaa@aol.com, Website—www.aanashville.org,

Contents

On the Cover

BILL W ON STEP SEVEN

TRADITION WEEK FOR THANKSGIVING Page 2

> EMOTIONAL MATURITY Page 4

INTERGROUP OFFICERS LISTING Page 4

> EVENTS Page 5

STEP THREE Page 6

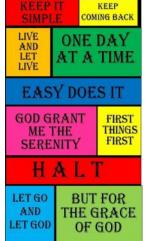
LETTERS Page 6

BIRTHDAYS
Page 6

A THANKSGIVING BLESSING Page 7

FINANCIALS
Page 9

CONTRIBUTIONS
Page 10 & 11



Tradition Week a Suggestion for Thanksgiving

Written a over a half-century ago, these words carry a message for us today - From the November 1949 Grapevine

THE IDEA is in the air that AA might adopt Thanksgiving week as a time for meetings and meditation on the Traditions of Alcoholics Anonymous.

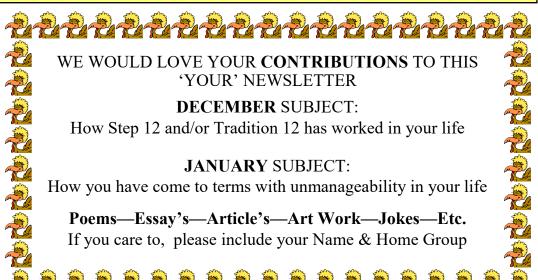
Pre-AA, we alkies could sometimes achieve that dubious state called "sobriety, period." How bleak and empty this alleged virtue is, only God or a dried-up drunk can fully testify. The reason? Of course, every AA knows it: Nothing has taken the place of the victim's grog; he's still a man of conflict and disunity. Comes then the Twelve Steps of recovery, bringing to him a personality change. The shattered prospect feels reassembled; he now says he seems all one piece. We understand exactly what he means, for he describes the state of "at oneness"; he is talking about personal unity. We know that he must work to maintain it and that he can't stay alive without it.

Will not the same principle hold true for AA as a whole? Isn't it also a fact that the alcoholic is in no greater peril than when he takes sobriety for granted? If vigilant practice of sound principle is a matter of life and death for him, why isn't that equally so for the AA group, and for our far-flung Society itself?

Yet many of us still take the basic unity of Alcoholics Anonymous for granted. We seem to forget that the whole of modern society is on a dangerous and contagious "dry bender." We evidently assume we are so different from other men and women that disintegration can't hit us. Our unity appears as a gift of Heaven--something to be perpetually enjoyed by us AAs quite without effort.

Criticism is not intended, because our present attitude is natural

(Continued on page 3)



Tradition Week a Suggestion for Thanksgiving

(Continued from page 2)

enough. It stems from the fact that no society in its infancy has ever enjoyed more providential protection against temptation and untoward happenings than has ours. Minor troubles we have had, but none



serious enough to test our adult strength. It's not strange that we are a bit complacent and self-satisfied. Surely, there need be no counsel of fear nor lack of faith in the prediction that a far greater time of trial may yet be ours. When we think our situation through, simple prudence and foresight will tell us that.

The Twelve Traditions of Alcoholics Anonymous are a distillate of our experience of living and working together. They apply the spirit of the Twelve Steps of recovery to our group life and security. They deal with our relations with the world outside and with each other; they state our

attitudes toward power and prestige, toward property and money. They would save us from tempting alliances and major controversies; they would elevate principles far above personal ambitions. And as a token of this last, they request that we maintain personal anonymity before the open public as a protection to AA and as proof of the fact that our Society intends to practice true humility.

For the information of the general public and for the instruction of new AA members, the Twelve Traditions have just been released in a much-condensed "short form" which we hope will be as widely read and understood as the Twelve Steps of recovery. [In this form, the Traditions now appear on the inside back cover of each Grapevine issue.] Should this happen, our current growing pains will be lessened and we shall commence to lay up a great store of insurance for the years ahead.

What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions? We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in His wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy.

Bill W. 1945

Intergroup Association Business Meeting—SECOND MONDAY OF EVERY MONTH:

When: 5:45pm – 7:00pm Where: Central Office 417 Welshwood

Zoom ID: 929 542 2779 PW: 929542

Anyone can attend - Drop by and see how the money you put in the basket 'at a meeting' goes to keeping this area running for us drunks (by the trusted servants you have elected)



Emotional Maturity

The mature person has developed attitudes in relation to self and environment which have lifted self above "childishness" in thought and behavior.

My mind is my garden my thoughts are my seeds. I will harvest either flowers or weeds.

Some of the characteristics of the person who has achieved true adulthood are suggested here:

- 1. accepts criticism gratefully, being honestly glad for an opportunity to improve.
- 2. does not indulge in self-pity and has begun to feel the laws of compensation operating in all life.
- 3. does not expect special consideration from anyone.
- 4. controls temper.
- 5. meets emergencies with poise.
- 6. feelings are not easily hurt.
- 7. accepts the responsibility of own actions without trying to "alibi."
- has outgrown the "all or nothing" stage. recognizes that no person or situation is wholly good or wholly bad and begins to appreciate the Golden Mean.
- 9. is not impatient at reasonable delays. has learned

that we are not the arbiter of the universe and that we must often adjust self to other people and their convenience.

- 10. is a good loser, who can endure defeat and disappointment without whining or complaining.
- 11. does not worry unduly about things we cannot help.
- 12. is not given to boasting or "showing off" in socially unacceptable ways.
- 13. is honestly glad when others enjoy success or good fortune. has outgrown envy and jealousy.
- 14. is open-minded enough to listen thoughtfully to the opinions of others.
- 15. is not a chronic "fault-finder."
- 16. plans things in advance rather than trusting to the inspiration of the moment.

Last of all, we think in terms of spiritual maturity.

- 1. has faith in a Power greater than himself.
- 2. feels self as an organic part of humankind as a whole, contributing to each group of which one is a member.
- 3. obeys the spiritual essence of the Golden Rule: "You shall love your neighbor as yourself."

An AA pamphlet from the Cleveland District Office

CENTRAL OFFICE	OFFICER	PHONE
POSITIONS	NAME	NUMBER
Chairperson	Garrett D	615.957.7674
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Jason	
Secretary	Lindsey T	615.260.6295
Treasurer		
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Accessibility Committee	Jennifer S	615.717.7682
Corrections	Stephen T	615.926.9467
Treatment Facilities	Darin M	615.423.2620
Events Chair	Brian	615.406.6361
Archives		
Sobriety Dinner	Brian	615.406.6361
Newsletter Editor	Pat P	228.254.7053

FIRST MONDAY OF EVERY MONTH:

District 30 Meeting When: 6:30pm – 7:30pm Zoom ID: 283 536 1220

SECOND MONDAY OF EVERY MONTH:

Intergroup Meeting When: 5:45pm – 6:45pm Where: Central Office 417 Welshwood

STEERING COMMITTEE

When: Monday Jul 25th 5:45pm – 6:45pm Where: Central Office 417 Welshwood

FIRST TUESDAY OF EVERY MONTH:

District 32 Meeting When: 6:30pm Where: Last Stop Club 2122 Utopia

SECOND SATURDAY OF EVERY MONTH

District 34 Meeting When: 10am Where: 200 E. Cedar St Goodlettsville

News, Events & Service Opportunities

WOODSTOCK OF THE SOUTH NOVEMBER 17TH—22ND



潹 滐滐滐╆╆╆╆╆╆╆╆╆╆╆╆╆╆╆┢┢┢ 66th Annual Women's **Holiday Party** Speakers Meeting Sunday, December 4, 2022 at 3:00 pm Speakers at 4pm Hosted by the N.O.W. AA Group (Nashville's Original Women's Group) For 58 years, the N.O.W. Group has met at 11am on Thursdays at 202 Friendship House Trevecca Community Church Auditorium Trevecca Nazarene University at 335 Murfreesboro Road, Nashville TN Cookies - Coffee - Tea will be provided so you don't need to bring anything but recovery minded women Admission is free and a \$5 donation is suggested. Please consider donating for yourself & one other person, if you can afford to do so.

SOBRIETY DINNER NOVEMBER 18TH



CENTRAL OFFICE SOBRIETY
DINNER
CALL-OUT FOR <u>SERVICE</u>
<u>SELFIE'S</u>

PLEASE SEND IN PRIOR TO NOVEMBER 10TH



STEP THREE

Made a decision to turn our will and our lives over to the care of God as we understood Him.

When a newcomer is in the rooms of Alcoholics Anonymous, the third step prayer can cause some confusion.

Often people will say to do the third step prayer, someone has to "just turn it over." Other times, newcomers are told to just keep going to meetings until they get it.

But there is more to the step than simply going to

STEP ONE OF ALCOHOLICS ANONYMOUS: ADMITTED WE WERE POWERLESS OVER ALCOHOL AND THAT OUR LIVES HAVE BECOME UNMANAGEABLE.

meetings or mentally trying to turn it over to God.

If that were the case and it worked, then all we would need to do is say a simple prayer to God and have faith and we would be cured of our alcoholism, and we would never drink again.

But for the chronic alcoholic, few remedies work for full, long-term recovery. To better understand how to take the third step, let's quickly look at steps one and two.

Many people who go to A.A. meetings have experienced

step one. But that doesn't necessarily mean they understand the step and what it means for the real alcoholic.

The symptoms of alcoholism affect everyone the same. The symptoms are that when someone starts drinking, they are going to do way more than they thought they were going to do, or once they stop, they are going to drink or use again.

For alcoholics and addicts, we have a problem with our minds and bodies.

When drinking, the body has a manifestation of an allergy when we start drinking. Our bodies physically want more alcohol and we will not stop.

Eventually, however, a consequence will occur like, divorce, car wreck, jail, unemployment. When this happens, the alcoholic wakes up and emerges remorseful with a strong resolution to never drink again.

The second part of the disease of alcoholism is that we can't stay stopped. No matter how bad the consequences or how much we have harmed people we love, we will drink again.

(Continued on page 8)



A Thanksgiving Blessing

This past Thanksgiving Day I was alone. I was promptly say so. With that thought in mind, I divorced, single, and it was my ex's turn to enjoy the kids for the day. I had many invitations to spend the day with friends and family, but I decided to treat myself to a "Spring Day." Here in Missouri there are many springs and most of them are in the Current River Country. So, Thursday morning I loaded up, and with my trusty companion--my dog, Deacon--headed south toward our first spring. It was a delightful day; sunny and not cold, but not warm either. (It's been a warmer than usual fall here in Missouri.) We spent the day traveling further south from spring to spring: first Meramec and then Montauk, Welch, Round Spring, and finally we turned back north after Blue Spring.

My home group is in Leslie, Missouri, and meets at 8:00 P.M. I knew that at 3:30 in the afternoon I would have to head back north no matter where I was, if I wanted to make the meeting. Once I hit the Interstate after dark, I realized I was hungry, so I started looking for a place to eat. I ended up stopping at a big truck stop and it was crowded. If you can help it, a truck stop is not the place to spend Thanksgiving dinner--or maybe it is.

I looked around for a place to sit, but every table or booth was either occupied or had a pile of unappealing dirty dishes. I picked out a booth with dishes and sat down, hoping to catch the waitress's eye. Well, that took a fair amount of time as there was hardly anyone working. Finally, she came over and we talked as she picked up the dishes and left me a wet cloth to wipe off the table. It seems that most of the regular workers had the day off to spend with their families, and the remaining staff was swamped with customers. Anyway, I finished cleaning off the table and got up to head over to the buffet. I walked about ten feet and thought about going back to the booth and leaving my hat as a sign that it was occupied, but I didn't.

After I had fixed my plate and started back to my booth, I noticed I was following an older man and he was headed right toward my booth. Well, you know about Step Ten "and when we were wrong promptly admitted it." I believe the opposite is also true--that when we are right, we don't have to

asked this older gentleman if he was dining alone (he was) and if he would mind if I joined him (he didn't). As I thanked him, introduced myself, and sat down, I noticed the folks at the two nearest tables smiling at what had just happened. At first sight, they saw the older man with coat and tie joined by a younger man with long hair and a beard (obviously different) plus they had seen me clean and organize the table.



Before we settled in to eat, he (whose name I now knew was Bud) asked if he could bless the meal. I couldn't have been more pleased to say yes as I bowed my head. We had a delightful meal talking about life and spiritual matters.

When we paid our bills, he gave me his card and said if I was ever in Harrison, Arkansas, to look him up. I got in my truck and headed north toward my home group. As I was driving, I couldn't help but think about the gifts I've received as a result of trying to practice these principles in all of my affairs. I could have pointed out to the gentleman that it was my booth: I had cleaned it, and I was going to eat there--alone. Instead the AA magic worked on me (without my realizing it at the time) and allowed me to receive the gift of humanity and friendship from a stranger. As a result of getting and staying sober, I have received many blessings; some I know and some I don't.

Bill F Washington, Missouri

(Continued from page 6)

Our mind tells us after a while that it is okay to drink. No matter what happened the last time we went on a spree, this time it is going to be different. We drink again and the vicious cycle happens again.

We take a drink. We go on a spree. Consequences happen. We stop. Then for whatever reason, our mind tells us it is okay to do it again.

This is the true powerlessness of alcoholism. We are without defense against the first drink.

The scary thing is, which the Doctor's Opinion states, we cannot differentiate the truth from the false, and we think how we live our alcoholic life is actually normal.

Truly understanding that you are going to drink again - no matter what — is the first step in recovery.

We learned that we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed.

Alcoholics Anonymous Page 30

Step two is easier to do than to actually explain. It takes longer to explain it than it does to do it.

STEP TWO OF ALCOHOLICS ANONYMOUS: CAME TO BELIEVE THAT A POWER GREATER THAN OURSELVES COULD RESTORE US TO SANITY.

Treatment centers and different A.A. groups and sponsors have different ways of showing their clients and members this step.

Many times when someone is in treatment or going to meetings, they have tried almost everything they know to get sober. But they have not tried the spiritual component of it.

They may have had moral convictions, but they could not live up to them. What the steps can do is give you a new attitude towards life and yourself.

One of the few ways an addict or alcoholic can get this new attitude is by getting connected to a higher power. Lack of power is our true problem, we need to get connected to something that is bigger than ourselves.

Taking step two is simple.

"We needed to ask ourselves but one short question. "Do I now believe, or am I even willing to believe, that there is a Power greater than myself?" As soon as a man can say that he does believe, or is willing to believe, we emphatically assure him that he is on his way. It has been repeatedly proven among us that upon this simple cornerstone a wonderfully effective spiritual structure can be built."

Many people who are atheist or agnostic are reluctant to ask for a high power's help. But no matter how inadequate

your conception of something that is bigger than you is, it is okay.

Perhaps you don't believe in God but are you at least willing to try to get connected to something bigger than you? Willingness is indispensable. If the answer is yes, then you are ready for step three.

In step three, the first three words are the most important. Made a decision.

STEP THREE OF ALCOHOLICS ANONYMOUS: MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD

You are making a decision: Are you going to continue to manage and control your alcoholism in step one? Or are you going to try something completely different in step two and seek help from a high power?

Once you decide to take certain steps, then you start by taking action. The first action step is step four.

But here is the thing that gets confused in many A.A. circles.

Many people will use an <u>A.A. slogan</u>, like "Just turn it over." But that's not right.

Here's an analogy: If you are at home and decide you need to go to the grocery store, have you gone to the grocery store yet? No. After you make a decision to go to the grocery store, you need to get your keys and drive to the store.

The same is true for step three. If you decide to turn your will and your life over to the care of God, after you decide, you still need to do the rest of the 12 steps.

And once you begin, you will start turning your will and life over to the care of God. Your attitude will start changing and the way you think, operate, and react to life will be different.

This is the true meaning of step three.

GOD, I OFFER MYSELF TO THEE-TO BUILD WITH ME

AND TO DO WITH ME AS THOU WILT. RELIEVE ME OF THE BONDAGE OF SELF, THAT I MAY BETTER DO THY WILL.

TAKE AWAY MY DIFFICULTIES,

THAT VICTORY OVER THEM MAY BEAR WITNESS TO THOSE I WOULD HELP OF THY POWER, THY LOVE, AND THY WAY OF LIFE.

.burningtree.com

Middle Tennessee Intergroup Association

Statement of Activities - Actual and Budgeted - Schedule 1

For the Nine Months and Year Ended September 30, 2027

Expenses Casual Labor 250.00 250.00 - 2,250.00 2,250.00 2,250.00 Payroll 6,271.00 6,271.00 - 56,439.00 56,439.00 Legal & Professional 350.00 350.00 - 3,150.00 3,150.00 Rent 946.00 1,100.00 (154.00) 8,614.00 9,900.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (33.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	YTD 2022			September 2022			
Net Literature Sales	Budget Variance	Budget	Actual	-	Budget	Actual	
Group Donations 8,382.69 6,153.00 2,229.69 64,876.48 55,377.00 Individual Donations 3,525.72 1,489.33 2,036.39 10,662.81 13,403.97 Messenger Donations - - - - 123.36 - Website Donations - - - - - - Special Events 915.00 416.67 498.33 1,110.00 3,750.03 Interest 12.80 94.17 (81.37) 42.93 847.53 Total Income 15,186.66 10,653.17 4,533.49 100,822.20 95,878.53 Expenses 2 0 2 2,250.00							Income
Individual Donations 3,525.72 1,489.33 2,036.39 10,662.81 13,403.97 Messenger Donations - - - 123.36 - Website Donations - - - 123.36 - Special Events 915.00 416.67 498.33 1,110.00 3,750.03 Interest 12.80 94.17 (81.37) 42.93 847.53 Total Income 15,186.66 10,653.17 4,533.49 100,822.20 95,878.53 Expenses	1,506.62	22,500.00	24,006.62	(149.55)	2,500.00	2,350.45	Net Literature Sales
Messenger Donations - - - - 1 1 -	9,499.48	55,377.00	64,876.48	2,229.69	6,153.00	8,382.69	Group Donations
Website Donations -	(2,741.16)	13,403.97	10,662.81	2,036.39	1,489.33	3,525.72	Individual Donations
Special Events 915.00 416.67 498.33 1,110.00 3,750.03 Interest 12.80 94.17 (81.37) 42.93 847.53 Total Income 15,186.66 10,653.17 4,533.49 100,822.20 95,878.53 Expenses 250.00 250.00 - 2,250.00 2,250.00 2,250.00 2,250.00 2,250.00 2,250.00 56,439.00 56,439.00 56,439.00 56,439.00 56,439.00 3,150.00 <td< td=""><td>123.36</td><td>-</td><td>123.36</td><td>-</td><td></td><td></td><td>Messenger Donations</td></td<>	123.36	-	123.36	-			Messenger Donations
Interest 12.80 94.17 (81.37) 42.93 847.53 Total Income 15,186.66 10,653.17 4,533.49 100,822.20 95,878.53 Expenses		-	-	-	-	-	Website Donations
Total Income 15,186.66 10,653.17 4,533.49 100,822.20 95,878.53 Expenses 250.00 250.00 - 2,250.00 2,250.00 2,250.00 2,250.00 2,250.00 2,250.00 2,250.00 56,439.00 56,439.00 56,439.00 56,439.00 56,439.00 56,439.00 3,150.00 3,150.00 3,150.00 3,150.00 8,614.00 9,900.00 9,900.00 9,900.00 2,90.00 2,90.00 2,90.00 2,90.00 2,90.00 2,90.00 2,90.00 3,150.00 3,150.00 3,150.00 3,150.00 3,150.00 2,90.00	(2,640.03)	3,750.03	1,110.00	498.33	416.67	915.00	Special Events
Expenses Casual Labor 250.00 250.00 - 2,250.00 2,250.00 2,250.00 Payroll 6,271.00 6,271.00 - 56,439.00 56,439.00 Legal & Professional 350.00 350.00 - 3,150.00 3,150.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (33.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03 Insurance - 166.67 (166.67) 1,525.00 1,500.00	(804.60)	847.53	42.93	(81.37)	94.17	12.80	Interest
Casual Labor 250.00 250.00 - 2,250.00 2,250.00 Payroll 6,271.00 6,271.00 - 56,439.00 56,439.00 Legal & Professional 350.00 350.00 - 3,150.00 3,150.00 Rent 946.00 1,100.00 (154.00) 8,614.00 9,900.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (33.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 <td>4,943.67</td> <td>95,878.53</td> <td>100,822.20</td> <td>4,533.49</td> <td>10,653.17</td> <td>15,186.66</td> <td>Total Income</td>	4,943.67	95,878.53	100,822.20	4,533.49	10,653.17	15,186.66	Total Income
Payroll 6,271.00 6,271.00 - 56,439.00 56,439.00 Legal & Professional 350.00 350.00 - 3,150.00 3,150.00 Rent 946.00 1,100.00 (154.00) 8,614.00 9,900.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (3.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.0							Expenses
Legal & Professional 350.00 350.00 - 3,150.00 3,150.00 Rent 946.00 1,100.00 (154.00) 8,614.00 9,900.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (3.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55		2,250.00	2,250.00	-	250.00	250.00	Casual Labor
Rent 946.00 1,100.00 (154.00) 8,614.00 9,900.00 Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (3.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56		56,439.00	56,439.00	-	6,271.00	6,271.00	Payroll
Printing - 33.33 (33.33) 6.00 299.97 Payroll Taxes 480.00 483.33 (3.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Integroup Expense - 100.00 (100.00) 617.82 <td></td> <td>3,150.00</td> <td>3,150.00</td> <td>-</td> <td>350.00</td> <td>350.00</td> <td>Legal & Professional</td>		3,150.00	3,150.00	-	350.00	350.00	Legal & Professional
Payroll Taxes 480.00 483.33 (3.33) 4,320.00 4,349.97 Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,52	(1,286.00)	9,900.00	8,614.00	(154.00)	1,100.00	946.00	Rent
Repairs & Maintenance 50.00 29.18 20.82 450.00 262.62 Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	(293.97)	299.97	6.00	(33.33)	33.33	-	Printing
Equipment Rental 139.91 100.00 39.91 1,020.96 900.00 Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	(29.97	4,349.97	4,320.00	(3.33)	483.33	480.00	Payroll Taxes
Telephone & Fax 599.01 515.00 84.01 5,504.00 4,635.00 Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	187.38	262.62	450.00	20.82	29.18	50.00	Repairs & Maintenance
Answering Service 200.11 250.00 (49.89) 1,710.30 2,250.00 Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	120.96	900.00	1,020.96	39.91	100.00	139.91	Equipment Rental
Postage 143.33 113.00 30.33 1,428.93 1,017.00 Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	869.00	4,635.00	5,504.00	84.01	515.00	599.01	Telephone & Fax
Office Supplies - 183.33 (183.33) 569.86 1,649.97 Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	(539.70	2,250.00	1,710.30	(49.89)	250.00	200.11	Answering Service
Bank Service Charges 62.00 40.00 22.00 524.00 360.00 Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	411.93	1,017.00	1,428.93	30.33	113.00	143.33	Postage
Computer & Technology 272.86 208.33 64.53 1,283.55 1,874.97 Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	(1,080.11)	1,649.97	569.86	(183.33)	183.33	-	Office Supplies
Credit Card Service Fees 126.68 85.00 41.68 1,473.56 765.00 Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	164.00	360.00	524.00	22.00	40.00	62.00	Bank Service Charges
Intergroup Expense - 100.00 (100.00) 617.82 900.00 Insurance - 166.67 (166.67) 1,525.00 1,500.03	(591.42)	1,874.97	1,283.55	64.53	208.33	272.86	Computer & Technology
Insurance - 166.67 (166.67) 1,525.00 1,500.03	708.56	765.00	1,473.56	41.68	85.00	126.68	Credit Card Service Fees
((282.18)	900.00	617.82	(100.00)	100.00	-	Intergroup Expense
Special Events 425.00 (425.00) 454.00 4.425.00	24.97	1,500.03	1,525.00	(166.67)	166.67	-	Insurance
Special Events - 125.00 (125.00) 151.00 1,125.00	(973.20)	1,125.00	151.80	(125.00)	125.00	-	Special Events
Travel 829.26 250.00 579.26 1,371.85 2,250.00	(878.15)	2,250.00	1,371.85	579.26	250.00	829.26	Travel
Miscellaneous		-	-	-	-	-	Miscellaneous
Depreciation		-	-	-	-	-	-
Over/Under							Over/Under
Total Expenses 10,720.16 10,653.17 66.99 92,410.63 95,878.53	(3,467.90)	95,878.53	92,410.63	66.99	10,653.17	10,720.16	Total Expenses
Net Income 4,466.50 - 4,466.50 8,411.57 -	8,411.57	-	8,411.57	4,466.50	-	4,466.50	Net Income







GROUP / MEETING CONTRIBUTIONS	SEP 2022	YTD	GROUP / MEETING CONTRIBUTIONS	SEP 2022	YTD
21st AVENUE	2022	20	EASTSIDE SUNLIGHTERS	192	1,221
86'ers		653	EVERY WOMAN HAS A		160
A NEW FREEDOM		240	STORY		100
ANONYMOUS		16	FAIRVIEW	166	416
AWOL		151	FAYETTEVILLE	25	100
BACKROOM	694	4,884	FIRST THINGS FIRST		1,581
BASEMENT BUNCH		50	FRANKLIN		1,323
BRENTWOOD FULL		450	FRANKLIN FELLOWSHIP		600
MOON			FRANKLIN 4TH BB STUDY		1,000
BY THE BOOK,		40	FRANKLIN MEN'S		500
BYRDSTOWN			FRANKLIN ROAD		99
BY THE BOOK, LEBANON	40	120	WOMEN'S		
CELEBRATE SERENITY	186	735	FREE TO BE		379
CENTERVILLE		676	FREEDOM FROM		75
CLARK STREET		200	BONDAGE		
COLUMBIA		270	FRIENDS IN RECOVERY	175	450
COMFORT ZONE		650	G.A.A. GALLATIN	25	75
COOKEVILLE		180	GIFT OF DESPERATION		625
COURAGE TO CHANGE		25	GLADEVILLE		238
CROSSVILLE		90	G.O.D.		75
CROSSVILLE NONSMKIN'		42	GRATEFUL GROVE		307
STEP			HAPPY DESTINY		109
CROSSVILLE NOONERS		260	HAPPY HOUR		30
CROSSVILLE SERENITY		100	HARDING RD		125
DAVIDSON RD	1,500	4,500	HERMITAGE WOMEN'S		778
DEKALB FRIENDSHIP		200	HILLSBORO ROAD		50
DESIGN FOR LIVING		511	HUNT CLUB AA		690
DICKSON		32	MEDITATION		
DICKSON, BY THE BOOK		1,200	INTERGROUP		4
DISTRICT 9	150	450	JOELTON		100
DONELSON Y.E.T.		100	KEEP IT SIMPLE		708
DOUBLE DIPPERS		246	KEY TO SOBRIETY	100	500
DROP THE ROCK, TULLAHOMA		125	KICK OFF NOT UNTIL NOON		375
DRUNKS IN THE PARK		720	LADIES NIGHT OUT	105	105
EAST HICKMAN	250	250	LAFAYETTE NEW HOPE	50	100
EAST NASHVILLE		300	LAST HOUSE ON THE		120
EAST SIDE MEN'S STAG		1,750	BLOCK		
EAST SIDE SATURDAY	432	755	LATE LUNCH BUNCH	1,700	5,100

GROUP / MEETING 2022 YTD GROUP / MEETING 202 YTD LAWKENCEBURG 100 SEEKERS 600 LINDEN AA 485 488 SERENTY, MURF 100 100 LIVE AND LET LIVE 56 SERENTY, MURF 100 106 LIVING THE PRINT 50 SERENTY IN THE PARK 186 LIVING BY THE PRINT 900 SISTERS OF SOBRIETY 81 MIVINGSTON 12x12 75 CROSSVILLE SMYRNA GRATITUDE 764 3,11 MONTEREY FRIDAY NIGHT 100 SOBRIETY FIRST LEBANON 300 300 MUSIC ROW 50 SPIRITUAL WARFARE 178 850 NO.W. 368 SUDADAY JOAM, 90 ONE ST		SEP			SEP	
LINDEN AA		2022		GROUP / MEETING	2022	
LIVE AND LET LIVE						
STADE TRUE STATE STATE		485	485		100	
COOKEVILLE	LIVE AND LET LIVE		100			
LIVING THE PRINCIPLES 235 (S.O.S.)	•		56			3,167
LIVING BY THE PRINT 900 SISTERS IN SOBRIETY 64 LIVINGSTON 12x12 75 CROSSVILLE CROSSVILLE MEN'S LOG CABIN 416 SMYRNA GRATITUDE 764 3,311 MONTEREY FRIDAY NIGHT 100 SOBRIETY FIRST LEBANON 300 MUSIC ROW 50 SPRING HILL 128 MUSTARD SEED 300 900 SPRING HILL 128 NO.W. 368 SULDAJOHA 90 <						81
ILIVINGSTON 12x12 75 MEN'S LOG CABIN 416 MONTEREY FRIDAY NIGHT 100 MURFREESBORO 15 135 SPRING HILL 128 SPRING HILL 128				·		
MEN'S LOG CABIN 416						64
MONTEREY FRIDAY NIGHT					764	2 211
MUSTC ROW	MEN'S LOG CABIN		416		104	
MUSIC ROW 50 MUSTARD SEED 300 900 NIPPER'S CORNER 100 N.O.W. 368 N.O.W. 368 ONE DAY AT A TIME 50 ONE PURPOSE 25 225 ONE STEP CLOSER 529 OPEN DOOR 132 OUT OF FOG/OUT OF BOG 988 OUT OF FOG/OUT OF BOG 978 PAGE 112 292 PAGE 112 292 PAGE 112 292 PORTLAND UNITY 50 PRIMARY PURPOSE 6 PRIMARY PURPOSE 45 MADISON PRIMARY PURPOSE 45 MADISON PRIMARY PURPOSE 45 ROLLING HILLS WEST MEADE 200 PRIMARY PURPOSE 275 ROLLING HILLS WEST MEADE 175 BYRITUAL WARFARE 175 SSS, HERMITAGE 182 SSSS, HERMITAGE 182 SSSS, HERMITAGE 182 SASO SOLUTION 435 TRUDGING THE ROAD 1,000 TURNING POINT 783 TURNING POINT 783 UNCOMMON WOMEN 15 UNITED 300 600 VALLEY VIEW 300 WAKE UP 121 WANGL 39 WAVERLY 180 WAVERLY 180 WEST MEADE 200 WOMEN IN THE SOLUTION 100 400 RUGGETOP BASIC 50 50 ROMEN IN THE SOLUTION 100 400 RUGSHIP HOUR 200 200 RUTS 250 RANGO SOLUTIONS 120 GROUP MONTHLY 8,383 64,876 MESSENGER 123 SAFE PLACE 296 MESSENGER 123 SOMBINED TOTALS TO 11,908 75,663	MONTEREY FRIDAY NIGHT		100			
MUSTARD SEED 300 900 MUSTARD SEED 100 NIPPER'S CORNER 100 NIPPER'S CORNER 1000 NIPPER'S CORNER 1000 NOW 368 ON AWAKENING 1,0000 ONE DAY AT A TIME 500 ONE PURPOSE 25 225 ONE STEP CLOSER 529 OPEN DOOR 1322 OUT OF FOG/OUT OF BOG 988 OUT TO BREAKFAST 250 PAGE 112 2922 PORTLAND UNITY 500 PRIMARY PURPOSE 6 PRIMARY PURPOSE 6 PRIMARY PURPOSE 458 MADISON PRIMARY PURPOSE MURF 89 WEEST NASHVILLE 183 WOMAN'S WAY 150 WOMAN'S WAY 150 WOMAN'S WAY 150 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 TOTALS SAFE HARBOR 100 490 MESSENGER 123 COMBINED TOTALS 70 11,908 75,663	MURFREESBORO	15	135			
NIPPERS CORNER 100	MUSIC ROW		50		175	
NO.W. 368 SUNDAY 10AM, PO	MUSTARD SEED	300	900			
N.W. 368 CROSSVILLE ON AWAKENING 1,000 435 ONE DAY AT A TIME 50 TRUDGING THE ROAD 1,000 ONE STEP CLOSER 529 TURNING POINT 783 OPEN DOOR 132 UNCOMMON WOMEN 15 OUT OF FOG/OUT OF BOG 988 VALLEY VIEW 300 OUT TO BREAKFAST 250 WAKE UP 121 PAGE 112 292 WANGL 39 PORTLAND UNITY 50 WAVERLY 180 PRIMARY PURPOSE 6 WEEKENDERS 300 PRIMARY PURPOSE MURF 89 WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE 275 WEST MEADE 200 ROLLING HILLS WOMAN'S WAY 150 PULASKI 30 150 WOMEN'S KITCHEN TABLE 110 110 RECOVERY ON THE ROW 300 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 <	NIPPER'S CORNER		100			
ON AWAKENING 1,000 ONE DAY AT A TIME 50 ONE PURPOSE 25 225 ONE STEP CLOSER 529 OPEN DOOR 132 OUT OF FOG/OUT OF BOG 958 OUT TO BREAKFAST 250 PAGE 112 292 PORTLAND UNITY 50 PRIMARY PURPOSE 6 PRIMARY PURPOSE 45 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 PRIMARY PURPOSE MURF 89 PRIMARY PURPOSE 275 ROLLING HILLS WOMAN'S WAY 180 PULASKI 30 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS INDIVIDUALS 3,526 10,663 SAFE HARBOR 100 <	N.O.W.		368			90
ONE DAY AT A TIME 50 TRUDGING THE ROAD 1,000 ONE PURPOSE 25 225 ONE STEP CLOSER 529 UNCOMMON WOMEN 15 OPEN DOOR 132 UNITED 300 600 OUT OF FOG/OUT OF BOG 958 VALLEY VIEW 300 OUT TO BREAKFAST 250 WAKE UP 121 PAGE 112 292 WANGL 39 PORTLAND UNITY 50 WAVERLY 180 PRIMARY PURPOSE 6 WEEKENDERS 300 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE 275 WEST MEADE 200 PULASKI 30 150 WEST MEADE 214 WOMAN'S WAY 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KIT	ON AWAKENING		1,000			125
ONE PURPOSE 25 225 ONE STEP CLOSER 529 OPEN DOOR 132 OUT OF FOG/OUT OF BOG 958 OUT TO BREAKFAST 250 PAGE 112 292 PORTLAND UNITY 50 PRIMARY PURPOSE 6 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 RUTS 250 MESSENGER 123 SAFE HARBOR 100 490 MESSENGER	ONE DAY AT A TIME		50			
ONE STEP CLOSER 529 UNCOMMON WOMEN 15 OPEN DOOR 132 UNITED 300 600 OUT OF FOG/OUT OF BOG 958 VALLEY VIEW 300 OUT TO BREAKFAST 250 WAKE UP 121 PAGE 112 292 WANGL 39 PORTLAND UNITY 50 WAVERLY 180 PRIMARY PURPOSE 45 WEEKENDERS 300 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PULASKI 30 150 WESTMINSTER 214 ROLLING HILLS WOMAN'S WAY 150 WOMEN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 RUTS 250 GROUP MONTHLY 8,383 64,876	ONE PURPOSE	25	225			
OPEN DOOR 132 OUT OF FOG/OUT OF BOG 958 OUT TO BREAKFAST 250 PAGE 112 292 PORTLAND UNITY 50 PRIMARY PURPOSE 6 PRIMARY PURPOSE 45 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 PRIMARY PURPOSE MURF 89 PRIMARY PURPOSE 275 ROLLING HILLS WEST MEADE 200 PULASKI 30 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S KITCHEN TABLE 110 110 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS INDIVIDUALS 3,526 10,663 SAFE HARBOR 100 490 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 1	ONE STEP CLOSER		529			
OUT OF FOG/OUT OF BOG 958 VALLEY VIEW 300 OUT TO BREAKFAST 250 WAKE UP 121 PAGE 112 292 WANGL 39 PORTLAND UNITY 50 WAVERLY 180 PRIMARY PURPOSE 45 WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE 275 WESTMINSTER 214 ROLLING HILLS WINNERS & BEGINNERS 584 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS INDIVIDUALS 3,526 10,663 SAFE HARBOR 100 490 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	OPEN DOOR		132		222	
DUT TO BREAKFAST 250 FAGE 112 292	OUT OF FOG/OUT OF BOG		958		300	
PAGE 112 292 PORTLAND UNITY 50 PRIMARY PURPOSE 6 PRIMARY PURPOSE 45 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE ROLLING HILLS WINNERS & BEGINNERS 584 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S KITCHEN TABLE 110 110 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 TOTALS TOTALS SAFE HARBOR 100 490 MESSENGER 123 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	OUT TO BREAKFAST		250			
PORTLAND UNITY 50 PRIMARY PURPOSE 6 PRIMARY PURPOSE 45 MADISON WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE MURF 275 WESTMINSTER 214 ROLLING HILLS WINNERS & BEGINNERS 584 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S KITCHEN TABLE 110 110 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PAGE 112		292			
PRIMARY PURPOSE 6 WEEKENDERS 300 PRIMARY PURPOSE MADISON 45 WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE ROLLING HILLS 275 WESTMINSTER 214 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PORTLAND UNITY		50	-		
PRIMARY PURPOSE MADISON 45 WEST NASHVILLE 183 PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE ROLLING HILLS 275 WESTMINSTER 214 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 TOTALS TOTALS INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PRIMARY PURPOSE		6			
PRIMARY PURPOSE MURF 89 WEST MEADE 200 PRIMARY PURPOSE 275 WESTMINSTER 214 ROLLING HILLS WINNERS & BEGINNERS 584 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 TOTALS TOTALS INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PRIMARY PURPOSE		45			
PRIMARY PURPOSE 275 WESTMINSTER 214 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUTS 250 GROUP MONTHLY 8,383 64,876 TOTALS TOTALS INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	MADISON					
ROLLING HILLS WINNERS & BEGINNERS 584 PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PRIMARY PURPOSE MURF		89			
PULASKI 30 150 WOMAN'S WAY 150 RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PRIMARY PURPOSE		275			
RECOVERY ON THE ROW 300 WOMEN IN THE SOLUTION 100 400 RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS TOTALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	ROLLING HILLS					584
RIDGETOP BASIC 50 50 WOMEN'S FREEDOM 950 ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS TOTALS 3,526 10,663 SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	PULASKI	30	150	WOMAN'S WAY		150
ROBERTSON COUNTY 64 WOMEN'S KITCHEN TABLE 110 110 RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	RECOVERY ON THE ROW		300	WOMEN IN THE SOLUTION	100	400
RUSHH HOUR 200 200 GROUP MONTHLY 8,383 64,876 RUTS 250 TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	RIDGETOP BASIC	50	50	WOMEN'S FREEDOM		950
RUTS 250 TOTALS SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	ROBERTSON COUNTY		64	WOMEN'S KITCHEN TABLE	110	110
SAFE HARBOR 100 490 INDIVIDUALS 3,526 10,663 SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	RUSHH HOUR	200	200	GROUP MONTHLY	8,383	64,876
SAFE PLACE 296 MESSENGER 123 SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	RUTS		250			
SANGO SOLUTIONS 120 COMBINED TOTALS TO 11,908 75,663	SAFE HARBOR	100	490	INDIVIDUALS	3,526	10,663
COMBINED TOTALS TO 11,908 15,003	SAFE PLACE		296	MESSENGER		123
	SANGO SOLUTIONS		120	COMBINED TOTALS TO	11.908	75.663
	SATURDAY NIGHT ALIVE	20	180			

Middle Tennessee Central Intergroup Association

417 Welshwood Drive Suite 207 Nashville, TN 37211

 $615.832.1136 \\800.559.2252$

NON PROFIT ORGANIZATION U.S. Postage Paid Nashville, TN Permit No. 517

RETURN SERVICE REQUESTED

Middle TN Central Intergroup Association 417 Welshwood Drive, Suite 207 Nashville, TN 37211

ph. 615.832.1136 Ph. 800.559.2252 fax. 615.834.5982 or e-mail address changes to: mtcoaa@aol.com



Time to Change?

New / Renewal Subscription
Address Change
The Messenger is available at an annual subscription price of \$12.00. A limited number of free subscriptions are available upon request by writing or calling the office at the address/phone number listed in this issue.

NAME	
ADDRESS	
СІТУ	STATE
PHONE	ZIP
OLD ADDRESS	