The MESSENGER

Middle Tennessee Central Office Intergroup

MAY 2023
MESSENGER

MESSENGER DESIGNATED DONATIONS APPRECIATED

Suggested donations are $1.00 an issue—which hasn't gone up in years (or any amount you would like to specify).

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(800) 559-2252
(outside local area),
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The Messenger—
mtcoaa@aol.com
or
blamethemessenger@gmail.com

Website–
www.aanashville.org

Tradition Five

ON MY FOURTH SOBER AA DAY, I was sitting alone in one of our musty old meeting rooms, very sad and very broke. All the AAs had seemed very kind in their desire to help, but none of them had mentioned money. And, like thousands of other new members, I believed my biggest problems were financial. Yet not one person had offered a loan.

Then, suddenly, one of those big, handsome, gray temple, well-dressed old-timers strode in with a friendly smile widening his face. He stuck out his hand and squeezed mine. "If I can help you any way at all, just say so, and I'll do it!" he declared heartily. Trying to sound as if I were merely asking for a match, I said, "I hope so. You see, I need to borrow two thousand dollars."

His silence was total.

But finally he spoke. ***"You're in the wrong place,"*** he said firmly. ***"We don't lend money here, my friend. That's not what this place is for."***

I froze, but he went on and on. ***"We won't help you with a money problem. We won't help you with a family problem or a job or clothes or a medical problem or food or a place to spend the night. All we will do in AA is help you stay sober,"*** he explained. ***"Then you can take care of these other problems yourself. You can take care of yourself, can't you, if you're sober?"***

I hated that word "sober?" But what could I say? "Certainly," I snapped, humiliated that, in my ignorance of AA folkways, I had been caught in a faux pas, as if someone had found me eating peas with my fingers.

What the man had said made perfectly good sense. I had been sober a few days and could take care of things. So I put my gradually clearing mind to it, remembered a cousin I had not tapped for months, sent a wire, and got some dough.

To my astonishment and sorrow, I almost instantly found myself drunk.

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Tradition Five

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Within a few hours, my new AA benefactor had given me in very blunt words a sharp summary of Traditions Five, Six, and Seven. And, by getting drunk, I had illustrated perfectly the special sense behind Five. What I needed most was not money, obviously. After getting it, I still had the drinking problem that had made me think of approaching AA in the first place.

This happened in January 1945, and the first hint of the Twelve Traditions was not to appear anywhere in AA until the July 1945 issue of the Grapevine, when Bill W. wrote, "I would like to discuss in coming issues such topics as anonymity, leadership, public relations, the use of money in AA, and the like."

Therefore, what I encountered in AA during my first few months, before the Traditions were formalized, were customs of AA behavior followed by members who had learned that some AA ways would work and others would not.

That is the authority of the Traditions in my personal life. I honor them, not solely because of their authorship or their having the mystical number twelve or their being adopted by the Fellowship at the First International Convention in Cleveland in 1950. I cherish them because they work. They enable me and my fellow AAs to stay sober, together, and to carry our message to other alcoholics.

But I did not like the Traditions at first, especially when they conflicted with what I wanted. I was a suspicious character, often turning phony operator to get what I wanted. During those first weeks, I kept wondering what "those AAs" were really up to or out for, and what I could get out of them.

The real miracle is that most of them acted with extraordinary kindness. No matter what I tried to maneuver out of them, they tried just to give me the message.

In subsequent years, I tried to misuse AA in two ways; that is,

1. I tried to get more out of it than the sobriety message. Once I wangled a part-time job from a fellow member, then took advantage of him. Coming in late, I would excuse myself by thinking, "After all, we're both alcoholics; he ought to excuse my little weaknesses." He exploited me, too, expecting long hours of unpaid work simply because I was a fellow AA. We began to concentrate on what we were owed, not on what we as AAs owed each other. Neither of us got drunk, but our friendship did not survive. Another time
2. I tried to use AA for romance, and really did find balm for a lonely heart with an AA partner. We found romance, all right, but we lost our sobriety.

Years have gone by since I had my infancy in AA as an excuse for my "gimme" tendencies. Today I try to look at the Fifth Tradition as a giver, not as a taker. But the picture is not pretty enough to brag about. It isn't always easy, even now, to keep my personal wants out of the way when I try to carry the message. I want applause as an AA speaker, compliments as a Grapevine writer. I want to be a "success" as a sponsor – that is, I want to be the one who sobered somebody up!

I have found I prefer to carry the message to pleasant, attractive, grateful alcoholics who do what I say and give me full credit for their

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The Tombstone Mentioned In Bill's Story In The Big Book

In Memory of Thomas Thetcher
a Grenadier in the North Reg. of Hants Militia, who died of a violent Fever contracted by drinking Small Beer when hot the 12th of May 1764. Aged 26 Years.

In grateful remembrance of whose universal goodwill towards his Comrades, this Stone is placed here at their expense, as a small testimony of their regard and concern. Here sleeps in peace a Hampshire Grenadier, Who caught his death by drinking cold small Beer, Soldiers be wise from his untimely fall And when you're hot drink Strong or none at all.

This memorial being decay'd was restored by the Officers of the Garrison A.D. 1781.
An Honest Soldier never is forgot whether he die by Musket or by Pot.

The Stone was replaced by the North Hants Militia when disembodied at Winchester, on 26th April 1802, in consequence of the original Stone being destroyed.

And again replaced by The Royal Hampshire Regiment 1966.

A taxi passenger tapped the driver on the shoulder to ask him a question.

The driver screamed, lost control of the car, nearly hit a bus, went up on the footpath, and stopped inches from a shop window.

For a second, everything was quiet in the cab. Then the driver said, *"Look, mate, don't ever do that again. You scared the living daylights out of me!"*

The passenger apologized and said, *"I didn't realize that a little tap would scare you so much."*

The driver replied, *"Sorry, it's not really your fault. Today is my first day as a cab driver — I've been driving a funeral van for the last 25 years."*

A young boy enters a barber shop and the barber whispers to his customer, *"This is the dumbest kid in the world. Watch while I prove it to you."*

The barber puts a dollar bill in one hand and two quarters in the other, then calls the boy over and asks, *"Which do you want, son?"* The boy takes the quarters and leaves.

"What did I tell you?" said the barber. *"That kid never learns!"*

Later, when the customer leaves, he sees the same young boy coming out of the ice cream parlor.

"Hey, son! May I ask you a question? Why did you take the quarters instead of the dollar bill?"

The boy licked his cone and replied:
"Because the day I take the dollar the game is over!"

MEETINGS, MEETINGS, MEETINGS

Too happy, too sad, too glad, too mad, too busy, too tired-still, he gets to a meeting.

FOR A BRIEF time in early sobriety, I attended meetings only once or twice a week. Between meetings, fear approaching panic would almost overwhelm me, and the only respite was the time I spent at meetings. I was unable to get relief from my negative emotional states, which went from hopelessness to fear to guilt to self-pity--I thought I was losing my mind. Every day, I asked for help from my Higher Power, and I would give thanks at night; the request for help was the more honest prayer, as I was certainly not grateful at that time.

One night at a meeting, one of the members said he enjoyed sobriety so much because of the many meetings he attended. He suggested that I might attend more, that it might improve my attitude and outlook. Hurt pride, anger, resentment, and envy all welled up in me; I left that meeting determined to do my own thing.

But do my own thing I did not. Instead, I received some of the many graces that have come to me in AA: the grace to listen; a gift of humility for the moment; a temporary clearing of self-will; a knowledge that my way had not worked in the past, that perhaps my AA friend knew something I did not know.

I increased my attendance from two to three meetings a week. My comfort level improved, so I increased my attendance to four. My AA friend had helped me to help myself. But my fears were still great; I was apart from, rather than a part of, the program, in a kind of limbo between the drinking life and the sober life. And my participation at meetings was minimal; I would arrive late, and alone, and leave early. I learned "one day at a time": Just for today, I will not take that first drink; just for today, I will be in Alcoholics Anonymous in the best way I can, leaving the rest to God as I understand Him. As I upped my meetings, I began to come to, then to

(Continued on page 5)

CENTRAL OFFICE POSITIONS	*OFFICER NAME*	*PHONE NUMBER*
Chairperson	**Garrett D**	**615.957.7674**
Central Office Manager	**Charles C**	**615.973.9898**
Central Office Bookkeeper	**Bill M**	**615.512.5710**
Vice Chairperson	**Jason S**	
Secretary	**Lindsey T**	**615.260.6295**
Treasurer	**Karla H**	**619.804.5786**
Public Information/Cooperation with the Professional Community	**Al C**	**615.587.1616**
Accessibility Committee		
Corrections	**Stephen T**	**615.926.9467**
Treatment Facilities	**Darin M**	**615.423.2620**
Events Chair	**Brian**	**615.406.6361**
Archives		
Sobriety Dinner	**Brian**	**615.406.6361**
Newsletter Editor	**Pat P**	**228.254.7053**

FIRST MONDAY OF EVERY MONTH:
District 30 Meeting
When: 6:30pm – 7:30pm
Zoom ID: 283 536 1220

SECOND MONDAY OF EVERY MONTH:
Intergroup Meeting
When: 5:45pm – 6:45pm
Where: Central Office
417 Welshwood

STEERING COMMITTEE
When: Monday Jul 24th
5:45pm – 6:45pm
Where: Central Office
417 Welshwood

FIRST TUESDAY OF EVERY MONTH:
District 32 Meeting
When: 6:30pm
Where: Last Stop Club
2122 Utopia

SECOND SATURDAY OF EVERY MONTH
District 34 Meeting
When: 10am
Where: 200 E. Cedar St
Goodlettsville

MEETINGS, MEETINGS, MEETINGS

(Continued from page 4)

come to believe, but it was slow.

By now, I was going to six meetings a week regularly, sometimes as many as ten. Sobriety is progressive, and my desire for meetings grew. The meetings were a blessed relief: Monday night, beginners; Tuesday and Saturday, open; Wednesday, late-night group; Sunday, breakfast; and Thursday night, home group.

Each meeting offered something different. At the beginners meeting each week, one of the first three Steps was discussed. Many newcomers were there with their sponsors. I was surprised to see so many old-timers at the beginners meeting; it took me a while to understand that we are always beginners. Patience, tolerance, and "Easy Does It" were introduced into my life. A leader would share an individual viewpoint on the Step, and each person would comment. Sometimes, a member of the group would go on and on, and it occurred to me that the member had that need at that time. After all, who else would listen to any of us? Wasn't that why we were together?

The open meetings were a real treat, and it was there that I accepted my alcoholism, as did my wife. My sponsor and his wife and my wife and I attended open meetings together for about two years. The more speakers I heard, the more I discovered that AA was the place for me.

The Wednesday-night meeting was at 10:30 in the downtown area. It was a good meeting, and different from the others. It was a mixed lot from all social, cultural, ethnic, and economic strata.

Thursday was my favorite, our home group. We met in each other's homes--a different one each week. This night of all nights was the focal point of my program. Here, I really experienced the sharing, the acceptance, the love, the feeling of belonging. After a while, someone suggested that the meeting be held at my house. It was like all the holidays rolled into one. The house was sparkling; the children were sparkling; my wife was sparkling. The group arrived; they were the first visitors to our home in years. After the meeting, my wife and children joined the guests. It was a night I will never forget.

The home group was a Step group. We did Steps One through Twelve on a rotating basis. We would read the chapter on the Step from the "Twelve and Twelve" and go around the room for comments. The mental discipline required to pay attention to a half-hour reading was a formidable task. My mind had a tendency to wander; my attention span at best was very short. To direct and redirect my thoughts to the reading proved a great benefit. I developed other disciplines on my own as time went on: keeping the commitment to attend meetings, to make coffee, to set up the literature table; taking some time during the day to be quiet, and some time for phone calls; living up to these responsibilities, because of gratitude; doing what was asked, and then asking for more to do.

All these meetings were a source of wonder to me in the first few years, and they still are: that, so many people from so many different backgrounds are alike in so many ways--old and young, male and female, rich and poor, all so similar in this illness of alcoholism. This has always amazed me. And my amazement grew as I attended many different kinds of meetings: in jails and in hospitals; meetings for young people, men, and priests; I even spoke once at a women's group. When I began to go to conferences and conventions, something really special was added to my life.

The grace that brought me to Alcoholics Anonymous was extraordinary, and my continuing attendance at meetings is no less extraordinary. Too happy, too busy, too tired--still, I get to a meeting! The most constant and productive activity in my life has been going to meeting. Asking for help has been the simple way to sobriety.

AA meeting have taught me much through the years, and given me much that I never had before. I continue in gratitude that I was born at a time and in a place where AA has been mine for the asking.

W.P.—Arlington, Heights, Illinois
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AAGrapevine.org

Annual Southeast Woman to Woman Confer

"Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation.
No Children Allowed at Conference Events!

Becoming A Better You

Low Country Conference Center
405 Sigma Drive
Summerville, SC

August 18–20, 2023

Hotel Reservations: Hilton Garden Inn - 406 Sigma Drive Summerville, SC 29483
843-832-1304 **Code: SEW** **King $159** **2 Queens $169** + tax per night **(Cut off rate 7/19/2023)**

Contacts:

ir: Annette M. 843-810-5327 **Co Chair:** Darleen M. 803-218-8330 **Registrar:** Pat B. 803-27

Email: annettemacon@gmail.com **Website:** www.sewomantowoman.org

rence Registration: Early Bird $55.00 (Until Feb 28, 2023) $60.00 (Mar 1 - Aug 17) $65.00 (At t

Banquet: *"Ladies in Red"* $65.00 Southern Buffet

Clip and Mail Registration: SEWTW 2023 P.O. Box 61 Ladson, SC 29456

Please make Checks/M.O. payable to SEWTW

Registration Form (Please print clearly)

Tennessee State Convention 2023

- Area 64 -

...Do you know Bill W. ?

Hosted by District 11 & District 12

September 29,30 Oct 1st 2023

Advance registration and Information
www.tnaaconvention2023.com

AA Speakers
Craig W. CT, Peter M. FL, Ralph W. CA
Kevin H. AL, Jennifer D. NC, Amy D. KY

Al-Anon speakers - Bud S. NH and Sue P. VA

$35.00 Pre-Registration
Registration $40.00 per person after July 31, 2023

Scan to go to registration page

Workshops and Events

Manchester Hotels -

Holiday Inn Express
111 Hospitality Blvd
Rate $108 / code TSC
Phone 931-728-9383

Comfort Inn
152 Hospitality Blvd
Rate $105 / code AA
Phone 931-228-8393

LX Hotel (3miles)
201 Murfreesboro Hwy
Rate $99 / code TNCon23
Phone 931-954-0946

CENTRAL OFFICE WILL HAVE A LITERATURE TABLE FROM THURSDAY NIGHT TO SUNDAY NOON, at the Music City Roundup.

WE WILL BE ENLISTING VOLUNTEERS TO ASSIST AT THIS TABLE. SO, PLEASE CALL CENTRAL OFFICE AT **615.832.1136** TO BE OF SERVICE

Save The Date

September 8th - 10th, 2023

Shenandoah University
Winchester, VA

National AA Technology Workshop

"Solving, Sharing, and Scaling Solutions"

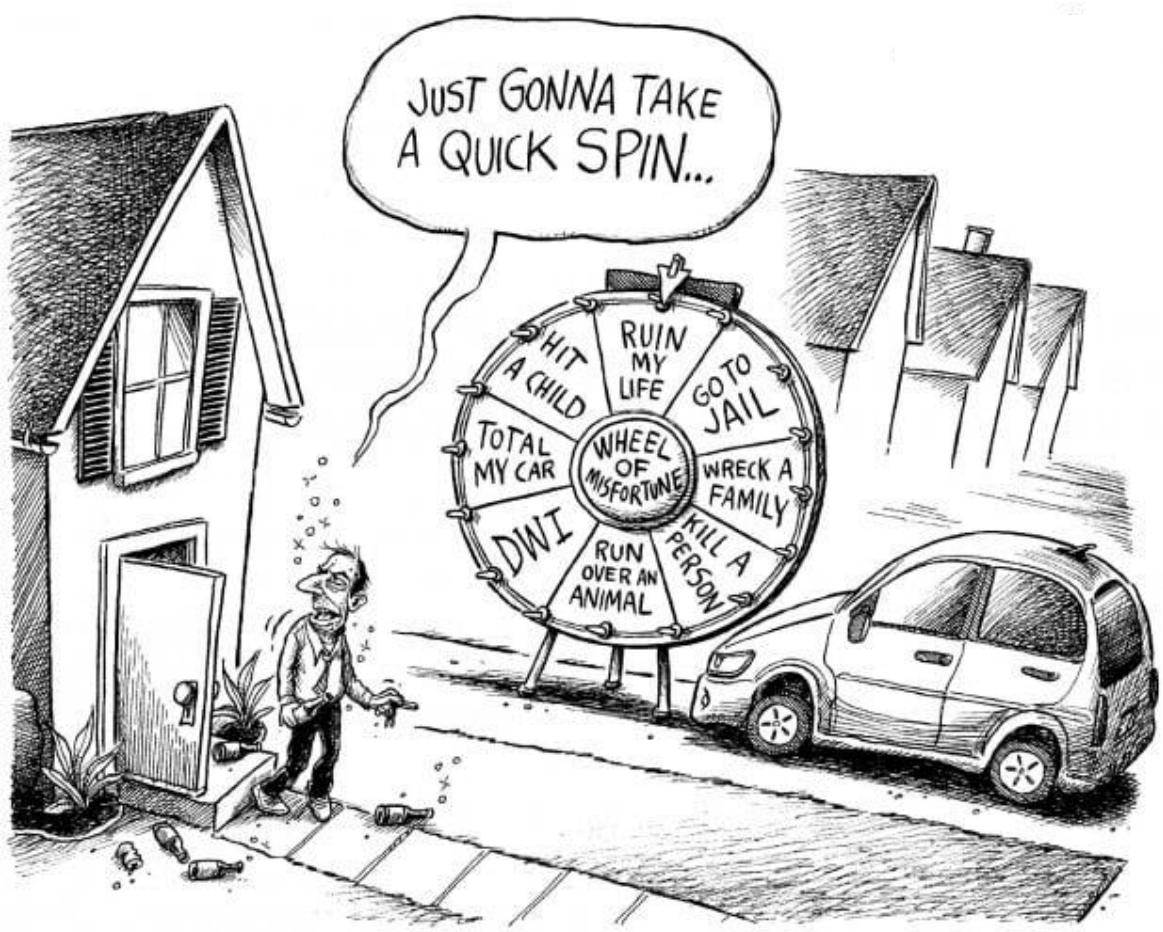
https://naatw.org

Inviting all AA members in Service
(and Geeks in Recovery)

We would love for you to join us in person if you can make it or we'll see you on Zoom!

Hotel rooms available at two local hotels for $139/night
Rooms also available with the "Stay with a Local" program
Transportation from Dulles Airport will be coordinated

Event & Hotel Registration coming soon!



That 'Formal' Step Five

IN MY FIRST weeks of sobriety, I read through the Twelve Steps quickly and decided that anyone with half a wit could follow those simple suggestions without any trouble. But on approaching the Fifth Step, I began to have second thoughts. I could never tell another person some of the things I had done while I was drinking. If these newfound friends in AA really knew me, they would have nothing to do with me. So I'd just keep my mouth shut about the horrors of my past, I decided, and fake it.

Within months, I attempted my first Fifth Step. Inventory notebook in hand, I recited a list of venial offenses. Of overwhelming fear, gnawing guilt, and self-hatred, I said nothing. Faking a Step is not the same as taking a Step. Consequently, nothing extraordinary happened that day. I experienced defeat.

Failure is an integral part of learning, albeit a painful part. Just as alcohol had brought me to my knees and force-fed a drop of humility into my life, so did my first encounter with the Fifth Step. The introduction of humility deflated my alcoholic ego once again, and therein lay the key to success. Forced to surrender *my* idea of how the Fifth Step should be worked, I began to listen more closely at meetings. Hearing other members talk so freely, honestly, and realistically about their shortcomings made it easier to begin sharing my own. As a swimmer tests the water with his toe, so I began to share my defects slowly, cautiously. Always expecting rejection and disgust, I was relieved to find only understanding, acceptance, and support.

Within a year, most of those abominations had been brought out of the closet, with the help of a good sponsor. We looked at them together, discarded the guilt and remorse, and decided here amends were due. Some months later, I took the big dive: that "formal" Fifth Step I had heard so much about. For five hours, my sponsor and I sat in his living room and talked. This was not a session of breast-beating or self-flagellation; rather, it was an honest sharing of hopes, fears, past mistakes, and realistic plans for self-improvement. Of course, there was talk of resentment, guilt, lust, jealousy, and the like; but there was also sharing of happiness, joy, gratitude, and love.

None of the Twelve Steps is an exercise in self-destruction. An honest Fifth Step is ego-deflating, yes. But only through the essential humility it provides can I begin to grow mentally, emotionally, and spiritually into the person my God would have me become.

J.B.—Toledo, OH July 83

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MAY ANNIVERSARIES

ANY LENGTHS

Bob A	5.09.17
Casey W	5.24.21
Daniel M	5.19.20
Dustin W	5.10.22
Jake J	5.??.12
Patricia J	5.10.21
Sara B	5.09.22

KEEP IT SIMPLE

Brett G	***5.28.94***
Chance A	5.15.05
Christian E	5.02.20
John W	5.19.18
Kirk J	5.03.09
Sarah C	5.26.17
Shirley F	5.31.11
Will R	5.22.22

Tradition Five

(Continued from page 2)

sobriety. Sometimes I wish I did not even have to carry the message at all; I wish I could just wait where I am for people to come and pick it up.

On the other hand, I rejoice that I can now participate in so many good ways of fulfilling our primary purpose. **I can help put on public meetings and other public information activities to carry the message to the alcoholics who are still out there drinking sick, scared, completely unaware that we want them, and completely wrong in their notion of what our sober life is like.** I can be on our hospital and jail visiting committees. I can serve on my group's hospitality committee, to welcome the ill at ease newcomer. I can attend or lead beginners meetings. I can help support our local intergroup office and the AA General Service Office, which reach drunks in places I cannot get to. I can have coffee with the new AA after the meeting, instead of running off to chin and gossip with my old friends.

Yes, my group (made up of individual AAs, including me) has improved a lot in its respect for our Fifth Tradition – in its ways of carrying the message. My own AA history has lengthened considerably since I first caught glimpses of the sobriety-preserving wisdom in the AA way of doing things, summed up in our Traditions. But I have recently discovered something else quite wonderful about the Fifth: It does not say that AAs should help only newcomers.

I do not agree that the newcomer is the most important member at any meeting. In my opinion, equally important are those old-timers who showed me the way, and any middle-timer who may today be suffering. If newcomers are indeed the lifeblood of AA, old and middle-timers are its skin and backbone. What a bewildered mess we would be in without them!

So in your next meeting, when that Tradition about carrying the message "to the alcoholic who still suffers" is mentioned, please give a thought, not only to newcomers, but also to the alcoholics older in AA who are sitting there. One of them might be me. I still suffer, sometimes. I still need to hear the message, always.

B. L., Manhattan, N. Y.
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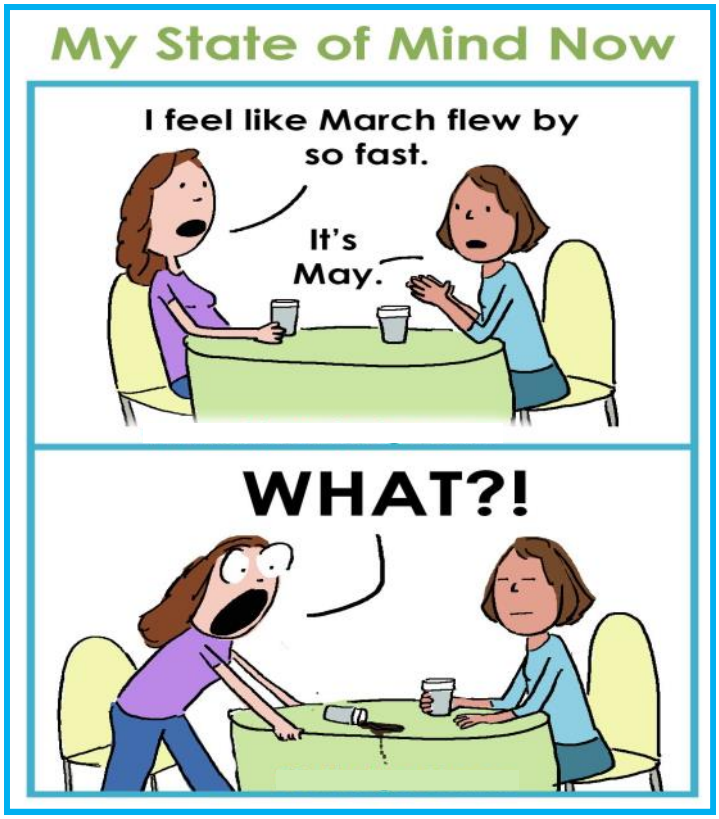

Middle Tennessee Intergroup Association

Statement of Activities - Actual and Budgeted - Schedule 1

For the Three Months and Year Ended March 31, 2023

	March 2023			YTD 2023		
		Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	3,992.91	2,700.00	1,292.91	8,488.26	8,100.00	388.26
Group Donations	4,607.11	6,598.00	(1,990.89)	23,435.75	19,794.00	3,641.75
Individual Donations	1,074.06	1,480.00	(405.94)	4,731.82	4,440.00	291.82
Messenger Donations	-	5.00	(5.00)	35.00	15.00	20.00
Website Donations	-	-	-	-	-	-
Special Events	-	416.00	(416.00)	-	1,248.00	(1,248.00)
Interest	8.18	10.00	(1.82)	2,426.54	30.00	2,396.54
Total Income	9,682.26	11,209.00	(1,526.74)	39,117.37	33,627.00	5,490.37
Expenses						
Bad debt	-	-	-	199.28	-	199.28
Casual Labor	275.00	275.00	-	825.00	825.00	-
Payroll	6,530.00	6,530.00	-	19,590.00	19,590.00	-
Legal & Professional	350.00	350.00	-	700.00	1,050.00	(350.00)
Rent	1,083.30	1,100.00	(16.70)	3,084.50	3,300.00	(215.50)
Printing	-	33.00	(33.00)	-	99.00	(99.00)
Payroll Taxes	500.00	500.00	-	1,480.00	1,500.00	(20.00)
Repairs & Maintenance	50.00	35.00	15.00	150.00	105.00	45.00
Equipment Rental	138.38	100.00	38.38	373.02	300.00	73.02
Telephone & Fax	620.95	630.00	(9.05)	1,862.63	1,890.00	(27.37)
Answering Service	195.62	250.00	(54.38)	645.20	750.00	(104.80)
Postage	143.85	125.00	18.85	484.15	375.00	109.15
Office Supplies	211.34	208.00	3.34	365.68	624.00	(258.32)
Bank Service Charges	62.00	65.00	(3.00)	186.00	195.00	(9.00)
Computer & Technology	272.86	140.00	132.86	818.58	420.00	398.58
Credit Card Service Fees	165.00	200.00	(35.00)	385.94	600.00	(214.06)
Intergroup Expense	-	150.00	(150.00)	11.99	450.00	(438.01)
Insurance	-	175.00	(175.00)	1,525.00	525.00	1,000.00
Special Events	-	166.00	(166.00)	-	498.00	(498.00)
Travel	-	177.00	(177.00)	150.00	531.00	(381.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	-	-	-	-	-
Total Expenses	10,598.30	11,209.00	(610.70)	32,836.97	33,627.00	(989.31)
Net Income	(916.04)	-	(916.04)	6,280.40	-	6,479.68

GROUP / MEETING	MAR 2023	YTD
86'ers		333
AWOL		64
BACK TO THE BIG BOOK		60
BACKROOM	229	975
BROWN BAG		120
BY THE BOOK, DICKSON		102
BYRDSTOWN		40
CELEBRATE SERENITY	105	105
CENTERVILLE		100
CHICKEN PLUCKERS		1,176
CLARK STREET		100
COLUMBIA		90
COMFORT ZONE		450
COOKEVILLE	90	90
CROSSVILLE		34
CROSSVILLE NOONERS	225	225
DAVIDSON RD		1,500
DICKSON		75
DISTRICT 13	100	100
EAST SIDE MEN'S STAG		800
EAST SIDE SATURDAY		291
EASTSIDE SUNLIGHTERS	122	122
EVERY WOMAN HAS A STORY		55
FAYETTEVILLE		25
FIVE AND FIVE	350	550
FRANKLIN		349
FREE TO BE		132
FRIENDS IN RECOVERY	250	475
G.A.A. GALLATIN	25	50
G.O.D. (GROUP OF DRUNKS)	122	122
HARDING RD		125
HOW IT WORKS, MENS		100
KEEP IT SIMPLE	199	199
KEY TO SOBRIETY		120
KICK OFF NOT UNTIL NOON	150	150
LADIES NIGHT OUT		105
LAFAYETTE NEW HOPE	50	50
LAMBDA		294
LATE LUNCH BUNCH		1,100
LAWRENCEBURG	15	15
LIVING BY THE PRINT	300	300
LIVINGSTON 12x12		25
MEN'S LOG CABIN		237
MURFREESBORO	20	55
MUSTARD SEED		200
ON AWAKENING		800

GROUP / MEETING	MAR 2023	YTD
ONE PURPOSE	25	75
ONE STEP CLOSER		313
OUT OF FOG/OUT OF BOG		400
OUT TO BREAKFAST		251
PAGE 112		148
PAY DAY		300
PEACE IN THE PARK		350
PORTLAND UNITY		30
PRIMARY PURPOSE ROLLING HILLS		176
PULASKI	30	90
RECOVERY ON THE ROW		778
ROBERTSON COUNTY	20	40
RUSHH HOUR	1,000	1,000
SAFE HARBOR	100	100
SAFE PLACE		73
ST. A'S		130
SANGO SOLUTIONS		150
SATURDAY NIGHT ALIVE	20	60
SEEKERS		500
SERENITY, MURF		100
SERENITY IN THE PARK	156	252
SHADE TREE	440	2,232
SISTERS IN SOBRIETY CROSSVILLE		33
SOBRIETY FIRST	49	49
SSS, HERMITAGE		364
STRAGGLERS		350
THANKFUL CONTEMPLATION		600
TURNING POINT		733
UNITED, GALLATIN	300	300
UNITY AT 6		150
WAKE UP		33
WAVERLY		60
WEEKENDERS		300
WEST NASHVILLE		50
WINNERS & BEGINNERS		167
WOMAN'S WAY	115	115
GROUP MONTHLY TOTALS	**4,607**	**23,436**
INDIVIDUALS	**1,074**	**4,732**
MESSENGER	**-**	**35**
COMBINED TOTALS TO DATE	**5,681**	**28,203**

Middle Tennessee Central Intergroup Association

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615.832.1136
800.559.2252

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