

# *The* **MESSENGER**

## *Middle Tennessee Central Office Intergroup*

AUG 2023 MESSENGER

### TO REMEMBER WITHOUT ANGER

#### **Step Eight**

**Made a list of all persons we had harmed and became willing to make amends to them all.**

#### **Tradition Eight**

**Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.**

#### **Concept Eight**

**The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.**

**The program helped him find compassion, love and a new definition of forgiveness**

**STEP EIGHT:** *Made a list of all persons we had harmed, and became willing to make amends to them all.*

I used to cringe every time I heard the word “forgiveness.” I used to believe forgiveness was for sissies.

See, I was the kind of person who kept a list of all the people who had ever hurt me—physically, emotionally, spiritually. Anytime something triggered my memory of that person, I replayed the harmful incident in my mind, allowing my anger, hate and desire for revenge to flare up. I believed that someday, some way, I would “get even” with everyone on my list.

My longing for retribution sustained me. Forgiveness was never in the picture. In fact, my desire to get even actually motivated my behavior in many ways, although I never realized it at the time.

When I attended a social function that my ex-wife was also set to attend, I made sure I had a gorgeous younger woman with me as my date. That’ll show her, I thought. A few times, my dates actually realized I was just using them as pawns to emotionally damage my ex-wife and complained about it. I ignored their protests and cajoled them into attending the social function anyway. I had no clue that my behavior was negative, manipulative and wrong.

My “get even” list was *long*. It went back decades: teachers, relatives, police, bosses, coworkers, friends. I even wanted revenge against the cat that bit me when I was 3 years old while I was trying to put a pretzel down its throat.

I was one miserable, angry, vengeful, twisted and warped person. The worst part of it all was that I believed I was in the right; everyone else was in the wrong.

At the age of 59, it was suggested that I enter therapy. My response

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### MESSENGER DESIGNATED DONATIONS APPRECIATED at [aanashville.org](http://aanashville.org)

**Suggested donations are \$1.00  
an issue—which hasn't gone up  
in years (or any amount you  
would like to specify).**



## I'VE GOT YOUR BACK!

## LOVE & TOLERANCE

**Love and tolerance of others is our code.**

**And we have ceased fighting anything or anyone, even alcohol.**

**For by this time sanity will have returned. We will seldom be interested in liquor.**

**If tempted, we recoil from it as from a hot flame.**

**We react sanely and normally, and we will find that this has happened automatically.**

**We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes!**

**That is the miracle of it. We are not fighting it, neither are we avoiding temptation.**

**We feel as though we had been placed in a position of neutrality safe and protected.**

**We have not even sworn off. Instead, the problem has been removed. It does not exist for us.**

**We are neither cocky nor are we afraid.**

**That is how we react so long as we keep in fit spiritual condition.**

*(p. 84-85, A.A. 4th Edition)*

### Middle Tennessee Central Office—

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## THE ABILITY TO LOVE

### How an insight illuminated a lonely mystery

SINCE my first day in AA I have been hearing about love as manifested in our Fellowship. I heard the members talk about the privilege of making Twelfth Step calls, the love they felt for drunks. I sat through these meetings, nursing the shame that I did not always feel this.

In trying to work the honesty part of the program, I had to admit that I did not always like to call on drunks and that I had little tolerance or patience with them. I accepted the calls because I had been taught from the beginning that my sobriety depended upon it. There was also an element of fear--if I refused to take calls, I would be criticized by the group, and their approval was of utmost importance to me! When I had to call on a particularly Long-bottom alcoholic, I sometimes felt actual revulsion.

This honest evaluation of my feelings was as far as I could get. I was filled with guilt and self-loathing because of my attitude. I tried discussing this with one or two other members, but they didn't seem to understand. I finally got to the point where I couldn't tolerate the word "love." Because I thought I could not experience it, I couldn't believe that others could. I called them "phonies." I cried that they were desecrating the word--practicing cheap emotionalism.

I noted that Christ had commanded us to love one another. I reasoned that if it was a commandment, then it must be a thing that could be willed. At this point I decided I must be hopeless. The more I willed it, the more elusive it became.

I have always found beauty in the Prayer of St. Francis of Assisi, have heard it referred to many times in our literature and meetings and carried a copy of it in my wallet. One day while reading this prayer, the full realization of its meaning began to come through to me. This saintly man was praying to God that it be granted that he seek to love more than to be loved--not that he express love to its fullest, not that he express it at all, not that he seek it completely but only that he seek it more than he sought to be loved.

Hope began to grow in me. I suddenly realized that here was a man, who had lived through the same experience as I, reaching across the centuries to me. The hard core of my guilt began to disintegrate, and there came to my mind what I have always considered as two key words in AA--"willingness" and "grace." I must become willing to seek to love more than I sought to be loved and ask God's grace in granting this. We are our desires. If I began to desire the ability to love, so would it be granted.

Slowly, very slowly, I began to feel a stirring within my soul. Meetings seemed to have a greater depth. I began to feel a new emotion toward the newcomer. Twelfth Step calls were indeed a privilege. I began to feel--love? Could this be love? Yes! I remembered that there are degrees in everything! Because I had not felt the great love for mankind as expressed by a Schweitzer or a Ghandi, I thought I was incapable of any love. The old alcoholic perfectionist!

Now when I attend meetings it no longer bothers me to hear the members speak of love. I am not sitting alone with guilt and shame. I am sharing, I belong, I am a part of the group. God grant that I may continue to seek not so much to be loved as to love.



*Anonymous*

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## ***NOT TOO YOUNG***

### **Alcoholism doesn't discriminate, so why do people in meetings?**

There are as many ways to make others welcome in meetings as there are to make them feel separate. I used to say to myself that I was different from the people in the program because I was too young. Because I was too young, the Steps didn't apply to me, people didn't understand me, and I would have to keep drinking until the number of years I'd been drinking reached a competitive level.

It did not occur to me that I wasn't going to live long enough to prove my point. The fatal nature of alcoholism hadn't penetrated my denial yet. I have heard numerous times over the years comments in meetings like the following: "I'm glad to see so many young people here today." "I'm glad you got in here before it got too bad." "You young people are lucky you were spared the

years of hell I had to go through." "You were smart to stop so soon." And sometimes I have heard a doubtful "If you stay ..." accompanied by a lifting of eyebrows.

Yesterday, a man repeated my age when I got sober to a man he sponsors. Both of them laughed. I respect that man. He says many helpful things at meetings. He works with others. I really was surprised.

Be assured, no matter what age a person is, if they're attending meetings, working with a sponsor, staying sober and trying to help others, they have reached the same jumping off point as anyone else in the program. Since when can you look at a person's appearance and know the history of their life? There are no half members or

*(Continued on page 8)*

<i><b>CENTRAL OFFICE POSITIONS</b></i>	<i><b>OFFICER NAME</b></i>	<i><b>PHONE NUMBER</b></i>
<b>Chairperson</b>	<b>Garrett D</b>	<b>615.957.7674</b>
<b>Central Office Manager</b>	<b>Charles C</b>	<b>615.973.9898</b>
<b>Central Office Bookkeeper</b>	<b>Bill M</b>	<b>615.512.5710</b>
<b>Vice Chairperson</b>	<b>Jason S</b>	
<b>Secretary</b>	<b>Lindsey T</b>	<b>615.260.6295</b>
<b>Treasurer</b>	<b>Karla H</b>	<b>619.804.5786</b>
<b>Public Information/Cooperation with the Professional Community</b>	<b>Al C</b>	<b>615.587.1616</b>
<b>Accessibility Committee</b>		
<b>Corrections</b>	<b>Charlie B</b>	<b>615.554.9085</b>
<b>Treatment Facilities</b>		
<b>Events Chair</b>	<b>Brian</b>	<b>615.406.6361</b>
<b>Archives</b>		
<b>Sobriety Dinner</b>	<b>Brian</b>	<b>615.406.6361</b>
<b>Newsletter Editor</b>	<b>Pat P</b>	<b>228.254.7053</b>

**FIRST MONDAY OF  
EVERY MONTH:**  
District 30 Meeting  
When: 6:30pm – 7:30pm  
Zoom ID: 283 536 1220

**SECOND MONDAY OF  
EVERY MONTH:**  
Intergroup Meeting  
When: 5:45pm – 6:45pm  
Where: Central Office  
417 Welshwood

**STEERING  
COMMITTEE**  
When: Monday Jul 24th  
5:45pm – 6:45pm  
Where: Central Office  
417 Welshwood

**FIRST TUESDAY OF  
EVERY MONTH:**  
District 32 Meeting  
When: 6:30pm  
Where: Last Stop Club  
2122 Utopia

**SECOND SATURDAY OF  
EVERY MONTH**  
District 34 Meeting  
When: 10am  
Where: 200 E. Cedar St  
Goodlettsville



# Are You Judgmental?

by Jack M.

•North Hill Men's Discussion

If you answered "yes", welcome to the human race. Everyone at some point is judgmental. Usually it's a choice between alternatives. For example, do you like long leads? Do you like to hear about drugs in a lead? Do you like A.A. coffee? The list can go on and on. We are all guilty of being judgmental at times. But what about being judgmental about people? That's a different story. We can be tempted to judge others based upon their mode of dress or appearance. We may be tempted to judge a person's comment or language. We may even be judgmental about a person's politics or religion.

The program of Alcoholics Anonymous will not shield us from being judgmental at times. Even working all the Steps, helping others and going to a lot of meetings will not prevent us from being tempted to be judgmental. We can be judgmental in our homes. We can be judgmental even in church or place of worship. It's part of the human condition. None of us are perfect. But we must keep trying.

You won't find any particular reference to being judgmental in the Big Book or the Twelve and Twelve. There are references in the other Big Book, the Bible. But not everyone reads a Bible or has one. A couple of passages in what is called the New Testament says we shouldn't judge others because we may also be judged and also we shouldn't try to remove the speck in another's eye when we have a beam in our own. That's pretty good advice.

A very good book available at the Akron Intergroup is The Sermon on the Mount by Emmet Fox. On page 119, Fox writes "The plain fact is that the Law of Life that, as we think, and speak, and act towards others, so will others think, and speak, and act towards us." Fox goes on to say that "Anything and everything that we do to others will sooner or later be done to us by someone, somewhere." "For every unkind word that you speak to or about another person, an unkind word will be spoken to or about you. For every time that you cheat, you will be cheated. For every time you deceive, you will be deceived. For every lie that you utter, you will be lied to." This is very sound advice to alcoholics and non-alcoholics alike.

This topic came up in my home group. There were many good comments. One person brought up an incident that bothered him. At a previous meeting, he was asked to read the AA Preamble. He was sitting when he began to read and a couple of individuals interrupted him and said "you're supposed to stand!" He didn't and finished reading. He said that on that particular day he was suffering from Sciatica and it was painful to stand. He said it was unfortunate that he was judged as being disrespectful by not standing. The point is that we need to be careful in making snap judgments about others without knowing the facts. And that is as strong a point I can make about being judgmental. We all must be mindful of these kinds of situations. As we strive toward perfection, let's try to be more loving and kind. Circumstances are not always what they seem.

**ANNUAL SOUTHEAST WOMAN TO WOMAN CONFERENCE**  
**"SECRETS WOMEN DON'T SHARE"**  
 A Conference for Sober Alcoholic Women with Al-Anon Participation.  
 No Children Allowed at Conference Events!



**BECOMING A BETTER YOU**

**LOW COUNTRY CONFERENCE CENTER**  
 405 SIGMA DRIVE  
 SUMMERVILLE, SC  
**AUGUST 18-20, 2023**

Hotel Reservations: Hilton Garden Inn - 406 Sigma Drive Summerville, SC 29483  
 843-832-1304 Code: SEW King \$159 2 Queens \$169 + tax per night (Cut off rate 7/19/2023)  
 Contacts:  
 Chair: Annette M. 843-810-5327 Co Chair: Darleen M. 803-218-8330 Registrar: Pat B. 803-270-  
 Email: annette@sewwoman.org Website: www.sewwoman.org

Conference Registration: Early Bird \$55.00 (Until Feb 28, 2023) \$60.00 (Mar 1 - Aug 17) \$65.00 (At  
 Banquet: "Ladies in Red" \$65.00 Southern Buffet  
 Clip and Mail Registration: SEWTW 2023 P.O. Box 61 Ladson, SC 29456  
 Please make Checks/M.O. payable to SEWTW  
 Registration Form (Please print clearly)

## Tennessee State Convention 2023

- Area 64 -

...Do you know Bill W. ?

Hosted by District 11 & District 12

September 29, 30 Oct 1st 2023

Advance registration and Information  
[www.tnaaconvention2023.com](http://www.tnaaconvention2023.com)

### AA Speakers

Craig W. CT, Peter M. FL, Ralph W. CA  
 Kevin H. AL, Jennifer D. NC, Amy D. KY

Al-Anon speakers - Bud S. NH and Sue P. VA

\$35.00 Pre-Registration

Registration \$40.00 per person after July 31, 2023

Scan to go to  
 registration  
 page



Workshops and Events

### Manchester Hotels -



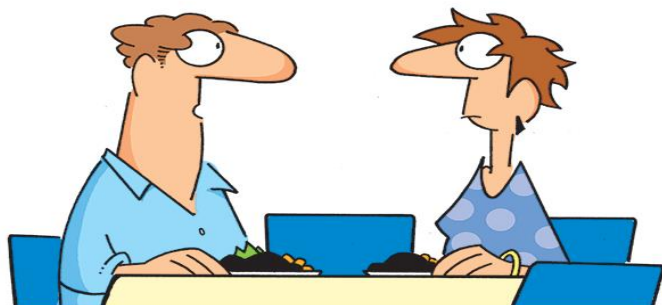
**Holiday Inn Express**  
 111 Hospitality Blvd  
 Rate \$108 / code TSC  
 Phone 931-728-9383



**Comfort Inn**  
 152 Hospitality Blvd  
 Rate \$105 / code AA  
 Phone 931-228-8393



**LX Hotel (3miles)**  
 201 Murfreesboro Hwy  
 Rate \$99 / code TNCon23  
 Phone 931-954-0946



"My therapist says I need to confront my demons.  
 When are they coming back from summer camp?"

Definition of SOBER:

Son Of a B...  
 Everything's Real!



NASHVILLE HOST COMMITTEE  
 SUPPORTING EVENT

**District 34**

**ANNUAL PICNIC**

**SEPTEMBER 16 2023**

11:30 AM - 3:30 PM



**11:30 AM GAMES**

**12 PM FOOD**

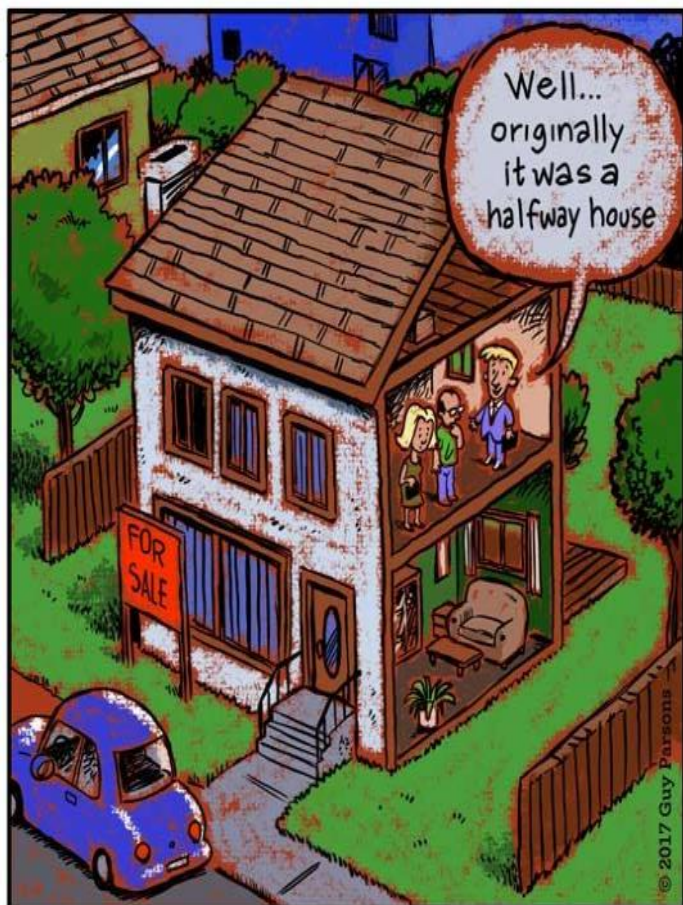
**1 PM SPEAKER**

**CAKE WALK & SILENT AUCTION @ 2 PM**

Bring a Side Dish or Dessert  
 Meat & Drinks Provided

MOSS WRIGHT PARK - SHELTER 3  
 745 CALDWELL DR  
 GOODLETTSVILLE TN 37072  
 CONTACT: ANDY P 615-566-6094





Save The Date

September 8th - 10th, 2023

Shenandoah University  
Winchester, VA**National AA Technology Workshop***"Solving, Sharing, and Scaling Solutions"*<https://naatw.org>**Inviting all AA members in Service  
(and Geeks in Recovery)**We would love for you to join us in person if you can make it  
or we'll see you on Zoom!Hotel rooms available at two local hotels for \$139/night  
Rooms also available with the "Stay with a Local" program  
Transportation from Dulles Airport will be coordinated**Event & Hotel Registration coming soon!**KEEP IT SIMPLE 27<sup>th</sup> ANNIVERSARY CELEBRATION**POTLUCK & SPEAKER MEETING****HOLY TRINITY LUTHERAN CHURCH**525 Sneed Road  
Nashville, TN 37221**WEDNESDAY AUGUST 2<sup>ND</sup>, 2023****POTLUCK @ 6:30 PM****SPEAKER @ 8:00 PM**

## NOT TOO YOUNG

*(Continued from page 4)*

pet members in AA. There are people who have consumed more alcohol by age sixteen than others who are sixty and vice versa. Who cares? We get to AA when we get there, usually because we have to in one way or another. We all have to surrender. It's hard for all of us to humbly ask god and the group for help.

Please don't forget that some of us are very sick and feel challenged to prove we can drink as much as the next guy, even when we're sober! Our requirement for membership is a desire to stop drinking. I too have judged on appearances. That is dangerous, especially in AA, where feeling different can be fatal. I ask god to help me talk heart-to-heart to the new members as well as the old, and keep me from saying or doing something that might make someone else think they don't belong in recovery. Help me to always remember that there is no age limit for an alcoholic death and the tremendous suffering which surrounds us

and spreads out on all sides. For any one of us to get sober before we die is a miracle and a blessing.



Who's to say that we didn't sober up a day, two days, before that final overdose or fatal car crash? Who's to say that some of us didn't get sober a

week before the emotional pain got so great that we could see no way out at all and successfully committed suicide? What do we know about the future? We only know it would be bleak. I would not want somebody to think I did not welcome them as a full member of AA the very moment they reached out for help. When I look at another alcoholic, that's all I want to see, another alcoholic.

Amber M. – Florence, KY

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## TO REMEMBER WITHOUT ANGER

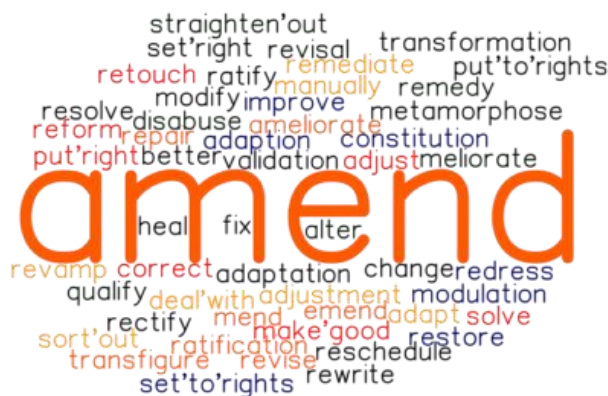
*(Continued from page 1)*

was that I didn't want to dredge up the past. I wanted to just forget it and move on. In fact, if there had been a way to give myself amnesia, I would have considered it.

By a series of coincidences, I found myself in the rooms of AA. As usual, I didn't consider myself as having a problem with drinking. But slowly, in God's time, not my own, some of the AA philosophy started insidiously seeping into my brain. I began to question myself. If these AA people were right, then I couldn't just forget the past, I had to settle with it.

I'm not embarrassed to say that I must be a slow learner because it took almost seven years for me to begin to realize that my desire for revenge, my anger and my hate were all negative and self-defeating. My defects had turned my world into a dark, hostile and hopeless place. AA eventually shined a light into that world and gave me back a

positive outlook, hope, and yes, even a desire to forgive.



I found that my first problem with forgiveness was my total misunderstanding of the definition of the word. I was under the misconception that to forgive someone meant that I had to condone someone's bad behavior. I thought forgiveness required that I *forget* that a person hurt me,

*(Continued on page 9)*



## NOT GOOD ENOUGH

*After being asked to speak, he was uninvited when members objected to his way of working the program*

One would think that after over 50 years sober in AA, I would have encountered everything possible. I have either done it, seen it done, or had it done to me.

Well, not too long ago, I received a call from another state some distance from my home in Virginia. The caller introduced himself, explained where he got my name and phone number and asked if I would be willing to drive there to speak at an anniversary meeting.

After some discussion, I agreed that I would be willing to make the trip.

It seemed like an easy venture. I would get one of my AA friends to travel with me. We could drive there in about 7 hours, attend the meeting, spend the night and then return home the next day. The fellow who called me asked if it would be all right if some of his group members called me before the meeting and discussed AA with me. I told him that I had no problem with that even

though I thought it unusual. Over the years, I had spoken at several state or area conventions, as well as regular meetings.

One evening, a fellow called and said he was a member of the group under discussion and had a few questions for me. He then asked me how I approached the program and how I carried the message. He asked me some very pointed questions about how I dealt with individuals whom I sponsored in AA. After some discussion, he thanked me and said that another fellow would be calling me.

A few days later, the other fellow called and we went over essentially the same material. This fellow thanked me and said I would hear from the person who had originally reached out to me. When I heard from him, he said that I did not follow the AA program according to the standards of this particular group and that I was being un-invited to speak. Naturally, I was somewhat disappointed that I did not get the opportunity to attend that meeting and was taken aback by the entire process.

*Leo—Portsmouth, VA*

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## TO REMEMBER WITHOUT ANGER

*(Continued from page 8)*

perhaps willingly, maliciously.

But what I eventually learned was a new, accurate definition of forgiveness, one that I could understand, accept and actually put into practice: *To remember without anger.*

One of the major books we study in AA is *Twelve Steps and Twelve Traditions*. In it there's a line that jumped out at me one day (after having read the book about 20 times). That line says that it "is pointless to become angry, or to get hurt by people who, like us, are suffering..."

When that thought finally made it into my consciousness, I suddenly saw clearly that everyone on my grudge list was the same as me; we're all just emotionally ill human beings who

frequently make mistakes, lash out in anger with pen and tongue, and unfortunately, sometimes with physical harm.

I knew that I wanted to be a better person. Instead of hurting people, I wanted to heal people. Instead of being angry, I wanted to be happy. And the key to do that was to remember without anger, to feel compassion instead of annoyance, love instead of hate. To set aside those resentments, it takes practice, and for me, a near-constant vigilance and self-censoring.

It's not always easy, but the patience and effort have been rewarding.

*Jersey Steve—St. Augustine, FL*

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**Middle Tennessee Intergroup Association**  
**Statement of Activities - Actual and Budgeted - Schedule 1**  
For the Six Months and Year Ended June 30, 2023

	June 2023			YTD 2023		
	Budget	Budget Variance	Actual	Budget	Budget Variance	
<b>Income</b>						
Net Literature Sales	4,683.15	2,700.00	1,983.15	17,127.73	13,500.00	3,627.73
Group Donations	3,607.58	6,598.00	(2,990.42)	40,825.23	32,990.00	7,835.23
Individual Donations	1,073.73	1,480.00	(406.27)	8,009.76	7,400.00	609.76
Messenger Donations	-	5.00	(5.00)	135.00	25.00	110.00
Website Donations	-	-	-	-	-	-
Special Events	-	416.00	(416.00)	-	2,080.00	(2,080.00)
Interest	2.53	10.00	(7.47)	2,434.19	50.00	2,384.19
<b>Total Income</b>	<b>9,366.99</b>	<b>11,209.00</b>	<b>(1,842.01)</b>	<b>68,531.91</b>	<b>56,045.00</b>	<b>12,486.91</b>
<b>Expenses</b>						
Bad debt	-	-	-	199.28	-	199.28
Casual Labor	275.00	275.00	-	1,650.00	1,375.00	275.00
Payroll	6,530.00	6,530.00	-	39,180.00	32,650.00	6,530.00
Legal & Professional	-	350.00	(350.00)	1,400.00	1,750.00	(350.00)
Rent	946.00	1,100.00	(154.00)	6,042.50	5,500.00	542.50
Printing	-	33.00	(33.00)	-	165.00	(165.00)
Payroll Taxes	500.00	500.00	-	2,980.00	2,500.00	480.00
Repairs & Maintenance	50.00	35.00	15.00	370.89	175.00	195.89
Equipment Rental	110.84	100.00	10.84	721.20	500.00	221.20
Telephone & Fax	617.89	630.00	(12.11)	3,715.29	3,150.00	565.29
Answering Service	211.58	250.00	(38.42)	1,277.33	1,250.00	27.33
Postage	131.58	125.00	6.58	977.35	625.00	352.35
Office Supplies	31.55	208.00	(176.45)	572.48	1,040.00	(467.52)
Bank Service Charges	62.00	65.00	(3.00)	372.00	325.00	47.00
Computer & Technology	292.85	140.00	152.85	1,726.15	700.00	1,026.15
Credit Card Service Fees	207.62	200.00	7.62	819.89	1,000.00	(180.11)
Intergroup Expense	-	150.00	(150.00)	154.51	750.00	(595.49)
Insurance	-	175.00	(175.00)	1,525.00	875.00	650.00
Special Events	-	166.00	(166.00)	-	830.00	(830.00)
Travel	-	177.00	(177.00)	150.00	885.00	(735.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	-	-	-	-	-
<b>Total Expenses</b>	<b>9,966.91</b>	<b>11,209.00</b>	<b>(1,242.09)</b>	<b>63,833.87</b>	<b>56,045.00</b>	<b>7,589.59</b>
<b>Net Income</b>	<b>(599.92)</b>	<b>-</b>	<b>(599.92)</b>	<b>4,698.04</b>	<b>-</b>	<b>4,897.32</b>

<b>GROUP / MEETING</b>	<b>JUN 2023</b>	<b>YTD</b>	<b>GROUP / MEETING</b>	<b>JUN 2023</b>	<b>YTD</b>
86'ers		435	COMFORT ZONE		800
AWOL		148	COOKEVILLE		180
BACK TO THE BIG BOOK	60	120	CROSSVILLE		62
BACKROOM		2,230	CROSSVILLE NOONERS	125	350
BELLEVUE		1,500	DAVIDSON RD		3,000
BERRY'S HILLS		124	DESIGN FOR LIVING	335	335
BROWN BAG		180	DICKSON	65	140
BY THE BOOK, DICKSON		102	DISTRICT 13		100
BYRDSTOWN		40	DOWNTOWN LUNCH		190
CELEBRATE SERENITY		105	EAST SIDE MEN'S STAG		800
CENTERVILLE		300	EAST SIDE SATURDAY		697
CHAPEL HILL		120	EASTSIDE SUNLIGHTERS	314	436
CHICKEN PLUCKERS		1,176	EVERY WOMAN HAS A STORY		146
CLARK STREET		200	FAIRFIELD GLADE		100
COLUMBIA		180	FAYETTEVILLE		50

GROUP / MEETING	JUN 2023	YTD	GROUP / MEETING	JUN 2023	YTD
FIRST THINGS FIRST		300	PRIMARY PURPOSE		
FIVE AND FIVE		900	ROLLING HILLS		304
FRANKLIN		764	PULASKI	30	180
FRANKLIN ROAD WOMEN'S	72	72	RECOVERY ON THE ROW		778
FREE TO BE		228	ROBERTSON COUNTY	10	60
FREEDOM FROM BONDAGE		25	RUSHH HOUR		1,000
FRIENDS IN RECOVERY		475	SAFE HARBOR	100	200
FRIENDS OF BILL, LAKE TANSI	95	253	SAFE PLACE	72	145
G.A.A. GALLATIN	25	75	ST. A'S		130
G.O.D. (GROUP OF DRUNKS)		122	SANGO SOLUTIONS		150
HARDING		61	SATURDAY NIGHT ALIVE	20	120
HARDING RD		125	SEEKERS		500
HERMITAGE WOMEN'S		369	SERENITY, MURF		100
HOW IT WORKS, MENS		100	SERENITY IN THE PARK		252
KEEP IT SIMPLE		199	SHADE TREE	517	3,404
KEY TO SOBRIETY	120	240	SHELBYVILLE	25	25
KICK OFF NOT UNTIL NOON		150	SISTERS IN SOBRIETY CROSSVILLE		33
LADIES NIGHT OUT	84	189	SOBRIETY FIRST		97
LAFAYETTE NEW HOPE		50	SPRING HILL		55
LAMBDA		294	SSS, HERMITAGE		364
LATE LUNCH BUNCH		2,125	STRAGGLERS		600
LAWRENCEBURG	15	60	SUNDAY 10AM, CROSSVILLE	50	50
LEWISBURG	15	15	THANKFUL CONTEMPLATION		775
LIFE SAVERS	150	150	THERE IS A SOLUTION	66	186
LIVING THE PRINCIPLES		388	TURNING POINT		1,292
LIVING BY THE PRINT	300	600	UNITED, GALLATIN	300	600
LIVINGSTON AA		100	UNITY AT 6		250
LIVINGSTON 12x12		50	WAKE UP		54
MEN'S LOG CABIN		237	WAVERLY	60	120
MIDDLE TENNESSEE	20	20	WEEKENDERS		300
MURFREESBORO	28	140	WEST NASHVILLE		113
MUSTARD SEED	200	600	WINNERS & BEGINNERS		532
NORTHSIDE	12	12	WOMAN'S WAY		115
N.O.W.		109	WOMEN IN THE SOLUTION	150	150
ON AWAKENING		800	WOMEN'S FREEDOM		202
ONE PURPOSE	25	150	WOMEN'S OPEN DOOR	163	163
ONE STEP CLOSER		313	WOODBINE		128
OUT OF FOG/OUT OF BOG		1,000	<b>GROUP MONTHLY TOTALS</b>	<b>3,608</b>	<b>40,825</b>
OUT TO BREAKFAST		251	<b>INDIVIDUALS</b>	<b>1,074</b>	<b>8,010</b>
PAGE 112		148	<b>MESSENGER</b>	<b>-</b>	<b>135</b>
PAY DAY		300	<b>COMBINED TOTALS TO DATE</b>	<b>4,681</b>	<b>48,970</b>
PEACE IN THE PARK		350			
PORTLAND UNITY		60			



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