

# Míddle Tennessee Central Office Intergroup

SEP 2023 MESSENGER

### Step Nine

Made direct amends to such people wherever possible, except when to do so would injure them or others.

### **Tradition Nine**

AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

### **Concept Nine**

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

# Who pays the bills? Who opens the door? Who buys the coffee? A member shares a few things she knows

**SOMEONE'S GOTTA DO IT** 

**Tradition Nine:** A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

about how some groups work

When I first came into AA, I had a vague understanding of what might happen. So I watched others. It was clear that the person sitting up front was running the meeting. I don't remember today who that person was, but I don't think I thought much about how that person came to be leading. I saw the Steps and Traditions hung up on the wall and I understood that someone would be asked to read them as well.

At first, certain things seemed odd to me. Why do we have to read these every time? Clearly, my thoughts toward others were limited. After being in AA a little bit longer, I started to understand that perhaps there is more to AA than just this meeting right here, right now.

Small questions came up in my mind. What happens to the money in the basket? Who pays the electric bill, who buys coffee and who brings the cake? Who decides who leads the meeting?

I paid attention and read the printed material. I understood the concept of an AA business meeting when one was announced. After that, I didn't think too much further into things. It was enough for me at that time to make meetings and stay sober.

Then I started to go to a Big Book study, and before long I chaired that meeting myself. I got my first look at how AA works. When I sat up front, I did what I saw other meeting

(Continued on page 8)

# INSIDE THIS ISSUE

SOMEONE'S GOTTA DO IT	1
BILL W—ON THE 9th TRADITION	2
WHEREVER POSSIBLE	3
THE STORY IS THE SAME	4
INTERGROUP OFFICERS / SERVANTS	4
12 CONCEPTS AS WE TRY TO LIVE THEM	5
EVENTS	6
BIRTHDAYS	7
FINANCIALS	10
CONTRIBUTIONS	10 & 11

MESSENGER DESIGNATED DONATIONS APPRECIATED at aanashville.org

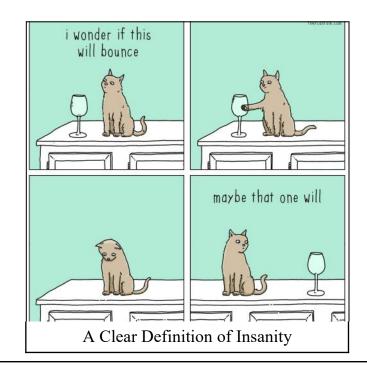
Suggested donations are \$1.00 an issue—which hasn't gone up in years (or any amount you would like to specify).

"The Ninth Step doesn't say "made direct amends to such people whenever possible." it says "made direct amends to such people wherever possible."

## BY: BILL W. -On the 9th Tradition

Each A.A. Group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large Metropolitan area their central or intergroup committee, which often employs a full-time secretary. The Trustees of The Alcoholic Foundation are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office in New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principal newspaper, "The A.A. Grapevine." All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

Excerpt from: AAGrapevine.org 1948



Middle Tennessee Central Office— 417 Welshwood Dr., # 207, Nashville, TN 37211, Mon-Fri, 9am-1pm, Phone –(615) 832-1136 \* Fax–(615) 834-5982, Hot Line (615) 831-1050, (800) 559-2252 Email- mtcoaa@aol.com \* Website- www.aanashville.org

## ... WHEREVER POSSIBLE

I have been working on the Ninth Step of and drive anymore, but within a couple of AA off and on during the four and a half weeks of buying another car, I was drinking years I have been a member of this Fellowship. At first it was impossible for me to make amends to certain people. Some amends were easy to make, others were much harder.

During the first year of my sobriety I made an all-out effort to make amends to someone I had injured in an automobile accident three years before joining AA. I had been driving down the wrong side of the road in an alcoholic blackout when I ran into another car head on. A woman who was a passenger in the other car flew through the windshield and landed in the street. The windshield cut her from the middle of her forehead up to her scalp. She needed eighty stitches to sew up the cut and she was off work for about a week. Her boyfriend who was driving the car cracked three ribs on the steering wheel. Her nine-year-old daughter, who was sitting in the back seat, injured her knee. Both cars were totaled and I had a broken nose, a fractured face, and a big cut running from my lip up into my nose. I had no insurance, either medical insurance or car insurance. After a plastic surgeon put my face back together I was left with a slight scar, which for a valve job before skipping out to a new almost completely covered by my is moustache. The lady I hit, however, was left with a bigger, more obvious scar going in a circular shape from the middle of her fact that he had done a perfectly good job forehead to the top of her head. Fortunately bangs which hundred dollars. she was able to grow completely covered the scar.

I was an undergraduate student at the time of the accident and had very little money. I was able to settle all claims from the other couple for \$350. That included their car, medical expenses, and time off work. I never lost my driver's license, but I did have to serve one day in jail. In short, I got out of responsibility for that accident my incredibly cheaply.

For three more years after the accident I tried to control my drinking. After the accident I told myself that I wouldn't drink

and driving again. I finally joined AA in 1980. Once I experienced the wonderful release that comes with moving from denial to acceptance, I started actively working the Twelve Steps of Alcoholics Anonymous. When I came to the Ninth Step, the first person I wanted to make amends to was the lady I had sent flying through the windshield. I wanted to tell her that I had joined AA, I had finally quit drinking and driving, and I wanted to apologize for the damage I had done and to offer to pay her for her loss of wages for the week she was off work. (I had recently started at the first full-time job I had held since my drinking days.) I tried to reach her in person, by phone, and by mail, and nothing worked. I also tried to reach her sister, her boyfriend, and the witnesses to our settlement and release agreement, but this also failed. Regretfully, this amends has had to remain unmade.

Later, I decided to make good on a bounced check I had written for a car repair back in my drinking days, about five years before I joined AA. I had paid half of the \$200 bill address. I had told myself for years that the station owner had probably overcharged me anyway. Finally I came face-to-face with the and I had simply cheated him out of a

When I pulled into the gas station asked for him by name they told me that he had sold the station four years ago and bought an automobile parts store about a mile down the road. When I walked into the auto parts store there were no customers present. The man and his wife were working behind the counter. They were somewhat shocked to learn that I had come to make amends and not to complain about repair work done on my car. They quickly caught on, however, and kindly and graciously accepted payment for the rest of the bad check. They wanted to

(Continued on page 9)

# THE STORY IS THE SAME

### Seeing a young man drunkenly stumble into his halfway house reminded him that we have a common story and a common solution

I had checked in to the halfway house a few weekly house business. I sat in the large weeks earlier. I have advanced degrees and room and looked through the glass double several professional licenses. I had a 30year career. Alcohol had taken it all away. I couldn't work in my field. My family who dearly loved me couldn't tolerate my selfdestruction any longer. My decision to go to the halfway house came when my wife of 30 years told me, "I love you too much to see the next room. you struggle so hard ... you have to leave." Now, I was homeless too. She didn't say it He had fallen down a rocky embankment in a fit of rage. In fact, it was her calm, almost loving, tone when she said it that struck me. I had made a mess of things and needed help.

I had been at the house a few weeks. It was spring and I was at the Monday night house meeting. Eight men and a counselor, in a large turn-of-the-century house, in a not-sogood part of town, were reviewing the doors into the dining room. Through the front door, tumbled a very drunk man in his mid-thirties. I watched through the glass panes as those with a few more months of sobriety tended to him. My house meeting went on unaware of what was happening in

and walked several miles to get here. He was bloody and bruised. He had only one shoe and his shorts and tee shirt were far too (Continued on page 7)

OFFICER NAME	PHONE NUMBER
Garrett D	615.957.7674
Charles C	615.973.9898
Bill M	615.512.5710
Jason S	
Lindsey T	615.260.6295
Karla H	619.804.5786
Al C	615.587.1616
Charlie B	615.554.9085
Brian	615.406.6361
Brian	615.406.6361
Pat P	228.254.7053
	NAMENAMEGarrett DCharles CBill MJason SLindsey TKarla HAl CCharlie BCharlie BBrianBrian

FIRST MONDAY OF **EVERY MONTH: District 30 Meeting** When: 6:30pm – 7:30pm Zoom ID: 283 536 1220

#### **SECOND MONDAY OF EVERY MONTH:**

**Intergroup Meeting** When: 5:45pm – 6:45pm Where: Central Office 417 Welshwood

#### **STEERING COMMITTEE**

When: Monday Oct 23rd 5:45pm – 6:45pm Where: Central Office 417 Welshwood

FIRST TUESDAY OF **EVERY MONTH: District 32 Meeting** When: 6:30pm Where: Last Stop Club 2122 Utopia

**SECOND SATURDAY OF EVERY MONTH District 34 Meeting** When: 10am Where: 200 E. Cedar St Goodlettsville

## **12 CONCEPTS AS WE TRY TO LIVE THEM**

1) We dedicate our sobriety to serving the group conscience.

2) We develop discipline to serve the group conscience by obeying it as a trusted servant.

3) We do what God (HP) delegates to us through the group.

4) We serve by acting on our conscience through our "Right of Decision" and we trust others when they exercise their "Right of Decision."

5) We serve through our "Right to Participate" in life and we respect this right in others.

6) We serve the group by having the courage to state a minority opinion when needed and we respect this right in others.

7) God (HP) has the ultimate responsibility for our service, while we have the active responsibility for carrying the message.

8) We are empowered to give service and we are responsive to the group conscience concerning our service.

9) We are willing to be responsible.

10) We serve by being a personal spiritual example of good leadership:

- We seek advice.
- We accept criticism and disagreement.
- We compromise.
- We take tough stands.
- We exercise vision.

11) We are of service by accepting responsibility for the authority God (HP) has given us and by respecting the authority God (HP) has given to others.

12) We try to serve with quality and dedication. We are guaranteed selfless service by observing the six warranties:

- 1. We do not pursue authority, wealth, and power.
- 2. We live by a prudent financial principle.
- 3. We are not dictators and we are not placed in a position of unqualified authority by anyone.
- 4. We seek substantial unanimity whenever possible.
- 5. We are not personally punitive, nor do we incite public controversy.
- 6. We are democratic in thought and action.

Unknown – Reprinted with permission: justloveaudio



# THE STORY IS THE SAME

#### (Continued from page 4)

other men set to cleaning him up, dressing his wounds and finding him clean and acceptable clothes. Not one had a hint of disgust or revulsion even when he vomited room on the floor. Their look of determined compassion never changed. It was a show of brotherly love I had never seen before.

I remembered back to what I had recently read about early AA. It was easy to imagine Bill, Lois, and a small group, taking care of someone who stumbled through their doorcleaning him up, cleaning up after him, finding him something to eat that would stay on his stomach, finding him bedding and a place to sleep. The story hasn't changed. The next day, just as Bill and his small group would have done, these men shared their stories with the young man, whose name was Jason. He decided to stay.

That was a little more than a year ago. We are both sober and despite our vastly different histories we share a bond of recovery and sobriety. We have become good friends. When Jason was drinking, he

SEPTEMBER	ANNIVERSARIES
3 LE(	GACIES
Jonathan Y	09.14.19
NIPPER	S CORNER
Susan S	09.15.95
Vanessa D	09.21.02

### **OCTOBER ANNIVERSARIES**

KEEP IT SIMPLE		
Brenda S 10.29.83		
Margaret W	10.07.08	

was badly beaten by someone. The beating thin for the nip of a mid-spring night. The has left him with some brain damage. His balance is chronically off. He sometimes has a hard time finding his words. His vertigo is so bad that at times he has to sit while the spins. He has again faced homelessness.

> He has had victories too. He is sober. The wheels of the system are slowly starting to turn to give him long-term help, and as always, he has the most remarkable spirit. When he tells me about the terrible troubles that he has in his life he will add, "No, no, it's all good" or, "All is right in God's world and I'm just living in it." He says the same when he has success. He is a remarkable man.

> Today I was driving to a job site in a deeply rural part of the state. My car broke down. I'm writing this stranded in a gas station waiting for a tow. I can't afford this problem and as I was fretting I remembered Jason's sayings, All is right in God's world and I'm just living in it.

> > Doug A—Knoxville, TN Reprinted with permission: AAGrapevine.org

CONGRATULATIONS

### AUGUST ANNIVERSARIES

ANY LENGTHS		
Danielle B	08.19.22	
Josh D	08.05.21	
Kimberly B	08.18.22	
Shana I	08.11.21	
Tyler M	08.19.22	
Zach F	08.28.22	

# **SOMEONE'S GOTTA DO IT**

### (Continued from page 1)

leaders do. I asked others to read the Steps embrace the AA way of life and offer and Traditions and I myself read the themselves to service for the benefit of directions for chairing the meeting. I collected money for the Seventh Tradition others and offer a hug, stock literature, find and for Hospitals and Institutions. I made a speaker or make sure the meeting place sure that the money was passed to the is clean and properly secured. treasurer.

Since then, I have grown up a bit in AA and I attend a variety of meetings. I have seen that AA is not a cookie-cutter-style program. Certainly there is a basic format or set standards for most meetings, such as the readings. But apart from those basics, many decisions at an AA meeting seem to depend on the group.

Now that I have been in service and have read the Big Book and the Twelve Steps and Twelve Traditions a few times, I have a better understanding of how the individual group relates to AA as a whole.

In any group, there has to be organization. AA is not just a random collection of alcoholics crying at meetings about how they can no longer drink. Someone has to open the door! AA may create service boards or committees directly responsible to those they serve. We form committees and elect trusted servants to help serve the group and to meet the specific needs of those being served.

There are those in the program who others and AA as a whole. They may greet

The group, including the newest members, elects people to take responsibility for paying the bills and keeping the group connected to AA at the area, regional and national levels—AA as a whole. It is pretty amazing to me that a regular drunk off the streets can be the same guy who ends up chairing the meeting.



Tradition Nine is about service in action. Through AA, I have found a way to recover and now my recovery depends on my service and AA unity. I want the newcomer to walk in and see how AA works. So I show up and support my group. I share in honesty my experience, strength and hope. And I am responsible to my fellow AAs at the group level.

Jennifer M—Mobile, AL



"GREAT JOB ON THAT LOGO! YOUR USE OF NEGATIVE SPACE WAS OUTSTANDING. YOU'VE FINALLY USED NEGATIVITY TO YOUR ADVANTAGE."



# ...WHEREVER POSSIBLE

#### (Continued from page 3)

know all about me. I never did mention AA, because these people never knew I had a drinking problem anyway. They could tell that I had experienced some kind of a spiritual rebirth and they were gratified by my amends. I told them that I was getting married and that I would have three stepchildren. They told me that they had two adopted daughters, both of whom were orphans. I thanked God that I had grown to the point that I was able to make amends to these people.

The amends I made to my parents were more difficult. Unlike the gas station owner, they knew me well and knew of some of the problems created by my drinking and drugging career. They were so intimately aware of my shortcomings that it was hard to contemplate making amends to them. The first time I started to work on Ninth Step amends early in my sobriety, I was so full of grudges, resentments, and false pride that I repeatedly did the opposite of the Ninth Step --instead of making amends to my parents I was blaming them for past wrongs they had done to me, and I was blaming them in a big way. This went on for a year or more. I was really blasting them and accusing them like I had never done before. Eventually I said every angry thing I had been saving up for years. Nothing had really been resolved, but my parents wanted to reestablish a friendly relationship. After so many years harboring resentments I finally reached a point of wanting to make amends. At last I was willing to sweep away the wreckage of the past and start living like an adult in the present.

When my dad visited here last spring I the Ninth Step is all about. The only person planned to make amends to him. I tried calling his motel room one afternoon when he was out. Somehow I never got around to making amends. The time was never quite right, it seemed.

Finally I took my new family up to Colorado Springs one summer to visit Mom and Dad. I went to the Alano Clubhouse there and

talked to a member about the trouble I had in finding the right time to make amends to my parents. This member pointed out to me that the Ninth Step doesn't say "made direct amends to such people whenever possible." it says "made direct amends to such people wherever possible." Finally, I got it through my thick skull what had to be done. I had come to the right place to make amends: I no longer had to wait for the right time. I went back to the motel, and finding everyone else asleep, I went into the bathroom and turned on the light so I could write a simple amends that would say exactly what I wanted it to say and nothing else. The gist of it was that I was sure I had said and done things that had hurt them in the past and that I was truly sorry for this. I also said that I had tended to blame them for my own shortcomings and that I really do love them.

I made my amends to Dad first. He said he felt I had basically already silent amends by leading a new life and dropping the angry tone. I was glad to hear him say that, and I was glad that I was finally man enough to go ahead and apologize anyway. I could feel a burden being lifted.

Next I made amends to my mom. Like Dad, she was moved by what I had to say. It was easier to see that she was moved than it was with Dad, who tends to guard his feelings. of In the conversation that followed. she started to express resentments for another member of the family. I told her immediately that I didn't appreciate it and didn't want to hear any more about it, and she dropped the subject. I felt good because I had "cleared off my side of the street," and that is what the Ninth Step is all about. The only person do this by diligently working on all Twelve Steps in the recovery program of Alcoholics Anonymous.

R.S.—Tempe, AZ

Reprinted with permission: AAGrapevine.org

### Middle Tennessee Intergroup Association Statement of Activities - Actual and Budgeted - Schedule 1 For the Seven Months and Year Ended July 31, 2023

		July 2023			YTD 2023	
			Budget			Budget
		Budget	Variance	Actual	Budget	Variance
Income						
Net Literature Sales	2,026.13	2,700.00	(673.87)	19,153.14	18,900.00	253.14
Group Donations	9,703.30	6,598.00	3,105.30	50,528.53	46,186.00	4,342.53
Individual Donations	538.32	1,480.00	(941.68)	8,548.08	10,360.00	(1,811.92)
Messenger Donations	-	5.00	(5.00)	135.00	35.00	100.00
Website Donations	-	-	-	-	-	-
Special Events	-	416.00	(416.00)	-	2,912.00	(2,912.00)
Interest	-	10.00	(10.00)	2,434.19	70.00	2,364.19
Total Income	12,267.75	11,209.00	1,058.75	80,798.94	78,463.00	2,335.94
Expenses						
Bad debt	-	-	-	199.28	-	199.28
Casual Labor	275.00	275.00	-	1,925.00	1,925.00	-
Payroll	6,530.00	6,530.00	-	45,710.00	45,710.00	-
Legal & Professional	350.00	350.00	-	1,750.00	2,450.00	(700.00)
Rent	946.00	1,100.00	(154.00)	6,988.50	7,700.00	(711.50)
Printing	-	33.00	(33.00)	-	231.00	(231.00)
Payroll Taxes	500.00	500.00	-	3,480.00	3,500.00	(20.00)
Repairs & Maintenance	50.00	35.00	15.00	420.89	245.00	175.89
Equipment Rental	113.36	100.00	13.36	834.56	700.00	134.56
Telephone & Fax	616.72	630.00	(13.28)	4,332.01	4,410.00	(77.99)
Answering Service	191.00	250.00	(59.00)	1,468.33	1,750.00	(281.67)
Postage	81.65	125.00	(43.35)	1,059.00	875.00	184.00
Office Supplies	24.81	208.00	(183.19)	597.29	1,456.00	(858.71)
Bank Service Charges	52.00	65.00	(13.00)	424.00	455.00	(31.00)
Computer & Technology	272.86	140.00	132.86	1,999.01	980.00	1,019.01
Credit Card Service Fees	96.04	200.00	(103.96)	701.87	1,400.00	(698.13)
Intergroup Expense	62.00	150.00	(88.00)	430.57	1,050.00	(619.43)
Insurance	-	175.00	(175.00)	1,525.00	1,225.00	300.00
Special Events	-	166.00	(166.00)	-	1,162.00	(1,162.00)
Travel	-	177.00	(177.00)	150.00	1,239.00	(1,089.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under			-	-		-
Total Expenses	10,161.44	11,209.00	(1,047.56)	73,995.31	78,463.00	(4,666.97)
Net Income	2,106.31	-	2,106.31	6,803.63		7,002.91

<b>GROUP / MEETING</b>	JUL 2023	YTD	<b>GROUP / MEETING</b>	JUL 2023	YTD
86'ers	390	825	86'ers	390	825
AWOL		148	AWOL		148
BACK TO THE BIG BOOK		120	BACK TO THE BIG BOOK		120
BACKROOM		2,230	BACKROOM		2,230
BELLEVUE		1,500	BELLEVUE		1,500
BERRY'S HILLS		124	BERRY'S HILLS		124
BRENTWOOD FULL MOON	875	875	BRENTWOOD FULL MOON	875	875
BROWN BAG	60	240	BROWN BAG	60	240
BY THE BOOK, DICKSON		102	BY THE BOOK, DICKSON		102
BYRDSTOWN		40	BYRDSTOWN		40
CELEBRATE SERENITY		105	CELEBRATE SERENITY		105
CENTERVILLE	195	495	CENTERVILLE	195	495
CHAPEL HILL		120	CHAPEL HILL		120
CHICKEN PLUCKERS		1,176	CHICKEN PLUCKERS		1,176
CLARK STREET		200	CLARK STREET		200
COLUMBIA	90	270	COLUMBIA	90	270
COMFORT ZONE	700	1,500	COMFORT ZONE	700	1,500
COOKEVILLE	90	270	COOKEVILLE	90	270
CROSSVILLE	27	89	CROSSVILLE	27	89
ODOGOVILLE MOONTDO		000			000

#### SEP 2023 MESSENGER

GROUP / MEETING	JUL 2023	YTD
FREEDOM FROM		
BONDAGE		25
FRIENDS IN RECOVERY		475
FRIENDS OF BILL, LAKE		
TANSI		253
G.A.A. GALLATIN		75
G.O.D. (GROUP OF		100
DRUNKS)	100	122
HAPPY HOUR	182	182
HARDING		61
HARDING RD	(60)	65
HERMITAGE S.S.S.	306	306
HERMITAGE WOMEN'S	186	555
HOW IT WORKS, MENS	200	300
KEEP IT SIMPLE		199
KEY TO SOBRIETY		240
KICK OFF NOT UNTIL		
NOON		150
LADIES NIGHT OUT		189
LAFAYETTE NEW HOPE		50
LAMBDA		294
LATE LUNCH BUNCH		2,125
LAWRENCEBURG		60
LIFE SAVERS		150
LIVING THE PRINCIPLES		388
LIVING BY THE PRINT		600
LIVINGSTON AA	75	175
LIVINGSTON 12x12	25	75
MEN'S LOG CABIN	336	573
MIDDLE TENNESSEE	000	20
MURFREESBORO	28	168
MUSIC ROW	150	150
MUSTARD SEED	150	600
NORTHSIDE		12
N.O.W.		109
ON AWAKENING		800
ONE PURPOSE	25	175
ONE STEP CLOSER		313
OUT OF FOG/OUT OF BOG	500	1,500
OUT TO BREAKFAST	226	477
PAGE 112		148
PAY DAY		300
PEACE IN THE PARK	90	440
PORTLAND UNITY		60
PRIMARY PURPOSE		
ROLLING HILLS	66	370
PULASKI	30	210

<b>GROUP / MEETING</b>	JUL 2023	YTD
RECOVERY HILL	629	629
RECOVERY ON THE ROW		778
ROBERTSON COUNTY		60
RUSHH HOUR		1,000
SAFE HARBOR		200
SAFE PLACE		145
ST. A'S		130
SANGO SOLUTIONS		150
SATURDAY NIGHT ALIVE	20	140
SEEKERS		500
SERENITY, MURF		100
SERENITY IN THE PARK		252
SHADE TREE	611	4,015
SHELBYVILLE	011	25
SISTERS IN SOBRIETY		
CROSSVILLE		33
SOBRIETY FIRST		97
SPRING HILL		55
SSS, HERMITAGE		364
STRAGGLERS	450	1,050
SUNDAY 10AM,	400	1,000
CROSSVILLE		50
THANKFUL		
CONTEMPLATION		775
THERE IS A SOLUTION	71	256
TURNING POINT	634	1,926
UNCOMMON WOMEN	43	43
UNITED, GALLATIN		600
UNITY AT 6		250
WAKE UP		54
WAVERLY		120
WAY OF LIFE	53	53
WEEKENDERS		300
WEST NASHVILLE	42	155
WINNERS & BEGINNERS	44	532
WINNERS & BEGINNERS		115
WOMAN'S WAT		115
SOLUTION		150
WOMEN'S FREEDOM		202
WOMEN'S OPEN DOOR		163
WOMENSOPENDOOK		103
		140
GROUP MONTHLY		
TOTALS	9,703	50,529
INDIVIDUALS		
MESSENGER	538	135
COMBINED TOTALS		
TO DATE	10,242	50,664

Middle Tennessee Central Intergroup Association

417 Welshwood Drive Suite 207 Nashville, TN 37211

615.832.1136 800.559.2252

# **RETURN SERVICE REQUESTED**

NON PROFIT ORGANIZATION U.S. Postage Paid Nashville, TN Permit No. 517

Middle TN Central Intergroup Association 417 Welshwood Drive, Suite 207 Nashville, TN 37211

ph. 615.832.1136 Ph. 800.559.2252 fax. 615.834.5982 or e-mail address changes to: <u>mtcoaa@aol.com</u>



Time to Change?

...

New / Renewal Subscription

Address Change

*The Messenger* is available at an annual subscription price of \$12.00. A limited number of free subscriptions are available upon request by writing or calling the office at the address/phone number listed in this issue.


NAME	
ADDRESS	
СІТҮ	STATE
PHONE	ZIP
OLD ADDRESS	