

The MESSENGER

Middle Tennessee Central Office Intergroup

MAR 2024
MESSENGER

MAD MAN

Step Three

Made a decision to turn our will and our lives over to the care of God, as we understood him.

Tradition Three

The only requirement for A.A. membership is a desire to stop drinking.

Concept Three

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision".

A newcomer gets a job with a boozy ad agency, selling liquor. What could possibly go wrong?

I arrived at my first AA meeting unemployed and unemployable. I had last worked in a San Francisco advertising agency. After getting fired, I found every door in town closed to me.

About a week into sobriety, I got a call out of the blue from an ad agency desperate to hire. I had worked with one of their executives early in my career, when my benders were confined to weekends and holidays. She set up some interviews for me. I got hired. They were, after all, desperate.

I started work at this agency almost immediately. I was assigned to the agency's liquor account, a brand name I was well acquainted with as a consumer.

It did not occur to me to ask anyone in my AA meetings if accepting this job was a good idea. That was something I had not yet learned to do. I did wonder how I would handle "product tastings" and client entertainment. I was sure that at some point I would be fired. Drinking was part of the job, or so I thought.



My new employer had the quintessential 1980s vibe, especially when it came to drinking and drug use. Each afternoon, there was an open bar in the office. A copywriter I worked with disappeared from the set of a commercial shoot, lost on a weeklong bender that did not affect his employment. An art director overdosed and died in the mailroom. And this was during my first 90 days—at the agency and in AA!

I did attend AA meetings in the evenings, although I had my "newcomer priorities": work always came first. I simply did

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at aanashville.org**

Suggested donations are \$12.00 a year—which hasn’t gone up in over 13+ years (or any amount you would like to specify).



VENMO

MAD MAN

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not take anyone in AA seriously who suggested that a meeting might take priority over work.

At six weeks, dry, if not especially sober, I got a call from the VP of Agency Operations. She served as enforcer for our hotheaded CEO. She spoke with a jarring directness. We called her the Dragon Lady.

I had no sooner sat down across from her than she held out a letter. With a flick of her wrist, she made the paper crack like a whip: “Explain!”

The letter had come from bankruptcy court, asking for confirmation of my employment and salary. Yes, I arrived in AA a financial wreck too. I somehow thought I could go through bankruptcy without my employer ever finding out.

I had to give the Dragon Lady an answer—and fast. Any other day, I would have come up with some convoluted explanation, delivered with conviction. Some people are skilled at reading spreadsheets. I excelled at creating confusion.

Instead, I simply burst into tears and confessed: “I’m an alcoholic and I’m in AA and I have 42 days. Am I going to get fired over this?!”

She passed me a box of tissues: “In light of what you’ve just told me, your job is definitely in jeopardy,” she said. “The agency is leery of putting alcoholics with money problems in positions of authority.”

She started quizzing me on where I went to meetings. I told her I went almost every night to

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Middle Tennessee Central Office—

417 Welshwood Dr., # 207, Nashville, TN 37211,

Mon-Fri, 9am-1pm,

Phone —(615) 832-1136 * Fax—(615) 834-5982,

Hot Line (615) 831-1050, (800) 559-2252

Email- mtcoaa@aol.com

Website- www.aanashville.org

MAD MAN

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Trinity Church, and afterward out for pie and coffee at Miss Brown’s Feed Bag.

“I understand what you’re going through,” she said, her voice softening. “You see I’m an alcoholic myself. I have 10 years of sobriety and I too am a member of AA.”

Then she folded up the letter from the court and put it in a file on her desk. “Fortunately,” she added with a slight smile, “I’m an officer of the company and can take care of this, no one here needs to know.” I sat there, stunned.

“I go to a meeting every day at lunch,” she continued. “You should join me.” From that moment on, I didn’t think of her as the Dragon Lady. I called her by her name, which I’ll abbreviate as “H.”

Every day, unless a work obligation got in the way (a real one), we went to what we called “micro meetings” because they lasted 40 minutes. We’d grab a sandwich at a nearby shop, then dash to the AA meeting.

One day, I heard a speaker named John. He referred to himself as a “madman.” I thought I knew what he meant. He turned out to be the owner of a rival ad agency. He knew my employer and the crazy environment I worked in. He became a kind of “work sponsor.” Whatever I was stressing about, he understood in a way people outside the business did not. And he had so much experience that helped me stay sober.

At 90 days, I “no choice” but to attend my client’s annual sales convention in Phoenix. I’d been told to expect the booze to flow. Sales guys in this industry had well-earned “reputations.” Nothing H. or John said convinced me not to go. My irrational fear of being fired all the time got the better of

me yet again. I went.

The sales convention quickly reached a level of drunken debauchery. By the end of the first day, I felt crazy. I felt on the outside, a freak. I expected not to have a job by the end of the night.

I felt the urge to drink roar back. It scared the hell out of me. I walked to the street and hailed a taxi. With the Phoenix meeting directory in my pocket, off I went to find a meeting. I ultimately ended up at another hotel, where an AA convention was underway. I slipped into the back of the banquet room as the speaker was introduced. It was Bill A. from San Francisco, a man I knew from meetings at home.

I joined the receiving line after Bill spoke. He immediately recognized me. I told him I wanted to go through the Steps. I also asked him if he would be my sponsor. He said yes.

Ten years of sobriety later, I was an executive at the same ad agency, working on a Napa Valley winery account. I had never tasted the client’s products. They liked my work and didn’t seem to mind. In fact, they asked me to be their Director of Marketing! Go figure. This time I did ask my fellow AA members for help. And I ended up turning down the job.

Today, I have over 30 years of sobriety. When I look back on that first year, I feel such gratitude. Regardless of the situation I found myself in, an AA seemed to jump into my path. I just had to do my part: not drink and ask for help. Of course, in those days, that was major.

*Anonymous 2018—NYC, NY
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**MARCH
ANNIVERSARIES**

3 LEGACIES	
Boyd R	03.23.08
Jeff K	03.06.88
Renee E	03.21.98

"To Drink is to Die"

A young member from a family devastated by the effects of alcoholism finds her way to AA.

I've been kind of quiet about this subject for about 7 years. There are reasons why I don't talk about it, but there are even more reasons why I should. On November 14, 2008, I quit drinking alcohol. My life had been reduced to nothing, and the depression was so overwhelming that I thought many times about just killing myself but was too much of a coward to even attempt it. I'm glad I didn't.

I started going to AA on November 17th, 2008. That first meeting changed my life. I had finally found a group of people that I could relate to, and vice versa. I could finally say, "My name is Cahlen and I'm an alcoholic." With that simple phrase, a huge weight had been lifted off my back.

I had been told many times over the years

by parents, doctors and friends I should just 'quit' drinking. This made me just wince and isolate. It made me want to distance myself from everyone, so I wouldn't end up hurting anyone in the end.

It started when I was around 16 years old. Alcohol gave me the freedom to 'fit in.' I was always a bit shy and introverted, but when the taps opened, and the liquid gold started flowing, I was everyone's friend. This is what first attracted me to booze. Throughout college, I would binge drink every weekend. I remember at the University of Idaho, I would drink all night on weekends, and wake up the next day around 5pm. This was during the winter up north, where it would get dark at 2 p.m. Every weekend for a year, I never saw sunlight. I quit my job, and would just walk around the town of Moscow, looking aimlessly on the streets for change to buy cigarettes and booze for later in the night.

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<i>CENTRAL OFFICE POSITIONS</i>	<i>OFFICER NAME</i>	<i>PHONE NUMBER</i>
Chairperson	Garrett D	615.957.7674
Central Office Manager	Charles C	615.973.9898
Central Office Bookkeeper	Bill M	615.512.5710
Vice Chairperson	Jason S	
Secretary	Lindsey T	615.260.6295
Treasurer	Karla H	619.804.5786
Public Information/Cooperation with the Professional Community	Al C	615.587.1616
Accessibility Committee		
Corrections	Charlie B	615.554.9085
Treatment Facilities		
Events Chair	Brian	615.406.6361
Archives		
Sobriety Dinner	Brian	615.406.6361
Newsletter Editor	Pat P	228.254.7053

<p>FIRST MONDAY OF EVERY MONTH: District 30 Meeting When: 6:30pm – 7:30pm Zoom ID: 283 536 1220</p>
<p>SECOND MONDAY OF EVERY MONTH: Intergroup Meeting When: 5:45pm – 6:45pm Where: Central Office 417 Welshwood</p>
<p>STEERING COMMITTEE When: Monday Apr 22nd 5:45pm – 6:45pm Where: Central Office 417 Welshwood</p>
<p>FIRST TUESDAY OF EVERY MONTH: District 32 Meeting When: 6:30pm Where: Last Stop Club 2122 Utopia</p>
<p>SECOND SATURDAY OF EVERY MONTH District 34 Meeting When: 10am Where: 200 E. Cedar St Goodlettsville</p>

Using the Traditions in our Daily Lives

How have you used a Tradition to solve a personal problem? A group problem? An Area problem?

Personal Problems: The Traditions are the history of A.A. and we try to remember the "we" in the Traditions. Gratitude was shared for those who taught members about "common welfare" and A.A. membership. For some members the Traditions and Principles were being learned before they knew what they were doing. The Principles have influenced family life in a very positive way. The Traditions are used to rein in the ego and to practice in our daily lives.

Specifically, Tradition Two helps to be a "trusted servant" and reminds us to listen to others, and to see things in ways other than our way. **Tradition Three is exactly why one member is here, because they were accepted.** Tradition Four is the most complex and it helps in marriage, family, and work, learning that everyone has the right to be wrong and that a spouse's recovery must be allowed its own autonomy. The second part of Tradition Four is to be responsible to those we serve. Families show gratitude when we learn to use Tradition Seven. Tradition Twelve helped one member to practice over a very loud personality and "let it go." Also, the Tradition Checklist has helped to do an inventory on a Marriage.

The "common good" cited as a Tradition has helped in dealing with family issues by seeking God's will through the group conscience. The Traditions are a practical guide for living.

Group Problems: Alcoholics Anonymous is made of many cultures, and without the Traditions, communities would have many different A.A. groups. Members report that they work better when they use all the Traditions. Each Tradition has a spiritual principle. It is helpful to have regular Traditions meetings;

they are helpful to newcomers. The Traditions create Unity, group consciousness, and a singleness of purpose by acknowledging the still-suffering alcoholic. The Traditions are available because of our mistakes and we use our experiences to build knowledge of the Traditions. The Traditions were used as a pre-Conference theme. It was suggested that groups use the Tradition Checklist to examine how each group applies the Traditions. The Traditions are important for the survival of the group.

Specifically, Tradition One has helped with disruptive members. Tradition Two and the group conscience are used to maintain group harmony. Group conscience solves problems at all levels and is a part of acceptance. **The long form of Tradition Three explains who attends closed meetings and should be remembered in our groups. When group problems arise we ask, "What is my responsibility?" and we deflate our ego.** Tradition Five and "singleness of purpose" is the heartbeat of A.A. Tradition Seven reminds us that we are self-supporting and need contributions to help other groups, the District, the Area, and G.S.O. Tradition Seven helped one member get a job when they got sober. It also helps groups to be accountable. Tradition Nine explains that committees are responsible to those they serve. Tradition Ten helps the group by "having no opinion on outside issues." Tradition Twelve helps groups to keep personalities out of principles; Anonymity is the spiritual foundation of our groups.

Area Problems: There is a responsibility to demonstrate active respect for the Traditions, while experiencing opinions on matters in another group, District or Area. **Tradition Three helps an Area to be tolerant of those**

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**SERENITY HOUSE
SATURDAY MARCH 9TH
12-3 PM**

102 HARRIS STREET, MADISON TN

12-1 PM ALL TRIBES MEETING
A.A., N. A., ALANON ALL WELCOME
1-3PM CHILI COOKOFF SAMPLING
WINNER IS CHOSEN BY WHICH CHILI COLLECTS THE MOST DONATIONS
ALL PROCEEDS GO TO SUPPORT THE ON GOING MISSION OF SERENITY HOUSE, TO PROVIDE A SAFE MEETING AND CLUBHOUSE FOR RECOVERY IN MADISON TN

**LOVE &
TOLERANCE
GROUP**



**3 YEAR
ANNIVERSARY
CELEBRATION!**

Celebrate three wonderful years of fellowship with us! Here's to many more!

**7 PM FOOD & FUN!
8 PM SPEAKERS** 😊

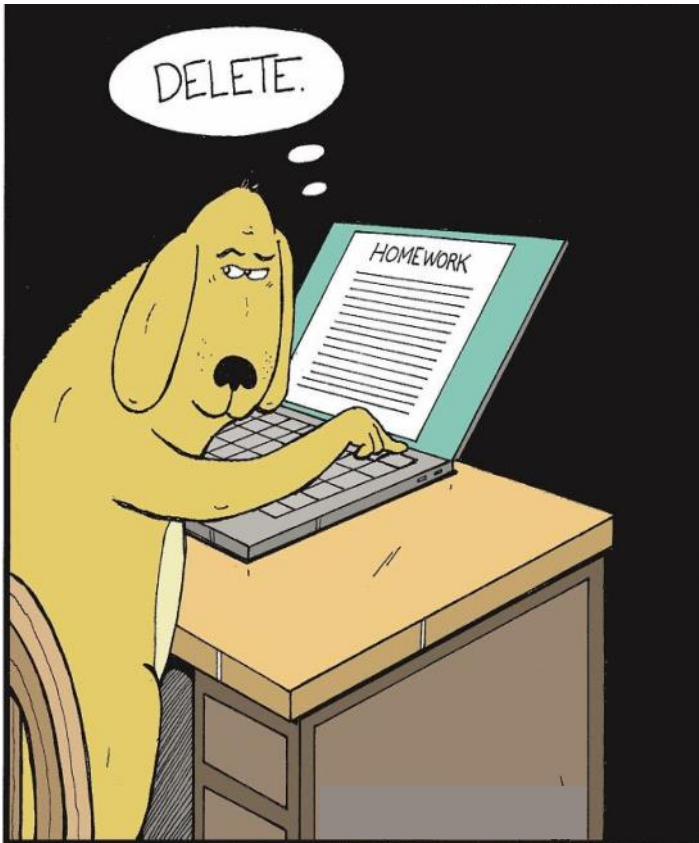
The Group will be providing food and beverages, but potluck offerings are encouraged! 😊

Love and Tolerance is a special interest group of Alcoholics Anonymous for the LGBTQ community ... but in the spirit of the 3rd tradition, all are welcome!

**TUESDAY
MARCH 5, 2024
7-9 PM**

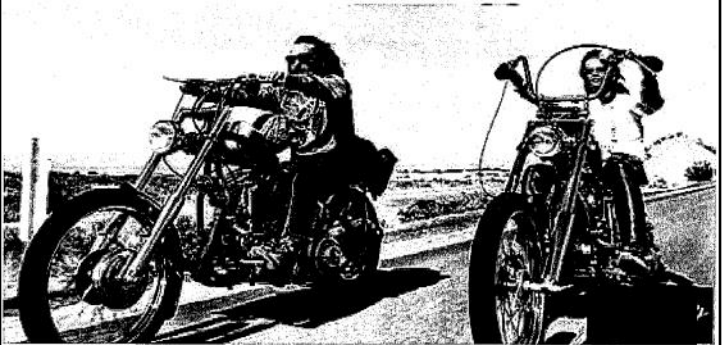
**First Presbyterian
Parish Hall
212 N Mulberry St
Dickson, TN 37055**

Questions: (615) 617 7596



**Technology advances.
Excuses stay the same.**

United We Recover



SMA△CC

Motorcycles
Not Required

Southern Motorcyclists in Alcoholics Anonymous Camping Convention, XI

WHEN: Aug. 22-25, 2024

WHERE: Fall Creek Falls TN State Park,
Newton Ford Bunk House.

REGISTRATION: \$50, after Jul. 31st - \$60.

The registration fee will cover meals & lodging.

TO PRE-REGISTER WITH CASHAPP: Pay \$SMAACC931 on Cash App



TEE SHIRTS M, L, XL, 2X \$20 Use Pay \$SMAACC931 on Cash App to preorder

SPEAKERS: Jason J - Chattanooga, TN. Stacy N. Akron, Ohio -

Workshop: James B. and Tom O, - Cookville TN

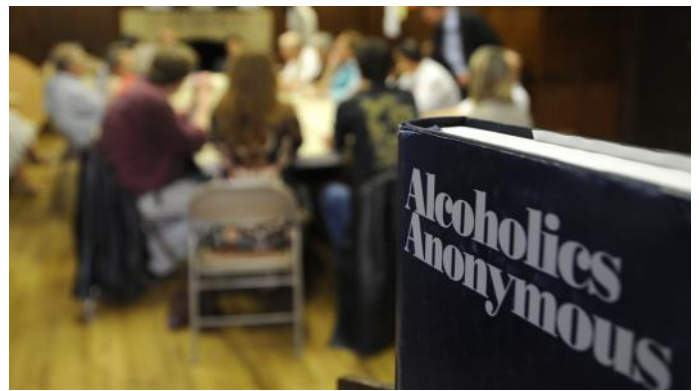
CONTACTS: DON G 270-576-8035 or DON R 931-239-1523

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with problems other than alcohol. Tradition Twelve helped a member when a trusted servant would not follow Area procedures and was vocal about it. In Canada, Area meetings are now more accepted in English, French and native population languages, in assemblies and round-ups.

How vital is Unity? What sacrifices have you made for the sake of Unity in your groups, District and Area?

Unity is our most cherished possession and Tradition Three is an example of Unity. One of the ways Unity is practiced includes: sharing ideas, ideals and having a "Unity Day" once a year. Unity does not mean uniformity and we can listen to and accept differences today. Group, District and Area inventories help identify problems that create disunity. One



member reported that without Unity and a home group they would not be able to sustain sobriety. Sacrifice is about willingness to contribute or may mean keeping quiet. It also means giving up something to be part of the whole. However, sacrifices can be viewed as responsibilities, such as giving another member a ride or sitting through a District meeting on a beautiful day.

Archie M—justloveaudio.com

"To Drink is to Die"

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I moved back to Boise the following year. That was a horrible year for me. My younger brother had enrolled in his first year of college at Idaho State University and had come back his first week down there to go to the Boise State vs. University of Idaho football game with my dad and me. Of course, after that game, I got completely smashed and blacked out. I woke up that morning to pounding on my door. It was my older brother. I was in a fogged hangover haze as he told me that, "John was in a crash, someone has died. We don't know if he is going to make it." The whole day was a blur. I was full of fear, anger and resentment. I wasn't angry at my brother, I was angry at God. I couldn't believe this was happening, and I knew it was going to destroy my family for the foreseeable future.

Later that day, I found out that he had gotten drunk at a party, and while trying to

drive home, crossed over the center line and hit a car head-on. The woman in the other car was killed. When you're in a traumatic event like that, sometimes your brain gets rid of any memories that are too painful to remember, which is why people usually don't remember things in near-death accidents. He didn't remember what had happened. In the hospital, we had to tell him that he had killed someone in an accident.

I didn't drink that night out of some sort of respect. But the next day, the pain became overwhelming. Many "normal" people would assume that one would quit drinking if this was to happen to their family. Well, not to the alcoholic. The depression was the worst I had ever felt in



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NOT TOO YOUNG

Alcoholism doesn't discriminate, so why do people in meetings?

There are as many ways to make others welcome in meetings as there are to make them feel separate. I used to say to myself that I was different from the people in the program because I was too young. Because I was too young, the Steps didn't apply to me, people didn't understand me, and I would have to keep drinking until the number of years I'd been drinking reached a competitive level.

It did not occur to me that I wasn't going to live long enough to prove my point. The fatal nature of alcoholism hadn't penetrated my denial yet. I have heard numerous times over the years comments in meetings like the following: "I'm glad to see so many young people here today." "I'm glad you got in here before it got too bad." "You young people are lucky you were spared the years of hell I had to go through." "You were smart to stop so soon." And sometimes I have heard a doubtful "If you say ..." accompanied by a lifting of eyebrows.

Yesterday, a man repeated my age when I got sober to a man he sponsors. Both of them laughed. I respect that man. He says many helpful things at meetings. He works with others. I really was surprised.

Be assured, no matter what age a person is, if they're attending meetings, working with a sponsor, staying sober and trying to help others, they have reached the same jumping off point as anyone else in the program. Since when can you look at a person's appearance and know the history of their life? There are no half members or pet members in AA. There are people who have consumed more alcohol by age

sixteen than others who are sixty and vice versa. Who cares? We get to AA when we get there, usually because we need to in one way or another. We all need to surrender. It's hard for all of us to humbly ask God and the group for help.

Please don't forget that some of us are very sick and feel challenged to prove we can drink as much as the next guy, even when we're sober! Our requirement for membership is a desire to stop drinking. I too have judged on appearances. That is dangerous, especially in AA, where feeling different can be fatal. I ask God to help me talk heart-to-heart to the new members as

well as the old and keep me from saying or doing something that might make someone else think they don't belong in recovery. Help me to always remember that there is no age limit for an alcoholic death and the tremendous suffering which surrounds us and spreads out on all sides. For any one of us getting sober before we die is a miracle and a blessing.



Who's to say that we didn't sober up a day, two days, before that final overdose or fatal car crash? Who's to say that some of us didn't get sober a week before the emotional pain got so great that we could see no way out at all and successfully committed suicide? What do we know about the future? We only know it would be bleak. I would not want somebody to think I did not welcome them as a full member of AA the very moment they reached out for help. When I look at another alcoholic, that's all I want to see, another alcoholic.

Amber M—Florence, KY April 2011

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my life. The only way to get rid of that, and to get out of my own mind, was to drink. I was non-stop for the next 7 years. I would blackout pretty much daily. At times, I would cut down my drinking to just the weekends to prove some kind of point to myself. I wasn't being honest with myself. I wasn't getting to the root of the matter. I mean, what kind of "social drinker" has to prove that she is not an alcoholic by only drinking on the weekends? Anyone who has to do this is probably an alcoholic.

After the court trials and the police trying to get information from us, I would just drown my depression. I started to isolate myself for weeks at a time. I wouldn't answer the phone or the door. Every night I went to sleep and woke up in the morning with my sheets covered in sweat from withdrawal symptoms. If I was happy, I would drink. If I was sad, I would drink. If I did a good job at work, I would drink. If I did a bad job, I would drink. I didn't need to justify my drinking anymore, because anytime was a good time.

Throughout the course of the next few years, I would shake so much that I wasn't even able to get myself to the prison to visit my younger brother. He had been sentenced to 15 years in a state correctional facility, with 2 years fixed. That killed me.

To make a long story short, I had been arrested a few times. Twice for drunk driving and the second time brought me to AA. Nobody walks through the AA doors because life is perfect. But when you get there, it's like nothing you could have imagined. Through this fellowship, I have met the friendliest people -- people whom I can truly call friends.

Early on in recovery, I had a big problem with insomnia. My body was so used to blacking out, that it had forgotten how to go to sleep. I actually have dreams these

days, and they aren't nightmares. Now I can wake up in the morning and be excited for the day. I have something to look forward to now, instead of living the same nightmare over and over. They say, "Religion is for people that don't want to go to hell. AA is for people who have already been there." I have found this statement true over and over. Getting sober is the easy part, it's trying to figure out how to live sober, that's the hard part. I try to live the 12 Steps of recovery every day to the best of my ability. I surrender everything I have to my higher power on a daily basis.

They told me "To drink is to die." That is true in my case. If I hadn't been arrested for the second DUI, I'm sure I'd be dead within the next two years. No question. If I had just quit drinking, I would have just been a dry drunk and probably would have killed myself shortly after due to the pain of withdrawal and severe untreated depression and anxiety. Without AA, I'm in a prison in my own mind.

I'm doing things these days that I couldn't have imagined I'd be doing 7 short months ago. I have quality problems these days. The worst thing that has happened to me in the past 7 months, is I accidentally scheduled a Red Cross training class over one of my AA meetings. That's a darn good problem to have.

I'm writing this because an AA friend of mine told me once that you have to, "Let someone see in, so you can see out." I'm writing this because doing so, keeps me sober. All it takes is one drink, and I have to start all over again from square one. I don't think I could do it a second time, so I want to make this first time, my only time.

Cahlen H.—Idaho

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Middle Tennessee Intergroup Association
Statement of Activities - Actual and Budgeted - Schedule 1
 For the Month and Year Ended January, 2024

	January 2024			YTD 2024		
	Actual	Budget	Budget Variance	Actual	Budget	Budget Variance
Income						
Net Literature Sales	2,439.19	2,572.00	(132.81)	2,439.19	2,572.00	(132.81)
Group Donations	10,732.39	6,833.00	3,899.39	10,732.39	6,833.00	3,899.39
Individual Donations	537.20	1,900.00	(1,362.80)	537.20	1,900.00	(1,362.80)
Messenger Donations	24.00	10.00	14.00	24.00	10.00	14.00
Website Donations	-	-	-	-	-	-
Special Events	-	700.00	(700.00)	-	700.00	(700.00)
Interest	4.06	292.00	(287.94)	4.06	292.00	(287.94)
Total Income	13,736.84	12,307.00	1,429.84	13,736.84	12,307.00	1,429.84
Expenses						
Bad debt	-	-	-	-	-	-
Casual Labor	275.00	275.00	-	275.00	275.00	-
Payroll	7,000.00	7,000.00	-	7,000.00	7,000.00	-
Legal & Professional	350.00	350.00	-	350.00	350.00	-
Rent	1,046.00	996.00	50.00	1,046.00	996.00	50.00
Printing	-	70.00	(70.00)	-	70.00	(70.00)
Payroll Taxes	500.00	536.00	(36.00)	500.00	536.00	(36.00)
Repairs & Maintenance	-	65.00	(65.00)	-	65.00	(65.00)
Equipment Rental	111.29	125.00	(13.71)	111.29	125.00	(13.71)
Telephone & Fax	692.92	700.00	(7.08)	692.92	700.00	(7.08)
Answering Service	422.96	250.00	172.96	422.96	250.00	172.96
Postage	101.62	150.00	(48.38)	101.62	150.00	(48.38)
Office Supplies	107.74	200.00	(92.26)	107.74	200.00	(92.26)
Bank Service Charges	40.00	40.00	-	40.00	40.00	-
Computer & Technology	278.33	250.00	28.33	278.33	250.00	28.33
Credit Card Service Fees	179.00	150.00	29.00	179.00	150.00	29.00
Intergroup Expense	23.57	150.00	(126.43)	23.57	150.00	(126.43)
Insurance	-	200.00	(200.00)	-	200.00	(200.00)
Special Events	-	400.00	(400.00)	-	400.00	(400.00)
Travel	-	400.00	(400.00)	-	400.00	(400.00)
Miscellaneous	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Over/Under	-	-	-	-	-	-
Total Expenses	11,128.43	12,307.00	(1,178.57)	11,128.43	12,307.00	(1,178.57)
Net Income	2,608.41	-	2,608.41	2,608.41	-	2,608.41



GROUP / MEETING	JAN 2024	YTD
ANY LENGTHS	240	240
BACK TO THE BIG BOOK	50	50
BACKROOM	582	582
BERRY'S CHAPEL BB STUDY	42	42
BY THE BOOK, BYRDSTOWN	162	162
CAMINO A LA SOBRIEDAD	50	50
CELEBRATE SERENITY	200	200
COLUMBIA	90	90
COMFORT ZONE	600	600
CROSSVILLE	37	37
CROSSVILLE NOONERS	125	125
DESIGN FOR LIVING	264	264
EAST SIDE SATURDAY	220	220
EASTSIDE SUNLIGHTERS	1,004	1,004
86'ERS	475	475
EVERY WOMAN HAS A STORY	27	27
FAYETTEVILLE	25	25
FIVE AND FIVE	400	400
FRANKLIN ROAD WOMEN'S	51	51
FREE TO BE	148	148
HERMITAGE WOMEN'S	272	272
HILLSBORO ROAD	25	25
LAFAYETTE NEW HOPE	50	50
LIVINGSTON 12x12	25	25
MEN'S LOG CABIN	165	165
MEN'S STAG	1,100	1,100
MT. JULIET FELLOWSHIP	200	200

GROUP / MEETING	JAN 2024	YTD
MURFREESBORO	28	28
MUSIC ROW	75	75
NIPPER'S CORNER	83	83
ON AWAKENING	375	375
ONE PURPOSE	25	25
OUT OF FOG/OUT OF BOG	603	603
OUT TO BREAKFAST	54	54
PULASKI	30	30
ROBERTSON COUNTY	5	5
SANGO SOLUTIONS	150	150
SSS, HERMITAGE	223	223
SHELTER IN PLACE	1,000	1,000
SPRING HILL	36	36
STRAGGLERS	300	300
THANKFUL CONTEMPLATION	630	630
TWELVE STEPS TO FREEDOM	80	80
WAKE UP	57	57
WINNERS & BEGINNERS	300	300
WOMEN IN THE SOLUTION	50	50
GROUP MONTHLY TOTALS	10,732	10,732
INDIVIDUALS	537	537
MESSENGER	24	24
COMBINED TOTALS TO DATE	11,294	11,294

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Central Intergroup
Association**



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